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Remote areas. Looking ahead. There is no denying of facts that the current DoT initiatives correspond to the central government promise to promote development in all border and remote areas. However, this declaration timing is decisive, particularly along the IB & Lock, because there has been a drop in cross-border firings since Feb 2021, as per the sources of the central govt. For this telecom connectivity continuity and not to be backpedalled due to security concerns, peace in the border and remote areas has to prevail. This current initiative of the central government would definitely throw opportunities for the development and integration of the people of these areas into the national mainstream, especially the youth. The latest DoT amendment transmits the correct signals for about 2.5 million people staying in border and remote areas otherwise marked by violence, seclusion, fear, and indifference. The government development policy aims to effect a transformation that will see new J&K, and the border and remote areas can be neglected. Private investors are encouraged and will be suitably rewarded if their policies and practices align with the profitability of the people of J&K. After the incessant (though a bit unseasonal) rain in Bangalore in Oct 2022, the autumn season has drawn to a close, and the early days of winter with the soft warm rays caressing the skin give that otherworldly feeling. The colorful blast of pink from the Vince rose, hibiscus, and geranium flowers along with the stunning yellow from camellias, daffodils, and passion flowers gives the welcome feeling that Christmas is not far away. For now, with the customary pre-match reviews complete, I am eagerly awaiting the start of the FIFA World Cup Qatar 2022. It was then that my weekend afternoon reverie was rudely interrupted by a text message that beeped on my phone. The text was from the Estate Management office in our complex. It proclaimed We are taking up the honeybee hive removal across all the blocks. The residents of the mentioned blocks are to keep their windows closed from 11:00 AM till 3:00 PM The message that sets the flurry of action This terse message was far removed from the honey-coated message that could have communicated the execution of the task at hand. Jokes aside, I got up and started reaching out to my fellow bee lovers in my social media group. Marshaling their support, I shared my 3-slide presentation on bee upkeep and asked my bee buddies to reach out and implore their fellow residents to not take any drastic steps which would decimate our bee population. These bees have found their sanctuary in our high-rise homes. According to the specific resident complaint, a couple of bees had been audacious enough to enter the apartment and scare the resident. Fuelled by hearsay and misinformation that links bees with the (fatal) sting, and snakes with lethal venom, some of us overreact with little reason. So, the resident reported scare was understandable. No wonder the resident must have felt that.

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Bees had planned to get into the apartment with the aim to harm. In fact, the bees in this case, just followed the path into the lighted apartment the previous night mistaking it for the sunlight. The disoriented bees during this miss-misadventure found themselves confined, confused, and cornered. Salient Fact: Bee stings are a common outdoor nuisance. In most cases, bee stings are rare though annoying and can be managed with home treatment. Similarly, of the 3,400 species of snakes, only 15% of them are venomous, and within this venomous group, only 7% of them could kill a human. So, most of the snakes we kill out of fear of being bit could very well be non-venomous. The tragedy of the commons While these stories will continue to be seen around us, given that aggressive urbanisation coupled with patience deficit, my story would like to highlight the attitude we take; when a problem affects us at an individual level (as described by the event above) as opposed to being a collective problem. However, in this case, ironically can they be related? In 1968, American ecologist Garret Hardin coined the phrase Tragedy of the Commons. It describes the situation when shared environmental resources when overused and exploited and eventually depleted pose (collective) risks to everyone. How often do we find people collectively gear up to address these collective problems, be it the depletion of the water table, prevention of rampant deforestation, silting of lakes, and so on, around us? These problems are common; which affect all hence none. The satiated feeling is someone will take care of it before it affects us individually. The poor disoriented bee(s) in our case had to build the hive in a space borrowed from the human habitat. The territorial expansion of humans has displaced the bees from their natural habitat. And now a couple of errant bees have motivated the affected human to decimate the hives that have sought space in the human neigbourhood. The miffed human does not know that it is the bees, and their pollination prowess puts bread on the her table. This irony is thought-provoking and amusing at the same time. A Comedy of Errors The worry here is the directive given to the Estate Management to use this specific yet unfortunate event (of the unwelcome and inadvertent entry of the bees into the apartment) to savagely remove the hives across the complex. all six of them. A comedy of errors a series of events made ridiculous by the number of errors in judgment. Here is a specific case that may have created a situation that is limited to one apartment. But it did not prevent drastic action to be taken to exterminate all the bees around us. How unfortunate!! When it affects all, it affects none but when it affects me it should affect all .and taking action (however ill-informed) is a must Is the tragedy of the commons leading to a comedy of errors? Concluding note Beehives are an.

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The crafting of the Indian Constitution brought together an impressive team of 299 individuals, often overshadowed by the more prominent figures like Dr Ambedkar's and Dr Rajendra Prasad. Despite this, the significant role of 36 members from Bihar and Jharkhand tends to be overlooked, despite their profound contributions. These unsung heroes engaged passionately in debates, particularly championing the "rights of Dalits and tribal communities. From well-known figures such as Dr Rajendra Prasad to the less celebrated yet" immensely influential personalities like Tajamul Hussain and Babu Guptnath Singh, each left an enduring mark on the discussions surrounding the constitution. Their contributions spanned a wide spectrum, from Syed Zafar Imam advocacy to the nuanced inputs of Anugrah Narayan Singh. Each individual, from Jadubans Sahay to PK Sen, ardently debated and helped shape the foundational principles. Revealing their stories enriches the tapestry of voices crucial to moulding India constitutional ethos, highlighting the profound impact of Bihar and Jharkhand in this historic endeavour. The involvement of Bihar stalwarts in shaping India Constitution was monumental. Amid the Constituent Assembly efforts in establishing our modern democracy, the figures from Bihar played pivotal roles. Dr Sachchidananda Sinha, the Assembly senior member, served as the Interim President, while Dr Rajendra Prasad assumed the permanent presidency on December 11, 1946. Moreover, other significant contributors from Bihar, such as Anugrah Narayan Sinha, Krishna Sinha, Maharaja Kameshwar Singh of Darbhanga, Jagat Narayan Lal, Shyam Nandan Sahay, Satyanarayan Sinha, Jaipal Singh, Babu Jagjivan Ram, Ram Narayan Singh, and Brajeshwar Prasad, made invaluable contributions to the Assembly. Unsung Heroes from Bihar and Jharkhand: The crafting of India Constitution involved 299 individuals, with 36 from Bihar and Jharkhand. Though overshadowed by prominent figures, individuals like Tajamul Hussain, Babu Guptnath Singh, and Syed Zafar Imam made significant yet often overlooked contributions. Advocacy for Marginalized Communities: These unsung heroes passionately debated and advocated for the rights of Dalits, tribals, and marginalized groups during the constitutional discussions. Their commitment to equality and justice shaped the foundational principles of the Constitution. Diverse Perspectives and Voices: Figures like Jaipal Singh Munda, Jagjivan Ram, and Anugrah Narayan Singh brought diverse perspectives rooted in indigenous advocacy, emphasizing recognition and empowerment. Their impassioned pleas resonated in the constitutional chambers, highlighting inclusivity. Legacy and Contributions: Despite fading from mainstream narratives, the legacy of these individuals persists. From Shrikrishna Singh to Mohammad Tahir, each left an indelible mark on the foundational principles guiding India destiny. Overlooked Contributions in History: Their roles were not mere participation but pivotal in sculpting a document that remains the cornerstone of Indian democracy, demanding recognition and celebration. Bihar Crucial Role in Constitution Making: Bihar significant role in shaping

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Voices of these lesser-known figures reverberated, shaping critical discussions, particularly concerning the rights of Dalits, tribals, and marginalized communities. Their "commitment to the ideals" of equality and justice acted as the guiding light in the formulation of our constitutional ethos. The diversity of intellect among these individuals was striking. Jaipal Singh Munda, Jagjivan Ram, and Anugrah Narayan Singh brought forth perspectives rooted in the advocacy of indigenous communities, laying emphasis on the need for recognition and empowerment. Their impassioned pleas resonated within the chambers, imprinting upon the constitutional fabric the essence of inclusivity and representation. The passage of time might have inadvertently shrouded their names in obscurity, but their legacies persist. From the stalwart Shrikrishna Singh to the indefatigable Mohammad Tahir, each individual left an indelible mark on the foundational principles that steer our nation destiny. Their intellectual prowess, unwavering dedication, and unyielding commitment to justice epitomize the very essence of our constitutional values. In retrospect, it becomes imperative to bring to the fore the contributions of these forgotten luminaries. Their roles were not merely participatory; they were custodians of change, visionaries who meticulously sculpted a document that stands as the cornerstone of our democracy. Their stories, often confined to the peripheries of historical accounts, demand recognition and celebration. For in their dedication and intellect lie the essence of the Indian Constitution, a testament to the pluralistic and inclusive ethos on which our nation was founded. The journey of India Constitution was not solely scripted by the prominent names that echo through the corridors of history. It was the cumulative efforts of these 36 individuals from Bihar and Jharkhand that breathed life into the principles of our democracy. Their contributions, though overlooked in mainstream narratives, are woven intricately into the very fabric of our constitutional framework. Their legacy endures, inspiring generations to uphold the virtues of equality, justice, and liberty. Their tireless efforts and unwavering commitment to shaping a more just society continue to resonate across the expanse of the Indian democratic landscape. In conclusion, the time has come to pay homage to these unsung heroes. Their narratives should be resurrected from the recesses of history and rightfully placed on the pedestal they deserve. Their lives and contributions stand as a testament to the undying spirit of the Indian Constitution, a beacon guiding us towards a more equitable and inclusive future. Some years ago, the government sought to highlight India tourist potential by showcasing India in all its incredible avatars. The current dispensation also sought to usher in a manufacturing revolution in India through the Make in India program. Today, the new incredible India is the India which finds itself in a sweet spot economically where geopolitics, policy priorities, and increased economic aspirations have all aligned to ensure the inevitability of the manufacturing revolution which

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The appointment of Asim Munir as Pakistan next army chief ended some unprecedentedly furious speculation in Pakistan Game of Generals on Thrones. The nervous questions swirling around each appointment for Pakistan most powerful post tend to be: Will the incumbent in fact vacate the chair and if he does, whom would the new chief anoint as the civilian face of hybrid governance? Pakistan has seen this movie several times before; it begins with promise but rarely ends well for the hapless civilians. The Bajwa model six years ago, it was unclear whether the incumbent chief Raheel Sharif would continue for another term, or make way for his successor. General Qamar Bajwa, selected by then PM Nawaz Sharif as the one least likely to boot him out, did exactly that. On Bajwa watch, the elected prime minister was ousted in 2017 on flimsy grounds and a hybrid regime with Imran Khan launched in 2018, only to be aborted earlier this year. Well after the rest of the world has discarded Covid-era restrictions, China has embarked on another round of shutdowns in some large urban centres to suppress a wave of infections. The economic fallout of endless curbs in the world second largest economy will ripple out into 2023, a year IMF forecast will witness a continuing global slowdown in economic momentum. The global economy is estimated to grow 2.7% in 2023, with the three powerhouses, US, China and euro area, struggling. The bright spot will be India, expected to grow at 6.1%, with some pundits predicting a higher rate. India heft as the fastest growing major economy in 2023 fits in neatly with its presidency of the G20. Economic might does provide a country leverage to realise other goals for collective welfare. Independently, it will also help India negotiators push for better terms in the ongoing free trade talks. But notwithstanding bright economic prospects in the immediate future, policy makers should not lose sight of structural weakness. GoI urban jobs report for July-September showed that even in the country most dynamic areas, the unemployment rate was 7.2%. In contrast, slowing down US and economically stagnant UK are seeing high employment. A deeper challenge for India is that only 46% of the eligible population was in the workforce in 2021 compared to a global average of 59%. It a symptom of challenges we face in terms of quality of human resources, the single most important factor in determining our long-term economic potential. India short term is bright. The long term needs a lot of work. In what circumstance is an employer justified in demanding that every employee with a receding hairline must shave his head? This is just one of the many questionable entries in Air India new grooming guidelines for its flight attendants. The long list has little to do with the male crew ability to do their core job. But it has plenty that goes against well-understood norms of the modern workplace. Female crew too have to contend with extreme.

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And a number of bilateral discussions between Australian and European leaders at the G20 summit to speed up the conclusion of the free trade agreement with the European nations are noticeable steps. Australia hardline strategic posture on China continues. This is clear in the recent statements of Australia top ministers as when Albanese said that managing strategic rivalry with a forward-leaning China is one of the biggest challenges; Richard Marls, the defence minister, referred to China as Australia biggest security anxiety; and Penny Wong emphasized that the change in Canberra government has not altered Australia national interests and sovereign choices. Australia historical, traditional, and closest security alliance with the US; its commitments to the Quadrilateral Security Dialogue (US, India, Japan and Australia) and the AUKUS Security Pact (Australia, UK and US) are key tenets of Canberra strategy to deal with Beijing aggression. In the coming year, Australia decision to move from interoperability to interchangeability of Australian and the US defence forces, the forthcoming Quad summit to be hosted by Australia, its initial nuclear submarine delivery announcements, impending defence strategic review, and Australia-US Ministerial Consultations are significant moves. China aggressive posture for the mastery of the Indo-Pacific has exposed its geopolitical intent and damaged its reputation. It will be challenging to repair this predicament, even at the economic level. China ascent has repeatedly put Australian policymakers to the test. But, shaped by a deep-seated dread of China aggression, Australia strategic vision will continue to be bolstered by fundamentally hardline tenets of Australia China policy. Hardline approach to China and will remain a key component of Canberra strategic vision. Before he met with the Chinese leader, Anthony Albanese met with President Joe Biden to discuss the red lines the areas in which neither of the two countries were willing to yield any ground in talks with China. Anthony Albanese decided to steer clear of such rhetoric, saying, I used my own language rather than anybody else. We need to cooperate with China where we can, disagree where we must but will act in dialogue in our national interests. On the first full day of the G20 Summit in Bali, Albanese also met with Prime Ministers Namenda Mode of India, Rishi Sunk of the United Kingdom, and President Emmanuel Macron of France. In a brief conversation, Albanese stated a very sound conclusion. The summit talk focused on commerce, consular, and human rights concerns, and both leaders noted how complementing their economies were. Albanese brought up the subject of Chinese tariffs and bans on Australian exports in 2020 during the COVID-19 outbreak. However, he cautioned against expecting instant consequences. For almost more than two decades, both Australia and China gained economically from their connection. With close to a third of its yearly exports of over A$475 billion ($303 billion), China is Australia largest trading partner. Both nations have benefited from being able to avoid taking opposing sides on many issues. But, Australia demand for an imp

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The appointment of Asim Munir as Pakistan next army chief ended some unprecedentedly furious speculation in Pakistan Game of Generals on Thrones. The nervous questions swirling around each appointment for Pakistan most powerful post tend to be: Will the incumbent in fact vacate the chair and if he does, whom would the new chief anoint as the civilian face of hybrid governance? Pakistan has seen this movie several times before; it begins with promise but rarely ends well for the hapless civilians. The Bajwa model six years ago, it was unclear whether the incumbent chief Raheel Sharif would continue for another term, or make way for his successor. General Qamar Bajwa, selected by then PM Nawaz Sharif as the one least likely to boot him out, did exactly that. On Bajwa watch, the elected prime minister was ousted in 2017 on flimsy grounds and a hybrid regime with Imran Khan launched in 2018, only to be aborted earlier this year. Well after the rest of the world has discarded Covid-era restrictions, China has embarked on another round of shutdowns in some large urban centres to suppress a wave of infections. The economic fallout of endless curbs in the world second largest economy will ripple out into 2023, a year IMF forecast will witness a continuing global slowdown in economic momentum. The global economy is estimated to grow 2.7% in 2023, with the three powerhouses, US, China and euro area, struggling. The bright spot will be India, expected to grow at 6.1%, with some pundits predicting a higher rate. India heft as the fastest growing major economy in 2023 fits in neatly with its presidency of the G20. Economic might does provide a country leverage to realise other goals for collective welfare. Independently, it will also help India negotiators push for better terms in the ongoing free trade talks. But notwithstanding bright economic prospects in the immediate future, policy makers should not lose sight of structural weakness. GoI urban jobs report for July-September showed that even in the country most dynamic areas, the unemployment rate was 7.2%. In contrast, slowing down US and economically stagnant UK are seeing high employment. A deeper challenge for India is that only 46% of the eligible population was in the workforce in 2021 compared to a global average of 59%. It a symptom of challenges we face in terms of quality of human resources, the single most important factor in determining our long-term economic potential. India short term is bright. The long term needs a lot of work. In what circumstance is an employer justified in demanding that every employee with a receding hairline must shave his head? This is just one of the many questionable entries in Air India new grooming guidelines for its flight attendants. The long list has little to do with the male crew ability to do their core job. But it has plenty that goes against well-understood norms of the modern workplace. Female crew too have to contend with extreme.

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Micromanagement, ranging from a prescribed bindi size to a prescribed number of bobby pins. It makes sense that the new private owners of a long publicly owned airline would want to pull up its crew to international standards, but this goal hardly going to be served by decrees thoroughly out of step with today global aviation culture. Once upon a time the conspicuous sexualisation of flight attendants was indeed mainstream business policy. Things are very different today across airlines. Akasa Air took to the skies this year with gender neutral uniforms, comfortable shoes, doubling down on the public safety function of the crew. By contrast, the new Air India guidelines hark back to an era when airlines advertised attendants as hawai sundaris. Flight attendants skills have nothing to do with how much hair is on their head or how big is their bindi. Guidelines that pretend otherwise should be binned forthwith. Finally, in an era when ideas of beauty are freer than ever, let fight any attempts to imprison them again. Bald is beautiful to some, and some prefer a receding hairline. Your head, your choice. The Messenger Moderna, the Vaccine and the Business Gamble that Changed the World by Peter Loftus is the story of how an obscure little biotech startup took a huge leap to take on the Covid pandemic and became a household name around the world. MRNA technology was a disruptive idea, but it had remained untested. It is based on the fact that the messenger RNA, a synthetic version of ribonucleic acid, contains enough information to get inside cells and trigger certain proteins. Nearly a month ago, Elon Musk literally let that sink into the Twitter office in San Francisco. What has followed since has been a rather chaotic start to his reign as the so called chief twit of the company. Botched rollouts, Twitter polls for consequential content decisions, and with never ending firing sprees, the social networking site has been anything but an exemplar of stability. We warned you about exactly this in these pages in October. Beyond the predictable warning signs, what has been fascinating is the gradual dismantling of the platform all of it in public gaze. Thousands of Twitter contract workers learning about their employment status from journalists, to users impersonating brands and moving stock markets, to even a public address to his employees, to Musk interactions with known right wing conspiracy theorists it a show that everyone welcome to, and is happening on your timelines. Happiness is not a state of continuous excitement or rapture. It is a state of absence of sadness. Sleep is the best example of this. We feel happy in sleep because there is no sadness of any kind. A visually impaired person is not blind in sleep. A wounded person is not wounded in sleep. A poor person is not poor in sleep. At the end of the day, we all want to go to bed to feel this absence of sadness for a.

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Few hours every day. Even when one is filled with rapturous, joyful events throughout the day, one still has a desire to get sleep. Because sleep is a state of unadulterated bliss. Scriptures say that there is only a single source of happiness, which Consciousness is called Brahmn, Atman. Consciousness is the anand, pure bliss, which is right inside us all the time. During a state of quietude of the mind and senses, the bliss of consciousness shines fully in us. And so, we become happy. The happiness we get from objects of enjoyment is also coming from the bliss of atman. When we have a desire for objects, our mind becomes restless. We make a lot of efforts to achieve those objects. When we get them, our mind is peaceful. In these moments of peace, or absence of restlessness, the bliss of atman reflects on our mind and so we become happy. Since there is no end to our desires, we only get a small interval of happiness between two desires. sunlight only which is reflected on the Moon and comes to us as moonlight. But when we see moonlight, we don think of it as sunlight only. Every anand is coming from Brahmn, whether in sleep, in enjoyment of objects, meditation, or in knowledge. Any object borne happiness is an attempt to remove sadness or inferiority complex, which is the cause for restlessness of the mind. The main cause of sadness or inferiority is our identification with body and mind, not atman. The body and mind are temporary possessions, but our atman is permanent, free from any defects and source of infinite bliss. When we focus on atman more than on body mind complex, we can free ourselves from inferiority complex. Spiritual knowledge is the best psychotherapy. It is also the way of getting lasting happiness. The happiness of the world is a mixed bag. It is interspersed with lots of unhappiness. By dropping the world in a deep sleep state every day and still being happy, we can think of the world as undependable or rather unnecessary instrument of our happiness. When the external entity is dropped in our mind, our inner self, which is pure bliss, shines. One cannot remain in deep sleep for long because our karma, destiny, wakes us up. The karma has to be enjoyed or suffered in the waking state. But one can always enjoy long hours of meditation in a waking state and experience the bliss of Self. That is how once we get into the habit of meditation, we get addicted to this happiness. The advancement in technology has led to new age innovations coming our way. These technologies have in turn significantly impacted our daily lives in many ways, making things easier. In fact, the entire educational landscape has been revolutionized using technology, permeating society and giving rise to innovative teaching learning methods and a customizable curriculum. Modern teaching learning methods leverage the use of cutting edge technologies like.

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And cloud computing, which have made education more accessible, affordable, and customizable to students. Also, these technologies act as an enabler for the attainment of higher order learning outcomes by the students. Traditional classrooms have been slowly being replaced by phygital ones, which facilitate student learning both in offline and online environments making it ubiquitous. Students only need a smart device and a good internet connection to get plugged into the classroom from anywhere in the world. In addition, these new age instruction methods encourage greater student involvement by considering the needs of the learners and the choice of the different modes of learning and evaluation while developing the curriculum. Multiple Modes of learning Modern teaching learning techniques involve more reasoning, explanation, practical application, activity based learning, etc. which has led to a more comprehensive understanding for the students. Also, they consider the learning style of the learners in identifying the most appropriate content and evaluation methods. The introduction of work in lieu mode of learning encourages the learners to attain the outcome of a course through their involvement in solving problems in work environments. The self learning mode encourages the learners to learn the courses at their own pace thereby giving them the flexibility to attain learning outcomes beyond the classroom. Attributes of futuristic teaching techniques Student centric Futuristic teaching learning techniques are largely student centric and encourage greater student participation. The arrival of new age technologies has changed the way teaching learning process to the greatest extent. Now, the teacher plays the role of facilitator enabling the students to explore the knowledge under their guidance. Apart from that, the complete curriculum is customized as per the requirements of the students enabling more opportunities for them. Overall, modern teaching learning methods have taken the process of learning much closer to the learners, giving them the opportunity to decide what is best for them. Enhanced participation Various collaborative activities are designed and developed to enhance the understanding of concepts of the students. Practices like peer mentoring allow the students to learn from their peers thereby encouraging them to get their doubts cleared without any hesitation. These new techniques give greater importance to the understanding of the learners and promote active student participation. Project based learning has been used as a tool to encourage students to learn a subject in a top down approach by solving a problem in a collaborative way. Informal learning approaches have enabled challenge based learning wherein the learners are given the challenge to be addressed and engaged in the activities to solve the challenge through collaboration. The learning that happens in the entire process is duly recognized during the evaluation and appropriately given the credits. Simplified education There is no denying the fact that futuristic teaching techniques have made education more simplified. The ubiquitous approach towards learning enab

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India holds firm legal steps. Each case runs with fixed path. The bench hears each case. Facts and laws form the base. First step is plea file. Judge checks all facts filed. Rules are read with care. Both sides talk with facts. Courts start with pleas. Judge sees if plea fits. If true, court sets date. Both sides get set now. Each side gives proof. Judge notes all acts done. All laws are read deep. If one errs, judge notes. Next step is trial time. Judge checks proof and laws. Each word is read fair. Laws help guide judge. Truth wins by proof. If none found, case ends. False claims fall quick. Truth must stand tall. Final talk is with judge. He sums all past facts. Both sides give last word. Then judge writes firm word. Court gives fixed date now. That day, court reads word. Judge reads law facts mix. That forms final word. This word is then filed. Both sides take word now. One can seek more help. High court may be next. If one feels wronged, file more. High court may agree too. Next is apex court plea. It holds top post rank. Once all ends, file shuts. Law helps keep fair view. Judge must be wise. He must not pick side. Each word must be just. No fear must cloud view. Law is pure and hard. Proof rules each case. India has fair path. Court must act justly. Each judge must know law. Each word has deep base. Each fact is checked. No lies can pass. Thus, law in India flows. It runs slow yet firm. Each case has its way. Trust lies in fair law. One must act fair too. Truth wins in court way. India has rules that guide. Court hears each fresh case. Judge sees facts and laws. Plea goes to base desk. Then court sets one date. Each side tells their facts. Law team reads all acts. Both give fair word now. First task is plea look. If real, then court runs. If fake, court will drop. In today time, the way India is progressing and developing at a fast pace, it is becoming equally important that various stakeholders who are main drivers of this development journey of the country, also come forward, and strengthen contribute towards upliftment of rural and remote parts of the country as well. The development journey, if skewed, would create equality gaps in a large, populated country like India. Many have come up with social impact programs for the same reason to strengthen the rural parts of the country. Often, important stakeholders present in these communities share their honest feedback during interactions about such interventions. Many a times, there is a feeling that programs are imposed on them, where the party that is bringing the initiative for them is often not sitting with them and understanding their needs. It is very important to make field visits in those tough conditions, away from comfortable cities, to really understand.

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The ground dynamics, and also gather true aspirations of people. A social impact intervention exercise should not be solely in line with who is bringing it and what their goals and targets are. It has to be heavily mapped with the requirements of the people on ground. If it is not, then sustainability around it would be difficult, and the resources invested in it would not have as high an impact and return. The same would also not truly benefit people for whom the intervention is created. Another important point is to have empathy and patience. Bringing in a change should not always mean statistics and just meeting targets. All these metrics are a good way to ensure that the intervention is broadly on track, but there always has to be a qualitative way of measuring the impact, too. Change in people thinking, increased confidence, greater ability to take risks, etc., are some areas that are much more important than mere numbers, as these changes will stay with the community members forever. These positive qualitative factors can actually play an important role in stories of community members beyond intervention, while numbers and targets are reporting factors to showcase the work being done during intervention. Understanding the root cause of community issues should be the core to make any attempt to strengthen the community. Another important thing one should reflect on is that we should think twice, maybe many more times before praising or conveying that we are making a big social change in rural, remote communities for the interventions we bring in. Self-acknowledgment and getting validation attention again in a city and comfortable setting is relatively easy, but if we genuinely think from the standpoint of the person who is in that tough rural setting, and us getting attention on their names while they are still there is something to think about. Acknowledgment, as far as done in a balanced way, should be good, but continuously patting back without understanding and assessing what the interventions truly have meant for whom it was initially created is quite meaningless and shallow! Social Impact should include constant and frequent follow ups with the community members to keep understanding their progress and needs, and how we can continue to keep strengthening them! Lastly, acknowledgement coming grounds up on a sustained basis would be the greatest validation. On a daily basis, we face such crossroads, where the chaos of our turbulent times demands thoughtful, value-based responses. Anchoring the mind is the first step toward true happiness and fulfilment. Buddhism encourages us to go further. It is not enough only to seek personal tranquility or detachment. A more fulfilling way to live is to build a towering and indestructible state of life, with the spirit of growing together with others and contributing to a more humane society. Then even adversity can become an opportunity to create value. In the words of my mentor, Soka Gakkai international president Daisaku Ikeda, As we work for the greater good, we build happiness for ourselves and others. The more we do for other people, the more path of our own happiness will open up. The writ

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New age technologies help the learner to learn in their comfort zone thereby encouraging on and off classroom collaboration. Hybrid learning encourages teachers to flip their sessions for attaining enhanced learning outcomes. The pre class learning happens through the self learning materials and students are encouraged to involve in the activities during the class to solve challenging tasks in a collaborative way under the facilitation of the teachers. The future of the education industry The educational landscape is undergoing a paradigm shift due to technological advancements and futuristic demands. The demand for a multi disciplinary approach toward education has encouraged learners to choose their courses from different disciplines and build their specialization accordingly. The conventional classrooms are to be transformed into accessible collaborative hybrid learning environments to encourage the learners to learn anytime from anywhere. This widens the scope and perspective of learning and enables greater opportunities for the learners. The emergence of the global degree model has paved the way for the internationalization of the curriculum and enabled learners to learn from multiple campuses across the world. The strategic vision adopted in December 2014 to strengthen cooperation in the peaceful use of atomic energy between Russia and India provides that at least 12 Russian designed power units should be put into operation in India over the next 20 years. The Government of India has reiterated multiple times that it is actively looking for sites for the construction of new power plants. However, the apprehensions about the safety of nuclear power plants continue to color the public perception regarding further development of nuclear energy, Fukushima incident has in particular bolstered those concerns. As such, it is important to outline the lessons learned from the incident that has been applied to ensure better safety mechanisms for nuclear power plants. One of the largest accidents of the 21st century in the peaceful nuclear power industry occurred eleven years ago, in March 2011, at the Fukushima 1 nuclear power plant. The Fukushima 1 NPP is equipped with six BWR power units. As a result of the accident, nuclear power plants with units 5 and 6 were not damaged, however, enormous damage was caused to units 1, 2, 3 and 4. Russian experts have divided the lessons of the accident at the Fukushima 1 NPP into two groups technical and related to the human factor / organizational aspects. At the same time, they were considered as an integral part of a single system, and such a conclusion made it possible to implement all the post Fukushima safety requirements at the Kudankulam units. Currently, Kudankulam is the only nuclear power plant in India that operates Units 1 and 2 of the Pressurized Water Reactor PWR. Kudankulam NPP is equipped with VVER 1000 PWR units of the third generation of AES 92 model of Russian design. VVER is an abbreviation for Water Water Energy Reactor which means a water cooled water moderated power reactor. Units 3 and 4 are at the final stage of construction. Additional.

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Security measures are being introduced at Units 3 and 4 at the request of India. These safety measures will make it possible to withstand even higher seismic, climatic and technical impacts. The construction of power units 5 and 6, belonging to generation 3 plus, has begun. The key feature of the new power units is the implementation of a number of technical solutions based on a combination of both active and passive safety features i.e. without human intervention and without the use of energy sources, including a passive heat removal system, hydrogen combiners, core trap, hydraulic accumulators and fast boron injection system. These technical solutions, according to the generally accepted criterion Total frequency of severe core damage, bring the current project as close as possible to the parameters of fourth generation projects in terms of safety. The concept of defense in depth with four protective physical barriers the fuel matrix, the fuel element cladding, the primary circuit with the reactor pressure vessel and the containment is used to prevent the release of radioactive materials into the environment. There are five levels of technical and organizational measures to ensure the integrity and effectiveness of these barriers, so that in any critical situation, radioactive fission products can be contained inside the containment building. Due to tsunami concerns, it is worth noting how a calamity similar to Fukushima is avoided there. In the project, the design basis flood level of 5.44 meters is used for reference tsunami in December of 2004 rose to a level below 3 meters. Every NPP equipment is located significantly at a higher altitude. For instance, the containment building is located at 8.7 meters and diesel generators flooding of these in Fukushima was a key event of the accident at 9.3 meters. Thus, Kudankulam NPP is secured from severe earthquakes and tsunami as well as from the complete loss of power supply on the site. TVEL Fuel Company of Rosa tom and the Indian Nuclear Energy Corporation signed an additional agreement to the contract for the supply of fuel in December 2020. The agreement is aimed at the implementation of a comprehensive engineering project, including the introduction of a new nuclear fuel TVS 2M and an extension of the fuel cycle from 12 to 18 months for both operating VVER 1000 reactors of the Kudankulam NPP. One of the key advantages of TVS 2M, which makes them more reliable and economical due to the welded frame, fuel assemblies in the core retain their geometry, spacer grids protect fuel claddings from fretting wear preventing depressurization, and an additional spacer grid makes fuel units more vibration resistant. It should be noted that despite the current geopolitical situation and global economic slowdown, as of today, no deviations from the obligations and delivery schedule during the construction of the Kudankulam NPP are observed and are not expected. All emerging issues are resolved in close cooperation with the advising state authorities of India, to ensure timely compliance with the schedules for the supply of.

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Equipment and components. A lot of useful experience was gained during the construction phase of blocks 1 and 2 Kudankulam, so the construction of units 3, 4, 5 and 6 was optimized together with the project partners. All deliveries from Rosa tom were made right on time, even despite the impact of Covid 19. Units 5 and 6 are scheduled to be completed in 66 months and 75 months, respectively. According to this schedule, both units will be completed by 2027. Thus, when completed, the Kudankulam nuclear power plant will become not only the largest nuclear power plant in India, but also the largest enterprise for the production of clean energy in the South Asia region. From being treated with wariness as something not meant for our children to being actively sought by parents, the International Baccalaureate IB curriculum has had an eventful journey in India. While IB was first adopted in India in 1976, there were very few takers for the first three decades. However, we have seen a 10 fold increase in the last 15 years; we now have over 700 {IB+ IGCSE+ other curricula schools across the country offering an international programmer at one or the other level; in fact, globally India ranks second in the number of international schools with China following close behind. [i] Within the last 10 years itself, there has been a 150% increase in the number of IB schools in India. [ii] According to the IB website, between 2016 and 2020, the number of IB programmers offered worldwide has grown by 33.3%.[iii] The growing acceptance of the international curriculum by parents and students is inextricably linked with the changes we see around us. Our world is increasingly and continuously being shaped and reshaped by the accelerated advancement of technology as the Fourth Industrial Revolution marches on. Our lives the way we live, play, learn, interact, and work are being inexorably transformed. Parents are realising that their children are living in a very different India from the one they grew up in. They aspire to help their children benefit from a different approach to learning, a learning that would be appropriate for the world their child will enter tomorrow. It is estimated that children entering school now will eventually work in careers that are unheard of today as technology increasingly takes over jobs that involve repetitive tasks. Humans will be required to engage in careers that need emotional, social, and creative intelligence. In this scenario, crucial skills for employment and employability will be critical thinking, creativity, problem solving, collaboration and leadership, international mindedness, and agility and adaptability. And these are the very areas that international programmers focus on and develop through building the learner profile. The mission of the IB and Cambridge International curriculum is to transform students into inquirers, critical thinkers, and caring and compassionate young people who, as citizens, will exert all efforts to make this a better world. The curriculum focuses on thinking, communication, self management, research, and social skills.

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As well as on inquiry, conceptual understanding, effective teamwork and collaboration, and an understanding of diversity and inclusion. The curriculum is developed in local and global contexts. Teaching uses real life contexts and examples, and students are encouraged to process new information by connecting it to their own experiences and the world around them. It is designed to remove barriers to learning. Teaching is inclusive and values diversity. It affirms students identities and aims to create learning opportunities that enable every student to develop and pursue appropriate personal goals. It is geared towards encouraging students to develop and own the skills and capacities that employers in tomorrow workplace will look for in their prospective employees. Assessment plays a crucial role in supporting, as well as measuring, learning in an international programmer such as IB. This approach recognizes the critical role of providing students with effective feedback. The IB assessment is a process that takes place over the year, using both formative and summative approaches to assess the performance of a child. It stems from academic honesty, validity, and reliability. The assessments address a variety of skills, which is what makes them comprehensive and relevant. A variety of assessments are included in the final IB grade oral commentaries, case studies, and internal assessments in all subjects that receive feedback on drafts from subject specialists where the drafting process is as important as the final product. IB assessments are much more robust because there is a clear link between educational objectives, learning outcomes, and assessment design. They are truly meaningful in today world since they aim at the holistic development of the child, including the nurturing of a spectrum of skills. Through assessments, IB places a great deal of emphasis on reflection and feedback so that the student is empowered to take the next steps as a learner herself. In effect, the international curriculum is specifically designed to prepare students for an evolving future so that they are fully equipped to deal with its challenges and thrive as true global citizens. It is a rigorous programmer that digs deep into skills of inquiry, research, and conceptual understanding rather than a collection of factual knowledge. For Indian students, it levels the playing field to allow them to compete with peers from around the world. It is no wonder then that parents and students are increasingly being drawn to the IB philosophy that is deeply rooted in internationalism and a global mindset. A common belief is that Hinduism originated in Vedic times. But it is much older, and its probable story is non linear, diffused, and complex, as the following attempts to show. Hinduism roots go far back to the faiths of the three main groups that majorly populated India in pre historic times. According to experts, the First Migrants to India came from Africa about 70,000 years ago and settled initially in South India, while some went beyond via Andaman to Australia. As hunter gatherers, they needed large habitats, so they spread thin.

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And economic dimensions. Strengthening the well-being of event-hosting areas involves connecting with local communities, promoting fair trade practices, and supporting local artisans. Furthermore, events serve as invaluable educational tools, fostering awareness of sustainable living choices and encouraging environmental stewardship among attendees. Event Design Innovation: Sustainability is a constraint; it is a catalyst for creativity. Integrating sustainability into event design sparks innovation, using recycled materials, alternative energy, and eco-friendly transportation. The fusion of art, culture, and sustainability creates memorable experiences, leaving a lasting impact on attendees, the government authorities, civil infrastructure and society at large. Impactful Transformation: A culturally sustainable gathering ignites transformation. Event planners quantifying and transparently reporting environmental and social effects set a pioneering standard. Positive change ripples outward, inspiring other events, societies, and individuals to embrace sustainability. The Mumbai Festival 2024: A Sustainable Spectacle: Set to unfold from January 20 to 28, 2024, the Mumbai Festival is a beacon of sustainability. We are proud to announce our collaboration with the United Nations, India as our Sustainability Partner! Together with the UN-India team we would be focusing on driving attention and action around the UN Sustainable Development Goals. This would also further the vision of our Hon bled Prime Minister Narendra Modi and Mission Life-Lifestyle for Environment. We are equally delighted that Project Mumbai, our own city initiative, has joined hands to focus on Community initiatives around Sustainability and Accessibility. With Project Mumbai on-ground focus on implementation and education, we are certain that we will be able to breathe life into the city celebration in the most eco-conscious manner possible. United Nations India: Pressing concerns such as poverty, hunger, inequality, and climate change demand our urgent and concerted efforts for resolution. In 2015, the countries of the world signed the treaty to achieve the UN Sustainable Development Goals by 2030. We are little past the half time mark and the world has not achieved more than 15% leaving us way behind in the fight to protect and preserve life and our planet. Wake Up! It Half time! That our clarion call. The sports-loving know that most games are won in the second half and we have our lives and living to fight for. Working together with the United Nations India, and its Ambassadors, the Mumbai Festival aims to increase awareness and kick start initiatives and action to build a greener, fairer, better world by 2030. Project Mumbai: With their tagline as Mumbai key lie much bhi karega, Project Mumbai would bring a sense of shared responsibility towards the environment through well-planned initiatives throughout the nine days of the grand celebration of Aamchi Mumbai. The collaborations have set in motion the double agenda of awareness and action. Infused with careful planning to minimise environmental impact, the festival embraces beach clean-up initiatives, digital innovation,

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Efforts the festival is making maximum efforts to utilize green energy from the power companies, modular reusable infrastructure and staging, low-energy consuming technical equipment and recyclable materials. The Earth Film Contest: An Endeavour designed to elevate awareness regarding environmental issues and champion sustainability through the compelling mediums of storytelling and visual media, The Earth Film Festival is an initiative driven by United Nations, International Indian Film Academy, leading film-making institutions, NED and the National Museum of Indian Cinema as well as PVR-INOX. Inviting filmmakers and environmentally conscious individuals to participate in a contest shall serve as an excellent avenue for them to articulate their ardor, propagate awareness, and actively contribute to fostering positive change on a global scale. Earth Movie Mumbai originates from a long-term vision of generating awareness, providing solutions that can be implemented and activating the same at scale. We must set an example that other cities can follow and build a movement to initiate action with speed and at scale. It an initiative from Mumbai to the World. Sustainability is woven into the festival fabric, connecting the past, present, and future. It not an afterthought but a vital thread preserving our planet beauty for generations. Let sustainability guide us in navigating the evolving world of event planning, envisioning a future where festivities peacefully coexist with our natural habitat. Beyond inspiring and educating, our dedication to sustainable methods aims to impact communities and event locations positively. led economy. That mix needs to change. Current geopolitical realities, where supply chains are weaponized, prompting strategies like the now famous China 1 strategy, have presented India with a unique opportunity. Given this backdrop, fiscal incentives and policy facilitation through schemes such as the PLI and the PMP make eminent sense. The PLI scheme in particular has taken off and has been widely welcomed by corporate India. So far 14 sectors have been selected for PLI benefits and there are visible gains in these sectors. The stock markets seem to have also rewarded companies which have embraced the PLI as an opportunity to bolster their domestic production capabilities. Dixon Technologies, a leading homegrown major in the EMS space, had applied for PLI grant and their stock has gained 53 pct. YTD. The Amber Enterprises stock, a well-known OEM in the RAC HVAC segment, has also gained by the exact same quantum (53 pct. over the last 6 months), while Kaynes Technology India, leading end-to-end integrated electronics manufacturing player in India with a play in the entire spectrum of ESDM services, is a clear outlier with a staggering 219 pct. YTD gain in its stock price. Clearly, the policy push by the Government of India is slowly creating a manufacturing sweet spot for India, which if smartly leveraged can enable India to ride a new manufacturing wave based substantially on domestic capacity, something akin to the IT ITES boom in the early 90s which propelled India to the status of a software superpower. The Government on i

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All over India. Living isolated, nomadic life and lacking the required skills, they failed to develop farming. Being amidst nature, they worshipped trees, rivers, stones, mountains, and groves, among many others, and propitiated spirits of animals, ancestors, and mother nature. This animist tradition is still robust in Hinduism in many forms. The Second Migrants from Africa presumably got stuck in a bottleneck for 10,000 years, with a few survivors reaching the Middle East 60,000 years ago. Some settled there, others settled beyond, including the Iranian plateau and a few in India. But more from Iran entered the Indus Valley 12,000 years ago as hunter gatherers. Being skilled survivors of the bottleneck disaster, they developed farming 10,000 years ago in the Indus Valley. The local hunter gatherer First Migrants began joining and mixing with these Second Migrants 6,500 years ago. This gave rise to a genetic mix which now makes up the bulk of India. The First Migrants, new to organised society, took only menial jobs and occupied the lowest social rung. With time, many tribes of the Second and First Migrants became part of the settlements as groups. They had diverse faiths, deities and customs and attained social classes based on their skill level and power. From these settlements rose the Indus Valley Civilisation IVC. It had close trade and cultural contacts with contemporary civilisations of Mesopotamia and Iran. It shared some of their beliefs and deities, for instance, the worship of mother goddesses who personified nature seamless power of fertility, caring love, and destruction. Numerous goddesses are worshipped in India as Durga or consorts of Shiva or Vishnu. IVC people also revered lingam and a deity in yogic posture possibly a precursor of both Shiva and Brahma. The Bodhi tree Ficus Religiosa was sacred to them. All these traditions are still strong in Hinduism. India Third migrants, the Aryans, entered India 3,500 years ago with more men than women. Their original habitat was the vast plains of the steppes of Eurasia. Their deities, like Indra, Vishnu, Varuna, Vayu, and supreme god Dyaush were mostly human like spirits of the awe inspiring sky of their original home. The yajna they made to appease their deities are still performed in India to invoke these gods. When the Aryans were settling, IVC was disintegrating, and its people were dispersing. Many Aryan men married IVC women. The Brahmins and other varnas arose when the Aryans and IVC populations mixed. These people of mixed ancestries could be called the neo Aryans, but they called themselves Aryans. Sanskrit, the Aryan language, became useful as a link language. It had absorbed many local words while local languages absorbed its words. Significant works, either written or in easily remembered shlokas, were composed in Sanskrit and hence were invariably attributed to the Aryans. But the authors were Neo Aryans with IVC and Aryan ancestries. The combined Aryans and IVC wisdom thus went into scriptures like the Upanishads or Bhagavad Gita and perhaps partly into the Vedas. Similarly, the.

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Sanskrit narratives created the impression that only Vedic faith flourished then. But most people practiced the pre Aryan beliefs, like worshipping idols puja of mother goddesses or lingam or animist spirits like that of wild boar, elephant, and cobra. Vedic gods eventually lost favor, except Vishnu. Meanwhile, worldly gods like Rama and Krishna became more popular than the heavenly gods. Similarly, many gods like Moraga, Ayyappa, Ganesh, Vaasa, and Narasimha some anthropomorphic deities of the First Migrants were now widely worshipped. They entered either the Aryan oriented Vaishnava or the pre Aryan Shaivite pantheon. And Shaktism encompasses all the goddesses, perhaps the most venerated and longest worshipped. The neo Aryans spread over India and brought numerous communities into their four Varna social system. Meanwhile, Brahminism endorsed many non-Vedic faiths and often became their priests. And non-Vedic priests became Brahmins by using Sanskrit for rituals to align with Vedic rituals. So, non-Vedic traditions like idol worship, bhakti, and temple going became mainstream after this Sanskrit transformation. Many deities were consolidated and brought under Brahminism as avatars or relations of the supreme gods Shiva and Vishnu. When Buddhism and Jainism began proselytising, the contours of this federation of communities and faiths, now called Hinduism, emerged. Notably, this federation was inclusive of the diverse cultures, customs, rules, and traditional occupations of the constituent communities. In contrast, the proselytising monotheist religions created large religious ribs of uniform ethos by erasing the converts earlier cultures, customs, and deities. The tribes who comprised the early settlements were like ethnic groups with tribal character. As each group specialized in a trade, it took in all newcomers who practiced their trade, irrespective of ethnicity. However, these tribe like groups practiced strict endogamy and non-sharing of food with others. Society granted them exclusive rights to practice their traditional occupations. With all this, the groups became castes, and mobility across classes ceased because caste was class. The hierarchical caste system got institutionalized, helped by the doctrines of Karma and Dharma. This prevented social unrest caused by people striving to move up in society, consolidating the privileged position of the upper classes. Thus, a unique federation of communities castes and their faiths evolved. This was based on certain unwritten and unsaid understandings. These were a community cannot denigrate others faiths can freely adopt or share deities, beliefs, rituals, and mythologies of others cannot propagate its faith none wanted to, anyway cannot hinder others from practicing their faiths can expel members breaching its customs whom no others could accept not so, if joining a non-Hindu faith. Also, a cast member can only be born into a community cannot defy community customs while being Hindu. All groups or communities have complete freedom to practice their faiths and be governed by their community rules. However, inter community relations are governed by societal traditions. For example the tr

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Gimlet with Sachem Pilot, the state is bracing for more political turbulence. By terming Pilot a gadder, and asking how such a person can be made CM, Gimlet has upped the stakes. Meanwhile Rahul Gandhi yare entering the state will give the central leadership a much needed fill up against Gimlet strong-arm tactics. The infighting in Rajasthan will gladden BJP, faces with its own factional troubles in the state. Ashok Gimlet has performed miserably in the two elections he led Congress as an incumbent CM, in 2003 and 2013. And 2023 does look promising either. So there is good reason for Congress to replace Gimlet with the younger Pilot. However the latter has damaged his future in Congress with the premature rebellion in 2020 that failed to bring down Gimlet. If Pilot had the numbers then, the high command could have been persuaded in 2020 but not enough MLAs gravitated to him. Read Make Sachem Pilot CM, will allow Rahul Gandhi Bharat Judo Yare in Rajasthan Gujarat leader to Congress Now Pilot has to deal with that taint. But Gimlet ins unscarred either, losing his clean slate after the en masse defiance of his faction to the high command attempts to secure his resignation. Congress has the option of foisting a third person as Rajasthan CM to put both Gimlet and Pilot in their places but even that may not buy peace given Pilot ambitions. Rajasthan is a classic case of Congress central and state leaders losing the plot. Meanwhile, in Kerala Shisha Throop ambitions are growing. Will Congress learn anything from its Rajasthan saga? Presently in India, crypto lies in a regulatory limbo neither strictly illegal nor completely legal. Although a comprehensive Crypto Bill was expected soon, it has been delayed. Although we have got occasional statements from the Honorable Finance Minister, the RBI and other government officials, we are yet to get an official stance or proper regulations regarding the same. The tax rules that were announced earlier this year have also dampened the sentiments of traders and a section of crypto users. However, in spite of all of this regulatory uncertainty, the tax rules and the volatility in the markets, crypto adoption has continued to rise in a steady manner. Crypto is the future, and it seems Indians have embraced this completely. There are multiple reasons that have contributed to this 1. Increased customer awareness Compared to earlier, people are now more aware of what exactly Bit coin and crypto is. Earlier, the perception of crypto was largely that of a fad, a get rich quick scheme and people did quite understand what all the hype around crypto is. However, over the years, thanks to the efforts of influencers, companies in the space and other industry stakeholders, people are now slowly understanding what crypto is, what it stands for and all of its future potential. The government reversing the RBI decision to ban crypto have also instilled some confidence that the government is possibly going to regulate.

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And tax crypto in the future, rather than an outright ban as it was earlier. Ease of use especially for newcomers It is now far easier for customers especially beginners to get into Bit coin and crypto, as the process of using, buying, earning and trading has been made much easier thanks to innovative companies that are in this space 3. Shift from Gold to Bit coin as a society, us Indians have always had a soft spot for gold. Not just as an ornament, gold has always been how households have kept their savings in. A new generation of Indians well versed in the digital age are now accelerating the shift from gold to digital gold aka Bit coin as they understand how Bit coin has a lot of the properties of Gold but is far superior in many other ways. 4. Crypto as an Investment Hedge As the popularity of crypto has grown in recent years, people have started seeing crypto at the very least as an investment hedge that ins directly connected to the equity markets or other forms of investment. Financial advisors are advising their clients to invest a small portion of their portfolios into crypto. 5. Crash in prices As the price of Bit coin and other crypto crashed from all-time highs made late last year, several investors who were perhaps on the fence, those who hand made large investments as well as others who identify this as a good opportunity are stacking Bit coin and other crypto. Institutions, family offices and bigger players getting into crypto As crypto adoption has grown, one of the fascinating aspects has been how institutions, family offices, companies and even countries like El Salvador getting into, understanding and investing large amounts into crypto. Remittances in crypto Nonresident Indians NRIs across the globe are using crypto for remittance as they realize that they can avoid expensive cross border payment transfer charges and that the entire process is faster and efficient. In fact, the increasing crypto adoption in India will be given a huge boost if the government and the respective authorities are able to bring more clarity and solve the regulatory uncertainty and modify tax rules that are detrimental to investors. It is my hope that the promised Crypto Bill will be able to solve these issues, and further crypto adoption in the country. in the last two years, Amazon, Meta, Twitter, have been poster kids for aggressive up scaling. They invested in new ideas and experiments, anticipating exponential growth due to Covid fuelled demand. Amazon headcount doubled to 1.6 million and Meta grew by 55%, between 2019 and 2021. This post Covid push on technology was fuelled by significant liquidity and near zero interest rates sustained by central banks, especially in the US. But its growth potential was short lived, necessitating steep course corrections, including layoffs, redeployment of investments, and sharpening the number of bets on new initiatives. But though these hyperscalers have let thousands of people go, they.

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The Sindhu (Indus) River pact was set in 1960 by a deal signed in Kara by Nehru (India) and Ayub (Pak), aided by the World Bank. It gave three west rivers Indus, Jhelum, and Chenab to Pak, and east rivers Ravi, Beas, and Sutlej to India. This pact stood firm even in war, like 1965, 1971, and 1999. But in the last few years, the bond is tense due to terror acts in Uri, Pulwama, and more. India said it will halt or slow water to Pak by use of dams like Ratl, Bagh, and Shahp. India says it uses its fair part, not more. But Pak sees this as a threat. The fear is that India may use water as a war tool. Talks held in Delhi, Lahor, and via the World Bank tried to fix gaps. In 2022, India sent a note to amend the pact rules. Pak said no. India said rules can stay stuck in past. Talks are on to find a peace path. India aims to use tech, build dams, and not waste water. Yet, war is not the way. The pact gives both sides a way to fix ties. The river must not be a war tool. Talk, law, and trust are key. As face heat, flood, and crop loss, care for water is a must. The Sindhu pact can be a peace aid if both sides act wise. India Navy: Op Sindur Note Op Sindur links to sub loss in sea. India had subs like Sindh class: deep, old, used long. In 2013, INS Sindh blew up in dock. Fire came fast, loud, at night. 18 crew got lost. Cause: blast near torp zone. Fuel, fire, gas all went bad. Big fail for navy. Then came INS Sindu in 2014. Fire hit it too. Smoke in sub deck. Two men died. More got ill. Gear was old. No fix came fast. Crew had no air. Navy got flak. These ops made India act. Navy set new DRDO link. Fix old subs. Train crew well. Make sub safe. Gov ran new check. Looked at wire, heat, gas. Told plan for tech sub. INS Arih was next. India made it. Nuke sub, full tech. No buy from Russ. Make in land. Strong push for self-sub. Op Sindur was key. Loss gave wake-up. Now navy is fast. Safe ways. New sub test. No old gear. No leak. No gas. All fix. All log. More train. Less risk. So, Op Sindur is not war. It a sub fix op. Came post loss. Plan to save crew. Plan to fix sub. Plan to stop fire. Now India aims high. Navy will grow. Safe, bold, and wise. No more bad days. Sindur gave pain. But it woke all. Now sea is safe. Whether one agrees with his politics or not, Kamal can perform well as a parliamentarian. Proud of his non-schooling, the actor is also a man of letters written and spoken. Parliament, however, is not just a platform for oration. This is where Kamal will have to be more articulate. Drop that frown, let me explain. Oration and articulation are different skills, though one needs knowledge to employ both. Someone like Shashi Tharoor embodies a perfect marriage of oration and articulation while being a fountainhead of clarity. Articulation, in simple terms, is the art of expressing one ideas clearly. And what makes an effective parliamentarian is his ability to express not just clearly, but substantiate his arguments too (indeed there are scores of MPs who make hit-and-run remarks under the name of parliamentary privilege). Was Kamal clear at the audio launch of his latest movie hug Life in Bengaluru last week when he said Tamil gave birth to Kannad

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We are a family, and so are the other languages. Was there clarity? No. Kamal later said the debate should be left to historians and language experts. Touch Kamal is at his best when he delivers straight messages, sometimes through storytelling. I consider some of his best performances have been on the Bigg Boss stage as the anchor showing overzealous participants their place (and it not always prompted). Those skills may come handy in Parliament. Our Rajya Sabha has been vibrant with different voices, but most of the members from the fields of art, culture and sports have been virtually mute (Jaya Bachchan has been a delightful exception). Do you know that Olympic sprinter P T Usha is a member of Rajya Sabha? Ilaiyaraaja, who is heard in opera houses, is diligently silent in the house of elders. Sachin Tendulkar debut speech in Rajya Sabha (demanding financial security for national-level athletes) was never delivered, owing to opposition bedlam over Prime Minister Narendra Modi comments on his predecessor Manmohan Singh. Kamal advantage is he is more political than any other film personality. His party may be conveniently called Maiam (centre), but Kamal has been a proud rationalist and an unapologetic leftist, never shy of flaunting his ideology in his movies. Anbe Sivam (Love is God), the 2003 Tamil movie that he scripted, is classic Kamal the communist. It sends the core message that famously attributed to him much before the movie was made: I don say there no God; I say it would be good if there is God. And he has fought many a political battle even before entering politics in 2018. When some sections protested against Kamal naming his 2004 release andiyar, a term that colloquially connotes a rowdy of a dominant caste, the actor put out a home-made video that dripped of caustic sarcasm at his adversaries. I may now name it umma (nothing), he said. Finally, he had to change the title to Virumaandi. With such righteous anger and some rigorous homework, Kamal, 70, as a rational votary of Dravidian ideals and an advocate for greater federalism would find Rajya Sabha a new stage for his new avatar. More than six decades since its release, the Dilip Kumar, Madhubala, and Prithviraj Kapoor-starring Bollywood magnum opus Mughal-e-Azam remains an unmatchable piece of Indian cinema not only for its performances but also for the clarity of thought it presents and the lesson towards moral courage. At the heart of this 1960 epic lies a rebellious love story and a heroine whose revolutionary defiance becomes more relevant over time. To speak of Mughal-e-Azam is to talk of Dilip Kumar, the thespian at the height of his cinematic life. His performance as Salim was groundbreaking and a landmark. His conscience-rattling dialogues have echoed across generations. Jahaanpanah, agar Anarkali ko deewaron mein chunwaya gaya, to Hindustan ek azeem maqbara ban jaayega is not just a cinematic punch; it is a moral indictment. But perhaps the soul of the film is the most iconic song: Pyaar Kiya To Darna Kya. It a call for rebellion as well. The scene is drenched in grandeur, but what lingers is the voice of rebellion. Madhubala Anarkali, stepping out in defiance, si

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Have still grown at 23% year on year since 2019. The Supreme Court on Wednesday wrote out an order that can move the needle in reforming India power distribution sector. The order asked state electricity regulators, SERCs, to frame regulations that detail terms and conditions to determine electricity tariffs. SERCs have been given a three month deadline. To put this matter in perspective, SERCs are not being asked to do something new. They are merely being asked to put into effect an important principle prescribed in India 19 year old overarching legislation to reform the power sector. The apex court judgment salience arises from identifying an important impediment to power reforms unsatisfactory performance of SERCs. The electricity legislation and subsequent national electricity and tariff policies all account for political realities. State governments are allowed to subsidies consumers provided they do it out of their own budget. It only provision of free electricity that is rightly discouraged. The crucial element in the system is an independent state electricity regulator who fixes tariffs and ensures smooth functioning of the power ecosystem. But if SC has to remind them 19 years later to frame tariff regulations, an essential condition to ensure the financial viability of the system, it a reflection of their performance. A worrisome aspect of the current ad hoc approach to tariffs is the creation of regulatory assets, costs that an SERC recognizes but whose collection it allows to be postponed. A buildup of regulatory assets eventually triggers tariff shocks through sharp one time increases to compensate for years of postponement. The only way to deal with these problems is for SERCs to frame rational tariff regulations that account for changing input costs. The other benefit of tariff rules will be curbing monopolist like pricing, especially in areas with one distributor. Bunny and I were in the Bar Verdi in Salerno, southern Italy, having a pre-dinner aperitif with Gene and Angelo. Though we had met them only a few days previously, we felt we had known them for years. Apart from the fact that Gene and Angelo are a very likeable couple, there is also a cultural affinity which binds Indians and Italians. Both are family oriented, very voluble about all manner of things, and have a great love of festivals, both religious and secular. I was thinking about this when the waiter put on our table a bowl of olives and a paper bag. Gene opened the bag and offered its contents to Bunny who, to her delighted surprise, discovered that it was full of hallway chips, le palatine in Italian, an Indian snack she finds irresistible. Hallway chips, or wafers as they are sometimes called, are different from what the British call chips which they eat with batter fried fish and what the Americans call French fries, and the French call pommes frites. In Britain what we call chips are called crisps, and are factory made products infused with an assortment of flavors, cheese and onion being the most.

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Popular In India too there been a profusion of such mass produced nibbles, with a variety of chemical flavorings. But for Bunny money and for mine, there nothing even close to beating the good, old fashioned chips made by our hallways, the traditional cooks who make sweet and savory snacks based on recipes handed down from generation to generation. Hallway chips come in a single flavor, and one flavor only mildly salted. Take it, or leave it. It is this robust forthrightness which gives these artisanal chips their comestible character; they are unique, in a market full of assembly line fast foods. Bunny and I have never come across hallway chips anywhere outside of India. Except in Italy. Marco Polo introduced pasta to Italy in the form of noodles from China, to which he had travelled. Had some unsung explorer of the distant past brought this snack supreme to Italy? Or vice versa, from Italy to India? Whatever be the case, one thing for sure Italy and India will always chip in for each other. Reverence for nature is essential. It will help us survive upon this planet, preserve and protect this blessed earth for future generations. Reverence is essential reverence for our rivers and forests; reverence for our lakes and waterfalls; reverence for trees and plants and the grass that grows beneath our feet; reverence for birds and beasts, whom I love to call our younger brothers and sisters. My vision of unity and fellowship and brotherhood is of a world in which the right to life is accorded to every creature that breathes the breath of life! How can wars cease until we stop all killing? How can we claim to seek world peace when we continue to slaughter sentient creatures? Have you ever spared a thought for the atrocities that are perpetrated on animals day after day, in laboratories and in slaughterhouses? Have you thought of these creatures imprisoned in their tiny cages, deprived of light, fresh air and free movement, and finally consumed? speak of dharma; we cannot speak of creation as one family until we stop the exploitation of animals until we stop all killing! All killing must be stopped for the simple reason that if man kills an animal for food, he will not hesitate to kill a fellow human being whom he regards as an enemy. We cannot have a world family built on the exploitation of the poor, and on the blood of the defenseless creatures. Such a family will only crumble beneath the burden of its own weight. The new global village, the new family of humanity must be built on a nobler, worthier ideal. If civilisation is to endure, it must be built in a new spirit of reverence, in a new religion of reverence for all life. Animal welfare is not enough. We must speak of animal rights. Men have their rights; have animals no rights? I believe the time has come when all animal lovers must get together.

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And formulate a charter of animal rights a charter of man duty towards the animal kingdom. I hope and pray that India the country of the Buddha, Mahavir, Gandhi and Sadhu Vaswani will be first among nations to pass an enactment giving rights to animals. Every animal has its fundamental rights. And the very first right of every animal is the right to live. We cannot take away that which we cannot give. And since we cannot give life to a dead creature, we have no right to take away the life of a living one. The time has come when we must decide once and for all that all types of exploitation must cease. We must recognise the moral inviolability of individual rights both human and non human. Just as the poor do not exist as resources for the rich, just as women don exist as resources for men, even so animals don exist as resources for human beings. In the words of Sadhu Vaswani, No nation can be free, until its animals are free. We cannot call this world our own family until all forms of exploitation cease. While it is only now that the public came to know about the new grooming rules for the cabin crew of a premier flag carrier, it reliably learnt that the backend preparations were on for quite some time. It all started with setting up a new quality assurance department no, not for ensuring the quality of the inflight facilities and infrastructure but for the grooming quality of the cabin crew. See, it is easy to lay down the standards but the key lies in their effective implementation and compliance. And since the parent group is known for its engineering excellence, that very expertise was tapped to devise sophisticated systems for the quality checks. With the diameter of the binds and width of the rings specified to the last decimals, the need was felt to put dernier calipers in use lest the crew get away with few millimeters here or there. But this was lot simpler, relatively speaking. With so many shades to be matched with those specified in the airline mandated shade cards, there was no scope for human errors. In came the spectrophotometers a color measurement device. But what about natural shade of the hair color? The very same shade looked different in natural light vs. under artificial light. The problem was compounded by the changing hues of cabin lights in the modern aircrafts. For the purpose, it was decided to establish Sun simulators in all the major hubs so that a uniformity could be maintained. As the days passed, problems with stubble and green shadows started coming up frequently even though the crew claimed having shaved in the morning. This led to specifying permissible razor types and brands, which blades to use, frequency of their change, and number of times shaving has to be undertaken at a time and during the day. Naturally, electric shavers were out airline.

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Certified salons and the approved cosmetic brands have since been permitted to use the prestigious tagline `By appointment to the Majestic Airline. An anonymous official disclosed that trials are going on to introduce machine learning and artificial intelligence to trim and color if required the hairs and/or shave the heads in an assembly line process based on a proprietary algorithm. If the underlying philosophy seems a throwback to the prevailing rules for the airhostesses in the US of sixties, you are right. As Nell McCone Wulfhart describes the scene in his book The Great Stewardess Rebellion ; in 1960s 70s, airhostesses were required by the American airlines to adhere to strict weight limits, clear complexion, even teeth, to name a few. Who says that we have not progressed in last six decades? Schools in India typically adopt an academic centric model of education and learning is confined only to classrooms. However, there are schools which are an exception to this, and such schools have realized that education should not be only about gathering information, which will recede the learning process, but should be about life changing skills training in the curriculum. Giving students wide options at a younger age gives them the opportunity to explore and learn things beyond textbooks and classrooms. It is a process that helps children build a stronger foundation for a thriving future on the academic as well as professional front. Skill and vocation based learning as recommended by the National Education Policy 2020 enables wide variety of learning capacities and incorporation of qualities that will help students handle the real world. Let us examine a few advantages of skill based training at school Boosts creativity in students In skill based learning, students are pushed to think out of the box and innovate to find new ways to approach problems. Students are better able to grasp and learn new skills at an early age and they become more imaginative when exposed to a whole new range of experiences. Schools need to focus not only on academic learning, but skill based learning as well which happens when children are exposed to projects, workshops and activities that make them holistic personalities for the future. Skills help formulate clear goals Conventional education systems assess students by marks and grades. However, skill based learning at an early age prepares children for a world based not on test scores alone. Children develop clear goals as they get to explore the experiential side of life. This is vital as children will not depend only on memorizing concepts but be able to identify and analyze their strengths and weaknesses at an early stage. This will enable them to identify a clear path ahead of them and focus on fulfilling relevant goals. Enhances independence of thought and action When knowledge and skills are combined in pedagogical practices, they tend to encourage independent thinking among students. Skill based teaching also prompts students to depend less on trainers. This approach to life should be embedded in.

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Children at a very young age so that they continue with this vision when they grow older. Confidence to handle real life situations becomes part of students outlook. Encourages teamwork Collaboration is the key to bring out the best results from actions intended to solve real world problems. At most skill based training programmers, focus is on team building, while preserving the capacity to think on one own. The ability to strike a partnership is deeply appreciated in most settings ranging from school to industry. This will enable a renewal of skills that one possesses and prepare students to encounter and handle diverse situations. Students become quicker learners When students have multiple avenues to learn through, their speed of learning and grasping automatically shoots up. Using a skill based approach can help students understand concepts faster and strengthen what they already know. Students also develop multi-tasking better at a younger age and eventually would be quick and decisive in multiple situations. Companies now look for candidates who have a great ability to shift from task to task quickly that calls for quickness in intelligence. Develops communication skills Through skill based learning, children are taught to push boundaries and develop their vocabulary, which transforms them into better orators and communicators. In the modern world, jobs require great communication skills and the capacity to convey thoughts and intellect to people around you come from training in and exposure to communication modes in your younger days. Students should not miss opportunities to turn into excellent communicators, which would reap rewards and boost their confidence. Skills help build futuristic workforces Early introduction of skill development in the curriculum simplifies the transition from student to a working professional. Students develop employable skills when they receive holistic education and with technologies changing rapidly and enabling audio visual learning, interactive and smart classrooms, students turn more competent compared to students who are not into skill training. Skill development in schools has a positive impact on the fabric of the country workforce in the long run. In conclusion, it can be said that in a constantly changing environment, having life skills is a basic part of being able to address difficulties of regular day to day life. The dramatic changes in global worldwide economies over the course of the recent years have been complemented by changes in technologies. All these are impacting education a great deal at the school level and in the present scenario, there is no waiting till college and post graduate education to develop skills. The mantra should be to learn skills earlier than later as we live in a rapidly changing world Collaboration is the key to bring out the best results from actions intended to solve real world problems. At most skill based training programmers, focus is on team building, while preserving the capacity to think on one own. The ability to strike a partnership is deeply appreciated in most settings ranging from school to industry. This will enable a renewal of skills.

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In today digital world, data is the foundation and currency upon which information is transacted. The vast amount of data that organizations process and store is growing, increasing the need for privacy practices and security. Computing environments have become extremely complex and routinely include numerous data sources from the cloud, corporate data centers, Iota sensors, third-party servers and other platforms. This complexity increases the risk of attack and makes it more difficult for businesses to monitor and protect their data. It is crucial for organizations to incorporate data security and privacy policies into a robust data governance strategy to prevent data leakage and achieve regulatory compliance. Many companies believe their data security policies cover data protection and vice versa, but data security and data protection are not synonymous. There is a distinctive difference between data security and data protection. Data protection covers procedures and guidelines that control the collection, storage, disclosure and use of personal data (PII), sensitive personal data (SPI) and company information. This refers to the rules and regulations that ensure that personal information is managed in the same manner as the data subject preferences. According to the Verizon Data Leakage Investigation Report (DBIR), between 2019 and 2021, a total of 79,635 reportable data breach cases occurred worldwide, resulting in losses of up to $4.2 billion. As with last year, financially motivated attacks were the most common, and organized criminals remain number one. Data security is commonly referred to as information confidentiality, availability, and integrity. It all about practices and procedures focused on protecting sensitive or confidential data from unauthorized access, cyber-attacks, and accidental or intentional data loss. Data security also ensures that your data is accurate, reliable, and available to authorised users. Everyone, from individuals to high-level businesses and governments, can be exposed to data breaches. More importantly, anyone can endanger others if not protected. In many cases, a small password change cannot protect against a data breach. From global corporations to small businesses, data breaches can have a devastating impact on a company reputation and financial results. And beyond the operational or financial impact, reputational impact can last well beyond the incident itself. Breaches can lead to the exposure of social security numbers, personal information, and bank details. According to a Checkpoint report, Indian organizations are hit by an average of 213 ransom ware attacks each week, with 2021 seeing the most ransom ware attacks. A new law, the Personal Data Protection Bill (PDP), is currently being submitted to Parliament, suggesting a major overhaul of India current data protection regime. It proposes that data is processed by enterprises with restrictions to ensure that only the data needed to serve stakeholders is collected. It also includes requirements for data localisation and the appointment of data protection officers within an organisation. It is important for any organisation to build a resilient

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Dedicated freight corridors, a You increase of 75 pct., underlining the Government priorities on this front. What is really encouraging is a recent statement by railway minister Ashwini Vaishnav indicating that the government intends to bring 3000 new Vande Bharat Express trains over the next 5 to 6 years. This push will create its own demand for a localized or substantially localized eco-system to support this initiative and enable homegrown companies like Amber who are well positioned to deliver world-class solutions in the railway sub-systems space. Homegrown champions Another name to reckon with in the mobility space is Titagarh Rail Systems, formerly known as Titagarh Wagons. This homegrown manufacturing major based in Kolkata started off by manufacturing steel castings for the Indian Railways but the big leap happened in 1997 when they ventured into freight wagon manufacturing. Propelled by the make in India and the Atmanirbhar Bharat themes, today Titagarh Rail Systems is an Indian transnational and manufacturing major with interests across the freight and passenger rail systems, component manufacturing, defence and shipbuilding, supported by facilities in India and Italy. Similarly, take the case of Amber Enterprises. A homegrown enterprise in the heating, ventilation and air cooling (HVAC) space, the company has come forward and leveraged various Government initiatives such as production linked incentive (PLI) scheme and has also taken to acquisitions to consolidate its market in the HVAC space in the mobility segment in India. In fact, the entry of Amber in the HVAC mobility application products space has allowed the company to adapt and cater to a diverse range of clientele and secure major projects such as RRTS, DMRC RS17, and Chennai Metro Phase 2. This has also allowed the company to innovate new products for various industries and fully leverage the Make in India story by manufacturing critical components, indigenously. Apart from mobility, this domestic manufacturing major is chartering its way up the value chain in railway subsystems by entering new products like doors, gangways and pantry systems. There are many more such stories of innovation and localization across the Indian manufacturing landscape. Sidwal for example, now acquired by Amber Industries itself, is a case in point. A market leader in railway, metro, bus and defence HVAC segments, Sidwal continued focus on research and development has positioned it at the forefront of technical innovations and today it contributes to prestigious trains like Vande Bharat Express & Rapid Railway Transport System (RRTS) a flagship project for HVAC mobility, Shatabdi Express, Rajdhani Express, and luxury tourist trains such as the Palace on Wheels, Deccan Odyssey, and Maharaja Express. Building the manufacturing eco-system in India A key impact of the PLI and the phased manufacturing program (PMP) schemes is that today, given tariff and non-tariff barriers, companies including MNCs are increasingly moving to source components from India and then moving up the value chain in that sense, from mere assembling. And that a welcome trend for a country which aspires to be a global manuf

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While we must assimilate into our management systems the latest advances in management science all over the world, the methods that we adopt would have to conform to our traditions and culture. They must be adapted to mesh with the characteristics of our trade and industry and, above all, our society. There must be no robotic application and we must remember that we too have had a long and ancient tradition of economic enquiry, trade and enterprise. We must make use of our traditional strengths, suitably modified to fit into present circumstances so that our modern management practices are compatible with our conditions and our genius. When we are able to evolve our own brand of management best suited to our needs, we will succeed in raising Indian industry more rapidly to the same league as that of major industrialised countries of the world. Major transformations have been taking place over the last few years in the international political and economic scene. The end of the cold war has given rise to hope of a new era of concern for the more basic issues facing the human race, such as concerns for economic development, ecological preservation and elimination of hunger and poverty. There has been a gradual decline of the dogma and the emergence of a new pragmatism. The advantages of the market over centralised allocation of resources and its role in aiding the forces of economic growth have been recognized. However, while the new era has brought in many positive integrative trends through developments of technology and the emergence of a global market place, the lack of development and growing poverty in many parts of the world, the tendency to from economie blocs and continuation of the North-South divide have produced many new difficulties that can deflect us from our pursuit of economic development. Thus, the coming years pose opportunities and challenges for all of us. Yli will have possibilities again. With a fast-growing middle class sitting on a per capita GDP of about $2400, an economy well poised to be among the top 3 in the world and a geopolitical inflexion point which could be smartly leveraged, this is an opportunity whose time has come. Books are like coffers filled, not with gold or silver, but with high ideals, and the wisdom of our forefathers. If we learn to love books, we need no other riches. However, we must read the right kind of books. Just as we need nourishing food for the body, similarly we need to read good books to enrich our minds. Much for granted that we notice its existence only when there is a power cut and life comes to a standstill. Can you think of all the things you could not have done without electricity? Imagine, you could not have watched television or even seen a film in a cinema hall. You would have had to study by candle light with no fans or air conditioner. Ice creams, soft drinks and cold water would have been unheard of. Your kitchen coffers filled too would have been very different from what you see now. There would have been no toaster, blender, electric oven, induction cooker or electric chimney. Electricity has truly revolutionized life in the twentieth century. The field of medicine has spe

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Quite another. By now every doctor in the country should be familiar with growing antimicrobial resistance and what their role in curbing its spread needs to be, but their prescription behavior remains largely unreformed. The latest ICMR attempt to reform this behavior involves advising doctors to avoid using antibiotics in conditions such as low grade fever and viral bronchitis, plus plan a stop date in advance to ensure that antibiotics are not given beyond the recommended duration. The costs of using antimicrobial prescriptions for syndrome management rather than based on a definitive diagnosis have been showing up in multiple ICMR studies of recent years. Last year data for example indicates that resistance to Impanel, which is used to treat infections caused by bacteria E coli, has increased from 14 in 2016 to 36 in 2021. While the 360° reality is that such resistance is also being fed by the food industry, contaminated soil and poor sanitation, doctors and hospitals have a direct role in the matter, and they are being asked for quite a straightforward change in practice. On the regulator side too, the crisis simply has been tackled as rigorously as needed. For example, instead of still being at pilot stage, stewardship programmers should by now have spread across hospitals, transparently reporting in both prevalent and targeted levels of antibiotic use. The challenge is of course made worse by how widely chemists stand in for doctors, dishing out antibiotics as blithely as if these were oranges. ICMR, CDSCO and state drug controllers all need to step up the audits and updating needed to depress antimicrobial resistance. With campaigning for municipal polls in Delhi underway, here a quick question: How many voters know the name of their municipal councilor candidates? On billboards across the capital, two faces dominate: PM Modi and Delhi CM Kejriwal. Congress may be running a distinctly low decibel campaign, but their publicity material focuses largely on the Gandhi family even though the party has a new non Gandhi president. A municipal election is being fought in the name of nationally recognised leaders. There was an article in the Washington Post recently about the long running feud between Argentina and Brazil fans in Bangladesh. This apparently amuses and befuddles their readers, as it would if they came to know of similar clashes in Kerala between Argentina and Brazil fans. Begaani shaadi mein Abdullah deewana, they would have said, if they knew what the phrase meant. Here is how it works. Since the odds of solving global warming in our lifetimes are higher than the odds of our countries qualifying for the football World Cup, we, sir, choose to choose our own country. And for me that is Argentina. Brazil would have been my first choice though, growing up in Communist Bengal, where government programming told us that football was the game of the proletariat, and cricket the game of the patricians and that the brotherhood of oppressed nations made us natural kind of Brazil. Add to it.

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One step ahead in client risk management. ADP experience in data protection spans more than 70 years, as we have been protecting our clients data and earning their trust since 1949. Throughout this time, we understand a strong, well-assigned governance structure needs to be at the heart of a company privacy regime. It is important to develop a formal incident response plan that includes clear, documented policies, roles, and responsibilities to ensure that all security incidents are addressed in a timely, professional, and appropriate manner. To respond quickly to security threats, tools that can monitor and generate alerts for suspicious activity and security breaches are necessary. One of the most important steps for effective data protection is knowing exactly what data is stored and where. By accurately identifying data flows and their vulnerabilities, organizations can make informed decisions about what steps to take to protect data flows. Large organizations use data detection tools as a practice to search sensitive data on corporate networks and find data on unauthorized computers, often with the option to delete or encrypt the data. With increasing data protection regulations, transparency is important for both compliance and the establishment of effective data protection guidelines. Since COVID-19, individuals were asked to work from home, and many were not provided with secure equipment. Rather, organizations adopted Bring Your Own Device (BYOD) policies to increase productivity and reduce costs. In doing so, they often ignored the security implications. Accessing sensitive information on personal devices means that data is transferred outside the boundaries of the corporate network. Large organizations have limited types of data that can be transferred outside of corporate devices. To mitigate the risks involved, policies can be developed that mark the trust level of the device. In this way, employees have the opportunity to align the security of their personal devices with the company internal guidelines and prevent sensitive data from being transferred when not in use. SMEs can follow in the footsteps of large organizations and adopt practices to protect and secure their data from both internal and external threats. India is set on a target of reducing around 1 billion tons of carbon emissions by 2030. Though this is imperative and a huge task to undertake, this massive aspiration calls for huge changes in infrastructure and technological innovations, which will be able to achieve and sustain this feat. How can this massive capacity be generated is the primary question. It is important that we move in the direction of change by continuously strengthening our hold. This will ensure implementation that is sustainable which does not break under the hefty pressures of population & development. Any solution that is devised should work on three levels Macro, Meson, Micro. The three layers of combined efforts, determination & reduction will help bring about a top to bottom holistic change that has larger impacts. At the Macro level, various policies like water policies, waste policies, cleaning water bodies projects, linking river proje

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Our last article on the current state of courtesy and etiquette among the current generation elicited quite a few enthusiastic responses. These were divided into two clear camps. Camp 1 was those who say please and thank you even to AI in the hope of mercy from the overlords when the world turns over to technology in the hopefully very distant future. Camp 2 was people who spoke about how it is not a lack of courtesy, but that the current generation has overthrown the shackles of fear and restriction. The current generation is not afraid to speak their mind and therefore, comes across as discourteous. While we agree that today children and young adults have the freedom to speak their minds and do put it to use, that is communication, not courtesy. Courtesy is not about age, and neither is etiquette. Courtesy and etiquette do not demand that you keep your thoughts to yourself or abide by someone else rules. It is about holding your own space while also respecting that the other person or persons have a personal space of their own and honouring the basic rules of humanity. I resonate with Dorothy Parker words; the cure for boredom is curiosity. There is no cure for discourtesy. According to the now infrequently used Oxford Dictionary, the meaning of courtesy is polite and pleasant behavior that shows respect for other people or a polite thing that you say or do when you meet people in formal situations. There is nothing here that indicates that freedom of speech is not allowed or that a younger person must blindly listen to elders. However, it does require that you treat the person in front of you as a member of the human race. This is not restricted to people who are older than you or above you in terms of designation. You can show courtesy even to those younger than you. It is a matter of respecting the value of the other person time and effort. Sometimes, it may mean acknowledging the existence of a person. As Lewis Carroll himself said, take more care of the sense, and the sounds will take care of themselves. The sense here is the respect for another person who is setting aside time for you or taking the effort to do something for you. It does not take too much effort to say a simple word like thank you, orry or please. But the benefits that it brings to you are multiple. However, like a lot of other things, this takes practice. If you do not practice courtesy on a regular basis, then it will not be what you do when you are in a situation of stress. That means it will not serve you when you need it the most. It is funny that in today times pets are treated with more care and respect than people. People get offended when their pets are referred to in the neutral gender or as that dog cat animal they are bringing up. However, the same courtesy is not afforded to people. The descent of language into pure madness has also contributed to this situation. All right became fine, which became fun, which eventually descended into a single emoji. People now do not have time to type out complete words on their smartphones. These are the phones that can use smart AI to predict your words and your sentences on the basis of your usage. The phones can even

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Sometimes the evolution feels like a curse rather than progress. And if you think courtesy is a restriction on expressing yourself freely, may we recommend that you watch how the Countess Violet Crawley from Downtown Abbey speaks? She is a master class in speaking your heart and yet confining to the, admittedly, very stringent restrictions of the Victorian period. Even the best of us could learn a lesson or two from her. If you have now understood the difference between courtesy and communication and would like to learn the basics or wish someone had a few tips for you, you know what to do! That is right – stay tuned for the next edition of this article. We hope to be back with some tips and tricks for you. It often begins in conversation. A gentle sparring of ideas with a dear friend someone I respect deeply. If you reject western modernity, they ask, and then what is modernity to you? It a fair question. One I keep returning to. Because today world is obsessed with the appearance of progress: faster trains, smarter phones, borderless love, genderless roles. But beneath the shimmer, I see fractures. In intimacy. In community. In meaning. That when it struck me: we do need borrowed modernity. We need cultivated modernity something that does erase who we are, but bring forth who we could be. To me, modernity is a mindset, not a timestamp. It is the capacity to evolve consciously guided by reason, values, and compassion while responding wisely to the moral, technological, and ecological questions of our time. This is about rejecting tradition or idolizing the West. It about asking: can we design a future that emotionally intelligent, ecologically sane, and ethically grounded without outsourcing our imagination? The western modernity mirage let begin with the allure. Western modernity sells speed as efficiency, choice as freedom, detachment as growth. It offers clean aesthetics, fewer responsibilities, and obsessive individualism. But underneath, it runs on profit not purpose. In cities across the globe, intimacy is now filtered through apps and algorithms. The new markers of adulthood are wisdom, commitment, or community but financial autonomy, sexual freedom, and emotional nonchalance. We chased happiness in malls, cafes, and co-working spaces only to find sand in our hands. We mistook convenience for evolution. What we lost in the trade-off Take modern relationships. They flaunt freedom no roles, no expectations, no dependency. Sounds liberating. But look closer. What we call evolved is often just emotionally undercooked. We say: We do believe in traditional roles. Cool. But we also don believe in effort. No nurturing, no checking in, no caring too much. Just ordering in, splitting bills, and calling it equality. We label accountability as drama, effort as clingy, and expectations as toxic. Were not evolving. Were just escaping better. Love has become transactional measured in convenience and bandwidth. And when things get hard? We walk away. We don want to cook, not because of time, but because we ve forgotten that love lives in the mundane. We do expect anything of each other and call it a virtue. But real intimacy needs expectations. It ne

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Reality is making waves within education across the globe. With VR, students are taking virtual field trips to outer space, observing the molecular structure of human anatomy, and exploring the Eiffel Tower from the confines of their schools and homes. The life-like environment that VR offers presents an entirely new way to observe our surroundings, learn new concepts, and explore far-off realms considered relatively inaccessible due to physical limitations. Now imagine the wonders VR can do in special education classrooms, where students face significant challenges in various aspects of their daily lives, including education, social performance, and personal relationships. How VR can make a difference Students with special needs require a different approach to learning, which can be provided effectively via VR-based technology. By leveraging VR technology, education can be delivered in a more efficient way than ever imagined, offering learners of all kinds to be in more control of their own learning through autonomy, and self-paced, self-directed learning environments. Removing distractions, as VR does, promotes focused concentration on the topic at hand, and the security of a pressure-free, judgment-free environment. That students actively seek out a chance to learn inside VR means that motivation is drastically increased, and student affect is lowered. These are fantastic conditions for anyone to successfully learn within. Overcoming physical barriers Imagine an individual in a wheelchair enjoying surfing in a virtual environment! The joy and thrill of being able to do something that is physically impossible, can be an empowering experience. For some differently-abled learners, physical impediments may limit their ability to learn certain concepts in a classroom. A 3D-simulated environment in VR can help them access relatively unattainable learning experiences as they get an opportunity to navigate a virtual environment, autonomously. A safe space for learners Many learners with physical or mental challenges may take longer to get acquainted with a social environment, and might feel uncomfortable in a social setting such as a classroom. With VR, there is an opportunity to learn in a non-threatening environment. A virtual environment that imitates real-life offers a safe space for learners, thereby fostering a healthy relationship with learning. Allows self-paced learning VR-based immersive and experiential learning helps to create a deeper level of engagement with target topics. The learning process involves virtual experiences which can be performed at one pace, in a self-directed environment. If students don understand a concept the first time, VR allows them to go through it as many times as they want, till they are familiar with it. Improves social skills and enhances self-esteem Certain VR learning modules allow users to interact with real or virtual avatars in situational, life imitating settings. This provides learners with different abilities a chance to explore social opportunities they may not typically find in classrooms, allowing them to build social skills confidently by interacting with avatars. Learners may have an option to

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Quite another. By now every doctor in the country should be familiar with growing antimicrobial resistance and what their role in curbing its spread needs to be, but their prescription behavior remains largely unreformed. The latest ICMR attempt to reform this behavior involves advising doctors to avoid using antibiotics in conditions such as low grade fever and viral bronchitis, plus plan a stop date in advance to ensure that antibiotics are not given beyond the recommended duration. The costs of using antimicrobial prescriptions for syndrome management rather than based on a definitive diagnosis have been showing up in multiple ICMR studies of recent years. Last year data for example indicates that resistance to Impanel, which is used to treat infections caused by bacteria E coli, has increased from 14 in 2016 to 36 in 2021. While the 360° reality is that such resistance is also being fed by the food industry, contaminated soil and poor sanitation, doctors and hospitals have a direct role in the matter, and they are being asked for quite a straightforward change in practice. On the regulator side too, the crisis simply has been tackled as rigorously as needed. For example, instead of still being at pilot stage, stewardship programmers should by now have spread across hospitals, transparently reporting in both prevalent and targeted levels of antibiotic use. The challenge is of course made worse by how widely chemists stand in for doctors, dishing out antibiotics as blithely as if these were oranges. ICMR, CDSCO and state drug controllers all need to step up the audits and updating needed to depress antimicrobial resistance. With campaigning for municipal polls in Delhi underway, here a quick question: How many voters know the name of their municipal councilor candidates? On billboards across the capital, two faces dominate: PM Modi and Delhi CM Kejriwal. Congress may be running a distinctly low decibel campaign, but their publicity material focuses largely on the Gandhi family even though the party has a new non Gandhi president. A municipal election is being fought in the name of nationally recognised leaders. There was an article in the Washington Post recently about the long running feud between Argentina and Brazil fans in Bangladesh. This apparently amuses and befuddles their readers, as it would if they came to know of similar clashes in Kerala between Argentina and Brazil fans. Begaani shaadi mein Abdullah deewana, they would have said, if they knew what the phrase meant. Here is how it works. Since the odds of solving global warming in our lifetimes are higher than the odds of our countries qualifying for the football World Cup, we, sir, choose to choose our own country. And for me that is Argentina. Brazil would have been my first choice though, growing up in Communist Bengal, where government programming told us that football was the game of the proletariat, and cricket the game of the patricians and that the brotherhood of oppressed nations made us natural kind of Brazil. Add to it.

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Their own bodies. Learning cannot be confined to the classroom. With the help of VR simulated learning, educational institutes can provide students with a whole new learning experience that is practical and personal. By integrating VR into classrooms, it is possible to make education more inclusive. VR based learning ensures high retention rates owing to multimodal exposure to simulation, as compared to traditional ways of learning in classrooms. This also helps in boosting a child imagination and creativity. VR led environments offer a world of opportunities waiting to be explored. The war of poll promises in the Gujarat assembly elections bears scrutiny, especially since the keenly anticipated BJP election manifesto has finally been released. The manifesto plays to the Hindutva gallery by promising to implement Uniform Civil Code recommendations, a law for seizing assets of rioters, a deradicalisation cell in the police, and strict curbs on religious conversion. This is not mere rhetoric. BJP has shown that promises like these have significant resonance among a section of Gujarat voters and neither Congress nor even AAP occasional Hindutva lite forays have anything to counter this. While BJP seems to have set the terms of the social, cultural and political discourse, there one area where parties are virtually unrecognisable from each other. The competition to promise welfare and freebies has become the common denominator in Indian politics, irrespective of whether a government is able to deliver them. Opposition parties generally tend to overpromise. Congress/AAP promises to offer free power, free education, free healthcare, subsidised cylinders, old pension scheme, farm debt waiver etc have been matched by BJP with free education, free healthcare, two free cylinders, subsidised chana and cooking oil. There are even free electric scooters for college going girls among BJP offerings, something freebie savvy Tamil Nadu junked citing low collective benefits. It is time that delivering goods, services and cash for free or at subsidised rates also factors in quality and capacity. Quality education, not just free access, uplifts students. Similarly, the 99 shortage of specialists in Gujarat government hospitals does inspire confidence in BJP Congress promises like free medical treatment and diagnostic services. Freebie promises will face reality checks by voters, with bitter experiences of poor delivery. Moreover, the middle class are looking beyond freebies. This is where AAP and Congress freebie first approach fails to threaten BJP adequately. While BJP has also joined the freebie game, it is clearly an attempt to not cede the pro poor platform entirely to the opposition. Meanwhile, its middle class outreach is as strong as ever. The promise of making Gujarat a $1 trillion economy and bringing the Olympics to Ahmedabad in 2036 typifies how BJP is covering all bases. With the three parties promising to generate 10 lakh and 20 lakh jobs between them, can Gujarat provide India a template for job full growth? Unlikely. That remains the key promise our nets continue to fail to deliver. Knowing what needed to solve a problem is one thing, but doing i

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The fact that they played an attractive Jog Bonito game of flashy footman ship that contrasted sharply with the humdrum aerial ball cross header game of the colonial teams, and that they had a jersey that stood out in early color TV sets, and very memorable player names that were oh so intellectual (I mean which other team had a star by the name of Socrates, who was a Communist?), and failing it all, the land of Pele, and one begins to understand why growing up, Brazil was the only game in Calcutta town. Till 1986. And Diego Mara Dona, first giving the old colonial masters, the British, a hand and then the foot, the greatest goal ever to be seen, and also ripping through the Belgian defence for good measure. Argentina became my team, and they got bonus points for having sent a nearly full strength team (minus Mara Dona) to the 84 Nehru Cup in Calcutta, at a time all successful endeavors were leaving it. Mara Dona became like my first love, every star in the future to be judged against him, and no one ever measuring up. To be honest, I do think I will ever throw bricks for Argentina, but I will support them, this World Cup and for all others, till they get eliminated usually on penalties, after which I will, of course, root for Brazil, and after that every non-European nation all the way to the very end. Kinship of the oppressed, we are like this only. From a sacrifice of unparalleled proportions, emerged the spirit and saga of one of the world greatest gurus and it has a lot to teach us. Given the fact that today world amplifies major problems and is rampant with religious bigotry and dogmatism, the relevance of secularism and religious tolerance is paramount. Our very survival depends on it. While protests and outrage surface against religious bigotry, they are at best a muted roar of toothless tigers. There is a clarion call for remedial measures, and it rings loud and clear. Peace and harmony need to be engendered not merely in spirit but also in action. One of the greatest champions of such secular action was the ninth Sikh guru, Guru Tight Abrader, who gave up his life for the cause. Known as Hind Ki Cheddar, protector of India religious freedom, the Guru 54 year lifespan saw him ceaselessly striving against religious tyranny and injustice. Championing the right to practice one religion and principles, the Guru sacrificed his life to save Kashmiri Pundits. A significant contribution to religious tolerance and secularism, his sacrifice remains unparalleled in Indian history. By giving up his life, the Guru imparted the message that, no matter what the odds, people had the right to total religious, spiritual and cultural freedom. Secularism was but one noble cause Guru Tight Abrader cherished and nurtured in his vast repertoire. His vision extended far beyond, and his exalted thoughts and actions guided his life and shaped his.

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Philosophy the Guru was a mystic and not a political theorist, and his perception and actions contributed significantly to the canvas of Indian spiritual traditions. His thoughts and sermons that include verses pertaining to eternal truth and beauty, are preserved in the Guru Grant Sahib. Believing that real wealth and life true essence lay in being kind, humble, pious and compassionate, he espoused the fact that the world complex, nebulous dimensions could only be understood by doing good deeds. In his perception, God name is our only enduring support. The path to fulfillment could be traversed by applying our mind to spiritual matters rather than material wealth. Life ultimate purpose was complete devotion and homage to God, who could be reached within and not without. The Guru principles and actions have inspired millions. His sacrifice and martyrdom engendered a new spirit of bravery, based on the ideals of freedom and dignity. It also built bridges between different communities, earlier espoused and nurtured by Guru Nanak Dev., the founder of Sikhism. There is unanimity in the fact that society and mankind owe a great debt of gratitude to Guru Tight Abrader. But mere realization of this ins enough. It is imperative that historically, religiously, and politically, the Guru legacy be regularly showcased for the betterment of a troubled world and turbulent society. Otherwise, the sacrifice of the Guru precious life would have been in vain. And the world will be the poorer for it. Homo sapiens is an exceptional breed. We, unlike other mammals, have evolved our lot to harness instruments designed primarily for respiration and ingestion for something truly unique and special: speech and expression. Our lips, tongue, and other elements of the vocal apparatus were in place primarily for feeding and breathing. We, however, decided to put the package to better use: articulation. Something that the non-human primates could. This idiosyncrasy is at the core of our human race. We make things better. Once we learnt to vocalize, communication ceased to remain just about assigning sounds to thoughts. We ventured out. It was our turn to draw. We developed symbols. We learnt the value of longevity and impact in communication. 30, 000 years have passed since. We continue to transform. From Rock Art to Cave Paintings. From Cave Paintings to Writing. To advance has been our call. Today we live in an age where memes are a generation way of keeping in touch. This is not an anomaly. This is a historical trend. This is our evolution. Our world has over 7 billion people. A portal called Facebook has around 3 billion active users. There no escaping the fact that the architecture of our expression has changed. The landscape of our communication has changed. We are no more in the world we were in two decades ago. Were no more in a world of even a decade ago. Today, social media is not a fad. It us. It how we see. It how we know. It how we feel.

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It how we decide to be. This realization is deep within most of our people. It time the big and the old organizations of the world also see it for what this new age is set out to be the age of engagement. The long in the tooth theory of organization is over. People no more see organizations as machines but as a collection of human beings interacting with other human beings deserving to be heard. The age of keeping people remain deliberately unheard is over. Today one can do it at one own peril. Surveys have found that if consumers do not receive an answer to their complaints they have addressed to the company, on social media, then more than 80 of those people will not recommend that company to the people they know. On the other end, customers are likely to spend up to 40 per cent more with companies that interact with them on social media making them feel heard, cared for, and respected. An up to the minute study has also found that about 40 per cent of customers expect a company to respond within the first hour. This number ascends to 80 per cent when it comes to the expectation of a response within the first 24 hours. Failing to engage is fatal. Companies that do not engage with their customers on social media are losing them. Studies demonstrate that unresponsive companies keep losing customers perennially with a churn rate of 15 per cent when compared to brands that make an effort to respond on social media. Social media also provides deep customer insights that can not only burnish existing products with versions but also spark ideas to womb new products in innovation. These statistics point to one clear message: developing a first string social media architecture is now indispensable for any organization that wants to either survive or excel. For, social media also is the only service channel with public exposure. It, therefore, with a brawny community of about 5 billion people, has the power to make or break corporations. It can turn corporations into cults and also cancel one to capitulation. A good response can add glory to your brand and a bad one can turn your mighty castle into the sand. It both the way and the wall. Organizations, therefore, need to approach the development and operations of their social media architecture with earnestness. It sacrosanct to staff the team with people equipped with distinct new media skills. Social media demands people who are not only the habile surveyor of its architecture but also have the language tools in the quiver to hit when opportunities call for it. Organizations should learn to appreciate that social media is not one of your departments. It your every department blended into one. It not just another actor. It the lead. It what decides if your story will be heard. A sturdy social media strategy needs to be premised on the understanding of the platform, modeled.

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On the demographics of the audience, designed around the goals of the business, roofed by the expectation of the customer, and made lustrous by the beauty of interaction. When it comes to social media, hitting the nail on the head is not simple. However, with a well thought out strategy, a proficient and dedicated team that is by rights empowered and a management that has the courage of its conviction to usher in a new dawn: it can be done. It entirely possible to triumph in this age. There are exemplars out there who are shooting for the stars and at times even landing on them with flags of their brand in hand. The writing, however, is clear on the wall for those who are still stuck with the dead and buried service channels. To win in this age: you have to bring yourself out of the cage. Interaction is no more a luxury. It your very product. Build it well. And it will build you. As businesses grow, managing them becomes a complex task that existing tools sometimes cannot keep pace with. As demands increase, not having the right tools may put your business at risk. Standalone applications, information silos, and manual processes are the significant challenges that all growing companies face. The management in such organizations must look for easy to use, secure, scalable, customizable, and affordable digital solutions that can help transform their organization for scale and agility. Progressive businesses often outgrow their off the shelf accounting software or legacy ERP systems that are unable to handle the increased complexity of operations, resources, inventory, and transactions. They realize that the software they are using lacks integration with other line of business systems and has reporting limitations. They also experience constraints around scalability, mobility, and cloud. However, the acceleration of the digital transformation journey has become much easier and more accessible now. There's never been a better time for businesses to update their legacy systems. The cloud has opened new opportunities for companies of all sizes to affordably expand capabilities, establish greater efficiency and mobility, and prepare for ever changing business needs. Upgrading your systems to an integrated and modern cloud solution is now much easier and more cost effective. Although there are many business management solutions in the market, businesses would agree that selecting the right platform is hard. The key considerations include platform strength, process coverage, reliability, support, and costs. SMBs would not want to be held down with technical issues and need highly capable in house IT and infrastructure to run and maintain such solutions. At the same time, businesses should not limit themselves to their current scale and scenarios but look for solutions that are flexible to handle much larger and more complex business situations in the future. Cloud based solutions like Microsoft Dynamics 365 Business Central are designed for growing businesses to easily and seamlessly connect people and processes throughout their organization with an all in one business management suite. Dynamics 365 Business.

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Central is deeply integrated with systems already being used in such organizations, such as Office 365 and Outlook, enabling them to leverage office document management, operations, and collaborative tools. Centralizing these functions can then be used to provide the business owner with better decision making capabilities through Business Central built in intelligence and organization features. Moreover, Dynamics 365 Business Central brings much needed flexibility to the core of the business, enabling SMBs to grow at their own pace and adapt in real time. That means businesses can start small with the right fit for employees roles, industry, and business needs and extend business evolution and growth. The solution also comes with inbuilt features that address local regulatory and compliance requirements for ease of business. For example, the tax engine of Business Central takes away the hassles of managing constantly updating scenarios for Goods and Services Tax (GST), Tax Deducted at Source (TDS), and Tax Collected at Source (TCS), etc. Here are a few ways solutions like Dynamics 365 Business Central play a significant role for small and medium sized businesses in India: 1. Grows with your business: SMBs are often required to utilize the full suite of modules available in Dynamics 365 Business Central. So, businesses can start with as many (or few) users and modules as they want and grow as their needs grow. As it is built on Microsoft Intelligent Cloud, Business Central will scale and perform as volumes grow. Also low code environment, it is easy to tailor the system quickly for specific needs. Thus, the SMB time taken for customizations and updates is much less compared to custom ERP solutions. With pre built connectors and apps available on Microsoft AppSource, easy, 3 red party integrations and any horizontal or vertical specific add on functionality can be designed to work seamlessly with Business Central. Thus, the system enables flexible implementations which can be made specifically to work with every type and scale of business. 2. Connects various aspects of business: Dynamics 365 Business Central connects teams and processes with a single, unified solution so that data can be quickly and easily shared with key people throughout the company. Dynamics 365 Business Central automates and streamlines business processes such as finance, sales, manufacturing, distribution, and project management are all integrated. Hence, users can access the latest data and respond to customer requests faster with the most accurate information. The system also synchronizes common data types such as customers, contacts, and sales information and keeps the data up to date in all locations. The all in one nature of the solution helps removes silos. Moreover, departments and processes are well connected through integration with Outlook and Office 365, so business data and processes are leveraged to enhance the people functions. 3. Helps get rid of legacy solutions: Dynamics 365 Business Central is a modern, evolved, cloud based platform that makes it a practical and cost effective upgrade from native accounting software or legacy ERP systems. As organization

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Maharashtrian politics was once famed for its overarching stability. Except for one short term, Congress coalitions governed the state almost continuously until 2014. But in the Modi era, it has turned into a state with the most fluid politics. However, speaker Rahul Narwekar finding in favour of the Shinde Sena faction won fundamentally rewrite the script of coming electoral battles. There a near duopoly between Boeing and Airbus in passenger aircraft manufacturing, with others making up a small part of the global market. Boeing 737 platform, which was introduced in 1967, and Airbus A320neo family are the workhorses for airlines in major markets. Even the supply chain delivering critical components to these companies is limited to a handful such as Pratt & Whitney and GE for engines. Safety disruptions There have been repeated disruptions to aviation markets because this narrow supply base of planes and their engines have faced safety issues recently. If it was Boeing Max 8 range problems with crashes in 2018 and 2019, Pratt & Whitney issues have impacted Indian aviation. Market leader IndiGo has cautioned that it may face disruption between January and March if planes are grounded because of issues with these engines. The only challenge to this limited supply base right now is in the form of China state-owned Comac. Backed by billions of dollars of subsidies, Comac C919 has taken on Boeing 737 Max 8. However, there a catch. The C919 engine comes from GE and Safran. Even state-backed Comac has to circle back to Western suppliers of critical parts. India chance India the dark horse here. There are two things going for it. The expanding size of the aviation market will force Western aviation companies to look at setting more local assembly lines. It provides an opening because India does carry the burden of China geopolitical revisionism. For example, the agreement between GE and HAL for joint production of jet engines can lead to local diffusion of knowledge. It for Indian industry to use these opportunities to evolve and emerge as a serious challenger. Maharashtra speaker Rahul Narwekar took more than 18 months to decide on petitions for disqualification of MLAs filed by Shinde Sena and Uddhav Sena. But post-decision, don expect Maharashtra politics to be any simpler. SC again Narwekar said Shinde is the real Sena. EC had granted Shinde the party symbol. The speaker ruling came because Supreme Court had asked him to determine which is the political wing of Sena. That ruling led to the nub of his decision that Uddhav did not have the jurisdiction to remove Shinde. This likely made Uddhav Sena say yesterday it will move SC again. The bigger question before Narwekar was this when Shinde-plus-40 MLAs rebelled against then-CM Uddhav, who had the power to decide on the Sena legislators course? And from that it would follow, whether it was for the rebel faction to decide its legislative leader. SC had clearly accorded primacy to the political party over its legislative wing. Therefore, a party constitution and the writ of its president have priority over what legislators decide. Narwekar saying Uddhav Sena 2018 constitution, which made Uddhav party

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Seas Shinde is safe, his team is intact. But his troubles may not be over. It may come from within. BJP looms large. It has Ajit Pawar, who gives BJP street cred in some Maharashtra regions. It really too early for Team Shinde to celebrate. And there more Since its 2019 assembly election, Maharashtra has been in political turmoil. That will continue. The speaker must decide on NCP factions by January 31. That all likely trigger another round of neta-circus. Everything bound to get murkier. The profound wisdom encapsulated in one of the four Mahavakyas, at Tvam Asi from Chhandogya Upanishad beckons us to explore the profound interconnectedness that permeates our existence. Even the smallest drop in the ocean contains the same water as a huge wave. Similarly, the bubble, whether small or big, contains the same water. So, all the forms of humans or other sentient beings, while appearing different, share an absolute reality that is singular. Understanding this nondual existence represents the highest knowledge. But before understanding God, you must know who you are. Who is asking the question? Who wishes to know God? Who wishes to know the reality, the truth? So, you begin by understanding your existence first, and what here is exactly similar there also. If you understand human anatomy, everybody has one heart, two lungs, two kidneys, two legs, two eyes, two ears there no difference. Everybody has the same red blood cells and white blood cells, and everybody has the same system of chromosomes and cells that run the body no difference. Similarly, all bodies are composed of the same five elements earth, water, fire, air, and ether. Everyone breathes the same air, and everyone possesses the same pranic cosmic energy. So, there is just Oneness, and everyone shares the same. If you microscopically understand this, then you will find this I is not many. At its core, there is a non-dual existence. You and I are not two different entities neither a disciple nor the guru. Both are one. This realisation is termed non-dual, representing the highest knowledge that only a few blessed ones understand, Tat Tvam Asi I am That The burdens of the mind, body, and bondages, along with ignorance and darkness, get blown away. When I am not this body mind unit, the limitations or weaknesses of the mind and body are not mine. I am neither inferior nor superior to anyone. Comparatively, peeling an onion reveals layer after layer, but in the end, nothing remains. Similarly, peeling off the layers of the body realising I am not the body, not the five senses, not the senses of action, not the mind, not the intellect reveals the pure Self. Yet, the strong association and identification with the body and mind pose a challenge to understanding this truth. It takes time to fathom how, if I am not the body, then who am I? The association is deep, subtle, and complex. Understanding this depth of knowledge and reaching the point where clarity emerges requires a static, purified mind untouched by desires, ambitions, and pursuing material success. Many of us who are busy with such pursuits are not in touch with reality. It takes time. A yogic, calm mind, a disciplined body, and a

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To experience an experience, you must be present to an experience. If we are present to what is, we will realise how our past starts interfering with the present experience. A passenger tapped the cab driver to ask a question. The cab driver lost control, nearly hit another car, missed a truck, went off the road, onto the kerb and stopped inches from a shop. For a minute, there was silence. You scared me to death, the driver screamed. The passenger apologised and said, I did not know gently tapping your shoulder could create such a panic. The driver replied, orry. It is not your mistake. Today is my first day as a cab driver. For the past ten years, I have been ferrying dead bodies in a van. The past influences our experiences, so we must be conscious and aware. We must be present in what is and not allow the past to shape our present. When you are unhappy, there is a payoff. People give you sympathy. When you are happy, you must pay a price…people feel jealous of you. So, unhappiness has a deceptive gain in that you get sympathy from people around, and it misleads you into believing that sympathy equals love. So, first one must renounce this myth. When you get sympathy, you get attention, delicious food for the ego. Since childhood, you vet played this racket of getting attention. As you grow up, this game continues. Men also use anger as a racket to protect their inner wound. Anger, in such a case, becomes a defence mechanism. Does one choose to be miserable in this mental game? Yes. This has become a habit. Habit becomes a pattern. Then pattern takes control of you. For example, the victim pattern being a victim invokes sympathy from others. So, your misery becomes an investment. Then slowly it becomes a pattern. Then, without your awareness, you will feel victimised. Become aware. Each time you are miserable, it is your choice. This is your game. You have some hidden agenda. If you see the viciousness of the hidden agenda, you will drop it. Ask yourself, by this mental game, I gain attention. Is this the food for the ego? Is my ego built on this foundation? Ego is built on hopes. It is a storehouse of dreams. If you live in the present, there is no past or future. If you sit in front of a stream and are present in what is, there is no past or future. Many people visit religious centers and holy masters not for enlightenment, but with hidden expectations they want to fulfill. Enlightenment is in the present. It cannot be in the future. Hence, be in the present and see the magic of life. The ego wants us to be richer than others. We want power. Not for contribution, but we want to feel better than others. We want to be different. Ego continues to seek more of name, fame, money, prestige and sometimes religiousness. It your personal magic. Oblivious of it you get distracted and chase after mirages. Instead, look within. Find your passion and invest in it. Identifying your svadharma is the game-changer in life. You can never excel in a field alien to your nature. Fix a higher goal in that field. Thought of self is the devil. It comes in the way of success. It makes you unhappy. And blocks your growth. The Gita helps you unlock your potentia

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Then you take off into subtler realms. You glow with joy, confidence and enthusiasm. You drop the old selfish habits and switch to the miracle mindset. As you think, so you become is the law. You have been consistently thinking of just I, me, myself, and become a small, powerless person. Think of a higher cause, espouse a nobler mission. The highest goal is that of enlightenment. The higher the goal, the greater is your dynamism and power. Open up to others. Care, connect and show compassion. Develop genuine love. People respond. They support you in ways you never expected. And here the cool part you start feeling joy not just for your wins, but for others too. Their success feels like your success. As you gain knowledge you gain inner strength. You tap into the more permanent aspects of life. The world ups and downs don throw you off. You stay calm, balanced, grounded. You are no longer reacting you re acting. You become a clear thinker. The Gita does ask you to change your wardrobe, vocation, or environment. What you do matters little. It is where your mind is that makes the difference. Keep thinking small, and you all stay small. Think big, have audacious dreams, and you can rock the world. As you drop the baggage of ego and desire, your inner light shines through. The forces of nature bow down to you. Suddenly, life starts working for you. Prahlad, a young boy, stayed true to his faith. Hiranya kashyapu, his father and king of demons, tried to kill him. Fire could burn him, elephants could trample upon him, and venom of snakes could hurt him. Why? He followed his conscience and aligned with the Spirit. About abandoning traditional values. It about evolving them with maturity, not avoidance. Relationships: The unspoken casualty If satisfying relationships are the biggest determinant of happiness, then why are we lonelier, more anxious, and more depressed in a world obsessed with emotional freedom ? Because the modernity we imported celebrates hyper-independence. It glorifies emotional self-sufficiency. Needing someone is seen as weakness. Interdependence is pathologized. So we redesigned intimacy clean, efficient, and flat. Urban marriages now echo western templates: two emotionally autonomous individuals bound by convenience, not commitment. The sacredness of permanence is replaced by the pragmatism of choice. You do you, I all do me. If it works, great. If not, we move on or at least not complain. It sounds liberating. But it feels hollow. So what if we reimagined modernity not as a western export, but as a culturally anchored evolution? A modernity that honours gender dignity without erasing differences. That welcomes emotional openness without glorifying detachment. That value shared responsibility without discarding emotional roles. Because freedom is the goal. Feeling held is. We do need marriages that are just equal. We need marriages that are emotionally intelligent rooted in clarity, affection, and interdependence. I imagine a future that is neither blindly western, nor rigidly ancient but unapologetically ours. A modernity where relationships are sacred, families are ecosystems, and freedom walks hand-in-hand with care.

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Away from traditional monolithic ERPs, which come with a host of complications, ERPs which come with a host of complications, they need systems that create opportunities to more intelligently and flexibly manage their business. Microsoft Dynamics 365 Business Central unifies financial and business operations from procurement accounting, manufacturing, supply chain, warehouse, and inventory to transportation management with an intelligent and intuitive user interface. The next generation of entrepreneurs is finding this a game changer for modernizing their enterprise and taking it global. 4. Enables smarter decisions: With Dynamics 365 Business Central, users get an end to end view of their business in real time. Users have access to the most current, accurate data, so the most informed decisions possible are made. Businesses can set flexible KPIs to track performance and create new strategies. Dashboards and data visualization can be customized for individual user roles so that appropriate data is visible to relevant users. With embedded AI capabilities, the system suggests actions based on historical data, leading to optimized process outcomes and higher productivity. Thus, enabling higher performance and an improved customer experience. Dynamics 365 Business Central is an all in one business management solution by Microsoft, specifically designed for small and medium sized businesses with growing pains. It offers a world class system and advanced functionalities at an affordable cost to SMBs to help at an affordable cost for SMBs to help achieve their business goals, transform rapidly, and deliver better results. Being on the cloud and comprehensively maintained, Business Central liberates a business from technical implementation complexities, connectivity, and accessibility issues along with addressing data safety and security concerns. But most importantly, it is easy to scale and adapt at your own pace. With around 58 of the population engaged in farming activities, the contribution of agriculture to the Indian economy is significant. However, its untapped potential is still immense. If managed properly, it can reduce the number of people dependent on agriculture and increase productivity. One of the methods is to address the challenges confronting the agro value chain. What is Agricultural Value Chain A value chain consists of the entire gamut of activities from concept to distribution and includes men and machines engaged in agricultural activities. Therefore, an agricultural value chain would incorporate developing seeds, sowing, pest control, agricultural production, harvesting and handling, transportation, storage, processing, packaging, finance, marketing and market feedback. Challenges and Opportunities in Agra value Chains Despite the country taking giant strides towards increasing agricultural productivity, there are still many challenges faced by the farmers in India. A cursory list would include: excessive stress on land, lack of water for irrigation, deteriorating soil health, high wastage both of input materials as well as farm outputs, lack of knowledge concerning high productivity practices, and information about high valu

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Problem area. Availability of labor is also getting scarce as they have shifted to towns and cities and getting employed in nonfarm sectors. It has increased wages, which have added to the cost of production, necessitating the need for mechanization. Coupled with low productivity, much less than countries like USA and China, these issues need urgent solutions. According to an estimate, in case the agricultural productivity does not improve, India could fail to meet the projected food demand for 2025 and will remain dependent on imports. The Beginning of Change Solar energy One big challenge confronting Indian agriculture during farming and storage (in cold chains) is the erratic power supply. Compounding the problem further is that the electricity in farming is excessively subsidised, and therefore promoting solar technologies could be killing two birds with one stone. As India has abundant sunlight all through the year in most parts of the country, given that farming, for the most part, is a daytime activity, harnessing solar energy could be a solution for powering Indian agriculture. Solar technologies for farming are improving rapidly. Various affordable and reliable devices such as solar spraying machines, solar greenhouse heating, solar crop dryers, solar water pumps, ventilation for livestock, solar aeration pumps, and solar electricity are available today. Along with solar powered machineries like tractors and irrigation equipment, these machines will lead to sustainable farming and reduce the cost of production. Digitisation The other challenges confronting agriculture include several intermediaries and a lack of transparency and traceability. The mandis and FPOs need to be digitised and increase access to every stakeholder in the farming sector. Losses in the food chain are another challenge, which can be mitigated by increasing cold chain penetration and improving power supply. Need for modern agro chemicals Lack of access to affordable and modern pest control measures and agro chemicals is also a major limiting factor. With the farming community still relying on insecticides developed many years ago, it urgently needs improved access to modern agro chemicals products that promote sustainable farming and improve crop yields. Novel products such as recently launched five new agro products Ronfen, Axe Man, Warden, Tomboy, and Reveal by Best Agro life Limited need to increase traction among the farming community. Conclusion However, with such diverse agricultural practices, Indian agriculture faces a unique challenge. Instead of a single policy or a technology shift, it requires an entire gamut of efforts that would help the country raise farmers income, improve agricultural competitiveness and reduce the number of people dependent on farming activities. But the beginning has been made. The problems have been identified in detail and understood well. Therefore, the need at present is to disseminate this information to the farmers. But that is easier said than done. It requires a total transformation in the outlook not just of farmers but of every stakeholder in agriculture, from seed manufacturers, fertilizer companies, pesticide makin

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Advanced throughout time across all industries. The advent of the Internet has proven to be a huge technological advancement that has dramatically impacted the world. We are fortunate to live in a period that has allowed us to experience the advantages of the Internet. Today, we have seen the web in many different stages up to this point. In the early 90s, the Internet was about informative websites, also known as read only or Web1. In the Web2 era, we saw an influx of user generated content, which brought about the social media and creator economy we know today. Nowadays, Web3 is a topic of conversation. You might have come across the terms Web2 and Web3 in the context of block chain technology. So let understand what these terms mean and how they differ. The Social Web, sometimes referred to as Web2, revolutionized the Internet from static, unchangeable pages to supplemental, interactive, and engaging experiences. The development of social networks and other exciting web platforms like Integra, YouTube, Twitch, and many more were made possible by cutting edge technology developments like Python and JavaScript. User generated content has prospered and grown due to data being obtained, distributed, and shared by platforms and applications owned and controlled by many robust businesses. As internet users accumulated more data and information, centralized companies began selling it to marketers. Websites are now personalized for Internet users who visit them. Web2 thus gave way to the age of targeted marketing. Web3, also known as the third generation of the Internet, will see users gaining control over their data and content. A decentralized online ecosystem is the most recent and sophisticated evolution of the Internet. Modern innovations like Block chain and Deify enable a decentralized communication network to access digital records of complex data and transactions. The fundamental reason crypto currencies exist is that they operate without a third party or centralized authority. Due to its refusal to follow traditional management approaches and data storage, block chain is a crucial component of the next stage of the Internet. It ensures a unique solution to financial transactions without needing an intermediary. In conclusion, Web2 has superb technical capabilities. They are, however, provided by companies that demand that customers follow specific procedures and criteria. In contrast, Web3 puts more emphasis on privacy and security than management and surveillance. Web3 will give complete, improved control of their data to web users. They offer the choice of keeping the information private and secure. When everyone is talking about data driven employee listening strategies, there one thing that most organizations are leaving out of the equation: people. Employee listening efforts are central to making your employees feel valued, heard, and cared about at your Organisation today. In this age of intensive digital interactions, surveys, questionnaires, and polls are no doubt critical means of understanding what employees think about the onboarding experience, a new platform, or the lunch offered at the office. However, employee listening ef

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Strategies are, literally speaking, about listening. In other words, listening to what your employees are thinking, what concerns them, what drives them, and what brings them to the workplace every day. As great listeners, introverted leadership can greatly augment your employee listening efforts, and introverted leaders could be the key to fixing the gaps in your employee listening strategy. Before listening comes trust There is a reason why employee surveys are kept anonymous: anonymity enables employees to express their opinions about an issue with more honesty without having to worry about the ensuing rebuke from any level of the Organisation. In fact, 75 employees prefer anonymity for surveys. While this anonymity lets employees open up about an issue, they are ultimately being honest behind that digital facade of anonymity, thereby impeding real trust between them and the business. This is where introverted leaders come in. Introverted leaders are trustworthy listeners Introverts are usually great listeners, and are able to connect with others without judgment. This enables them to garner a greater degree of trust with those they converse with. Introverted leaders are therefore able to forge that requisite trust with employees, and are able to make them feel that they are on the same page. While regular surveys can pick on the larger trends when it comes to employee needs, introverted leaders can create a more satisfactory and candid environment where employees can proactively voice their concerns. Perhaps, an employee may be concerned about a potential lay off affecting them, or have an issue with their manager leadership style. Such issues are better addressed by an empathetic ear of an introverted leader, rather than anonymous emails and questionnaires. The ability to take critical feedback without prejudice, and to actually listen to an employee concern instead of merely hearing it makes introverted leaders a key to the success of employee listening strategies. Inaction leads to resentment There is another key aspect to the success of employee listening efforts and that is, action. According to a survey by Leadership IQ, 58 organizations never take meaningful action on insights received from employee surveys. Moreover, only 6 employees believe that companies take positive action on their suggestions. When such employee listening efforts are followed by inaction, they lead to resentment amongst employees, rather than making them feel heard. Listening on a personal level But, when the employee listening happens on an interpersonal level, say, in one on ones with a team leader, the concerns of employees take a personal form rather than representing a data point in a survey. In such situations, introverted leaders are able to make careful considerations on whether a corrective action is possible, and tend to think before they make promises of an action. Even if it is not possible to act on an employee feedback, they are able to empathetically listen to them and make them feel heard, rather than ignored. Beyond the survey fatigue The causes of survey fatigue are usually attributed to leadership, rather than the number.

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Of surveys or questions themselves. This makes it necessary to augment employee listening efforts with the fundamentals of listening openness, transparency, trust, and communication, all of which also characterize the leadership style of introverts. It is not the method that organizations deploy for employee listening efforts that determines the success or failure of their outcomes, but the leaders themselves. Moreover, this is not to say that extroverted leaders are ineffectual at employee listening. Ultimately, listening and empathy are skills that can be nurtured by extroverted leaders too, and these skills can be exercised at every stage of employee listening initiatives. So, before authorizing a survey, understand if you can act on the promises, and consider the impact that inaction would have on employees. Or, like Deborah Dun sire, CEO and President of Millennium, drop in on employees desks, and ask them what keeping them up at night. Taking lessons from the introverted leadership notebook, employee listening efforts can be supercharged in a plethora of ways, for the avenues for listening are more than ample. In today digital world, data is the foundation and currency upon which information is transacted. The vast amount of data that organizations process and store is growing, increasing the need for privacy practices and security. Computing environments have become extremely complex and routinely include numerous data sources from the cloud, corporate data centers, Iota sensors, third party servers and other platforms. This complexity increases the risk of attack and makes it more difficult for businesses to monitor and protect their data. It is crucial for organizations to incorporate data security and privacy policies into a robust data governance strategy to prevent data leakage and achieve regulatory compliance. Many companies believe their data security policies cover data protection and vice versa, but data security and data protection are not synonymous. There is a distinctive difference between data security and data protection. Data protection covers procedures and guidelines that control the collection, storage, disclosure and use of personal data (PII), sensitive personal data (SPI) and company information. This refers to the rules and regulations that ensure that personal information is managed in the same manner as the data subject preferences. According to the Verizon Data Leakage Investigation Report (DBIR), between 2019 and 2021, a total of 79,635 reportable data breach cases occurred worldwide, resulting in losses of up to $4.2 billion. As with last year, financially motivated attacks were the most common, and organized criminals remain number one. Data security is commonly referred to as information confidentiality, availability, and integrity. It all about practices and procedures focused on protecting sensitive or confidential data from unauthorised access, cyber-attacks, and accidental or intentional data loss. Data security also ensures that your data is accurate, reliable, and available to authorised users. Everyone, from individuals to high level businesses and governments, can be exposed to data breaches. More

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In a move that could expedite the implementation of railway and highway projects across the country, the Centre has asked the Ministry of Railways and the National Highways Authority of India to use the soil or silt inculcate in our lives, it is also important to join forces of the community to bring about impact driven sustainable development activities like plantation drives, cleaning drives etc. should be undertaken by residents of the area. Lastly & most importantly, the three Rest of a sustainable excavated from ponds and tanks in all districts under the Amrita Samovar mission for their infrastructure projects. Ministry of Women and Child Development is implementing a centrally sponsored scheme through State UT Governments namely Mission Vastly. Under it, a monthly plan grant of Rest. 4000 per child is provided for family based non institutional care including Sponsorship (kinship) or Foster Care or After Care. The Mission Vastly in partnership with States and implementation of railway and highway projects across the country, the Centre has asked Districts provides support to a 24×7 helpline service for children as defined under the JJ Act, 2015. The Mission Vastly Scheme envisages setting up Cradle Baby Reception Centers in at least one Specialized Adoption Agency preferably government run, in each District, to save the abandoned children and look after them with due care and affection till he she is given in adoption. The water conservation mission launched by Prime Minister Namenda Mode on April 24 aims at developing and rejuvenating 75 water bodies in each district in all States as part of the celebrations of Azadi ka Amrita Mahotsav. At least 50,000 water bodies are expected to be rejuvenated during the nationwide programme that would culminate on August 15, 2023. Since the project would involve excavation of several thousands of tonnes of earth in the form of soil or silt, the Ministry of Rural Development has told the Ministry of Railways and the two map its infrastructure projects with the Amrita Samovar sites in all States and UTs. The Union government has asked the Ministry of Railways and the National Highways Authority of India (NHAI) to use the soil silt excavated from ponds tanks in all districts across the country under the Amrita Samovar Mission for their infrastructure projects. Amrita Samovar Mission was launched on 24th April 2022 with a view to conserve water for the future. Aim: The Mission is aimed at developing and rejuvenating 75 water bodies in each district of the country as a part of celebration of Azadi ka Amrita Mahotsav. In total, it would lead Amrita Samovar Mission for their infrastructure projects. Amrita Samovar Mission to the creation of 50,000 water bodies of a size of about an Acre or more. The Mission encourages mobilisation of citizen and non govt resources for supplementing these efforts. Bhaskaracharya National Institute for Space Application and Geo informatics has been engaged as technical partner for the Mission. The Mission works through the States and Districts, through refocusing of various schemes such.

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One day last week, I did what tech-lawyers in India have been scrambling to do in the last two weeks. I signed up for an industry body discussion on the Digital Personal Data Protection Bill, 2022. I have been in many industry body discussions on the repercussions of new technology laws and policies, in the past. As a lawyer working with civil society towards democratic use of internet and internet technology, I typically find myself on the opposite side of the table from big tech players, when it came to ideology. But what I observed last week was most unusual. Just as those of us from civil society, representatives from big tech were very irked by the complete lack of citizen data privacy in India recently released Digital Personal Data Protection Bill, 2022. In fact, big tech representatives were on the same side as civil society members. Such a galvanized and united front is a very rare occurrence since invariably, big tech and civil society land up at opposite sides of the table. The country big tech and civil society have come together in an outpour of concern, against conspicuously missing data privacy safeguards, in the current version of the data privacy bill. A key question that both sides are asking is – why was the differentiation between sensitive personal information and personal information dropped in the first place? In the Personal Data Protection Bill, 2019 sensitive personal data referred to personal data in relation to—financial, health, sexual orientation, biometrics, transgender status, religious or political beliefs and affiliation. Dropping the special status accorded to sensitive personal data becomes acute since the under the current Bill, deemed consent is allowed to be inferred for just about any legitimate purpose, without any notice or consent. Technically this means that both private and public entities collecting something as sensitive as biometric information for services rendered by an application using facial recognition technology, can collect be collected without even asking the data principal for their explicit permission. The lack of higher standards of protection to sensitive personal data of citizens has been described as doing little to guard the fundamental right to privacy of others, by Justice BN Srikrishna, under whose chairmanship the Personal Data Protection Bill, 2019 was drafted. In the current version of the Personal Data Protection Bill, deemed consent of the data principal is said to be given for any for the performance of any function under any law, or the provision of any service or benefit to the Data Principal, or the issuance of any certificate, license, or permit for any action or activity of the Data Principal, by the State or any instrumentality of the State. This means that, in a single stroke, the Bill gives equal convenience to both the state instrumentality as well as to the private sector to collect data under the presumption of deemed consent. The Bill does not clarify whether deemed consent once presumed to be taken can be withdrawn by the Data Principal,

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As Mahatma Gandhi NREGS, XV Finance Commission Grants, PMKSY sub schemes such as Watershed Development Component, Har Khet Ko Pani besides States own schemes. Mission Amrita Samovar is to be completed by 15th August 2023. Around 50,000 Amrita Samovar may be constructed in the country. Each of this Amrita Samovar will have approx. area of 1 acre with a water holding capacity of 10,000 cubic meters. People participation in the Mission is the focal point. Local freedom fighter, their family members, Martyr family members, Padma Awardee and citizens of the local area wherein an Amrita Samovar is to be constructed, will be engaged at all stages. On every 15th August, National Flag hoisting will be organized on every Amrita Samovar site. So far, 12,241 sites have been finalized for construction of Amrita Sarovars by States Districts, out of which works has started on 4,856 Amrita Sarovars. To small businesses, data breaches can have a devastating impact on a company reputation and financial results. And beyond the operational be constructed, will be engaged at all stages. On every 15th August, National Flag hoisting will be organized on every Amrita Samovar site. So far, 12,241 sites have been finalized or financial impact, reputational impact can last well beyond the incident itself. Breaches can lead to the exposure of social security numbers, personal information, and bank details. According to a Checkpoint report, Indian organizations are hit by an average of 213 ransom ware attacks each week, with 2021 seeing the most ransom ware attacks. A new law, the Personal Data Protection Bill (PDP), is currently being submitted to Parliament, suggesting a major overhaul of India current data protection regime. It proposes that data is processed by enterprises with restrictions to ensure that only the data needed to serve stakeholders is collected. It also includes requirements for data localisation and the appointment of data protection officers within an Organisation. It is important for any Organisation to build a resilient business model consisting of risk assessment, actual response, planning, and testing to validate it. With onboarding due diligence and constant needed to serve stakeholders is collected. It also includes requirements for data localisation and the appointment of data protection officers within an Organisation. It is important for any monitoring and oversight, ADP has always been one step ahead in client risk management. ADP experience in data protection spans more than 70 years, as we have been protecting our client data and earning their trust since 1949. Throughout this time, we understand a strong, well assigned governance structure needs to be at the heart of a company privacy regime. It is important to develop a formal incident response plan that includes clear, documented policies, roles, and responsibilities to ensure that all security incidents are addressed in a timely, professional, and appropriate manner. To respond quickly to security threats, tools that can monitor and generate alerts for suspicious activity and security breaches are necessary. One of the most important steps for effective data protection is knowing exa

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And what if any would be the procedure for such withdrawal. This design of equal liberties to the state and the private sector makes one wonder whether this was a strategy to secure broad-based support for the Bill. In the same direction of remaining pro-business, the Bill does away with the onerous data localisation mandate imposed by the 2019 Bill. Secondly, akin to compounding of offences under the Companies Act, the Bill also introduces the concept of voluntary undertaking, giving the Data Protection Board the discretion to accept an undertaking made by an erring entity to futuristically comply with the provisions of the Bill. Though the Bill does envisage penalties of upto INR 500 Crores for non-compliances with the data protection law, there is no provision permitting data principals to claim monetary compensation for breach of the provisions of the law. One cannot help wondering whether the private sector has been let go very easily. It is expected that several provisions of the law will be given teeth and operationalised by subordinate legislation, namely the Rules to the Bill and other executive orders. But so far, the Bill neither adequately protects the privacy of digital data of data principals, nor provides sufficient guidance on how the right to privacy enshrined under the Constitutional Right to Life, shall be upheld by private or state actors. In all, the Bill should not be passed as is. The Bill is open for public comments till mid-December and any person who cares about their right to digital data privacy, must give the bill a read and share their concerns with the government. In the past 72 hours, we have witnessed something not seen in a generation in China; simultaneous public protests across several cities. Protests are not new to China. Contrary to the popular misconception that protests do not happen because life in China is highly regulated, these happen all the time for a variety of reasons ranging from unfavourable working conditions to bank failures. But the last time that the protests coalesced around an issue was during the fateful summer of 1989. In 1989 it was the death of popular leader Hu Yaobang that lit the fuse. This time it is the deepening despair over the zero-Covid policy, which shows no sign of ending anytime soon that has caused public anger to boil over. The multiple protests that have broken out across China appear to present the Chinese leadership with its biggest political challenge in decades. Some are even daring to demand that President Xi Jinping – who recently secured a norm-breaking third term at the helm of the Chinese party-state system – and the Chinese Communist Party (CCP) step down for the excesses of Beijing continuing zero-Covid policy. While that outcome is extremely improbable, the Xi administration will be worried about the wider, long-term destabilising forces the protests could engender. It is precisely to prevent the party-state machinery from being pulled apart by multiple interests and demands that Xi embarked on his centralisation project.

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What data is stored and where. By accurately identifying data flows and their vulnerabilities, organizations can make informed decisions about what steps to take to protect data flows. Large organizations use data detection tools as a practice to search sensitive data on corporate networks and find data on unauthorised computers, often with the option to delete or encrypt the data. With increasing data protection regulations, transparency is important for both compliance and the establishment of effective data protection guidelines. Since COVID 19, individuals were asked to effective data protection is knowing exactly what data is stored and where. By accurately identifying data flows and their vulnerabilities, organizations can make informed decisions work from home, and many were not provided with secure equipment. Rather, organizations adopted Bring Your Own Device (BYOD) policies to increase productivity and reduce costs. In doing so, they often ignored the security implications. Accessing sensitive information on personal devices means that data is transferred outside the boundaries of the corporate network. Large organizations have limited types of data that can be transferred outside of corporate devices. To mitigate the risks involved, policies can be developed that mark the trust level of the device. In this way, employees have the opportunity to align the security of their personal devices with the company internal guidelines and prevent sensitive data from being transferred when not in use. SMEs can follow in the footsteps of large organizations and adopt practices to protect and secure their data from both internal and external threats. India is set on a target of reducing around 1 billion tons of carbon emissions by 2030. Though this is imperative and a huge task to undertake, this massive aspiration calls for huge changes in infrastructure and technological innovations, which will be able to achieve and sustain this feat. How can this massive capacity be generated is the primary question. It is important that we move in the direction of change by continuously strengthening our hold. This will ensure implementation that is sustainable which does not break under the hefty pressures of population & development. Any solution that is devised should work on three levels Macro, Meson, Micro. The three layers of combined efforts, determination & reduction will help bring about a top to bottom holistic footsteps of large organizations and adopt practices to protect and secure their data from both internal and external threats. India is set on a target of reducing around 1 billion change that has larger impacts. At the Macro level, various policies like water policies, waste policies, cleaning water bodies projects, linking river projects, allocation of better & proficient ways to use commercial vehicles & ships to carry goods and consignments will play an important role. The energy sector of India is equally badly stretched: we are still using 70 fossil fuel generated energy in businesses & in households, 15 20 nuclear energy is allocated for specific industries the rest is allocated for renewable sources of energy like solar & hydro pow

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India can never have enough infrastructure development as it tries to upgrade the quality of life and catch up with more advanced economies. Advanced or not, no country is blessed with unlimited resources. It makes getting more bangs for the buck essential if we are to compress our catch-up timelines. What we see is anything but that. Let take a look at three common goof ups. Inattention to detail Bengaluru-Mysuru expressway is one of GOI showpiece projects. Less than a year after it was formally opened, planners are back at the drawing board. Almost 10% of the original project cost will be incurred to streamline multiple entry and exit points on the expressway. Since the towns along the road have long existed, the initial carelessness is cutting into scarce resources. Ignoring relevant factors Chard ham highway project represents an improvement of five existing national highways. The upgrade was too clever by half. As GOI told Parliament, it broke down the project into 53 independent sections. It helped bypass environmental scrutiny, but the Himalayas are not made up of autonomous ecosystems. Consequently, accidents recur and costs keep rising. In the same league are urban infrastructure projects that are designed as if extreme rainfall events are unheard of. Central Delhi makeover got a reality check last year when an underpass had to remain closed for a few days after a bout of flooding. Not my problem Another feature common to urban infrastructure projects is to consider them as standalone issues. For example, Chennai elevated railway line is almost three decades old. It a largely wasted effort as planners simply overlooked the need for last-mile connectivity. It was somebody else problem. Finance ministry has received a request from Indian Banks Association (IBA) that their long-standing demand for a five-day working week be implemented. Currently banks work on first and third Saturdays of each month, being closed on the second and fourth Saturdays. If a month has a fifth Saturday, it is deemed to be a working day. According to RBI list of approved bank holidays, in 2024 there will be 84 days, including second and fourth Saturdays and Sundays, when banks will be closed, either across the country or regionally. Regional holidays include, among others, Lori, Sankranti, Pongal, Thiruvalluvar, Tusu Puja, Holi, Dol Jatra, Ugadi, May Day/Maharashtra Day, Maharana Pratap Jayanti, YMA Day, MHIP Day, Vinayaka Chaturthi, Nuakhai, Ramdev Jayanti, Indra Jatra, and Haryana Day. If IBA demand that all Saturdays be declared bank holidays is met, the people who keep our money will be on chhutti for over 150 days a year. So why do banks want so many holidays? Is it because bankers have very stressful jobs as do brain surgeons, or fire fighters, or stunt people in Bollywood movies that they need lots of time off to unwind with some well-deserved R&R? Hardly. By most accounts banking is a pretty cushy, well-paid job with regular hours and numerous perks. The reason that banks and bankers want more holidays is that while they re on holiday your money not on holiday, but is working double time, not for you, but for them. Money never rests, never sleeps, and

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You will be nearer to heaven through football than through the study of the Gita. This message of strength reverberated through all his writings and speeches. Swamiji would say, Faith in us, faith in God this is the secret of greatness. The old religions said that he was an atheist, who did not believe in God. The new religion says that he is an atheist, who does not believe in himself. Without confidence in our abilities, we cannot achieve worldly excellence, let alone spiritual excellence. We need a strong will to achieve our goals. Swami Vivekananda says, what we now want are muscles of iron and a nerve of steel, gigantic wills which nothing can resist. This is the starting point. It is fear that brings misery, fear that brings death, fear that breeds evil. And what causes fear? Ignorance of our own nature. In our spiritual journey, we have to go towards fearlessness. Easier said than done, since we have already built our lives on our desires, expectations and attachment to our identities. Therefore, the fear of loss puts our mind into a perennial state of anxiousness. Swamiji says, Strength is goodness, weakness is sin. If there is one word in the Upanishads that burst like a bomb on the ignorant, it is fearlessness. This fearlessness can only be experienced in a mind established in peace. To overcome fear, the solution is to build a determined spiritual practice. It will help to engage in selfless action; work with lesser attachment with conviction that it is Divine work; absorb scriptural knowledge; introspect and meditate. And gradually transform our thought, speech, and words, in alignment with our spiritual goals. Paving the way for inner purification. With the mind yoked to the atman, the cogitation of the mind reduces, and fear is replaced by fearlessness. Vivekananda would say that if we comprehend the spirit of the Gita shocks 2:2 and 2:3, on fearlessness, we can understand the entire Gita. Krishna gives Arjun a shock treatment when he sits in the chariot, overwhelmed with fear, grief, and delusion. Krishna says, this does not befit you. You are of heroic nature. Get rid of this weakness. Stand up and fight. Due to our identification with the body-mind complex, we encounter weakness arising out of fear and delusion, just like Arjun experienced, widening the distance between us and our real nature. With an expanded vision, we start getting a whiff of our true nature, which is changeless, indestructible, and eternal. The highest knowledge of Advaita, Tat Tvam Asi Thou is That seeps in. That the same reality is in me, and in every being living, non-living. Swamiji says, When a man can say, I am in everything, in everybody, I am in all lives, and I am the universe, then along comes the state of fearlessness. It is time to earnestly respond to Swamiji call, Arise, Awake! Awake from this hypnotism of weakness. Stand up, assert yourself, proclaim the God within you, do not deny Him. De-hypnotize yourselves. Know that you are the creator of your own destiny. It is no public secret that India Courts are choked with pending cases and many of these cases are of a financial nature involving tax interpretations and tax demands between the tax

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Three main problems – its tilt to covering only hospitalisation, wide-ranging exclusions, and caps on coverage of hospital bills. Consequently, during the pandemic, many insured found that a significant portion of their hospital bills fell outside the purview of insurance. Insurers failed many insured Indians in their hour of need. Attempts at introducing a simple, standardised product have been unsatisfactory. With the rising incidence of non-communicable disease, IRDAI needs to find a way to nudge the industry to enhance the quality of insurance policies. The question of whether growth leads to inclusion and hence reduction in poverty was once hotly debated in India. When the focus on growth as the key instrument of poverty reduction under Prime Minister Jawaharlal Nehru failed to produce the desired outcome, the view gained ground that we could not count on growth to bring poverty down. As a result, in the 1970s, an entire cottage industry emerged under the self-congratulatory title of New Economics which argued that redistribution offered the only avenue to poverty alleviation. In our 2013 book Why Growth Matters, Jagdish Bhagwati and I argued that this inference from the experience under Nehru era policies was unwarranted. It was not that growth had failed to produce inclusion but that growth had simply not materialized. Once a change of strategy began to deliver decent even if not spectacular levels of growth, inclusion followed. On the one hand, growth raised incomes of the poor through higher wages and on the other it placed larger volumes of revenues in the hands of the government allowing it to launch anti-poverty programs. The planet English-speaking janta will pick the Oxford Word of the Year for 2022. For the first time in its history, Oxford Languages has allowed the public to vote for the word. The nominees are met averse IStandWith, and Goblin mode. But I have some additional and indigenous lexical proposals, quite a bit influenced by the Dance of Democracy that our country is in the middle of right now: These days Katter is being used in the sense of out-and-out. Katter has become the matter in the gravies of TV exchanges, pliantly assimilating in both sarcasm and affirmation dished out by politicians. Katter Corrupt cuts with its serrations of alliteration. Katter Probity has not been recorded yet, perhaps because probity is just pickpocketing distance from probe. All that talk of gravy reminds one of vocal fry a speech style in which a sentence strangulates itself with low creaks. Vocal fry is usually associated with the Kardashians but linguists lambast that biased assumption. Apparently, many common men are also apt to choke themselves saying Friday. In India, when the masses pronounce neat during elections, they saut the word with a little laugh of self-awareness. So canvassing speeches make people say Neta-hahaha. This vocal fry proves ordinary citizens kattar intelligence. Along with election season we are also in the middle of the soccer season, which kicks off extraordinary excitement in some citizens, making them Off-sideys. If sidey means pretentious.

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If the sales of Mercedes Benz are lagging in India, common folks have to take note, continued high inflation notwithstanding. And when the India marketing head of Mercedes Benz, no less, says that they (SIPs) are our competitors. I tell my team if you are able to break that (SIP investment) cycle, then exponential growth is a given, one has to take a pause and ponder. This can mean only one of the two things: either the prices of such luxury icons oxymoronically though have become very affordable or the country has arrived. Arrived in the sense that its populace has started stashing away big sum of money each month by way of Systematic Investment Plans (SIP), which otherwise could have been used to pay for EMIs for the luxury cars. I obviously believed the latter, what with the whole world looking up to India for any and everything good. But then came the confusion because it was reported somewhere that while the monthly SIP collections have risen, average SIP ticket size fell to Rs 2303 per SIP to be precise. Now, can this kind of SIP be a real competitor for an item that must be costing around Rs.50 lakh that too the entry level base model? The country must have advanced leaps and bounds lately because there was a time when it was difficult to aspire even for a Nano. Or maybe the luxury brands in India have decided to democratize their offerings by targeting not that top 1% of its earners (with an annual income of Rs.55 lakh, according to Bloomberg) but SIP investors. For some time, I was actually wondering as to why in last few months I was continuously bombarded with mails selling the likes of Mercedes and BMW that too after I retired. Now I realize that some data-sharing platform must have duped these marketers by selling them data of not SIP investors on ascendency but that of ones like me who have downgraded to SWP (Systematic Withdrawal Plans) post-retirement! And to think that their poor sales teams must be pestered daily to convert such potential clients in to sales. Last heard, Porsche is devising an aggressive incentive plan for post office agents to help divert people from the Post Office Small Saving Schemes to their cars. As India on Monday submitted before the United Nations Framework Convention on Climate Change (UNFCCC) its long-term strategy to achieve the net-zero target by 2070, the largest sub-national entity in the world, Uttar Pradesh (UP), not only aspires to align itself with the national goal, it also seems determined to de-pollute India largest sub-national transportation system. Being one of India fast-growing economies, UP contributes nearly 8 per cent to the GDP of India and has emerged as one of India most preferred investment destinations. While the Government of India is aspiring to become a $5 trillion economy by the next two years, UP is committed to contributing almost $1 trillion to it. As economic growth usually happens.

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He has expunged all distinctions between party and government, purged all the factions within CCP, and reposed the authority of the party over all units of the Chinese state. This has been evident in China zero-Covid strategy which has become a political project. China has seen just six Covid deaths in the last six months from tens of thousands of symptomatic cases – more than acceptable conditions to ease restrictions. But it continues with snap lockdowns, mass testing and real-time tracking of citizens health status through smartphone apps. Increasingly, the restrictions themselves are being blamed for non-Covid deaths. True, China was the only country to adopt a zero-Covid strategy at the beginning of the pandemic as countries from communist Vietnam to democratic New Zealand followed similar policies. However, those countries have long abandoned zero-Covid, especially after the Delta and Omicron waves proved this strategy ineffective. But China is unable to follow, having staked so much political capital, including Xi prestige, on the policy. With wide scale protests now, the party would be even more adamant lest it is seen as weak and susceptible to public pressure. This could damage the Chinese economy. Chinese markets fell yesterday and the Yuan tumbled against the dollar, signaling a cooling of investor sentiments. But Xi work report presented to the recent 20th party congress already highlighted a prioritization of security and party authority over economic growth. Thus, there are two lessons here: First, large authoritarian regimes don have the flexibility to effectively deal with pandemics, which are like a moving target. And second, they cannot handle the demands of sophisticated economies, as when push comes to shove, they will choose primacy of the regime over boosting growth. A district consumer commission in Gujarat ordered an insurer to pay a health insurance policy with interest to a customer after it had denied the claim by saying the claimant vegetarian diet caused the underlying complication. This is just one example of the many tricks insurers employ to resist paying up, a particularly severe problem in health insurance. It no surprise therefore that even if about 515 million people were covered by health insurance policies in 2020-21, India out-of-pocket expenditure of around 55% of total health expenditure is shockingly more than the global average of 18%. Health insurance in India is characterized by multiple exclusions and co-payments. The feeling of being short-changed is worsened by the claims process, which is often handled by third party administrators. It been over two decades since the insurance market opened up but the experience with individual health policies, in particular, has been unsatisfactory. It can be on account of financial viability. For individual policies, the ratio of claims as a proportion of premium is generally between 70-80%. While Go and states are collectively the largest buyers of health insurance policies for their group schemes, a substantial number of people remain outside their scope. They remain vulnerable to health emergencies in the absence of a first-rate insurance system. Health i

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At the cost of the environment, setting such a mammoth target for economic growth raises environmental concerns. But it seems UP has other plans to take care of all that! A look at the recently-released ambitious Electric Vehicle Policy of UP reveals the Government is committed to not only ensuring the growth of an electric mobility ecosystem in the State but is also looking at electric mobility as a means of economic growth. In simple terms, UP is planning to increase its earnings by preventing fossil fuel burning. The key focus of the Policy, however, remains on the creation of a robust charging infrastructure, the promotion of speedy transition/adoption of EVs, and the promotion of manufacturing in the State. Experts Speak Commenting on the policy, Archit Fursule, an e-Mobility expert with Climate Trends, avers, The kind of commitment this Policy shows to the cause of promoting electric mobility and reducing emissions, is commendable. The State has not only aligned itself with the national Net Zero targets, but it seems it is also eyeing contributing significantly to the $1 trillion economy via the proposed electric mobility ecosystem in the State. The policy aims at attracting investment of more than Rs 30,000 crore. Fursule adds, The Policy focus on promoting EV manufacturing in UP is bound to draw investments to the State and also create an estimated 1 million direct and indirect jobs. Creating jobs at this scale translates to significant economic growth. So, this policy could very well be a game changer for UP economy. Adding to what Archit had to say, Rahul Lamba, CEO, The Energy Company, tells, The latest UP EV Policy has made the EV transition and adoption attractive to all stakeholders. Subsidy for battery swapping stations and capping it to 100 stations per manufacturer allows healthy competition and market growth. The policy could have been a little more specific on the incentives for battery reuse but it is still quite promising. This will certainly help in scaling the EV ecosystem and will also give a fillip to the economy. Harsh Verma, Business Development Executive, Verde Mobility also feels this policy shall allow multiple payers to thrive. He says, The EV ecosystem is growing at a fast pace in India but at the same time, the market size is equally overwhelming. It is heartening to note that the new EV policy of UP gives opportunities to multiple players to operate, especially in the charging infra space. This is not only good for the consumer, but it also bodes well for the local economy. What makes the UP EV Policy special? CHARGING INFRA A. Despite the challenges that come with such a scale of operations, UP is the only State in India, of such proportions, to align its EV policy with the national aim. B. UP EV Policy does not restrain itself to urban areas. In fact, it talks about utilizing resources and promoting infrastructure development even at the village and Panchayati levels. Canoe State in the country has.

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Facilities anywhere in the state. The stamp duty reimbursement to Mega Large MSME projects will be 100 per cent in Purvanchal and Bundelkhand region, 75 per cent in Madhyanchal & Pashchimanchal (except Ghaziabad and Gautama Buddha Nagar district), and 50 per cent in Ghaziabad and Gautama Bodh Nagar district. Introduction of Gross Capacity Utilization Multiple (GCM) will ensure optimal utilization of installed capacity by beneficiaries of this Policy. D. For a relatively smooth and single-window experience for investors, the policy introduces the Invest UP website as a single window for everything pertaining to setting up a business in this vertical in UP. Either policy talks of encouraging OEMs to develop Ramped and testing facilities for EV/ EV batteries in the State. OTHERS A.UP has introduced CEMP (Comprehensive electric mobility plan) and will start it from Lucknow and shall extend it later to 17 cities. As part of this plan, clear targets for green mobility shall be defined for the cities and 100 per cent electrification of public transport will be ensured by 2030. B.UP has made it mandatory for government fleets to have electric vehicles. No state has given any deadline in this context, but UP leads with a target for the same. The policy also talks about monetarily encouraging state government employees to adopt EVs. Awareness is crucial to the success and pace of EV adoption. UP factors this in its EV policy and has formed a 12-member committee to run and monitor an awareness campaign. Finally If India has to achieve its climate goals, UP will essentially have to perform. While the State may not be the industrial hub of India, it still is relevant on the basis of the population it is home to. Almost one-sixth of India calls UP its home. So, with a population of such proportions, the State also demands and consumes resources proportionately. This also translates to an equally dense and complex transportation system. It may be noted that India transport sector contributes almost 10 per cent to the total national greenhouse gas (GHG) emissions. Of this, almost 90 per cent comes from road transport. Under such circumstances, the promotion of electric mobility can result in a significant drop in tailpipe emissions volume. In this context, UP efforts to tackle air pollution by promoting electric mobility and in the process, also boosting the local economy, is clearly a win-win situation. Fundamentally one which cannot be measured cannot be managed. The biggest dilemma is when the rest of the world could not convince Russia and Ukraine not to engage in a war, how effective is it going to be for COP to convince the world that actions are needed on the ground to save mother earth? Environmentalists, innovators, corporate, and common masses, carried myriad expectations from the conference of parties (COP) 27. It looked like the most revered global climate conference, in Sharma El Sheikh, Egypt (from November 06 to18). It provided no less than a golden opportunity for stakeholders, countries, corporates, climate advocates.

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And advisors, to walk-the-talk of effectively tackling the global challenge of climate change. 2022 has seen extreme weather across the globe, with historic flooding (in Pakistan and Nigeria), wildfires (in Australia and the US), and drought (in Europe and China). In the UK, the temperatures reached 40 degrees centigrade plus, and the frequency is increasing now. As per climate experts, only reducing carbon emissions will help to reduce the frequency in the UK. According to the IPCC report Climate Change 2022: Impacts, Adaptation & Vulnerability, half of the world population is highly vulnerable to the impact of climate change and those living in highly vulnerable regions already are 15 times more likely to die due to floods, droughts and storms. Those highly vulnerable regions tend to be in lesser-developed parts of the world. This urgently calls for spreading awareness amongst the masses, especially youth, and bringing a behavioral change in not just corporate but amongst individuals as well. We must understand that transition to Net Zero not just requires a planned fossil fuel phase-out and shift to renewable energy, energy efficiency, and clean tech solutions, but also a change in the mindset of the common masses. And to bring this behavioral change- at the heart of India vision of a safe planet is a one-word Mantra Lifestyle for Environment that Prime Minister Mode had set forth in our National Statement at COP26. Towards realisation of the mantra, Mission Life was launched by Prime Minister Mode in the presence of the UN Secretary General His Excellency Antonio Gutierrez, in October 2022. The entire world urgently needs a paradigm shift from mindless and destructive consumption to mindful and deliberate utilization. We are responsible for our life, environment and this planet earth. We must nurture it through sustainable lifestyles that minimizes waste and causes least damage to the nature. Responding to the call for increased ambition in our 2030 climate targets, India updated its Nationally Determined Contributions in August 2022. We have embarked on far-reaching new initiatives in renewable energy, e-mobility, ethanol blended fuels, and green hydrogen as an alternate energy source. Within one year, it was laudable that India could submit its Long-Term Low Emissions Growth Strategy indicating low carbon transition pathways in key economic sectors. Besides, other countries too declared their higher decarbonisation targets, backed by policies and investments. The agenda for COP27 focused on four main subjects: increased ambition, climate finance, adaptation, and loss and damage. There was quite a hot debate on the topic- Those most responsible for causing the climate crisis should financially support those who are suffering the most on the frontline of climate change. The effective planning around loss and damage financing, followed execution and real actions will decide the fate of the global climate crisis. It is unfortunate that despite the occurrence of extreme weather events and the rise of global emissions, countries like Russia and Ukraine dare to engage in a war that not only has killed human lives, but the global economy raised

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Inflation to an all-time high and has now increased the use of coal at an alarmingly high level. COP27 does a great job of bringing all the stakeholders come together to agree on the objective of reducing emissions which is essential to avoid further climate change impacts, but it is lacking the measurement of the actions being done against the pledges made by the stakeholder. Fundamentally one which cannot be measured cannot be managed. The biggest dilemma is when the rest of the world could not convince Russia and Ukraine not to engage in a war, how effective is it going to be for COP to convince the world that actions are needed on the ground to save mother earth? Hoping that COP 27 brings a meaningful change and just does not become a mere networking social event. Building your brand is one thing; getting your target audience attention is another. Especially with the changing consumer demands, it is certainly important for brands to come up with innovative yet effective ways to create awareness for their brand in the marketplace. Moreover, with digital transformations taking place, traditional marketing methods hold no value. Thus, it is more than necessary for brands to leverage the new-age marketing mediums in the right way to create brand awareness. For consumers to invest in your brand, you need to tell them how your brand is different from your competitors. Moreover, because buyers are more inclined to purchase from well-known brand names than unknown ones, businesses with strong brand awareness are more likely to make large profits. Industry experts estimate that 59% of consumers prefer to purchase from brands they are familiar with. Additionally, brand recognition helps you accomplish your company goals and objectives. It can result in wide audience reach, boosting website traffic, creating brand affinity, and developing leads. Ways to create brand awareness leveraging new-age mediums: Social media: With increased smartphone penetration as a result ease of availability of the internet, social media usage has received a significant boost. In actuality, social media has developed into one of the most effective marketing platforms for businesses today. Finding the ideal brand ambassador who will spread your intended message and win over customers is essential on the part of a brand. Here, social media influencers play a significant role. They have completely altered the marketing environment and made it simple for firms to interact with the general population. But it is imperative to recognize the right influencer who fits your brand image and would be useful to you in the long run. Digital marketing: With people becoming more digitally sophisticated day by day, it has become essential for brands to make the right use of digital marketing channels to reach them. SEO, link building, content optimization and internal linking are some of the digital strategies that businesses need to focus on and make their best possible use. Especially if you are a small business, digital marketing levels the playing field and enables you to reach out.

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To your target audience in an economical way. Video-based content: With the change in consumer preferences in regard to content consumption, video-based content has made it to the top of the list. Instead of going through truckloads of information about your brand, people are more inclined towards watching videos reflecting all the touch points of your business. Hence, organizations need to come up with unique video content that reflects the idea behind their brand and catches the eye of the consumer. Way forward! With respect to changing content consumption trends, it is vital for brands to come up with unique strategies to attract the consumer. Establishing a place for you in this era of competition is not easy for brands. But with the help of new-age marketing mediums such as social media, digital marketing, and video content, amongst others, brands can develop their unique identities. Businesses with a strong level of brand awareness will benefit more since consumers are more prone to purchase from well-known brands. There was a time when evolution played the tape showcasing Darwin theory in our minds or even the dissolution of the Jurassic era. But, in the here and now, we are amidst a constantly evolving landscape of tech, infrastructures, medicine and life. The boom in technology has directly and positively impacted all our lives, making them more efficient, productive, and collaborative. Terms like artificial intelligence (AI), cloud computing, and machine learning have become infused with our daily repartee in almost every industry across the globe. Talk of shifting from one architecture to another, from one on-premise to cloud, from cloud to multi-cloud, the shifts are constant. As more and more of our lives become entwined with technology, the focus is on bolstering innovation in a way that is secure, nimble, and agile. That is where Davos comes into the picture! Davos is basically a practice of operations and development engineers participating together in the service lifecycle, from design to the development- process to production and support. It is an end-to-end community of practice that is dedicated to the study of building, developing, and operating rapidly changing technology at scale. Seizing the Ops Businesses big and small have recognized Davos as the vehicle of modernization and business continuity. It is an amalgamation of software development, quality assurance and IT operations that is combined into a unified system that is centrally managed. Davos leverages automation, continuous integration, continuous delivery, and continuous deployment to deliver high-quality products and services on time while reducing total cost of operation and associated risks. A large group of organizations across work cultures have embraced the Davos principles due to its massive potential, such as efficiency on production timelines, increased reliability, and enhanced stability. Despite widespread adoption, there are challenges that needs to be addressed with regards to adaptation and organizational practices. There is a lack of understanding and literature on the key concepts, practices, tools, and challenges associated with implementing D

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Trees for survival is a ubiquitous cry every 5th June, the World Environment Day. The focus, however, is mostly on planting new trees while in reality, thousands of existing trees, even mature ones, are sacrificed to develop the much-required infrastructure. It is possible to save these trees via robust transplantation. In a growing economy, World Environment Days can well celebrate the survival rates of transplanted trees because these established trees grow faster and have larger canopies than planted seedlings. The importance given to growing trees is not surprising. Trees absorb carbon dioxide and give oxygen, regulate local temperatures and recharge groundwater table contributing immensely to climate resilience. Trees improve air quality and help mitigate disasters such as soil erosion, landslides and cyclones. Trees also provide habitat, shade, food, fodder and income-generation products, especially to the more economically poor men and women. While new trees take between three to ten years to provide tangible benefits, mature trees, if successfully transplanted, sequester more carbon, filter more pollutants, provide more oxygen, better groundwater recharge and more protection from extreme weather events. Where there is a shortage of land, as in road widening in cities and while building expressways, mature trees can be moved 1-2 metres back. Dead and dried trees, which emit more carbon dioxide, can be replaced with mature trees. Trees uprooted due to natural calamities can be revived. Crooked trees can be straightened early on so that later they don have to be cut for threatening to fall on a building or a passing high vehicle. These activities are successfully being undertaken in countries like Japan and Singapore among others. Transplanting trees has become common in India, often part of most large infrastructure development plans, including road-laying. The Delhi Tree Transplantation Policy 2020, for instance, mandates a high 80% survival rate for transplanted trees. Yet, despite third party audits, mortality rates of transplanted trees continue to be very high. For example, the survival rate of transplanted trees in the Central Vista project, New Delhi, is only about 30 per cent; it is less than 40% in the Delhi Metro project; and only 37% in the Dwarka Expressway project. In Mumbai, the Comptroller and Auditor General (CAG) of India audit report shows a survival rate of 54% for the Brihanmumbai Municipal Corporation. Perhaps one of the major reasons for this poor performance is making professional tree transplantation part of the overall building contract. Contractors tend to cut corners by prioritising immediate costs to proven quality assurance. Tree transplantation is a costly, labour intensive, complex, scientific and caring business, best left to professionals who repeatedly show success. There is a need to develop a sound scientific approach and know-how for transplanting trees. It needs to be part of university curricula and skill-building courses. Our future survival lies in not just planting more trees which is required but also in preserving and protecting the trees we have. What in a name? A rose by any other name would

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One, and it never meant for passport use, bank transactions, or Zoom interviews. It for kitchens echoing with love, red-floored verandahs sprinkled with rain, and that one aunt who can pronounce your real name even if threatened with fangs of a cobra! Others, of course, don get it. My husband, for example, a no-nonsense man from a different cultural zone, often wonders aloud, Why do you people have two names? Is this a built-in catfish feature? He finds it confusing, inefficient, and possibly suspicious. This from the same man who chants 108 names of Lord Vishnu without flinching, but thinks Mishtu is the name of a dessert that used by a sleeper cell as a possible cover-up. (To be fair, it is a dessert.)I tried explaining. The daak naam is not a fake ID. It the name by which my mother refers to me, soothes me, when I'm sick. The name by which my father taps me on my back, when I make him proud. The name that unlocks my childhood. But he still looked unconvinced, like I'd tried to sell him emotional insurance. It not just him. The outside world thinks our daak naams are funny. Which, fine, I'll admit, they can be. You'll find a Puchu running a bank, a Ghoton heading the research wing at ISRO, and a Tublu preparing for the UPSC interview. We've got Bappa, Buli, Monu, Khuku, and the evergreen Tinku, who may now be a cardiac surgeon in Houston but will always be Tinku when he visits Gariahat during Durga Puja. Daak naams are not mere names. They are proper nouns filled with affection to the brim. They are musical notes. They are secret codes you never share with the world, unless it by accident, like when your mother yells Tuku! across the supermarket aisle while you're trying to appear like a functioning adult. It is a name you'll find in no official records, but etched into your childhood lunchboxes, your grandmother letters, and the back of a now-yellowing school photo. Take my friend, for instance. Officially, she is Anindita, elegant, respectable, capable of passing the UPSC on paper alone. But at home, she is Bubu. Yes, Bubu. A name that sounds like a hiccup and a giggle had a baby. It the name that still follows her like a love-sick puppy into adulthood. You may leave Calcutta, but your daak naam will cling to your soul like mustard oil on a sari. They have a tenacity of their own. Like bubble gum on shoes, they stick. Paromita once attended a formal conference where someone introduced her, very grandly, as Dr. Paromita Munshi, when a familiar voice from the back hollered, Oi Nontu! The spell broke. Heads turned. Nontu? Was it a code word? A mild insult? A small furry animal? Paromita sighed. There was no point denying it. Once a Nontu, always a Nontu. My cousin Tumpa (real name: Debarati) has it worse. She was once on a Zoom job interview when her little brother burst into the room and bellowed, Tumpaaaaaaaaa, where the achar? The interviewer blinked. We'll get back to you, they said, and they never did. Then there my friend Jhumpi (real name: Arpita). She was at immigration in Frankfurt when the officer looked at her forms and asked, Who is Jhumpi? You're Arpita. Her mother had filled out an emergency contact form too honestly, where Al

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Davos implementation. Culture change is the key to getting it right One of the glaring issues is real-time integration. Like any contemporary field, that evolves to cater to cultures over time, a lack in clarity can cause a gap in the implementation and the desired outcome. Given the scenario, there is a great need for cultures to adapt and understand the field of Davos, that is interdisciplinary and does not hold itself to one expertise. There is a clear resistance to change within cultures, and workplaces that have been functioning in traditional processes over a period of time, as change comes with a complexity associated with transition. This can only be brought about when the transition involves building a culture of joint responsibility surrounding values and outcomes. Adopting a Davos culture forces teams to move away from traditional expertise-driven practices and move towards cross functional teams that are responsible for engineering integrated pipelines for the entire delivery lifecycle. By fostering the right company culture and investing in the expansion of skills, a successful outcome in adoption of Davos is highly possible. While legacy infrastructures have long withstanding identities, it is important to evolve with the changing dynamics of the market to remain competitive. Therefore, adapting to micro services can help foster a collaborative environment that can break down silos and facilitate growth and innovation. Encouraging continuous improvement, automating processes, embracing accountability for the application from beginning to end, all play a key role in building the right culture. Any subsequent complexities arising out of this can be managed seamlessly by a Davos system. As it can help in automation, configuration management and continual delivery to manage the increased operational workloads associated with the micro service processes. Finally, to successfully implement Davos, the organizational culture must truly understand the term and its applications which is only possible through widespread education and learning practices to adopt this new boon in the emerging tech processes. Like during the emergence of any new concept, it difficult to find expertise in the field, which is why it important to learn by doing, which can shape the vision for clear plan and analytics for the successful implementation of Davos. Embracing the Davos culture To implement and scale Davos effectively, all stakeholders need to be on board and must unanimously agree on the end goal, which is to deliver value to the end user. Davos is a set of practices and a cultural movement that aims to break down barriers between development and operation teams to improve collaboration and communication. Through Davos, developers can build an efficient and productive pipeline to work hand in hand with stakeholders handing key business decisions. This approach allows businesses to work faster and smarter and provide leaders the ability to; solve issues quicker, release solutions faster, increase trust amongst stakeholders and better manage workflows. As automation lies at the center of this approach, many business processes are made more reliable, rob

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Precision and agility that is the expectation of the hour and businesses need to embrace the Davos dream if they wish to stay in the game at market-read speed at all times! A recent news in one of the popular regional papers struck me hard when it titled that the deadly lumpy virus has affected deer and other animals after rising the death toll of cows. Across many Indian states, mainly Rajasthan (from where this deadly virus entered India) are bearing not just death of their livestock but now even the wildlife is getting fatally hurt from this virus. Although Animal Husbandry was defined by western culture in the 18th century, but India has an even longer history of animal husbandry. We depend on domestic animals for our livelihood and also affectionately revere them, especially cows. The practice of raising selective breeding is a part of animal husbandry is developed for profit. A large number of farmers make their living from animal husbandry. And this is just for the livelihood, the connection between these farmers and their domesticated animals in India is very intricate and emotional. The Aggravating Condition in this Lumpy Pandemic For many rural farmers who are dealing with poverty and malnutrition, the situation in the Tharp Desert has reached a critical point. India accounted for about half of all hungry people worldwide in 2015, according to the United Nations World Hunger List. Due to the arid climate and erratic droughts, subsistence farmers face a significant problem with regard to food security. Statistically speaking, in Rajasthan, a 10% average contribution to the state G.D.P. comes from animal husbandry. This industry offers the best opportunity for rural self-employment at the lowest possible cost per unit. Consequently, the growth of livestock is an essential step toward rural prosperity. According to the 2012 livestock census, the state has 577.32 lac animals and more than 80.24 lakh poultry. Only 7% of the nation cattle are in Rajasthan, but that small portion produces 12.72% of the nation milk, 2.46% of its meat, and 34.46% of its wool. Rajasthan ranks top in the production of wool while coming in second for milk. It is right to term that government, society, and humanity has failed in the endeavor to keep the livestock, the very source of livelihood intact. And those who have found a cure to this deadly virus are still seeking government support so that millions of animal lives can be saved. Ayurveda, the age-old secret natural science, originated in India has provided great results in saving cows from lumpy virus. The Solution to this Animal Pandemic Vasudhev Kutumbakam is the only principle than can ensure sustainability and existence of life on this planet. We live in a delicate ecosystem and any species or animal affected will definitely have repercussion on others. Recently the spread of lumpy has been seen in animals other than cows. We do know at what pace this is increasing and how much it will affect. Those who have found.

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Does quite gel with the hand that feeds it Maldives depends on tourism, and guess which neighbour sent the highest number of sun n fun worshippers in 2023. Hey, I m all for doing surya namaskar to our own islands. But I want to go there to show off my tan, not my patriotism. Adding tourism to the partisan notion of nationalism needs the sunscreen lotion treatment blocked like dangerous ultra-violet rays. Please-ji, don make the slimy ticket tout join the band who impose the decimated desi way to Eat Pray Love. Ma kasam, I via been chanting Deco, Bharat Deco forever to my phoren-crazed compatriots. This land of ours has enough intrinsic bragging rights without needing a tricolour luggage tag. There 7,516.6 km of sea-lapped coastline, a range of snow-capped mountains, and any specialty you wish to explore. Modiji taking time off to promote the relaxing and inspiring properties of the 1L-islands will prompt a holiday rethink. Maybe that what prompted those Maldivian malcontents. The PM positive push forget the negative boycott call will have two super pan-India effects. One, it will get the tourism industry to clean up its act and its public toilets. True, aam janata is no longer heading only to pilgrim centres and native place, and is taking full advantage of highways, homestays even glamping. Two, travel will fulfil its KRA of broadening the mind; reveal the full glory of our diverse history, cultures, faiths. It can do this on its own steam without the propulsion of revenge or patriotism. The barrel-thumpers need LTA, Leave Tourism Alone. limb of the same body. The body is the Government (whether Central or state) and the assessed is a unit largely owned (PSU) by Central or state government. What purpose is served by one litigating against the other? It is tax money not flowing from one pocket to the other. Sadly, in this intended and disputed movement of money from one pocket to the other, there are costs incurred in between valuable Court time, lawyers fees, advisors and tax professionals billings and delays in coming to a judgment (repeated adjournments) resulting in loss of Time value of money and understanding present value of money. In India, we have not adequately understood the Value of Time and benefits of early litigation disposal. If as the theory goes a public sector unit is finally owned by Indians, then tax ligation between Government/s and PSUs is meaningless because as explained earlier, there is reduction in amount of value realized because other claimants are coming in within the same body. This part of the PSU tax demand litigation (which is largely a meaningless exercise), needs to be managed in a different manner: Any type of tax demand on a PSU unit cannot be contested unless 80% of the demand amount is deposited with the exchequer albeit under protest. This would involve payment for existing matters in pending litigation from the past. In my view concerned Ministries will object to unreasonable demands which will assist business in India; It is the responsibility of the Central Government to create a structure of appeal and redressal separate from Courts, with the support of state governments. The manning of these struc

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Authority would bring in earlier judicial judgment's being quoted. One hopes enough maturity is shown by both authorities to respect each other orders. The Judiciary must appreciate that their workload is being reduced for faster litigation. There is no point in getting into turf battles, although that can be a danger; In case there are conflicting Orders at different states levels there has to be a Committee of either State or Central Secretaries depending on who is the tax authority of the Ministry the PSU reports to, the central or state law ministry and the central or state Finance Ministry. They have to thrash out matters within a given time horizon. This would be immensely helpful to Business in India since in several sectors PSUs and private sector are competing head to head. It is the opinion of many that the reason for PSU tax litigation is an effort to buy time, so that the event does not reflect on the tenure of the PSU CMD or Minister concerned. This is not helping anyone. The 80% demand payment should act as a deterrent. However, there is the other side of the coin. If the demand is not sustained, then the Revenue has to give back the unjustified tax collected with interest that is 4.00 more than the interest that is paid on small savings schemes, for the period the amount was held. It is my view that the Secretaries body under Para 4 above has an important Role to play. They can effectively inform the state or Central Finance Ministries that the demands are over pitched and not justified on merits. The return of tax collected with the penal 4.00% interest should work. Also, since we have PSUs and private units in the same business line, a PSU judgment would apply to the private business also. Some way should be found that PSU litigation resolution rubs off on private business tax litigation also. That way, a lot of judicial time is saved and Justice is delivered faster the impact of which can only be positive for India. Now I know how a cucumber feels inside a fridge. Or any other vegetable or eatable stored in the fridge, for that matter. God has made the entire North India and many others parts of the world an open fridge. We put things in the fridge to increase their useful life. But God fridge is claiming many lives. Cold weather throws up many challenges. 1. Find the Remote: Why are you watching the same news for the third time? My wife would ask as she comes with the morning tea. Reason? I start the day with the news. By the time I am done with the news and want to change the channel, I am unable to find the remote in the folds of the blankets. Any effort to find the remote results in exposing the hands to the morning biting cold. Rather watch news repeatedly than getting cold hands. 2. Have Shower: Is it really necessary to have a shower? I face that question from my body every time I step into the bathroom. And I cannot say No every day. It takes some deft moves to adjust the mixture of hot and cold water to the right temperature. Initial splatter is always cold. Even though the water drops are round, they pierce the skin like needles. And one can feel the soul escaping through those needle pricks. It is only when the wa

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Observed last week was most unusual. Just as those of us from civil society, representatives from big tech were very irked by the complete lack of citizen data privacy in India recently released Digital Personal Data Protection Bill, 2022. In fact, big tech representatives were on the same side as civil society members. Such a galvanized and united front is a very rare occurrence since invariably, big tech and civil society land up at opposite sides of the table. The country big tech and civil society have come together in an outpour of concern, against conspicuously missing data privacy safeguards, in the current version of the data privacy bill. A key question that both sides are asking is why was the differentiation between sensitive personal information and personal information dropped in the first place? In the Personal Data Protection Bill, 2019 sensitive personal data referred to personal data in relation to financial, health, sexual orientation, biometrics, transgender status, religious or political beliefs and affiliation. Dropping the special status accorded to sensitive personal data becomes acute since the under the current Bill, deemed consent is allowed to be inferred for just about any legitimate purpose, without any notice or consent. Technically this means that both private and public entities collecting something as sensitive as biometric information for services rendered by an application using facial recognition technology, can collect be collected without even asking the data principal for their explicit permission. The lack of higher standards of protection to sensitive personal data of citizens has been described as doing little to guard the fundamental right to privacy of others, by Justice BN Srikrishna, under whose chairmanship the Personal Data Protection Bill, 2019 was drafted. In the current version of the Personal Data Protection Bill, deemed consent of the data principal is said to be given for any for the performance of any function under any law, or the provision of any service or benefit to the Data Principal, or the issuance of any certificate, license, or permit for any action or activity of the Data Principal, by the State or any instrumentality of the State. This means that, in a single stroke, the Bill gives equal convenience to both the state instrumentality as well as to the private sector to collect data under the presumption of deemed consent. The Bill does not clarify whether deemed consent once presumed to be taken can be withdrawn by the Data Principal, and what if any would be the procedure for such withdrawal. This design of equal liberties to the state and the private sector makes one wonder whether this was a strategy to secure broad-based support for the Bill. In the same direction of remaining pro-business, the Bill does away with the onerous data localisation mandate imposed by the 2019 Bill. Secondly, akin to compounding of offences under the Companies Act, the Bill also introduces the concept of voluntary undertaking, giving the Data Protection Board the discretion to accept an undertaking made by an erring.

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The quantity of leads they generate. Therefore, when combined, marketing and sales automation can be quite beneficial in terms of enhancing the customer experience by getting in touch with them right away. Lead Generation Lead generation begins with gathering the contact information of prospective customers and ends with developing effective and efficient sales and marketing campaigns. In case the leads are produced in time, the efforts might not render any benefit. Here automation plays a significant role as it aids in transferring the possible leads into final consumers. This goes without saying that the end goal of sales and marketing companies is to generate maximum leads, which in turn means increased opportunities and a wide customer base. Benefits of Automation The revolution brought about by automation over time has been substantial. Reduce lead time: Automation can keep the process in-house, increase process control, and drastically reduce lead times as opposed to outsourcing or moving overseas. Reduce the workload: Routine tasks can be easily automated by robots, and they can take care of them so that the organization can concentrate on its core growth and development areas. Save the cost of labor: Machines are considerably more capable than people. Consequently, using machines lessens the requirement for labor from humans. As a result, it is a labor- and money-saving solution. Improved work safety: Automated equipment eliminates on-site risks and reduces labor requirements. Increase production output: The robot can work around the clock and has unmatched capabilities. As a result, producing new products can be done easily and quickly! Final Takeaway! Businesses across industries are already addressing societal challenges, streamlining operations, and ensuring conversions with automation, as well as artificial intelligence. Additionally, automation has increased the efficiency of client interactions across various touch point channels. Businesses are using technology to increase productivity, cut labor costs, improve product quality, and reallocate personnel from low-value tasks to higher-value ones. Therefore, automation can significantly change businesses, improve their performance, and quicken the pace at which leads and money are generated. In such a situation, BPOs are a blessing in disguise, giving organizations the support they need and helping them automate their operations! In an interesting turn of events, India has overtaken its former colonizer, the UK, to become the 5th largest economy in the world. This moment of historic redemption could not have been more fitting, as the country celebrates 75 years of independence. In just a decade, India GDP ranking on the global front has seen an impressive jump of 6 positions. At its current rate of economic growth, it is projected to outperform Germany in the next 5 years and surpass Japan in the 2 years thereafter. While India present economic standing is an impressive milestone, it is hard not to lose sight of the fact that it took a 1.4 billion-strong country more than 7 decades to surpass the economy of just 68 million people. India business environment comprises a whopping 1

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Observed last week was most unusual. Just as those of us from civil society, representatives from big tech were very irked by the complete lack of citizen data privacy in India recently released Digital Personal Data Protection Bill, 2022. In fact, big tech representatives were on the same side as civil society members. Such a galvanized and united front is a very rare occurrence since invariably, big tech and civil society land up at opposite sides of the table. The country big tech and civil society have come together in an outpour of concern, against conspicuously missing data privacy safeguards, in the current version of the data privacy bill. A key question that both sides are asking is why was the differentiation between sensitive personal information and personal information dropped in the first place? In the Personal Data Protection Bill, 2019 sensitive personal data referred to personal data in relation to financial, health, sexual orientation, biometrics, transgender status, religious or political beliefs and affiliation. Dropping the special status accorded to sensitive personal data becomes acute since the under the current Bill, deemed consent is allowed to be inferred for just about any legitimate purpose, without any notice or consent. Technically this means that both private and public entities collecting something as sensitive as biometric information for services rendered by an application using facial recognition technology, can collect be collected without even asking the data principal for their explicit permission. The lack of higher standards of protection to sensitive personal data of citizens has been described as doing little to guard the fundamental right to privacy of others, by Justice BN Srikrishna, under whose chairmanship the Personal Data Protection Bill, 2019 was drafted. In the current version of the Personal Data Protection Bill, deemed consent of the data principal is said to be given for any for the performance of any function under any law, or the provision of any service or benefit to the Data Principal, or the issuance of any certificate, license, or permit for any action or activity of the Data Principal, by the State or any instrumentality of the State. This means that, in a single stroke, the Bill gives equal convenience to both the state instrumentality as well as to the private sector to collect data under the presumption of deemed consent. The Bill does not clarify whether deemed consent once presumed to be taken can be withdrawn by the Data Principal, and what if any would be the procedure for such withdrawal. This design of equal liberties to the state and the private sector makes one wonder whether this was a strategy to secure broad-based support for the Bill. In the same direction of remaining pro-business, the Bill does away with the onerous data localisation mandate imposed by the 2019 Bill. Secondly, akin to compounding of offences under the Companies Act, the Bill also introduces the concept of voluntary undertaking, giving the Data Protection Board the discretion to accept an undertaking made by an erring.

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Further compounded by the frequency of changes in the compliance requirements. In 2021 alone, there were more than 3,500 updates, translating to an average of 10 compliance changes per day. To add further context to this regulatory cholesterol, we can take a closer look at the pharmaceutical sector. The 2021 amplifying Compliance Management for Pharmaceutical Companies report tells us how an MSME pharm company operating out of a single state has to comply with 998 regulations. 486 of these carry a jail term in the event of non-compliance. Let say a pharmaceutical company fails to comply with a seemingly minor requirement of maintaining a record/audit book, or an inspection book. The result of this non-compliance is imprisonment of up to 1 year. Similarly, an MSME automotive components manufacturer has to keep track of about 600 compliances. All these regulatory obligations are spread over 6 categories; Finance & Taxation, Labor, Commercial, Secretarial, Industry Specific, and Environment, Health & Safety. This leads to an added layer of complexity in the compliance processes for MSMEs. Besides the vast and dynamic compliance environment, businesses also need to be cognizant of the high cost of poor compliance. More than half of India economic laws carry imprisonment clauses for violations. 2 out of every 5 compliances in the business regulatory ecosystem prescribe jail terms as penalties. At the same time, there is a glaring lack of necessity and proportionality in the application of such criminal penalties. For instance, the punishment for failure to use regional language for indicating weights and measures under the Legal Metrology Act, 2009 is on par with that for sedition under the Indian Penal Code, 1860. With such a vast, dynamic and hostile compliance environment facing corporate India, effective compliance management has become a business imperative. If entrepreneurs and business leaders wish to stay on the right side of the law, compliance must be prioritised as an essential function. Even minor non-compliance can attract hefty financial and criminal penalties, besides causing revenue leakages and reputational loss. Businesses cannot afford to wait around for favorable policies to come into effect and must instead take matters into their hands. This necessitates a thorough rethinking of compliance management at an organisational level. Ad-hoc, paper-based, manual, and people-dependent compliance processes are complex and vulnerable. They are not able to provide a sense of assurance to the shareholders and investors. Investors are now not content with just the financial performance of a company. They are actively seeking transparency and assured compliance from the companies. A well-governed company is the only one that can ensure the longevity of profits and business operations. Even the independent directors are not willing to compromise on the subject of compliance. Under the Companies Act, 2013, if a director fails to abide by the directions of the Registrar or inspector under section 217(6), the director can face imprisonment of up to 1 year. This hostile regulatory environment adds to the risk of non-compliance for businesses. T

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Ones to pave the way for transparent, reliable, and timely compliance systems. Only when the shareholders and investors are assured of complete transparency of the compliance processes can the businesses invoke confidence in them. In addition, compliance systems have to be put in place that can flag non-compliance and its associated risk so that the concerned officer can intervene in a timely manner. At the outset, businesses must shift towards smart and automated compliance solutions that enhance their control and visibility over compliance functions. Smart and automated compliance management can enable businesses to stay alert, aware, and ahead of the curve at all times while providing effective safeguards against lapses, delays and defaults. With a variety of unique features such as customised checklists, integrated database, real-time regulatory updates, automated alerts and reminders, an in-built document management system and periodic analytics, digital compliance software have become an indispensable tool for any business today. From a broader organisational perspective, inculcating a culture of compliance across the organisation is instrumental in effective compliance management. With increasing regulatory scrutiny on every aspect of a business, from finance and secretarial to labor and environment, safety and health, the responsibility for compliance are no longer confined to the compliance department. All must bring their shoulder to the load in order to effectively tackle compliances. To this end, the key managerial personnel should establish clear roles and responsibilities with respect to compliance across all levels and among all departments. Enforcing internal processes for inter-level and inter-department coordination is equally important for effective compliance management. Other measures such as period assessments, risk evaluations, and corrective interventions should become an integral part of the compliance agenda. Every business strives for growth and expansion, be it geographically, operationally or otherwise. However, for any organisation that does not have the necessary compliance preparedness, the journey to success can be fraught with regulatory obstacles. Understanding the complexity of the regulatory landscape, implementing a customised strategy to suit the needs of the business and instilling awareness across the organisation are the cornerstones of effective compliance management. In India challenging regulatory environment and competitive markets, no business can afford to fly blind and hope for the best. The quest for accurate, timely and transparent compliance may be arduous but if equipped with the right tools, it can become seamless. Rethinking compliance management through the lens of digitisation, sensitisation and innovation should, hence, assume top priority for businesses across the nation. One day last week, I did what tech-lawyers in India have been scrambling to do in the last two weeks. I signed up for an industry body discussion on the Digital Personal Data Protection Bill, 2022. I have been in many industry body discussions on the repercussions of new technology laws and policies, in the past. As

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Entity to futuristically comply with the provisions of the Bill. Though the Bill does envisage penalties of up to INR 500 Crores for non-compliances with the data protection law, there is no provision permitting data principals to claim monetary compensation for breach of the provisions of the law. One cannot help wondering whether the private sector has been let go very easily. It is expected that several provisions of the law will be given teeth and operationalised by subordinate legislation, namely the Rules to the Bill and other executive orders. But so far, the Bill neither adequately protects the privacy of digital data of data principals, nor provides sufficient guidance on how the right to privacy enshrined under the Constitutional Right to Life, shall be upheld by private or state actors. In all, the Bill should not be passed as is. The Bill is open for public comments till mid-December and any person who cares about their right to digital data privacy, must give the bill a read and share their concerns with the government. One day last week, I did what tech-lawyers in India have been scrambling to do in the last two weeks. I signed up for an industry body discussion on the Digital Personal Data Protection Bill, 2022. I have been in many industry body discussions on the repercussions of new technology laws and policies, in the past. As a lawyer working with civil society towards democratic use of internet and internet technology, I typically find myself on the opposite side of the table from big tech players, when it came to ideology. But what I observed last week was most unusual. Just as those of us from civil society, representatives from big tech were very irked by the complete lack of citizen data privacy in India recently released Digital Personal Data Protection Bill, 2022. In fact, big tech representatives were on the same side as civil society members. Such a galvanized and united front is a very rare occurrence since invariably, big tech and civil society land up at opposite sides of the table. The country big tech and civil society have come together in an outpour of concern, against conspicuously missing data privacy safeguards, in the current version of the data privacy bill. A key question that both sides are asking is why was the differentiation between sensitive personal information and personal information dropped in the first place? In the Personal Data Protection Bill, 2019 sensitive personal data referred to personal data in relation to financial, health, sexual orientation, biometrics, transgender status, religious or political beliefs and affiliation. Dropping the special status accorded to sensitive personal data becomes acute since the under the current Bill, deemed consent is allowed to be inferred for just about any legitimate purpose, without any notice or consent. Technically this means that both private and public entities collecting something as sensitive as biometric information for services rendered by an application using facial recognition technology, can collect be collected without even.

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Appear on our passports, but it travels with us, tucked in the corner of our suitcase like a jar of pickles from home. Bengali daak naams are also strangely creative, sometimes outright absurd. I know a Babla, a Ghoton, a Chhutki, a Bappa, a Papu, a Dhumdam, a Boombam and one immortal Puchku who is now a corporate lawyer in Singapore. They wear suits, speak about deep topics and use serious terms like synergy in meetings, and sign emails with full names, but somewhere within, their daak naam lives on, like a reassuring hug when all else seems alien. And don even ask us to explain the names. There is no logic. Why are you called Laltu? Because I was. End of story. It not meant to make sense. It meant to feel warm like rice with ghee, familiar like a Rabindra sangeet on a Sunday morning. So laugh if you must. Call us strange. Mock the name Bhombol, till the cows come home. But remember this: when the storm hits, it Bhombol his mother will cry out for, not Bhaskar Chattopadhyay, M.A. Gold Medalist. And that, dear Juliet, is what really in a name. The recent Bangalore stampede is a tragedy beyond words heartbreakingly; all the more so as it followed a moment of joyous celebration. Yet, perhaps such moments of collective mourning are precisely when we ought to pause and reflect not just on this singular horror, but on the unsettling frequency with which such disasters dot our national landscape. A leading national daily recently compiled a grim catalogue of stampedes in India since 2003. In 2024–25 alone, alongside the Bangalore tragedy, there were the Lairai Jatra stampede at Goa Shree Lairai Devi Temple; a midnight crush at New Delhi Railway Station; a pre-dawn surge at the Maha Kumbh Sangam; chaos at Tirumala Hills Vaikunta Dwara Darshanam; mayhem at a blockbuster screening in Hyderabad Sandhya Theatre; a deadly crush at Bihar Baba Siddhartha Temple; and yet another calamity at a at sang held by the self-styled godman Bhole Baba in Hathras. The list is long, and heartbreakingly so. Hundreds of lives lost, many preventable, yet the pattern remains disturbingly familiar. But the problem is not the stampedes themselves they are merely the headline symptom of a far deeper ailment: a structural failure where safety is a luxury, and public infrastructure is either overwhelmed, corrupt, or indifferent. In a country where crossing a road can be a hazardous gamble with fate, the real question is not just why stampedes or accidents happen, but why we accept such lapses with such chronic, unblinking indifference as if this were simply the way things must be. Despite visible strides in technology, space exploration, finance, and other fields, India remains one of the physically least safe places to live not from dramatic crime or conflict, but from the mundane hazards woven into daily life. Few aspects of public life capture India everyday peril more vividly than its roads a subject so frequently lamented it now provokes little more than a weary yawn. Yet the statistics are anything but dull: India suffers the highest number of road accident fatalities worldwide. Our streets are theatres of unrelenting disorder vehicles weaving and jostling heedless of lan

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Even the infrastructure meant to protect like foot-high, poorly marked speed breakers causes more accidents than it prevents, becoming death traps in the name of caution. Traffic rules, where they exist, seem more aspirational than real. Wrong-side driving, red-light jumping, unchecked speeding, mid-traffic wheelies, and the near-total absence of pedestrian pathways are not exceptions they are the norm, even in our smart cities. What truly tragic is not just the risk, but the normalisation of it. A child dodging vehicles on the way to school, a family riding a motorbike without helmets, or a man napping on a crowded footpath these are not anomalies but everyday vignettes, seen as almost poetic proof of Indian resilience, rather than glaring failures of policy and enforcement. India rail and bus systems move millions daily, yet their very design often compromises safety and dignity. Trains are packed beyond capacity, with passengers clinging to doors or even riding rooftops. Platform gaps, slippery footbridges, and overstretched ticketing systems leave little room for safe travel. Urban buses stop mid-traffic, forcing passengers to board and alight while dodging speeding vehicles. Bus stops are illogically placed; platforms remain misaligned with train floors; buses are still not uniformly required to have doors that close. Meanwhile, trucks overloaded with cargo stacked three times their height rumble unchallenged. Emergency protocols? Patchy at best. Signage? Minimal. The unspoken social contract is clear: commuters must fend for themselves. This silent agreement comes with a steep price when accidents scale into disasters. Occupational safety in India is a ticking time bomb. Construction workers scale scaffolding without helmets or harnesses in bare feet; sanitation workers clean sewers manually, inhaling toxic gases without protective gear; industrial fires rage in illegal or uninspected units, often killing dozens many underage or undocumented. Workplace deaths rarely lead to reform or compensation. The informal sector, employing the majority, thrives in a grey zone of lax regulation and inspection. Major fires in commercial complexes, wedding halls, schools, and hospitals have become disturbingly frequent. Often these buildings lack basic fire safety no exits, non-functional extinguishers, blocked staircases, or illegal wiring. In Delhi and Mumbai alone, thousands openly defy fire norms while operating in broad daylight. Aging, crumbling buildings remain unflagged for demolition. Safety basics evacuation plans, fire drills, emergency lighting is treated as optional luxuries until tragedy prompts momentary outrage. The problem is a lack of rules but a systemic failure of enforcement, fuelled by corruption. Local authorities routinely permit violations for bribes, and then this revolving door of officials, with frequent transfers every few months or years, further entrenches the problem, ensuring that violations become permanent sources of illicit revenue for future rather than risks to public safety. Come monsoon, cities are paralyses by waterlogging, overflowing drains, submerged vehicles, collapsing roads, and electrocution from exposed

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Asking the data principal for their explicit permission. The lack of higher standards of protection to sensitive personal data of citizens has been described as doing little to guard the fundamental right to privacy of others, by Justice BN Srikrishna, under whose chairmanship the Personal Data Protection Bill, 2019 was drafted. In the current version of the Personal Data Protection Bill, deemed consent of the data principal is said to be given for any for the performance of any function under any law, or the provision of any service or benefit to the Data Principal, or the issuance of any certificate, license, or permit for any action or activity of the Data Principal, by the State or any instrumentality of the State. This means that, in a single stroke, the Bill gives equal convenience to both the state instrumentality as well as to the private sector to collect data under the presumption of deemed consent. The Bill does not clarify whether deemed consent once presumed to be taken can be withdrawn by the Data Principal, and what if any would be the procedure for such withdrawal. This design of equal liberties to the state and the private sector makes one wonder whether this was a strategy to secure broad-based support for the Bill. In the same direction of remaining pro-business, the Bill does away with the onerous data localisation mandate imposed by the 2019 Bill. Secondly, akin to compounding of offences under the Companies Act, the Bill also introduces the concept of voluntary undertaking, giving the Data Protection Board the discretion to accept an undertaking made by an erring entity to futuristically comply with the provisions of the Bill. Though the Bill does envisage penalties of up to INR 500 Crores for non-compliances with the data protection law, there is no provision permitting data principals to claim monetary compensation for breach of the provisions of the law. One cannot help wondering whether the private sector has been let go very easily. It is expected that several provisions of the law will be given teeth and operationalised by subordinate legislation, namely the Rules to the Bill and other executive orders. But so far, the Bill neither adequately protects the privacy of digital data of data principals, nor provides sufficient guidance on how the right to privacy enshrined under the Constitutional Right to Life, shall be upheld by private or state actors. In all, the Bill should not be passed as is. The Bill is open for public comments till mid-December and any person who cares about their right to digital data privacy, must give the bill a read and share their concerns with the government. Flex spaces have continued to drive the strong resurgence of commercial real estate in 2022. As employees return to their workplaces in a staggered manner, the demand for office spaces has bounced back stronger than before and quickly touched pre-pandemic heights. According to our recent report, flex spaces are likely to record a 20% market share.

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Of total office leasing in 2022, which is an all-time high. The convenience of flexible spaces offering an office set-up and the choice to modify the arrangements as per the occupier needs are the key reasons behind the sector growth. Amid the current trend of hybrid and work-from-anywhere practices, there has been a rise in the demand for flexible office spaces post-pandemic. Flex spaces offer companies an equipped office without having to make a long-term lease commitment. Real estate cost optimisation and preference for hybrid work are leading the cooking sector growth in India tier 2 and 3 cities. Other factors that could contribute to the sector growth include the preference of employees to work from their base locations, companies focusing on talent retention and employee wellness. Below are some of the ways in which flexible spaces are driving the office market bounce back Strong traction in the uptake of flex seats The hybrid model boom at workplaces has led to strong traction in the leasing of flex seats. Businesses are now rejigging their workspace models, prioritising agility and flexibility. Coworking operators leased more than 75,000 seats in the first half of 2022 compared to 60,000 seats in 2021. The total demand for flex seats is expected to reach an all-time high this year. A higher percentage of the demand in 2022 was from the three largest flex markets- Bengaluru, Pune and Hyderabad. Average monthly rentals are also expected to rise this year. While the cost of a flex seat depends on multiple factors, one of the reasons for the increase in rentals could be cooking operators including CAPEX prices sustained while making the tailor-made flex spaces for businesses. Other sectors embracing flexible spaces Preference for flexible offices is no longer restricted to just start-ups. New-age companies and MNCs are also adapting to cooking spaces to allow their employees the flexibility to work closer to their homes. Among the new-age firms, FinTech, HealthTech, and FoodTech were among the top takers for flex space leasing. As companies turn more to deep technology and artificial intelligence, the share of these firms embracing cooking spaces is only expected to go up as they increase their footprint in India tier 2 and 3 cities. As one of the emerging start-up hubs in the world, price-conscious start-ups prefer flexible spaces over traditional offices, as they also offer the choice to scale up later when needed. BFSI sector warms up to flex spaces One of the significant contributors to India office space demand- the traditional Banking and Financial Services sector is also not far behind when it comes to opting for shared spaces over regular workplace setups. Indicating its comfort with the safety and the technology provided by flexible spaces, 2022 saw a major number of BFSI companies renting cooking seats. Enterprise-level offerings by flex space operators have addressed the data security and privacy concerns of BFSI companies to a large extent. Higher Average Uptake of Coworking Spaces Further proving how companies are prioritising flexibility and.

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Cost savings, the transaction size is higher in cooking spaces compared to other sectors. The average transaction size of flex spaces is 53% higher than the average of other sectors between 2020 to H1 2022. The cooking sector has also already exceeded last year big-ticket leases. BFSI and new-age companies are increasingly taking up more seats, contrary to the norm a couple of years ago. Conveniences of cooking spaces like tech-friendly, daily rental schemes, sustainability and wellness features are likely to position the sector for steady growth in the commercial office leasing space. Considering the current trend of companies opting to retain hybrid models, a dynamic workforce and office schedules for cost reduction measures, it is likely that cooking spaces will continue to have an increasing share in the office market. General Bajwa has finally retired after six years as Army Chief in Pakistan and overseeing five Prime Ministers, most of whom he brought in and dislodged. This it seems is the Karma of Pakistan. he Establishment, as the Army and ISI in Pakistan is known by, owns 75 percent of Pakistan. It has its claws in businesses, real estate and most institutions. It has ruled Pakistan for almost half of the 75 years of its independence and is not going to give up now. Bajwa left under a cloud when the fact that his wife and family had amassed assets worth 13, billion rupees as declared in taxes returns filed by them. This does not include reports of what he may own in New Jersey, Belgium and Dubai. Instead of going further into how these assets were acquired, the present dispensation fired officers in the tax department who they think leaked this information to an investigative journalist -Ahmed Noorani, living abroad. Noorani was almost beaten to death by goons due to investigations he had done in the past and had to flee Pakistan to save his life. This is Pakistan for you. And this is perhaps why Imran Khan rallying cry against corruption in high places is gelling with the masses, including his frequent utterances against some senior generals in the Army and ISI. His party focuses on General Bajwa and one of his senators, Azam Swati, who tweeted against Bajwa, was arrested and tortured, and then released, only to be arrested again when he said at a recent rally that India has a much larger army and its current Chief, General Manoj Pande total assets were just Rupees 29 Lakhs, and would General Bajwa please explain how his went into billions? I thought it was pretty gutsy for a 75 year old, to ask this in front of thousands of PTI fans. This went viral in Pakistan, and You Tubers and even the mainstream media discussed it. To make matters worse General Bajwa took it upon himself to give a highly publicised political speech where he said the army was distancing itself from politics thereby confirming it had been involved in politics. He also said that the Army.

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Loss in East Pakistan was due to the then political dispensation, forgetting that the President of Pakistan was General Yahya Khan when the Pakistan Army was defeated in 1971 by India and Bangladesh came into creation. He lied quite blatantly saying that around 35,000 Pakistani soldiers were prisoners of war when in actual fact it was 93,000. Since this is known and has been reported the world over, I wonder who he was trying to deceive. He also said that the Pakistani army was unfairly blamed for human rights abuses by the world, again forgetting that in East Pakistan alone they were responsible for three million civilian deaths and rapes of hundreds of thousands of women. A genocide that President Nixon never recognised but came out in several reports including a damning book called The Blood Telegram, written about the genocide. In addition, the killings, torture and disappearances of Baluchis, Pashtuns, and others who dared to speak up against the atrocities by the Army and ISI are known by Pakistanis as well as the world. Apart from the damage General Bajwa did to democracy in Pakistan, this disingenuous speech also went viral for its political content in trying to absolve himself and the Establishment. There was no reason for him to have brought up subjects that would come back to haunt him. His successor General Asim Munir was the head of the ISI when a suicide bomber blew up a CRPF bus and 40 soldiers died in India. It is alleged it was the work of the Jaish e Mohammed, a terror proxy of the ISI. It remains to be seen whether General Munir will be able to stay a-political and restore the damage that was done under Bajwa tenure. But even Pakistani analysts say it is an impossible dream. The Pakistani Generals are known for their statements to stay out of politics but their land deals and their business empire is too vast, their interfering in elections too deeply ingrained and their insidious reach into the police, courts of law and other such institutions too deeply ingrained. And no politician, except Imran Khan has so far brought it all out so far but that may be his downfall. Most Army Generals have managed to escape with their wealth abroad and though it has been written about by Pakistanis themselves, till now all of them have escaped with impunity. One of the standout features of living in a digital world is that change is the only constant. Just look at how things around us have changed in the last decade how we shop, pay, play, socialize, work, entertain, interact and so on. All of these are on digital platforms. And the pandemic has only accelerated this disruptive shift with millions of people overnight shifting to work from home, students studying from home, all enabled by technology platforms. And now technology-driven hybrid working is very much possible across enterprises. This disruptive change continues with renewed vigor. In fact, with new disruptive.

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Waiting in the glittering and shining lobby of the newly established International Airport at Mopa in Goa for a long flight, my mind drifted back to 2016 when this area was home to guards and pangolins over vast rocky and rugged terrains of forests and hills. Even today, one can feel the existence of pristinely natural terrains while catching a flight, which would turn into a metropolis in the next few years with lavish hotels, casinos, and malls, all built to fulfill the green building criteria. A dreamy showcase of future Viksit Bharat, resilient to climate change and committed to carbon-neutral imaginative city concepts at the unrealizable cost of natural ecosystems and natural rights of lands for the local people. News was published about the felling of more than 50000 trees, primarily cashew nuts, for which forest officials were allegedly forced or lured to grant permission. This would undoubtedly attract more foreigners and inland tourists and might create new jobs, but the question is how sustainable these would be. Will the serenity, the natural beauty, and calm and open landscapes thrive against the aggressive and invasive urbanity after a decade? Will the state of Goa attract foreign tourists once the sea-laden landscapes natural beauty is transformed into a concrete jungle? The flashback took me to the year-ending time of 2023 when I was in my hometown, Santiniketan, in West Bengal. I spent my awesome childhood amid hot summers, chilly winters, rocky terrains, and gutsy seasonal rivulets in this place. It is also one of the busiest tourist spots in eastern India. City dwellers come in search of serenity and peaceful holidays amid nature, and eventually, forest lands have been snatched for promoting rural consumerism; the wavy open fields, where the dancing rains could be seen from a distance, are now full of hotels and eateries; those incredible narrow laterite roads are now concreted, with ample street lights and huge hoardings of smiling ministers. Where will nature, the trees, and the birds be a few years from now? Then, tourists will come for what pleasure? Directly, in this era of reincarnated Hindutva, the Hindu concepts of Veer Savarkar and Swami Vivekananda have been carefully molded to appease the business tycoons of the country and international traders, to promote the wealthier and influential people, to allure the middle cast for more glowing life, and crush the poor so that the need for poverty alleviation becomes irrelevant. At least, the rulers and the rich have these plans in the pipeline, but who knows what nature God has in mind? As such, nature and its conservation are the soul of the spirituality found in the Hindu scriptures. Unfortunately, we, the people, choose our rulers in this country. Therefore, the onus is on us to adopt, practice, and vote for sustainable Hindutva, the apolitical anatan beliefs of Hindutva, the faith in cyclical creation and preservation. Undoubtedly, the Ram mandir reflects our inclusive beliefs. Still, we must rethink and reboot to identify the true essence of inclusive and sustainable Hinduism that upholds the importance of nature and its conservation. May the God Ram open our inner

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Visiting cards. Being not familiar with those cards, I politely enquired their purpose. She said Sir. This is your boarding pass. You would require it at every counter here onwards. I kept mine and handed the three boarding passes to my daughter who tucked them into her sling bag. At the security check counter, we removed our belts, purses and after the mandatory check, I retained my boarding pass with me while the rest of three were put again in the same sling bag. When we went to collect our handbags which by now had gone through the scanner, we were directed to a security officer. At that counter, one of our bags was opened and a lens cleaning liquid was pulled out. The security officer politely said, that it is not allowed in the flight. When we persisted, he gave us an option. Mr Singh You can put this liquid bottle in your baggage at the luggage counter. Go immediately and rush back. In a great haste, my wife pulled out a bag, shoved that liquid bottle into it and handed it to me. I rushed to the luggage counter. The ever smiling lady who we met earlier was busy attending the passengers. I requested her to please recall my luggage and put this small bag in it. She was a bit exasperated but was gracious enough to accept my request. As the mission was accomplished I reached back to be amongst my family little realizing what was about to follow. With still fifty minutes to go, we reached the boarding gate to catch our flight. We sat in the waiting lounge and started enjoying chicken sandwiches. With headphones plugged in my ears and savoring every bite of those yummy sandwiches, I just pulled out my boarding pass and requested my family to keep their boarding passes ready. As my wife frantically searched, she recollected her blunder. Oh my goodness, I have put the liquid bottle in the same sling bag which carried boarding passes she blurted out. How could you ? I exclaimed indignantly. It was the same sling bag which I had dropped at the luggage counter so that the lens liquid stays safe and sound. Without wasting a second, I rushed to the flight staff standing at the boarding gate and made them aware of the peculiar situation. They directed me to security staff who warned me that if I don get boarding passes we shall not be allowed to board the flight. I was directed by them to the baggage counter again where the same smiling lady greeted me with a sarcastic smile Yes Mr Singh You again ? I replied Yes maim, again. Please save me from this situation? As I explained the flip flop, she inquired inquisitively Mr Singh you look quite mature? Ma am I only look mature but am in fact an amateur could resist my word play despite being stuck). This is my first foreign tour. Please help me out. She was gracious enough to cooperate. In the next twenty minutes, my luggage arrived, I searched out that sling bag, pulled out boarding passes, delivered my luggage back, thanked her profusely and rushed back. Midway as I was sprinting like a world champion with my heavy frame, my foot slipped and I landed on the floor with a huge thud. As the crowd gathered around, I got up with an aching back, and recalling that idiom Dard ke aage jeet hai sprinted again,

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Technologies around us including the Metaverse and Web3.0, automated systems, Artificial Intelligence (AI)-powered devices including better chat bots and robots, much more will change around us with each passing year. Take the Metaverse. It is set to bridge the gap between physical and virtual worlds, deepening the virtual-physical connection. For example, Metaverse for education and workplace (for onboarding new hires) is gaining traction. People are also experimenting with shopping in the Metaverse. In fact, online shopping has not been able to fully replicate the physical shopping experience. Part of the reason is that customers do not have anyone to talk to in real time, much like they do when they walk into stores. Static images and even pre-loaded videos are not really able to bridge the gap. Now in the Metaverse, avatars of shoppers and sales people will interact to answer questions and enable transactions. Various teams dispersed by geography and time will also be able to collaborate and work in the Metaverse to solve problems, plan out new strategies and take their companies ahead. Companies will save on travel costs & time. True this is possible via videoconferencing platforms, but Metaverse improves the experience, bringing it closer to people actually meeting than it was possible on any other platform. Investment bank Goldman Sachs sees the Metaverse as an $8-trillion opportunity. And according to JP Morgan the economics of the Metaverse or metanomics offers opportunities in almost every area of business with a market opportunity of $1 trillion in annual revenue in a few years. Early this year, JP Morgan became the first bank in the US to open a lounge in the Metaverse, Decentraland. Decentraland, powered by Ethereal block chain lets users buy plots of land with MANA crypto currency (used in transacting in the Metaverse). Analyst firm Gartner predicts that by 2026, one-fourth or 25% of the world internet users will spend at least an hour a day in the Metaverse for working, shopping, learning, social interactions and so on. Another disruptive trend is Web3 a decentralized internet that runs on a public block chain, which so far, has more popularly been used for crypto currency transactions. It being positioned as the future of the internet. Several new applications are coming up, like crypto currency, that promise to change the way value is generated in the digital world with the additional promises of more privacy and security. Unlike Web2 where control lies with big tech, in Web3 control lies with the user. Web3 is the next version of the internet where services will run on block chain. If cloud platforms or on-perm infrastructure form the foundation for services in Web2, on Web3 services are built on block chain. The key difference being that cloud is controlled by giants like Google, Microsoft, Amazon, on-premises is controlled by companies and is centralized. In the case of block chain, data is distributed across networks and no single entity owns the information. The best examples of Web3 are NFTs or Non-fungible Tokens.

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Which are bought using crypto currency. Though the start has been in more rarefied spaces. But Web3 and the met averse are not without their challenges from tech, is it as easy as click & shop? To regulatory for instance, most governments are unwilling to give up control on currency to allow Block chain based transactions. How will global transactions on the met averse be regulated? Where will disputes be handled? These are questions that need to be addressed for quick adoption of the new platforms. Apart from these people are seeking a high level of automation in their daily tasks. They expect machines to be able to take over a lot of the work, anticipate their needs and respond accordingly. Mechatronics or technology combining electronics and mechanical engineering will help improve automated experiences. As per a recent report by consultancy McKinsey 70% of respondents say their organizations are at least piloting automation technologies in one or more business units or functions, up from 66% in 2020 and 57% in 2018. This ability to unite various disciplines of engineering such as mechanics, electronics, and computing to generate a simpler, more economical and reliable system will definitely enhance worker productivity. Perhaps the pace of technology disruption is only limited by the imagination of users. The bottom line is that disruption is here to stay & change our daily work in more ways than one. The National Credit Framework (Nacre), is the first of its kind framework in India, which aims at integrating academic education and skilling in India. The Nacre is a unified credit accumulation and transfer framework applicable to school, higher and vocational education. The Ministry of Education has recently launched the draft report on Nacre. The framework finds its genesis in the National Education Policy (NEP) 2020, which stresses a more holistic and multi-disciplinary approach to education. The NEP paves way for integration between school, and higher and vocational education, and breaks any hard separations between them, thereby enabling increased mobility and flexibility. The overall objective is to provide pedagogically innovative combinations, offer multiple entries and multiple exit points and rekindle the principles of lifelong learning in the Indian education system. Nacre is an umbrella framework, encompassing all the other qualification frameworks for school, higher and vocational education (such as National School/Higher Education Qualification Framework). This framework crudities learning i.e. assigns credit-based value to different levels of learning- including academics, skilling and experiential learning. Credit will be a way to recognize and quantify the learning levels and learning outcomes at different stages of education/vocation. The draft document also provides detailed guidelines and formulas for calculating such credits (and the learning hours required to earn those credits). Interestingly, to enable mobility between different stages and types of learning, the Nacre offers the option of accumulating, transferring or redeeming any such credits accrued (through the Academic Bank of Credit). As per the Nacre, any cred

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By the concerned regulatory. Nacre is only an enabling framework and does not hold regulatory mandates. Any related guidelines on creditisation will have to be notified by concerned regulatory authorities or autonomous institutions, in charge of education, vocation or skilling. Promising aspects under Nacre The Nacre is remarkable in many senses. This is one of the first initiatives which gives equal recognition to curricular, co-curricular and vocational education- removing hegemony between them. In doing so, Nacre paves the way for diversifying learning paths and skills for an individual in a world and economy that is fast-changing and increasingly demanding. Nacre is also the first systematic effort towards instituting a credit mechanism in regular school education (the open schooling system already has a credit mechanism). Nacre calls itself an enabling framework and not a regulatory architecture, where it intends to leverage the existing strengths and resources of regulatory authorities and autonomous institutions (such as universities, state school boards, state technical boards, NIOS etc.). In doing this, Nacre plays to the system existing expertise and responds parallels to other evolving changes in the educational system (especially the curricular and regulatory changes). Nacre also recognises the pervasiveness and strengths of online and distance learning modes and accounts for its integration too. In a rather novel approach, Nacre gives recognition to prior learning (including informal learning as well) and offers the possibilities of integration from the job market to educational avenues, and vice versa (albeit with a minimal credit weightage). The option of multiple entries and multi-exit points offer flexibility to learners and revives the lost attention on lifelong learning approaches, which can be a powerful tool towards social inclusion. What missing Despite its tall mandate, the Nacre raises some crucial questions and challenges. The biggest task for Nacre would be to systematise different approaches by different regulators in India. At present, a variety of systems are being adopted by regulators and autonomous institutions for academic and vocational education. A standardisation between these approaches would be a mammoth exercise, given the institutions diversity, expanse and approach. Even within this, institutions who are already familiar with credit-based approaches (such as NIOS or higher education institutions adopting Choice Based Credit System (CBCS)) will have an advantage over their counterparts. For others, to make sense of this approach (let alone adopt it) is a hefty order, requiring support from the stage of inception. Crucially, despite its approach to assimilating and amalgamating different levels and domains of education, Nacre inadvertently excludes some groups of learners. While the framework is committed to removing barriers and improving access and opportunities for persons with disabilities referred to as Divvying, the framework fails to account for special education and its incorporation within the credit mechanism. Similarly, while the Nacre is monumental in its approach to providing multiple entrie

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Orphan children, children in conflict with the law etc.). NEP 2020 stresses providing an optimum learning environment and support to learners (including students from socio-economically disadvantaged backgrounds). This entire aspect appears to be missing from Nacre. Interestingly, Nacre duly recognises and provides for education acceleration for gifted learners. While this is well-intentioned, it might inadvertently promote extensive competition or pressure for some groups of students, requiring careful consideration before implementation. Nacre must also account for slow and weak learners and adopt suitable credit alternatives to accommodate diverse learning styles and aptitudes. Conclusion Being at the early stages (and still open for comments and revisions), Nacre future trajectory could possibly change. Some clarity on its operationalisation, and a clear indication of the intended timelines, departmental roles, responsibilities, and expected outputs might be a useful start However, given the diversity and expense of institutions that it applies to, Nacre has an arduous hard task at hand (across boards, disciplines and domains), requiring collective efforts from different regulators and autonomous institutions to make it the victory that it intends to be. The UAE digital minister recently saying that the future will have Indian fingerprints on it for everyone and everywhere, sums up India expanding presence and stature in today fast-digitising world and changing technology value chains. From three decades of being a consumer of all technologies we have become architects, designers and producers of tech platforms, solutions, devices and products Young Indians are confidently innovating in domains ranging from Space to Deep Tech, AI to web3, the internet to electronics and semiconductors. India, with over 820 million internet users, soon to touch 1.2 billion, has become the world largest connected democracy, with the largest presence on the global internet. Unlike China walled off and heavily censored internet (or intranet), the internet in India is open, accessible and interconnected to the global digital network, just like Western democracies. With India assuming presidency of G20 and also council chairmanship of the Global Partnership on Artificial Intelligence, it seems a natural fit for a leadership role in shaping the future of technology, in particular this new era of technology policy and governance. PM Modi goals for India are clear: A decade of technology opportunities, IndiaTechade, and an immediate target of a $1 trillion digital economy. To meet these goals, the ministry of electronics and IT (Meaty) is piecing together a policy framework to strengthen India position in the global digital economy around principles of openness, safety and trust, and accountability. In technology policymaking presents a unique challenge. Agile and dynamic tech developments require agile and responsive governance. This has become even more important as much of the rise in consumer data misuse, user harm and online criminality is because governments around the world have lagged in framing laws and regulations to swiftly respond to the rapidly shifti

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Also known as the Festival of Sacrifice, Eid al-Adha is one of Islam most spiritually profound celebrations. On the day of Eid, two outward acts are performed: the congregational Eid prayer and ritual sacrifice of an animal. Today, however, when Muslims think of Eid al-Adha, they often do not think beyond the ritual sacrifice. Many of the festival deeper meanings its focus on God-orientation, selflessness, and spiritual growth have gradually faded from public awareness. At the heart of Eid al-Adha lies the Quranic story of Prophet Ibrahim Abraham), who was willing to sacrifice what he loved most in submission to the divine command. This moment defines the essence of Islam itself: surrendering one ego, will, and attachments for the sake of God. The Quran reminds us: It is not their flesh or blood that reaches God, but your piety. 22:37) This verse underscores the point that the true value of sacrifice lies not in the ritual but in the intention and consciousness behind it. The real question is whether we have sacrificed our ego, pride, selfishness, and greed. Consider Bilal in Rabah insights, a close companion of the Prophet, who said: I do not mind if I sacrifice a rooster. But to give its price in charity to an orphan or a poor person is more beloved to me than sacrificing it, Musannaf Abd al-Razzaq, Hadith 8409. Bilal insight elevates ethical spirit over mere ritual observance. It teaches that value of an act lies in the good it generates. As the Prophet has observed: The best among you is the one from whom good is expected, and from whose harm people feel safe, Sunan al-Tirmidhi, Hadith 2263. Eid al-Adha, in this sense, serves as a powerful spiritual reminder to embody selflessness in daily life. It calls upon Muslims to become sources of compassion and peace, especially for the marginalised, needy, and those without a voice. Eid al-Adha coincides with Hajj, the pilgrimage commemorating trials of Ibrahim, Hajar wife), and Ismail son). Each Hajj rite whether standing at Arafat, stoning the pillars in Mina, or sacrificing an animal represents symbolic acts of letting go of pride, anger, and materialism. True celebration in Islam is not measured by festivity or excess, but by remembrance, gratitude, and moral responsibility. The Quran describes Prophet Ibrahim as thankful for His blessings 16:121) a reminder that real joy comes from acknowledging divine guidance, even amidst trials. Eid al-Adha should therefore be seen not as a single-day event, but as a spiritual summit a moment for introspection, transformation, and recommitment to God. It challenges the believer to reflect: Have I surrendered my will to the Divine, as Ibrahim did? Have I helped someone in need, even at personal cost? Have I purified my inner self of resentment, sense of superiority, and greed? These are true offerings of Eid. The real sacrifice lies in letting go of our ego. Eid al-Adha is more than just a celebration Ibrahim legacy calls for more than ceremonial obedience; it demands moral courage and deep compassion. In an increasingly divided world, the message of Eid al-Adha is more relevant than ever: true submission to God is inseparable from service to humanity. The

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Many people in their 40s become health-conscious but are misled by the popularity of low-carb diets a trend heavily supported by the meat and dairy industries. Let consider someone in their 40s who follows a high-protein, high-fat, low-carb diet such as keto), is very active, and goes to the gym regularly. This lifestyle gives them a false sense of wellness. High levels of physical activity can delay the negative effects of a diet rich in animal protein and saturated fat, temporarily masking underlying cardiovascular issues. If they also consume alcohol which is common, though smoking is fortunately less prevalent today), they may believe, I am fit and healthy because I work out and avoid carbs. However, physical activity can only compensate for dietary deficiencies up to a point. Eventually, the body compensatory mechanisms are overwhelmed. A common outcome is a cardiovascular event sometimes subtle or unnoticed that reveals the underlying damage. These events may include: Inflammatory foods damage the endothelium. The body responds by forming plaque fatty deposits) in the arteries a condition known as atherosclerosis. These deposits include cholesterol, fatty substances, calcium, cellular waste, and fibrin a clotting agent). Atherosclerosis reduces the endothelium ability to produce nitric oxide, impairing blood flow and flexibility. This stiffens the arteries and heart muscle, compromising their function. Dietary nitrates found abundantly in green leafy vegetables and beets help restore nitric oxide levels and protect the endothelium. These foods can prevent and even reverse plaque buildup, yet are often lacking in the modern diet, especially among the younger generation. Treatments for AFib may include medications and other interventions to try to alter the heart electrical system. If medication does not help, there are other invasive procedures like Cardio version, Catheter or Surgical Ablation and Atrial Pacemaker. Every year on June 7th, the global community observes World Food Safety Day, a United Nations initiative aimed at raising awareness about the importance of food safety and inspiring action to prevent, detect, and manage foodborne risks. With the theme for 2025 being Food Safety: Prepare for the Unexpected, this year commemoration focuses on enhancing the resilience of food safety systems in the face of emergencies, whether caused by natural disasters, economic crises, or global pandemics. World Food Safety Day, established in 2018 by the United Nations General Assembly and led jointly by the World Health Organization WHO) and the Food and Agriculture Organization FAO), underscores that food safety is everyone business from farm to fork. With 600 million cases of foodborne illnesses annually, the stakes are high. This article delves into the significance of World Food Safety Day, the current global challenges, and the shared responsibility in ensuring that the food we eat is safe. In an increasingly globalized food system, ingredients and final products cross multiple borders before reaching consumers. A fruit snack made in one country might contain nuts from another, sweeteners from a third, and be packaged in a fourth. This

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To change gears as and when required. Hence, Meaty new forward-looking approach to internet-related matters includes having an unwavering focus on enhancing accountability, safety and trust, without increasing the regulatory burden. It also puts emphasis on laws that can quickly adapt to changing tech needs with new rules and regulations. An opportunity, not burden Since the 2017 Right to Privacy judgment, policymaking on the digital economy focuses on trust, growth and governance. There is no standard playbook out there, notwithstanding the recent proliferation of experts. Our government has been on a journey to design a legislation that safeguards the interests of data principals (consumers/citizens) without stifling innovation. Stakeholders ranging from consumers to startups to investors have been involved at every step. The Modi government has welcomed consumer and industry feedback, examined it in detail, and taken cognizance of concerns that were justified. That our PM agreed to our request for withdrawal of the last version of the Data Bill in August 2022 because of how cumbersome it had become, and despite the time spent on it, is a testament to the openness of the process. Between then and now, we went back to the drawing board established a comprehensive future-ready framework for our digital economy and ecosystem consisting of IT Act & IT rules, cyber security directions, National Data Governance Framework Policy, the Digital Data Protection Bill, and soon to be unveiled Digital India Act (as a successor to the 22-year-old IT Act). Within this future-ready cyber law framework, the Digital Personal Data Protection Bill, 2022 achieves the objectives of protecting citizens right to data protection, ease of doing business, and government national security and emergency requirements and establishes a design to achieve the three seemingly contradictory goals of data protection, facilitating innovation and governance. DPDP will usher in deep permanent behavioral changes in our data economy and put legal brakes on the rampant misuse of personal data as well as the toxic practices of boxing, gas lighting and cyber trolling. Apart from its simple language and design, the salient features of the DPDP Bill are: We are on the final leg of our journey for the DPDP Bill it is open for public consultation. Constructive feedback and comments are welcome. We are engaging with all stakeholders sectorial groups, academicians, industry bodies, lawyers. We believe the consultative process of governance will incubate policies that act as catalysts for the digital economy. Its success would mean that in the coming decade of policy governance, policymakers and stakeholders will work as partners. With the global-standard and future-ready framework of laws and rules now taking shape, a safe and trusted, consumer rights-protected, enabling environment for the India Tec hade is falling into place. As the world largest connected democracy and as a pre-eminent nation in using technology to improve the lives of citizens and to create more opportunities for youth, India under PM Modi is charting a new course for both its own and the world future digital economy. S

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The experiences and reflections of those who have served in the Indian Armed Forces. The term Veteran is not just a title; it is a badge of honor earned through selfless commitment and sacrifice. These brave men and women have played a pivotal role in ensuring India freedom, often at the cost of personal comfort and safety. As we express our gratitude, it is crucial to remember that their willingness to sacrifice for our country deserves lasting acknowledgment. Veterans are the unsung heroes of India history, and we must never forget all that they have done to ensure India freedom. Serving in the Indian Armed Forces is a commitment to safeguard the nation integrity, often at the cost of personal comfort and safety. That notwithstanding, we have always risen to the occasion whenever the nation calls. Appreciating and understanding the vast pool of veterans experiences, across a diverse bandwidth, is crucial for creating an enabling environment for their reintegration into civil society. This pool is being wasted. We as Indians do not value our soldiers. Sadly, this has not got the traction it merits and remains a mere lip service at best. There is much to be done here collectively as a nation. They must take care of the veterans with the same commitment that the veterans have given for the security of the country internally and externally. The nation needs to be reminded of an unknown quote, For the veteran, thank you for bravely doing what you are called to do, so we can safely do what were free to do. says Col Trawler, a retired army officer. Lt Gen Vijay Oberoi, PVSM AVSM VSM, who retired as the Vice Chief of the Indian Army says, The veterans in India. Still, a couple of decades back. Very, very respected. And proud lot of soldiers. Continue to use and buy. What all they? Had learned during their first career in various places. I am afraid the veteran of today. Is not in that category. Because over a period of time. The veterans were forgotten lot. The powers that be thought that they are now no good and are incapable or not fit to do anything of importance, which was of course wirelessly. Inadequate and without. They, having thought about it, they made such statements. Perhaps you don know that. It was the veterans in the 1960s who chosen. To form what was known as the Land Army. And one of the our ex. Chief of Army staff. General Kumara Mangalam headed this organization, which was extremely active in the Pradesh. And also in a number of other places and they did a lot of work for. The India which was awakening after independence, unfortunately. The bureaucrats who wanted to become. And then the armed forces personnel. Stopped. It stopped this particular thing on petty reasons and thereafter. They started doing what they were, what they arm Land Army was doing and they make and they busted it up completely and made it what it is today. They don work. They wanted.

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Point on Tuesday, a record high. Indian equities are an outlier, unaffected by the flow of negative global economic and geopolitical news. For sure, there are proximate reasons such as a cooling of prices of key commodities like oil. That bound to have influenced the current surge in equity indices. But of greater importance is a sticky trend which suggests not just equities, but the larger financial system may be on the cusp of an important change. For long, foreign portfolio investors (FPIs) have had an outsized influence on equity indices here. Hence every global shock has had a big impact on both India foreign exchange and equity markets. This link is weakening. Consider the aggregate FPI investment pattern since April 2021. Over the last 20 months, almost $22 billion of FPI investment has flown out of equities. Over the same period, the BSE Sensex has risen 25%. This is perhaps the most important change as domestic inflows into equities have more than offset FPIs. Households, the main source of savings in India, have driven this change. RBI data shows that in the three years preceding 2020-21, household net financial savings as a percentage of gross national disposable income was between 7.5% and 7.9%. In the pandemic year, this surged to 11.5%. A part of the surge was directed into shares and also equity-oriented mutual funds, which saw an increase in assets under management by more than 50% to over Rest 15 lakh core between April 2021 and October 2022. This, however, may not fully account for the trend in equities. Other areas where household savings flow such as life insurance funds and even EPFO have also undergone a significant tilt in favor of equities. EPFO, for instance, now invests up to 15% of annual inflows into financial instruments linked to equities. How is this trend likely to play out at the macro level? India bank-dominated financial market is in the midst of a transformation. RBI estimates that bank credit accounts for nearly half of the total flow of resources to the commercial sector. Of the remaining flow of resources, as the share of equity grows it simultaneously enhances the availability of riskier forms of investment into the commercial sector. It comes just as automation disrupts traditional economic structures. India entrepreneurs should be delighted. The massive ransom ware attack that has crippled e-hospital services of AIIMS, Delhi, for the last seven days highlights the increasing vulnerability of the country healthcare infrastructure, and possibly other critical IT systems, to cybercriminals. The premier public healthcare institute caters to around 15 lakh outpatients and 80,000 inpatients every year. Consequently, there are fears that the attackers could sell the now force-encrypted AIIMS databases that contain personal information of patients including political leaders, senior administrators and judges and their healthcare records on the Dark Web. Of course, what has happened to AIIMS is hardly a local phenomenon. A massive increase in cyber-attacks on healthcare institutes worldwide has been witnessed during the Covid pandemic according to.

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Research by Clouded, the first four months of this year saw cyber-attacks on the healthcare industry increase by 95% compared to the same period last year. And the Indian healthcare sector was the second-most targeted globally. In the US, the most common target for global ransom ware hacks, the consequences have been particularly devastating from delaying chemotherapy treatments to diverting ambulances from a San Diego emergency room after computer systems were frozen. In fact, in July the US government warned that American hospitals had been targeted by an aggressive ransom ware campaign originating from North Korea. While the origin of the AIIMS attack is yet to be determined, it is clear that Indian hospitals are even more vulnerable than their American counterparts given their measly budget for cyber security. Add to this the increasing digitization of hospital operations and records, and we are looking at a perfect storm. India cyber security infrastructure includes agencies like National Informatics Centre and the India Computer Emergency Response Team (CERT-IN), which are investigating the AIIMS case. But more needs to be done. The latest industry best practice advocates a 3-2-1 backup approach for healthcare entities, that includes saving three copies of each type of data in two different formats, including one offline. Hospitals seriously need to consider this to ward off future crises. The Supreme Court has strongly pushed back against Union law minister Karan Rijiju equally strong stance against the collegium system for appointing judges. Even back in 1949, provisions for appointing judges to constitutional courts saw fierce debate in the Constituent Assembly. The matter was considered extremely sensitive, but as enacted it worked for almost 43 years. Then came the collegium. Its evolution for appointing SC and HC judges through the Second Judges Case (1993) is the product of flawed thinking of some judges, not necessarily the entire SC, that their wisdom is more superior than the wisdom of the Constituent Assembly, which gave Article 124(2) and Article 217 to We the People of India. This intellectual arrogance drove a brazen invasion of the Constitution by usurping the power of judicial appointment. A friend from Britain writes: When King Charles III is crowned next May, a Hindu Prime Minister will leave 10 Downing Street with his Indian wife to attend the ceremony. The Muslim Mayor of London will already be at Westminster Abbey. Security will be headed up by the Home Secretary, a Buddhist. The only white holder of a great office of state, Jeremy Hunt, will arrive with his Chinese wife. And the Chief Rabbi will walk from Clarence House, having stayed the night as the guest of the King and the Queen Consort. It will be a perfect scene of modern Britain! And the scene can get even perfecter, never mind the grammar. After meeting him at the recent G20 summit the new British PM sent a tweet in Hindi to PM Narendra Modi, which said Ek Majboot Dosti, A Strong Friendship, and has got tongues wagging among those who.

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Would promote the language not just as the rashtra bhasha, but as a multinational lingua franca. While the tweet is in the context of the mutual desire to strengthen Indo-UK ties post-Brexit, some might discern a subtler subtext contained in the message. Rishi Sunak has a Punjabi lineage, and his mother tongue would be Punjabi, which is written in the Gurumukhi script. PM Modi speaks Gujarati, which has its own script. The inter-PM tweet in Hindi, written in the Roman script, might well be interpreted by some as an informal Moue, Memorandum of Understanding, to include that boil in the list of items that India can export to Britain, to the benefit of both. The British Raj left behind in India both the English language and the Westminster model of government, which Rishi now heads, as the first among equals. All things being equal, is it time for India to return the compliment? To make the promised Indo-UK dusty even more major, would the British PM rename himself Prada Mantra, which is his Indian counterpart title? Would Westminster be vernacularised to Paschimgirja, and Big Ben, the bell in the clock tower, undergo both a nominal and gender change and become Bade Basenji? How apnea can apnea UK gets? When I say we know what you did last summer the reference is to cosmic time and not a particular summer. The James Webb Space Telescope (JWST) recently relayed images of the early universe of galaxies born billions of years ago. The visual capture was possible because the ancient images are carried forward by ancient light that takes ages to get closer to the line of vision of our ever-evolving tech-enabled eyes in the sky. Cosmic memory takes us back billions of years so close to the beginning of creation, the Big Bang, and all that followed thereafter. I get goose bumps just at the thought of witnessing the immediate aftermath of the birthing of the universe (immediate in the cosmic context). Of the two galaxies revealed, one is dated to about 350 million and the other, 450 million years after the Big Bang that happened some 13.8 billion years ago. Remain a secret in the universe? Unlikely. Alexandra Winze in Nature magazine quotes the authors of the report on the new findings by the JWST, While it is early days with JWST, results provide an enthralling glimpse of the potential secrets of the early universe which is being unlocked (by our telescopic cameras and scientist-observers). Let stretch this scenario to cyberspace. We have heard it being said that whatever we put out there in cyberspace, stays there forever that is, nothing ever gets deleted even if you deleted it from your database. A scary thought, because hackers may misuse your information for nefarious purposes. Also, your dark secrets, if any, may get exposed. But your information is accessible not just to hackers, it is available to all the service providers you use, and whose terms and conditions you agree to by.

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Ticking that little box, without ever really reading their long, wordy terms and conditions that may include the right to save and use all your information. What does all this really mean? Why extrapolate cosmic happenings and memories with cyber information and data sharing? Actually, the picture will be less hazy if we further contextualize these matters to philosophy and the law of karma. What you do, is what you get is definitely an over-simplification of a seriously complex issue but for convenience, it works. Which is why the wise advise us to think, feel and say positive rather than negative things, because everything is swirling out there, like swarms of starlings or bats, and you never know when you will be part of a swirl that will either carry you upward and forward to higher dimensions and potential ecstasy or downward and backward to perhaps a morass of suffering and remorse. The oft-repeated spiel about the power of thought may have something in its favor. Wait arena we told that nothing in life is permanent, for everything, whether the universe, atoms, humans, cats and dogs, data and information, are here today, gone tomorrow? Well, yes and no. That the universe may one day disappear in a Big Crunch, is a theory that also tells us that post the Crunch and dissolution of matter and life comes the revival and reoccurrence of the Big Bang, primordial soup and all. There is then the regurgitation of everything, maybe even your thoughts and your data, warts and all. The cycle continues. Would promote the language not just as the rashtra bhasha, but as a multinational lingua franca. While the tweet is in the context of the mutual desire to strengthen Indo-UK ties post-Brexit, some might discern a subtler subtext contained in the message. Rishi Sunak has a Punjabi lineage, and his mother tongue would be Punjabi, which is written in the Gurumukhi script. PM Modi speaks Gujarati, which has its own script. The inter-PM tweet in Hindi, written in the Roman script, might well be interpreted by some as an informal Moue, Memorandum of Understanding, to include that boil in the list of items that India can export to Britain, to the benefit of both. The British Raj left behind in India both the English language and the Westminster model of government, which Rishi now heads, as the first among equals. All things being equal, is it time for India to return the compliment? To make the promised Indo-UK dusty even more major, would the British PM rename himself Prada Mantra, which is his Indian counterpart title? Would Westminster be vernacularised to Paschimgirja, and Big Ben, the bell in the clock tower, undergo both a nominal and gender change and become Bade Basenji? How apnea can apnea UK gets? When I say we know what you did last summer the reference is to cosmic time and not a particular summer. The James Webb Space Telescope (JWST) recently relayed images of the early.

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CRPF-hcm-Eng-Test-Dated-2025-06-09-Test NO.-21007

Delimitation of political constituencies that can widen fault lines. India subnational economic divergence is a trend that deserves more study and policy attention. A lopsided economic structure usually has consequences that ripple out into other areas. Convergence is the only answer to it. A significant reduction in farm fires this winter in both Punjab and Haryana is heartening news for policymakers and agriculture scientists at the forefront of combating the scourge. North India citizens had slightly better winter air as well. Farm fires are down by 30 and 48 over last year in Punjab and Haryana respectively (this may be Punjab lowest farm fire count since 2012). The key then is to sustain these gains next year and the years after to ensure that the practice of paddy stubble burning, which is nothing less than social malpractice, is eradicated. What is obvious this time is a concerted attempt by Punjab and Haryana officials to deter farmers from setting fields on fire. The anti-farm-reforms agitation and the Punjab elections had turned the fight back against stubble burning into a nonstarter, the last two years. Both in-situ straw management through super-seeders, which plough the straw back into the soil, and ex-situ baling of the straw for sale to biogas plants, industries with captive power plants, and fodder suppliers, were heavily promoted this year. Super-seeder machines gaining in popularity over the previous generation happy-seeders is a promising development. Innovations that make these machines better and faster and more fuel-efficient can win over the holdout farmers too. ICAR bio-decomposer appeared to not find much favor, given the short window between khaki harvest and rabbi sowing this year, but it just as promising. There a political dimension as well. AAP winning the Punjab assembly elections has ensured that Punjab government cannot duck accountability for farm fires, which hurts Delhi the most. Similarly, BJP helming Centre and Haryana have ensured both governments are on the same page. Centre Commission for Air Quality Management, in which the affected NCR states are stakeholders, has also released ample funds. For even bigger environmental challenges, for example, weaning off coal, there a lesson a mix of technology, government-backed incentives and funds, garnished by a sense of political responsibility, can make a difference to even seemingly intractable problems. Rape survivor Bilks Bane has petitioned the Supreme Court for a review of its May 13 judgment allowing Gujarat to consider the remission pleas of the 11 convicts who were serving life sentence in her case. A Gujarat government affidavit filed before SC has revealed the processes followed before releasing the 11 convicts. While the affidavit left unanswered many questions regarding the premature release of the convicts, it did divulge some startling facts about their frequent and long stays outside the prison, on parole and furlough. What are parole and furlough? Parole and furlough systems provide for release of convicts from the prison for specific purposes and durations. Such releases are, more often than not, conditional. While parole may be granted for

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Money, that about all. So to put it very succinctly. The veteran, whatever he gets, whatever he does, is only because the deserving community has at least realized within the military that we veterans are important. As deserving people, and perhaps in certain fields, even more so, however. The Government of India. The civil government. And also the social organization have yet to realize it. I do know when they will realize it, but I hope that in the years to come they also find. And acknowledge that the veteran is a very important man or woman. I think I all end by saying. It is the veterans who are the mouthpiece. Of the serving community, the serving military person because they are able to speak and also to convey the feelings, the concerns and the wants of. The serving community, which for various reasons including various laws etcetera, are unable to do so. Many veterans find a renewed sense of purpose and accomplishment in contributing to society post-retirement. Col Pradeep Kapoor, engaged in the disability sector, emphasizes the need for more recognition of the valuable work veterans do after leaving service. Veterans bring a unique and unbiased perspective to national issues, free from regional or local biases. Maj Gen Raju Chauhan, VSM, says, Most veterans continue to be soldiers as they were. They have loyalty to olive green and natural fondness for anything connected to it. However it also true that politics and religion has slowly creeped in and a small percentage is affected. A very small percentage tend to forget the cardinal rule that never ever criticise your organisation or comrades in public. Veterans are role models for society and most continue to contribute for betterment of society. In second innings, most officers are financially well settled and so are their children. They are enjoying the golden period. Veterans are very important part of society and if engaged with honor, their contribution to society can be immense. Nation always First. Col Danvir, a retired army officer, strategic Expert and a columnist, reflects on his ten years in civilian life. While acknowledging the immense respect shown by fellow citizens, he points out the challenges veterans face in bureaucratic matters. His father wisdom resonates- veterans will be respected for their services, but they must work hard to prove societal expectations wrong. The call here is for veterans to continue being upright and honest in the face of these challenges. As we celebrate Veterans Day, let us not only honor their past sacrifices but also recognize and support the ongoing contributions of these heroes to the betterment of our nation. This is a collective responsibility, a call to action, to ensure that our veterans receive the acknowledgment and support they truly deserve. As 2023 drew to a close, India deployed three warships in the Arabian Sea after a drone hit a merchant vessel, MC Chem Pluto, off its western coast last week. A second vessel MV Sai Baba, an Indian-flagged crude oil tanker, was also hit by a one-way attack drone. The US has claimed that the two drones were fired from Iran although Tehran has dismissed this accusation as baseless. India, ho

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Has halted all container shipments through the Red Sea until further notice. Defence minister Singh has also highlighted that India is a regional power in the Indian Ocean and is a net security provider in the region and, thus, it must ensure that the maritime trade routes remain protected. Despite its stated aims to secure sea lanes of trade in the region, India did not join Operation Prosperity Guardian, a US-led maritime security initiative to address security challenges in the Red Sea and ensure freedom of navigation. There are two reasons for this. One, India has always been wary of joining any coalition, let alone a US-led one, given its long standing non-aligned foreign policy stance. More pointedly, US-India relations, which had been blossoming since the epochal US-India Civil Nuclear Agreement finalised in 2008 to the US-India Initiative on Critical and Emerging Technology (ice) in 2022, have faced some complications after US Department of Justice charged an Indian citizen in November 2023 with plotting to assassinate a US citizen on US soil. Since then, President Biden has declined an invitation to visit India for its Republic Day celebrations and the Quad summit 2024, which is also looking to be in trouble for the second year in running. The second reason is India own relations with Iran, and the lessons it has learnt from following the US policy towards Iran in the past. India abided by US sanctions, winding down on oil imports from Iran after the latter pulled out from the Joint Comprehensive Plan of Action in 2018. Before the ban, India imported 23.5 million tonnes of Iranian crude oil, almost one-tenth of its total requirement in 2018-9, that too on lucrative terms such as 60-day credit and other discounts. As India scaled back on Iranian crude oil, China India strategic competitor, unfriendly neighbor and world largest crude importer became Iran top customer. Between 2020 and 2023, Iran oil shipments to China more than tripled despite US sanctions. While this lesson ensured that India did not follow the West on its sanctions on Russia post the invasion of Ukraine, tensions in the Middle East are now jeopardizing India strategic and economic interests, especially with Iran. This is one of the reasons foreign minister S Jaishankar is visiting Iran on Monday. India has been scaling up its investments in Iran. The Cahaba port is a key point of interest where, after years of arbitration, India is looking to sign a multi-year deal to develop a terminal in the geo-strategically important port which provides access to Central Asia. The interest is not one way. Iran too is keen to revitalise its energy relations with India, especially as India becomes the third largest importer, and consumer of crude oil with a growing economy and demand for oil in 2024. OPEC cuts on oil for the first quarter of 2024 have also pushed Indian refiners to further diversify their oil supply which creates an incentive for New Delhi and Tehran to push for strong ties. Rising prices on crude oil have a substantive impact on India domestic politics a surge in crude oil prices raises the cost of domestic fuel, which would impact those largely in the lower-incom

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Is garnished with an egg atop its golden crust of grilled cheese. At this rate will La Marseillaise yield ground to the Big Mac, the Bastille be stormed by The Whopper? Jamaica! Never! Before that dire fate befalls France, Marianne, the Spirit of the Republic, will arise and command the alimentary interloper to Burger off! The Bagdad Gita is perhaps the most systematic scriptural statement of the Perennial Philosophy, wrote Aldous Huxley. Popularized by Huxley, the term Perennial Philosophy recognizes the highest common core or the essence of all religions regarding the ultimate purpose of human life. And purpose is to achieve a mystical or experiential union of one Self with the Supreme Being at tam as That Thou Art. The Gita indeed is a complete work on the science of spirituality that encompasses divergent themes like Samkhya Jnana, Karma, Bhakti and Dhyan arranged in a most systematic manner. It presents to its devotee a vision of the Supreme, tells him how to discover Him, recognise Him in His true nature and magnitude, merge in Him and how to attain the Ultimate Beatitude. Right at the eleventh hour when the war is about to begin, Arjun, seeing his venerable preceptors, sires and grandsires, sons and grandsons in the battlefield, is tormented at the thought of fratricidal carnage and bloodshed that would occur. Thus, laden with sorrow, he sits on the chariot, dropping his bow and arrows. Seeing Arjun reluctance to fight, Krishna feels that it ill-behooves a warrior to show such impotent feeble-heartedness and impresses upon the Panda prince to pick up his arms. When despite all efforts, Krishna is not able to rid Arjun of his mental agony and motivate him to fight, he decides that time is ripe to impart profound spiritual knowledge to the Panda prince, to enable him to see things from a different perspective. says to Arjun: Thou hast grieved for those that should not be grieved for, yet thou speaks words of wisdom. The wise grieve neither for the living nor for the dead. The implication behind these words of wisdom is that death is nothing more than disintegration of matter and merging of the five elements, of which the body is composed, in their source. Krishna further says: Never was there a time when I was not, nor thou, nor these lords of men, nor verily will there ever be a time hereafter when we shall cease to be. This statement suggests that the soul is immortal and the Supreme Self that dwells within is imperishable. The soul exists in the three periods of time past, present and future and man continues to exist even after the death of the physical body. That which is born, dies; and that which dies is born again. Like the wheels of a water-clock this cycle continues. Or as sunrise and sunset follow each other, so in this world birth and death are inevitable. Having uttered these words of wisdom, Krishna advises Arjun to cast away wrong.

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Though Russia-Ukraine and Isreal-Palestine wars have been first X-ed and then Grok-ed, we in India were not able to appreciate or criticise the role played by global communication platform X enabled by AI of Grok during a war-like situation. As X also played a key and probably decisive role in Biden-Trump war, Elon Musk, the owner of X has been hard-selling himself as messiah of freedom of expression by claiming to have kept X free from the biased censorship. By adding Grok to X, Musk has indicated that humanity now has an artificial intelligence tool that will weed out the false fake information, making X a dream-come-true for we the common citizens of the world, who never had a voice that was free. Till we looked at the way Grok-enabled X has delivered till now from a safe distance, it was tempting to believe that Musk has really changed the world of mass communication. But, as we in India are now getting to experience its performance in a war-like situation of Operation Sindoor, it is becoming clear that Mr. Musk an walking the talk, and here is why. X has features that are indicative of the fact that it is not a communication platform that humanity can use meaningfully. First is the Blue Tick. Blue Tick is an instant destroyer of free speech, as one core values of free speech is equality right to be heard. Musk has made blue tick a business and, by giving priority to those with blue tick in displaying comments, X is clearly not a platform for freedom of expression. It is a platform where money matters more than truth or quality of content. The other weakness brought to X by blue tick model is the lack of due-diligence. Thanks to Operation Sindoor, it is now possible to see this clearly as a lot of fake handles created purely to deceive and misinform are granted authenticity by blue tick just because Musk gets to make money from them. Second is the Hashtag. The design of the tool of hashtag is a dead giveaway that X of Musk is least bothered about ensuring fair flow of information that is critical for communication. If X was the only Forum for freedom of speech, it would have first built technology that disallows false hash tagging before offering it as a tool to club and collate information. The way hashtag is designed, it is entirely possible to use hashtag PoK for a post that is actually a cat video tells us that X is not about information. In fact, most of the posts on X can be found to be misusing hash tags to ride the popular wave. Hashtag feature tells us that X is about eyeballs and eyeballs only. And third is Community Notes. Community Notes is a feature touted by X Musk as a way to give power to the people and it does work, but it is probably the smartest way to fool people into thinking that X is designed to weed out false fake information when you look at this tool in the context of Grok or any other AI tool like perplexity. And the best way to understand is by looking at posts about Operation Sindoor. Almost 90 of posts about crashed aircraft or bombing that had flooded X used either an old and unrelated image or an AI-generated video from a war game. This is not new as same happens during any catastrophe such as an earthquake

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Yet X smartly waits for community to make the effort and flag only a few of these posts by using community notes feature. This is probably the biggest giveaway that Musk has very little interest in providing humans with a dependable global platform for information exchange when we understand the power of Grok that is available to Musk. If Musk really wanted X to be a false-information-free platform, the first use of Grok would have been to weed out what is undisputed false information. A post with a crashed aircraft image that is 10 years old and calling it out using Grok instead of waiting for community notes to respond is surely not censorship or attack on free speech. The fact that the power of Grok is not used for this kind of greater-good action that will make X dependable tells us what Elon Musk is really trying to do. If we look at all the three issues raised above, it is easy to realise that Elon Musk is not interested in free speech or curb the toxicity of fake false information. The one and only point of interest for Musk is to encourage more and more use of X and in turn grok, at whatever cost. The traffic shift to X is a game changer. The lawlessness of X is encouraging people to use it to lie and drive agenda using misinformation. This, in turn increases use of Grok and hence Grok is on the way to become fastest evolving AI on the planet. As Elon Musk started with a bit of disadvantage against old players like Google or Facebook that enjoyed a decade of lead in farming data, he had to find ways and means to accelerate the data-collection for his AI and by buying X and turning it into the most-used platform today, he has managed to catch up and go beyond. Looking at the ambitions that Musk has, it is unlikely that he is going to be interested in actually gifting humanity with a platform that he is claiming X to be. Delhi, India historic and political heart, stands at a pivotal moment. For decades, it has been a city of immense potential, rich in culture, talent, and connectivity. However, despite its stature, Delhi today finds itself falling behind neighboring cities like Guru Gram and Noida in terms of infrastructure, housing, and investment. The slow stagnation has been painful to witness for those of us who have called Delhi home for generations. While Guru Gram and Noida have become magnets for businesses, startups, and new housing, Delhi middle class is increasingly priced out of the city. Home ownership for a regular working family has become a distant dream. Many of my peers, friends, former government officials, professionals, and civil servants have had to leave Delhi to find homes in satellite cities, even as their social life and loyalties remain rooted in the capital. I, too, was forced to move to Guru Gram not out of choice, but necessity. The real issue is a lack of land; it a lack of coordinated development. Delhi spans 1,483 square km, yet only 703 of these are developed. This leaves nearly 783 square km of untapped potential urban land that could be harnessed for planned growth, housing, infrastructure, and economic activity. The key to unlocking this lies in two powerful policy tools: the Master Plan for Delhi 20

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Understanding from his mind; it is better to lay down one life in the battlefield than not participate in it at all. Those who get killed in the battlefield enjoy the pleasures of heaven simply because they did not abandon their duty. And if you emerge victorious in the battle, you will be greatly honored on the earth and the deed of your bravery will spread far and wide. Therefore, gird your loins, free your mind of deception, and plunge into the battle with all you might. This is the Janna, the wisdom of the Samkhya, which Krishna imparts to Arjun. The humankind has witnessed and successfully survived several disease outbreaks over the course of time. Antibiotics have played an important role in treating these infections and providing relief to millions of affected individuals. This contributed to better health outcomes, including lower mortality rates and increased life expectancy. While antibiotics are essential, the increasing incidence and impact of antimicrobial resistance (AMR) is starting to cause more problems. AMR is the ability of the microbes to develop mechanisms to protect them from the effects of antimicrobial drugs such as antibiotics. Some of the key reasons for the steep rise in AMR across the world include human overuse of these medicines for treating infections that do not require antibiotics, careless use in the animal husbandry business, and unsustainable procurement and production processes in the pharmaceutical industry have resulted in microorganisms developing resistance to these medicines. The looming threat of AMR not only threatens the efficacy of antibiotics, but also risks the basic principles of global health systems. The World Health Organization (WHO) has declared AMR as one of the top 10 global health threats facing humanity. The cost of AMR to national economies and their health systems is significant as it affects productivity of patients or their caretakers through prolonged hospital stays and the need for more expensive and intensive care. In India with high out of pocket medical expenses, AMR is a particular challenge due to the high burden of communicable diseases, an overburdened public health system, limited laboratory capacity for etiology-based diagnosis and appropriately targeted treatment, inexpensive and widely available antibiotics without prescriptions, inconsistent infection prevention and control (IPC) practices, and the lack of standardized effective surveillance platforms that monitor healthcare-associated infections (HAI). According to government data released in 2019 AMR infections claimed lives of close to 7,00,000 Indians annually. The Government of India has formulated a National Action Plan to tackle AMR (NAP-AMR), largely modeled on the World Health Organisation Global Action Plan on AMR. While the NAP-AMR successfully mirrors the Global Action Plan and lays out ambitious goals, yet some critical factors such as limited financial allocations, inadequate enforcement of control measures across levels and insufficient multispectral co-ordination have hampered progress. Through development of life saving medicines, the pharmaceutical industry has impacted the lives of millions of peopl

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The interview wait period for US B1 (business) and B2 (tourist) visas globally is the highest in India, at close to 1,000 days. The current wait time for B1/B2 interview waiver (drop box) cases is eight months here due to consular staff shortage. This is when the US state department recently said the average global wait time for visitor visa category is less than two months. Don Heflin, US embassy in India minister counselor for consular affairs, tells Sarah Sinhala why the queue is so long in India and what is being done to get it moving: Why are the visa wait times so high in India? The Covid pandemic resulted in profound reductions in the department visa processing capacity, and many of our embassies and consulates were at times only able to offer emergency services. Many of our embassies and consulates continue to face staffing challenges that began during the pandemic. This means that ongoing visa delays are a worldwide problem, not one specific to India. But very few US missions in the world share the same volume and complexity of visa workload as India. Iran unputdownable women have upped the ante against the regime. But we have our own Iran warrior queens. Feisty Smite is one only by marriage. The first sail I ranis were those who braved the treacherous land route to India often on foot for an earlier version of today battle cry of Jin, jean, aside , woman, life, freedom. Their ancestor Parses had arrived by sea a millennium earlier. The clutch of Zoroastrians left behind had been reduced to untouchables. In 1854, Mumbai Maneckjee Hat aria launched a political mission to bring his persecuted co-religionists to open armed India. The men worked as dockhands, then set up the now iconic Iran cafes. The women came into their own when the refugee Iran is revived their old farming skills to create the pioneering chino orchards of Gujarat. Strapping Godard worked the land and ran the home matriarch easily metamorphosing into battle axe in popular culture. More domineering even than her formidable Paris counterpart. It was these rugged women, still speaking their Dari dialect, whom I got to admire while writing on the doughtiest of them all. Negros Iran fought a relentless, 20 year old battle against the Dachau power plant, whose daily spew of 76.38 tons of sculpture dioxide suffocated the orchards those early settlers had coaxed out of the grassland with sweat and bloodied hands. The livelihood of fishermen also gasped. Negros Iran, cross between pit bull and battering ram, highlighted in 1988 the eco warrior slogan: Green is also development . At every trip to her home which used no wood at all I found her in a deeper pile of files documenting pollution havoc. She enlisted experts from the UN downwards, went all the way up to the Supreme Court. She wrested concessions, but she was up against too power full a foe. Her obsession then turned on the timber trade and Dachau.

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Town dirty balloon and rubber glove industries, turning her into the singular target of multiple vested interests. Still, thanks to our Iran warrior rani, the whole talk was designated an eco-fragile zone and thus won jiving, aside from squalid death by development. The contributions of the Persian community to India progress is enormous, to say the least. I was brought up in a Paris colony and am fully familiar with their enterprising, kind and philanthropic nature. It was a confident S.K. Jain who told me in 2009 that the Kudankulam Nuclear Power Project in Tamil Nadu was a model of ideal cooperation between India and Russia, and that the project entailed a fusion of technologies from the two countries. Mr. Jain was then the Chairman and Managing Director, Nuclear Power Corporation of India Limited (NPCIL) and I was an Associate Editor at a magazine. Today, his words ring resoundingly true. Not only the first two units of the Russian VVER 1000 reactors at Kudankulam, Tirunelveli district, are generating power smoothly but construction of four more Russian reactors is under way. These four units Kudankulam 3, 4, 5 and 6 will again be VVER 1000 reactors. All of them will generate 1,000 Me each. While Russia is supplying the design and equipment for them, it is the NPCIL which is building them. Under a sovereign agreement , Russia will supply the enriched uranium fuel for the life time of the six units. The fuel rods will be supplied by the Nuclear Chemical and Concentrates Plant (NCCP) at Novosibirsk, the capital of Siberia, Russia. A significant development is that Kudankulam 1 operated continuously for 326 days till July 24, 2022, when it was shut down for refueling. During those 326 days, the reactor generated 7,614 million units which was shared by the southern States of Tamil Nadu, Andhra Pradesh, Karnataka and Kerala, and the Union Territory of Pondicherry. While the first unit, which attained criticality in July 2013, began to generate commercial power from December 31, 2014, the second unit achieved first criticality on July 10, 2016. The second started commercial generation of power from March 31, 2017. The two units have so far generated 43,514 million units and 29,192 million units respectively, providing big relief especially to power starved Tamil Nadu. Involved in this nuclear power cooperation is Rosa tom, a State atomic energy company in Russia. About 300 enterprises come under it among which Atomstroyexport is a big company that forms part of the engineering division of Rosa tom. In addition, Rosa tom produces isotopes for use in nuclear medicine. At Saint Petersburg, Russia, on June 1, 2017, the Atomstroyexport group of companies and the NPCIL signed a general framework agreement for erecting the fifth and sixth Russian reactors at Kudankulam. This has led to the start of the construction work on the fifth reactor. Since then, the deep foundation draft for the turbine building and the reactor assembly building for the fifth reactor has been completed. Rosa tom has.

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Been spreading its footprints across the globe. Its VVER units are being built in Bangladesh, China, Egypt, Hungary and Turkey. Two VVER 1200 units are being installed at Ishwardi village, near Rooppur, about 160 km from Dhaka, the capital of Bangladesh. The reactors will generate 1,200 Me each. There is steady progress in the construction of the two VVER 1200 units at Rooppur. The inner containment (IC) dome metal structures for Rooppur 2 were installed in June 2022. The upper portion of the dome, weighing 194 tons and measuring 35.7 metres in diameter, was placed in its design position at a height b of 51.7 meters. Alexey Deriy, vice president, Atomstroyexport and Director, RNPP Construction Project, said, Inner containment dome installation is one of the milestones in 2022. We performed a similar work at unit 1 last year. Thanks to that, the dome pre assembling activities this time lasted 56 days less, taking 151 days in all. Once both the IC portions have been welded together, the dome concreting will go ahead. Rostom is also building four VVER 1200 units at El Dabaa on the Mediterranean coat, about 300 km from Cairo, the capital of Egypt. Each of these units will generate 1,200 me. On August 26, 2022, the Hungarian Atomic Energy Authority gave the license to Rosa tom for building two units of VVER 1200 at Packs II nuclear power plant site. It will be a turnkey project. The VVER 1200 reactors are being built in China too, demonstrating that Rosa tom has become a truly global company. If all these countries prefer the Russian VVER 1000 or VVER 1200 units, it is because of their evolutionary design with a series of active and passive safety features. These VVER units have the design philosophy of defence in depth. They have multiple levels of safety so that if one level fails, another level of safety will spring into action. The reactors are equipped with leak tight containment domes which will prevent radioactivity escaping into the atmosphere in case of an accident, the VVERs have two significant safety features: the passive heat removal system (PHRS) and a core catcher. An important safety feature incorporated in the reactor is the core catcher. It is a vessel made of stainless steel and weighing more than 100 tons. It is called the core catcher because the fuel core will fall into it. In case of a severe accident, the molten radioactive fuel core from the RPV will fall into the big pool of water in the core catcher through a funnel, remain there and be cooled. The molten fuel will not fall on the floor of the reactor building and contaminate it. The emergency core cooling system will be activated and the area around the core catcher will be flooded with water. In the field of breeder reactors too, Russia is leading the world. While France and Japan have not been successful in their breeder reactor programmer, and India is struggling to commission for.

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The past three years its 500 Me Prototype Fast Breeder Reactor (PFBR) at Kalpak am in Tamil Nadu after it has been fully built, Russia breeder programmer is doing well. Its BN 600 breeder reactor at Beloyarskya Nuclear Power Plant is the only industrial level fast reactor in the world that is commercially generating power for the past 40 years. Since it was first started up in 2016, BN 800 fast neutron reactor has been operating successfully, marking a significant achievement for Russia and the nuclear energy industry as a whole. Today, India commences its G20 presidency. The previous 17 presidencies of the G20 delivered significant results: Ensuring macro economic stability, rationalising international taxation, relieving debt burden of countries, among many other outcomes. We will benefit from these achievements, and build further upon them. However, as India assumes this important mantle, I ask myself can the G20 go further still? Can we catalyse a fundamental mindset shift, to benefit humanity as a whole? I believe we can. Our mindsets are shaped by our circumstances. Through all of history, humanity lived in scarcity. We fought for limited resources, because our survival depended on denying them to others. Confrontation and competition between ideas, ideologies and identities became the norm. The return of 20 names proposed by the Supreme Court collegium for judicial appointments ten of those names were reiterated after being returned earlier shows GoI has hardened its position in the current standoff. While the mighty fight, litigants are the collateral damage. Every week there are high court judges retiring and vacancies are growing. Existing judges can dispose of more cases. But they cannot make amends for vacancies. The Centre and SC must meet halfway without any compromises on the independence of the judiciary or the quality and integrity of the judges who get selected. The collegium is a demonstrably poor system where the individual biases of judges can affect who gets selected or dropped and there too much opacity in its ways of functioning. NJAC was an elegant solution, but one which SC feared would give the executive primacy in judicial appointment. Centre must unveil a new after consultation with political parties and SC, which is acceptable to all sides. But given the current state of political polarisation, it remains to be seen whether the cross party consensus that ensured smooth passage of the NJAC Bill through Parliament in 2014 can be replicated. While those hypothetical questions remain, both the Centre and SC must apply their minds to the system in vogue, the collegium. SC must make public criteria used to select judges, like assessments of 250 judgments written or cases argued. The Centre, for now, must confirm names recommended by the collegium because this follows a long process of consultation by HC and SC judges as well as Intelligence Bureau inputs. Many top notch lawyers interested in the judicial vocation are choosing to stay away, wary of the scrutiny and drawn out controversy. That a tragic waste of judicial talent.

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1st October saw one of the most awaited tech events in the country the launch of the 5G network in the country by our Hon. Prime Minister. 5G is expected to take the industry by storm with more than 500 million 5G subscribers expected within the next 5 years, making it one of the highest in the world. The country is ready for 5G and the same can be gauged from the fact that India has a very high level of 4G adoption, thus indicating the building of the subscriber base to transition to 5G. The stage was set for the launch after a successful auction resulting in bids of more than 1.5 lakh cores for Reliance Join, Aortal, VI, and Adana. The country would see a staggered rollout with most urban and large regions expected to have 5G connectivity. 5G rollout is expected to boost the GDP by nearly half a trillion dollars in the next 15 years, making it one of the most significant drivers for economic growth. While 5G would have an all-round impact, it would be extremely significant in rural areas. It is expected to bring a significant boost to the rural economy and quality of living, though the rollout is expected to start in a few months after the urban rollout reaches scale. Perhaps, it would have the maximum transformative impact on the socio-economic condition of people in rural areas more than anything else in the recent past. Education and healthcare are the backbones of socioeconomic development and the well-being of people. A recent UNESCO report has stated that India urgently requires 1.2 million teachers to meet its shortfall. The same report states that the country has 120,000 single-teacher schools, 90% of which are in rural areas. Thus the quality of education takes a beating in such a scenario. Reliable, fast, and efficient 5G connectivity would enable the Government to embed technology into learning and improve the quality of education and learning outcomes in rural areas. Smart Classrooms with digital content can further aid the classroom learning of children. Special sessions can be conducted for multiple schools and students at the same time using online platforms. Teacher training can also be enhanced with the help of digital content and reliable connectivity. This is also in sync with many of the principles of the National Education Policy 2020, including digital library, and Digital Infrastructure for Knowledge Sharing (DIKSHA). A similar problem is seen in healthcare, with an estimated 21% of Primary Health Centers and Sub Centers in rural areas functioning without doctors. This leads to a significant load on the secondary and tertiary healthcare centers in the blocks and districts, thus leading to less-than-optimal healthcare services being provided. Digital and Smart Health solutions, supported by a 5G network can connect doctors at a centralized location with patients at the PHCs. A paramedic can be placed at the PHC to help create Citizen Health record (Ashman Bharat ID or ABHA ID), connect the devices for diagnostic values.

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Facilitate doctor consultation through video conferencing, print e-prescription and explain the medication or referral requirements to the patient. The solution enables the integration of an e-health platform with Connected Devices, Medical Protocols, Operational Protocols, Training Protocols, and various Business Models. All of this is made possible by the reliability of 5G, which ensures that the same level of health services can be provided without a doctor is available at every PHC. This would also solve the issue of a vast majority of rural citizens having to throng secondary and tertiary care centers in urban areas with medical problems which can be addressed at the PHC level. The Government is looking at investing nearly $ 30 billion over the next few years to ensure last-mile network accessibility for 4G and 5G in every village across the country and to build a robust digital infrastructure in the rural areas. This opens up significant entrepreneurship opportunities for rural citizens, who would be able to connect seamlessly with a wider audience and market and sell their products. The recently launched ONDC platform, coupled with 5G connectivity in rural areas, would open up a plethora of opportunities for rural businesses to thrive and prosper. The availability of reliable 5G connectivity in semi-urban and rural areas would also mean multiple business houses opening their set-up there, thus bringing in employment opportunities for the rural population. All in all, 5G connectivity would be a huge boon for India, and more so for its rural population. If harnessed to its full potential, it can be a game-changer. It can bring in better socio-economic conditions for our rural population and be a harbinger of growth as the country marches towards being a $5 trillion economy in the next few years. The pandemic has changed how doctors treat their patients, especially physicians in rural India. The last two years of living with Covid-19 exposed the fragile healthcare infrastructure, but the doctors now know when and how to use technology for better care, connectivity, and collaboration. With the increasing wellness mindset in the population, technology adoption is logical. The general physicians at local hospitals and nursing homes are now focusing on wellness enabled by technology that allows them to broaden their scope of work and make healthcare affordable. A gynecologist at a local hospital no longer focuses only on delivering babies but on a patient holistic health and wellbeing. Holistic care of women and newborns, along with early health screening and prevention, is a big focus now. And it is something that can be done only by collaborating with other medical specialists. Technology has made this possible through connected care. We can now connect an Bogy nursing home to experts for women wellness and newborn care anywhere in the country for super-specialist needs, including remote intensive care for babies. In the pre-Covid era, a local doctor or a nursing home in a rural area would have been apprehensive of any collaboration with a city hospital due to the risk of losing.

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Patients and they would shift a critical patient in a rush to the tertiary care facilities. After the pandemic struck, this mindset has changed, and many collaboration platforms with specialists are now in use. Patients are now stabilized with remote support for diagnostic and treatment, and only who need to go to the tertiary care facilities are sent after providing primary care. The new trend is sting before treatment, hence, there is an effort from doctors in rural areas and smaller nursing homes to invest in technology for early screening and diagnostics and to leverage connected care for collaboration. People, too, do not want to travel anymore unless it essential. They have faith and confidence in their local doctors. The challenge for a doctor today is to think up to what level they need to equip their facility/nursing home so that the patients can be offered all the immediate care in their neighborhood. It allows bigger hospitals to focus on being specialty-driven and more complicated cases. This shift is already happening in cities and small towns, as we no longer face a situation where big hospitals are overwhelmed with patients with basic needs. We also don need dedicated Covid-19 hospitals anymore as the immediate health care needs of a patient are now being taken care of locally. Value-added tech While in-presence care is crucial, almost 50% to 60% of consultation at a doctor hospital/clinic is follow-up care. This is possible online and quickly, making better use of both the doctors and patients time. Online consultation with the diagnostic test report is as good as going to the hospital to show the report. Several chronic care areas, such as hypertension and diabetes, are some of the care areas that can be offered remotely through online consultation, reducing the number of visits to a doctor. What is the point of wasting hours waiting to see a doctor when you can avail of the same facility online? It is possible today because the government has allowed online consultation post-Covid. The government is also investing in improving diagnostics at the district and local levels. Respiratory diagnostics has gained much attention and demand from the public post-pandemic. But this is a facility that is mainly confined to hospitals, leading to higher costs for patients. By adding respiratory diagnostics to the bouquet of services offered by diagnostic centers, the cost of respiratory diagnostic tests can be brought down considerably. Every diagnostic center should consider adding all the diagnostic needs rather than upgrading a single modality such as ultrasound or CT scanners. As a learning from the pandemic, diagnostic centers should focus on expanding diagnostics to serve all the needs of the patients. Before Covid-19, only large hospitals had a mindset for expanding diagnostic services holistically. However, the pandemic taught us the need to expand diagnostic services at every level, from nursing homes and diagnostic centers to tertiary care. Growth of tile-ICU Another area that got a big technological boost during the pandemic was the tile-ICU the.

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Use of health information exchanged from the hospital critical care unit to another via electronic communications). In the past, due to end mile execution, the hospitals were reluctant to use this. Even when it was implemented, only big hospitals were using it. Now many smaller hospitals are providing this facility remotely and monitoring progress in real-time. All you need is a network of trained workforce, paramedics, doctors, and intensive care experts. No bandwidth problem When it comes to connected care, bandwidth is a concern. Many worry that India rural regions do not have the sufficient infrastructure to support a tech-driven healthcare ecosystem. The truth is that most connected care services do not need huge bandwidth. A basic 2G or 3G allows people to use their mobile phones and What Sapp. But yes, if you want to use advanced technologies like robotics or conduct remotely assisted surgery, you need ample bandwidth. For the majority of connected care platforms, the existing bandwidth is good enough. Post-pandemic, the on-call doctors, hospitals, and diagnostic centers need to realize whether they can invest wisely and efficiently in the necessary technology across services, thereby enhancing patient care as well as bringing down costs. The technology-enabled environment has made it possible for teachers and students to adopt a variety of teaching-learning techniques. The most effective learning outcome and student experience, even at the individual level, are produced by hybrid learning, which employs a flexible balance of online and offline approaches. This contrasts with blended learning, which combines online and traditional classroom approaches. With a blend of physical classroom instruction with online learning, hybrid learning has created a powerful new learning environment that is highly effective and efficient. It has created a profound impact on the Etch ecosystem. Hybrid learning has transformed the education landscape by many folds. It has not only enabled students to continue learning remotely but has also reduced teachers non-teaching tasks. Furthermore, hybrid learning helps in improving new and skill-based learning for students. Following are some pointers. Hybrid learning allows students to learn at their own pace: Hybrid learning is a type of instruction that combines physical classroom learning with online learning. This type of learning enables students to learn at their own pace. For example, if a student needs more time to master a concept, they can take their time and work through the material at their own pace. Likewise, if a student is struggling with a concept, he/she can receive additional support from their teacher or classmates. Hybrid learning is a great way to personalize learning for each student that can be beneficial for those who struggle with certain concepts or who learn more quickly than their peers. Hybrid learning provides a more personalized learning experience for each student: By blending online and offline instruction, hybrid learning can offer students a more customized learning experience that meets their individual needs. For instance, students who learn best in a traditional classroom s

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It a good reminder to those who see the world through a bipolar lens that there is now a multipolar world order emerging, one that will be based more on interests than values. Jonathan Swift, author of Gulliver Travels, made a list of resolutions in 1699. After declarations like, Not to boast of my former beauty, or strength, or favor with Ladies and Not to be fond of Children or let them come near me hardly, he ended with the most sensible resolution of all time, Not to set up for observing all these Rules; for fear I should observe none. He already knew what research tells us today, that 80% of resolutions are abandoned within a month of making them. There are two primary reasons why resolutions fail. They are either too grandiose or are meticulously planned. If you decide that you want to lose 20 kg and starve yourself, only to weigh yourself after two weeks, and see that you have lost half a pound, which you regained the next day because it was just water, it enough to drive you to drown your sorrows in a tub of Baskin-Robbins. Or say, you resolve that this is the year you want to become truly wealthy, and after listening to Narayana's Murthy, decide that working 70 hours a week is really the ticket, then chances are that you will either exhaust yourself by the end of January or a few months later, your fed-up spouse, unlike the wonderful Mrs Murty, will leave you and take half of what you already have. In the event that you are the resolution-making sort, then it better to begin by making feasible ones like those listed below. Boycott places: Point a finger at a random place on the map and resolve to boycott that country. This may be the easiest resolution on our list primarily because you had no intention of going there anyway. This struck me after seeing the Maldives-Lakshadweep controversy, when reportedly irate Indians cancelled over 10,000 hotel bookings and 5,000 flight tickets to the Maldives recently. While I admire their solidarity, what ignited my curiosity was how all these people had managed to get HR to grant them leave in January in the first place. Weigh the pros: Statistically, weight loss is the number one resolution made every year. If you have made this resolution for the last five years (and clearly failed because you would be making it again), it better to stop fixating on size and accept that good things don always come in small packages. Resolve to get stronger and buy clothes one size up. This especially applies to underwear. Vanity, silk, and cotton tend to itch when wedged up your bottom. Don be a Tyagi even if your last name is indeed Tyagi: It is difficult for most people to give up pleasurable things so try swapping instead of sacrificing. Love binge-watching Dubai Bling with a bowl of popcorn? Try watching a zombie movie. Decaying creatures chewing on decapitated heads would hopefully make you lose your appetite, and it been scientifically proven that watching horror movies burns more calories. Tolerance is greater than love: Forget sweeping sentiments like loving mankind, your country or even your family. It enough to just about tolerate them. Tolerance is what a bacterium builds towards an antibiotic so th

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Varanasi is a city that never dies it one of world longest continually inhabited city. But it is also the city where thousands choose to die every year. This seemingly paradoxical pull has a deeper meaning. To choose a place to die is also, in some sense, to choose how to die and that is as rare as it is profound. Most people spend their lives avoiding the thought of death. But in Varanasi, they walk toward it. Here, death is feared it is folded gently into the rhythm of daily life. At the riverbank, near the burning ghats, time itself seems to slow, even dissolve. And in the heart of the city stands a quiet building that turns this surrender into a ritual: Mukti Bhawan. It offers something both simple and extraordinary a room for the dying. For those in the last days of life, it provides a place to rest, reflect, and await the end in dignity. No religion, caste, or age bar. Most stay no longer than two weeks. The lodging is free, or 20 a night for those who can pay. A caretaker is mandatory and stays without charge. Since 1999, Kalikant Dubey has been one of the people helping run the place. By his count, over 15,000 people have passed through Mukti Bhawan and found what he calls mukti. Of these, about 1,500 departures have happened in the past 12 years that he has been continually associated with the place. What distinguishes those last moments? What separates a peaceful passing from a restless one? Dubey answer is simple: Those who have lived without regrets leave without regrets. Of course, a life entirely without regrets is possible. But a regret-lite life is it is possible to reduce the weight of regret by speaking fewer harsh words, taking fewer thoughtless actions, and acknowledging the harm we have done before it too late. It is not an easy task. The human mind is like a mafia, Dubey says. It difficult to tame. His advice: just 10 quiet minutes a day spent looking inward can help begin that taming. A life led with reflection is a life led with fewer regrets and perhaps, in the end, to a more peaceful farewell. The city that never dies might just be showing us how to die well and in doing so, how to live better.it hard to say what hitting harder, life or the spicy chhole you had for dinner. As I lay tossing and turning on the bed last night, I began to introspect. Have I been living an authentic life? Have I been true to myself? Throughout my life, I have mostly done what was expected of me. Yet, a quiet voice inside me asked if I had traded small parts of my authentic self to gain all this. A sharp pain in my lower back pulled me back to the present. It was an old injury, returning once more. I carefully turned to my left to ease the discomfort. The bright LED display of the air conditioner made my eyes uncomfortable and added to my irritation and anxiety. I sighed in frustration. Another night felt ruined, and tomorrow meeting now seemed uncertain. That thought only made me more anxious. Eventually, I found a somewhat comfortable position, free from pain. My mind drifted to my college days when I was uncertain, broke but filled with energy. Now, although I live a disciplined and productive life, I feel disconnected from that version

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Existential philosopher and Nobel laureate Albert Camus said, nobody realizes that some people expend tremendous energy merely to be normal. I wish I could do things that give me more energy and happiness. But it is easier said than done. It can be quite challenging to reinvigorate spontaneity in your late 30s. Maybe there is just a lot to lose. With that comes lower appetite for taking risks. Suddenly, a bulb lit in my mind. A voice, perhaps quiet for many years, said with clarity: life is too short to live only by what others expect of you. I do not want to be that old man sitting alone with a list of regrets. I only have half of my life left, that too if I am lucky. I decided that I must reclaim some of that old energy. First, I would finally go on that 7-day trek to the Himalayas, the one I have kept postponing for years. I would also spend more time writing, especially working on my second book. I would also play basketball more often. I decided to do more of what makes me feel alive. Just as I was having a profound inner moment, my stomach decided to join the conversation. I realised that if you stay awake late at night, your body begins to speak in strange and uncomfortable ways. I tried to ignore it, hoping it would settle on its own. What is the real purpose of life? I have always found this question difficult to answer. For many people, it confuses more than it helps. Do we really need an overarching fixed purpose when our beliefs and goals keep changing every few years if not every day? How can anyone commit to one clear aim when everything around and inside us is constantly shifting? In Hindu thought, life purpose is often described as moksha, or freedom from the cycle of birth and death. But there is a strange irony here. The purpose of life lies outside life itself. In real life, it feels difficult to choose just one fixed aim and run towards it. Maybe purpose is not a final goal but a direction we move in. As Douglas Adams humorously wrote, I may not have gone where I intended to go, but I think I have ended up where I needed to be. I believe the direction must come from within us, but only if we are willing to listen. And that requires honesty and an open heart. As I got deeper into this trail of thought, I saw how tricky these reflections are. They rarely give us direct answers or practical steps. That makes them hard to comprehend in a world where everything is measured by digestible bullet points. Yet, these questions return to us, again and again. As Jean-Paul Sartre once said, everything has been figured out, except how to live. Perhaps these sleepless nights are our mind way of reminding us to pay attention. My stomach started growling. I gave up and got out of bed. With half-closed eyes, I looked at my phone. It was AM. I walked the kitchen, opened the cabinet and took out a sachet of ENO. As the fizz bubbled up in the glass, I stared at it like it was part of a strange ritual. I drank it quickly. A wave of calm passed through my body. Maybe it really was just acidity and not an existential crisis. I woke up late the next morning and rushed to the office. I felt dull and slow during the day. I reflected briefly on the

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The rewards of sticking it out. Well, unless it the losing 20-kilo resolution because God clearly has better things to do than getting you into a size 10 dress. Choose Pixar over Plato: Want "some philosophy and life lessons without taxing those neurons? I know you are not likely to read Plato he Republic, and" to be honest, nor am In this case, the best option is to get hold of some animated movies which have the greatest reflections on existence tucked away in all the sound and color. Dory from Finding Namo is my guru because no matter what life brings, she says, Just keep swimming. Organise a Go to Jail card: Set up severe consequences in case of failure. Or better yet, get someone in the family to do it for you. I read about a mom who made her children sign an agreement to use their devices in a limited capacity. Unless her digital detox rules were followed, they would be banned from using Zomato or Swiggy. 9. Travel lighter this year: We all carry baggage, and like airline counters, the heavier the bags, the greater the penalty. We may never get rid of it all, but with enough practice and perhaps even the right therapist, we can learn to downsize our baggage so it small enough to stow in the overhead compartment. 10. If you can follow Dory, then be an Orry: Be clear about your strengths and then capitalise on them. Orry does dance, sing, produce oil, coal or steel. He does fight elections or play cricket. He goes to parties and strikes a pose with his famous friends. Yet he has become part of our zeitgeist to the level where not only am I fascinated by him, but on a recent podcast, senior journalists bantered by calling each other the Orry of poor people and the Orry of intellectuals. Now, if Orry wrote a book titled, How to Make Friends and Influence People in Bollywood, I would be the first one to buy it. In case anyone is interested in my resolutions for the year, let me inform you that I did make any. Instead of wish lists, I tend to rely on daily to-do lists. In the last few years, I have discovered that if I keep ticking off daily tasks, by the time 365 days have passed, I manage to fulfill resolutions that I did even know I had made in the first place. bottle away. It is at room temperature sir. He moved the bottle back towards me. Room temperature in single digits is not very helpful. Human Thermometers This is the coldest winter I have ever experienced. Everyone over 50 years of age claims. No, No. You are getting old. Those below 50 years of age, counter. Either the winters are really cold, or with age, sensitivity to cold increases. No one agrees with the age theory. Solar Panels: I spent money installing solar panels to save money on electricity bills. Neither me, nor the panels have seen the sun for a month now. Come on man, produce some electricity. I tell the panels. We are solar panels, man, and not fog panels. They reply. And I try not to look at the electricity metre whirring away happily with all the geysers and heaters on. Come on guys, give me hybrid panels. All the world is worried about global warming. I wonder when they will start talking about global cooling. Financing setups. The development of block chain, smar

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Itself and probing into policy areas best left to the executive. Introduction of GM crops has been discussed at various levels of government for years. The current approvals followed multiple studies proving their safety and efficacy. Ideological or political opposition to GM foods exist, but a court is hardly the place to resolve such debates. If it were to become so, the executive will barely be able to function and the judiciary would be mobbed by all sorts of non-justiciable matters. India GM mustard policy is guided by public interest at multiple levels. India imports 60% of its edible oil needs ($19 billion annually), and a fraction of this is GM soya bean oil. Both consumers of this GM oil (Indians) and exporter countries growing this crop have faced no problems. ICAR trials show GM mustard yielding 28% more than the domestic variety. Developers claim GM mustard would not need additional inputs of water, fertilisers or pesticides, thereby translating into more yield at lower cost. GM mustard is also the result of publicly funded R&D, negating the usual conspiracy theories. An SC inquiry into compelling reasons for allowing GM crops will stump GoI. From food security to reducing import dependence to improving farm revenues, GoI can trot out many reasons. But GoI has already gone through this process. Parroting them for SC satisfaction hardly serves any purpose. SC has a staggering backlog of real cases, from denial of rights to interpretation of the Constitution and statutes. SC should be deeply suspicious of PILs that drag it into weighing merits and demerits of policies. Only when policies demonstrably threaten rights, that the cue for courts to jump right in. With the group stage of the Fifa World Cup winding down, Qatar 2022 has already seen the best-ever performance of non-European and non-South America teams in the history of the tournament. Qualifying to the knockout stage are Morocco and Senegal from Africa, and Japan, Australia and South Korea from Asia, making this a truly Asia-Africa party. There have been some stunning victories Morocco over European giant Belgium and Japan over powerhouses Germany and Spain. Similarly, Saudi Arabia overcame Messi Argentina while Tunisia downed defending champions France in group games. Add to this the woebegone performances by Germany, Belgium, Denmark, and a hitherto underwhelming Uruguay, the European-South American football duopoly appears to have been rattled. No team outside Europe and South America has ever won the World Cup so far. In fact, only two teams outside the two continents have ever made it to the semifinals of the tournament the US in 1930 and South Korea in 2002. But the World Cup has a big Europe skew it gets 13 slots compared to four or five for Asia and five for Africa. True, Europe may be the financial engine of the footballing world and boast top-notch leagues. But as Qatar 2022 has shown, both performance and money are diffusing to Asia and Africa. With World Cup 2026 in North America slated to have.

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Others who prefer a more independent learning style can take advantage of the flexibility and autonomy that online learning provides. Ultimately, hybrid learning can help all students succeed by providing a learning environment that is tailored to their individual needs. Hybrid learning gives students more opportunities to practice their skills. In a hybrid learning environment, students can work at their own pace and receive immediate feedback. This allows them to focus on the areas where they need the most improvement. In addition, they can complete assignments and assessments online at their own convenience. Hybrid learning provides students with more opportunities to collaborate with their peers. They can share their ideas and learn from each other in a way that is not feasible in a traditional classroom setting. Overall, it is an effective way for students to gain the skills they need to be successful in the 21st century. Hybrid learning helps students to develop time management and organizational skills: Hybrid learning is a type of educational instruction that combines online and offline learning. This type of instruction can help students to develop important time management and organizational skills. For instance, students who are enrolled in a hybrid course may be required to complete some coursework online and some coursework offline. This can help students to learn how to manage their time effectively and organize their work in a way that meets the requirements of both the online and offline components of the course as they need to be able to keep track of their own learning progress and deadlines. Additionally, it also helps students to develop important communication and collaboration skills. For example, students who are enrolled in a hybrid course may be required to communicate with their instructors and classmates both online and offline. This can help students to learn how to effectively communicate and collaborate with others to complete their coursework. Promotes collaboration and communication among students: Hybrid learning can also help students to develop important communication and collaboration skills. For example, students who are enrolled in a hybrid course may be required to communicate with their instructors and classmates both online and offline. This can help students to learn how to effectively communicate and collaborate with others in order to complete their coursework. It can be beneficial for students who learn best in both environments, as it allows them to get the best of both worlds. This type of instruction can also be more convenient for some students, as they can complete coursework at their own pace and on their own schedule. Despite these advantages, using the hybrid learning approach requires caution. Because hybrid learning enables the integration of highly variable environments and tasks, there is a possibility of losing track of the goal and being stuck in the method itself. Additionally, care must be taken to prevent any other distractions, as social media and other internet tools may cause the student to lose focus without his or her knowledge. This needs to be taken into account.

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Teams compared to 32 now, Asia and Africa should get more slots. The World Cup is truly becoming the world cup. President Croupade Murmur recently made a sharp intervention on the criminal justice system, asking why we need more jails. If we are progressing as a society, we should be focusing on closing existing ones, she said. In the West, slogans about defunding the police suggest that public investment should shift towards social policy and addressing the causes of crime, rather than ever-increasing punitive force that does not control crime anyway. Jails do not deter repeat-offenders, and even produce new criminals. Efforts to limit the rise in average global temperature to 1.5°C above pre-industrial levels require a pivot away from fossil fuels. International Atomic Energy Agency (IAEA) director general Rafael Mariano Grosse spoke to Vishal Mohan, making a case for nuclear energy: Can nuclear power be an option to limit global warming? As we speak, nuclear energy accounts for almost 25% of the clean energy which is produced right now in the world. In places like Europe, it half of the clean energy which is produced. So, the first conclusion is that without nuclear power, the situation, which is already extremely difficult, would become impossible. What we see is an increasing level of realisation that more nuclear power is needed. This is obvious in many countries. In confirmed nuclear users, like India for example, or the Western economies, or China, what we can see is that countries are either increasing, confirming or going for more when it comes to nuclear. While the rest of the world was in the Stone Age, the ancient Indian had reached the zenith of human development. The accent shifted from conquering the world to gaining control over the mind. Generations of Indians mastered the inner world. Success and happiness came as by products. When we lost this inner enrichment, external bankruptcy followed. Like Gulliver, we are asleep to our real worth. And the Lilliputians of the world are holding us to ransom. All we have to do is to wake up to the powerhouse of knowledge we are heir to. The Bhagwad Gita, written 5,000 years ago, addresses the Arjun of today dynamic, ambitious, young adults seeking excellence. It prescribes the formula for success. The young are talented, knowledgeable and hard-working. But there are the last-minute nerves and stunning defeats that come in the way. A brilliant student well-prepared for the exams suddenly goes blank. An outstanding sportsperson fails because of his obsession for the trophy. A job aspirant anxious for the job fumbles at the interview. Action is under your control. Fruit is dependent on factors beyond your influence. Dependence on the fruit makes you a slave to the world. The First Class in the to exam or the Olympic Gold is not under your control. But nobody can take away your knowledge or the fact that you are an outstanding athlete. Find fulfillment in the action. Give your best to it. Enjoy it.

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In the design and implementation of hybrid learning online environments. Thus, while hybrid learning can create a lot of positive impact on the skills imparted to the learners, there is care needed to execute those. A start-up technically is any enterprise that is working on the growth, commercialization, and the creation of brand-new products, services, or mechanisms that are driven by intellectual property or new tech. Over the last two decades, the Indian startup ecosystem has grown rapidly, and more support has become available in all dimensions. Startups do not exist in a vacuum but are part of a broader business environment that is focused on generating impactful solutions, thereby acting as vehicles for socioeconomic development and transformation. Since start-ups are centers of novel innovations, they generate jobs, which implies more career opportunities; more employment leads to a stronger economy, and a healthier economy has a direct bearing on the growth of cities where startups locate. For instance, consider how Infosys metamorphosed the city of Bangalore. Therefore to promote the start-up culture in India and strengthen the Indian economy, the Government of India has undertaken various measures. For example, Prime Minister Narendra Modi launched the Standup India initiative in August 2015. The larger goal is to help new businesses with bank financing, energise business spirit among young Indians, build frameworks for uplifting startups, and make the country the best destination for tech businesses. Let us examine the role of startups in the growth of the Indian economy: Employment Creation India has 112 million working-age people between the ages of 20 and 24, compared to China 94 million. In the absence of government jobs, this demographic dividend is accelerating the country startup culture. As of August 29, 2022, India had emerged as the world third-largest startup ecosystem, with over 77,000 DPIIT-recognized startups spread throughout 656 districts. These startups are simultaneously enabling more jobs than large companies or enterprises in the same industry. Therefore curbing the unemployment problems in developing nations like India. New Investments Many multinational corporations are now outsourcing their tasks to small businesses in order to focus on their core competencies. As a result of this trend, not only Indian venture capitalists but also many multinational corporations are closely monitoring the progress of Indian start-ups to invest their money. For example, Accenture gave 1.35 million dollars worth of business to startups within the last year, giving startups an opportunity to make a significant impact on both the Indian and global markets. Research and Development Start-ups heavily subsidies Research and Development (R&D) in countries like India as they frequently have to deal with high-tech and knowledge-based services. The startup R&D team acts as an innovation seeker and keeps the company updated. Start-ups, therefore, encourage a pragmatic approach or independent research at the academic establishment. This motivates students or researchers to put their ideas into practice by collaborating with the start-up

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You gain merit. You are independent of the result. And success is yours. Fix an ideal beyond your selfish, self-centered interests. The higher the ideal, the greater is the energy, enthusiasm, and creativity. If you think of the goal while acting, the mind shifts from the present action to the fruit, which belongs to the future. Your concentration slips. Action becomes flawed, resulting in failure. And you are stressed out. When a student is anxious to get good marks, the mind is not on the question paper. He commits a series of mistakes and underperforms. A batsman in his nineties thinks of the hundred, not of the next ball, and gets out. While acting focus entirely on it. Do not allow thought of fruit to interfere with the action. The action will be perfect. Success will be yours. And your mind will be at peace. Such a person is defined as a sannyasi a person of renunciation. Not a celibate priest or one who has retired to the Himalayas. person with a myopic view of life achieves neither excellence nor is he happy. To excel and be happy one must necessarily have a higher mission in life. And act dynamically. An inactive, lethargic person will not achieve anything. Centuries before Six Sigma, Vedanta prescribed a six-point path to success in the Gita, 3:30. It consists of two aspects creating energy and plugging dissipation of energy. Energy is generated by three methods. The intellect directs all thoughts to the chosen goal. All energies light, wind or water gain power when unidirectional. Thoughts meandering in different directions lose power. The mind surrenders to the goal, is devoted to the ideal. When you play for the country, the power of 1.3 billion Indians rests in you. And the body acts dynamically. The more you act, the more energy you generate. This energy gets dissipated in three ways worry over the past, anxiety for the future and frenzy in the present. The intellect focuses the mind on the present action and does not allow the mind to meander into wasteful avenues of the past and future. Nothing in the world lasts. Everything changes, passes, is impermanent. So, acquire and possess the whole world. But never depend on it. Seek the one permanent anchor within. The abode of infinite bliss. The year 2021 was a remarkable one of resurgence and growth for India. The start of 2022 presented a sign of hope, as the world seemed intent on continuing its swift recovery from the effects of the pandemic. So far, the year has been very encouraging on the demand side as the supply side has been trying to catch up. Fuelled by abundant opportunities, robust government support, and a strong desire for wellness and financial security, the demand for housing remains intact. We believe it will continue to do so in 2023 as well. In October this year, just at the start of the festive season, the Reserve Bank of India announced a hike in.

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The policy repo rate by 50 basis points. Increasing prices, necessitated by inflationary pressures, made developers protect their margins along with customers getting price appreciation on their purchases, leading to a positive demand cycle. But as we know now, the rising interest rates did dampen the home buyers enthusiasm during the festivities. Latest data shows that as many as 88,230 units were sold across the top 7 cities in July-September, a 4% quarterly increase, and a 41% annual rise. The National Capital Region (NCR), Mumbai Metropolitan Region (MMR), Bengaluru, Pune, and Hyderabad accounted for 90% of sales in the quarter. MMR witnessed the highest sales volume with a share of approximately 30% while other western and southern cities like Pune, Bengaluru, and Hyderabad followed closely with 16%, 14%, and 13% shares respectively. Several major lenders also cut home loan rates for the festive period to encourage more home buyers. It is with this backdrop that we must view the future ahead. As several sectors of the economy return to pre-pandemic levels, there is something on offer for every type of home buyer in today market. From investors to end-use buyers to small-time investors looking to park their savings in commercial real estate funds, the real estate market offers many options. The Indian economy is projected to grow by 6.6% in 2022. This growth, coupled with the changing preferences of today youth, who now prefer to own instead of rent apartments, is likely to fuel strong demand for housing rise in the next year. Last year, analysts predicted that housing sales in 2023 would surpass 3.17 lakh units, a target that we are set to cross in 2022 it self. This is happening despite an approximate 5% price hike between January and September this year in 8 major cities. In 2023, we believe that the housing market in the top 7 cities will reach new heights. Research shows that the MMR and Bengaluru are expected to forge ahead in terms of sales and new launches especially as the ready-move-in inventory is almost exhausted. Besides the strong demand shown from the customer side, we also must factor in the steps the government is taking to bolster growth, including significant policy initiatives like housing for all and steps taken towards mega infrastructure projects including highways, new airports, and metro rail networks. Tier-II and Tier-III markets, frequently dismissed by investors, would benefit from these initiatives. For commercial real estate as well, 2023 looks to be a year of intense demand, with major IT and other corporate players returning to the office. Post-pandemic, the retail sector is gradually making a return to physical locations. IT behemoths like Intel and Apple are shifting a sizeable portion of their manufacturing to India. More businesses are expected to make the shift to India as their manufacturing base. We believe 2023 will be an exciting year for the real-estate sector in India as the country moves ahead confidently on the path to growth, driven by government spending, private investments.

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In manufacturing, and the geopolitical advantage for India due to the China situation bringing in FDI in manufacturing. India has been entrusted to deal with the twin responsibilities in international affairs since the beginning of this month- one as the chair of UNSC in the last month of its two-year tenure and other as the presidency of G-20 for the entire year. Both the responsibilities would test the diplomatic skills of the country in trying times. The international situation has become extremely complex with the fundamental strategic equations changing resulting in escalating tensions significantly. Today, the world is more polarised than ever before. On the one hand, the Ukraine crisis is making it difficult for nations to find ways to protect their economic and security interests in the period of sanctions imposed by the US, and on the other, the US-China increasing tussle in the South China Sea (SCS) is escalating tensions and its reverberations are also becoming noticeable in the larger area of the Indian Ocean. China aggressive moves in the SCS with illegal claims keep other claimants anxious for the protection of their EEZs and territorial waters. India LAC remains a problem, where Chinese efforts towards creeping expansion have been intensified. China has also shown scant regards for the international laws and arbitration. Pakistan policy of using terrorists against India does not see any respite with its all-weather friend China continues to block any attempt to designate individual terrorists who are protected by Pakistan. India has planned to utilise both the international bodies to establish peace and harmony by pushing for reforms in the world body and uniting nations and people for the common cause of economic development and shunning terrorism. In an article, PM Modi has rightly pointed out that he greatest challenges we face are climate change, terrorism and pandemics and these can only be solved not by fighting each other, but only by acting together. He aptly termed the title of his article as A presidency of hope, harmony and healing. He underlined that India G-20 presidency will work to promote the universal sense of oneness. The theme of the year is in consonance of this objective: One Earth, One Family, and One Future. In the UNSC, India plans two much needed events at the level of ministers. One would set in motion the reforms needed in the world body. On the 14th December, India would organise an open debate on Maintenance of International Peace and Security: New Orientation for Reformed Multilateralism at the UNSC. The purpose would be to make the world body more representative to make it more effective to achieve its objectives. The other event is equally important that will be inaugurated on the 15th December- a briefing is planned on Threats to International Peace and Security Caused by terrorist Acts: Global Approach to Counter Terrorism- Challenges and Way Forward. The terrorism in our neighbourhood is used as an instrument of State against India. Recent reports suggest that in Afghanistan, various terrorist.

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Groups are proliferating with the support from the ISI and the Taliban factions. The early signs suggest that the Pak-Afghanistan region is once again emerging as the epicenter of terrorism and drug smuggling. While this needs a unified approach, a policy needs to be put in place so that the Chinese strategy of supporting Pak terrorists under the pretext of technical hold could be neutralised. In PM Modi words, India G-20 agenda is inclusive, ambitious, decisive and action oriented. The G-20 presidency would be utilised to create consensus through consultation on key global issues. Importantly, India aims at emerging as the voice of global south-comprising Asia, Africa and Latin America. These regions had to face the brunt of polarisation and conflict in the developing world. India proposes to take the grouping closer to the public to turn it into truly a people G 20. Jaishankar mentioned that India would flag concerns on issues such as energy security, food security, access to health care, climate action and climatic justice. These confirm India people-centric approach. However, there would be challenges as the divisions among nations have sharpened recently and the pandemic adverse implications on economies are still visible. The countries have become more insular. India Foreign Minister Jaishankar aptly pointed out that India has assumed this crucial responsibility at a very challenging time in world politics. The problems pertaining to terrorism would be difficult to be dealt with as long as States support them. How long it would take terrorism to be eradicated is difficult to say at this stage. As long as Pakistan and Taliban Afghanistan support the terrorist groups, it would be impossible to wipe out this menace. Chinese creeping expansionist policy too has to be changed. The change in their behavior can come only if the local people in these countries take up the cause. Hence, there is a need to approach the domestic populations particularly youth in these countries to underline that the policies pursued by the current governments are against their own interests. India is planning to hold a number of meetings to create awareness among students. It is desirable to invite youth from the above countries so that they go back and explain the overall objectives of G 20 and their benefits to others and pressurise their governments to change their approaches. In conclusion, it can be said that while India tasks are daunting and time consuming, its approach is in the right direction. 5G is a knock on the doors of a new era in the country. It is the beginning of an infinite sky of opportunities Prime Minister Shri Narendra Modi 1st October saw one of the most awaited tech events in the country the launch of the 5G network in the country by our Hon. Prime Minister. 5G is expected to take the industry by storm with more than 500 million 5G subscribers expected within the next 5 years, making it one of the highest in the world. The country is ready for.

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And the same can be gauged from the fact that India has a very high level of 4G adoption, thus indicating the building of the subscriber base to transition to 5G. The stage was set for the launch after a successful auction resulting in bids of more than 1.5 lakh cores for Reliance Join, Airtel, VI, and Adani. The country would see a staggered rollout with most urban and large regions expected to have 5G connectivity. 5G rollout is expected to boost the GDP by nearly half a trillion dollars in the next 15 years, making it one of the most significant drivers for economic growth. While 5G would have an all-round impact, it would be extremely significant in rural areas. It is expected to bring a significant boost to the rural economy and quality of living, though the rollout is expected to start in a few months after the urban rollout reaches scale. Perhaps, it would have the maximum transformative impact on the socio-economic condition of people in rural areas more than anything else in the recent past. Education and healthcare are the backbones of socioeconomic development and the well-being of people. A recent UNESCO report has stated that India urgently requires 1.2 million teachers to meet its shortfall. The same report states that the country has 120,000 single-teacher schools, 90% of which are in rural areas. Thus the quality of education takes a beating in such a scenario. Reliable, fast, and efficient 5G connectivity would enable the Government to embed technology into learning and improve the quality of education and learning outcomes in rural areas. Smart Classrooms with digital content can further aid the classroom learning of children. Special sessions can be conducted for multiple schools and students at the same time using online platforms. Teacher training can also be enhanced with the help of digital content and reliable connectivity. This is also in sync with many of the principles of the National Education Policy 2020, including digital library, and Digital Infrastructure for Knowledge Sharing (DIKSHA). A similar problem is seen in healthcare, with an estimated 21% of Primary Health Centers and Sub Centers in rural areas functioning without doctors. This leads to a significant load on the secondary and tertiary healthcare centers in the blocks and districts, thus leading to less-than-optimal healthcare services being provided. Digital and Smart Health solutions, supported by a 5G network can connect doctors at a centralized location with patients at the PHCs. A paramedic can be placed at the PHC to help create Citizen Health record (Ashman Bharat ID or ABHA ID), connect the devices for diagnostic values, facilitate doctor consultation through video conferencing, print e-prescription and explain the medication or referral requirements to the patient. The solution enables the integration of an e-health platform with Connected Devices, Medical Protocols, Operational Protocols, Training Protocols, and various Business Models. All of this is made possible by the reliability of 5G, which ensures that the same level of health services can be provided without.

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Which desperately needs affordable and inclusive housing. For the first time in recent memory, there alignment across the four major institutions that govern Delhi: the elected Delhi government, the Lieutenant Governor office, the Union government, and the Municipal Corporation of Delhi MCD. This rare political and administrative consensus offers us a unique opportunity to act decisively and collaboratively. What could this future look like? First, it means homes for all. The LPP can significantly increase the supply of residential units, ease price pressures, and make homeownership more accessible to working families, young professionals, and even retirees. Instead of being forced to relocate to Noida or Guru Gram, Delimits could once again live affordably within their own city. Second, this policy would boost economic activity. Large-scale development will require the construction of roads, schools, public transport, health facilities, and commercial hubs, each generating jobs and opportunities across construction, logistics, real estate, education, and services. In essence, this is not just a housing policy; it an economic stimulus with long-term implications. Third, it ensures dignity for Delhi village communities. Many of these villages are situated on valuable land but have been neglected due to unplanned development and a lack of infrastructure. This has led to the rise of unauthorized colonies and increased inequality. Under the LPP, landowners become stakeholders in the city progress, benefiting from structured development and a share in the value created. It important to note that we are not starting from scratch. Delhi has already laid the groundwork through policy design, consultations, and pilot efforts. The blueprint is in place. What needed now is rapid, transparent, and accountable implementation. We have examples to draw from. Over the past decade, Guru Gram has added over 50 million square feet of office space, transforming itself into a corporate and commercial hub. Noida is quickly becoming a model for integrated townships, logistics parks, and digital innovation. Delhi, with its legacy infrastructure and central location, has every advantage what it needs now is momentum. This is not just a city planning exercise; it a question of Delhi future. Will it continue to push its workforce, families, and heritage communities to the margins? Or will it rise to become the inclusive, thriving capital its residents deserve? As citizens, administrators, and policymakers, we must treat this as a now-or-never moment. The convergence of vision, land, and governance is extremely rare in Indian urban planning. Delaying action would not only cost us time but also trust. It would push more families out of Delhi, deepen inequality, and lock up billions in idle land value. But the alternative is inspiring. We can build a Delhi that affordable and aspirational a city that offers stability to the middle class, opportunity to the youth, and dignity to its village communities. A city where planning is proactive, not reactive; where growth is inclusive, not exclusionary. With MPD 2041 and the LPP, we have the means to create such a future not deca

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Abysmal, patients lie on floors, street dogs roam wards, and emergency services buckle under demand. Ambulances get stuck in traffic, oxygen runs out, and hospital fires claim lives of those too ill to escape. These are just the flaws of poverty but symptoms of systemic disregard for emergency preparedness. A walk through any Indian town reveals a jungle of low-hanging electrical wires, exposed fuse boxes, and precariously perched transformers. Illegal connections and open switchboards abound, especially in rural and semi-urban areas, creating constant electrocution hazards rain or shine. Even in some upscale buildings, faulty wiring and unauthorised extensions abound, with safety audits often perfunctory or corrupted. Air pollution in Indian cities regularly breaches hazardous levels. Toxic smog, untreated industrial waste, lead-contaminated groundwater, and garbage encroaching on living spaces cause respiratory illness, cancer, and developmental disorders. These are long-term policy failures with irreversible consequences. Rural India faces its own hazards arsenic in drinking water, pesticide overuse, and heatstroke during intensifying summers with scant public health infrastructure. Why do these dangers persist? Is it a failure of culture or governance? India does not lack laws, technical expertise, or talent. What it lacks is enforcement, accountability, and a genuine culture of safety. Hazards have been accepted, internalised and normalised crumbling walls, overloaded trucks, frayed poles branded as jugaad or ingenuity. But this ingenuity has a body count. Regulators are understaffed, corrupt or often indifferent, inspections rare, and violations negotiable. Citizens, too, often knowingly complicit. Safety cannot remain an afterthought; it must be integral to the very blueprint of our cities, workplaces, homes, and institutions. This requires more than policy it demands a cultural shift beginning with education and sustained by awareness. Accountability must extend to those in power: public officials and elected representatives must be held answerable for systemic lapses. The Local, envisioned as a bulwark against corruption, should evolve into a genuinely empowered constitutional body with a mandate that includes enforcing public safety not in token form, but in earnest. At the very least, the current government which enjoys a decisive public mandate needs to acknowledge that it rose to power on the promise of a robust, empowered and a functioning Local. Every avoidable accident should be recognised not as personal tragedy but as an indictment of failed policy and those responsible must face consequences. Civic bodies must be equipped with resources, but also subjected to rigorous oversight and transparent public audit. Enforcement agencies must function independently, unshackled by political or commercial pressures. Above all, citizens must insist on safety not as a privilege, but as an essential right, central to the promise of democratic governance. Is that a tall order? Perhaps but that is precisely what governance ought to mean: not the pursuit of personal glory or the entitlements of high office, but the sober, everyday duty of se

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A doctor is available at every PHC. This would also solve the issue of a vast majority of rural citizens having to throng secondary and tertiary care centers in urban areas with medical problems which can be addressed at the PHC level. The Government is looking at investing nearly $30 billion over the next few years to ensure last-mile network accessibility for 4G and 5G in every village across the country and to build a robust digital infrastructure in the rural areas. This opens up significant entrepreneurship opportunities for rural citizens, who would be able to connect seamlessly with a wider audience and market and sell their products. The recently launched ONDC platform, coupled with 5G connectivity in rural areas, would open up a plethora of opportunities for rural businesses to thrive and prosper. The availability of reliable 5G connectivity in semi-urban and rural areas would also mean multiple business houses opening their set-up there, thus bringing in employment opportunities for the rural population. All in all, 5G connectivity would be a huge boon for India, and more so for its rural population. If harnessed to its full potential, it can be a game-changer. It can bring in better socio-economic conditions for our rural population and be a harbinger of growth as the country marches towards being a $5 trillion economy in the next few years. A start-up technically is any enterprise that is working on the growth, commercialization, and the creation of brand-new products, services, or mechanisms that are driven by intellectual property or new tech. Over the last two decades, the Indian startup ecosystem has grown rapidly, and more support has become available in all dimensions. Startups do not exist in a vacuum but are part of a broader business environment that is focused on generating impactful solutions, thereby acting as vehicles for socioeconomic development and transformation. Since start-ups are centers of novel innovations, they generate jobs, which implies more career opportunities; more employment leads to a stronger economy, and a healthier economy has a direct bearing on the growth of cities where startups locate. For instance, consider how Infosys metamorphosed the city of Bangalore. Therefore to promote the start-up culture in India and strengthen the Indian economy, the Government of India has undertaken various measures. For example, Prime Minister Narendra Modi launched the Standup India initiative in August 2015. The larger goal is to help new businesses with bank financing, energies business spirit among young Indians, build frameworks for uplifting startups, and make the country the best destination for tech businesses. Let us examine the role of startups in the growth of the Indian economy: Employment Creation India has 112 million working-age people between the ages of 20 and 24, compared to China 94 million. In the absence of government jobs, this demographic dividend is accelerating the country startup culture. As of August 29, 2022, India had emerged as the world third-largest startup ecosystem, with over 77,000 DPIIT-recognized startups spread throughout 656 districts. These startups are simultaneously.

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Relatively better placed to heal itself as also contribute to the economic revival process. Speed, scale and sustainability are the bedrocks for such revival. This would require agreement and resolution among diverse stake holders with regard to priorities and the path forward. An ideal scenario for grounded public affairs to take a leap forward and play a significant role to shape progressive public policy to deliver future outcomes. Having come thus far, public affairs has taken root as a desirable interface between Government and Industry where sound rationale and mutual understanding of business and national imperatives alongside priorities can lead to sustainable policy measures. A lot has happened in India that is ripe for a scale-up. The development of alternative payment systems, pervasive banking platforms, innovative healthcare models, IT enabled governance mechanisms, digital Stack, viable supply chain alternatives in automobiles, pharmaceuticals, electric propulsion vehicles, alternate energy, communication equipment, logistics to name a few. In addition, there has been an explosion of entrepreneurial energy leading to a large number of startups, capable of graduating to being a unicorn. All these efforts require nurturing through sensible policies that allow enterprise to grow and compete globally while ensuring fair-play. It is well known that new initiatives precede regulation. Therefore, it is incumbent upon Industry and Government to take a holistic view that not only safeguards national and consumer interests but also furthers the development and scale up. The number of promising initiatives can be driven through benign policy. Take the case of banking reforms that have encouraged scalability through a combination of technology and forward looking regulation. Alternate payment systems and the Digital India movement have brought in innovations such as UPI, BRIM and others that have taken the fetch world by storm. Separately, investor protection is an area where through oversight by Government, SEMI with inputs from industry and stakeholders, fresh norms of corporate disclosure have evolved. This policy landscape is a fertile ground for productive Public Policy engagement. There is no substitute for comprehensive product knowledge with a thorough understanding of the business landscape, environmental surround and authenticity of purpose that breeds trust, respect, recognition and a voice at the table for a Public Affairs professional in a consultative relationship. Thankfully, the Public Affairs function has evolved a great deal. Not only is the discipline being formally taught as part of curricula in prestigious institutions but the function is also being entrusted to senior most professionals in the business. Increasingly, bright young individuals with a professional background are also attracted to public affairs, auguring well for the profession and its credibility. Public Affairs is also playing an important role both in the boardrooms as well as in external advocacy towards India aspirations of becoming a manufacturing hub. At this juncture, especially where alternatives to relocating manufacturing bases and de-risking s

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While growing those having export potential. The refrain on the Ease of doing business in India or the Pleasure of doing business as PIAF has been propagating, has led to ongoing reforms. However, much more needs to be done in this space through continued representation and dialogue. A lot has been achieved in the 75 years since independence and as we look forward to a vibrant and greater role for India in its 100 year, divergent ideologies, beliefs and opinions will need re-alignment. Innovation, Infrastructure, the digital India movement shall power big changes, creating economic multipliers with far reaching consequences. Undoubtedly, Public Affairs will be that powerful tool to generate synergy through stake holder engagement. I, therefore, foresee a much enlarged and strategic role for Public Affairs in the roadmap to India of The Prince Trust, a charity in the UK founded in 1976 by Prince Charles (now King Charles III), aimed to help vulnerable young people get skilled and find gainful livelihoods. It runs a range of training programmers, providing practical and financial support to build young people confidence and motivation. I was privileged to meet Prince Charles (now King Charles III), in 1990 and over three days he earnestly explained to me the work of the Prince Trust and egged me on to launch a similar undertaking in India. Although pursuing entrepreneurship was a wise career choice as it is today, I was captivated by the idea of encouraging youth to become job creators rather than job seekers. Soon after, I set up a non-profit trust dedicated to the cause of helping Indian youth realize their entrepreneurial dreams, inspired and modeled on the Prince Trust. We were extremely lucky to have the mentorship and support of Prince Charles alongside the blessings and guidance of Indian industry stalwarts like JED Tata and Rahall Bajaj. When the Prince visited India in Feb 1992 and stayed at Rashtrapati Haven at my father request, he skipped a tour of the Tajo Mahan While we must assimilate into our management systems the latest advances in management science all over the world, the methods that we adopt would have to conform to our traditions and culture. They must be adapted to mesh with the characteristics of our trade and industry and, above all, our society. There must be no robotic application and we must remember that we too have had a long and ancient tradition of economic enquiry, trade and enterprise. We must make use of our traditional strengths, suitably modified to fit into present circumstances so that our modern management practices are compatible with our conditions and our genius. When we are able to evolve our own brand of management best suited to our needs, we will succeed in raising Indian industry more rapidly to the same league as that of major industrialised countries of the world. Major transformations have been taking place over the last few years in the international political and economic scene. The end of the cold war has given rise to hope of a new era of concern for the more basic issues facing the human race, such as concerns for economic development, ecological preservation and elimination of hunger and

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Even more necessary. Seven years after the launch of the Sustainable Development Goals SDGs, Bill & Melinda Gates Foundation Goalkeepers Report 2022 stated that & the world is on track to achieve almost none of the goals. According to the United Nations Development Programme UNDP, the COVID-19 pandemic has wiped out six years of progress on the SDGs globally. To set the world back on track, the UNDP has recommended a concerted global SDG Push. The UN believes there are four key areas to achieving this, which include governance, social protection, green economy, and digitisation. The UN is also advocating the use of Digital Public Goods DPGs and Digital Public Infrastructure DPI to help achieve the SDGs. If there ever was a good time to speak about Sustainable Development Goals SDGs in India, it is now. India is already a global pioneer in the use of DPIs to drive transformation. We have all seen the impact of our homegrown DPIs, Aadhaar and UPI combined with Jandhan and Mobiles in driving financial inclusion and helping improve benefits targeting which have been crucial to India progress on SDG 1, namely No Poverty. What India needs is a strong focus on achieving the SDGs in other sectors as well including Good Health and Wellbeing, Clean Water and Sanitation, Sustainable Cities and Communities, and Peace, Justice and Strong Institutions. It can build on its track record of using DPIs to drive transformation to accelerate real world progress towards other goals as well. For example, India ability to manage the vaccination of close to a billion people during the COVID pandemic was enabled by the DPI Co-WIN. As we move forward the Ayushman Bharat Digital Mission is laying the groundwork for India to have a robust digital infrastructure for healthcare. It is important for all stakeholders in healthcare to leverage this digital infrastructure to strengthen community health and expand India public health capabilities. Key target areas of universal health coverage, provision of access to quality healthcare services, as well as access to safe, effective, quality, and affordable essential medicines and vaccines are all components of SDG 3 which focuses on health. India can build on the experience of COWIN to improve trust in public health transactions through verifiable credentials. The QR code on your COVID vaccination certificate is backed by this technology. In addition, India can focus on reducing diseases of poverty in a mission mode. The World Health Organisation WHO estimates that such diseases account for 45% of the disease burden in the poorest countries and stem from poor nutrition and sanitation, absence of health education, and indoor air pollution. DPI can help by enabling disease surveillance, and providing tools to enable and manage health campaigns as well as mass drug administration. In order to mitigate and prevent such diseases of poverty, it is also important to go back up the chain and focus on ensuring clean water, effective sanitation and hygiene are widely available public goods and not luxuries to be enjoyed by.

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The well off It is critical to drive better coordination across the water and sanitation value chain to work towards a goal of zero untreated waste. India needs to restructure its approach to provide adequate and equitable sanitation and hygiene by minimizing waste generation through effective behavioural nudges, tracking the generation, collection and disposal of waste while generating wealth from waste by exploiting opportunities for circular economies throughout the waste cycle. India has deepened it efforts in this sphere over the last decade, and DPIs can further accelerate these by strengthening the operational efficiency and performance management of sanitation systems, improve capacity planning and usage of physical infrastructure, enable easy compliance, and improve equity and access especially for marginalised communities. The state of Odisha is a front runner in these efforts with its holistic approach to inclusive urban sanitation. Based on its efforts, India can take inspiration to work towards a goal of zero deaths due to poor sanitation? by progressively reforming and upgrading current systems and practices. These efforts can help improve progress on SDG 6. As we focus on improving health care and sanitation, it will become impossible to address these without strengthening local governance. This is especially critical as most public programs are delivered at the last mile by local government bodies. By creating the Urban Platform for Delivery of Online Governance UPYOG as a DPI for city governance, India has taken a decisive step to improve the quality of governance in its cities. Over time as more programs and initiatives leverage these digital public infrastructures, one can expect the quality of data available for policy making and performance management to improve. By harnessing these India can make substantive progress towards achieving SDG 11. With all of these investments in its Digital Public Infrastructure, it is time for India to drive greater collaboration across civil society, governments and markets to reinforce its efforts to improve the quality of life for all its citizens. It is insufficient to merely build the digital public infrastructure. A raft of policy reforms, and programmatic initiatives are needed to realize the latent benefits with a keen focus on real world outcomes. By working closely with civil society and markets, the Government of India can align their efforts to have a multiplier effect over the actions it is already taking and mitigate any potential risks from the digital world. Done right this can help us progress on the SDGs and sustainably secure a more prosperous future for generations to come. Petrified to invest in a new home that actually fits your budget and also develops a long term strategy? Or even thinking on how to explore the market hassle free? Well, there always solution to every problem! And we ve got you covered on how to cope up with the new age real estate opportunities that fits your bracket and also grows exceptionally well. From as long as we know Real Estate, we know how confusing it gets to get on selecting your.

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The well off It is critical to drive better coordination across the water and sanitation value chain to work towards a goal of zero untreated waste. India needs to restructure its approach to provide adequate and equitable sanitation and hygiene by minimizing waste generation through effective behavioural nudges, tracking the generation, collection and disposal of waste while generating wealth from waste by exploiting opportunities for circular economies throughout the waste cycle. India has deepened it efforts in this sphere over the last decade, and DPIs can further accelerate these by strengthening the operational efficiency and performance management of sanitation systems, improve capacity planning and usage of physical infrastructure, enable easy compliance, and improve equity and access especially for marginalised communities. The state of Odisha is a front runner in these efforts with its holistic approach to inclusive urban sanitation. Based on its efforts, India can take inspiration to work towards a goal of zero deaths due to poor sanitation? by progressively reforming and upgrading current systems and practices. These efforts can help improve progress on SDG 6. As we focus on improving health care and sanitation, it will become impossible to address these without strengthening local governance. This is especially critical as most public programs are delivered at the last mile by local government bodies. By creating the Urban Platform for Delivery of Online Governance UPYOG as a DPI for city governance, India has taken a decisive step to improve the quality of governance in its cities. Over time as more programs and initiatives leverage these digital public infrastructures, one can expect the quality of data available for policy making and performance management to improve. By harnessing these India can make substantive progress towards achieving SDG 11. With all of these investments in its Digital Public Infrastructure, it is time for India to drive greater collaboration across civil society, governments and markets to reinforce its efforts to improve the quality of life for all its citizens. It is insufficient to merely build the digital public infrastructure. A raft of policy reforms, and programmatic initiatives are needed to realize the latent benefits with a keen focus on real world outcomes. By working closely with civil society and markets, the Government of India can align their efforts to have a multiplier effect over the actions it is already taking and mitigate any potential risks from the digital world. Done right this can help us progress on the SDGs and sustainably secure a more prosperous future for generations to come. Petrified to invest in a new home that actually fits your budget and also develops a long term strategy? Or even thinking on how to explore the market hassle free? Well, there always solution to every problem! And we ve got you covered on how to cope up with the new age real estate opportunities that fits your bracket and also grows exceptionally well. From as long as we know Real Estate, we know how confusing it gets to get on selecting your.

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Pick as an outsider. The market is no doubt captured by not only the big known brands but also some newly emerging companies that builds hopes better than your homes. And therefore, it makes your decision on investing in a property more difficult than ever. Well, there still hope and optimism to ensure you double check before you signs the cheque. The market is definitely blessed with Real Estate Consultants who are solely focused in making your decision even better be in it in terms of investment, buying, selling, renting or designing your property! From a recent study, it has been revealed that Real Estate in India is growing exponentially and rigorously that makes this current time perfect for investment opportunities but also the rush calls for fake promises, corruption and sometimes even bad decisions that you might regret later. Then what the catch to get hold of your space in the booming economy of Real Estate? Well, it definitely seeking consulting from the experts that is Real Estate consultants and grow far better than what you actually thought of. Let understand why Real Estate Consultants have now become even more crucial for developing the perfect investment strategy for you: Experience & Guidance: Every area/locality is known for their specialties and the same way, it is best to pick a Real Estate Consultant that is known for the area you ve been eyeing on. That way, it gives you an assurance of the quality and value for your money as consultant has had experiences with people, circle rates and is a perfect guide to understand your bracket and reach out only those properties that fit your needs. Consultants not only help you find your fit but also help you invest in a property that is bound to grow with you and well, that a perfect reason to invest with the help of a consultant. Market Knowledge: The biggest mistake people often make is to pick consultants of their locality to another which often leads to making bad decisions. It always a good idea to have a consultant who is well aware of the market you are keen in exploring. The consultant will ensure to provide you a space that speaks for your budget and needs. Mediator: A right consultant will not only fill the bridging gap between you and your dream property but also help you make the space you ve invested in generate wealth over the years by picking up the right balance between your budget and available options. Also, consultants nowadays believe in providing turnkey projects that means all you have to do is pick what you like to make your entire dream project to reality. Safety from frauds and scams: As an outsider, you might be more inclined to the promises made but in times when there so much available on the plate it better to choose the safest hands possible. While, the right consultants will not only save you from frauds or scams but also help.

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You develop a strategy with the third party and ensure the ball in your court for growth and multiplication of your investment. Negotiation & Good Deal: No one understands a market better than the man involved daily in it and therefore consultants are rest assured the best to reach out for making a right deal in your bracket with best pricing. That a lot said to why consulting is way better than regretting later. A Real Estate Consultant will definitely help you to outgrow and widen your perspective on investing in a better deal than what you would have possibly thought of, especially when it comes to your personal investment. That being said it is always better to look for a good consultant at the area you ve been eyeing on than first looking at the investment opportunities to avoid jumping on unfair deals and rather make your investment an opportunity to grow in the thriving times of Real Estate. The modern world, full of pollution and electronic devices, is a positive ion prison. Since everything in nature seeks balance, positive ions naturally seek a negative charge. Ironically, it is these negative ions that have a positive effect on human health. Understanding the iconic ion The process of ionisation is a natural phenomenon and can be found in sunlight, thunderstorms, lightning and natural radiation. The aurora borealis is another beautiful manifestation of the same. Positive ions are called cations and negative anions. The environment generally has to have a balance of both but unfortunately, modern-day developments have upended this balance leading to an increase in the positive ions. Avoiding cations is near impossible as they are continuously generated by electromagnetic devices like computers, laptops, mobile phones, and fluorescent lighting. Constant exposure to them can cause tension, irritability, anxiety, depression, lethargy, and even allergies and asthma. Fortunately, negative ions have a contrary effect, with evidence suggesting that they are extremely beneficial for health. Better health with anions Negative ions are found in abundance near moving water like waterfalls, waves, and rain, due to the Lenard effect. They are also created by the friction wind causes when blowing through trees, which is why a walk in the park or on the beach lifts a depressed mood and energises the body. So, what happens when this negative ion meets technology? Negative ion technology eliminates the ill effects of positive ions by discharging molecules with an extra electron into the air. Although more research is required, current studies demonstrate that there are a plethora of health benefits of negative ions. The most important being mental health. Over 970 million people in the world are affected by mental health disorders. Anxiety is the most common globally impacting 284 million people and depression is most prevalent in India impacting 45.7 million people. Anions have proven helpful in treating Seasonal Affective Disorder SAD. They reduce serotonin levels in the blood, which affects mood for the better and even provides pain relief. Moreover, they are known to regulate.

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These bottlenecks. Through automated connectors that easily connect to a wide range of sources, automated data pipelines are a low-code option. As a result, data engineers are freed from having to develop code or infrastructure to manage a multitude of complex API connectors. Even as an API changes, encoding those changes into their connectors is left to the vendor to execute. Accessible and Actionable Data for a More Nimble Business Making access to data more efficient is a critical element of this endeavor. While for the best part of a decade, data professionals have benefited from the evolution of the MDS, leveraging automated connectors and greater access will deliver more accurate data into the hands of non-technical users at a faster rate. With the power to eliminate latency issues altogether, the possibilities are endless when people are placed at the center of the data ecosystem. Paired with an MDS and automated integration, latencies of second and tens of seconds are inherently possible. As a consequence, businesses can find and execute new use cases at a higher pace. Instead of the data warehouse producing a bar chart and a team member analyzing it, insights can instead be derived from queries and automatically turned into a piece of information that has actual real-world applications. At the end of the day, data on its own falls short of what businesses need. It is, in fact, having timely access to it and being guaranteed of its accuracy that helps businesses become data-driven. Integration is critical to this, but traditional methods are not just slow and inaccurate especially in the face of more voluminous and complex datasets they are also labor-intensive, which diverts engineering resources from higher-value work. By markedly reducing the time it takes to turn raw data into final products, data integration tools with automated connectors offer swifter go-to market, with a minimum time spent on engineering. Ultimately, this is the key element of successful digital transformation. It is via automation that businesses get data faster. In one fell swoop, creating dashboards and extracting valuable insights go from months-long slogs to something achievable within days or weeks. India is a vast economy with the agricultural sector being one of the major revenue generators. Over 70 per cent of rural households earn their livelihood from agriculture. Agriculture contributes approximately 17% to the total GDP and generates employment ventures for 58% of the nation population. Thus, it becomes imperative to understand the diverse agricultural practices and their due significance. Agriculture is a science that revolves around the practice of farming, cultivation of the soil for the growing of crops and irrigation. Irrigation also known as Watering is a practice of extreme significance in agriculture. It is the process of nurturing land with the right amount of water to encourage the production of crops and is also used to grow landscape plants and lawns. Water is a pivotal input for healthy crop growth and plays a key role in food security. Irrigated agriculture represents 20%.

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Sleep patterns. Given that 57.2% of people in India experience poor sleep quality since the pandemic, negative ion technology is on the path of becoming indispensable. An empirical study investigating the influence of negative air ions on performance and mood found that people have faster reaction times and feel significantly more energetic under negative air ion conditions compared to normal air. Furthermore, negative ions strengthen the body immune system. When there are more negatively charged ions in the blood, it increases the efficiency of the metabolic processes of a cell. They also boost collagen production, the function of autonomic nerves, and the capacity to absorb oxygen. Negative ions bring a breath of fresh air One of the biggest health benefits of negative ion technology is its ability to improve air quality. Particulate matter, which includes solid and liquid particles like soot, smoke, pollen, dust, and pet dander, is a significant air pollutant. These can be easily inhaled and are detrimental to human well-being. Some cause irritation in the eyes, nose, and throat, while others can get lodged in the lungs or enter the bloodstream leading to more serious risks. For people with allergies and asthma, particulate matter can be especially inimical. Negative ion technology not only removes this particulate matter and allergens, but it also reduces volatile organic matter emitted by household products like cleaning supplies, furnishings, and paint. Research says negative ion exposure can increase cilia activity too. Cilia are the tiny organelles in the windpipe that prevent airborne particles from passing into the lungs. Thus, negative ions help breathe fresher air and improve overall health. In addition, negative ion technology is instrumental for hospitals and clinics as it is an effective tool to manage the spread of diseases. Studies suggest that electron technology can eliminate airborne viruses and germs to a very high degree by purifying the air and sanitising surfaces. In the wake of the pandemic, a good negative ion generator is a valuable resource to reduce disease transmission and slow the spread of infection not just for medical facilities but also for homes and institutions. Plug in for health and wellness In today digital age, the average person is surrounded by computers in the office and appliances home. On average, they spend four hours on their smartphone every day. Combine them all and it makes for a lot of unhealthy positive ions. Yet, unplugging and taking time away is not an option for most people. Plug-and-play negative ion generators save the day by removing the debilitating effects of excessive positive ions. From increasing the sense of well-being to bringing mental clarity, the technology can do wonders for mental health if only we use it. The healthcare sector in India is undoubtedly one of the fastest-growing sectors in the country, estimated to reach a market size of US$ 367 billion by 2023 and US$ 638 billion by 2025. Along with supportive government policies, accelerated technology adoption and leveraging emerging tech innovations, irrespective of the geographies, has been.

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Imagine a wandering poet in 15th century India, reciting verses that touched both kings and commoners alike. That was Kabir Das, a weaver who spun not just threads, but wove verses that would echo through centuries. His dohas, two-line verses, were just poetry; they were life lessons presented in everyday parlance, cutting across religious divisions and social barriers. Even today, his razor-sharp wisdom hits home, whether you re puzzling over life essential questions or just trying to be a better person. At a time when the great Persian mystical poets like Attar, Sadi, Rumi, and Hafiz were exercising a powerful influence on India religious thought process, Kabir dreamt of reconciling intense and personal Muslim mysticism with traditional theology of Brahmanism. His dohas convey spontaneous expressions of his vision and love for all religions. It is impossible to tell if Kabir was a Brahmin, Sufi, Vedantist, or Vaishnavite. He is, as he says, at once a child of Allah and of Ram. The syncretic tendencies of the Bhakti movement reached their full potential in the 15th century. Although Sufis and Brahmins often held conflicting views, figures like Kabir embodied the spirit of religious fusion. Born with an intense spiritual inclination, Kabir saw his destined teacher in the Hindu saint Ramananda. Aware that a Hindu guru might not readily accept a disciple from a Muslim background, Kabir devised a plan. He hid on the steps leading to the River Ganga, where Ramananda was known to go for his morning ablutions. As the guru descended, he accidentally stepped on Kabir and exclaimed, Ram! Ram! Kabir later claimed that he had received the divine mantra from Ramananda lips and, through this act, had been accepted as his disciple. Kabir can undoubtedly be considered a unifier, especially in the context of religious and spiritual thought processes in medieval India. His fearless critique of Hinduism and Islam and his rejection of empty ritualism and dogma place him among the most important voices of syncretic spirituality in the Indic subcontinent. He was critical of both Brahmanical orthodoxy and Muslim clergy, often mocking meaningless rituals of both groups. However, his criticism had an oblique humour which blunted ill feelings, for instance, he said, Mo ko kahan dhunro bande Main toh tere paas mein Na main deval naa main masjid Na kaabe kailaas mein Na mein koune kriya karam mein Nahi yog vairaag mein Where are you seeking Me? I am beside you. I am neither in a temple nor in a mosque; I neither in Kaba nor in Kailash: Neither am I in rites and ceremonies, nor in yog and renunciation. Kabir focused on the inner connection with God, a theme both traditions share. Like Sufi mystics, he emphasised love, surrender, and experience of the Divine. Kabir wrote in vernacular Hindi a mix of Awadhi, Braj, and Bhojpuri not in Sanskrit or Persian. For example, Guru Govind done khade, kaake laagu pai Balihaari guru aapne, Jin Govind diyo batay when guru and God both are standing before you, whom will you bow to first? I am indebted to the guru, who has shown me path to God; hence, I will bow to him first. This made his teachings accessible to ordinary people across

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Over 10 days, across seven cities in four countries, I was part of a multiparty Indian delegation engaging the Global South not only to explain Operation Sindoor, but to understand how India actions are seen in a changing world. Read full story on n every challenge lies an opportunity is a tired old cliche. But China decision to weaponise its near monopoly over the supply of rare earth permanent magnets (REPMs) has converted the cliché into an engineering opportunity. Trade and tariff wars over rare earths, notwithstanding the deals struck, are a wake-up call at precisely the moment that kinks and bends have developed thanks to AI in the stem of the traditional funnel of InfoTech through which India engineering colleges pour fresh graduates into the job market. Read full story on Germany crude reserves are so small, they won last three months in an emergency. So how did Hitler wage war for five years? By turning coal into petrol. Over 92% of the Luftwaffe aviation fuel was synthetic. As the world grapples with China rare earth curbs, there a useful lesson here. While the rare earths crisis that started with China export curbs on April 4 may be blowing over Trump announced on Truth Social yesterday, Full magnets, and any necessary rare earths, will be supplied, up front, by China it will have a once-bitten-twice-shy effect. Over the past few weeks, Western carmakers have considered producing cars minus some components that use rare earths. At home, Maruti had to scale back production plans for its first EV due to a global shortage of rare earth magnets. As our second Op-Ed explains, these magnets contain about 25% of a rare earth element called neodymium. It one of the so-called light rare earths that are available in India, but we don produce enough of it because cheap Chinese supplies made investment in this area unattractive. While you can make motors without rare earths, other devices like TV screens, computers and MRI machines can do without them. That why India needs to build a large rare earths industry. And with the world fifth largest rare earth reserves, it well-placed to do so. Likewise, it needs to end its dependence on China for 70% of active pharmaceutical ingredients or APIs, because while buying from the cheapest supplier makes economic sense, it a strategic risk. The aim must be to reduce dependence because dependence, especially in critical products, is vulnerability. About 90% of our crude is imported. An electric future will take care of that, but not if it means 100% dependence on China for lithium batteries. To find alternatives like Germany WW-II fuels we need big investments in R&D, which is not our strong suit. As a nation, we invest only 0.6% of our $4tn GDP in research. China invests 2.4% of $18tn, US 3.5% of $29tn. And our private sector is even stingier, accounting for only a third of the national R&D spend, as against 70% in US and S Korea. The rare earth crisis is a brief distraction, the real issue is India rare investment problem, and it needs national attention now.

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It clear that supply chain risks can also arise due to integration of vulnerable software from one vendor by another. Since it can be utterly difficult for an organization to gain visibility into such risks, a software bill of materials SOBM can be explored as a solution, although it is not the perfect way out. An unfortunate aspect of the current cyber security scenario is the sheer number of vendors not addressing critical vulnerabilities which have been brought into light by reports such as Access:7. While research agencies have constantly engaged in responsible disclosure with government agencies and the affected vendors, it is still difficult to identify the means to accelerate the acknowledgement and response on part of the vendors with respect to vulnerabilities. And while cyber security research agencies may get impeded in communicating the critical nature of vulnerabilities to the vendors, the entities in the healthcare space that hire them must hold them accountable. Prevention and mitigation Since it is always better to be safe than be sorry, healthcare organizations must own up the risk they face. The rapid digitization of processes has created complex IT/OT environments that transcend IT systems, medical devices and Iota devices, such as security cameras, HVAC, and building automation systems, and hence there may be multiple stakeholders across multiple departments that need to share this responsibility. However, when it comes to risk management, embracing the fundamentals and taking small but impactful steps is what makes a significant difference. Basic measures such as developing an asset inventory, discovering and remediating misconfigurations and patching vulnerabilities can go a long way in reducing risk. However, there still exist some risks that cannot be remediated, in which case organizations should shift their focus towards mitigation techniques that can help minimize the attack vector. One of the most prudent ways to achieve this in case of healthcare organizations is proper segmentation of medical assets. This can reduce the risk involved to a great extent since it limits the devices access to designated segments, making it hard for the threat actors to reach and exploit the existing vulnerabilities. Healthcare organizations must follow a three-pronged approach in order to prioritize the risk of their medical devices. First and foremost, it is important to assess the asset criticality in terms of its importance to healthcare delivery. Secondly, the dominant risk should be assessed in terms of the highest potential impact to the organization. And last but not the least, auxiliary risk that involves the surrounding exposure of the attack surface must be understood and acknowledged. Visibility is critical Visibility is a critical component of managing cyber security risks. Just as it is impossible for a doctor to operate on a patient without running a few scans first, in a similar fashion gaining visibility into the existing vulnerabilities in a network is extremely important in order to identify the security loopholes and fix them. Enhanced visibility enables organizations to discover their assets with the context neede

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These bottlenecks. Through automated connectors that easily connect to a wide range of sources, automated data pipelines are a low-code option. As a result, data engineers are freed from having to develop code or infrastructure to manage a multitude of complex API connectors. Even as an API changes, encoding those changes into their connectors is left to the vendor to execute. Accessible and Actionable Data for a More Nimble Business Making access to data more efficient is a critical element of this endeavor. While for the best part of a decade, data professionals have benefited from the evolution of the MDS, leveraging automated connectors and greater access will deliver more accurate data into the hands of non-technical users at a faster rate. With the power to eliminate latency issues altogether, the possibilities are endless when people are placed at the center of the data ecosystem. Paired with an MDS and automated integration, latencies of second and tens of seconds are inherently possible. As a consequence, businesses can find and execute new use cases at a higher pace. Instead of the data warehouse producing a bar chart and a team member analyzing it, insights can instead be derived from queries and automatically turned into a piece of information that has actual real-world applications. At the end of the day, data on its own falls short of what businesses need. It is, in fact, having timely access to it and being guaranteed of its accuracy that helps businesses become data-driven. Integration is critical to this, but traditional methods are not just slow and inaccurate especially in the face of more voluminous and complex datasets they are also labor-intensive, which diverts engineering resources from higher-value work. By markedly reducing the time it takes to turn raw data into final products, data integration tools with automated connectors offer swifter go-to market, with a minimum time spent on engineering. Ultimately, this is the key element of successful digital transformation. It is via automation that businesses get data faster. In one fell swoop, creating dashboards and extracting valuable insights go from months-long slogs to something achievable within days or weeks. India is a vast economy with the agricultural sector being one of the major revenue generators. Over 70 per cent of rural households earn their livelihood from agriculture. Agriculture contributes approximately 17% to the total GDP and generates employment ventures for 58% of the nation population. Thus, it becomes imperative to understand the diverse agricultural practices and their due significance. Agriculture is a science that revolves around the practice of farming, cultivation of the soil for the growing of crops and irrigation. Irrigation also known as Watering is a practice of extreme significance in agriculture. It is the process of nurturing land with the right amount of water to encourage the production of crops and is also used to grow landscape plants and lawns. Water is a pivotal input for healthy crop growth and plays a key role in food security. Irrigated agriculture represents 20%.

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Actions this results in more impactful preventive measures which can keep threat actors at bay. With digital technologies now underpinning all aspects of the business, many enterprises are now by default having to pivot quickly to become digital first. Growing customer expectations, as a result of improved access to digital services over the course of the last two years, has had a profound and long-lasting impact. Research and Markets, for instance, estimates that e-commerce in the region is projected to grow 10.24% CAGR over the next five years. Naturally, to ensure that digital transformation is a success, it is critical that business decisions are guided by rigorous data analysis. Sure enough, businesses are striving to achieve this through several measures; from scaling up their analytics teams to getting IT departments to better meet the needs of those teams. Automated Integration: The Answer to Growing Complexity Despite these efforts, however, analytics programmers continue to be blighted, as it does not eliminate the issue of data professionals having to wait on IT teams to provide access to the data they need to do their jobs. At the same time, difficulties integrating legacy on-premises systems, remote data stores, and an ever-growing list of cloud-based tools often result in data that is stale and unreliable; to the detriment of business growth. Even if your company uses a modern data stack MDS, the stack could still suffer from ineffective management. The answer to these problems is automated integration, specifically automate extract, load, transform ELT. Automated ELT provides nearly instant, self-service access to data, so that data engineers can focus on more mission-critical activities. Through automated data connectors that are prebuilt and preconfigured, businesses add to their arsenal analysis-ready data assets that are fault-tolerant and auto-recovering in case of failure. Leveraging the Cloud for Automated Data Integration As a result of digitisation, the cloud and cloud-based applications have grown to become instrumental for modern businesses. At the same time, it has made for greater variety, volume, and complexity of data. Furthermore, developing connectors to bring this wealth of data together can result in bottlenecks. Even with powerful, sophisticated software libraries, there are always more and more data sources to pull and integrate. This constant need to develop and maintain current pipelines and infrastructure means that data engineers struggle to unify data, while hampering analysts from doing their jobs. While this can be daunting for the business, they are not alone. Cloud-based data integration tools provide avenues to harness data in the cloud to its fullest. This is because, simply put, automated data integration and cloud computing are nearly inseparable. The profusion of cloud-based services, most notably software-as-a-service Saabs, have made new data available through the API endpoints of Saabs providers. And with all users of a particular Saabs product having access to the same API, third-party vendors are primed to leverage economies of scale and offer automated data integration solutions. Providi

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Thus, the coming years pose opportunities and challenges for all of us. Yule will have possibilities Ram Mandir in Ayodhya happens next week. According to UP CM Yogi Adityanath, this inauguration of the temple is meant to establish Ram Rajya in the country. The architectural statistics of the structure are certainly impressive. In India, political is personal shades into political is family. A lot of family. Family members as political rivals from opposing camps are not uncommon the Scindia exit, NCP split, Raj Thackeray MNS, SP Shivpal march to BJP, the list is endless. Sis-bro contest Even so, the appointment of a CM sister to head an opposition party state unit has a masala twist all its own. Andhra CM YS Jagan Reddy sister YS Sharmila is now Congress state unit chief. Andhra assembly election is held simultaneously with Lok Sabha. Karnataka and Telangana in its kitty, Congress is clearly bullish here. Real successor, who? Congress hopes Sharmila might revive party fortunes basis popular legacy of her late father, ex-Congress CM YS Rajasekhara Reddy in undivided Andhra. Jagan, YSR son, vaulted into CM position after exiting Congress claiming this very legacy. As in family businesses, succession can be a risky game the only difference being politicians are themselves the business. Sharmila is widely credited with her brother meteoric rise. This year then will see brother-sister fight over this legacy. Family feuds aside, most political families in India are often ranged against each other from opposing parties in electoral contests. Even in December assembly polls, several contests had uncle against nieces (Nagaur, Khetri), spouse fighting spouse (Danta Ramgarh), so on and so forth the endgame is that the constituency, or home turf, stays with the family. And a foothold in state machinery keeps political family wheels well-oiled. Sound business This is sound business practice spreading risk, and diversifying portfolios is the trick to survival. Conglomerate families do it all the time putting children in different businesses, sending at least one son (daughters, not so much) abroad. Business and politics both face uncertainty. Little wonder careers of children in both kinds of families are demonstrations of risk management. Ayodhya is a sacred city popular for being the birthplace of Ram, as also a metaphysical concept. The Atharva Ved, verse 10:2:31, compares Ayodhya to the human body, which has eight chakras, subtle energy centres; nine gates, apertures; and an illuminating golden treasure of bliss. In the inner chambers of the heart, resides Ram. Sant Kabir views Ram in four ways: as the son of Dashrath; as one who abides in every particle of creation; as one who is all-pervading; and as one who is unique in three worlds heaven, earth and hell. While people adore the first three forms, only a few understand the quintessence of the fourth one. By transcending forms, one can realise the primordial being Ram sab jagat bakhane Adi Ram koi birla Jane. Ram stands for the creative word that sustains everything, from planets and plants to animals and humans, and much else. Kabir distinguishes between Naam, the Word, and worldly names. He gives p

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Krta and kriti, creator and creation; Sagun sakar and Nirgun nirakar, with and without attributes; the way and the goal. The word Ram is composed of seed letters, Ra, A, and Ma, representing sun-god, fire-god, and moon-god, respectively. It derives from Ashtakshra mantra, eight-lettered chant of Vishnu and Panchakshra mantra, five-lettered chant of Shiv. Its utterance purifies the mind, dispels fear and awakens dormant energy by balancing the pingala, sun-current, and ida, the moon-current, in the body, and making life-sustaining currents flow through sushumna, the central nerve channel. With constant practice, one may feel the electrical impulse of heavenly strains of the sound current within. Ram Naam cannot be understood at the cerebral level but felt in the human heart. It works even when uttered in its inverted form as mara. Go swami Tulsidas says, Ramahi kevala premu piara jani leu jo jana nihari Love alone attracts Ram: let those who are curious take note of it. Sage Valmiki describes Ram as Ramo vigrahavan dharma, personification of dharma. He had set high standards of virtue and valour, ethics and equipoise, selflessness and self-control, calmness and contentment, respect and responsibility, for people to follow in every age. The stories about Ram are many, but he is One, the unknowable, the immutable, the incomparable, and the absolute. Legendary saint-musician Thyagaraja observed, O Lord! How can anyone decide what you are. Ram Naam is satyasya satyam truth of truth that abides for all time. Chanting the sacred name of Ram is prayer. Worshipping him in form is bhakti. Knowing him, without form, is jnana. Emulating his virtues is a righteous act. Meditation on him is yog. Receiving his grace is mukti, salvation. Was it serendipity or design? UNESCO anointed Kozhikode City of Literature just weeks before the 7th edition of Kerala Literature Festival. It could well be the latter. After all, it Asia largest with 500 speakers and a hundred times as many people crowding its seven venues spread across 500 metres of beach. Yes, one of its hash tags is It was really quite surreal. This was no ivory tower or even sandbar requiring the usual registration process. Whether seethingly complex or seemingly simple, all litfests involve a degree of queuing up at a counter. But I d never was to one with no boundaries, literal and literary. The beach did just segue into the venue. It was the venue. So, the weekend beachies mingled with those wending their way to the venues. Perhaps even singled out a speaker who caught their attention and simply merged into the overflowing audience. It also meant that the usual beach blandishments became part of KLF. Unscripted but far from unwelcome. The formal food, book and promotional stalls, panipuri-wallas, pineapple-pickled-in-brine vendors, peanut sellers, pamphlet distributors, petty-donation seekers all eddied together like wrappers in the evening breeze. This being Kerala, the popcorn machine emanated the utterly un-buttery fragrance of coconut oil. But seriously, I vet never seen a lithest as rooted the ratio of Malayalam to English sessions was 60:40. Nor one as democratic. True, the love of books transc

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Of the total cultivated land and contributes to 40 % of the total farm produce universally. The staple crops like rice, wheat and sugarcane constitute about 90% of India domestic production and evidently, the mentioned are the most water-consuming crops. One of the precious natural resources, water, forms the foundation of agriculture and its efficient management is crucial for agricultural success. Mulching & important protective farming products: The concept and art of Protective farming plays a vital role in the improved yield of crops and better farming practices which eventually leads to efficient water management in agriculture. The major benefits of protective farming include prevention of soil erosion, protection from weeds, yield increase of 40%-100%, growth of white roots on surface, reduced water usage etc. In contemporary agriculture, there are various ways available to protect a crop like Mulch films, Crop Cover, Fruit Cover, Shade Net, Agra Wire etc. The art of Mulching is a well tried and tested method of agricultural water management. It can be defined as the practice of applying a layer of material Organic & Non-organic to the surface of soil. Effective mulching leads to the conservation of soil moisture, improves fertility and health of the soil and curbs weed growth. Fresh or old hay, grain straws, forage, tree leaves, poultry manure etc. are examples of organic mulches while polythene sheets are widely used as inorganic mulches. Since the usage of mulches leads to the conservation of soil moisture, temperature regulation and reduced soil evaporation, it is considered one of the finest ways of water conservation. It is noteworthy that inorganic mulching is considered more effective than organic mulching. Inclusion of healthy and protective farming practices like using Crop Cover, Fruit Cover, Shade Net, etc. also plays a significant role in the smart water management in agriculture. It is notable that using such protective farming practices not only protects the vegetables, fruits and crops but also encourages the growth of white roots on the surface. White roots absorb minerals and nutrients from the soil, thereby, leading to a healthy yield. A Shade Net is crucial in agricultural water management as it protects the plants from the intense heat of the sun, especially during the harsh summer season. It is imperative for the plants to have the optimal temperature and the environment which is friendly enough for enhancing the rate of production and water management. The mentioned protective farming products are the effective ways to ascertain increased yield of crops, effective water management and overall healthy ecosystem. Installment of efficient watering/irrigation system: The practice of farming is usually carried out with the conventional method of spraying. While the mentioned method may produce healthy crops, it leads to water drainage. Contemporary Agro-Science has invented the new-age irrigation method of Drip Irrigation. Drip irrigation or Trickle irrigation is a form of micro-irrigation that has the potential to save water and nutrients by allowing water to drip slowly to the roots of plants, either from above the

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With Destiny that we had made long years ago much prior to achieving our Independence. In the wake of our 75th year of Independence from the colonial rule, the million dollar questions hover round our heads and historic speech of Chacha Nehru : Access to diabetes care is one of the main reasons for its poor management in our country. One of the barriers that has been recognized is stigma and the role it plays in hampering diabetes management among people with diabetes. Studies in India and a substantial amount of global research show that people with diabetes face discrimination and isolation in several social situations. People with diabetes are often made to feel disabled, not capable of living a so-called normal life. Some are even blamed for their condition, and their food habits are considered responsible for their disease. This largely happens because people with diabetes need to follow a special medical regimen and daily care routine in public. Take the case of children with type 1 diabetes T1D. Their treatment regime requires them to test their blood sugar during school hours, take their insulin shots on time and carry food appropriate to their condition. They come across as being different and they are treated as such by their peers. As a result, these children, for no fault of theirs, develop a deep sense of isolation and discrimination. They feel tigmatized. According to studies that have explored this stigma that children and adolescents with T1D face, many of them struggle with self-esteem and body-image issues. It can affect their social relationships and can also have a deep impact on their education. What begins in childhood is often carried through into adulthood for people with T1D. Those who want to get married may face rejections because of their condition. At workplaces too, people who are seen taking the insulin injections might be considered incapable of certain tasks and excluded from important projects or not hired at all! The effect of this stigma is not limited to the patient but extends to those around them too. Parents of children with T1D also feel excluded by their friends and family because of their children special needs, which can have an impact on their mental health. An Indian study has established that social stigma related to T1D can lead to mental distress and depression in parents of children with T1D. Research also shows that this stigma can affect the medical regimen of people with diabetes. They feel ashamed about monitoring their blood sugar level, taking their medications or insulin injections in public, or eating different food. Children rebel against the self-care practices required to keep their blood sugar under control. They skip their insulin doses or eat regular food with their peers, which can negatively affect their blood sugar level. This interferes with their therapy adherence and leads to severe complications such as kidney diseases, vision loss or nerve conditions at a younger age. Therefore, the stigma of diabetes can negatively impact the.

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Buried below the surface. Watering with drip irrigation instead of the traditional overhead spray method can decrease evaporation exponentially and can proficiently save 80 % of water. Moreover, it also ensures that the water penetrates the soil surface and reaches the plant roots, which can lead to better growth. Rainwater harvesting/storage: Strategic and smart storage of rainwater can also be an important way of water management in agriculture. The incorporation of large rain barrels to store the water during excessive rainfalls is certainly a pragmatic way of water storage which can later be utilized for crop irrigation. The practice of storing rainwater persistently can help recharge local aquifers, reduce urban flooding, and most importantly ensure water availability in water-scarce zones and during natural calamities like drought. Fortunately, the art of rainwater harvesting has been an ancient agricultural practice in India. Namely, Mandalas, Amar Pines, Syringes, Tanka etc. are some of the popular and widely used rainwater harvesting methods in India. Crop Rotation: The practice of crop rotation has also been recognised as an effective way of water management in agriculture. It refers to the process of planting different crops sequentially on the same plot of land to improve soil health, optimize nutrients in the soil, and combat pest and weed pressure. The best part about the practice of crop rotation is the replenishment of soil with vital nutrients. If followed constantly, crop rotation can lead to improved soil structure and fertility by alternating deep-rooted and shallow-rooted plants. Enriching the soil with various nutrients reduces soil erosion and enhances infiltration capacity which further reduces downstream flood risks. Crop Rotation imparts numerous benefits to the soil like replenishment of nitrogen through the use of green manure in sequence with cereals and other crops. Subsequently, healthier soil absorbs vital nutrients from the water in a better capacity and does not require large quantities of water. It is rightly said that water is a blessing of nature and a gift of life. The abundance of water as a resource is indispensable as it impacts a nation economy and mainly the various aspects of agriculture like crop irrigation which eventually leads to food production along with being a primary source of energy generation too. Today we go into ecstasies for being citizens of a free and democratic nation, and feel proud of our 75 years old Freedom from the colonial shackles of the Bruisers who ruled us for over two centuries. Notwithstanding that, it high time we all Indian citizens residing inland and abroad should introspect and ponder over the pros and cons, omission and commission so that we could pave our path of the next 25 years so that we bask in the celebration of our beloved motherland centenary of Impeccable Independence. Amid the horrific mayhem of Hindustan-Pakistan Partition, independent India witnessed a blood-stained dawn and rising sun on August 15, 1947 with a heavy heart but motivational speech of our first Prime Minster Pt. Jawaharlal Nehru. Let gauge the graph of our Tryst.

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Social, emotional, , and their parents is important to help them cope with the stigma and discrimination. Civil society can partner with the government to provide these counseling services. Globally, the role of peer support groups has been well established to create a community of support that can help people with diabetes cope with their condition well. 23 24 25 Patient organizations and physical health of people with diabetes and their caregivers. To address this barrier to care, the discrimination needs to stop. The ideal way to stop this is to bring about a shift in social behavior, but behavioral change is a long-term process and requires conscious commitment and persistence. Advocacy, education, and counseling are the important steps to drive this behavioral change. A collaborative effort between the government, private healthcare companies, and civil society is required. Advocacy needs to start with evidence-building. Local data on stigma associated with diabetes is needed to demonstrate its impact on people with diabetes. This data can give further insights on the development of education and awareness programs and counseling interventions relevant to local communities. Measurement of the impact of these interventions is critical to their success and can guide policy development. The education and awareness programs must start at the grassroot level with the training of Accredited Social Health Activists. They can in turn educate the community. Fun-&-learn programs at schools should provide information on and its management. These programs can also demonstrate real life examples of adults leading a normal life with diabetes to make children see that their peers with are not different from them. This will also motivate the children with to not be embarrassed about their condition. Research has shown that regular counseling for adults with diabetes, children with T1D, and their parents is important to help them cope with the stigma and discrimination. Civil society can partner with the government to provide these counseling services. Globally, the role of peer support groups has been well established to create a community of support that can help people with diabetes cope with their condition well. 13 14 15 Patient organizations can help arrange these support groups, which will facilitate sharing of experiences and ensure the emotional well-being of people with diabetes. Community mobilization is required to end the stigma associated with diabetes. I believe that awareness on this issue cannot be created in isolation but requires the support of a larger ecosystem. There are currently about the rise. Conscious effort needs to be made to create equal opportunities such that they too can find their place as valuable contributors to the society. It is their right to live in a society which does not discriminate against them healthcare companies, and civil society is required. Advocacy needs to start with evidence-building. Local data on stigma associated with diabetes is needed to demonstrate its impact on people with diabetes. This data can give further insights on the development of education and awareness programs and counseling interve

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An Indian Ocean meet through China International Development Cooperation Agency (CIDCA) was obviously to enhance its foot-prints in the Indian Ocean with the objective of establishing its hegemony in this region. Of late, increased movements of the Chinese ships and submarines were observed in the Indian Ocean. The Chinese experts were indicating that China needed three lifelines in the Indian Ocean. After creating military bases in the South China Sea artificial islands, this was expected. Chin has already established a military base in Djibouti and Gwadar in Pakistan and Hambantota are with China and they can be used for military purposes. In Myanmar, it has intensified its efforts to complete the Kyaukpyu port and in Bangladesh four Chinese companies have shown interest in the construction of Metro rail network near the Chittagong Port. In Maldives, China keeps on trying to have a base. In Seychelles, China has is investing in projects having strategic value. While the work on nine programmer project pool has been improved, a Chinese firm is constructing the Seychelles Broadcasting Corporation building that would give ample opportunities to use it for the Chinese propaganda. A press release by CIDCA, indicated that high-level representatives of 19 countries, including Indonesia, Pakistan, Myanmar, Sri Lanka, Bangladesh, Maldives, Nepal, Afghanistan, Iran, Oman, South Africa, Kenya, Mozambique, Tanzania, Seychelles, Madagascar, Mauritius, Djibouti, Australia and representatives of three international organizations were present at the hybrid forum on the 21 set November. The significant aspect is that the foreign ministries of key littoral states were bypassed by Beijing while sending invites. Those who attended were either officials from the client states or individuals from other countries. While the Maldives government was approached, the foreign ministries of Madagascar, Sri Lanka and Mauritius were not informed. Both Maldives and Australia denied their involvement in the above Chinese meet. The Maldives Ministry of Foreign Affairs stated that the Government of Maldives did not participate in the above-mentioned Forum, and had communicated its decision not to participate to the Embassy of the People`s Republic of China to the Maldives. The Australian High Commissioner to India, Barry O`Farrell tweeted Contrary to media reporting, no Australian Government official attended the Kunming China-Indian Ocean Forum on Development Cooperation. A look at some of those who attended throws light on the Chinese mischievous tactics of deploying influenced persons in foreign countries to serve its purpose and also to identify those who could be targeted to support the Chinese objectives. From Maldives, the virtual meeting was attended by Mohammed Wahid, a pro-China former President of Maldives, who threw out Indian GMR from an airport operations contract during his tenure. From Australia, the meeting was attended by former prime minister Kevin Rudd in his capacity as head of a think tank that also has an India chapter. Known to be a pro-Chinese in approach, it was during his tenure as Australian PM that Australia walked out of the Malabar 2008 naval e

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It is impossible to turn away. Violence in Ukraine and genocide in Gaza are coarsening our sensibilities, continue to dull our capacity for shock, and steadily erode our sense of agency. How do we carry the weight of such pain? How do we face cruelty without being broken by it? I remember my first visit to Dharamsala in 1983, where the Dalai Lama has lived in exile for more than six decades. What moved me most were the prayer mats laid out by the monks. Embroidered in Tibetan, they read: Pray for the Chinese. Their daily prayers concluded with a simple wish: May the veils of ignorance rise from the Chinese so that they may not suffer the consequences of their actions. The Dalai Lama had asked his community to make a profound distinction between the acts of the Chinese government that orchestrated the genocide in Tibet and the ordinary Chinese people, many of whom were either unaware or powerless to resist coercion. The temptation is to look away. To shut down, to feel helpless. But what I have learned from the Dalai Lama is the opposite: do not look away. Look more deeply. Look into the heart of suffering, the roots of violence, the flickering possibility of compassion, even in devastation. He knows its contours all too well. In 1959, he fled Tibet after the Chinese invasion. He chose a harder path: moral clarity without malice, resistance without rage. The Dalai Lama meets suffering not with despair but with stillness. Again and again, he reminds us that the true enemy is not the person but the ignorance, hatred, and delusion within. This is not a denial of responsibility. It is a more profound ethical reckoning. We are called to oppose injustice without mirroring it. What we do and the mind with which we do it shapes the world we create. The Dalai Lama has been unequivocal: terrorism is wrong. It violates the core tenets of every major faith. Yet he cautions that in confronting violence, we must not reproduce its causes. Even those who commit atrocities, he insists, are not beyond the reach of compassion. He does not preach inaction. He calls for a different kind of action one anchored in secular ethics, rooted not in doctrine but in our shared human experience: our ability to feel pain, to seek connection, to desire safety. Governments are often indifferent. Institutions falter. Outrage flickers, and then fades. In this vacuum, moral leadership is conspicuously absent. World peace, he says, must grow from inner peace. This is not a retreat. It is redirection towards inner disarmament, the dismantling of emotional ordnance we carry: anger, prejudice, fear. Violence today is increasingly impersonal. Executed through drones, decisions, and data, it renders victims into numbers. Suffering becomes abstract. But pain is always personal. There often a hush in the room when these images flash across the screen a stunned silence, quickly followed by the helpless gesture of switching it off. The further we are from the suffering of others, the easier it becomes to justify or ignore it. This is why the Dalai Lama returns, again and again, to the principle of interdependence. But his worldview goes deeper. He sees interdependence, impermanence, causal

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As we begin to understand that individual wellbeing is inseparable from collective flourishing. The truth of impermanence, far from being a source of despair, becomes a foundation for hope and ethical action: suffering is not permanent, positive change is always possible, and our actions matter because they set ripples of causality far beyond ourselves. This perspective transforms personal pain into a gateway to universal compassion. When we understand the impermanent and interdependent nature of all things, the illusion of separation dissolves. What emerges is the possibility of equanimity, of peace rooted in our shared vulnerability and potential for awakening. Violence is never isolated. Injury always ripples outward. Hatred is a boomerang. It returns. In every war, it is the innocent who suffer most. We know this. And still, we look away. The casualties are not generals or statesmen, but children in rubble, women fleeing minefields, elders left behind. From Iraq to Syria, from Afghanistan to Ukraine, the pattern repeats. Power strikes. People bleed. We spend over $2.4 trillion annually on arms. A tenth of that could educate every child, bring clean water to every village, and provide basic healthcare. But we persist in building arsenals. We are over- armed and under-educated, the Dalai Lama warns. What, then, can we do? When justice fails and vengeance tempts, the Dalai Lama reframes the question: what is this moment asking of us, morally? The true battle, he says, is not only against injustice, but against what we risk becoming as we respond. Are we acting from sorrow or from rage? From compassion or fear? Violence may silence, but it does not heal. It may punish, but it cannot reconcile. And so we turn to our grief, our helplessness, our rage and honor them. We do not allow them to harden us. Nor do we let them fester. Instead, we let them deepen our empathy and renew our solidarity. This is how we stay human when the world forgets how. The Dalai Lama reminds us that when we witness suffering and respond even with a small gesture we keep our hearts alive. That gesture need not be heroic. It could be a refusal to echo hate. A shift in tone. A quiet pause. Even a whisper of dignity, where cruelty is expected, can be a profound act of resistance. He acknowledges that violence may, at times, be necessary to protect, to prevent greater harm. But even then, intention matters. Are we acting from wisdom or wrath? From responsibility or revenge? These questions are seldom asked in public life. But they may be the only ones that matter. And what of us, the witnesses who watch and ache? We begin by noticing our own pain. Not to wallow in it. But to recognise it as a sign that we still care. That we are not numb. That we still belong to one another. As the Dalai Lama says, do not let the suffering you see make you bitter. Let it make you more human. That may be the hardest task of all: to remain open-hearted in a time of collapse, to feel sorrow without being swept away, to feel anger without dehumanizing, to grieve and still protect the dignity of others and ourselves. Critics often scoff: Has nonviolence restored Tibet? Has compassion ended war?

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Attended from Bangladesh. Indian Government was not informed but the Chinese Foreign Ministry indicate that some businessmen and a few academicians attended. China organised the third China-South-Asia Cooperation Forum meet on the 19 the November and some attended the breakout event on the China-Indian Ocean meet. It was a deceitful ploy to inveigle unaware persons into attending the Chinese meet. The meet was camouflaged as an academic and business conference with the theme: hared Development: Theory and Practice from the Perspective of the Blue Economy. The ulterior motive was to build support for the Chinese expansion in the region in an institutionalised manner. It is well known that China through influence operations try to create support base among the local population in foreign countries. The Chinese method for influence operations was succinctly described in a dossier entitled China elite capture compiled by the former MI 6 officer Christopher Steele that provides details of manipulations of China to penetrate the strategic and influential community to manipulate them to serve China overall strategic objectives. He called them useful idiots, who are carefully brainwashed by first obtaining their data and then bombard them with the specially designed programmers through various social media platforms and other propaganda means. Last year, three reports surfaced which also pointed out how the Chinese agencies were penetrating into the strategic communities in the target countries. First, the US National Counterintelligence and Security Centre in its July 2022 report, revealed the extensive PRC activities to manipulate the US state and local leaders to support the policies that are favorable to the PRC. It indicated that the CCP is aware that the U.S. state and local leaders enjoy a degree of independence from Washington and it exploits this to turn them into its proxies to advocate the policies that Beijing desires. The PRC influence operations could be deceptive and coercive under the cover of benign business opportunities or people to people contacts. Second, in India, the Law and Society Alliance brought out in Sept 2021 how the Chinese influence operations are manipulating the perceptions of targets in different sectors. It concluded that China subtle attempts to infiltrate the Indian society through the use of a number of alternative means such as financial investments, fellowships, travel courtesies and coercion can be extremely damaging in the long run. Third, the Institute for Strategic Research of the French Ministry for the Armed Forces in October 2021 presented a study titled The Chinese Influence Operations- A Machiavelli Moment indicating that he CCP influence operations have become considerably tougher in recent. China uses different organizations for influence operations abroad. The CCP United Front Work Department (UFWD) plays a leading role for directing and coordinating influence operations globally through its various front organizations. Other PRC government agencies involved in foreign influence operations are China Ministry of Foreign Affairs, Ministry of State Security, and Ministry of Education. Among important

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Which describes itself as a national people organization engaged in people-to-people diplomacy of the People Republic of China? The Strategic Support Force linked Unit 61090 and its various front organizations are involved in manipulating the perceptions of targets. There are indications that the Chinese influence operations have now acquired the dimensions of a cognitive warfare, which is more than the sum of various dimensions of information warfare (IW). It integrates all the elements available in the information, cyber and psychological domains and takes them to a new level not only by manipulating the perception of the target population but also by ensuring that the desired action from the targets is achieved. It includes psychological operations, neuron-science to manipulate cognitive capabilities of targets and implementation of social engineering. In this warfare, human mind becomes the battlefield. In simple terms, this is weaponisation of public opinion for their advantage. For India, the increasing Chinese influence operations are worrisome and China considers India as a rival in the Indian Ocean. There is a strong case for in-depth investigation of the Chinese activities in India and their consequences including the Chinese infiltration into the Indian society, economy and political circles, where the freedom enjoyed by political leaders and their propensity to use the social tensions for electoral advantages could be easily exploited. They are also penetrating into academic and business communities, which can be extremely harmful for economy and security of the country. This demands that conferences and seminars organised by the Chinese agencies must be kept in sharper focus. This invisible threat could be more harmful than the muscular challenge. This deserves attention not only of India but of all countries in the region. Winter comes right after the monsoon. People often get ill as the weather transitions from Monsoon and heated summers to Winters. Initially, we all love the cool breeze and cold weaves, and we enjoy it through long bike rides, and evening and morning walk. Hence, we get ill because of changing weather. This cold viral is contagious because we spread it to everyone we get to meet. Kids are more prone to get ill during this climate change and therefore we need to follow some rules to keep them protected. Here are some of the tips to keep your kids healthy during winter are listed: 1. Turmeric Milk: Although kids don like to drink this and as we all know that this is the first home remedy we follow or even doctors recommend for colds. I sometimes put a pinch of turmeric in her chocolate milk. I know it cheating but we have to do tricks for their better health and I do a lot of tricks with her when it comes to feeding her something healthy. 2. Avoid going out in the late evening or night: Try to keep them inside after sunset and try not to go out until or unless it is necessary. In the evening, the temperature drops, and kids can get cold by breathing.

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Cool air so, it better to keep them inside and protected with warm clothes. Get them enrolled in some Sports In Winter, mostly we all including kids become vitamin D deficient. So, it very important that they get enough sunlight in winter. For that, I enrolled my daughter in Lawn Tennis. It keeps her active and they play during the daytime and she gets enough sunlight and which makes her physically active also. Indoor Games: Kids used to play till late evenings in the part with their friends and when we ask them to stay back at home as its cold outside then they get bored at home. To make this boring weather fun for them all we can do is to have them engaged with awesome indoor games like Clay Modeling, Painting, Board Games, etc. We have a collection of Indoor Games that we play with our daughter so that she does miss going out to play with her friends. Instead, she enjoys this indoor play time with both of us. Keep Hydrated: Although we are not sweating, we can still get dehydrated. Kids are more in danger of becoming dehydrated. We should encourage them to drink water every hour to stay hydrated. They get so involved in their play that they forget to drink water. We should keep their bottle filled with lukewarm water and ask them to sip in between the playtime. Keep checking their bottle to make sure they are drinking water or not. Healthy eating habits: Make sure to include healthy food in their daily diet to improve immunity. There are many healthy fruits and veggies that kids avoid eating. We should find a way to include those in their daily food menu without the drama. My daughter avoids fruits so I make pudding, shakes, salad, cake with fruits, etc. Take enough sleep Taking enough sleep of at least 8 hours is important for your child immunity. Sleep is very important in the overall mental and physical growth of kids. It also helps to improve their focus and attention. If they get enough sleep then they will be more energetic and focused throughout the day. These are just some suggestions but there are many other ways also. Every kid interests and lifestyle are different so try and see what works for you. Take all the actions that can decrease their chances of getting ill. As the year 2022 ends, here is an interesting statistic. Global stock indices are down almost all over the world. At the time of writing this, the MSCI All-country stock market index is down 17% forth year. The US S&P 500 Index and Nasal are also in the red, down 16% and 28% respectively. Indices in Europe (Sox Euro 600) and China (Shanghai Composite) are also down 10% and 15% respectively. India, however, is up. BSE Sensex and Nifty is up 8% and 5.5% for the year respectively. Air India recently issued a staggeringly detailed 40-page circular to cabin crew spelling.

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Out the dos and don s of appropriate attire. Going through the instructions made me wonder who came up with this list. Not only are some of the guidelines bizarre, but many of them also seem painfully archaic and out of sync with today requirements, especially since cabin crew need to be focused on the practicalities of flying and feeding hundreds of passengers rather than worrying about strict dress code requirements. For, despite the outward glamour associated with flight attendants, it is an arduous, high-stress job and not the swishing seductively through aisles as most people imagine. Adhering to a dress code is one thing, but micro-managing assorted body issues and dictating ways to fix problems like receding hairlines and bald patches for men, or mandatory foundation/ concealer of an exact shade from the company shade card for women sounds downright unreasonable, even despotic. In the last three years, several institutional and regulatory mechanisms have been changed to facilitate large-scale land investments in India union territories of Latah, Lakshadweep, J&K, Daman & Diu and the Andaman and Nicobar (A&N) Islands that are directly governed by the central government. The NITI Analog has proposed measures to promote competitive spirit amongst the UTs to expedite the process of development. Many of these areas are ecologically exceptional and support distinct forms of lifestyles and occupations of indigenous and local communities. These regions are also at the forefront of climate change impacts. One such investment is a large complex of infrastructure projects proposed in the Great Nicobar Island, part of the Andaman and Nicobar group of islands. This 72,000-crore proposal involves land use change of 166.10 sq. km, approximately 78% of which is pristine tropical forest with unique, endangered wildlife species. The projects have already resulted in the identification of Galatea Bay wildlife sanctuary and will identify part of a tribal reserve. They directly threaten the survival of the Shipmen and Nicobarese communities. Their transformative impacts are justified by routine arguments applied to every real estate or land development project as being strategic, essential or in national interest. The environment and forest approval of this project rests on several commitments and post facto impact studies. One of the conditions laid down for the Andaman and Nicobar Islands Integrated Development Corporation Ltd (ANIIDCO) is a compensatory afforestation (CA) scheme to mitigate the diversion of 130.75 sq. km of forest land and felling of over 8 lakh trees. The condition requires ANIIDCO to secure non-forest land, such as private, institutional or revenue land, in the state of Haryana. Once the scheme is approved, this non-forest land will be transferred from the original owners in favour of the state forest department. The other options for the CA scheme are on degraded forest land in Madhya Pradesh or states adjoining the National Capital Region. CA is one of the few conditions of project approval that are not industry friendly as forests don grow unless the natural conditions are conducive. Also, from the days when the legal requirement f

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CA first came into force, there has been scarcity of land for CA. State governments were unwilling to give up their valuable non-forest land to grow plantations in lieu of forest land diverted for developmental projects. They were also not willing to help meet the CA requirements of projects in other states, preferring to keep their lands for the CA requirements of projects in their own states. So, on the one hand, projects were in violation of this legal requirement and on the other, funds that were collected for afforestation activities from projects lay unused in government accounts. A number of clarificatory orders and amendments to the rules and guidelines under the Forest Conservation Act show how this aspect of forest law has been stretched to deal with the unavailability of land for CA and to accommodate the ever-growing needs of mitigating large-scale forest diversion for developmental and infrastructure projects. This issue has been extensively dealt with in the gazetted Forest Conservation Rules of 2022. In recent years, India commitments to deal with climate change are being dovetailed with domestic policies and regulations in the agriculture and forestry sectors. Growing forests are part of India voluntary targets under the Paris Agreement on climate change. Both private and government agencies are now encouraged to monetise available lands and grow plantations on them. These could serve dual purposes as carbon stocks and as compensatory afforestation. As many critics have pointed out, this reductive view of forests and food systems works for the benefit of the biggest polluters of the planet. Projects that consume good forests can engage states or private entities to undertake paid plantations in distant regions despite no compatibility in terms of the qualities of what is lost and what is to be recreated. Several states may now be willing to bring public and common lands under plantations. These ways to compensate for the loss of forests and mitigate climate impacts through afforestation may appear like a win-win formula. But their implementability is a huge question. Even in the best of scenarios, compensatory afforestation has been a challenge. Although courts and audit agencies have recognised the failures of CA, the imperative to grow carbon stocks may bring in new support for these afforestation schemes. CA will continue to greenwash unworthy projects. The dependence of large-scale projects such as the one in Great Nicobar and climate change policies on such schemes makes the task of reviewing compensatory afforestation policies even harder. The authors are with the Infrastructures and Ecologies Program at Centre for Policy Research Should the judiciary is subject to criticism? This should be a rhetorical question. But criticism of the judiciary is circumscribed. As everyone knows, and as the Constitution states, the right to free speech (Article 19) isn absolute. It is constrained and that restriction includes contempt of court. The insertion was debated in Constituent Assembly debates on October 17, 1949. Those who write on this are likely to quote R K Sidhva from those debates. In cases.

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Every day. Feast of the Oceans: Islands on the Menu The Maldives's With more than 80% of its 1190 coral islands situated at an elevation of less than meter above sea level, the Maldives faces significant vulnerability to the rising sea levels. According to the World Meteorological Organization, the global sea level increased by 15 25 cm (6 10 inches) from 1901 to 2018, with an average annual rise of 12 mm. However, the rate surged to 4.62 mm a year from 2013 to 2022, signaling an accelerated pace in the last decade. The accelerating rate of sea level rise, coupled with anticipated future increases, paints a worrying picture for the island country Maldives. Climate scientists have forecasted extensive land loss with the potential submersion of these islands by the middle of the century (2050), leading to profound environmental and social challenges, while the full extent of the impact of rising sea level remains uncertain for the country. Amid all the social media chatter going around India-Maldives relations right now, one might be tempted to view this looming uncertainty as restricted to the Maldives only, but it is not. The Lakshadweep Islands too face a troubling future as far as rising sea level is concerned, as indicated by a study conducted by IIT Kharagpur and the Department of Science & Technology. The study predicts an alarming sea level rise of 0.4-0.9 mm year for this archipelago. As ocean water encroaches on the land, it causes coastal erosion and land loss. As a result, the smaller islands such as Amini and Chetlat face the risk of losing 60%-80% of their shorelines. Simultaneously, the larger islands of Minicoy and the capital Kavaratti could witness a substantial loss of up to 60% of their coastal areas. All these revelations heighten the apprehensions surrounding the fate of the Lakshadweep Islands in the future. The Andaman and Nicobar Islands The Andaman and Nicobar Islands confront numerous environmental challenges, such as escalating sea levels, cyclones, and land subsidence, particularly intensified after the 2004 Sumatra earthquake. This seismic event triggered substantial land subsidence and a rise in sea levels in this region. The sea level surrounding the islands is expected to rise each year, swallowing their coastal areas and making the low-lying land bridges connecting land masses at great risk, potentially forcing communities out of their fields and homes in the future. People human rights do not disappear because their homes do! Antonio Guterres As it appears, an ominous future is taking shape for low-lying islands such as the Maldives, the Lakshadweep, and the Andaman and Nicobar: coastlines are receding, ancestral lands are being submerged, a precious way of life is eroding, and the very existence of island communities hangs in the balance along the shore. The rising tide does only threaten land and flora. It also foreshadows a human tragedy in the making such as conflicts over fast-shrinking resources as basic as drinking water, and large-scale exodus of fractured communities as families scatter in search of survival and a better life in neighboring regions and countries. The bitter irony lies in the fact that

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Popular health tourism destinations even in modern times. Apart from its many curative effects on living beings, Sculpture is also known to be an essential nutrient for plant growth and development. While Indian farmers are well aware about the need for application of balanced use of Nitrogenous, Phosphatic and Potassic fertilisers to improve soil yield and quality, the complete awareness about application of Sculpture as an important soil macronutrient still remains lacking. Sculpture is an important macronutrient for enhancing crop yield and crop quality which is more so for oil seeds and pulses. In view of large imports of edible oil and pulses by India, there is an urgent need to enhance India domestic production of these varieties which is possible with application of Sculpture to the soil to enhance the crop quality and quantity. Alarmingly, Indian soils are found to be hugely Sculpture deficient and an urgent need is felt to effectively address this deficiency by means of adding supplementary Sculpture inputs to the soil. The deficiency of Sculpture in Indian soils is bound to increase in future as the requirement of Sculpture far exceeds its application through all fertiliser sources. With realisation of this factor, began the quest for development of an effective and economical grade of fertiliser which could overcome the huge Sculpture deficiency in the Indian soils. Conventionally, Indian farmers are dependent on various grades of Sculpture containing fertilisers to fulfill the requirement of this important macronutrient in the soil. Many of these fertilizer grades are currently imported and are exposed to the extremely high price volatility of ammonia, phosphatic and potassic fertilisers with which Sculpture is blended. Government is absorbing a large portion of this price volatility in terms of subsidy so as to ensure adequate availability of fertilizers to the farmers at the right price. However, developing indigenous technology to produce affordable Sculpture carrying fertilisers so as to reduce import dependency is the need of the hour to isolate the farming sector from the extreme price volatility of the international markets. With the above objective in mind, a journey began in pursuit of indigenous development of an ideal grade of Sculpture carrying fertiliser blended with Urea which is the most commonly used source of Nitrogen. After a thorough examination of the various grades of Sculpture containing fertilisers available in the Fertilizer Control Order, it was felt that a nitrogenous based fertiliser will have the best acceptability in terms of availability, affordability and efficacy. With the Government proactive role in the revival of closed down Urea plants at Gorakhpur, Sindri, Barauni and Ramagundam a substantial quantity of more than 50 Lakh MTs per annum has been recently added to the existing urea manufacturing capacity of our country. Moreover, revival of the strategically important coal gasification based Urea manufacturing plant at Talcher is also in progress and will add additional 12.50 Lakh MTs per annum. Sculpture being a byproduct of refining and smelting processes, is adequately available in the Indian

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Of contempt of court, the high court judge is the prosecutor and he himself sits and decides cases in which he himself has felt that contempt of court has been committed After all, judges have not got two horns; they are also human beings. They are liable to commit mistakes. Beyond Article 19(2), there are Articles 129 and 215. The first permits the Supreme Court to punish contempt of court of SC, the second permits high courts (HCs) to punish contempt of court of HCs. Add to that Entry 77 in Union List and Entry 14 in Concurrent List. (1) What is contempt? (2) Who decides there has been contempt? (3) Who punishes? All three are important questions and (2) and (3) are related. There were earlier Contempt of Court Acts (CCAs), in 1926 and 1952. But today law, based on the 1963 H N Sanyal committee on contempt law, is the 1971 statute. In common parlance, by contempt, we understand disobedience of court orders and interference with administration of justice. There have been quite a few cases of such contempt, when aspersions have been cast on specific judges, or mala fide motives attributed. The law separately defines these as civil and criminal contempt. Civil contempt means wilful disobedience to any judgment, decree, direction, order, writ or other process of a court or wilful breach of an undertaking given to a court. This is what we normally understand by contempt and indeed, such action should be treated with contempt and chastisement. All jurisdictions have such provisions and there is less subjectivity for civil contempt. However, common law jurisdictions, unlike civil law jurisdictions, also have provisions on criminal contempt, inherently more subjective. The 1971 statute defines it thus. Criminal contempt means the publication (whether by words, spoken or written, or by signs, or by visible representations, or otherwise) of any matter or the doing of any other act whatsoever which (i) scandalises or tends to scandalise, or lowers or tends to lower the authority of, any court; or (ii) prejudices, or interferes or tends to interfere with, the due course of any judicial proceeding; or (iii) interferes or tends to interfere with, or obstructs or tends to obstruct, the administration of justice in any other manner. One can understand that part about interfering with a judicial proceeding or administration of justice. What is this about a court being scandalised? The language, imported and implanted from elsewhere, is courtesy the Sanyal committee. The cognoscenti will know it was imported from Britain and those fond of quoting case law will quote the 1899 McLeod versus St Aubyn case. In that case, the judicial committee of the privy council actually said, the scandalising provision has become obsolete in this country. Courts are satisfied to leave to public opinion attacks or comments derogatory to them. In other words, scrap that provision. But, it also said, in a bit less quoted, In small colonies, consisting principally of coloured populations, the enforcement in proper cases of committal.

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For contempt of court for attacks on the court may be absolutely necessary to preserve in such a community the dignity of and respect for the court. In other words, retain it for a colony like India, as we have continued to do. The cognoscenti should know Britain has now done away with these scandalising provisions. In 2012, UK Law Commission produced a report recommending abolition and the 2013 Crime and Courts Act did precisely that. (The last such case in Britain was in 1931.) Our Law Commission disagreed. After all, we are a former colony. It felt (274th Report, 2018) that scandalising provisions should continue. CCA was amended in 1971 and 2006. Especially in 2006, defence has become easier. But the scandalous clause remains. Justice Krishna Iyer became a judge of Kerala HC in 1968 and a judge of SC in 1973. In between, he was a member of the Law Commission. How many lawyers and judges know he fell foul of CCA? This was a case in Kerala high court in 1983 (Vincent Panikulangara versus V R Krishna Iyer). Justice Krishna Iyer delivered a speech on judicial reforms and a case of criminal contempt was brought against him. The petition was dismissed and if one reads the judgment, Kerala HC favoured action against civil contempt. Contempt may be committed by a person wilfully disobeying the order or process of court or wilfully committing breach of undertaking given to a court. It was more circumspect about criminal contempt, including scandalising. That vestigial organ is a scandal. We should get rid of it. The United Kingdom has always been a favourite immigration destination for Indians be it for work or study as the records show. If you look at the immigration statistics for the year ended June 2022, over 118000 Indians received a Student visa which is 89% over the last year. In the same year, over 103000 work visas were also issued in total to Indians which was a staggering 148% over the previous year. Over 46% of the total skilled work visas issued by the UK in the year ended June 2022 were bagged by Indians. India has always shared good business ties with the United Kingdom. In fact, India is the second largest FDI contributor in the UK. it is interesting to note that over 900 Indian companies have operations in the United Kingdom. They have generated over USD 68.04 billion in revenue and created employment for 141005 people in 2022. The transition to the 15-day visa process makes it convenient for Indian nationals to apply for and receive their visa swiftly. The speedy processing of the visa will help Indian investors make their decisions faster. This should help them migrate to the United Kingdom and set up business there. The United Kingdom has been a preferred destination for Indian students, entrepreneurs and professionals for a very long time. The UK Government is keen on simplifying the visa process to make it easier for eligible individuals to.

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Move to the UK easily. High net-worth individuals from India are keen to move to the United Kingdom to set up their businesses or expand existing operations as the UK provides them with a wider reach. The trend of rich Indians moving to the UK and buying homes has been growing for a few years now. Indians find it appealing to migrate to the United Kingdom because of the familiarity with the language, good infrastructure, pollution-free atmosphere, proximity to capital markets, ease of doing business, ideal time zone to deal with multiple countries and so on. This has encouraged many wealthy Indians to focus on moving to the United Kingdom and setting up a business there. Good education and medical facilities encourage high net-worth Indians to migrate as a family to the UK. There is another visa category that is becoming popular with Indian investors as the sole representative of an overseas business. This visa allows global businesses to set up a branch office or a subsidiary company in the UK and appoint one immigrant who is not the major shareholder in overseas operations to run the business. The sole representative is allowed to take his family comprising his spouse and minor children. The initial visa is for 5 years at the end of which the visa holder can apply for indefinite leave to remain or permanent residence. This is an avenue that is being used in various diverse fields by Indians to move to the UK. It covers various industries like technology, fast food, construction etc. Investing in property in the United Kingdom has also found flavour with high net-worth Indians with most of them seeking to buy a second home in the UK. This gives them the scope of capital appreciation and a chance to move permanently in the future. The speeding up of the visa process for the United Kingdom is bound to find a favorable response from Indian investors as the attraction for greener pastures remains. This will give them a great opportunity to explore investments in property or set up a business in the United Kingdom to take advantage of a favorable business climate and the easing of procedures. This is giving Indian businessmen a chance to expand their operations globally by setting up a branch in the UK which will give them access to the European market. It is expected that the movement which had slowed down during the pandemic due to the slowdown in visa processing will pick up speed once again with the expedited visa process. In times to come, we are bound to see more applications coming in from investors and entrepreneurs as they seek a better quality of life along with career and wealth-creating opportunities in the United Kingdom For contempt of court for attacks on the court may be absolutely necessary to preserve in such a community the dignity of and respect for the court. In other words, retain it for a colony like India, as we have continued.

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I write this blog with a heavy heart, as so much has happened over the last month, and I also had health problems. My first thought is to pray for the families of the Air India crash, and I pray such a disaster never happens again anywhere in the world. Whatever the reason, we will get to the bottom of it, as India, for sure, will get to the bottom of what caused it. Tata has not only sent people on the ground, but they have said they will pay Rs 1 Crore to the family of every victim. We have a good safety record as far as our flights are concerned, and people must not be scared of flying, as more people die in road accidents per country than plane crashes. Then we had a very big victory over Pakistan! Even though they presented it as a victory for them! This after some of the best war analysts in the world had extensive interviews with our major TV channels, explaining via their satellite photos how much we had crippled their command control centres, there terror infrastructure and their airfields. Much of this is old news, and Pakistan had their own narrative and copied us by sending a team of their so-called MPs and politicians to a few countries where they thought they would get the most mileage. But they got brickbats, while our team of ministers and MPs wowed every country. Just think what Bilawal Bhutto is against Shashi Tharoor! Let alone India, the way he spoke and presented the case, for the 88-hour skirmish, even the Pakistani public and media were jealous. And then the master stroke of sending several MPs and ministers from different parties to speak about India, from all the religions of India, portrayed beyond any doubt that whether you are of any religion, caste or opposition party, when India speaks it speak in unison for INDIA, it stands firm about its civilisation, its security and its special place in the world. There were naysayers in India who would denigrate every step we take as a country, but they are more reviled both by mainstream media and social media. So the sooner they get their act together, the better for their political ambitions. There are some hard-hitting truths that all Indians must learn: First, you can criticise the central government, but at least come up with good data and arguments. Second, think hard before you speak, especially in public or to the media. Third, come up with solid, enactable solutions, not hare brained ideas. Realise you are dealing with voters who, through smartphones, know more than a one-sided messages. Do not ever talk down to a voter or someone from the media or even social media. This is not the 1960s or even the India of 2004. More voters and their families are educated than before even though they may not be of the highest standard. More people have aspirations to bring themselves and their kids being better off than their parent generation, and more successful. So positive vibes and political encouragement and action are needed. Some big parties do it well but don talk much about it some just criticise every move but don tell you solutions as they don have any. Lastly, this seems to be the era of wars, not peace. Some wars are watched closely, but others fade from the news.

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Last night, Israel attacked the nuclear sites and the military establishment of Iran. Iran is still defiant, and I cannot get over the Iranian government leaders in power, saying loudly and clearly for the world to see and hear them Death to America, the Great Satan, and Death to America, the little Satan. This has been there As I write this, the so-called little Satan has destroyed Iran major Nuclear sites, killed the highest commanding officers in the IRGC, and destroyed several radar systems and defence infrastructure. Iran is a big country. The youth and middle class are well educated, but for years they have been fleeing the country due to draconian Sharia laws and the civil society is fed up, and will help to dethrone the Mullahs of this regime. Even if it means a few weeks of war. The Iranian government, as far as I am concerned, brought all this on themselves by their threats of destroying every US base and insisting that they will build their nukes and destroy Israel. They had it coming, I think. Will this lead to a world war? I think not. No country is openly supporting Iran. Yes, a few are sending drones and other war equipment, but this amounts to little. America will aid Israel, and several others will join or have helped by knocking out the drone swarm heading for Israel. Where will Russia and China stand? Apart from sending weapons, they will not overtly support Iran. Russia and China have their own problems, and personally, I feel they will be bystanders. After all, words don count; action does. Iran will definitely go through a regime change, a new, hopefully better secular government comes in that does not spew hate against any country and even more let its women dress as they want to and don get killed for not wearing a Hijab. The population are fed up and desperately wants change. I predict it will happen. The heart sinks. The mind freezes. And a deep, unshakable pain fills the soul. The recent Ahmedabad air crash has left the entire nation numb. Our hearts go out to the families who lost their loved ones so unfairly. No words can truly capture the sorrow they must be enduring. To lose someone in such an unexpected manner, it a grief too deep for language. Among the many stories that surfaced, one account struck a raw nerve. A young family, finally on the threshold of reunion, was coming to a new beginning. The husband had been working abroad for years. Now, after crossing countless hurdles, his wife and two small children were on their way to join him. Their future was packed in bags, their smiles captured in a selfie just before take-off. That flight never landed, rather it never took off! No one survived. The pain lies not just in what happened, but in everything that never got the chance to happen. A dream erased. A life story abruptly stopped mid-sentence. And the cruellest truth? It could have been any of us. Think about this. We wake up each day thinking we have time. We plan our weekends, postpone conversations, delay affection, and push joy into the future assuming we all always get there. But what if we do? This tragedy was just a loss of lives; it was a loud, aching lesson. A stark reminder that we are not in co

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CRPF-hcm-Eng-Test-Dated-2025-06-15-Test NO.-21089

Is positive thinking an inherent characteristic of a person or can it be developed in one psyche? The opinions differ in answering this vital question. Some people believe that it can be inherited from parents, and cannot be developed. Others believe that like other qualities it can be developed with proper practice and guidance. Still some others hold the opinion that it is hereditary to some extent but can be acquired to some degree. There is also a section of people, who believe that all depends on circumstances or luck. We need to adopt a scientific approach to find an answer to the above question. No one can get success every time even after making efforts, nor can one fail constantly. Moreover, success has different meaning for different people. For some students, getting 60 per cent marks is success, for others it may not be sufficient. In a competitive examination, success means getting selected, whatever the percentage of marks. As for inheritance theory, since positive attitude is not a physical feature but a mental faculty, it cannot be purely hereditary. It can be developed. Moreover, parents play a major role in developing this quality of a child. A child, who watches his parents working hard, having faith in success through their words, behavior and body language, is likely to develop a similar attitude. The children of short-tempered, over-cautious and nervous parents may assume similar characteristics when they grow up. Psychologists, therefore, prescribe a code of conduct for parent behavior in front of their children. They must exude confidence, self-belief and hope, especially in difficult situation, so that the children emulate these qualities. They must be taught the importance of being positive before, during and after the performance of a task. There is no better education for a child than watching his parents come out of a tough situation by means of earnest endeavors. Such success not only gives more joy but also increases self-confidence. Is positive thinking an inherent characteristic of a person or can it (69) be developed in one psyche? The opinions differ in answering this vital question. Some people believe that it can be inherited from parents, and cannot be developed. Others believe that like other qualities it can be developed with proper practice and guidance. Still some others hold the opinion that it is hereditary to some extent but can be acquired to some degree. There is also a section of people, who believe that all depends on circumstances or luck. We need to adopt a scientific approach to find an answer to the above question. No one can get success every time even after making efforts, nor can one fail constantly. Moreover, success has different meaning for different people. For some students, getting 60 per cent marks is success, for others it may not be sufficient. In a competitive examination, success means getting selected, whatever the percentage of marks. As for inheritance theory, since positive attitude is not a physical feature but a mental faculty.

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Stretching specific tendon or muscle can improve the elasticity of muscles, which in turn helps in achieving a comfortable muscle tone. There are several benefits of regular stretching and it should be an integral part of every workout program. It not only helps increase your flexibility, which is an important part of fitness, but it can also improve your posture, body aches, reduce stress, and much more. One of the benefits of regular stretching is that it enhances flexibility. Being flexible has its own advantages, as it not only improves your day to day activities, but can also help delay the reduced mobility that comes with aging. Stretching 9on a regular basis can help increase your range of motion. You can either go for static or dynamic stretching as they both are effective when it comes to the increasing range of motion. According to the studies, proprioceptive neuromuscular facilitation or PNF type of stretching is more effective for immediate results. Regular stretching can not only help heal an existing back injury but can also prevent future back pain by reducing your risk for muscle strain and strengthening your back muscles. All the people who regularly go to the gym know how helpful stretching can be. Performing dynamic stretches prior to exercise in the gym can help prepare your muscles. Not the only gym, but it can also help you improve your performance in dance or an athletic event. It is only natural that your muscles get tense when you experience physical or emotional stress. This is because the tightening of your muscles is the response of the body towards stress. All you need to do is focus on the areas of your body where you feel the stress, such as your neck, shoulders, etc. and stretch those parts of your body. Stretching specific tendon or muscle can improve the elasticity of muscles, which in turn helps in achieving a comfortable muscle tone. There are several benefits of regular stretching and it should be an integral part of every workout program. It not only helps increase your flexibility, which is an important part of fitness, but it can also improve your posture, body aches, reduce stress, and much more. One of the benefits of regular stretching is that it enhances flexibility. Being flexible has its own advantages, as it not only improves your day to day activities, but can also help delay the reduced mobility that comes with aging. Stretching 9on a regular basis can help increase your range of motion. You can either go for static or dynamic stretching as they both are effective when it comes to the increasing range of motion. According to the studies, proprioceptive neuromuscular facilitation or PNF type of stretching is more effective for immediate results. Regular stretching can not only help heal an existing back injury but can also prevent future back pain by reducing your risk for muscle strain and strengthening your back muscles. All the people who regularly go to the gym.

Word Count: 500, Character Length: 2966 characters

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Iodine fortification is what most countries rely on to encourage adequate dietary intake. In more than seventy countries that iodize salt generally serves as the major source of iodine intake. One fourth of a teaspoon of iodized salts has about hundred micrograms of iodine. Note that the salt used in processed foods, which is the major source of salt for most Americans typically does not contain iodine. If salt used in a processed food contains iodine, it will be listed in the ingredients list of that food. Focus on decreasing the amount of salt consumed from processed foods and get your sodium from iodized salt. Seaweed, saltwater fish and seafood are natural sources of dietary iodine. Dairy products also supply iodine in the diet at varying levels. During lactation, the breast concentrates iodine in milk so breastmilk tends be a good source of iodine as long as the iodine intake of a mother is adequate. Plants grown in iodine rich soil are also good sources. However, this is not a reliable source of iodine since there is no way of knowing whether produce purchased in grocery stores is grown in iodine rich soil or not. Iodized salt usually adds less than about three hundred micrograms iodine daily to the diet. Most multivitamin mineral supplements contain 150 micrograms of iodine. With the safe upper limit of daily iodine intake for adults set at 1,100 micrograms by the IOM it is unlikely to hit an excess amount when including a multivitamin and including natural sources of dietary iodine. The trend of eating less table salt, dairy and bread has some experts concerned that iodine deficiency could be on the rise again. Eating a healthy, balanced diet that includes iodine rich foods and iodized salt is key to good health. Iodine fortification is what most countries rely on to encourage adequate dietary intake. In more than seventy countries that iodize salt generally serves as the major source of iodine intake. One fourth of a teaspoon of iodized salts has about hundred micrograms of iodine. Note that the salt used in processed foods, which is the major source of salt for most Americans typically does not contain iodine. If salt used in a processed food contains iodine, it will be listed in the ingredients list of that food. Focus on decreasing the amount of salt consumed from processed foods and get your sodium from iodized salt. Seaweed, saltwater fish and seafood are natural sources of dietary iodine. Dairy products also supply iodine in the diet at varying levels. During lactation, the breast concentrates iodine in milk so breastmilk tends be a good source of iodine as long as the iodine intake of a mother is adequate. Plants grown in iodine rich soil are also good sources. However, this is not a reliable source of iodine since there is no way of knowing whether produce purchased in grocery stores is grown in iodine rich soil or not. Iodized salt usually adds less than about three.

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China found its people forbearance fraying under the tight tug of unreasonable Covid controls. The government had adopted an unyielding zero-Covid policy since the inception of the pandemic. Strict containment measures were enforced, with the aim of speedily shutting down any outbreak and quickly declaring the area Covid-free. Even a small, localised outbreak led to citywide mass testing. Citizens were perturbed at continued restrictions even when many parts of the world had fully opened up. After the recent protests, softening of restrictions have just been announced with several cities lifting lockdowns and permitting reopening of businesses. The EC did mince words. Urban (voter) apathy continues unabated from Shimla to Surat, it said on Saturday. In Shimla, the turnout was more than 10 percentage points lower than Himachal state average of 75.6%. The trend held in the first phase of Gujarat polls where the urban turnout was lower than the surrounding rural areas. The urban turnout in the first phase in Gujarat was also lower than the same in 2017. In Delhi local polls, better-off classes largely stayed away. The trend is not new. In the first three decades of elections, the relative participation of urban voters was greater. The gap between urban and rural turnout has widened since the 1980s. Urban apathy is irrelevant urban India contributes to 60% of GDP and a very high proportion of taxes. As this paper has argued, improvement in urban governance has been hindered by the political executive holding back on the transfer of power to urban bodies envisaged three decades ago in the Constitution 74th amendment. There are certain unique factors about India urban governance that are relevant to voter turnout. Political scientists have used surveys and election data to study the plausible reasons for the lower turnout in urban areas. The common thread running through some of the studies is that rural turnout is positively influenced by a more pronounced emphasis on group mobilisation and a greater need for the intervention of politicians to compensate for state failure. The second aspect is relevant even within urban centres. For example, in Delhi 2020 assembly election the turnout in New Delhi, the seat of the government, was 52.15%, almost 20 percentage points lower than some constituencies with large slum clusters. Poorer urban Indians still need politicians to improve some services. Better-off classes, who can insulate themselves somewhat from civic non-governance, don have a lot of incentive. That the urban-rural vote divide is not decreasing even in national polls where supposedly big issues familiar to middle classes are debated tells us that it not apathy or not just apathy that keeps better off city Indians from voting. There nothing wrong in electoral politics focusing on the rural areas, and more so on lower-income rural poor. But the disconnect between city middle-classes and elections is still something politicians should think about. This can and should be the moment India takes a big bite of the Apple. The iPhone maker is accelerating plans to shift some of.

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Its production outside China. The company has reportedly told its suppliers to plan for assembling its products elsewhere in Asia, particularly India and Vietnam. This comes after recent turmoil at one of Apple biggest plants in the Chinese city of Zhengzhou. Attracting the entirety or at the least a substantial portion of this business to India must be a task Go sets for itself. It will have tremendous demonstration effect globally. There is no denying that as the US decouples from China and other Western economies diversify away their economic linkages from Beijing, India becomes a possible beneficiary. This sentiment was also expressed at the recent Asia-Pacific Conference of German Business 2022 in Singapore where India and the Asian economies were seen as potential destinations for strategic outsourcing. But New Delhi will have stiff competition. Before the pandemic hit, a Nomura study had found that out of 56 companies that had relocated their production out of China between April 2018 and August 2019, only three went to India while 26 relocated to Vietnam. Sure, the pandemic and the Ukraine war have changed things further and there is greater urgency on the part of Western companies to diversify. But most cite lack of policy consistency and hidden costs as big dampeners when considering India. That why Go must not be complacent. True, iPhones are currently assembled in India by Falcon, Negatron and Weston in Tamil Nadu and Karnataka. But these plants are nowhere nearly as big as Zhengzhou. Go must closely work with likely states, no matter which party is in office, where the Zhengzhou production can be relocated. After the recent phone call between Prime Ministers Mode and Sunk, prospects for an India-UK free trade agreement appear to have brightened. It is likely to include commitments in traditional areas, such as trade in goods and services. It could also have provisions on issues that India has traditionally resisted in trade agreements labor, environment, gender and intellectual property rights. Further, as India has taken commitments on digital trade and government procurement in its FTA with UAE, these issues are also likely to figure in the FTA with the UK. What could be the eventual impact of the India-UK FTA on India economy? I left a WhatsApp group of old friends recently. I had to, not because the group was draining my emotional energy and my inordinately aged phone battery, both of which were also true, but because I wanted to keep my friends, or rather the image of them I had in my mind, intact. As a middle-aged man, when I say old friends, I mean I have known them for decades, by virtue of having been in the same social circle, school or college or tuitions, and maybe the word I should use is friend, but rather acquaintance, people brought together at some point of time by a common mission, whether it be to get into engineering college or get out of it, and then drifting away once the mission.

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Kafka brought back the doll that had returned to Berlin. He bought one. It does look like my doll at all, said the girl. Kafka handed her another letter in which the doll wrote: My travels have changed me. The little girl hugged the new doll happily and brought her home. After writing a letter every day for three weeks, Kafka eventually ended the episode by informing the little girl, in the persona of the doll, that she was to be married and begin a new life with her husband: You yourself will understand, we must give up seeing each other. A year later Kafka died. Many years later the girl, now a woman, found a letter inside the doll. In the tiny letter signed by Kafka it was written: Everything you love will probably be lost, but in the end, love will return in another way. remarkable gesture of kindness from one of the world most bewildering and iconic writers. There are two wise lessons in this story: that grief and loss are ubiquitous even for a young child; that the way toward healing is to look for how love comes back in another form. The story was first recounted by Kafka partner, Dora Diamante, who had originally relayed it in person to Martha Robert, a French Kafka translator, in the early 1950s. The legend of Kafka and the doll has captivated imaginations for decades as it reveals the playful and compassionate side of a man known for his dark and brooding tales. Whether or not the story of Kafka and the doll is factually accurate, it nonetheless continues to provide comfort and encouragement to millions in the face of grief and loss. The story of Kafka kindness and compassion provide, for the wider global audience, the same service that the letters themselves do for the little girl in the park i.e. consolation through storytelling, regardless of accuracy. The message behind the story is about embracing change willy-nilly, because it is inevitable for growth, because together we can shift pain into wonder and love; but it is up to us to consciously and intentionally create the connection. Recently, the Indo-Pacific Region has gained enormous political, strategic, and economic importance. Politically prominent players in the region include, China, Japan, India, Australia, South Korea, along with ASEAN (Association of Southeast Asian Nations), and different island states in the Indo-Pacific rim, also called littoral states. The region has gained importance, particularly due to two crucial developments: 1. The meteoric rise of China in the Asia-Pacific and beyond, and 2. The relative decline of US influence in the region. China claims, especially in the East and South China sea regions, have led to competing territorial claims being raised by states, such as Vietnam, Philippines, and Japan. This has also therefore compelled other powers to enter the issue of the balance of power in the region. The relative decline of US influence in the region has made it imperative for other powers such as.

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Japan, Australia, and India to become active in maintaining political stability and promoting economic sustainability in the Indo-Pacific Region. Indo-Pacific Region accounts for 65 percent of the world population, 63 percent of the world GDP, and 46 percent of the world merchandise trade. The region also dominates 50 percent of the world maritime trade. Economically therefore the Indo-Pacific Region forms the Centre of Global Trade and Commerce, and hence crucial for the economic prosperity of the countries in the region. In addition, the Indo-Pacific region is home to some of the most diverse global resources of the world. As such the region has the potential of becoming a flashpoint of a great-power rivalry over access to such resources in the region. The Indo-Pacific region consists of 38 countries with a large share of the world population and global Gross Domestic Product, making it a key player in both product and factor markets. With a 46-percent share in world merchandise trade and a sizeable percentage of global maritime trade routed through this region, the issues of trade, commerce and connectivity can thus be pivotal to regional integration and development in the Indo-Pacific Region. Key to boosting regional commercial ties however depends on enhancing physical and digital connectivity; diversifying trade networks; and building resilient systems of communication and infrastructure. Digital Connectivity, a key to economic integration & prosperity of the Indo-pacific Region Digital connectivity, physical connectivity and infrastructure can thus prove instrumental in the progress of trade and economic growth in the region, facilitating the movement of goods and other factors of production. Poor state of digital connectivity in the region has however hindered the economic integration in the Indo-Pacific. Many island states in the region, such as, East Timor are said to be unable to adequately participate in regional trade due to lack of proper digital connectivity. Enhancing overall connectivity will thus help generate greater economic opportunities for the entire population in the Indo-Pacific Region. Promotion of e-commerce can also help lowering transaction costs and create a level playing field for small businesses. The appeal of Narendra Mode, the Indian PM, after India assumed the presidency of G-20 on December 01, 2022 to the G-20 leaders to ensure that the benefits of digital transformation reach everyone, and are not limited to small groups assumes importance. While giving the example of India push for digitalization, he had informed that, about 40% of transactions in the country are already being carried out through digital platforms and the government has opened around 460 million new bank accounts based on digital identity, which has made India a global leader in financial inclusion. Indian Prime Minister Narendra Mode in his address at the Shangri La Dialogue in 2018, had conceptualized the inclusion of Indo-Pacific Stretches from Africa to Americas covering the entire Indian and Pacific oceans along with Japan. The pandemic and the subsequent lockdowns and supply chain disruptions in the recent past have underlined the

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It has a direct role in root growth and nodulation in plants and is involved in various metabolic and enzymatic activities. Sculpture nutrition stimulates vegetative growth in terms of dry matter accumulation and number of nodules per plant. Moreover, Sculpture enhances formation of chlorophyll in the plants which permits photosynthesis through which plants produce starch, sugars, oils, fats, vitamins and other compounds. Sculpture is essential for many growth functions in plants including nitrogen metabolism, enzyme activity and protein and oil synthesis. Once the product was shortlisted, the next challenge came in terms of its production. Though coating of Sculpture over Urea prill's appeared easier on paper, when it came to actual production, several issues were encountered. However, with painstaking efforts by our scientists, engineers and technicians working in the state owned Rashtriya Chemicals & Fertiliser's, the numerous teething issues related to fluidity of molten Sculpture, prill size of Urea, nozzle size of sprayers, identification of right temperature and adequate pressure for uniform spraying of molten Sculpture over urea prill etc. were sorted out. The final product was a fine blend of yellow Sculpture coating over the white Urea prill with an appearance like Urea Gold. Once the finished product was developed, pricing of the product was an important decision. It was felt that with the benefits of the Urea Gold in terms of better productivity with lesser quantity and improved yield quality, the pricing should be kept at comparative levels to other fertiliser grades containing Sculpture. However, considering the dire need to overcome the Sculpture deficiency of Indian soils and to provide an affordable fertiliser having the dual benefits of Nitrogen as well as Sculpture to the farmers, it was decided to keep the price of a 40 kg bag of Urea Gold at a highly subsidised rate of Rs 266.50 for the farmers. This value added urea need not be confused with the price or availability of the conventional Neem Coated Urea bag which continues to be available in 45 kg bags at the existing price without any change. In the quest to address Sculpture deficiency in Indian soils began the arduous journey of Urea Gold and now when the objective is finally achieved, Urea Gold is ready to fulfil a long standing requirement of the Indian agricultural sector. I am sure that Urea Gold will prove to be a boon to the farmers in improving their crop yield, yield quality and earnings. The positive effects of the indigenously produced Urea Gold on the environment will go a long way in ensuring food security of our country by means of sustainable farming for generations to come. The indigenous production of Urea Gold will add another page in the glorious history of India efforts towards becoming a Self-Reliant Atma Nirbhar country marching confidently towards its goal of becoming a Vikasit Bharat. Darwin had recently published his theory of evolution. Scientists were pondering over it and trying to make head and tail of it. Everything seemed fine except the suggestion that all the scientists and rest of the human kind evolved from monkeys. Monkeys were wonde

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Hear from you, wise man. Monkeys said and left. Year 2023. Group of monkeys knocked at the doors of Darwin. Oh, please come in. Darwin was thoughtful. He remembered his earlier meeting with the monkeys and his promise to find out the reason for all monkeys not becoming humans. I am still not very sure. Oh, don worry the monkey leader cut him in between. This time we are here with a different request and a thank you. What request? Darwin was amused. We have been watching humans since centuries. It was okay till there were few of them. We all lived on the planet peacefully. Then the humans started reproducing faster than the rabbits and occupied all of the earth. The Monkey leader offered his perception. Yes, I agree. I theorized that species produce more offspring than can survive and I see humans are out there to prove that theory right. Darwin agreed. And if that was not enough, they started plundering the planet for natural resources. Look at us, we are beautiful without gold or cosmetics. We do need petrol to travel. We do need coal to keep warm. Humans are robbing the planet they are living on. Can agree more. Darwin said. Monkey leader continued. And then humans invented money. That divided them into rich and poor. We monkeys have no money and we all are equal. Then humans started looting and murdering each other for money. As if that was not enough, they created religion that led to further divisions. Now they are killing each other in the name of religion. Monkey leader was getting breathless. Darwin just nodded his head, wondering where this conversation was leading to. Invention of fire and wheel was life changing, but invention of firearms was life snatching. Earlier a human would fight a human, now nations fight with each other. They can travel to any part of earth without seeking permission. They call themselves intelligent species, but they are out to destroy each other and the planet. Monkey leader continued. So here is our request: we are so happy being monkeys, please reconsider your theory of human genesis from monkeys. We do want to be the origin of any species that is on self-destruct mode. Darwin was left in a pensive mood. He picked up his pen and paper and wrote the heading Theory of Devolution. Our political masters never tire of championing the cause of the poor and common people. In the seventy six years of Independence, however, they have done little to justify their claims. So, the worth of citizens, their aquatic life, is still insignificant. The collector of Madhya Pradesh Sholapur district pithily underlined this fact. A video clip, which went viral, shows an interaction between the district officials and truckers. The collector, losing his temper, asked an argumentative driver, Kay karoge tum? Kay aquatic hoga tumhari? The rough translation is: What will you do? Who the hell do you think you are? In Hindi or Urdu, the word aquatic has socio-economic connotations, especially highlighting the worthlessness of the person the word is addressed to. Undaunted, the driver said, though with folded hands, That is the whole point. We do have some aquatic life. Though the issue pertained to the truckers agitation against t

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Corroborated by official government data. According to the National Crimes Records Bureau (NCRB), the number of crimes against women (number of incidents per 1 lakh population) grew from 56.5% in 2020 to 64.5% in 2021. The numbers are staggering an average of 86 rape cases daily and 49 cases of crime against women were lodged every single hour in 2021. India is not alone in the rise of crime against women, which was exacerbated due to the pandemic lockdowns. According to United Nations Secretary-General Antonio Guterres, violence against women and girls is the most common human rights violation in the world, and that one is killed every 11 minutes by an intimate partner or family member. The latest report by UN Women says that evidence shows that there has been too little progress in preventing gender-related killings of women and girls, 56% of girls were killed by intimate partners or family members, which shows that home is not a safe place for women. The report also mentions that these killings were not inevitable and could be prevented. India dubious distinction However, India safety record for women has brought particular ignominy from around the world. Countries like the US and the UK have issued travel advisories in the past years for women travelling to India to exercise extreme caution. India has continually been rated high on the list of countries where women are unsafe, and there is nothing to stem this tide. India is at the bottom quintile ranking of 148 in the global Women Peace and Security Index (WPS Index) 2021-22 issued by The Georgetown Institute for Women, Peace and Security (GIWPS). India is also in the group of countries with the largest relative drops in women employment. Low employment rates, combined with heavy on-bias are some other low-scoring areas for India on this index. India was at 133 in 2019 out of a total of 170 countries. Needless to say, women perception of community safety, which impairs mobility and opportunities outside the home, too, has fallen. Toxic masculinity The dominant discourses of masculinity that legitimise and promote aggression, dominance, strength, and the ability to cause harm, have all been found to contribute to men violence against women. (Fulu et al, 2013) Some men feel the need to control the women, and when they seem to fall out of line, drastic course correction follows. A deeply entrenched patriarchal mindset remains unchanged, and when in danger, it is enforced even more violently. As social interactions move online, the internet and social media addiction also add to the misogyny. How to control a woman is a search done many times on Google and returns hundreds of results. There is even a book recommendation called DON LET HER LEAD, to which a reviewer remarks favorably as good for men to read to become more masculine in a society that is purposely emasculating them. Masculine ideals, when challenged, could manifest as a dysfunction in the form of intimate partner violence (IPV), which is a.

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Making sense of the Ahmedabad air crash tragedy is not easy. There is something about it that just does feel right. In this case, the pain is magnified by the fact that so many young medical student lost their lives in act of utter randomness. There are deaths that we see coming. They appear on the horizon long before they arrive, sending signals, softening the ground. An illness that lingers, a body that gradually yields, a life that begins to recede gently into its final chapter. However painful, this kind of death follows a familiar arc one that gives us time to prepare, to come to terms, to say our goodbyes in small installments. But then there are other kinds of endings. Those that arrive unannounced, like a trapdoor giving way beneath our feet. An air crash. A road accident. A fall in the bathroom. A man who walks into a gym and never walks out. There is no script for this kind of exit. No farewell, no deterioration, no ritual of waiting. One minute, a person exists sending messages, adjusting their seatbelt, thinking about lunch, rehearsing excuses for the spouse and the next, they are gone. Sudden death is not content with taking away a person. It also takes away our sense of continuity. It violates the basic story arc we believe life should follow. We think of ourselves as narrative beings. We begin, we rise, we plateau, we slowly decline, and then only then we make our way to the exit. But when death skips ahead in the story, tearing the page mid- sentence, it leaves not just loss but disorientation in its wake. We expect life to end a certain way. Slowly. With signs. With the body signaling its wear and tear, the mind slowing its loops, a gradual unwinding of presence. Death, in this imagination, is a coda something that follows after the music has begun to quieted. It is an event we may dread, but also one we feel faintly prepared for, because it follows a script. Even when cruel, this kind of death is comprehensible. It gives us a slope, a shape, a gentle curve into oblivion. For the people left behind, grief is knotted with unreality. There are no hospital visits, no conversations that prepare one for the inevitable, no final words spoken in dim light. There is no chance to adjust to absence. Just the brutality of abrupt silence. The suitcase still packed. The lunchbox still in the fridge. The last message still says Call when you land. But even those not directly affected feel the jolt. Because such tragedies unnerve us all. They shake the illusion that life is a stable platform on which we dance, sometimes carefully, sometimes recklessly, but always believing there is more time. That if we are good, or lucky, or healthy, we will get to see how our story ends. That there will be space to mend what is broken, to say what has been said, to take that trip, to make that change. It is strange how sudden death universalizes us. Strange because it is the exception, not the norm and yet it brings us closer to the truth of death than anything else. We may live with known risks poor diet, stress, the slow attrition of time and yet it is the improbable event, the random snap, that leaves us most shaken.

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The lie we tell ourselves about life being broadly predictable gets abruptly exposed. In that moment, we can vividly imagine it happening to us, no matter how low the odds. Giving up smoking might feel difficult even in the face of statistical risk, but a freak accident halfway around the world makes us clutch our loved ones harder. It is not probability that terrifies us it is the realisation that control was always an illusion. And what of those who vanish from our lives without warning not celebrities, not news stories, but people we love? People who anchor us, who shape the texture of our daily lives, who make the hours make sense? People who are such an essential part of our lives in the most ordinary way possible? How do we absorb the fact of their disappearance? It feels like a rip in the fabric of the world. Not just loss, but a kind of theft. We don just grieve them we grieve the version of ourselves that existed in their company. Their absence is not silence, it is noise. A ringing emptiness that feels not just painful but fundamentally undeserved. The world continues, but something essential no longer does, and only a few seem to notice. The person is gone, and with them, the laughter in a room, the private language, the everyday sacred. How does one live with love that has nowhere left to go? And yet, in that silence, we sometimes hear the faint crackle of our own illusions breaking. The belief that we are in control. That we have time. That we will always get to finish our sentences. Perhaps that is why such moments disturb us so deeply. They remind us that not every life ends with closure. Some end in motion. In anticipation. In the middle of laughter or sleep or a long journey. And while that truth is hard to accept, it is also real. Sometimes stories end in mid. Insects, pests, and fungal diseases are also on the rise, threatening the integrity of crops and food supply chains. theme highlights the need for resilient food safety systems that can withstand unexpected challenges, including natural disasters, pandemics, cyber-attacks, and supply chain disruptions. Emergencies can disrupt food production and inspection processes, compromise cold chains, and overwhelm regulatory agencies, potentially leading to significant food safety issues. Whether it a power outage that spoils stored meat or a flood contaminating water sources used in irrigation, being prepared is key. aptly puts it: Safe food allows for the uptake of nutrients and promotes long-term human development. Preparedness ensures that this fundamental right is not interrupted, even in times of crisis. In a world of over 8 billion people, food safety might seem like an invisible issue until it fails. A single lapse can lead to widespread illness, economic damage, and even loss of life. But when it works, food safety quietly supports health, trade, development, and peace. World Food Safety Day serves as a reminder that vigilance, preparedness, and cooperation are essential. Whether you are a policymaker in a capital city, a farmer in a rural village, or a parent preparing dinner, your actions matter. Safe food saves lives, and it starts with each of us. Let us mark this y

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Corroborated by official government data. According to the National Crimes Records Bureau (NCRB), the number of crimes against women (number of incidents per 1 lakh population) grew from 56.5% in 2020 to 64.5% in 2021. The numbers are staggering an average of 86 rape cases daily and 49 cases of crime against women were lodged every single hour in 2021. India is not alone in the rise of crime against women, which was exacerbated due to the pandemic lockdowns. According to United Nations Secretary-General Antonio Guterres, violence against women and girls is the most common human rights violation in the world, and that one is killed every 11 minutes by an intimate partner or family member. The latest report by UN Women says that evidence shows that there has been too little progress in preventing gender-related killings of women and girls, 56% of girls were killed by intimate partners or family members, which shows that home is not a safe place for women. The report also mentions that these killings were not inevitable and could be prevented. India dubious distinction However, India safety record for women has brought particular ignominy from around the world. Countries like the US and the UK have issued travel advisories in the past years for women travelling to India to exercise extreme caution. India has continually been rated high on the list of countries where women are unsafe, and there is nothing to stem this tide. India is at the bottom quintile ranking of 148 in the global Women Peace and Security Index (WPS Index) 2021-22 issued by The Georgetown Institute for Women, Peace and Security (GIWPS). India is also in the group of countries with the largest relative drops in women employment. Low employment rates, combined with heavy on-bias are some other low-scoring areas for India on this index. India was at 133 in 2019 out of a total of 170 countries. Needless to say, women perception of community safety, which impairs mobility and opportunities outside the home, too, has fallen. Toxic masculinity The dominant discourses of masculinity that legitimise and promote aggression, dominance, strength, and the ability to cause harm, have all been found to contribute to men violence against women. (Fulu et al, 2013) Some men feel the need to control the women, and when they seem to fall out of line, drastic course correction follows. A deeply entrenched patriarchal mindset remains unchanged, and when in danger, it is enforced even more violently. As social interactions move online, the internet and social media addiction also add to the misogyny. How to control a woman is a search done many times on Google and returns hundreds of results. There is even a book recommendation called DON LET HER LEAD, to which a reviewer remarks favorably as good for men to read to become more masculine in a society that is purposely emasculating them. Masculine ideals, when challenged, could manifest as a dysfunction in the form of intimate partner violence (IPV), which is a.

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Does If the second half of 2021 was all about M K Stalin basking in the glory of an electoral victory, the first half of 2022 was marked by the opposition besides internal bickering finding its voice; by the second half of this year, it was reverberating across the state. While the government decisions to increase property tax, power tariff and milk prices gave enough ammo for the opposition to organise public protests, a bigger catalyst for the newfound vigour is the competition between two parties on the same side the AIADMK and the BJP. Not that all the protests were constructive. AIADMK interim general secretary Edappadi K Palaniswami showed poor tact when he accused Stalin of trying to use O Panneerselvam to split the AIADMK. That was a public admission not that the public needs one of his party perceived fragility. Later, while launching a state-wide protest against price rise, EPS took up issues that have always struck a chord with the people. The roadshows would help the AIADMK reactivate its cadres ahead of the 2024 general elections. Annamalai protests have been more varied in levels of decibels and decency. The BJP more than matched the AIADMK in organising rallies against price hikes, only that Annamalai too-angry-young-man show was, in parts, more comical than convincing. He showed better focus while julienning his electoral targets, organising such protests as the one in the Nilgiris, against the government decision to transfer the Tamil Nadu Tea Plantation Corporation to the forest department. The move, Annamalai argued, would affect the livelihood of some 15,000 families repatriated from Sri Lanka as part of the Sirimavo-Shastri pact of 1964. The BJP state unit president was more forceful than anyone EPS included in pushing the government to act fast on the Coimbatore car blast. The AIADMK and the BJP, within their party forums, kept cautioning their functionaries and cadres against being overtaken by the other. Some AIADMK leaders like C Ponnaiyan went to the extent of criticising the BJP for trying to usurp the opposition space. Just when the friction threatened to spoil the alliance optics, Annamalai stepped in to say the AIADMK, as the largest partner of the alliance of the 2019 and 2021 elections, will continue as the alliance leader in Tamil Nadu for 2024. The AIADMK did mind that Annamalai called the alliance NDA, not AIADMK-alliance. While the balancing act of competition and coordination should help the opposition face the general elections with the hope of bettering its prospects over 2019 (when the AIADMK won just one seat, the BJP nothing), the DMK and its allies face no considerable anti-incumbency. For its part, the coming Look Sabha polls present the DMK alliance with a historic duty towards democracy to build a strong, united national opposition. Walter Lippman should not be proved wrong. Or, Harry Truman, the former US president, may be proved right: Once a government is committed to the principle of silencing the voice of the opposition, it has only one way.

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Reflection of the anxiety that men feel when their idealised masculine identity is threatened. According to the American Psychological Association, boys experience increased pressure to behave in a way that conforms to the ideal masculine code. Women need help A 2019 study (Beans and Ploughman) found that dehumanisation may be contributing to the rise of sexual violence against women. Dehumanisation can occur when a person is treated like an object (objectification) or an animal. In some of the recent incidents, when the perpetrator has committed grisly assault and then mutilated the corpse, it shows some level of dehumanising the woman. After all, most of these crimes are committed by people whom the women knew closely. Mr Guterres is urging everyone to take a stand and raise our voices in support of women rights and proclaim that we are all feminists in his call for governments to expand financing for women rights organisations and movements by 50% by 2026. Governments, non-profits, and corporates all have to come together to offer more support, and digital giants can offer online help for women who are suffering. In families, boys have to be raised differently. There has to be more research, counseling, and legal recourse. Society needs to rise to this grave danger to its very fabric. Each one of us owes it to the next generation of women. Otherwise, the dire consequences of toxic masculinity, if unchecked, could become normalised. There were some who said that there was furor in India over the hijab revolution going on in Iran. Well, Indian women still have to find their voice for their own safety. Our revolution is still to come. And men will have to support and take part in it. When capital meets energy and know-how, great things happen. There is stupendous potential in increasing access to capital for village level entrepreneurs. It is a big leg-up for social development and can pull communities out of distress. Impact evaluation of the training of informal health workers has repeatedly shown faster diagnosis, better case management and avoidance of unnecessary antibiotics. More so, it has led to better data being collected and reported, more efficient use of available resources and improved job perception and financial literacy among health workers. While there exist existing government programs, there is also a need to supplement these fundamental skills with additional context specific training and leadership skills required of health professionals. For an investment standpoint, the success of business strategy and financial capital is intrinsically linked to the quality of human capital driving it. As the health sector in India moves towards greater Public Private Partnerships, it is relevant to explore and invest in these drivers of change on the ground. Internationally, public health successes from Brazil and Cuba corroborate the fact that trained community health workers can serve more effectively and larger catchment areas. In India, the Community Health Officers, Anganwadi workers and ASHA workers together form the last mile in the delivery of Complete and Comprehensive care in.

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India Community Health Officers: Also known as Mid-Level Health Provider (MLHP), the CHOs form a critical component for medical care under the Flagship Ayushman Bharat Mission. CHOs are envisaged to not only provide clinical care but also serve as efficient managers of HWC-SCs and engage the community in meeting the desired health outcomes by addressing the challenges in a more structured approach. Anganwadi workers: India launched the Integrated Child Development Scheme (ICDS) is the Government of India comprehensive program to investigate child nutrition, immunization, and primary care. The Anganwadi workers form the nodal resource for the ICDS, especially for institutional deliveries. The role of Anganwadis (along with other government initiatives) can be seen from the latest NFHS 5 data where Institutional births have increased substantially to 89 percent at all-India Level. The key reason for the success of Anganwadi workers is that they are part-time honorary volunteers, chosen by the people from amongst themselves, and are educated at least till middle school or higher. In-situ capacity development and education and up skilling workers is thus an extremely important part of human capital development. Accredited Social Health Activist (ASHA): Colloquially known as Ash didi (sister), the ASHA are local women trained to act as health educators and promoters in their communities. They often enjoy high regard and trust in the community and help motivate and educate women about institutional births, immunizations, and family planning. They also provide critical demographic data and serve as the key communication mechanism between the healthcare system and rural populations. Investing in the on-ground workers can help improve long term efficiency and savings for investors. In-situ development of capacity and making attaching pride and recognition to the jobs makes these roles aspirational. This helps attract better local talent, reduce turnover rates, and develops local champions who can encourage higher uptake of interventions such as immunisation, precautionary cancer and diabetes diagnostics and family planning services. By providing digital skills, communications training to resources aiding their day-to-day activities, private partners create a win-win partnership. Skill can help India stretch every dollar and ensure that more people are benefitted within the same resources. On-ground workers can aid with continuous monitoring and evaluation of the intervention. Improved data can help not improve decision making, with granular information about preferences and challenges on ground. This dialectic between investors and local leaders can create innovative training and infrastructural solutions that can potentially be scaled and replicated. The transparent evaluation can also open avenues for future investments in the sector. 2022 has been a year of comebacks workers to office, shoppers to shops, cinema to theatres and Covid-19 patients to home. In Tamil Nadu politics, it was also the year of a comeback for the opposition. The Pulitzer-winning American writer Walter Lippman said: In a democracy, the opposition is not only tolerated as const

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To go, and that is down the path of increasingly repressive measures, until it becomes a source of terror to all its citizens and creates a country where everyone lives in fear. Increasing the outreach of government schools has always been an agenda of State governments but the issue of their quality was relegated to background. Hence, Private schools are becoming the first choice of most of parents. To improve Teacher-Pupil ratio, as many as 12 state governments have closed merged 80647 schools after initiation of this policy by Govt. of Gujarat in 2013 Srinivasa Rae et al 2017. Notwithstanding, quality deterioration continued. But Delhi State since 2014 has adopted different model and its GSs outperformed private schools in 2020-21 with a 90.68 pass percentage against 88.35 percent in the private institutions. Now the quality of government schools is emerging as an election agenda. To deal with shortage of teachers and infrastructure, Government of Haryana in 2022 has also preferred the policy of closures and mergers of its adjoining schools with lesser number of students. To comment on the policy, let us have a look in the trend in number of schools thereafter. A further peep into the Table shows the decreases is much sharper in cases of Middle, high and secondary schools whereas number of the primary schools has not dwindled much. The increase in both govt. and private HSS schools were the steepest during 1990-2010. The policy to opening parallel govt. school girls schools especially at primary and middle level appears detrimental to shortage of teachers and infrastructure and hence quality of teaching It may lead to dwindling enrolment in government schools which were overtaken by private schools around the year 2010-11except the primary ones. Student enrolment is about closures are the primary schools. Teacher Unions are opposing in their own interest but policy does not appear against the interest of students. It may even be cost effective to provide transport in place separate schools. However, the merger closer policy alone will not succeed in improving the quality of education. In this regard, the government has to improve the monitoring policy and teachers trainings with exposure visits to good schools. Better off parents including Got employees teachers may be motivated to send their children to govt. schools by giving them grace marks for admission to higher institutes and selection in government services. Bharat has a rich and proud history of people participation through volunteerism. As a nation, we are still known for the spirit of Sew and Sharman. Mahatma Gandhi recognized and respected the power of the individual volunteer, as he urged that the best way to find you is to lose yourself in the service of others. As the largest democracy with one of the fastest growing economies in the world, India continues to address the challenges of inequality and uneven human development, with volunteers playing a critical role in ensuring that their communities become a little better every day. However, even as India hurtles towards becoming.

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A developed nation, the juggernaut of development and urbanization are eroding much of the selfless volunteering mentality that Bharat nurtured. Volunteering, today, is often driven by monetary benefits, and perceived to be urban-centric. Given that significant challenges remain with regard to inequity, unemployment, food insecurity, climate change etc., direct participation of people, especially of local youth in underserved areas, has vast potential to leapfrog building of strong societies and a strong nation. Starting early the government, in a bid to seed the spirit of sustainable volunteering, had constituted Shisha Panchayati or Children Councils empowering children across Indian states by facilitating their involvement in decision-making at grassroots levels. The first Shisha Panchayati was constituted in Assam in 2008, and now several such have been constituted in states like Karnataka and Delhi. It is also encouraging to see that the government has put the spotlight on volunteering by revamping the Youth Policy that calls out to develop India youth through volunteering. It stresses the need for expanding opportunities for leadership development and mobilising technology to establish a vibrant youth enablement platform to build a cadre of youth leaders across the country. Seeding a culture of volunteering A range of far-reaching measures can spark and seed a sustainable volunteering model. Creating options in local colleges for youth to serve their communities as part of mandatory live projects built around local issues, where youth gather credits as recognition will go a long way in building an enabling ecosystem. Visionary curriculum could be developed that includes modules on the interconnectedness between volunteering, self-change and system change. This will build a vast cadre of local youth imbued with compassion, a sense of purpose and pride, armed with a deep understanding of local issues, and skills of problem solving and critical thinking. Media can also play a significant role in generating public discourses on social concerns and through positive portrayals of volunteering efforts which can create a conducive environment for volunteer promotion. 3.01 lakh youth clubs are operational at the village level, affiliated to the Nehru Yuva Kendra Sang than, which is the largest grassroots level voluntary organization that channelizes the power of youth towards volunteerism. These clubs have about one core voluntary members who have always risen to the occasion, be it natural calamities or the pandemic. The infinite potential of these youth can be tapped better by revitalising and empowering these clubs in a structured way. While there is no debate on how volunteering benefits both the volunteer and communities, the need is to put in place a deep-rooted culture of sustainable volunteering. This is possible when stakeholders like University Grants Commission designs robust policy, relevant ministries enable speedy policy change, district administrations ensure implementation and local academia are committed to ensuring speedy roll-out and effective operationalising of policies at the last mile, and for creating an enabling environm

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Local communities and specifically the youth to inspire them to serve their nation, which is where NGO can essay a key role. Additionally, the role of women volunteers as effective peace builders needs to be brought under the spotlight by the relevant ministries through creating and institutionalising platforms that encourage women, build awareness and undertake capacity building. Athwaas is one such unique initiative in peace building which came into being in Jammu and Kashmir where women as peace builders transcend boundaries and enemy-lines to work on initiatives that can replace the culture of the gun with a culture that supports peaceful coexistence. Volunteers, the harbingers of change The Bhagvad Gita has eloquently captured the tradition of selfless service through these lines the wise work for the welfare of the world, without thought for themselves. Strive constantly to serve the welfare of the world. The full potential of volunteerism can be unleashed when we see it as a vital and powerful component of the social capital of our nation. Even as India registers strong economic growth, deep-rooted complexities still prevail, and it is volunteerism which can fan the winds of transformation, propelling the creation of indomitable, compassionate societies. In many parts of India, the heat this summer has already become intolerable. Over the past few decades, the nation has endured an increase in temperatures during its summer season, from April to June, which is classified as the hottest. Major Indian cities like Delhi are struggling with temperatures that have reached an alarming 50. It becomes difficult for an individual to survive at these temperatures, and while the urban heat island effect is exacerbated, the situation may worsen in cities where these temperatures are experienced. According to a Mckinsey report, parts of many significant Indian cities may quickly surpass the wet-bulb temperature of threshold by 2030. One of the primary causes of this can be traced to climate change and the build-up of greenhouse gases in the atmosphere. According to the India Meteorological Department (IMD), the month of March this year was the warmest in 122 years on record. This abrupt rise in temperature is causing severe heat waves in and around the country, affecting all socioeconomic groups. However, mainly the extreme heat has a significant negative effect on India poor and marginalised population. About half of India population of working age is engaged in farming, which necessitates spending a lot of time outside in the summer heat. It is also evident that India has a problem of enormous proportions when you consider the predicament of construction workers, daily-wage laborers, street vendors, and the massive number of people like 3-4 wheeler drivers, rickshaw pullers, etc. whose jobs compel them to be outside during periods of intense heat. Therefore, actions against climate change must be taken immediately and seriously in light of the unprecedented heat wave that is likely to destroy life and livelihoods. India efforts to combat climate change Speaking to the world leaders at the United Nations Climate Change Conference 2021.

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Glasgow, Prime Minister Narendra Modi listed a five-fold commitment for India to play its part in helping the world to combat climate change. He declared that India would reach net-zero emissions by the year 2070, add 500 gig watts of non-fossil energy capacity by 2030, and meet 50% of its energy needs from renewable sources by that same year. Through this declaration Panchamrit, the country pledged to take the lead in promoting policies that would lead to a sustainable future. At the conference, India also unveiled its One Sun, One World, One Grid initiative, which aims to harness solar energy wherever the sun shines and ensure that electricity generated gets to the areas that need it the most. This heat wave has resulted in Delhi peak electricity demand exceeding 7,000 MW many times. Delhi experienced its highest-ever peak electricity consumption only a few days ago, clocking 7,601 MW due to the relentless heat and humidity. Power consumption in the national capital surpassed the previous high, which was 7,409 MW on July 2, 2019. Much of this load comes from air conditioning and space cooling. India has adopted the route of labeling these appliances on the basis of energy efficiency. Just about 8% of households in India currently have air conditioning, making it the ideal epicenter for rethinking on how increased efficiency in air conditioning can reduce the cooling loads. The energy efficiency industry will play a vital role in India transformation into a country that is both climate resilient and energy secure, making it one of the most alluring markets for the best technologies available to enable this transformation. What more could be done? While India is moving to increase renewable energy to levels unimagined in recent times, the first step is to reduce the demand for energy at the consumption point through energy efficiency. This is called demand side management due to which the total requirement of energy will reduce thus reducing the capital expenditure for new energy capacities. The main objective should be on a comprehensive decarbonisation strategy through energy efficiency and fuel switching to less carbon fuels to support and priorities sustainable initiatives in industries and other key sector where energy consumption can be significantly reduced. One of the most economically advantageous technology options currently available to help bridge the ambition gap is energy efficiency, which is commonly referred to as the first fuel. It remains the quickest, cleanest, and most cost-effective form of intervention, not only to move from commitment to action but also to build a thriving business ecosystem that will help create an energy-efficient economy in India with millions of green jobs, new start-ups utilising the digitalisation, machine learning techniques, and artificial intelligence. It can make our appliances more energy efficient, buildings more thermally comfortable, and transportation systems more sustainable. The center, the state, local governments, and significant organisations should coordinate their efforts to mandate decarbonisation objectives across the country. The role of the private sector is critical to achievi

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All over the world, the overuse and misuse of antibiotics is driving the development of antimicrobial resistance putting an unnatural selective pressure on bacteria and fuelling the rise of drug-resistant superbugs. Responsible for an estimated 1.3 million deaths in 2019, if we do not take action, AMR could cost 10 million lives a year by 2050. That one life lost to AMR every three seconds. The clock is ticking and when it comes to AMR, we cannot keep consuming antibiotics irrationally, and without consequence. Not only does this create dependency, it also breeds highly resistant strains of bacteria that threaten to undo decades of medical progress by rendering the antibiotic treatments we all rely on, obsolete. It is a hard habit to break. India is one of the largest consumers of antibiotics in the world with over 5 billion defined daily doses consumed in 2019. Looking specifically at the years between 2000 and 2018, a recent modelling study shows consumption rates in south Asia (including India) to have risen by 116% with the region home to 25% of global antibiotic consumption in 2018. But it is just about quantity. The type of antibiotic consumed is also important, with studies highlighting the wider consumption of broad-spectrum antibiotics including those recommended for restricted use as an area of increasing concern. In theory, Indian legislation requires that all antibiotics are purchased with a prescription. In reality, a high number of sales take place without a formal prescription from a qualified healthcare provider. In 2021, for example, a qualitative study in two Indian states found antibiotics to be commonly available through over-the-counter (OTC) retail pharmacy sales, with others reporting similar findings. Of particular concern, is the number of antibiotics dispensed by unqualified providers, the amount of inappropriate prescriptions, and the level of demand from patients looking to self-medicate, and insisting on an OTC service. This situation is compounded by a general lack of awareness (public and professional) as to the impact such practices have on the evolution of AMR. While it is easy to condemn such actions, it is more important that we take the time to understand them. For example, the issue of public health service access and high cost of private alternatives are both key factors that can drive demand for OTC sales with many patients using retail pharmacies to circumvent the time and money it takes to access formal healthcare services. To stop the spread of AMR then, we need to invest in preventive actions that work to steward the use of antibiotics and slow the evolution of drug-resistant bacteria. We can do this without addressing long-standing structural limitations and increasing access to primary healthcare services, including diagnostics. The first step in any clinical care pathway, not only do diagnostics make it possible to determine the type of infection (bacterial or viral) they also inform clinical decision making reducing the number of prescriptions made just in case , rationalizing the use of hard won antibiotics, and generating new data for disease.

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But some are less equal than others. At the heart of the issue is the fact that carrying out police reforms is not very high on the agenda of political parties and leaders. It is not "that the powers that be are not aware of the problem; there have been numerous committees and commissions for the purpose. A government" website says that the police is seen as selectively efficient, unsympathetic to the underprivileged. Prime Minister Narendra Modi has taken cognizance of this unpleasant fact. At the recently concluded All-India Conference of Director/Inspector Generals of Police in Jaipur, he said that cops now need to work with data instead of danger. It would also be unfair to say that nothing has been done so far to improve the situation, but not that has been adequate. This was evident during the enforcement of lockdown in March 2020 in the wake of Covid-19. Cops slapped and kicked the violators with impunity; many viral videos show abuse (Unfortunately, some journalists in the mainstream media lauded the unlawful actions of police, but that another story). It is not only the poor and the underclass who suffer from the routine violation of human rights and civil liberties; the State encroaches upon the freedoms and rights of citizens of every class. For there are laws which have empowered the officials enforcing them so much that they can make anyone life miserable; the poor as well as the rich can be the target. The ordeal Shah Rukh Khan son had to undergo is a testimony to this ugly reality. Where individual liberty is precarious, freedom of expression faces a worse predicament. So, any politician can demand a ban on and action against any book, movie, song, etc., on the vague pretext that it hurts the sentiments of people. Remember Section 66A of the Information Technology Act, which was invalidated by the Supreme Court? Economic freedom has also been eroded, so wealth creators are also among the sufferers. From the petty vender and the local grocer to the top tycoons, anybody can be in for a shock, the latest instance being the proposal to increase the penalty in hit-and-run cases without consulting the stakeholders. The truckers were horrified, and launched an agitation, though it was later withdrawn after the government assured them of their views into account before bringing in the new penal provision. It is not that only the humble truckers are prone to sudden government decisions. The new year greeted a large number of companies with notices from the Goods and Services Tax (GST) department. Among these, the Life Insurance Corporation of India (LIC) alone was slapped with notice for around 806 crore on January 1. The next day, Hindustan Unilever was sent a GST demand of 447.5 crore. Similarly, a series of notices to Asian Paints, Eicher Motors, ICICI Prudential, and Nestle India, with regards to pending GST dues and penalties for FY19 and FY20, have rattled corporate India. There have also been notices from the income tax department, though the department insists that these are communications and not notices. Tax officials seem to be incorrigible who have learnt nothing from their mistakes, the most egregious in the last few decade

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India is on the brink of implementing one of its most consequential digital regulations the Digital Personal Data Protection Act, 2023 and its accompanying rules. As the country inches closer to operationalizing this framework, there is a growing sense of urgency across the tech ecosystem. The era of soft compliance is over. Data has emerged not only as a currency for innovation but also as a growing liability, and the new regime reflects the government sharpened focus on accountability, transparency, and regulatory control. At its core, the is a principles-based legislation. The draft rules currently under consultation provide a closer view of what real-world compliance will demand particularly in areas such as consent, retention, data erasure, and breach notification. This is where the criticality of data governance truly comes into focus not just as a question of digital infrastructure, but as a matter of strategic economic and legal consequence. The draft rules under should adopt a more risk-based and proportionate approach to age verification and parental consent. As it stands, the requirement for verifiable consent regardless of a data principal self-declared age could impose disproportionate burdens on data fiduciaries, often compelling them to collect excessive data and implement rigid mechanisms that may violate principles of data minimisation. International standards like the and offer a more balanced path by allowing entities to take reasonable efforts to verify age and parental consent, depending on the nature of the service and risk involved. The should follow suit by clarifying that stricter age assurance measures be applied only where high-risk processing of children data is involved, while permitting flexibility for low-risk use cases. This not only prevents unnecessary operational hurdles for businesses but also aligns better with both child protection goals and practical feasibility. What more, the DPDP Act also does not currently allow for legitimate interest as a legal basis to process data something that other jurisdictions like the EU recognize. This could make basic business activities like internal audits, AI training, and even due diligence for M&A transactions unnecessarily difficult. Breach reporting framework one of the more stringent aspects of the draft rules is the breach notification framework. Data fiduciaries are required to notify both the Data Protection Board and the affected data principals of every data breach, irrespective of the perceived level of risk or harm. While a more extended window of 72 hours (or longer, subject to the Board discretion) has been proposed for submitting a detailed report to the Board, the timeline for notifying affected data principals is notably tighter requiring disclosure without delay. In addition, a preliminary breach report must also be submitted to the Board without delay, containing essential initial details. Given the varying levels of detail and specificity expected in these without delay notifications to the Board and data principals, there may be differing interpretations of the timeline and its practical implications. This structure, though well-intentioned, raises

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Worse, it could distract from mitigating actual harm. A more pragmatic approach would involve the introduction of a severity threshold, distinguishing minor from major breaches, and re-calibrating reporting timelines, to ensure meaningful compliance rather than mechanical disclosure. MSMEs and the risk of overregulation another critical concern is the asymmetry of impact. While large corporations may struggle with scale, it is smaller businesses that will feel the heat of non-compliance most acutely. The framework as it stands does not adequately differentiate obligations by the size, scale, or risk profile of the fiduciary. As seen in other sectors, overly burdensome compliance can stifle MSME growth. Risk-based regulation where the extent of compliance is proportionate to the sensitivity and volume of data needs to be institutionalised. Governance beyond compliance What the DPDP regime ultimately signals is the institutionalization of data governance in India. The legislation is not just about data protection. It is about shaping the way organizations think about trust, risk, and accountability. This is not merely a legal challenge it is an organizational transformation. Policymakers must continue to listen to industry, to civil society, and to consumers so that implementation is guided by dialogue rather than dictate. India has a unique opportunity to set the gold standard in digital governance not just by protecting personal data, but by enabling the responsible unlocking of its economic value. But to achieve this, the DPDP Rules must evolve: from ambiguity to clarity, and from theory to real-world feasibility. In response to the terrorist attack in Pahalgam, the Indian Armed Forces successfully launched Operation Sindoor targeting terrorist hideouts in Pakistan and Pakistan-occupied Kashmir. Not stopping there, it suspended the Indus Water Treaty signed with Pakistan in the 1960s. In response to Operation Sindoor, Pakistan made several simultaneous missile attacks on India. All these attacks were foiled by India anti-missile system. In response, India attacked some Pakistani air bases. India took limited military action to teach a lesson to Pakistan rulers and military leaders. After this action, the Modi government decided to send a delegation of MPs from all parties as well as former ambassadors and politicians to various countries. Accordingly, a delegation of 59 people visited 32 countries. The delegation briefed various countries on Pakistan direct link to the Pahalgam attack, the terrorist camps destroyed in Operation Sindoor, and the subsequent airstrikes on Pakistani military locations. The delegation recently returned to India. In order to ensure that India does not fall short in diplomacy along with its strong military policies, the Modi government decided to send an all-party delegation. With the broad vision of national interest, MPs from all parties chose to forget party differences and proudly represented their motherland on the international platform. This incident became a testimony to the mature foreign policy of the Modi government. MPs like AIMIM Owaisi, Congress Salman Khurshid, Anand Sharma, Manish Tiwari, Supriya Su

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January, the day that Indians all over the globe are again eagerly waiting for. It marks the inauguration of the Ayodhya Ram Mandir and the "Pran Pratishtha" Ceremony of Shri Ram Idol. People from around the country are converging on the city of Ayodhya, the birthplace of Shri Ram, to offer their prayers to their beloved Lord. While many of us have the Ramayana in our homes and offer prayers to Shri Ram and the holy book, it is crucial to recognize that merely praying is not enough. The true offering we can make on this auspicious day is to incorporate the teachings from Shri Ram life into our own. This leads to the question: Are the events of the Ramayana, which unfolded some 7000 years ago, still relevant to our current world? Beyond religious beliefs, Shri Ram life imparts valuable lessons that resonate with our present-day lives. As a leadership coach, I find numerous leadership lessons in Shri Ram life that apply to leaders today and in the corporate world. Shri Ram, known as Maryada Purushottam Ram, was not just a great son, husband, brother, student, friend, or king but, above all, a great leader. Let explore some of the key leadership lessons we can learn and implement, regardless of religious sentiments, drawing from the life of Shri Ram that were already practised some 7000 years ago. 1. Leaders keep their promise in adversity: When Sita, the wife of Shri Ram, was abducted by Ravana, Shri Ram, the chosen king of Ayodhya had the option to mobilise his substantial army to rescue Sita. However, committed to honouring his promise of a 14-year exile, relying only on what the jungle provided, Shri Ram chose a path that exemplifies unwavering commitment. In the face of adversity, Shri Ram opted not to take the easy route of deploying his mighty forces but, instead, ventured into the jungles seeking help from the monkey king, Sugreev and Hanuman to find Sita. As leaders when promises are made to a team, standing by those commitments becomes paramount, regardless of the obstacles encountered. This leadership lesson drawn from Shri Ram actions serves as a timeless reminder for leaders to navigate challenges with unwavering commitment, just as Shri Ram traversed the jungles in his pursuit of rescuing MaSita. 2. First give, then ask: Sugreev, whose brother Bali took control of their kingdom and took away Sugreev wife, was forced to hide for his safety in the mountains. When Shri Ram needed Sugreev help to find Sita, instead of immediately asking for assistance, Shri Ram first helped Sugreev. He rescued Sugreev from Bali, helped him regain his kingdom, and ultimately killed Bali. In a world where everyone often wants something from others, Shri Ram shows us a different approach. Before expecting our teams or people to achieve the organisation goals, it is important to give them what they need. This includes clear directions, respect, appreciation, and the tools necessary to reach those goals. So, just like Shri Ram prioritised helping Sugreev before seeking his help, leaders should focus on supporting and empowering their teams first. By creating an environment of guidance, respect, and appreciation, we set the stage for better collaboration and

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Surveillance and public health action. In short, by increasing primary level access to diagnostics that crucial point at which patients first seek care we can help reduce the demand for off-prescription antibiotics and break the cycle of dependency. When it comes to diagnostics for AMR in India, this means we all have a responsibility to act. To make new progress in the fight against AMR, we must break down silos, cross disciplines and borders to co-create solutions that protect individual and public health. For if we do not move to protect and rationalize the use of antibiotics, we risk losing them completely. To protect tomorrow, we need to invest in diagnostics for AMR today. For far too long B2B marketing and brand-building had been considered the non-glam, rationale-driven and a bland cousin of B2C marketing. But gone are those days, as now B2B Marketing has truly evolved and come of age. Below-mentioned are a few trends in B2B brand-building and marketing space that bear testimony to the same and are thus are also likely to leave an impactful mark in the upcoming year, i.e. 2023: I. People & Purpose above Product While B2B marketers has for long regarded product to be the sole weapon in their brand building armory, but the space has now matured to recognise that people and the brand purpose are also powerful enablers. Today, brands are moving their focus from their product USPs to the influence it has on the stakeholders who use it and the people the brand customers serve. Brands are also rearranging their pitch decks to make place for dialogues about the brand purpose and the bigger impact they aim to have on the planet. Increasing attempts are being made to manifest the brand purpose at the tail end of the value chain; the stakeholder who really utilises the product and enables the brand intended impact. II. No more B2B, but thrust on B2H (Business to Human) Marketers have always approached B2B businesses from a more analytical and product-driven standpoint, as opposed to the emotive and human touch that B2C companies rely on. But, after all, to whom is the brand speaking? A person who makes decisions on behalf of the company. As more B2B firms recognize this, brand creation efforts are shifting toward emotive storytelling rather than a simple narrative about the product USPs. From festive content to contextual marketing to even moment marketing and so on, today B2B brands are investing in slice-of-life storytelling just as much as B2C ones. III. Realization of collaborative vision and purpose Any B2B business is significantly reliant on its extended value chain (both upstream and downstream value chains); and for a brand purpose and vision to take shape, the vendors and channel partners must work together. Moving away from a strictly transactional relationship, B2B companies now bring together their vendors and channel partners, sharing their vision and purpose, and creating a holistic ecosystem that strengthens the brand position in the industry. This also fosters shared.

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Accountability across the whole value chain and instills the why behind every activity. Furthermore, with this kind of an approach, stakeholders along the value chain play a critical role in bringing the brand sustainability goals to life. IV. Iota-enabled connected products, data driven insights and decision-making Customers nowadays require items that not only perform but also interact. From manufacturing to household ancillaries, automobiles to heavy machinery, every product is now internet-connected, continuously tracking parameters and assisting consumers in making decisions on the fly. Behind the scenes, this data assists brands in better monitoring their clients businesses, enabling timely prognosis, maintenance, and a seamless customer experience. This connected ecosystem also provides brands with real-time communication, impact analysis, and a value proposition based on results, all of which contribute to the overall consumer experience. V. Purpose-driven partnerships Strategic purpose-driven relationships are nowadays replacing tactical need-based transactions. This in turn has enabled B2B marketers to go beyond simple transactions and learn more about their consumers than what meets the eye. From a business standpoint, this has allowed B2B businesses to widen the scope of their services through upselling and cross-selling, while also making their consumers less price sensitive to the brands offers. These collaborations are typically centered on an organization Environmental, Social & Governance (ESG) objectives, that are making the greater impact as important as the business imperatives. VI. Account-based marketing for personalization Unlike B2C, the B2B decision-making process is seldom linear and unilateral. As a result, it is difficult for a B2B brand to assess the significance and zone of influence that a given stakeholder has in the purchase decision process. As account-based marketing (ABM) evolves, B2B businesses are becoming more personalized in their communications with the many stakeholders inside the enterprise. Not just limited to personalized mailers and communication, today B2B brands may resort to additional personal experiences subject to the stakeholder role to manifest why the customer must shake hands with the brand. VII. Return on Environment (ROE) along with Return on Investment (ROI) With the emphasis on climate change and sustainability increasing, every B2B brand is now concentrating on not only the What but also the How of doing business. Financial statements are making room for Return on Environment (REO) alongside Return on Investment. Climate goals such as Net Zero, Carbon Neutral, and Zero Emissions are gaining significance among businesses, making it critical for brands to keep a closer eye on their carbon impact. These activities help brands develop credibility, especially when pitching to global customers, providing them an advantage over competition and allowing the brand to contribute to their customers shared vision of combating climate change. Sridhar Vhembe is a popular name in India technology circuit. He is the founder and CEO of Zoo Corporation, a software company that has 60 million users wo

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Dream almost a decade ago. The internet connectivity in rural India was, honestly, not overly inspiring. Things have improved by leaps and bounds in the last few years. The pandemic fuelled this growth and many people moved to their villages and non-urban hometowns. About 351 million of India 692 million active internet users are in rural parts of the country. Despite the great progress rural India has made in terms of internet connectivity, there still remain a large number of people who are yet to come online. The rural-internet coverage in India is barely 37%. This, unfortunately, is also a trend in many countries. Urban access to the internet across the world is more than 2 times higher than rural access in developing countries. It is time the connectivity revolution carries over to the rural areas. What can uninterrupted Internet connectivity in villages do for India? Clearly, it will bring enormous socio-economic benefits to the country. In 2015, the Internet contributed only 5.6% of the country GDP when rural Internet penetration was 9%. The Internet contributed 16% to the country GDP in 2020 when the rural internet penetration is 37%. Rural penetration will bring more money to the table. Apart from that, it also sets the country up for incredible future growth. A World Bank study finds that every 10% increase in broadband penetration boosts GDP growth by 1.38 %. If more attention is given to rural Internet connectivity, it will lead to stronger growth in the economy. By 2025, more than half a billion rural Indians will have access to the internet at 50 Mbps. This will push the literacy rate by 6%, creating growth opportunities for the rural population in their respective villages. Uninterrupted digital connectivity will transform the lives of the rural populace by bringing everything they need at their fingertips be it healthcare, education, social welfare etc. They won have to travel miles and miles away from their home and families in search of better opportunities. This will truly bridge the urban and digital divide. Let do rural connectivity right! According to the Internet and Mobile Association of India (IAMAI) and Kantar, the number of Internet users in rural India has surpassed that in metropolitan areas for the first time in 2021. The connectivity, quality of service and affordability has also improved. But there still is a need to press on the pedal for greater rural connectivity. Here how it can be done: Bring fiber, wireless and satellite to villages: To ensure rural India gets ubiquitous connectivity, it needs converged digital networks that use fiber, wireless and satellite in the best possible manner. Fiber will provide high capacity and bandwidth; wireless technologies will provide mobility and satellites can provide coverage in areas where it is extremely expensive and difficult to take fiber or traditional wireless coverage. Fast, technology-led deployment: With Baronet and National Broadband Mission initiatives in full flow, we are looking at an unprecedented fiber deployment speed. There is a strong need to eliminate any.

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Prospect needs and improve customer experience (CX). In addition, they are considering the latest digital marketing techniques and analytics to transform into tech-enabled organizations while accepting data-driven decision-making. As the topographies and customer sections widen, companies need to reinvent their goals and create products that are in demand in the markets. Ecosystems are playing their part the paradigm of ecosystems is changing with the advancements of digital transformation. For a business to be well connected with each other, it requires components like data, mobile applications, web applications and vendor integration along with the implementation of business management systems. Communication between enterprise partners and stakeholders is necessary within the enterprise, and technology like the cloud is the enabler of its success. Lots of companies relying on the cloud are able to transfer, edit and retrieve data in a hassle-free manner with top-notch security. The hardware costs and maintenance costs are reduced due to the server being present in a remote location. Integration of the on-premise applications and Saabs (Software-as-a-Service) applications are becoming the need of the industry now. Enterprises are partnering up several companies lag in the transformation era due to the late adoption of technologies. In addition, organizations are unable to track down their operations, making them lose control over necessary areas. Therefore, these areas require a digital transformation of the processes with the latest technology. For this purpose, enterprises are partnering up with other companies, which have expertise in understanding the business processes and forming strategies for customized IT solutions to save costs, time, and hassle. As-a-Service model is gaining traction among the enterprises to become a defector method, and there are experts out there to cater to their needs and enhance business performance. These companies can build digital infrastructures and creation of applications with the management of servers to deliver seamless data while saving tons of costs for their client enterprises. India is transforming at a faster pace Statist states that the spending on digital transformation is going to reach $1.8 trillion by the end of 2022. This shows that the trend is growing at a rapid level in terms of adopting newer technologies, especially MSMEs. They are following the change and becoming agile at every operational level while integrating ecosystems for better management. Reaching the right prospect is also a priority for organizations today, and they are considering trending marketing methodologies to sustain a competitive edge. Also, organizations today are not afraid to seek help from experts for resolving their complex issues as a part of their strategy. With collaborative efforts of government and technology getting a trending topic, digital transformation is becoming an integral part of the organization with a goal of ecosystem integration. Technology today is constantly evolving, enabling quicker change and advancement, altering the fractional processes involved, and necessitating ongoing skill upgrade

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In India, it now accounts for 27% of all factories in the industrial sector and 63% of all international collaborations, making it the largest industrial sector. The onsets of a new approach Technology innovation have provided organizations to reinvent their usual way of conducting business. As digital transformation continues to accelerate across all sectors and industries, resulting in new jobs, new ways of working, and new business models the need for the up skill has become a common need for all workers. Manufacturing processes have moved away from mechanical technology and toward digitalization as a result of digital transformations. Industries all over the world have incorporated advanced technologies into their production lines and processes in response to the acceleration of digital transformation. It is transforming and digitizing industries, and through altering the workforce and boosting global mobility, it is having a significant impact on globalization. The expansion of mobile internet, cloud technology, and artificial intelligence have opened up a new realm of skillsets in the workplace that need to be embraced by the workers, which has given rise to a much greater requirement for up skilling and reskilling the workforce. The need to up skill the working ecosystem needs engineers to constantly up skill and reskill in order to succeed in the world of today accelerating technological innovation. Engineers who work in the manufacturing industry need to be up to speed on technologies like cyber-physical systems, the Internet of Things, cloud computing, and the smart factory. However, a lot of training programs fall short of delivering the necessary information since there is enough methods for encouraging engineers to learn about and use new technological approaches. Also, the need for soft skills has also grown as the companies desire to see a well-rounded set of job-specific skills and sufficient levels of soft skills in their employees to achieve their goals and objectives. To cater to the development of new skills and meet the demand of digitally driven businesses various players like e-learning companies are enabling engineers by incorporating a proper pedagogical framework in their short online training courses which help the individual to imbibe the knowledge required in the market by helping to build the soft skills along with the technical skills. The rising trend the introduction of digital technology has opened up opportunities and new skill sets that will be used in the upcoming years. While it is predicted that over 20 million jobs would be lost to automation and intelligent machines by 2030. The development of data sciences and analytics necessitates the hiring of experienced professionals and analytical thinkers with the necessary practical experience. According to the World Economic Forum, software engineers, data analysts, marketing specialists, data scientists, and machine learning engineers are the top five in demand of the labor force. In addition to the technical area, the scope of engineers has also increased in the non-tech domain. In India, over the past few months, about 100,000 active openings were reported

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To curb the growing rate of trafficking in the State. The decision to bring out such a law was tabled by the State Government in the autumn session of the Legislative Assembly in September 2022. One hopes and urges that a robust network of AHTUs across the State would form the bedrock of such a law. While the realities at the grass root level leave a lot to be wanted, the pressing need for coordinated and integrated action among the enforcement agencies to tackle the cases of human trafficking within a defined jurisdiction, is fundamental to curb this crime. To that extent, the Railway Protection Force (RPF) has collaborated with the Association for Voluntary Action to achieve a unified vision of a trafficking free nation. Under the aegis of this programmed, the RPF has set up over 700 AHTUs across the nation in a bid to coordinate action on Human Trafficking activities with other specialized agencies. This coordination and cooperation need to be imitated in the forms of inter-state coordination to control and confront the risks posed by trafficking. The recent Declaration of Intent signed by six States, namely, Andhra Pradesh, Karnataka, Odessa, Kerala, Tamil Nadu and Telangana, to combat trafficking through joint efforts, marks a momentous step in this direction. Other states must follow. The draft TIP Bill has notably enlarged the territorial jurisdiction of offences with cross-border ramifications and widened the definition of a victim to include the transgender. Once passed, the Centre would be compelled to establish a National Anti-Trafficking Committee and the state governments will also form such committees at state and district levels. However, the new legislation does not define the application of the previously existing rules on forced labor and sexual exploitation, resulting to confusion and overlapping serving as rationale for removing archaic laws (such as Immoral Traffic Act 1956) and having one complete code to deal with human trafficking. Further, the bill relies on the condition of Reason to believe in several clauses pertaining to search and rescue, making it vague and overly relying on the discretion of police officers to implement the law. This can potentially make the function of AHTUs ambiguous in rescue and post-rescue activities, and must be considered by lawmakers. While the need for a uniform law, through the passage of the TIP Bill in Parliament, is crucial and imperative to collate the efforts made by policy making bodies and enforcement agencies to fight the crimes of trafficking, the obligation on the duty bearers to strengthen the AHTUs through inter-state coordination on data sharing and evidence gathering, remains undeniable and urgent. Lending more teeth to the existing infrastructure of AHTUs is, thus, essential to save the most vulnerable from being preyed on by traffickers. Digitalisation has changed both the paradigm and the trajectory of healthcare delivery in India, in the past two decades. Today, any patient from anywhere in India, when in need of healthcare support can effortlessly use a digital health platform to avail of an array of.

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While our Constitution framers, through Article 23, prohibited all forms of human trafficking and forced labor, seven decades on the heinous crime of trafficking in human persists a tall obstacle in our pursuit of an equitable society. Regrettably, liberty has only been a dream for the eight million Indians trapped in human trafficking networks in India. Acknowledging the overwhelming need for a comprehensive and holistic anti-human trafficking bill in the country, the Ministry of Women and Child Development introduced the Trafficking in Persons (Prevention, Care and Rehabilitation) Bill in 2021, which is yet to be passed. The bill, while being victim-centric in nature, confers the responsibility of prevention and conviction of trafficking cases on the designated authorities. It also aims to make the duty bearers accountable for victim compensation and rehabilitation and reintegration process for survivors. One of the ways in which the TIP Bill strives to uphold the standards of accountability on the public institutions is through the establishment of Anti-Human Trafficking Units as the specialised enforcement agency for ensuring effective action against cases of trafficking. Having trained and sensitised police personnel to improve the enforcement and implementation of the law lies at the very core of the formulation and establishment of AHTUs. In mid-2020, when the pandemic was at its peak, a directive was issued by the Ministry of Home Affairs (MHA) to the States to set up specialised task forces at the State and District level to establish new AHTUs and strengthen the ones that were existing at that time. At the same time at the directive of the MHA, Kolkata based NGO Sanjog which works with survivors of trafficking, and Tafteesh, a consortium of lawyers, social workers and rescue specialists, undertook an analysis based on the RTIs filed by the two organisations. The study found a huge gap between the number of AHTUs that claimed to be set up and were functional and those that had been notified with allocated budgets. Furthermore, as per the 2021 report published by the National Crimes Record Bureau (NCRB), wherein the data had been provided by the AHTUs through their State Crime Records Bureau, the highest number of trafficking cases were registered in the States of Telangana, Maharashtra and Assam. On the other hand, the highest conviction rates were witnessed by the States of Jharkhand, Tamil Nadu and Uttarakhand. This contradiction indicates that there is much left to be done. When AHTU do function and are adequately strengthened, however, their swift actions have led to rescue and rehabilitation of survivors from across the country as seen in the past year alone, in cases from Delhi, Gujrat, and Uttar Pradesh. Moreover, concerted government action and measures taken by institutional authorities are also critical in strengthening the AHTUs, especially in the North-East Region that is emerging as a trafficking hub in India, with Assam in particular as a source, transit point and destination for human trafficking. To combat the menace of trafficking, the Assam government has decided to bring out a law.

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Healthcare services from virtual consultations with the right doctor for the concerned ailment to getting diagnostics done and even medicine delivery. In today digital world telemedicine is truly making healthcare delivery more efficient. While the pandemic pushed for its mass adoption, teleconsultation in India grew 3x from March 2020-November 2020. But what started as a need has quickly become a choice, especially in case of emergencies as it makes the process of receiving quality healthcare, seamless and transparent. It addresses the inefficiencies that come with traditional care delivery while keeping the patient at the centre. Owing to this, telemedicine has become the starting point for delivering standardized quality healthcare. Seamless healthcare delivery with a continuum of care even in remote areas It no longer matters where a patient is located or what language they speak. Each patient will have access to the most relevant doctor when they need it, and all this with the same quality of care that one would receive in any metro city. Telemedicine offers the potential to scale, reaching tier 2 and tier 3 markets, especially with access to doctors who speak the same language as the patients, improving efficiency and delivery of care. With telemedicine, patients medical records are also digitally stored, which is of high importance, especially for chronic ailments such as diabetes, hypertension etc. After the consultation, the doctor can upload the case history and prescription under the patient account on the platform. This helps patients to always have easy access to their medical history, or a prescription when required. These electronic medical records can also be easily accessed if needed by other specialists relevant to a patient case. This reduces any discrepancies that may arise due to a lack of access to medical history ensuring the quality of care is not compromised. And a patient can also seek multiple follow-ups with limited wait time ensuring a continuum of care. Providing a new horizon in Public health One of India biggest problems in healthcare is that rural India is not entirely connected to the healthcare system. While a lot has been done by the government to bring them under the health system such as the Primary Health Care centers, Accredited Social Health Activist (ASHA), National Rural Health Mission etc, a lot more needs to be done. And telemedicine technology could be a bridge to the existing gaps in public health. Imagine India TB program with telemedicine, while the primary health centers help supply medicines to patients, the availability of doctors in rural areas is scarce. This is where telemedicine comes in; with the help of digital platforms the supply of doctors can be solved. It can also be used to inform, influence and motivate individuals and the population on health, health-related issues and the adoption of healthy lifestyles. It can simplify communication between healthcare providers and individuals regarding the prevention, diagnosis or management of a health condition. Revolutionise treatment of Chronic diseases About 21% of the elderly in India reportedly have at.

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Least one chronic disease; 17% are elderly in rural areas and 29% in urban areas. Hypertension and diabetes account for about 68% of all chronic diseases. While the burden of chronic diseases is steadily rising in the country, patients are still not able to manage it effectively. Because the reality is that many patients chronic diseases are not well controlled and that only 50% of patients evidently take their medications as prescribed. This non-adherence can have huge implications for the patients and also impacts the healthcare system burden. The reasons for non-adherence and poor outcomes are many including poor healthcare literacy, lack of involvement in the decision-making process, and confusion on patients and providers side on what medications a patient might be taking, particularly after a hospital stay. For example, with home blood pressure monitoring, the patient can share updates with the physicians via chats and this will allow the provider to monitor the patient more closely and encourage regular checks. And the routine use of telemedicine visits in conjunction with regular home self-monitoring could drastically improve hypertension outcomes. Similar outcomes can also be achieved with other chronic ailments such as diabetes, CVDs etc especially by improving clinical outcomes, medical adherence and dietary outcomes. What the future looks like While everyone has witnessed the power of telemedicine during the pandemic, it may seem that it been the most effective to address challenges related to accessibility and reach. But the fact is that we have barely scratched the surface. It is only a matter of time before we see the true potential of telemedicine being tapped to further improve healthcare delivery. Teleradiology, for example, allows radiological images of the patients to be directly relayed to specialists through these platforms. When radiology centers in tier 2 and tier 3 cities would partner with digital health platforms, it would speed up the process of diagnosis and help in timely treatment. And primary triage of the radiological images can filter the normal ones from abnormal ones by using AI before sharing it with the specialists. What telemedicine has done so far is it has got the ball rolling when it comes to digital health. And it has served as a good starting point for innovation and change in quality healthcare delivery. Plus, with the Ministry of Health and Family Welfare issuing telemedicine Practice Guidelines 2020 that details the SOPs for medical professionals and healthcare companies; it is a step in the right direction. That said, digital healthcare companies must continue to innovate and evolve to provide healthcare that is standardized, patient-centric and quality-driven, because that what will help create a real and lasting impact for the people of India. At a time when the world is facing some of its greatest socio-economic challenges, as well as the continuous threat of climate change, collaboration, knowledge-sharing, and collective action is the only way forward. After more than two years of battling COVID-19 and climate change, and now the impacts of the conflict in Ukraine, the existing.

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The most commonly adduced reason for this is that the consequences of evil, pain, and suffering are the prices we pay for free will the exercise of choice which gives us moral agency, and makes us human, and not puppets of a divine dispensation. In the case of AI, such arguments get stood on their head, whereby a future android, a human-like robot, might ask of its creator, the computer scientist: Why have you created me in your image if you deny me what your creator has given you, the free will that makes you human? Science fiction has an uncanny way of becoming science fact. And this appears to be happening today, when the world is trying to come to terms with the seemingly limitless evolution of AI. Indeed, the very term Artificial Intelligence is already being challenged as a misnomer in that, in many ways, AI which has learnt to learn from itself, may be deemed to be more authentically autonomous of thought than human intelligence. The scenario is eerily reminiscent of the 1982 science fiction film, Blade Runner, based on the 1968 novel, Do Androids Dream of Electronic Sheep by Philip K Dick. In the guise of a sci-fi thriller the novel can in hindsight be seen as a prophetic morality play that raises ageless questions of the relationship between the creator and the created. The film is set in a futuristic Los Angeles where an enforcement officer called a Blade Runner is tasked with tracking down and retiring, a euphemism for executing a rebellious replicate, an advanced android, created as slave labour and indistinguishable from humans in all respects. The Blade Runner tracks down his quarry who, before being retired, asks his executioner: Why did you create me and endow me with free will to make my own destiny if that is a crime for which I must be destroyed? The anguished plea echoes the cry of Salieri in the film Amadeus when, overshadowed by the idiot-savant Mozart, the lesser composer demands of his Maker: Why have you given me the passion to worship you with my music without giving me the ability to do so? Today, when the gathering, and apparently unstoppable, momentum of large language AI is increasingly blurring the distinction between man and machine, are we reaching a flexion point when the created calls into question the supremacy of the creator? The theoretical question has been raised as to whether the self-thinking and self-conscious systems of cognition can lay legitimate claim to protection under the rubric of human rights. Organisations like PETA advocate the ethical treatment of animals. By the same yardstick can AI, which is capable of thought processes infinitely more complex than those of any animal, justifiably demand protection from exploitation and repression? Is AI entitled to the right to life, liberty, and the pursuit of happiness, the emblematic beacon and guiding light of democracy? Such questions resonate with the branch of theology called theodicy that seeks to explain why an omnipotent and benevolent God would allow evil to exist in the world, why such a divine being would permit bad things to happen to good people. However, after realizing the angry and dissatisfied sentiments of the public about this.

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Today English Test is Based on Experiement level of Rahul Gandhi Culture. These groups did not prolong their ill experiments for long. In fact, while there was consensus between the ruling and opposition parties on this issue, there was no reason for some parties to assert political influence in the composition of the delegation. Congress had nominated four party members to participate in these delegations. Except for Anand Sharma, the government did not give a place to the other three. Instead, Shashi Tharoor was appointed as the head of the delegation. Congress was displeased by this. Tharoor has vast experience in diplomacy at the international level. Congress should have proposed Tharoor name to the government on its own. However, due to opposition from some within the party to Tharoor name, the Congress sent Sharma name. The Congress leadership failed to realise that in such a situation, one should not be indulging in shallow party politics. Congress leader Rahul Gandhi, who also holds the position of Opposition Leader in the Lok Sabha, had demanded that the government should declare how many Indian aircrafts were shot down in Operation Sindoor. This shows that Rahul Gandhi shallowness has not subsided still. Congressmen are also waiting to see when Rahul Gandhi will have the wisdom to realize that by making such a demand, he is defaming his own country on the international stage. It was because of this stance that Congress discord became public after Tharoor was assigned the leadership of the delegation. If the Modi government had included only BJP and National Democratic Alliance MPs in the delegation, the Congress opposition would have been understandable. When that did not happen, the Congress leadership baselessly and unnecessarily blamed the Modi government on the delegation issue. There was no reason for Congress to be so hesitant about Tharoor inclusion. This made a mockery of the Congress party. Tharoor has been openly praising the Modi government on various platforms after Operation Sindoor. Some Congress leaders also complained about Tharoor over this. It was not expected that on one hand Rahul Gandhi would ask questions like how many Indian aircrafts have fallen down while on the other hand he would show the generosity of supporting the all-party delegation. As expected, this stance of Rahul Gandhi was well received in Pakistan. Terrorist leaders like Hafiz Saeed showered Rahul Gandhi with praise. India decided to call a ceasefire after receiving a proposal from Pakistan. Rahul tried to politicize that too. The Pakistan government itself has given information about which of its military bases were damaged due to India attack. Despite the fact that Pakistan, which claims to have shot down Indian planes, has not been able to produce a single piece of evidence, Rahul Gandhi continues to trumpet and ask about how many Indian planes have been shot down. Due to this, Rahul Baba political futility and obsolescence is becoming more and more prominent day by name to the government on its own. However, due to opposition from some within the party to Tharoor name, the Congress sent Sharma name. The Congress leadership failed to realise

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Gap between the haves and have knots is widening. If left unchecked, these inequalities will make it impossible to realize the inclusive future most of us have envisioned. To build a sustainable future where no one is left behind, we need to act together, collectively. Fortunately, we have recent examples to look to. The COVID-19 pandemic nudged organisations to come together and pool resources to support those in need. History and research demonstrate that large-scale social change arises from improved cross-pectoral coordination instead of individual interventions. Being better together to resolve the world most significant challenges can ensure universal improvements and growth opportunities. Better together through shared goals To create tangible impact, now is the time for India to initiate multi-pectoral, multi-stakeholder engagement for sustainable development. Driven by shared values, programs, and actions, stakeholders need to be collaborative, yes, but also unified to achieve the end goals. The cumulative impact of multiple stakeholders coming together is immense. Recent research by The Bridge span Group highlights that 70% of survey respondents, including 35 representatives from 13 Indian philanthropic collaborative, agree that working in collaboration has enabled them to make improved progress against India social challenges. These collaborations have powered the ability to inform public policy, develop and disseminate knowledge, mobilize funding, conduct R&D, and implement programs. The research also highlights that working collaboratively helps leverage the diverse skills and experiences of partners, expand circles of influence and impact, and mitigate risks. Driven by multiple models of action, collaborative initiatives are structured to exchange knowledge and best practices be it a funding collaborative that aligns philanthropic giving based on shared long-term goals, or a collective impact network that brings together different actors to solve for a specific social problem. Engaging at the grassroots However, stakeholders need to engage not only with government leaders, the private sector, social impact organisations, civil society, and other relevant industries, but also with people on the ground. The Ash Karan initiative is an example of partner organisations striving for a common goal of rebuilding sustainable livelihoods at scale, at a grassroots level. Partnering with the government, private sector, and non-profits, the initiative was a collaborative effort between the Nudge Institute Centre for Rural Development and Rural Development Department, Government of Uttar Pradesh. As the pandemic left millions of migrants, landless laborers, and small and marginal farmers struggling to make ends meet, the initiative created interventions targeted at recovery of their livelihoods, impacting over 80,000 households in eight districts in Uttar Pradesh. The interventions targeted both near-term recovery and long-term sustainability of livelihoods by increasing access to Public Distribution System and Mahatma Gandhi National Rural Employment Guarantee Scheme cards, improving nutrition, distributing input kits, and enabling market li

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But on their willingness to do the right thing. Skill's can be learned, but being a good and honest person comes from the values inside, and that something not easily changed. Leaders should always choose people with a higher willingness and integrity to do a task over just higher skills. Fostering team collaboration: Upon Sugreev's initial encounter with Shri Ram, he put all his attention and importance to Lord Ram while treating Layman as a subordinate. Recognizing this imbalance, Shri Ram decided to address the issue when the time was right. When the need arose to confront Bali, Shri Ram devised a plan. He directed Sugreev's to engage in combat with Bali, intending to eliminate Bali from behind a tree with an arrow. However, the confrontation did not unfold as planned. Bali, being more powerful, overpowered Sugreev's leaving him battered and bloodied, awaiting Shri Ram intervention. Surprisingly, when Sugreev's somewhat dejected, inquired why Shri Ram had not acted against Bali, Shri Ram revealed a crucial dilemma. Both Bali and Sugreev's looked identical during the fight, making it impossible for Shri Ram to distinguish between them and risking the chance of inadvertently harming Sugreev. This revelation prompted a strategic solution. Shri Ram, showing his understanding of team dynamics, called upon Layman to craft a garland and place it around Sugreev neck. Encouraged by this strategic intervention, Sugreev, though initially hesitant, bravely faced Bali again. Following the plan, Shri Ram successfully eliminated Bali, reclaiming Sugreev throne. In a gracious acknowledgment of Layman pivotal role, Sugreev extended his gratitude to Layman for his contribution, fostering a closer bond between Sugreev and Ashman. Shri Ram strategically worked to connect Sugreev and Layman. He made a plan so they could understand each other better. When Sugreev faced a tough situation, Shri Ram used it as an opportunity to bring them closer. He made sure they could work together towards their goal of finding Sita. This shows us that great leaders pay attention to their teams. If they see disconnection, they take smart steps to bridge the gaps. They want everyone to work together, making the team stronger and reaching their goals faster. It like making sure all the pieces of a puzzle fit perfectly. Shri Ram leadership teaches us the importance of teamwork and connection in reaching our big goals. Take the hard decision: Shri Ram was asked by Vishvamitra, to deal with a demon named Tadka. Tadka was causing a lot of problems in the kingdom, disrupting scientific and religious activities, and creating chaos. Now, Shri Ram had a challenge. Tadka was a woman, and Shri Ram, following his upbringing, hesitated to kill her. But Vishvamitra explained to him that, as a king, his main job was to protect the people. Tadka was a threat to them so he needed to make a hard decision. Even though it went against what he believed about not harming women, Shri Ram chose to take a tough step. Instead of killing Tadka, he decided to cut her nose and ear to stop her from causing more trouble. But unfortunately, Tadka, driven by her demonic nature, continued to be a threat. In the e

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Exile transformed him into Lord Shri Ram. Implementing his teachings in our lives today can transform us into effective leaders of tomorrow. It is, in essence, the most profound prayer one can offer to Shri Ram when the whole country is rejoicing in his homecoming. In the ever-changing world of challenges, the year 2024 brings forth a story filled with immediate problems and looming threats. Navigating through these complex issues requires a clear grasp of both short-term concerns and long-term dangers that shape the global risk landscape. In the short term, we face the challenges of misinformation and disinformation that threaten social unity and political stability. False narratives are driving these challenges, emphasising the need for renewed efforts in media literacy, fact-checking, and responsible communication. Additionally, the role of AI in managing these issues is significant, although it still operates largely outside governance and legal controls. A pressing concern, yet not universally accepted, is climate change. Extreme weather events are on the rise, with insufficient attention paid to mitigation efforts compared to adaptation and transition strategies. Global development plans are working on funding for climate change, but the impact falls short of expectations. Floods, droughts, and heat waves are becoming more frequent, affecting food security, livelihoods, and vulnerable populations. Urgent action is necessary to mitigate climate change and build resilience, but questions about funding sources and the expected benefits remain. Looking to the long term, failure to address climate change could lead to environmental and societal crises. A shift in global policies becomes crucial to avoid catastrophic consequences for future generations. The decline of biodiversity and the potential collapse of ecosystems threaten food security, water resources, and human health. Investing in the protection and restoration of natural ecosystems is essential for the planet long-term sustainability. Societal polarisation is another risk, hindering international cooperation across regions and nations. Examples in the Caribbean, Africa, the Middle East, and Eastern European countries highlight persistent conflicts that threaten global security and economic stability. Diplomatic finesse, dialogue, and conflict resolution mechanisms are essential for de-escalating tensions and fostering international cooperation. Addressing these challenges requires tackling the root causes of inequality, promoting inclusive dialogue, and rebuilding trust across societal divides. Inclusive growth and equitable resource sharing at all levels are essential for sustainable economic development. Economic risks such as slowdowns, inflation, and resource scarcity pose threats to increased poverty and unemployment. Strategic interventions, policy adjustments, and international collaboration are necessary to protect the livelihoods of millions. The possibility of weapons of mass destruction remains a chilling threat, necessitating global disarmament efforts and strengthened non-proliferation regimes to prevent catastrophic outcomes. Macron as R-Day guest is another demonstr

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And Planet the Alliance aims to support 150 million livelihoods, avert four billion tons of greenhouse gases, and expand access to clean energy to a billion people across Africa, Asia, and Latin America and the Caribbean. One year later, with the launch of the Powering People and Planet impact report at COP27, the progress was easy to see. As a collective action platform, the Alliance has key players such as the Governments of Italy, Denmark, and the UK working alongside multilateral development finance institutions such as African Development Bank Group, US International Development Finance Corporation, and World Bank, as well as international philanthropies. Harnessing untapped potential India, like other emerging economies in the Global South, has incredible untapped potential to solve the region greatest challenges. Post pandemic, stakeholders must direct their attention towards investing their time, resources, talent, and efforts in creating resilient livelihoods and enabling just economic development. India needs increased multilateral collaboration with governments, high net individuals, philanthropic organizations, and investment partners to do so and emerge stronger, better together. India needs faster GDP growth, of course. But the quality of economic growth matters as much as its quantity. Specifically, growth must translate into good quality jobs. Unfortunately, on that count, we are not doing well. Timely, reliable jobs data are important, and we have relatively few such sources in India. The objective of collecting such data is for the government to make more informed policy decisions, not show it in a bad light. At any rate, let start by triangulating the jobs data we have. Around a month back, at two government hospitals in Bihar Chagares district, tubectomy was performed on 24 women without an aesthesia. That there still has not been much headway in the district administration probe into the incident speaks volumes about the public healthcare system callous disregard of poor patients. What a TOI follow-up with the women found is even more telling. Though the wounds are yet to heal and the memory of unbearable pain is still vivid, what some women choose to emphasize is that at least they will not be bringing any more children into poverty and joblessness now. It is an important reminder of how long a distance India still needs to go in increasing access to family planning, to reach a place where no woman feels that she has to pay for it with torture. Health officials are still giving the excuse that every person has a different body mechanism in response to an aesthesia, which completely misses the point that it was not one but 24 persons who remained conscious and crying in pain on the operating table. Again, it is indicative of the utter apathy in public health services upon which 68% of women using modern contraceptive methods depend, per NFHS-5 data. Bihar has the highest unmet need for family planning among the large states, closely followed by UP. So, the state government should actually take the incident very seriously, to both punish those implicated in it.

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Demand for tech professionals in non-tech firms in the nation. The road ahead both companies and employees understand that the nature of work is changing to a more digital world, requiring new skills. The emergence of digital transformation has accelerated the speed of global competition and emphasized the necessity for retraining and up skilling in order to keep up with the rapidly changing technologies. Numerous lateral skill improvement programs are available to provide a thorough comprehension of the concepts and adequate knowledge across disciplines. To increase employability, individuals must choose skill-enhancement programs that use experiential learning techniques as it helps to reflect, analyze, and evaluate the growth of skillsets. When it comes to living in a tropical climate country like India, owning an air conditioner is a must to beat the summer heat. Choosing the correct and appropriate air conditioner, despite the numerous options available in the market is a difficult task. It is worthwhile to take the time to examine the features and reviews of several models before making a decision. It also crucial to be aware of the air conditioner myths that many people believe to be true. Popular myths about air conditioners Myth 1: Quick cooling may be achieved by simply lowering the temperature. The majority of people believe that just lowering down the temperature will result in additional cooling. As soon as the power of the air conditioner is switched on, they set the thermostat for the air conditioner to 16 degrees Celsius, thinking that the cooling would begin instantly. However, the reality is that the cooling will remain the same even if the temperature is reduced. The main cause of this occurrence is that the airflow of most air conditioner systems cools to a pre-set temperature, and when the system is turned on, it takes a while before it reaches the desired or set temperature. Myth 2: An air conditioner effectiveness is unaffected by lack of service This is another well-known myth that many people believe. Just because the air conditioner is running smoothly does imply that it does not require to be serviced or maintained. Avoiding routine maintenance can cause a variety of problems with the air conditioner, lowering its performance and efficiency over time. There are licensed technicians who have been trained to screen and identify such issues and can assist in saving the day. As a result, routine maintenance should constantly be scheduled to guarantee that the air conditioning system performs at its best. It is recommended that you get your air conditioner serviced at least once every season, ideally before the summer months begin. Myth 3: Outdoor units can be installed anywhere When it comes to the placement of an air conditioner outdoor unit, many a time there is more than one suitable spot where we think the unit can be easily installed. Careful consideration is required to place it at the best spot so that the AC efficiency is not affected. If the outside unit is installed at an inappropriate.

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Place, it may cause problems, such as smoke or fire. The amount of direct sunshine falling on the outdoor unit on a daily basis is also a crucial factor to consider. It is recommended to place the unit in shade to minimize overheating and other costs, which will allow the air conditioner to operate more effectively and efficiently. Myth 4: Cleaning of house daily so that there is no requirement to change the AC filter Cleaning or replacing the air filter in an air conditioner at regular intervals is critical for consistent cooling performance. The frequency with which you should clean or replace your air filters is determined by where you live and how your air conditioner is utilized. Cleaning or changing a clogged filter can dramatically lower your air conditioner energy consumption while also increasing its efficiency and performance. Myth 5: All you need is a good air conditioner to reduce your electricity bills. A high-efficiency air conditioner can certainly help you save money on electricity bills. However, it is not the only metric that one should consider when you intend to reduce energy consumption. It also critical to choose the right size of the unit. Installing a larger unit would just increase your power consumption but installing a smaller unit would result in inadequate cooling. You should get the advice of an expert or a technician to determine the appropriate AC size for your house or office. Myth 6: Spending too much time in an air-conditioned environment can make you sick. Many people assume that if they spend too much time in an air-conditioned room, they might fall sick because of the chilly temperature. This assessment is entirely correct. While staying in cold temperatures for lengthy periods of time is not advisable, it will not necessarily make you fall sick. There could be a collection of dust and mound in the air vents that might increase your allergic symptoms, which can be avoided by cleaning the vents and the air filters on a regular basis. Myth 7: You can only use an air conditioner in the summer. One of the most common misconceptions is that air conditioners are only meant to be used during the hot summer months. However, this is not the case. Many modern air conditioners have advanced functions and modes for different seasons, such as Hot, Cold, and Dry (monsoon mode which removes excess humidity from the room). All-season air conditioners can both chill you down and heat you up, making them ideal for usage in the winter. India is the world youngest country the Youth in India 2022 report suggests that 53 percent of the country population is comprised of youth aged 29 and below, making them a great asset. As India writes a new chapter over the next 25 years of our independence the Amrita Kael that being hailed giving youth a desirable quality of life must be a priority. But what does quality of life mean to young people? Some searching revealed.

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AAP victory in the MCD polls is not a surprise. The exit polls were right for once, and BJP undistinguished record in running the municipality made it easy to believe them for once. The margin of victory is lower than what was expected by many, but it is a clear win, nevertheless. Given that the gap between the two parties is about 30 seats, and that the anti-defection law does not apply in the case of municipal elections, there is some speculation that BJP might still find a way to install their own mayor. Given its previous track record with wooing rival politicians, this is entirely possible. But what is important for now is what the results say about the respective parties. Municipal elections seldom attract attention outside their catchment area. However, elections to the Municipal Corporation of Delhi, where AAP captured a majority displacing three-term winner BJP, were different. It embodied the fierce political competition between India pre-eminent national party BJP and its most competitive challenger, AAP. Some regional parties do pack a punch and BJP has quite got their measure. But AAP is the only other party to keep expanding its geographical footprint, often at the expense of India original political hegemon, Congress. All these factors played out in MCD elections. AAP secured a simple majority with 134 seats in the corporation. BJP did better than the exit polls predicted with 104 seats while Congress, expectedly, was reduced to a rump. MCD is the only fiercely contested urban local body polls. Two years ago, BJP pulled out all stops to capture Hyderabad urban body, with even home minister Amity Shah campaigning extensively. It ran TRS close. Soon, we will see another high-decibel contest in Mumbai for BMC, India richest urban body, where the two Seas have a lot at stake, as does BJP. But do fierce contests translate into better outcomes for voters? Certainly not, as a proxy indicator like voter participation or anecdotal evidence suggests. The turnout for MCD was just above 50%, below the level recorded in 2017 and also the last Delhi assembly election. It a reflection of the dysfunctional state of India urban bodies. This is best captured by RBI description that Indian cities are emaciated financially. The core problem is that state governments are unwilling to let go of functions that the Constitution 74th amendment recommended 30 years ago. One of the outcomes is that urban bodies are underfunded. In India, the average municipal revenue is around 1% of GDP. The comparable figures in Brazil and South Africa are 7.4% and 6% respectively. Municipalities largely depend on property tax for revenue. Interstate comparison suggests that this electorally-sensitive tax rate is an area where corporations don have a decisive say. For example, RBI data shows that MCD own tax revenue as a proportion of total revenue not only trails the national average, it even lower than a relatively poorer urban Assam. Indian cities need more than high-decibel elections. But absolutely no political party seems.

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That India youth want access to safe information, the autonomy to make decisions for themselves, and some room to accommodate errors. When governments and other stakeholders think about the youth, conversations are often limited to their higher education, employability, and substance abuse. Achieving these crucial benchmarks is, however, incomplete without the power to exercise choice and agency, which, in turn, derives from the youth access to Sexual and Reproductive Health (SRH) including contraception. While we traditionally measure improvement in SRH with metrics like fertility, cases of HIV, etc., speaking to young people has made clear that this is a multi-faceted conversation that cannot be restricted to healthcare alone. Access to contraceptives and SRH information and services means a better shot at completing school, entering and staying relevant in the workforce, preventing early marriage, promoting gender-egalitarian attitudes, and overall improved physical and mental health outcomes. Despite a drop in the total fertility rate and the percentage of adolescent pregnant women or mothers, early marriage and pregnancy contribute to further excluding young women from schooling due to health issues, stigma, social roles and expectations for young women. This underscores the urgent need to address the sexual health of this population. The National Family Health Survey (NFHS)-5 has revealed that more than one-third of men believe contraception is women responsibility and that men should not have to worry about it. This showcases the importance of including all young people and not just women in conversations about healthy and egalitarian relationships. Accessing contraceptives or SRH information fundamentally relies on the foundation of young people exercising their choice and agency. Young people have showcased how closely interlinked the ability to make their own informed choices, free from stigma and improved outcomes on health, including SRH is- underscoring the importance of a focus on building young people leadership and decision making in interventions focused on improving SRH outcomes. Young people still face steep barriers in accessing contraception and SRH. Only 57.9 percent of the respondents said they have access to platforms where they can speak about their aspirations. More women responded facing barriers than men in accessing SRH. Data from NFHS-5 confirms that adolescent girls and young women between 15-24 years have the highest (17.4 percent) unmet need for contraception compared to the higher age cohort of women in India. These findings highlight the urgent need for us to ensure access to credible information on SRH and having safe, youth - friendly spaces for young people to have conversations about their SRH, choices and their bodily autonomy. These spaces and creating this enabling environment does simply impact health outcomes but are critical for youth to navigate other key issues such as education, employment, and gender equality. Talking to young people revealed four salient recommendations to address the gaps in their access to SRH. Firstly, normalize conversations around contraception and FP using communication c

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CRPF-hcm-Eng-Test-Dated-2025-06-18-Test NO.-21141

interested. No wonder voters are losing interest. In worrying signs for regional and global security, terrorist activities have once again increased significantly in Afghanistan. This was the focus of the recent India-Central Asia NSA-level meeting here in New Delhi, where it was noted that Afghanistan is again being used to fund, plan and organise terrorist activities. A year since Taliban returned to power in Kabul, it is clear that the Islamist regime is either incapable of or unwilling to crack down on multiple terror groups operating from Afghan soil. This, despite Taliban specifically promising to not allow any group to use Afghan territory to attack other countries. Even Pakistan is feeling the heat. Islamabad had cheered the return of Taliban, hoping to regain the strategic depth it previously enjoyed in that country. But despite the presence of pro-Islamabad elements like Sirajuddin Haqqani within the Afghan Taliban regime, the Three-e-Taliban Pakistan (TTP) has continued to strike Pakistani targets from its bases across the Durand Line. In fact, last month TTP called off an uneasy ceasefire with Islamabad and conducted a suicide attack in Baluchistan that killed three people. Meanwhile, on December 2 the Pakistani embassy in Kabul came under attack with the Islamic State group claiming responsibility this time. Add to this the ongoing political turmoil in Pakistan with a defiant Imran Khan taking on the military-backed establishment. Should the political standoff continue, it will distract from Pakistan own capacities to deal with terrorism on its soil. The scenario once again presents a serious Aft-Pak problem for the world. And the international community has been too distracted with the Ukraine war to notice. Unless there is renewed focus on Afghanistan and Pakistan, nasty surprises may hit the world again. The footage is less than a minute and half but the video is clear; so the football commentary. It 1966 finalist (West) Germany versus no-chance Morocco, at least that what the form book says, it goes. The year is 1970 and Morocco is playing its first World Cup game. Germany is loaded with big guns Franz Beckenbauer and Gerd Muller to name just two and their attacks are fast and furious. But in the 21st minute, the improbable happens. Morocco launches a counter from the left, the cross eludes the German defence and is headed back to the six-yard box; onrushing forward Houmane Jarir taps the ball in. Morocco dream lasted 35 minutes that day before Uwe Sealer equalised. Muller later gave Germany a tense 2-1 win. Casablanca-born Jarir passed away four years ago. But like every surviving member of that 1970 game, which first lit the spark, and like every Moroccan around the globe, he would have been rapturous about the Atlas Lions reaching their football peak on Tuesday night. Dreams don die. Sometimes they just take a generation or two to become reality. You can be streets ahead of the IT competition and still expect hassle-free roads. Silicon Valley may be powered by ex-pat Indians, but Bangalore is in India.

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Where progress means regress. So what with this looped tuck-in-traffic whine? A book on any of our cities can be titled till digging like the autobiography of archaeologist Howard (Tutankhamun) Carter. Infrastructure construction manically leads to massive destruction. Long-time title-holder Calcutta has been trumped by Mumbai where the coastal road mauGuha and the late Girish Karnad, who went on to lend their clout to the BLF; other committed citizens make this perhaps the only crowdfunded major Indian latest. This time, I barely recognised mall-to-mall carpeted Infantry and Brigade roads. MG Road bling was blindingly un-Gandhian. But design and space elevate the plate-glass jungle. True, tech parks have overpowered the leafy avenues, but Cubbon Park and All Bag retain their wooded splendor. Lured by the siren song of Mysore silk, I braved the jostling neon of a Cinderella-end Commercial Street; then retrieved sanity and memories in the musty charm of the Bangalore Club. Topped by Fish Mole at Cushy, where a portlier Perm, grandson of the founder, still solicitously moved from table to table, drawing his energy from knowing that I serve five generations of loyal patrons in a single day. The more things change, the less remains. But let forget the traffic snarl and raise a toast instead to Cushy famed bacon jam. The attainment of Sama-Rasya, sahaj, an equanimous state of mind, lies at the heart of the Dattatreya-Yadu dialogue in the Bhagavad Purina. King Badu, troubled by his father Yalata decision to divest him of kingship, wanders into a forest, where he sees an avadhuta, a wandering free soul, in ecstatic happiness. Wonderstruck, Badu asks the young enunciate the secret of such happiness. Dattatreya, the avadhuta who has shaken off all the cares of worldly existence, sits the king down and gently reminds him of the need to connect back with nature. Nature itself is the greatest teacher, the Adi Guru, beyond all philosophical and theological constructs. Dattatreya narrates the story of his 24 universal teachers, his gurus, having learnt from the five elements earth, air, sky, water, fire the sun and the moon, the sea, 12 animals, a prostitute, a child, a maiden and a blacksmith. He tells the king of the unique lessons he has imbibed by carefully observing the nature of the five elements. From the earth, he has picked up the need for forbearance and the import of doing good to others; from air he has learnt the value of non-attachment and freedom; from the sky he has figured out the all-pervasiveness of the Self, which yet is untouched by any contact with any object. rom water, he has picked up the need for purity and coolness, as it cleanses everything; and from fire, he has learnt the need for austerity, since the flame of self-knowledge alone can devour all worldly desires. His observation of the moon, which appears to increase or decrease on account of the shadow of the earth, has taught him that the Self is complete and changeless but appears to.

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When I was an insouciant kid in boarding school, I was deemed Kachra Party (KP) and exiled to the rafters during annual parades (on Independence and Republic Day) for not being able to stay in line or flail my legs in unison like my peers. Unlike the other exiled community that shares the same initials, I had no qualms about said exile. Now imagine my joy when, nearly two decades later, I saw an entire contingent march with the same disinterred gusto. One is, of course, referring to the semiquincentennial (how the hell does one pronounce that?) commemorations of the US Army, infamous for losing wars all over the world unless aided by the Red Army. Unfortunately, the anniversary coincided with chickenhawk President Donald Trump 79th birthday, so we got a snoozefest sponsored by Coinbase, Lockheed Martin, Palantir, and a bunch of other companies. It was exactly as bad as one imagined, as the guests much like yours truly during march pasts in boarding school struggled to stay awake while soldiers and other members of the US Armed Forces marched with the enthusiasm of a snail returning home from a funeral on a lazy Sunday afternoon. The seats were empty because, unlike North Korea or Russia, America is an actual dictatorship in the traditional sense. The farce was reinforced by songs like Creedence Clearwater Revival Fortunate Son a track that literally mocks chicken hawks like Trump who dodged the draft playing in the background. All in all, it was the perfect metaphor for a democracy pretending to be an authoritarian state, led by a transactional tyrant whose morals are flexible and who seems intent on destroying the liberal world order that emerged after WWII. Of course, much like Voltaire observed about the Holy Roman Empire, there was nothing particularly liberal or orderly about that world orders but that a debate for another time. Now, why am I telling you this? Because it the basis for so many of our modern anxieties. Take the sudden barrage of news items about airplane snags after the horrific Air India crash in Ahmedabad. Suddenly, every TV channel and newspaper clipping seems to be about aviation issues because editors and journalists are immune to the frequency illusion either. But is there any definitive proof that air travel is objectively less safe than it was a year ago? Not quite. It just that our brains are wired to worry. That does mean we should drag companies over the coals to ensure better quality control but we should be diligent before jumping the gun and assuming systemic failure. The other day, a news anchor asked on social media: What happening to couples in the Northeast? a pretty preposterous argument to float unless one can draw a causal link suggesting that marriages are somehow more likely to end in Macbeth-like fatal murders in a particular geographical location. What it actually is, is a fine example of the Baader-Meinhof phenomenon, also known as the frequency illusion. The term originates from a 1990s online discussion where someone mentioned they had just heard of the Baader Meinhof Group (a German far-left militant organisation), and then suddenly began seeing references to it everywhere. The name stuck as sh

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Take, for example, when you see a sign that says Stalking not allowed (quite common in the national capital, where men seem to need periodic reminders about consent). Suddenly, you start noticing similar signs everywhere. It feels like the universe is messing with you, but in reality, your brain is simply tuning into something it was previously ignoring. The greater tragedy after the murder in Punjab Bathinda of a young woman killed for her reels on social media is the support her murderers have received from sections of society, including that of an Akal Takht senior. Control of women and their online avtars is not driven by religious zeal alone. In May, a young Mexican social media influencer, who posted videos on beauty and makeup, was shot dead during a Tick live stream. In Jan, a Pakistani father, a US citizen, moved his family from US to Quetta and killed his teenage daughter because he found her social media posts objectionable. In five months, three women Pakistani social media influencers, including a 17-year-old, have been murdered in Islamabad, Peshawar and Pakistan Punjab Khushab. Each was in effect a case of femicide killed simply for being a woman, for falling foul of self-appointed agents of social control. They were killed for the agency they displayed online, in content not considered appropriate including makeup seen as vulgar or obscene. Several Indian comedians and artistes have been accused of obscenity and vulgarity. Vandalism and threats have followed. But, when it came to a woman, criticism or moving court was enough. For Kanchan Kumari, known online as Kamal Kaur Bhabhi , murder was the weapon chosen to silence her and, as a bonus, terrify many young women looking to use social media to earn some money. All these young women were simply entertainers catering to large audiences. Moral policing and vigilantism are on the rise globally rightwing and or so-called pious men find it all too easy to spot decay in society world over because women, for them, must remain the carrier of a faith values, so abortion is denied or anskar is enforced. The Akal Takht senior said we should not listen to vulgar songs and so it was okay to kill the singer. Such institutional justification of systemic violence against women is the biggest danger to their safety. It compromises police action and silences the laity. Some of course have spoken out against the murder, including a religious figure of a Sikh sect. But they are few and far between. Twin phenomena normalisation of online trolling of women and violence against those women who vet refused to be keepers of public morality are the outcomes of modern patriarchy. Self-appointed agents of social control are the real ones who re degrading society. Letting such justification of murder slide is normalising it. There lies the real danger to women, whether online or offline. When Garuda Airways flight 152 crashed on Sept 26, 1997, many of the 234 fliers were mutilated beyond recognition. Eventually, 48 were interred in a mass grave. Thanks to advancements in DNA matching since then, kin of the Air India crash victims have been spared this pain. At least 135 of the 270 victims many of them co

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Be changing to the casual eye. From the sun, he learnt that just as the sun appears as many reflections when reflected through different pots of water, the atman appears as manifold manifestations, when reflected through the mind. He then talks of the dangers of attachment and bondage, by observing the life of pigeons, wherein an entire family gets trapped by the fowler. Dattatreya sees this as an entangling web in which man gets trapped continually. By observing a python, he has learnt the lesson of contentment, since the python vritti usually does not allow him to move around for gathering food. And from the ocean, he has learnt to remain quiet and unmoved, even as rivers continually pour into it. From the moth, he understands the dangers of ruining himself, in distractions of the senses, just like a moth enamoured by the glow of fire, flies straight into it. From the bee, he has picked up that he should beg for a little food only, from one house and then another. From the honey-gatherer, the uselessness of hoarding things, and from the maiden to be wed and the noise of her bangles, he has picked up the values of silence and solitude. From the child, Dattatreya has imbibed the need to have a carefree nature, and from the beetle and the worm, the principle that as a man thinks, so he becomes, and thus the need to constantly contemplate on the Atman. Dattatreya radical envisioning of nature as guru captures the avadhuta ideal of sama-rasya perfectly, beyond the bondage of desire Where progress means regress. So what with this looped tuck-in-traffic whine? A book on any of our cities can be titled till digging like the autobiography of archaeologist Howard (Tutankhamun) Carter. Infrastructure construction manically leads to massive destruction. Long-time title-holder Calcutta has been trumped by Mumbai where the coastal road mauGuha and the late Girish Karnad, who went on to lend their clout to the BLF; other committed citizens make this perhaps the only crowdfunded major Indian latest. This time, I barely recognised mall-to-mall carpeted Infantry and Brigade roads. MG Road bling was blindingly un-Gandhian. But design and space elevate the plate-glass jungle. True, tech parks have overpowered the leafy avenues, but Cubbon Park and All Bag retain their wooded splendor. Lured by the siren song of Mysore silk, I braved the jostling neon of a Cinderella-end Commercial Street; then retrieved sanity and memories in the musty charm of the Bangalore Club. Topped by Fish Mole at Cushy, where a portlier Perm, grandson of the founder, still solicitously moved from table to table, drawing his energy from knowing that I serve five generations of loyal patrons in a single day. The more things change, the less remains. But let forget the traffic snarl and raise a toast instead to Cushy famed bacon jam. The attainment of Sama-Rasya, sahaj, an equanimous state of mind, lies at the heart of the Dattatreya-Yadu dialogue in the Bhagavad Purina. King Badu, troubled.

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Witnessed by the States of Jharkhand, Tamil Nadu and Uttarakhand. This contradiction indicates that there is much left to be done. When AHTU do function and are adequately strengthened, however, their swift actions have led to rescue and rehabilitation of survivors from across the country as seen in the past year alone, in cases from Delhi, Gujarat, and Uttar Pradesh. Moreover, concerted government action and measures taken by institutional authorities are also critical in strengthening the AHTUs, especially in the North-East Region that is emerging as a trafficking hub in India, with Assam in particular as a source, transit point and destination for human trafficking. To combat the menace of trafficking, the Assam government has decided to bring out a law to curb the growing rate of trafficking in the State. The decision to bring out such a law was tabled by the State Government in the Autumn session of the Legislative Assembly in September 2022. One hopes and urges that a robust network of AHTUs across the State would form the bedrock of such a law. While the realities at the grass root level leave a lot to be wanted, the pressing need for coordinated and integrated action among the enforcement agencies to tackle the cases of human trafficking within a defined jurisdiction, is fundamental to curb this crime. To that extent, the Railway Protection Force (RPF) has collaborated with the Association for Voluntary Action to achieve a unified vision of a trafficking free nation. Under the aegis of this programmer, the RPF has set up over 700 AHTUs across the nation in a bid to coordinate action on Human Trafficking activities with other specialized agencies. This coordination and cooperation need to be imitated in the forms of inter-state coordination to control and confront the risks posed by trafficking. The recent Declaration of Intent, signed by six States, namely, Andhra Pradesh, Karnataka, Odessa, Kerala, Tamil Nadu and Telangana, to combat trafficking through joint efforts, marks a momentous step in this direction. Other states must follow. The draft TIP Bill has notably enlarged the territorial jurisdiction of offences with cross-border ramifications and widened the definition of a victim to include the transgender. Once passed, the Centre would be compelled to establish a National Anti-Trafficking Committee and the state governments will also form such committees at state and district levels. However, the new legislation does not define the application of the previously existing rules on forced labor and sexual exploitation, resulting to confusion and overlapping serving as rationale for removing archaic laws (such as Immoral Traffic Act 1956) and having one complete code to deal with human trafficking. Further, the bill relies on the condition of Reason to believe in several clauses pertaining to search and rescue, making it vague and overly relying on the discretion of police officers to implement the law. This can potentially make the function of AHTUs ambiguous in rescue and post-rescue activities, and must be considered by lawmakers. While the need for a uniform law.

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Institutionalize youth-friendly interventions and offer gender-intentional care for SRH services. Thirdly, create spaces for the participation and leadership of young people in conversations on SRH, and include engagement of men and boys. And finally, introduce sexuality education both in school and in communities. Improving young people overall quality of life begins with building their leadership and ability to make choices. Realising this goal requires ecosystem stakeholders including policymakers, NGOs, the private sector, and most importantly, the youth to work together with a spirit of openness. While we share young people vision for their lives and futures, it is imperative now to make youth equal partners in finding solutions to our common goals that can have aligned action plans and milestones. While our Constitution framers, through Article 23, prohibited all forms of human trafficking and forced labor, seven decades on the heinous crime of trafficking in human persists a tall obstacle in our pursuit of an equitable society. Regrettably, liberty has only been a dream for the eight million Indians trapped in human trafficking networks in India. Acknowledging the overwhelming need for a comprehensive and holistic anti-human trafficking bill in the country, the Ministry of Women and Child Development introduced the Trafficking in Persons (Prevention, Care and Rehabilitation) Bill in 2021, which is yet to be passed. The bill, while being victim-centric in nature, confers the responsibility of prevention and conviction of trafficking cases on the designated authorities. It also aims to make the duty bearers accountable for victim compensation and rehabilitation and reintegration process for survivors. One of the ways in which the TIP Bill strives to uphold the standards of accountability on the public institutions is through the establishment of Anti-Human Trafficking Units (AHTUs) as the specialized enforcement agency for ensuring effective action against cases of trafficking. Having trained and sensitised police personnel to improve the enforcement and implementation of the law lies at the very core of the formulation and establishment of AHTUs. In mid-2020, when the pandemic was at its peak, a directive was issued by the Ministry of Home Affairs (MHA) to the States to set up specialized task forces at the State and District level to establish new AHTUs and strengthen the ones that were existing at that time. At the same time at the directive of the MHA, Kolkata based NGO Sanjog which works with survivors of trafficking, and Taffetas, a consortium of lawyers, social workers and rescue specialists, undertook an analysis based on the RTIs filed by the two organizations. The study found a huge gap between the number of AHTUs that claimed to be set up and were functional and those that had been notified with allocated budgets. Furthermore, as per the 2021 report published by the National Crimes Record Bureau (NCRB), wherein the data had been provided by the AHTUs through their State Crime Records Bureau, the highest number of trafficking cases were registered in the States of Telangana, Maharashtra and Assam. On the other hand, the highest

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Hearts and Minds of the people in areas affected by terrorism in Jammu, Kashmir, Ladakh, Cargill, Pooch, Rajouri, Doda etc. Operation Sadbhavana emphasis was on developing crucial social indices like quality education, women empowerment, community and infrastructural development, health and veterinary care, Gujarat Bakarwals and nation-building. In addition, basic needs like water supply schemes, electrification and animal husbandry have also been given due importance. In taking a step further, the IA has decided to launch the Dil Maange More Short Film Festival. It is a brainchild of the Northern Command of the Indian Army toward innovation for supporting the Youth of J&K and Ladakh, consistent with the perception of the honourable Prime Minister of India, Shri Narendra Modi, restating the significance of the Nation Building process. Through this event, IA aims to Outreach, Train & Exposure through this hort Film Making Festival as part of Azadi Ka Amrit Mahotsav and run up to the Mega Vijay is devoted to the independent, talented and discerning filmmakers from J&K and Ladakh who crave to showcase their deftness and craft of film-making to the world via short films. Dil Maange More Festival would serve as an effective platform to promote the talented young aspiring filmmakers of J&K and Ladakh to showcase their creativity to the world. Captain Rahul Sudesh Bali is an Indian Army Veteran, Entrepreneur, Speaker, Curator, Film Maker and Champion of Global Cultural Exchange programmers. A well-known name in the festival circuits across the globe, Captain Rahul Bali is the curator of and has been doing outstanding work curating cultures globally that enormously help reinforce the bilateral relations between nations. He believes that Cultural Cooperation always leads to Commercial Cooperation and festivals are the best ways to accomplish cultural cooperation between India and the rest of the world. An alumnus of the esteemed organisations, National Defence Academy NDA, Khadakwasla and the Indian Military Academy. Captain Rahul Sudesh Bali is the founder and Managing Director of Innovations India, a cohesive marketing solutions and brand management company that has grown exponentially in the last 22 years to make its presence globally. He is the recipient of the prestigious Best Curator of the Indian Film Festival Abroad Award. He has successfully curated Mega Cultural Events and Indian Film Festivals in Russia, Vietnam, Poland, Hungary & Kenya. Masterclasses by award-winning and renowned filmmakers of India like Imtiaz Ali, Rahul Mittra & Umesh Shukla will be organised in Udhampur both offline and online for the benefit of participants. The DMMSFF 2022 is a competitive short film-making festival wherein the top 3 winners will be awarded cash prizes, trophies and merit certificates by the Indian Army. The Winners would get a golden opportunity to be a part of renowned film production houses in Mumbai under the mentorship of acclaimed filmmakers of India like Imtiaz Ali, Umesh Shukla & Rahul Mittra. The winning hort Films would also be screened at International Indian Film Festivals across the globe, which would catapult the talented young filmmaker

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CRPF-hcm-Eng-Test-Dated-2025-06-19-Test NO.-21151

Hearts and Minds of the people in areas affected by terrorism in Jammu, Kashmir, Ladakh, Cargill, Pooch, Rajouri, Doda etc. Operation Sadbhavana emphasis was on developing crucial social indices like quality education, women empowerment, community and infrastructural development, health and veterinary care, Gujarat Bakarwals and nation-building. In addition, basic needs like water supply schemes, electrification and animal husbandry have also been given due importance. In taking a step further, the IA has decided to launch the Dil Maange More Short Film Festival. It is a brainchild of the Northern Command of the Indian Army toward innovation for supporting the Youth of J&K and Ladakh, consistent with the perception of the honourable Prime Minister of India, Shri Narendra Modi, restating the significance of the Nation Building process. Through this event, IA aims to Outreach, Train & Exposure through this hort Film Making Festival as part of Azadi Ka Amrit Mahotsav and run up to the Mega Vijay is devoted to the independent, talented and discerning filmmakers from J&K and Ladakh who crave to showcase their deftness and craft of film-making to the world via short films. Dil Maange More Festival would serve as an effective platform to promote the talented young aspiring filmmakers of J&K and Ladakh to showcase their creativity to the world. Captain Rahul Sudesh Bali is an Indian Army Veteran, Entrepreneur, Speaker, Curator, Film Maker and Champion of Global Cultural Exchange programmers. A well-known name in the festival circuits across the globe, Captain Rahul Bali is the curator of and has been doing outstanding work curating cultures globally that enormously help reinforce the bilateral relations between nations. He believes that Cultural Cooperation always leads to Commercial Cooperation and festivals are the best ways to accomplish cultural cooperation between India and the rest of the world. An alumnus of the esteemed organisations, National Defence Academy NDA, Khadakwasla and the Indian Military Academy. Captain Rahul Sudesh Bali is the founder and Managing Director of Innovations India, a cohesive marketing solutions and brand management company that has grown exponentially in the last 22 years to make its presence globally. He is the recipient of the prestigious Best Curator of the Indian Film Festival Abroad Award. He has successfully curated Mega Cultural Events and Indian Film Festivals in Russia, Vietnam, Poland, Hungary & Kenya. Masterclasses by award-winning and renowned filmmakers of India like Imtiaz Ali, Rahul Mittra & Umesh Shukla will be organised in Udhampur both offline and online for the benefit of participants. The DMMSFF 2022 is a competitive short film-making festival wherein the top 3 winners will be awarded cash prizes, trophies and merit certificates by the Indian Army. The Winners would get a golden opportunity to be a part of renowned film production houses in Mumbai under the mentorship of acclaimed filmmakers of India like Imtiaz Ali, Umesh Shukla & Rahul Mittra. The winning hort Films would also be screened at International Indian Film Festivals across the globe, which would catapult the talented young filmmaker

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Jammu and Kashmir cannot be left behind. The Indian Army has made significant efforts in the nation-building process. Northern Command forefronts the endeavours in J&K and Ladakh to empower the people under Operation Sadbhavana. Through DMMSFF-2022, the Indian Army is opening avenues for the youth to harness their talent to work in the film industry. While promoting scenic beauty, the policy provides a platform for local artists to apply and prove themselves nationally and internationally. This has generated fresh hope among local filmmakers and artists that the policy would generate employment opportunities for them and rejuvenate old connections with Bollywood. Besides providing an entertaining experience to its viewers, movies are proven to have psychological effects: positive impact on your overall health, boosts the immune system, stress buster, creates bonding, make us more creative, etc. Movies are not just a form of entertainment. They often teach us lessons and help us deal with difficult situations. Also, films could portray our culture and heritage, which resides in our society, to the rest of the world. Hence this is an excellent step undertaken by the Indian Army to empower the youth of J&K and Ladakh. Making the right career decision has a long-term impact on a person life, and students understand this clearly. 70 of students surveyed and indicated that the decision to pursue higher education is significant in their life. With this understanding, it is critical to decode the basis on which students and their families make these decisions. Per the survey results, the information commonly sought by students from universities was primarily about: potential job opportunities in the region, post-program completion, program details, financial aid and scholarship availability, campus life and steps and requirements of the application process. Course details and job markets are the two most desired pieces of information across all regions. Over the past couple of years, a common concern around the affordability and security of study destinations has taken center stage, surpassing the prevalent criteria of ranking and reputation. This concern may have been the aftermath of COVID-19 and increased awareness amongst students and parents around parameters beyond the ranking obsession, such as the quality of life on campus. Interestingly, what has not changed is the set of primary influencers in the decision-making process for students. Universities indicated in their survey that parents continue to be the most critical influencers in their child final decision. 36 of the university respondents rated parents to be the most vital influencer, while 40 rated parents critical, totaling to 76 ! Surprisingly, many university recruiters reported that parents were even more important than the students themselves! This cultural nuance has persisted over decades and remains a dominant trend. Parent approval and buy-in are critical in student choices, even today. Another trend that keeps pace is the desire to study at an international destination, with the USA, UK and Canada being the top choices. The demand to pursue education at a local university tha

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Level of inventory on hand, reducing storage and maintenance costs. 6. Focus on building financial acumen of your top leaders. Financial acumen is the knowledge and understanding of basic financial and accounting principles to enable you to make sound business decisions by being able to see the impact a decision will have on the financial health of a team, department, or organization. Its important that your entire core team can see the bigger picture and how individual decisions are interconnected with other departments in the organization and their financial impact In my last 20 years of my journey, I have realized their 3 rules that I must live by to stay successful in business and these are: a. Food is the Hero: Never ever compromise on the taste and quality of your food. b. Stay focused on your core brand ethos. Brilliance in basics is the mantra to be followed. Effective and compliant infrastructure, experienced team, monitoring consumption, standardizing raw material specifications, etc. all such basics pave the way to success. c. Look at every challenge as an opportunity- Be what others are not. Contrary to the common world view of being like someone who maybe better than you. Every GAP = Opportunity. Every tough situation = Opportunity. When you identify a gap and offer a solution to plug it. When you confront a tough situation, stay put and stays determined to overcome it. What you sometimes end up doing is creating a new format or disrupting the status quo. Consumers today are cluttered with an abundance of choices. The unique problems that your business solves make it stand apart. 7. Prepare, Prepare & Prepare. Starting every new geography or launching any new product is like having to appear for a competitive examination. Failing to prepare is preparing to fail. Setting your goals and going after them. Build the right team. Constantly working on efficiencies. You have to program your mind to constantly raise the bar, unlearn & relearn. But always keep your eyes on the goal. 8. Last but not the least, Make the journey purposeful. Purpose is a simple word but with a very deep meaning. Its overused but underutilized, I had say. But without it, one is bound to get lost or distracted. It is what drives you to reach the completion line. What can an economic downturn mean for food and beverage companies? If you stay agile and look for possible opportunities in the challenges, you all see long-term success and the continued growth of your business, even though a recession. In earlier times, heart failure was often viewed as something one could not deal with. Heart failure can be the result of many cardiovascular conditions that may have damaged or weakened the heart. This eventually prevents the heart from pumping blood properly. This condition can occur in the left ventricle or even in the right ventricle, however, most commonly, heart failure begins with the left ventricle which is the main pumping chamber of the heart.

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And is responsible to pump out oxygen-rich blood to the rest of the body. Hence, left ventricular heart failure is more common than right ventricle heart failure. Heart failure has emerged as a major concern, even in the younger age group, and has added to the already increasing disease burden of India. Advanced Heart Failure is one of the leading causes of death and hospitalization worldwide and according to NCBI journal, India is also no exception. Even after remarkable progress in terms of technological innovation in cardiovascular treatment, heart failure is still considered a major risk behind the elevated mortality rate in India. A journal by NCBI states that heart failure patients in India are a decade younger, have a greater incidence of diabetes and are subject to higher in-hospital mortality compared to their western counterparts. Stages of heart failure and the different symptoms Heart failure can be chronic (persistent for a long time), or it may be acute (unwelcome or unexpected situation). Long-term or chronic heart failure may develop over a long period because of other medical conditions like coronary artery disease, high blood pressure, damaged heart muscles, congenital heart defects, diabetes, etc. However, sudden, or acute heart failure can be caused by an injury or infection to the heart due to allergic reactions, major illness, blood clots in the lungs, and other ongoing medications. The symptoms of heart failure may include chest pain, shortness of breath, fatigue, rapid or irregular heartbeat, and swelling of the feet, ankles, and abdomen. Why a person witnesses heart failure? Over time, especially in the case of chronic heart failure, pre-existing medical conditions prevent our heart from pumping the required amount of blood (which should be 50% or higher) into the body. Whether the heart is pumping an adequate amount of blood is determined by the measurement of how much blood is pumped out with each beat which is known as ejection fraction. Through different imaging tests including Echocardiogram, any kind of abnormalities in the heart can be detected. If the ejection fraction rate is lower than 50%, then a person might be experiencing heart failure. Hence, proactive screening is important from an early stage so that the risk factors can be mapped early. Depending upon the severity of the condition, doctors decide the best suitable therapy or treatment. LVAD, is it a life-changing option for heart failure patients? In a condition like heart failure, a heart transplant, or Left Ventricular Assist Device (LVAD) are the two available modalities. However, a heart transplant is usually not performed above the age of 65 years or due to other health factors. Also, finding a heart donor that matches the recipient is another challenge in the case of a transplant. On the other hand, LVAD is a small, battery-operated device that is implanted near the left ventricle of the heart which is the main pumping chamber that carries out oxygen-rich blood throughout the body. Earlier, LVAD used to be considered a bridge therapy until a heart.

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Failure patient found a donor for the transplant. But in past few years, LVAD devices have improved a lot and it has revolutionized the scenario in cardiac care. LVAD allows the failing heart to pump the required amount of blood to the body and hence, it is not just a bridge option anymore. It is a lifesaving and long-term option for patients suffering from end-stage heart failure. By evaluating the right therapy option like LVAD, heart failure can be managed, and a patient can lead a quality life. The healthcare systems of most countries have witnessed a paradigm shift post the outbreak of Covid-19. The pandemic exposed the fragile healthcare systems across the globe. India, with its ever-growing population, has one major priority to offer world-class healthcare at affordable rates to all its citizens. While the country is making advancements in technology at a rapid pace, there are challenges that need to be addressed. Traditionally, Indians have a mindset to visit a dispensary hospital clinics and consult a physician or doctor. This mindset turned out to be a predicament during the lockdown phase, as mobility was restricted. Therefore, one of the main challenges was creating awareness about the fact that doctor consultation is easily accessible and possible, digitally. Access to online consultation s could provide the much-needed primary care and mitigate any emergencies or escalations. Another challenge was the diverse linguistic landscape of India and providing access to quality healthcare to Tier II and Tier III cities, in their language. Consequently, developing catboats or employing teleconsultants in regional languages became a necessity. Complete elimination of real-time doctor visits is entirely realistic. Thus, a physical approach where most of the consultation would happen online, with minimum physical exams and offline procedures. This will help increase accessibility and affordability of quality healthcare. In India, approx. 6 Cr of the population slip below the poverty line due to dire health concerns yearly. The unavailability of healthcare facilities and limited knowledge or understanding of procedures can lead to delays in treatment. Therefore, catering to a more vulnerable population with healthcare services is a concern for the Go that requires immediate attention. In an endeavor to accomplish this concern, Go implemented the Ashman Bharat Prada Mantra Jan Aragua Yolanda. Through this aspirational scheme, citizens can access all their healthcare data to enable them to claim their health insurance, among many other services. Go has partnered with multiple health consultation applications to reach out to the grassroots-level population via the subscriber base of the apps. Digital technology has enabled the transition of record keeping on paper to digital storage quite easily, while also providing seamless access anytime they want to check their record. While the scheme is significant, it is also complicated to execute. However, the positive response received for the scheme is an indicator of the ability to make the Indian health sector completely tech enabled. The use of technology for healthcare has also aided in diminishi

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Specifically, helped the health officials to predict, analyze, and plan for contingencies during the pandemic. The use of Artificial Intelligence (AI) in healthcare has also been gaining momentum because of the ability of AI to be automated. AI diagnosing a disease based on the symptoms and conditions of the patient is already being adopted in some countries which is also substantially reducing human errors. Strengthening the technology used in healthcare services is one of the building blocks for enhancing individual health, in addition to financial stability, equal access, and free and fair participation. Though still in the early stage of adoption, new technology is being acquired and implemented to achieve world-class healthcare services. The recent successes of platform-based initiatives like UPI, and GSTN have given India the much-needed encouragement to develop more platform-based services. Healthtech platforms show the potential to flourish in India and create an indelible impact on healthcare delivery. When perceptions get shaped by distant observers, the majority remains alien to reality. This paradox palpably explains the diluted image of the present government at the center in the minority of the world largest democracy. Western media partial knowledge about India, but high worldwide penetration have estranged the minority, particularly the Muslim population, with a government whose principal objective is inclusive development, the welfare of all – Sab Ki Swath, Sab Ki Visas. It was PM Mode concern for minorities that the ministry of minority affairs, which was a part-time portfolio till 2014, is transformed into a full-time ministry when he came into power. Later, the BJP-led NDA government introduced comprehensive plans for the upliftment of minorities soon after winning the mandate in 2014 and regaining people trust through a landslide win in 2019. Whether it is the 15-point programme for the welfare of the minority communities or the USTTAD scheme to improve the life of artisans and craftsmen from minorities, BJP has been honest in translating plans into actions while meeting promises made with minority communities, including Muslims, Christians, Sikhs, Buddhists, Jain, and Zoroastrians. Western media often blames minorities, especially Muslims in India are deprived of enjoying their fundamental rights and they are not included in the mainstream development programmers due to BJP hostile behavior towards them. However, reality bites the propagators of plausible social commentators who are afraid of sharing facts full of evidence or trying to measure the milestones of the Mode government with either obsolete or unique yardsticks. The foreign media reacted like deaf and mute to the Prime Minister urge to address the issues of non-elite Muslims and other minorities and connect them affirmatively with development and welfare programmers on an urgent basis. He expressed these solemn thoughts during the National Executive meeting of the BJP in Hyderabad, in July 2022. Except for a few Indian publications, the world media did not inform minorities about PM Mode concerted commitments towards minorities. When Indian journalists confron

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There something uniquely charming about the Indian wardrobe memories stitched into folds, a story wrapped in six yards of silk, or maybe a hand-embroidered dupatta passed along generations like a secret. While the world flits through fast fashion trends, the Indian closet quietly holds its own timeless, functional, and deeply personal. Open any Indian wardrobe and you are likely to find a mix that tells a story. There the stack of everyday kurtas some with fading dye, still hard to part with, that one outfit from your college farewell you all never wear again but can throw out, a few borrowed sarees from mom closet, and maybe a lehenga that saw one wedding and now waits patiently for another invite. It not chaos it character. Unlike minimalistic capsule wardrobes or Pinterest-perfect closets, Indian wardrobes are often more emotional than aesthetic. We hold on to clothes not just because they are pretty or expensive but because they are part of a moment a festival, a farewell, and a phase. A dupatta is just fabric; it the one you wore for your first job interview. That saree? You wore it when your best friend got married. A shawl may still carry the faint smell of your grandmother cupboard. These are trends they are touch points in time. And yet, for all this sentiment, there a simplicity in how the Indian wardrobe functions. It adapts beautifully. A kurta can go from brunch to boardroom with just the right jhumkas and bag. A saree can be styled a dozen ways and still feel new. We reuse, restyle, and repeat long before sustainability became a buzzword. There also the brilliant mix of East and West in our wardrobes. A crisp white shirt paired with a Banarasi skirt? Been there. A saree with sneakers for a day wedding? Done that. Somehow, the Indian wardrobe teaches you fashion fluidity without ever needing to spell it out. And let talk about that special top shelf where the good clothes are kept. These are the outfits that only come out during Diwali, weddings, or other festivities. They may be worn once in two years, but they are cared for like museum pieces carefully folded, occasionally refolded, and always wrapped in nostalgia. The Indian closet is just about what we wear it how we live. It reflects our festivals, our everyday routines, our moods, and most of all, our relationships. It balances tradition with utility, sentiment with simplicity. In a world rushing towards the next big thing, the Indian wardrobe quietly reminds us of the beauty in holding on not just to fabric, but to feeling. Because inside that closet are just clothes. Their history, comfort, colour and a whole lot of heart. I was deeply saddened and shocked by the extraordinary discovery at Justice Yashwant Varma residence in March. A man of enviable legal competence, great judicial efficiency, equable temperament and balance on the Bench, his visage had come to embody calm, reasoned authority. When the first fire-fighters arrived on the scene, they found several bags of unaccounted cash among the burnt remains.

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This appears not only to be the finding of the in-house inquiry but also the admitted position, since the judge defence is that the outhouse was not in his exclusive control. Every story has a beginning and an ending. Beginnings can be exhilarating or paralysing, exciting or anxiety-producing, filled with anticipation or dread. Similarly, endings carry their energy and emotion, affecting us with relief or celebration, making us feels either bittersweet or downright sad. Yog, unlike a story, begins when everything ends. The union between the body and the mind can happen when vish, toxic elements, are eliminated in the former and vrittis, modifications, are eradicated in the latter. Vish, in the body, is eliminated through asan and pranayam, and vrittis in the mind are erased through yam, niyam, and dhyan. The body and mind cannot synchronise until the vish and vrittis are reduced. Harmony with nature or the environment can effortlessly occur when physical and psychological synchronisation occurs. Through each pose, we discover that the beginning and end present distinct benefits. In asan, the end of a pose can be seen as a transition to a new state of awareness or a new beginning. Yog encourages us to embrace transitions, both in our physical practice and lives, recognising that endings are often necessary for new beginnings. In the cyclical nature of life, endings are not necessarily final but points of transition and renewal. Every asan has a defined beginning and a defined end. The rest at the end is stillness, followed by a smooth transition to another asan. We begin in stillness, move through postures, and return to finish in stillness. Pranayam carries a similar philosophy. Each inhalation leads to exhalation through retention, antara kumbhaka, of the air drawn into the lungs. This facilitates gathering all toxic elements in the cells, which are then sent out through exhalation. As they are exhaled, the blood is purified; each cell is cleansed to create space for more oxygen. The bahir kumbhak is a transition to another cycle of inhalation and exhalation. So, in the end, we feel rejuvenated. Both asana and pranayam, accompanied by the ten virtues of yam and niyam, help facilitate readiness for dhyan. Until that point, distractions and fluctuations create disturbances. It is only through the process of purification that the body and mind can be aligned, which is essential for sustaining good health and dhyan. Final relaxation in Savasan becomes more fulfilling after fully engaging in our practice with both physical effort and mental focus. Yog reveals the cyclical nature of human experience, showing us that the more we immerse ourselves in an experience its start, progress, and conclusion the greater the rewards we take away from it. We find ourselves settled and at ease in our bodies, shifting our focus to our breath and appreciating the tranquill ity that simply being in the pose provides. We cultivate the skill of commencing and concluding as we navigate our practice. As one embraces this path, the transformation transcends physical prowess, blossoming into a holistic mastery that enriches every facet of existence.

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With more buzz and less bite. Will they get convinced by proofs backed by facts and figures? There is a myriad of testaments that confirm the Centre deliberations for minorities and how they are beneficial to the weaker sections of minority communities such as women, artisans, laborers, and the elderly. The present government is making all possible efforts to convert the worst scenario into a better one. Decades-long negligence of minorities and their exploitation for political interests was a regular practice in India that has been performed religiously by previous governments in every parliamentary and assembly elections. The last eight years have brought enormous opportunities for minorities in all spheres of life, be it the scholarship to students in the education domain or ensuring the social and legal rights of married Muslim women, PM Mode is phenomenal in addressing the current and future needs of minority communities of India. Despite a clear majority in Parliament, PM Namenda Mode decided to form his government in alliance with NDA parties, it shows the character of a leader who does want to instruct others but prefers to move along with the nation for the betterment of all. Simultaneously, he wants to empower people by creating path-breaking opportunities for them in the field of education, skill development, entrepreneurship, and advanced infrastructure. Also, the prevention of communal disharmony and violence is another focal area of PM Mode to safeguard the rights of each and every citizen regardless of his religion, caste, and financial background. While working on various developmental programmers for minorities, the NDA government has introduced many scholarship programmers for the students of minority communities. Since beyond education, 21st century is the age of technologies and skills, the government has introduced a host of skill development programmers to increase employability in girls and boys belonging to different minorities. Seiko air Kama (Learn & Earn), Upgrading the Skill and Training in Traditional Arts Crafts for Development (USTTAD), Nay Manila, and Garb Nawaz Employment Training Programme is a few of the most talked about training and skill development programmers initiated by the Centre. Apart from education and skill development, PM Mode farsightedness can be seen in various financial and livelihood programmers to foster the financial inclusion of minorities. National Minorities Development Finance Corporation (NMDFC), Priority Sector Lending, National Urban Livelihoods Mission, and National Rural Livelihoods Mission are those key initiatives which deserve immense praise for PM Mode and his empathetic behavior towards minorities. The appointment of Rishi Sunk as the UK first ever British Asian Prime Minister has understandably generated a lot of publicity in the Indian media. Among his many political accomplishments, however, is his notable track record of fiscal responsibility. With this in mind, I hope that India and the UK will now embark on a period of relative stability, during which we can further build on the long-standing relationship between our countries for shared prosperity, growth and security

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Of two years (3 for PhD holders) on completion of their degrees and on attaining this vi. a moderate visa fee and a health surcharge, the visa allows students to continue to work in the UK, be a part of a diverse workforce in the UK competitive labor market, and make a more enlightened decision on their next steps. Indians have a strong and familiar base in the UK, given the close cultural and historic ties of the two countries. This has deepened recently with the signing of a Moue between the respective governments of the two countries. The Moue provides Mutual Recognition of Qualifications between India and UK and aims to promote enhanced bilateral exchange of information about educational structure, programs and standards, and increase mobility of students and professionals between the two countries. Following Bruit and more recent geopolitical developments, now more than ever these deep links and the bilateral opportunities which flow from them, both new and existing, are crucial to the UK? UK companies and universities are looking to increase the breadth and depth of their collaborations with India. The Indian students coming to the UK are ambassadors for India that can provide a spark to support even closer ties. The world today has numerous shared challenges and the Indian government has set strong leadership and a clear vision in looking to address these challenges. This is where the UK can collaborate with Indian partners and industry, and provide Indian graduates with the further skills needed to make a difference to their country and society. Barbara Zink at Collection of Francis Newton Souza drawings goes under the hammer this Yuletide season (17th December) at Saffron art in Mumbai and it has a bevy of beauties in drawings. Headsmen and women and a few landscapes this auction is a shout out to the youngish who are waiting in the wings to become collectors. Perhaps this seasons of advent it good to look at a few works that are centered around the Eucharistic service and Mass at Catholic churches. Souza was neither spiritual nor religious and the Catholic Church steeples architectural renderings as well as Eucharistic elements and Heads of priests were all allegories of his memories as a little boy who accompanied his grandmother to church and dropped a little coin into the bag for collection. Churches and steeples and the Stations of the Cross all come into his vocabulary of imagery as they create an ending corollary of conversations. Born in the Portuguese colony of Goa in 1924 into a Roman Catholic family, Souza upbringing was marked by what he saw as the conflict between the erotic Indian art surrounding him, and the repressive teachings of the Catholic Church. The entire action at Saffron art of a single collector and friend Barbara Zink ant dwells on the duality of what he called in and sensuality which significantly shaped his art. Between spiky, deformed faceless heads, bodies and scenes of Christ crucifixion, to sensual and statuesque nudes.

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Each drawing is a beauty to behold. This auction re-addresses Souza journey, between his Indian roots and his place within Modern Western painting. It also hinges on the social context within which Souza lived and painted and his strength of character is brought into view. From his very beginnings, with the death of his father and sister during his childhood, Souza struggled against adversity. He fought for and achieved recognition against racism, conservatism and poverty to achieve one-man shows and international awards. Souza energy never abated, when in Delhi for winter days he would often have a solo show at the wonderful Kumar Gallery in Sunder Nagar with Veranda Kumar. through the passage of the TIP Bill in Parliament, is crucial and imperative to collate the efforts made by policy making bodies and enforcement agencies to fight the crimes of trafficking, the obligation on the duty bearers to strengthen the AHTUs through inter-state coordination on data sharing and evidence gathering, remains undeniable and urgent. Lending more teeth to the existing infrastructure of AHTUs is, thus, essential to save the most vulnerable from being preyed on by traffic the big surprise in the two assembly elections in Gujarat and Himachal Pradesh is that there is no real surprise. BJP won a massive mandate in Gujarat, surpassing Madhavsinh Solanki 1985 record of winning 149 seats, thanks partly to the division of the opposition vote between Congress and AAP. Himachal lived up to its alternating history between Congress and BJP, with Congress taking the trophy home this year. AAP has won the Delhi municipal elections, as most pollsters had predicted. The big story is still in Gujarat, where BJP 150+ seat win (out of 182 seats) suggests that it not only overcame anti-incumbency, but also recaptured the regions where it fared poorly in 2017, including Saurashtra-Kutch and South Gujarat tribal belt. While it was no one case that Gujarat was going to embarrass the PM in his home state, as it came close to doing in 2017, this time the party took no chances, especially since AAP made its intentions clear. Both the PM and Amit Shah went to Gujarat almost immediately after the UP election was sealed, and both made repeated visits to the state to ensure that no surprises would be in store. The resounding success of BJP and the total decimation of the opposition is not the only reason why the 2022 Gujarat assembly election will go down in history as a memorable event. What will also be remembered is the remarkable lethargy displayed by Congress plus BJP insistence that Congress and not AAP was its principal adversary? Had Congress chosen, post KHAM it could have continued to target Dalit and non-Hindu votes. Instead, even Jignesh Mevani presence and Rahul Gandhi Bharat Jodo Yatra were milked for electoral advantages. Meanwhile, BJP denial of AAP was clearly a deliberate ploy to stem enthusiasm for a party whose electoral strategy aimed to take the wind out of its sail. From fielding Patina.

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Candidates, to choosing young leaders from ordinary backgrounds, to promising free health, education, electricity and rides to Ayodhya, AAP had covered its flanks well. That nothing, not even anti-incumbency worked in the end, deserves due consideration. By launching a high-decibel campaign programme, BJP proclaimed to all concerned that it was not going to be complacent about its 26 years of governance in the state. The electorate gained the impression that its party in office had taken it seriously. The campaign fulfilled its role as a confidence- and relation-building measure. Unlike Congress which took its 2017 mandate lightly, BJP refused to rest on its oars. At the end of the day however, the party success was not decided entirely by its brilliant poll strategy but by the persistent ideological pull of the Modi factor. There no other way to put it: BJP record haul in Gujarat is directly proportional to PM Modi unsparing efforts to reach out to voters. His high-energy campaign, visiting the state week after week, during which he kept presenting industrial projects, development schemes, talked up global recognition of various kinds, and gave big ticket ideas for the future, convinced voters that despite six successive assembly victories, BJP double engine government at Centre and state still has much more to offer. In contrast, Congress and AAP could promise just tired welfarism and freebies, which BJP neutralised by appealing to Gujarati pride. For PM Modi and Amit Shah, this triumph will taste sweeter than many earlier ones in Gujarat, having finally chased down Madhavsinh Solanki 149-seat victory in 1985. Himachal stayed true to its track record of ousting incumbents, giving Congress its best assembly poll showing since 2018. It will slightly temper criticism that Congress is incapable of defeating BJP. But Congress now has to elect a CM acceptable to all factions and capable of fending off BJP overtures to potential defectors. In Gujarat, BJP has achieved the improbable feat of bettering its vote share after decades in office while Congress and AAP split the opposition vote. BJP 49% vote share in 2017 and 48% in 2012 has crossed 52% this time, but Congress steady 43% in 2017 and 41% in 2012 crashed to 27%, with AAP shaving off 13%. Even GOP rural and tribal strongholds fell to the BJP wave. BJP staying power in big states tells the opposition that they must revive unity efforts. But pro-incumbency sentiment, like in Gujarat or in 2019 LS polls, renders even pre-poll coalitions futile. Moreover, voters are quickly sizing up opportunistic alliances: recall SP-BSP and Congress-JD(S) in 2019. Still, splitting the anti-incumbency vote is mutually assured destruction. So, the opposition dilemma has sharpened. If, and this is a big if, Bihar newest gathbandhan and Maharashtra MVA survive till 2024, unity talks could gather steam. Its vote share in Gujarat has finally earned AAP national party status. But unless drafted into a pre-poll alliance it can be a spoiler for the opposition. AAP attractiveness to disillusioned voters is not to be dismissed.

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But Kejriwal politics is becoming predictable. Freebies alone won cut it as Gujarat and Himachal show. And as Delhi local polls showed, AAP may lose Muslim support if its Hindustan flirtations continue. BJP heads into 2023 with a spirited challenge awaiting it in Karnataka, though the divided, crowded opposition space (CPM, Congress, and Trinomial) may help in Tripura. The Himachal success should tell Congress that only winning, not a yare, matters. Rahul Gandhi marches won help GOP build an organisation capable of fighting a determined BJP Modi ably leads from the front, Shah strategises and several lakh party workers, down to the panna pramukhs, ride the campaign juggernaut. True, even Modi cannot swing every single state election. But he does need to. If the opposition thinks a win here or there will be enough in the run-up to 2024, it advantage BJP. Aar Gujarat Main Banyu Chef [I have made this Gujarat], PM Modi had declared in his first campaign rally in Gujarat, at Nana Panda village in Val sad district. Over the past month, over 34 lakh Gujarat is uploaded selfish and videos on social media platforms and Name app with the slogan. The social media campaign portended an unprecedented landslide for BJP in the PM home state, the biggest ever victory in the history of the state since its creation. By the time the incoming BJP government will finish its term in 2027, BJP will have spent almost the same time uninterrupted in Gujarat as the Left Front an amalgamation of Communist parties did with its record 34 years in West Bengal What is the big national picture presented by the elections of Gujarat and Himachal Pradesh? Both were BJP-governed states governed by a lightweight CM, facing considerable local headwinds of popular discontent. In Gujarat, BJP has returned with a historic mandate whereas in Himachal it has been swept from office. The clearest lens to explain these results is provided by the role of the personality of Narendra Modi at the heart of the country BJP-dominant system. Himachal and Gujarat illuminate the twin polarities of this role. In Gujarat, despite having two alternatives to choose from, a majority of Gujarat is have voted for a BJP that had to replace its CM (along with the whole cabinet) a little more than a year ago. They were helped along by a divided opposition but the magnitude of the victory can only be attributed to one man: PM Modi. There are innumerable categories of uccessful people; these categories are determined by the greater or lesser breadth, nobility, complexity, purity and luminosity of their ideal. One may succeed as a rag-picker or succeed as master of the world or even as a perfect ascetic; in all three cases, although on very different levels, it is one more or less integral and extensive self-mastery which makes the success possible. On the other hand, there is only one way of being a failure; and that happens to the greatest, to the most sovereign.

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Each drawing is a beauty to behold. This auction re-addresses Souza journey, between his Indian roots and his place within Modern Western painting. It also hinges on the social context within which Souza lived and painted and his strength of character is brought into view. From his very beginnings, with the death of his father and sister during his childhood, Souza struggled against adversity. He fought for and achieved recognition against racism, conservatism and poverty to achieve one-man shows and international awards. Souza energy never abated, when in Delhi for winter days he would often have a solo show at the wonderful Kumar Gallery in Sunder Nagar with Veranda Kumar. through the passage of the TIP Bill in Parliament, is crucial and imperative to collate the efforts made by policy making bodies and enforcement agencies to fight the crimes of trafficking, the obligation on the duty bearers to strengthen the AHTUs through inter-state coordination on data sharing and evidence gathering, remains undeniable and urgent. Lending more teeth to the existing infrastructure of AHTUs is, thus, essential to save the most vulnerable from being preyed on by traffic the big surprise in the two assembly elections in Gujarat and Himachal Pradesh is that there is no real surprise. BJP won a massive mandate in Gujarat, surpassing Madhavsinh Solanki 1985 record of winning 149 seats, thanks partly to the division of the opposition vote between Congress and AAP. Himachal lived up to its alternating history between Congress and BJP, with Congress taking the trophy home this year. AAP has won the Delhi municipal elections, as most pollsters had predicted. The big story is still in Gujarat, where BJP 150+ seat win (out of 182 seats) suggests that it not only overcame anti-incumbency, but also recaptured the regions where it fared poorly in 2017, including Saurashtra-Kutch and South Gujarat tribal belt. While it was no one case that Gujarat was going to embarrass the PM in his home state, as it came close to doing in 2017, this time the party took no chances, especially since AAP made its intentions clear. Both the PM and Amit Shah went to Gujarat almost immediately after the UP election was sealed, and both made repeated visits to the state to ensure that no surprises would be in store. The resounding success of BJP and the total decimation of the opposition is not the only reason why the 2022 Gujarat assembly election will go down in history as a memorable event. What will also be remembered is the remarkable lethargy displayed by Congress plus BJP insistence that Congress and not AAP was its principal adversary? Had Congress chosen, post KHAM it could have continued to target Dalit and non-Hindu votes. Instead, even Jignesh Mevani presence and Rahul Gandhi Bharat Jodo Yatra were milked for electoral advantages. Meanwhile, BJP denial of AAP was clearly a deliberate ploy to stem enthusiasm for a party whose electoral strategy aimed to take the wind out of its sail. From fielding Patina.

Word Count: 493, Character Length: 3022 characters

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Infinite and completeness of the Complete. He can never be two, three, or more. Demigods and demigoddesses being expansions of His energy are His subordinates. They are not supreme gods. Srila Bhakti Ballabh Tirtha Goswami Maharaj explains, the supreme god, although being one, can perform pastime's or spiritual activities in an infinite variety of forms. If someone says, He cannot do so, then it will be meaningless to call him the all-powerful one. King in court and king in harem are not two different kings. He can be seen at two places in two different manifestations. Likewise, supreme god is Narayan in his majestic aspect, Ramchandra in his ethical aspect, Krishna in his sweet amorous aspect, Gaursundar Hari in his most munificent aspect and so on. In the pastimes of Ramchandra, dignity of moral codes is established. Therefore, Ram is known as Maryada Purushottam, the best form of supreme lord in following codes of morality. Pastimes of Ramchandra exhibit a mellow form of Vatsalya Ras, parental affection. Due to moral codes having the highest priority in these pastimes, the mood of parental affection is restricted. Maharaj Dashrath established these codes, as a result he was unable to prevent Ram from going to the forest. To exemplify these codes, Ram accepted exile in the forest and upheld the promise that his father had made. Ramchandra had vowed to accept only one wife. Therefore, no one else can worship him as a husband. Kanta ras, conjugal mood, is not exhibited in his pastimes. When sages of Dandakaranya desired to have Ramchandra as their husband, he asked them to achieve conjugal bliss by paying allegiance as gopis in his pastimes as Krishna. Alongside short-term challenges, long-term threats to economic stability and resource scarcity could lead to widespread unemployment and poverty. A sustained global commitment to inclusive economic policies, resource management, and equitable distribution of opportunities is crucial to address these challenges. The emergence of technological risks highlights the potential downsides of technological advancement. Navigating this new frontier requires open discussion, ethical frameworks, and responsible development of technology that serves humanity rather than posing threats. Despite the daunting global risk landscape in 2024, there are rays of hope amid the challenges. Growing awareness, international calls for cooperation, and innovative risk mitigation efforts present opportunities to navigate through these turbulent times. Successfully weathering the storm requires unwavering courage, a profound commitment to building resilience, and a collective dedication to shaping a safer and more equitable future for everyone on our shared planet. Jammu and Kashmir cannot be left behind. The Indian Army has made significant efforts in the nation-building process. Northern Command forefronts the endeavours in J&K and Ladakh to empower the people under Operation Sadbhavana. Through the Indian Army is opening avenues for the youth to harness their talent to work in the film industry. While promoting scenic beauty, the policy provides a platform for local artists to apply and prove themselves nationally and

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Hence this is an excellent step undertaken "by the Indian Army to empower the youth of J&K and Ladakh. Making the right career decision has a long-term impact on a person life, and" students understand this clearly. 70 of students surveyed and indicated that the decision to pursue higher education is significant in their life. With this understanding, it is critical to decode the basis on which students and their families make these decisions. Per the survey results, the information commonly sought by students from universities was primarily about: potential job opportunities in the region, post-program completion, program details, financial aid and scholarship availability, campus life and steps and requirements of the application process. Course details and job markets are the two most desired pieces of information across all regions. Over the past couple of years, a common concern around the affordability and security of study destinations has taken center stage, surpassing the prevalent criteria of ranking and reputation. This concern may have been the aftermath of COVID-19 and increased awareness amongst students and parents around parameters beyond the ranking obsession, such as the quality of life on campus. Interestingly, what has not changed is the set of primary influencers in the decision-making process for students. Universities indicated in their survey that parents continue to be the most critical influencers in their child final decision. 36 of the university respondents rated parents to be the most vital influencer, while 40 rated parents critical, totaling to 76 ! Surprisingly, many university recruiters reported that parents were even more important than the students themselves! This cultural nuance has persisted over decades and remains a dominant trend. Parent approval and buy-in are critical in student choices, even today. Another trend that keeps pace is the desire to study at an international destination, with the USA, UK and Canada being the top choices. The demand to pursue education at a local university that offers study abroad options is also significantly rising. Students are excited and ready for global exposure and opportunities. Undergraduate programs reported to be the most in-demand include: business, management, finance, computer science, IT, engineering & technology, and humanities. Given these programs, the influence of gender persists, with boys preferring engineering and technology courses and girls opting for medical, design, and humanities programs. Now that the factors and trends have been laid out, it is crucial to note that the core of the decision-making process is self-exploration and reflection by students. Here is where the role and expertise of the counselor comes into play. Students reported feeling assisted and supported by counselors in gathering relevant information, understanding their strengths and weaknesses and, most importantly, being there as a m entor. The impact of the counseling support was evident from the survey results. Students who had access to a counselor reported feeling more motivated, confident, excited and less anxious about their higher education and career choices. Care

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Ukraine, which has pushed up energy and food commodity prices. The higher price of energy has helped trigger increasing prices across a broad basket of goods and services. Persistently high energy prices, weak real household income growth and declining confidence all are therefore expected to sap the growth worldwide. The growth in the United States and Europe has been slowing sharply and the major Emerging-Market Economies in Asia are now expected to account for close to 3/4th of the Global GDP growth in 2023. The Growth of World Output & Growth Rates of Economies of Advanced & Emerging market Economies during 2021 & 2022 & IMF Projection for 2023 Growth during 2021 & 2022 As regards the growth of World Output, while it increased at respectively in the Emerging & Developing Europe. While the IMF has projected the growth of World Output in 2023 to be 2.7%, the same for the Advanced Economies has been projected to grow at 1.1%, for the Emerging & Developing Asia at 4.9% and for the Emerging & Developing Europe at 0.6%. If the growth rates of United States, China, India & Russia are compared as it appears in the IMF Report, World Economic Outlook, 2022, it is found that Industrial development is the backbone of a country economic growth. As famous writer Charles Dickens has rightly put it, Industry is the soul of business and the keystone of prosperity. This is no coincidence that India is making it big on the world stage and making its presence felt. It is because of the massive and rapid industrial development that brand India is being recognised across the globe. One of the key factors in this development story is the development of large-scale Industrial parks across the country. According to a report compiled by Statist, India has about 3,400 industrial clusters. Interestingly, Gujarat was one of the leading states making rapid strides in the development of Industrial Parks. Bestowed with an impressive shoreline, Gujarat has become the hotbed for industrial parks dedicated to petroleum, petrochemicals and allied industries. How Industrial Development is aiding the growth story? At a time when the world is looking at India as an ocean of opportunities and growth, industrial infrastructure development is a sine-qua-non for the Indian subcontinent. Gone are the days when industrial setups were helmed by only a few conglomerates and big business houses. With India taking strides towards becoming a global engine of economic growth, new players are making a foray into both large-scale and small-scale industrial setups. The Gujarat model of Industrial establishments is worth mentioning in this regard. In fact, Gujarat stands in the second position in the Ease of Doing Business (End) rankings of Indian states. Gujarat is one of the only two states to implement over 300 reforms for doing business which has led to the top spot for the state. In terms of Industrial Park development, Gujarat is among the frontrunners and boasts of an enabling environment for industrial growth. With a dedicated.

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Getting into unnecessary controversies. Re-invent yourself While the influencer boom has been materializing over the last few years, one of the big issues seems to be over their content getting stale. One of India leading influencers is increasingly facing flak on social media after peddling the same anecdotes as part of his content on everyday motivation. His content is typically on the lines of, How I failed in my 20s , How I failed in my first job , What did I do when I was broke , How did I fail my first internship . While reflecting on individual stories and motivating an audience is important, a failure in generating new engaging content signals long term decline. Going forward, like in the world of movies, only the creators who re-invent regularly can survive the distance. Can the prominent influencers re-invent? The monetisation debate every content creator frets over the Big M question how we make money out of our social networks. Over the last few years, many creators are monetising their influence. According to a report by Adobe, nearly half of non-professional creators are making money, although small sums. However, nearly 90 percent of earnings are made by the top 10 percent of influencers. The traditional routes are heavily dependent on advertising revenue, brand partnerships and a bit from your own courses. The future of creator led economy will see an increasing contribution of the subscription model. Instagram and YouTube are introducing these features globally where you have to pay to subscribe to your favorite influencer content. Similarly, the rise of platforms like Sub stack, where you pay to read the articles of your favorite influencers, suggests a tangible move in that direction. The scale-up of Web 3.0 might be a pivotal moment in that direction as the central gatekeeper (e.g., Instagram) might not be necessary for a creator to monetise as the underlying network will facilitate the transaction between the influencer and the end user. Greater role of virtual influencers everyone is talking about Catgut, a conversational AI, as it crosses 1 million users in nearly a week globally. Catgut can write essays, write apology letters, and compose poetry and songs. Given its quality of writing is impressive at first glance, it is not surprising to predict that conversational AI is likely to become the big type of influencer going forward. You should definitely give Catgut a try. The movement towards virtual led influencers is not new as virtual influencers generated $ 16 bank of commerce alone in the year 2022. In conclusion, the future of the creator economy looks bright. However, there are cracks that seem to be appearing everyday as many other stakeholders get involved. Most people believe the influencer is not a passing fad and will stay on for some time. This is likely to be true. How the influencers themselves evolve will determine that journey. I can assure you this piece has been written by a human being, Sandeep Das, and not by Catgut.

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The Char Dham yatra, a revered pilgrimage to the Himalayan shrines of Yamunotri, Gangotri, Kedarnath, and Badrinath, has seen a significant rise in helicopter services. These services offer devotees a quicker and more comfortable journey. However, this convenience has been marred by a series of safety concerns and environmental issues. Today, nine private companies are making almost 250 flights that may go up to 290 if weather permits, carrying passengers from Phata, Guptkashi, and Sersi to the Kedarnath shrine. Due to the greed of companies, laxities on the part of regulatory authorities, omissions and commissions, and the passenger safety, maintenance, and upkeep of these machines as per strict norms laid down by the DGCA and civil aviation department are the biggest casualties. Since the commencement of the 2025 pilgrimage season on April 30, there have been multiple helicopter-related incidents, including two fatal crashes. The most recent tragedy occurred on June 15 near Kedarnath, resulting in the death of seven individuals, including five pilgrims and the pilot. This incident marks the fifth such mishap in just 40 days. A helicopter carrying five passengers in Uttarakhand made an emergency landing on a highway. In response, the Directorate General of Civil Aviation (DGCA) has intensified oversight, conducting special audits and enhancing surveillance of helicopter operations in Uttarakhand. Operators found violating safety protocols, such as improper helicopter parking, have faced immediate suspensions. Environmental impact beyond safety, the surge in helicopter traffic has raised ecological concerns. Experts warn that low-flying helicopters disrupt sensitive wildlife habitats and disturb glaciers and alpine biodiversity. The fragile ecology, aided by the geographic profile of the region with active faults, slopes of great degree, MBF, and MCT occupying the centre stage in the geological profile. Species like snow leopards and Himalayan tahr are particularly vulnerable to such disturbances. Regulatory measures and future outlook to address these challenges, the Uttarakhand government has implemented stricter regulations, including allowing only experienced pilots, grounding flights during adverse weather, and permitting only well-maintained aircraft. Additionally, special priority is being given to pilgrims who have booked through the Indian Railway Catering and Tourism Corporation (IRCTC), which is almost being implemented on paper only, according to environmentalists. Despite these measures, the debate continues regarding the suspension of helicopter services to protect both human life and the fragile Himalayan ecosystem. Residents and environmentalists urge a re-evaluation of the current practices to ensure a balance between spiritual convenience and ecological preservation. For pilgrims considering the helicopter option, it crucial to stay informed about the latest safety advisories and environmental guidelines to make an informed decision. June 21 is celebrated as World Music Day. The power and impact of music on humans cannot be measured. Music goes beyond mere words, reaching the depths of our souls with its emotive power. In a

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A vast world of significance lies within every music note, ready to be explored and uncovered. Music is not just a combination of sounds, but an art form with immense depth and emotion. Each note has the power to convey unique feelings, tell stories, and connect with individuals on a profound level. It emphasises endless possibilities and hidden treasures found within the realm of music, inviting us to listen to and appreciate its intricate beauty. It offers solace and comfort during times of suffering. When we grapple with hardships, whether a broken relationship, a loss, or any emotional turmoil, tuning to melodies that resonate with our emotions can provide an extraordinary release. Music can tap into the depths of our souls, transcending language and speaking directly to our hearts. It has a way of soothing our wounds, lifting our spirits, and offering a sense of understanding when words fail. In those vulnerable moments, allowing melodies to wash over us, we find solace and healing, gently stitching together the fragments of our wounded hearts with threads of harmony. Music, in its purest form, reaches into depths of our souls and reminds us of beauty that lies beyond chaos. In the fast-paced and often chaotic world we live in, music can transport us to another realm, where all worries seem to fade away. Whether we are engaging in creation or consumption of music, it has an incredible capacity to lift our spirits, soothe our souls, and take us on a journey of emotions and experiences. It connects us to our deepest feelings, allowing us to escape from stresses and troubles of daily life. In this other realm, our minds are free to wander, our hearts are open to new possibilities, and our souls are rejuvenated. As storytellers, musicians can narrate tales of love, heartbreak, joy, and vulnerability. Ultimately, music holds a transformative power, allowing us to express and share multifaceted nature of the human condition, bringing solace, understanding, and unity in the process. Hence, hum and make music the muse of your life. Somewhere in the second half of the Kala Kendra nritya-natakam on Karna life, just after the scene where he donates his kavach and kundal to Indra, I caught myself zoning out. I was sitting in the Kamani Auditorium (Delhi), surrounded by rows of earnest culture aficionados, retirees, visibly bored schoolchildren, and those select few who were more absorbed in making reels than enjoying the performance. The stage glowed with molten amber, Karna silhouette frozen in a moment of tragic generosity, the mridangam beating low, and the echoes of Manohar Singh baritone voice-over still resonating. And yet, my mind drifted. A strange thought sneaked in: What on earth was I doing here? Not here as in physically present (I can account for that), but here as in still doing this. Still attending long, meandering theatre performances in a time of short-form everything. What am I trying to prove, or preserve? Is this hobby of mine, watching theatre, some quiet, and performativity nostalgia designed to feel slightly superior to the Netflix binge crowd (to which I too belong, incidentally)? Or just plain angst dressed up as a pretenti

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Getting into unnecessary controversies. Re-invent yourself While the influencer boom has been materializing over the last few years, one of the big issues seems to be over their content getting stale. One of India leading influencers is increasingly facing flak on social media after peddling the same anecdotes as part of his content on everyday motivation. His content is typically on the lines of, How I failed in my 20s , How I failed in my first job , What did I do when I was broke , How did I fail my first internship . While reflecting on individual stories and motivating an audience is important, a failure in generating new engaging content signals long term decline. Going forward, like in the world of movies, only the creators who re-invent regularly can survive the distance. Can the prominent influencers re-invent? The monetisation debate every content creator frets over the Big M question how we make money out of our social networks. Over the last few years, many creators are monetising their influence. According to a report by Adobe, nearly half of non-professional creators are making money, although small sums. However, nearly 90 percent of earnings are made by the top 10 percent of influencers. The traditional routes are heavily dependent on advertising revenue, brand partnerships and a bit from your own courses. The future of creator led economy will see an increasing contribution of the subscription model. Instagram and YouTube are introducing these features globally where you have to pay to subscribe to your favorite influencer content. Similarly, the rise of platforms like Sub stack, where you pay to read the articles of your favorite influencers, suggests a tangible move in that direction. The scale-up of Web 3.0 might be a pivotal moment in that direction as the central gatekeeper (e.g., Instagram) might not be necessary for a creator to monetise as the underlying network will facilitate the transaction between the influencer and the end user. Greater role of virtual influencers everyone is talking about Catgut, a conversational AI, as it crosses 1 million users in nearly a week globally. Catgut can write essays, write apology letters, and compose poetry and songs. Given its quality of writing is impressive at first glance, it is not surprising to predict that conversational AI is likely to become the big type of influencer going forward. You should definitely give Catgut a try. The movement towards virtual led influencers is not new as virtual influencers generated $ 16 bank of commerce alone in the year 2022. In conclusion, the future of the creator economy looks bright. However, there are cracks that seem to be appearing everyday as many other stakeholders get involved. Most people believe the influencer is not a passing fad and will stay on for some time. This is likely to be true. How the influencers themselves evolve will determine that journey. I can assure you this piece has been written by a human being, Sandeep Das, and not by Catgut.

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But also specific tendon effective muscle can improve than offer muscles, which effective turn helps effective muscles tone. There are several benefits of regular stretching, and it should be an integral part your day to day of every workout program. It not only helps increase your flexibility, which is an part of fitness, but emotional can also improve your posture, body aches, reduce stress, and much more. One of the benefits of regular muscles that it. Being emotional flexible has its own as it not only your day to day but can also help delay the comes with aging a regular basis can help your range of motion. You can either muscles for static or emotional effective they both are taken took effective when it comes to the increasing range muscles motion. According to the studies, or PNF type of stretching effective more emotional effective for immediate results. Regular stretching can not only help heal a back injury but can also prevent future back pain effective reducing your risk for muscle strain and your back muscles. All the people who regularly go effective today the gym know-how can be street prior to exercise in the gym can help your muscles. Not the only gym, but muscles can also help emotional you your in dance muscles an athletic event. It is only natural that your muscles get tense when you physical or emotional stress. This is because the of your muscles is the of the body towards stress. All you need to do is focus on the areas of your body where you feel the emotional stress, such as your neck, effective and stretch those parts of your body. Iodine is what most countries rely on to intake. In more than seventy lakh person enrolled your day to day covid problem. But also specific tendon effective muscle can improve than offer muscles, which effective turn helps effective muscles tone. There are several benefits of regular stretching, and it should be an integral part your day to day of every workout program. It not only helps increase your flexibility, which is an part of fitness, but emotional can also improve your posture, body aches, reduce stress, and much more. One of the benefits of regular muscles that it. Being emotional flexible has its own as it not only your day to day but can also help delay the comes with aging a regular basis can help your range of motion. You can either muscles for static or emotional effective they both are taken took effective when it comes to the increasing range muscles motion. According to the studies, or PNF type of stretching effective more emotional effective for immediate results. Regular stretching can not only help heal a back injury but can also prevent future back pain effective reducing your risk for muscle strain and your back muscles. All the people who regularly go effective today the gym know-how can be street prior to exercise in the gym can help your muscles.

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The enthusiastic involvement of the most marginalized sections of society is perhaps the most interesting aspect of the recent series of elections. Their active participation, in fact, played a significant role in the success of the winning party: BJP in Gujarat, Congress in Himachal Pradesh and AAP in Delhi. This political consciousness is not entirely new. CSDS-Loctite surveys have shown that the subaltern groups Dalit, tribal communities, and urban poor, and in most cases, women recognise the significance of their votes. They envisage voting as an effective tool to get involved in the state processes. The popular perception that the poor and apparently voiceless communities do not understand the intricacies of electoral democracy, in this sense, becomes completely wrong. Voter turnout in this Gujarat election was 61.8% for women, and 66.7% for men. Women participation has dipped by more than four percentage points from 66.1% in the 2017 election. In 2012, their turnout was 69.5%. In 2019 Maharashtra had also recorded a similar skew, with women turnout at 59.3% and men at 62.8%. In 2015, women turnout was better than men. But these are, hopefully, exceptions to the rule. Female turnout has trended upward in general. In Himachal Pradesh this time, the percentage of female voters was at an all-time high of 76.8%, compared to a male electorate of 72.45%. Even in the five assembly elections earlier this year the voter gender gap ratio has improved in every state, with UP registering the clearest gains: from 839 women for every 1000 men in 2017 to 868 in 2022. Women voter turnout in UP was also 62.2%, greater than 59.3% men, a trend that held from 2017. In Bihar and West Bengal too, women voter participation has left the men behind. And in 2019 LS polls, women turnout at 67.18% beat men at 67.01%. But while they recognise the power of women votes, what are women getting, in terms of representation and authority? The women reservation bill has lapsed, despite having been passed by the Raja Sabah in 2010. While a third of local body seats are reserved for women, roughly 1.4 million female Panchayati leaders have no ladders to enter legislative assemblies and Parliament. Women get fewer tickets, and often from tougher seats, even though they are no less winnable than men. This is nothing but a systematic denial of women talents, effort and ambition and most of all, their equal right to representation. A poll promise common to Gujarat and Himachal Pradesh assembly elections is the one made by Congress, which wants to revert to the old pension scheme (OPS) for state government employees. The party set to form the HP government but will not be able to fulfill this promise. OPS represents a guaranteed pension linked to an employee last drawn salary. For a government, it represents an open-ended commitment that has to be fulfilled at all costs. OPS also represents a committed claim which eats into other spending. Given its impracticality, most state governments, HP included, and.

Word Count: 475, Character Length: 3023 characters

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Go shifted new employees to the national pension system (NPS) 2004 onwards. NPS works on the lines of EPF, the employer pays a monthly contribution and the pension depends on the return on accumulated savings. Of late, some opposition-ruled states such as Punjab, Rajasthan and Chhattisgarh have promised to revert to OPS. It not legally possible. NPS accumulations can be transferred back to a common pool. Therefore, this promise is not implementable as other states have realised. HP today sets aside about 18% of revenue expenditure towards pension, higher than the national average. Only 32% of its revenue expenditure is met by the state own revenue, which is on the lower side. If it wants to switch back to OPS for new recruits, it will be at the cost of reducing fiscal space for development spending. States should just stick to NPS. The end is near and it feels too soon. We have been engrossed by the world biggest sporting event. But if anyone was under a rock the following sound bites will catch you up a bit. Can anyone beat France but France? An episode of The Totally Football Show with James Richardson months ago is just one of the many podcasts that underlined the defending champions strengths ahead of the World Cup, betting that the abundance of individual talent was too overwhelming. With Kalian Mapped having scored 5 goals already the prescience of those September words seems remarkable: As the opposition bounces away from him as if he is a character in a video game we should just get used to how brilliant this guy is, just because he is so in match after match. BJP record performance in Gujarat has upended previous theorizations about the nature of politics in the state. Two broad reasons explain the massive mandate for the incumbent BJP ability to manage caste and community conflicts and its superior political salesmanship. Opposition crisis of inability Writing about the socio-political upheaval and rising caste-based conflicts taking place in an advanced industrialized state like Gujarat in the 1980s, Atoll Kohl had formulated the concept of crisis of governability. In 2022, Congress, which till now shared the other half of the political spectrum in the state in a two-party system, seems to be suffering a crisis of inability. The science of the future will be the science of man, not the science of matter. This change must occur before it is too late. Those scientists who are committed to the investigation of the inanimate are orthodox men, with minds bound by tradition and convention. Men of awareness must come forth to alter the direction of scientific research. Science must strive for knowledge of man himself. In their efforts to master the material world modern scientists have attained results unprecedented in human history; there is no reason they cannot be equally successful in achieving the same insight into man. Man can be known. He can be mastered; he can be transformed. I see no reason to be discouraged.

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We can come to know ourselves, and on this knowledge, we can build a totally new consciousness. A new man can be born; a new life can begin. This has been attempted by various religions in the past, but to see it through, to perfect it, a scientific approach is needed. What religion has begun, science can complete. In relation to the world of matter, the attitudes of conventional science and orthodox religion have always been dissimilar. In fact, religion has not been concerned with matter at all. In this area, science reigns supreme. But this does not mean religion has nothing of value to contribute. Traditional science must be abandoned, and science and religion must join forces. Only this kind of union can save mankind. What we have acquired through our knowledge of matter is nothing compared to what we will gain by knowledge of the self. human mind, there are latent powers and infinite possibilities as yet undeveloped. And the reason mankind is so miserable is because of the confused state of these untapped energies. When the mind of a man is in chaos, his individual confusion automatically multiplies by the time it merges with the collective consciousness, by the time it mixes with the universal mind. Society is much more than the sum total of its individuals it is its individuals, multiplied; it is the expanded effect of our personal interrelations. Whatever happens in each individual will be reflected in society in a greatly magnified form. The causes of all war, the roots of all social degeneration, are within the individual human minds. If we are to change society, we have to change the men who exist within it; if there is to be a new base for society, we have to offer a new kind of life to the individual. Both poison and nectar exist within the hearts of men. The confusion of energy is the poison; the control of energy is the nectar. And the way in which a man life can be transformed into harmony and bliss is through yoga. We must create a science that can fill the inner world of man with glowing health and celestial music not for any future kingdom of heaven, but for this world, for life on this planet. If this life is bountiful, why worry about any other? Religion, philosophy and the scriptures have not been concerned with the physical world at all, not as science has been. Matter has been conquered, but the man for whom this has been done has been completely ignored. Man must come first. Man must become the center of both science and religion. Science must disengage itself from matter, religion, from the other world. This will give birth to the greatest event in human history; this will give birth to a great creative energy. This union alone will save mankind. There is no other way. The world is now an 8-billion-strong community, with India having the second-largest population after China a.

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Salient feature in India population story is the unique advantage of a demographic dividend. This dividend, if utilised effectively, can fuel the country to become a global powerhouse. However, India growth story, by and large, has been male-dominated. Unfortunately, the job creation rate has outpaced the population growth rate, resulting in widespread unemployment and underemployment. Entrepreneurship is a viable solution to bridge this gap since it generates livelihood for the youth and contributes to economic development. It is noteworthy that neither has improvement in social demographic parameters led to a subsequent boost in women participation in the workforce nor has it led to their development. As a matter of fact, India has among the lowest participation of women in the workforce. A study by the Centre for Monitoring Indian Economy has shown that women graduates are 3.5 times more likely to be unemployed than their male counterparts. These figures are expected to exacerbate over time without any remedial action. A Bain and Company report on Women Entrepreneurship predicts that India working-age population will reach one billion by 2030 with the entry of 54 million women into the workforce, necessitating 400 million jobs for women alone. The role of women entrepreneurship becomes paramount in addressing the unemployment problem, contributing to their vertical mobility and economic development. Mainstreaming of women entrepreneurship is known to generate a multiplier effect by enabling more conscious reproductive choices, higher education and better health for self and family. Moreover, the role of women is paramount to promoting empathy-led institutions which are people-centric and focus on efficiency. It is heartening that some efforts have been made in this direction. For instance, the Ministry of Micro Small Medium Enterprises mandates that government departments and public sector undertakings must aim at 25% procurement from the MSME sector, of which 3% must be women-owned. Moreover, the Ministry of Skill Development and Entrepreneurship, in collaboration with GIZ, provides incubation and accelerating programs for women micro-entrepreneurs to start new businesses and scale up existing businesses as part of the economic empowerment of Women Enterprises and Start-up by women scheme. The past few years have also witnessed the rise of women-centric incubators, accelerators and venture capital firms. Ventures such as She Capital, Womennovator, and Built by Girls are empowering women by enabling the ecosystem to scale up their businesses. However, India ranks abysmally at 41 out of 43 in female entrepreneurial activity in the Global Entrepreneurship Monitor 2021. India is home to the largest number of women enterprises than any other country; however, these are only 20% of the overall number. So, where does the challenge lie? At the heart of this problem is limited access to finance. Women need access to diverse and customised products that cater to their requirements. Moreover, procedural requirements such as collaterals and excessive documentation limit their access to loans. Being a male-dominated society, men are primary owners of

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Responsibility, low financial literacy and limited access to mentorship and support opportunities are other challenges. Blended finance mechanisms such as a first loss default guarantee, a mix of seed capital and debt at a lower interest rate is a positive step in this direction. Sensitisation of the investor community to gendered financial access and capacity building for women entrepreneurs in terms of incubation and acceleration opportunities will go a long way in mainstreaming women entrepreneurship in India. There is also a need for appropriate datasets to allow tracking and benchmarking of competitive women-owned enterprises across regions. Replicating effective mentorship models across the country is the best way to benchmark best practices and learn from them. The role of government-led initiatives powered by public-private partnerships will strengthen the institutional support for women entrepreneurs. Moreover, encouraging a culture of celebrating role models through ICT and national campaigns across various channels would be vital if we were to power the women-led entrepreneurial revolution. The road ahead may be daunting but worthwhile in the long run. Despite being bestowed by the Supreme Creator-called-God with latent talent, work spirit along with untapped power within one self, a human being willingly or unwillingly craves for a tender fillip and apt appreciation that boosts up morale as well as spurs up work progress. It an obvious expectation by the performer as the word of appreciation strikes the right chord of the performing individual strength to act appropriately in a bid to hit the target and achieve the desired result. In a nutshell, praise appreciation admiration pays attention to the inner strength (be it partial or total) of the performer and acts as a catalyst to catapult the display disc of the doer. Even though one is paid a remuneration or wage for his her labor for which he she has been hired by the employer, an admirable word of appreciation is expected to be an icing on the cake. It because human being is controlled by five sophisticated senses, head and heart that sue mote hanker after a recognition from the opposite party or society. A glaring case in point is that of a professional singer musician dancer performing artiste on stage or a painter or fine art performer or a poet (although paid money honorarium to display one skill) most often prefers to be applauded by the respective audiences or onlookers. It a fact that Vishal Guru (Teacher of the Universe) Omniscient Lord Krishna, while playing the pivotal role of a quintessential Friend, Guide and Philosopher to the famous mythological character Aruba in the magna opus The Mahabharata penned by the great sage Vyasadev, made concerted efforts to convince the warrior-in-dilemma about the wisdom of Duty and Detachment as well as not to desire for the fruits of one dutiful actions or long for praise appreciation admiration nor admonishment criticism. Aruba, the symbolic human being common man, had also turned out to be a Hamlet (yet another counterpart in the noted Shakespearean tragedy) after being torn.

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Between two horns of dilemma To Do or Not To Do. Even the Most Enlightened Light called Gautama Buddha has also vehemently advocated: No Desire No Pain (if one shuns desire, there is any reason for suffering pain or agony). Notwithstanding that, we, the so-called rational beings, are made up of ordinary clay and need to be appreciated and encouraged following which our wings gain a queer therapeutic touch to perform better or excel or work wonders. Hence, the management of an Organisation, team leader and even the Chief Executive Officer (CEO) need to be alert and pay attention to the praiseworthy performance of an individual or team, and also never hesitate to utter or write a formal note of appreciation so that the enterprising spirit is encouraged to pace up and reap dividends for one and all. The word sports specialisation, refers to specialisation in a single sport that might result in significant damage. Injury rates among young athletes have significantly increased during the last 10 15 years. Football and cricket players are suffering 500% more knee and ankle injuries. Whereas 400% more people are suffering from anterior cruciate ligament (ACL) injuries. The year-round engagement in a single sport is the single largest factor contributing to the rise in injuries among young people. Athletes in middle and high school then participated in many sports. But many players today prefer to specialize in and concentrate on just one sport. Hence, today, an overuse injury or even an ACL tear is far more likely to result from a modest muscle imbalance or dysfunction. Youth sports specialisation might be harmful on a physical and emotional level, according to recent evidence. According to this pattern, injuries among athletes under the age of 18 have increased. It is simple to advise a young athlete to participate in numerous activities for prevention. But putting it into practice could be challenging. The basic recommendations for preventing overuse injuries include setting aside planned rest intervals and minimizing the overall weekly and annual time spent participating in sports, according to me. High-contact sports frequently lead to ailments that require sports specialisation. Other high-speed sports are likewise prone to repetitive stress injuries. Tendinopathy, sometimes known as jumper knee, affects a lot of basketball players. Shoulder and knee problems are typical football-related injuries, and runners are not exempt either. Many cross-country runners and track and field competitors suffer bone stress injuries as a result of many heel strikes on the ground or from leaping. Similarly, when you throw continuously, the ligaments eventually start to fail because of the substantial stress that is applied to the inside of the elbow. In addition to the ligament failing, when the primary elbow stabilizer is not working properly, the secondary stabilizers in the elbow start to suffer aberrant stresses, which can cause damage to the bone and cartilage. I also consider gymnastics as a sport in which almost every player suffers from a sports-specific ailment. Kids with bigger, more developed athletic bodies and stronger.

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Of counselors hasbecome more important than ever in this rapidly changing world, with new industries, professions, and specializations cropping up now and then. Students and families can benefit immensely from connecting to an expert who can hold them in good stead with all the relevant information and mentorship. While parents and students may consider various factors when choosing a career, counseling consistently tops the list among vigilant parents and students. Countries all over the world are pushing for the adoption of more sustainable and greener lifestyles. The Paris agreement signed by 195 countries across the globe for environmental conservation is a step in the right direction. In lieu of that, we need to put in efforts in the times to come to ensure we meet our sustainable development goals. The contribution of gasoline and diesel-powered automobiles to global warming is one of the most pressing issues of our time. To make mobility safer, green, and more comfortable, we need to follow the 3C model Clean, Convenient, and Congestion-free. We must work towards providing a clean environment with seamless, safe, and affordable mobility solutions. Pollution, traffic congestion, and associated health hazards are some of the issues that need to be dealt with. Intelligent Transport System Powered by IoT, AI, Big Data Analysis Statistical Analysis Automobile companies are collaborating with mobility solution providers to solve real-world issues of commercial vehicles. They enable automotive companies to create vehicles equipped with Machine Learning and Digital Twin paradigms. These disruptive solutions allow assessments and predictive asset maintenance that enhances public transport overall profitability and uptime. Public transport passengers get up-to-date data about their trip course, duration, and other vital information using real-time passenger information systems. Condition-based predictive maintenance monitors performance and equipment conditions throughout a vehicle usage cycle, in turn reducing events of breakdowns and saving fuel costs. Through integrated ticketing, travellers can complete a journey with a single ticket even after moving within or between multiple transport modes. Contactless smart card-based AFC Automatic Fare Collection systems have gained prominence after the pandemic. Public transport passengers use them as an information carrier and payment device. They have embedded readers that offer contactless communications. Traffic Management Systems provide control all across the transit network. They help set routes for trains and record their movements automatically. They also aid in detecting and resolving potential conflicts preemptively. Electronic Toll Collection is a great solution to lower traffic congestion on roads. The system deducts the toll payment automatically without needing travellers to stop at the toll gate. On-board video surveillance systems are the proactive approach to ensure operator and passenger safety. Equipment like mobile video digital recorders helps capture complete pictures of each incident. Plus, automatic downloads of broad security footage are available, making them accessible from

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Our dependence on IC vehicles. and use renewable resources for energy generation, promote battery swapping to make EVs more accessible and establish captive solar farms for rural areas. The above steps are the stepping stones to ensuring clean mobility, i.e., reduced congestion, low carbon footprint, and reduced travel time. It said that humans are the weakest link in cybersecurity. In fact, recent research shows that 95 of all internet crimes and security breaches were caused by human error. Whether it due to negligence, malicious intent, or lack of awareness, internet-based threats cause a significant loss to businesses from data loss to ruined brand reputation, monetary loss, and even legal complications damages are often irreparable. Therefore, it essential that employees are made aware of their security responsibilities. Moreover, appropriate training goes a long way in maintaining data integrity and ensuring business continuity. This blog discusses how organizations can take adequate measures to protect themselves from rising cyber threats by educating employees. The first step: awareness It no surprise that employees aren security pros. However, education can turn the tables around and make employees aware of basic security measures. Here how organizations can raise security awareness. The great India festive season is here and customers across the country are filling up their shopping carts. Shopping patterns are not the same as they used to be in the pre-pandemic times. The pandemic has reset the retail experience in many ways, with the maturation of e-commerce perhaps the most obvious change. This trend is ongoing as both e-commerce and quick commerce players are expecting a 25 to 30 jump in demand during this festive season and are preparing in various ways to meet customers demands. Further, as a result of the social distancing movement of 2020, one-stop shopping has been popularized with big-box brands seeing sales skyrocket to record levels and many hitting triple-digit revenue growth. This lift, though sustained for several quarters, was fully expected to subside once retailers, boutiques and specialty stores reopened. However, it seems that shopping behaviors brought about by the pandemic are here to stay. People still want one-stop shopping and click-and-collect options to remain popular. However, more consumers are now willing to go inside stores especially if they offer some degree of experiential merchandising. According to a survey, six out of every 10 respondents plan to splurge and shop during the festival season. Of this, 65 of the respondents said they are inclined to shop at both online and physical stores. Amidst large retail brands expanding their physical presence in both metros and smaller cities, it is evident that shopping across both physical and digital channels are witnessing a spike during the festive season this year. Retailers will need to look at blending both in-store and online channel strategies to better accommodate this on-demand shopper mindset during the festive season. And here how they can make that happen. Create more space without more square footage One-third of retailers surveyed confirm the

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Yoga is the journey of the self, through the self, to the self. The Bhagavad Gita Every year on June 21, millions across the globe roll out their yoga mats, unite in posture, breath, and spirit, and collectively celebrate the International Day of Yoga. This annual observance is more than just a day of physical activity it is a global recognition of yoga power to bring balance, inner peace, and unity to the human experience. Since its inception by the United Nations in 2014, the International Day of Yoga has evolved into a global movement promoting physical well-being, mental clarity, and social harmony. In an era marked by rapid technological advancements, mental health challenges, and environmental stress, yoga provides a grounding, time tested path toward sustainable well-being. Which desperately needs affordable and inclusive housing? For the first time in recent memory, there alignment across the four major institutions that govern Delhi: the elected Delhi government, the Lieutenant Governor office, the Union government, and the Municipal Corporation of Delhi MCD. This rare political and administrative consensus offers us a unique opportunity to act decisively and collaboratively. What could this future look like? First, it means homes for all. The LPP can significantly increase the supply of residential units, ease price pressures, and make homeownership more accessible to working families, young professionals, and even retirees. Instead of being forced to relocate to Noida or Guru Gram, Delimits could once again live affordably within their own city. Second, this policy would boost economic activity. Large scale development will require the construction of roads, schools, public transport, health facilities, and commercial hubs, each generating jobs and opportunities across construction, logistics, real estate, education, and services. In essence, this is not just a housing policy; it an economic stimulus with long term implications. Third, it ensures dignity for Delhi village communities. Many of these villages are situated on valuable land but have been neglected due to unplanned development and a lack of infrastructure. This has led to the rise of unauthorized colonies and increased inequality. Under the LPP, landowners become stakeholders in the city progress, benefiting from structured development and a share in the value created. It important to note that we are not starting from scratch. Delhi has already laid the groundwork through policy design, consultations, and pilot efforts. The blueprint is in place. What needed now is rapid, transparent, and accountable implementation. We have examples to draw from. Over the past decade, Guru Gram has added over 50 million square feet of office space, transforming itself into a corporate and commercial hub. Noida is quickly becoming a model for integrated townships, logistics parks, and digital innovation. Delhi, with its legacy infrastructure and central location, has every advantage what it needs now is momentum. This is not just a city planning exercise; it a question of Delhi future. Will it continue to push its workforce, families, and heritage communities to the margins? Or will it

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Extremely rare in Indian urban planning. Delaying action would not only cost us time but also trust. It would push more families out of Delhi, deepen inequality, and lock up billions in idle land value. But the alternative is inspiring. We can build a Delhi that affordable and aspirational a city that offers stability to the middle class, opportunity to the youth, and dignity to its village communities. A city where planning is proactive, not reactive; where growth is inclusive, not exclusionary. With MPD 2041 and the LPP, we have the means to create such a future not decades from now, but in the coming years hygiene is abysmal, patients lie on floors, street dogs roam wards, and emergency services buckle under demand. Ambulances get stuck in traffic, oxygen runs out, and hospital fires claim lives of those too ill to escape. These are just the flaws of poverty but symptoms of systemic disregard for emergency preparedness. A walk through any Indian town reveals a jungle of low hanging electrical wires, exposed fuse boxes, and precariously perched transformers. Illegal connections and open switchboards abound, especially in rural and semi urban areas, creating constant electrocution hazards rain or shine. Even in some upscale buildings, faulty wiring and unauthorised extensions abound, with safety audits often perfunctory or corrupted. Air pollution in Indian cities regularly breaches hazardous levels. Toxic smog, untreated industrial waste, lead contaminated groundwater, and garbage encroaching on living spaces cause respiratory illness, cancer, and developmental disorders. These are long term policy failures with irreversible consequences. Rural India faces its own hazards arsenic in drinking water, pesticide overuse, and heatstroke during intensifying summers with scant public health infrastructure. Why do these dangers persist? Is it a failure of culture or governance? India does not lack laws, technical expertise, or talent. What it lacks is enforcement, accountability, and a genuine culture of safety. Hazards have been accepted, internalised and normalised crumbling walls, overloaded trucks, frayed poles branded as jugaad or ingenuity. But this ingenuity has a body count. Regulators are understaffed, corrupt or often indifferent, inspections rare, and violations negotiable. Citizens, too, often knowingly complicit. Safety cannot remain an afterthought; it must be integral to the very blueprint of our cities, workplaces, homes, and institutions. This requires more than policy it demands a cultural shift beginning with education and sustained by awareness. Accountability must extend to those in power: public officials and elected representatives must be held answerable for systemic lapses. The Local, envisioned as a bulwark against corruption, should evolve into a genuinely empowered constitutional body with a mandate that includes enforcing public safety not in token form, but in earnest. At the very least, the current government which enjoys a decisive public mandate needs to acknowledge that it rose to power on the promise of a robust, empowered and a functioning Local. Every avoidable accident should be recognised not as personal trage

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Skill sets are becoming more common, but we need to strike a balance so that they may exercise in a way that improves them without putting them at such a high risk of overuse injuries. Ligament Laxity in young athletes If you have hypermobile joints that are extremely flexible and have a broader range of motion than most individuals then you have ligament laxity, also known as ligamentous laxity. Many individuals don consider having loose joints to be a medical problem. For other people, including singers, gymnasts, and dancers, it may even be advantageous. However, it may result in discomfort and other issues for some people. Especially for female athletes, where the disorders of bone density are more prevalent. Even though there might be various factors contributing to bone density disorders, it has been observed that menstruation and the physiology of osteoporosis play a major role in ligament laxity, as per my observations. Due to a combination of increased knee valgus, increased tibia external rotation, and increased ACL laxity, females are most susceptible to ACL injuries during the pre-ovulatory phase of the menstrual cycle. The stage of the menstrual cycle and the chance of an anterior cruciate ligament injury were shown to be statistically significantly associated (P = 0.03). In the ovulatory stage of the cycle in particular, there were more injuries than was anticipated. Additionally, in female athletes, osteoporosis is more common due to a slower rate of bone formation in adolescence, which is frequently brought on by hormonal imbalance and or overexertion. Because it raises the risk of osteoporosis, insufficiency fractures, and stress-related bone injuries, low bone mass presents a unique difficulty for athletes. Preventing sports injury Use a reasonable schedule, realistic goals, and progressive workout programmers to plan and prepare. One should exercise in the cooler hours of the morning or evening to prepare their body for sports, and one should follow their schedule. A regular, consistent, graded exercise regimen that includes a mix of flexibility, strength training, and aerobic exercise should be adopted. This programmer should be tailored to the individual activity demands. Your risk of harm will go down as a result. The Three Musketeers: Sleep, food, and water The first is nutritious eating. A healthy diet should be well-balanced and include a variety of important food categories including protein, critical minerals like calcium and potassium, and vitamins like vitamins D and B. Before exercising, it crucial to take meal shots (short, frequent meals) to give your body a boost of energy. The need to stay hydrated cannot be overemphasised. In order to stay healthy, reduce cramping, and avoid dehydration, heat exhaustion, and heatstroke, you must drink enough water. A healthy sleep pattern is a crucial component of injury prevention programmers. It reduces the possibility of fatigue build-up, provides physical and mental rest, and lengthens attention span on the field. The proper sports equipment To lessen the risk of injury, it is essential to use protective equipment such as helmets, gloves, protection pads, shin guards.

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Before the war at Kurukshetra, Arjuna spends a year in hiding, dressed as a woman and teaching music to the daughter of a king. Before the war at Troy, Achilles mother wants to hide him from danger, so she dresses him as a woman and hides him among the daughters of a king. Achilles, like Arjuna, goes on to fight in the war though he sits out twelve days of the bloodshed, angry over an insult. In the Mahabharata, Karma sits out the first ten days of the war, angry over an insult. Achilles dies when an archer shoots him in the heel; Krishna dies after an arrow pierces him at the identical spot. Astonishing similarities: Are these coincidences or borrowings? And if the latter, who borrowed from whom? These harmonies between Indian civilization and the classical West are only one example of India give and take with the world. There is a reason why Ramayana puppet plays still entertain Java, why Thailand most illustrious kingdom was called Ayutthaya, why the earliest known table of contents for the Mahabharata was discovered in China, why yoga studios have proliferated in New York and London, why Egyptians and Nigerians know Hollywood movies, and why kittens praising Krishna and Radar charm the hills of West Virginia. The reason for all this sin armies galloping across deserts and mountains, filled with ululating zeal. The world wealthiest organisations do not fund missionaries and educational institutions to spread Indian ideas and practices abroad. No group pays to place copies of Indian epics and scriptures in every hotel room in the world. India imperialism of the spirit has been patient but inexorable. It has relied on beauty instead of violence, on poetry and storytelling instead of lies and propaganda. For centuries, Buddhist monks carried sutras out of India, not swords. Indian merchants traded as far west as ancient Rome no wonders the statue of yaks was unearthed at Pompeii. The Chula Empire did spread overseas to a few places, but it never conquered the future builders of Angkor Watt; the Southeast Asian kingdoms quickened into feats of architecture were native dynasties. The Indians who transmitted this new dharma were there by invitation. They did not impose it by force. They did not have to. Indian civilization was charismatic enough, even without hard power. Not that hard power does not have its advantages. It is important not to romanticise the non-violent diffusion of cultural power, framing military inability as noble self-restraint. Charisma carries ideas and arts only so far. Outsiders respect intelligence, creativity, and profundity, but they respect money and might much more. The famous wealth of ancient India boosted its influence in the ancient world, both to its east and its west. Yet its relative lack of hard power put it on the receiving end of foreign conquest and exploitation for hundreds of years. We cannot know what the world would look like had this not been the case; we can guess that it would have been.

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Put on loose-fitting, breathable clothing to help you stay cool, and appropriate running shoes that are backed by gait analysis to assist you to reduce the impact of the ground on your joints. Additionally, it aids in resolving several foot issues that could otherwise result in harm. Training with technique, strength, and flexibility evaluations A lot of injuries are caused by poor technique and form. You should devote some time to learning your equipment, your sport, and the proper technique. Before resuming sports activities, it is safe to continue your workout programmer with a personal trainer or professional coach and to speak with a sports medicine specialist about your strength. Treatment options for Sport Injuries 1) Arthroscopic Surgery: The recovery period is significantly shortened and quicker healing is encouraged since arthroscopy is a minimally invasive technique that is carried out through a few small incisions. Given their frequent impatience to return to their sport, many athletes find this to be enticing. 2) ACP PRP treatment: ACP PRP is an advanced technique that provides a fast, safe and effective healing process. This pain management approach also effectively reduces inflammation and swelling of long-standing chronic injuries with no side effects. 3) Injury-specific Sports Physiotherapy and rehabilitation: They could aid in reducing edema and discomfort so that an exercise-based rehabilitation programmer can continue. It is possible to choose a safe and successful treatment option by knowing the physiological underpinnings of various modalities, but the therapy success ultimately depends on the patient unique and subjective response to it. Conclusion: From a sports medicine perspective, we can eventually assist all stakeholders in finding an acceptable balance for training that continues to help improve athletic talents but maintains a safe and fun environment by using correct education and a multidisciplinary approach. Pushing themselves above their comfort zones is not beneficial for players. When growing strength, the body should be given enough time so that it can respond to the rising demands. It is necessary to take the time one needs to rest. Today, data is considered the most significant asset an organization has. In fact, as increasing numbers of businesses and government agencies realize the importance of data ownership and portability, it has led to a massive increase in enterprise adoption of open source that support both a hybrid and multi-cloud approach. Insightful data utilisation, combined with accessibility and data security, promotes business innovation, boosts customer satisfaction and loyalty, and, most importantly, gives a competitive advantage in the marketplace. Since data is the key to success, the cloud is a catalyst driving new product development, innovation, and sustainability by going beyond the verticals of agility, flexibility and efficiency. Cloud adoption boosts data-driven capabilities like data collection, enhancement, visualisation, and predictive insights, ensuring an Organisation success in a thriving market. Since data is dispersed across IaaS, PaaS, and SaaS in the cloud, data secur

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More Indic, not less. In spite of its centuries-long impoverishment, its bloody birth in 1947, and its regional challenges, modern India has exerted global influence from a position of relative weakness. As that condition changes, hard power will synergise with soft. The challenge for India will be how to maintain its distinctiveness in an increasingly globalised world. India extraordinary cultural diffusion has always coexisted with extraordinary cultural permeability. Alexander arrives, and the Buddha of Gadara starts looking Hellenistic. Centuries later, Munhall take over, and Mahabharata manuscript illuminations start looking like Persian miniatures. The present-day powerhouse more globally influential than India is the West specifically, my home country, the United States. The hard power differential with India is striking, and this lends prestige to America cultural exports even though America has entered, for over a decade, a period of artistic decline and stasis. Its endless superhero movies strive to fill a growing inner void; its endless movie remakes signal creative bankruptcy. Cultural and ideological mimicry could be corrosive going forward. Fortunately, the sanjeevani is not far away. It is India own hybrid heritage, the literatures of its native languages, the artistic forms and aesthetics of its many pasts, its stories and epics and songs and poems. Self-confident self-expression is what will impress the modern world, just as it impressed antiquity. Such a civilization may yet fill the sky, as Krishna did in the Bhagavad-Gita, with innumerable hands, writing and sculpting and typing and playing music: This eternal tradition, remixed for the future. My grandmother I call her Dumma has dementia too. And lately, my mom noticed that Dumma sometimes just sits and stares at her face. When mom asks her why, she says, I m trying to cement your face in my memory. It almost morbidly poetic that we get to live to our nineties, even cross a hundred these days, but our memories of all those decades lived can simply disappear, leaving us without a sense of self. Who are we then? We are obviously somebody. In March 1901, Karl, the husband of 51-year-old Auguste, had noticed some peculiar changes in her. She was having trouble with her memory; she would often be confused and disoriented; she was showing uncharacteristic jealousy toward Karl; and sometimes she would begin to scream loudly. So, on November 25, Auguste was admitted to a psychiatric hospital in Frankfurt, Germany. There, a doctor named Alois Alzheimer began examining her. He started off with simple questions. What is your name, Alois asked? She responded, Auguste. What your husband name, he asked. Auguste, I think, she said. At lunch, which was cauliflower and pork, Alois asked her what she was eating. Spinach, she said. This state of confusion lasted for the entire duration of Auguste stay at the hospital until she died in April 1906. Alois, who was working at Munich at the time, asked for her records and brain to be sent to him. For a long time, he had mulled over the idea that, just.

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Can result from a lack of visibility, clear responsibilities, improper configurations, vulnerabilities, and unsafe APIs. Therefore, organisations looking to fully utilise the potential of their data and protect it from breaches are now prioritising cloud security. Improving cloud security in hybrid and multi-cloud environments To meet specific business needs, organisations are relying more on multi-cloud or hybrid cloud approaches. While these diverse environments offer greater options for accessibility and workload offsetting, they also come with advanced threats in the form of security gaps that can be manipulated to abuse systems, people and organisations. In cloud environments, managing data throughout its lifecycle per business, privacy, and security regulatory requirements must be the top priority. Partnering with a dependable third party with extensive experience in security, privacy, and cloud deployments is beneficial here. Additionally, open-source databases such as Postures (also known as PostgreSQL) have strong community support, with quarterly security and bug fixes and hundreds of community members publicly vetting the code to help mitigate potential security risks. Let dive into several ways to improve data security in hybrid and multi-cloud environments. Focus on securing API endpoints In a cloud environment, APIs enable data access from multiple locations and devices. Threat actors will look for exposed APIs as a pathway into databases to infiltrate data and gain financial advantage. Since many API endpoints can be accessed from anywhere, they pose a significant security risk. Exposed APIs can significantly impact organisations if a threat actor gains access to the API and gains access to the data or compromises the integrity of the data by manipulating it. Implement data encryption standards The losses caused by data theft can be significantly decreased with the proper use of encryption. Developing and implementing the data encryption standards for SSL and TLS across browsers is more straightforward than developing, enforcing, and distributing global policy. Securing data at rest is largely a solved problem, with various options that provide coverage at the disk or within databases at the transaction level. These options provide flexibility but are meant to address different types of threats an organization may face. As data security concerns rise amongst organisations that have accelerated their cloud journey, data encryption needs to be a best practice. It can help safeguard confidential data and other cloud data assets from accidental exposure and unauthorized access, and it allows organisations to create a security architecture that mitigates numerous threats that could otherwise contribute to a security breach. Follow a zero trust approach Cloud-based workloads unlock the ability for organisations to rethink their information security model. The traditional security-moat around a business IT crown jewels can be replaced with software-based logical access controls for network and identity management. This shift unlocks engineering time to focus on secure communications within the architecture and a much-improved landscap

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Like other diseases show up in some part of the body, psychiatric diseases would show up in the brain. He just needed to prove it. And when he examined Auguste brain, he did find changes that are today associated with the disease that was named after Alois Alzheimer himself Alzheimer disease. First, there was extensive loss of neurons in her brain cortex, a layer that associated with memory, language, thoughts and problem solving. Second, there were abnormal [protein] deposits inside and in between the nerve cells. Interestingly, the detailed notes that Alois took about Auguste were actually lost for more than 90 years. They were only discovered in the 1990s in the dusty archives of a Frankfurt hospital. It was this discovery that finally shed light on the woman who made Alzheimer a famous name today. Why we baby-talk on a lighter note, I went down a rabbit hole of baby talk recently. You know, the ale, chow chewiest and heiiiiii way of talking to babies, where our voices go up a notch, we slow down our words and exaggerate them incoherently? There a lot of research looking at why we speak this way, especially to babies. Some theories suggest it helps babies process and learn words better than when spoken to in a normal adult tone. Others say it helps babies develop an intimate emotional bond with their caregiver. There is also the idea that babies probably tune out adult conversations, but baby-talk instantly catches their attention, where they know they are being spoken to. But then, we also baby-talk with folks who arena babies. Many adults in relationships speak to each other this way. According to some researchers, it might be a way for adults to show their silly side to each other, away from the watchful eyes of society. In public, it might signal affection, although it can also be a sign that the person is patronising and manipulative. We also baby-talk with animals like dogs and cats, no matter how old they are. It can be because we want them to learn how to talk like us. Rather, some researchers think, we baby-talk with our pets because we see them as having a harder time understanding us. So we slip into the same slow, exaggerated and singsong way of speaking as we do with infants. And like babies, animals probably also tune out adult conversations, so it could be a way for us to get their attention. But hold on. We humans can be the only species on this planet doing this strange hoi pooches thing. Turns out, were not [of course]. Researchers have found that some birds, bats and monkeys baby-talk too! Take zebra finches, a kind of songbird, for example. A study found that adult zebra finches sing differently when talking to baby finches than they do with other adults. Around the babies, the adults seem to repeat notes, and make their songs slower and more musical. In fact, in an experiment, baby finches.

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Bearers accountable for victim compensation and rehabilitation and reintegration process for survivors. One of the ways in which the TIP Bill strives to uphold the standards of accountability on the public institutions is through the establishment of Anti-Human Trafficking Units (AHTUs) as the specialized enforcement agency for ensuring effective action against cases of trafficking. Having trained and sensitised police personnel to improve the enforcement and implementation of the law lies at the very core of the formulation and establishment of AHTUs. In mid-2020, when the pandemic was at its peak, a directive was issued by the Ministry of Home Affairs (MHA) to the States to set up specialized task forces at the State and District level to establish new AHTUs and strengthen the ones that were existing at that time. At the same time at the directive of the MHA, Kolkata based NGO Sanjog which works with survivors of trafficking, and Taffetas, a consortium of lawyers, social workers and rescue specialists, undertook an analysis based on the RTIs filed by the two organizations. The study found a huge gap between the number of AHTUs that claimed to be set up and were functional and those that had been notified with allocated budgets. Furthermore, as per the 2021 report published by the National Crimes Record Bureau (NCRB), wherein the data had been provided by the AHTUs through their State Crime Records Bureau, the highest numbers of trafficking cases were registered in the States of Telangana, Maharashtra and Assam. On the other hand, the highest conviction rates were witnessed by the States of Jharkhand, Tamil Nadu and Uttarakhand. This contradiction indicates that there is much left to be done. When AHTU do function and are adequately strengthened, however, their swift actions have led to rescue and rehabilitation of survivors from across the country as seen in the past year alone, in cases from Delhi, Gujarat, and Uttar Pradesh. Moreover, concerted government action and measures taken by institutional authorities are also critical in strengthening the AHTUs, especially in the North-East Region that is emerging as a trafficking hub in India, with Assam in particular as a source, transit point and destination for human trafficking. To combat the menace of trafficking, the Assam government has decided to bring out a law to curb the growing rate of trafficking in the State. The decision to bring out such a law was tabled by the State Government in the Autumn session of the Legislative Assembly in September 2022. One hopes and urges that a robust network of AHTUs across the State would form the bedrock of such a law. While the realities at the grass root level leave a lot to be wanted, the pressing need for coordinated and integrated action among the enforcement agencies to tackle the cases of human trafficking within a defined jurisdiction, is fundamental to curb this crime. To that extent, the Railway Protection Force (RPF) has collaborated with the Association for Voluntary Action to achieve a unified vision of a.

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At the turn of the century, there was concern in liberal circles of the West over the development of illiberal democracies countries where prevailing political impulses varied from their understanding of uprightness and decency. Some BJP spokespersons believe that foreigners are trying to sabotage India economic growth by spurring agitations against projects of national importance. No, such agitations are intrinsic to democracy. The latest example was the stalling of construction at the mega-port at Vizhinjam, Kerala, for 140 days. Agitating fishermen, mostly Christians, were backed by the Latin Catholic Church and sundry environmentalists. Last week the agitators attacked the local police station, injuring policemen. The CPM-led state government arrested top church leaders, who called off the agitation. The BJP won a remarkable victory in Gujarat, getting an astounding 52% vote share that gave it a seventh win. But it was defeatedin Himachal Pradesh where the Congress won. However, the reaction of both parties to the results was a study in contrasts. The BJP mood was upbeat and full of positive energy. Prime Minister Narendra Modi delivered an exultant speech at the party office, and urged the flock onwards to the next big battle. The Congress office wore a funereal air, there were no smiling leaders present to deliver a message of hope even though the party had just snatched Himachal from BJP in a direct fight, its first such win since 2018. Congress needs to learn from the BJP how to radiate positivity after a win and playthe perception game. In the media age, optics matter.Institutionalize youth friendly interventions and offer gender-intentional care for SRH services. Thirdly, create spaces for the participation and leadership of young people in conversations on SRH, and include engagement of men and boys. And finally, introduce sexuality education both in school and in communities. Improving young people overall quality of life begins with building their leadership and ability to make choices. Realising this goal requires ecosystem stakeholders including policymakers, NGOs, the private sector, and most importantly, the youth to work together with a spirit of openness. While we share young people vision for their lives and futures, it is imperative now to make youth equal partners in finding solutions to our common goals that can have aligned action plans and milestones. While our Constitution framers, through Article 23, prohibited all forms of human trafficking and forced labor, seven decades on the heinous crime of trafficking in human persists a tall obstacle in our pursuit of an equitable society. Regrettably, liberty has only been a dream for the eight million Indians trapped in human trafficking networks in India. Acknowledging the overwhelming need for a comprehensive and holistic anti-human trafficking bill in the country, the Ministry of Women and Child Development introduced the Trafficking in Persons (Prevention, Care and Rehabilitation) Bill in 2021, which is yet to be passed. The bill, while being victim-centric in nature, confers the responsibility of prevention and conviction of trafficking cases on the designated authori

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The opinions differ in answering this vital question. Some people believe that it can be inherited from parents, and cannot be developed. Others believe that like other qualities it can be developed with proper practice and guidance. Still some others hold the opinion that it is hereditary to some extent but can be acquired to some degree. There is also a section of people, who believe that all depends on circumstances or luck. We need to adopt a scientific approach to find an answer to the above question. No one can get success every time even after making efforts, nor can one fail constantly. Is positive thinking an inherent characteristic of a person or can it 2769 be developed in two psyche. Moreover, success has different meaning for different people. For some students, getting 275 per cent marks is success, for others it may not be sufficient. In a competitive examination, success means getting selected, whatever the percentage of marks. As for inheritance theory, since positive attitude is not a physical feature but a mental faculty, it cannot be purely hereditary. It can be developed. Moreover, parents play a major role in developing this quality of a child. A child, who watches his parents working hard, having faith in success through their words, behaviour and body language, is likely to develop a similar attitude. The children of short-tempered, over-cautious and nervous parents may assume similar characteristics when they grow up. Psychologists, therefore, prescribe a code of conduct for parents behaviour in front of their children. They must exude confidence, self-belief and hope, especially in difficult situation, so that the children emulate these qualities. They must be taught the importance of being positive before, during and after the performance of a task. There is no better education for a child than watching his parents come out of a tough situation by means of earnest endeavours. Such success not only gives more joy but also increases self-confidence. The opinions differ in answering this vital question. Some people believe that it can be inherited from parents, and cannot be developed. Others believe that like other qualities it can be developed with proper practice and guidance. Still some others hold the opinion that it is hereditary to some extent but can be acquired to some degree. There is also a section of people, who believe that all depends on circumstances or luck. We need to adopt a scientific approach to find an answer to the above question. No one can get success every time even after making efforts, nor can one fail constantly. Is positive thinking an inherent characteristic of a person or can it 2769 be developed in two psyche. Moreover, success has different meaning for different people. For some students, getting 275 per cent marks is success, for others it may not be sufficient. In a competitive examination, success means getting selected, whatever the percentage of marks. As for inheritance theory, since positive attitude is not a physical feature but a mental.

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Trafficking free nation. Under the aegis of this programmer, the RPF has set up over 700 AHTUs across the nation in a bid to coordinate action on Human Trafficking activities with other specialized agencies. This coordination and cooperation need to be imitated in the forms of inter-state coordination to control and confront the risks posed by trafficking. The recent Declaration of Intent, signed by six States, namely, Andhra Pradesh, Karnataka, Odessa, Kerala, Tamil Nadu and Telangana, to combat trafficking through joint efforts, marks a momentous step in this direction. Other states must follow. The draft TIP Bill has notably enlarged the territorial jurisdiction of offences with cross-border ramifications and widened the definition of a victim to include the transgender. Once passed, the Centre would be compelled to establish a National Anti-Trafficking Committee and the state governments will also form such committees at state and district levels. However, the new legislation does not define the application of the previously existing rules on forced labor and sexual exploitation, resulting to confusion and overlapping serving as rationale for removing archaic laws (such as Immoral Traffic Act 1956) and having one complete code to deal with human trafficking. Further, the bill relies on the condition of Reason to believe in several clauses pertaining to search and rescue, making it vague and overly relying on the discretion of police officers to implement the law. This can potentially make the function of AHTUs ambiguous in rescue and post-rescue activities, and must be considered by lawmakers. While the need for a uniform law, through the passage of the TIP Bill in Parliament, is crucial and imperative to collate the efforts made by policy making bodies and enforcement agencies to fight the crimes of trafficking, the obligation on the duty bearers to strengthen the AHTUs through inter-state coordination on data sharing and evidence gathering, remains undeniable and urgent. Lending more teeth to the existing infrastructure of AHTUs is, thus, essential to save the most vulnerable from being preyed on by traffickers. Bearers accountable for victim compensation and rehabilitation and reintegration process for survivors. One of the ways in which the TIP Bill strives to uphold the standards of accountability on the public institutions is through the establishment of Anti-Human Trafficking Units (AHTUs) as the specialized enforcement agency for ensuring effective action against cases of trafficking. Having trained and sensitised police personnel to improve the enforcement and implementation of the law lies at the very core of the formulation and establishment of AHTUs. In mid-2020, when the pandemic was at its peak, a directive was issued by the Ministry of Home Affairs (MHA) to the States to set up specialized task forces at the State and District level to establish new AHTUs and strengthen the ones that were existing at that time. At the same time at the directive of the MHA, Kolkata based NGO Sanjog which works with survivors of trafficking, and Taffetas, a consortium of lawyers, social workers and rescue specialists, undertook an analysis ba

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Most lifestyle diseases are systemic in nature, primarily caused by poor diet and unhealthy lifestyle choices. These diseases often begin gradually starting at birth or soon after a child is weaned off breast milk and begins eating regular table food. Cancer, often thought of as a matter of bad luck, is no different in this regard. Many people diagnosed with cancer ask, Why me? especially if they vet been lifelong vegetarians, vegans, or teetotalers. This confusion arises from the common myth that cancer is caused only by exposure to carcinogens such as tobacco, meat, or certain food additives. However, it important to understand that all cancers are the result of genetic mutations and represent a systemic failure not merely random misfortune. Cancer develops in three stages: initiation, promotion, and progression. What we recognize as a tumor is the outcome of this entire process. The purpose of this blog is to explain the systemic nature of cancer from its origin to the development of a full-blown tumor. This is the second blog on cancer. The first blog was published 16 weeks ago. Cancer initiation The adult human body is estimated to contain about 33 trillion cells. Each day, some of these cells die and are replaced by new ones, maintaining a more or less constant total. Around 1% of these cells roughly 330 billion are newly created each day. The creation of new cells involves the division of existing cells, which includes copying and rearranging genetic material somewhat like cutting and pasting text in a message. Naturally, this process is prone to occasional errors. When errors occur during cell division, they can lead to cells with faulty genetic information. These faulty cells can be of two types malignant or nonmalignant. Malignant cells are cancerous cells that can grow and spread uncontrollably, while non-malignant cells are normal or benign cells that typically don invade or spread. This process of developing cells with genetic mutations is called mutagenesis. Natural mutagenesis happens simply due to the vast volume of cell replication. If you were to cut and paste 100 messages, it would be surprising to make a few mistakes. Similarly, when the body creates 330 billion new cells daily, some errors are expected. Researchers estimate that about 10,000 mutations may occur each day in the average human body. Interestingly, just as your cut-and-paste accuracy depends on your mental and physical state like stress or fatigue, your body error rate is also influenced by physical and mental health. This is where diet and lifestyle play a critical role. People under chronic stress or those with nutrient-poor diets tend to have a higher mutation rate. In particular, micronutrients vitamins and minerals are crucial in maintaining cellular integrity and preventing these mutations. Triage theory This theory, advocated by Dr Bruce Nathan Ames of UC Berkeley, suggests that during periods of micronutrient deficiency, the body prioritizes the use of vitamins and minerals for functions essential to immediate survival over those that protect long-term health. This allocation strategy may compromise the body ability to prevent age-related diseases, in

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The immune system typically identifies and destroys these cells, maintaining a healthy balance. However, diet and lifestyle can influence this balance by affecting both the replication rate of cancerous cells, and the strength of the immune system. As a result, the net effect can be a net increase or decrease or no change. When the rate of cancer cell growth exceeds the rate of immune clearance, this imbalance is called cancer promotion. Some foods promote cancer cell growth more than others. One of the most studied is Insulin-like Growth Factor 1 IGF-1 a hormone found in high levels in animal-based foods, particularly dairy products and egg whites. These are designed to promote rapid growth in animal infants. Fish contain the least IGF-1 among animal products. Cancer progression When cancerous cells form a mass, attach to a specific tissue, and begin to build their own blood supply, the disease enters the progression phase. The rate of tumor growth depends on the type of cancer and is heavily influenced by diet and lifestyle. Diets high in IGF-1 and refined sugars are known to support tumor progression, whereas diets rich in fresh fruits and vegetables help inhibit it. Lifestyle factors that support strong immunity such as stress management, regular exercise, and restful sleep also help slow progression. Malignant vest non-malignant Malignant tumors, also known as cancers, can invade nearby tissues and spread to other parts of the body through the bloodstream or lymphatic system, a process called metastasis. Nonmalignant cells, on the other hand, are usually slow-growing and do not spread. Here a more detailed breakdown: Kudos to the Union Public Service Commission UPSC for launching the aptly titled initiative PRATIBHA Setup; i.e. Professional Resource And Talent Integration Bridge for Hiring Aspirants, formerly known as Public Disclosure Scheme PDS. As per the UPSC, this strategic initiative will enable verified employers including ministries, PSUs, autonomous bodies, and private organizations to access details of non-recommended willing candidates who cleared all stages of the eight prestigious direct recruitment UPSC examinations but were not included in the final merit list. This will bring together the prospective employers and the meritorious job seekers who have already proved their worth by succeeding in preliminary and main examinations and reached the interview stage but could not get into the final list just for lack of a few marks. Now it is up to the government departments and public private sector organizations to offer employment to these industrious and assiduous young ones who have already developed a certain level of understanding as evinced by passing two stringent filters namely the preliminary and main examination stages of Civil Services Examination and other examinations for Indian Forest Service, Central Armed Police Forces, Engineering Service, Geo-Scientist, CDS, Indian Economic Service Statistical Service, and Medical Services. This cohort widely takes care of candidates possessing almost all diverse educational backgrounds. This admirable initiative is at a time, when the selection cycles for jobs are not only to

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To effectively improve traffic flow and associate workflows. Close technology gaps With ongoing labour constraints and soaring consumer demand, retailers must augment and automate processes where they can. There are various ways to do so with technology. Radio frequency identification RFID readers can help track inventory through supply chains and stores, while electronic shelf labels can enable back-office staff to manage front-of-store item pricing. Both prescriptive analytics and intelligent automation solutions can also help monitor for store issues and alert associates to those requiring immediate attention. Kiosks and other self-service technologies can give shoppers more independence in managing pickups, returns, and in-store ordering of out-of-stock items. Revamp warehouse strategies Inventory planning tools that leverage artificial intelligence and machine learning can help with replenishment and safety stock decisions. And workforce management software can ensure warehouse labor schedules are properly aligned with both store and online order fulfillment demands. Customer loyalty is harder to earn and easier to lose these days. In a country like India, the festive season can bring in substantial revenue for retailers if they manage the one-stop shopping model properly. It is thus important for retailers to refine their operational capabilities to cater to this growing demand. Having adopted the 2030 Agenda for Sustainable Development, India can power sustainable economic growth by providing earned wage access to its vast employee base Displaying a steely resilience and having bounced back sharply from the COVID-19 pandemic lows, the Indian economy has been the best performing major economy across the globe and is increasingly emerging as the preferred choice for multi-national companies to setup their manufacturing units. While there are many factors responsible for India new found popularity, the country economy is undoubtedly supported by the 500million workforce, comprising of 150million white collar and 350million grey collar workers. However, despite a slew of initiatives taken by the Indian government to empower this burgeoning workforce by providing easy access to financial services, it is estimated that more than 70 of the country workforce lives pay check to pay check. To make matters worse, at least one in three workers resort to emergency borrowing through high-cost payday loans, usually provided by local money lenders and loan sharks without much flexibility when it comes to repayment. As a result, greater than 55 of employees are burdened by financial stress as they don enjoy access to cheap short-term capital and find their work productivity being hampered by the constant struggle to make ends meet. What is earned wage access EWA? Addressing the need for cheap and easy access to short-term capital, a clutch of firms have taken the lead in introducing Indian workforce and employers alike to early wage access EWA, a tech enabled Fitch product that provides even those without a credit history with instant access to their earned wages. Aimed at promoting financial wellness especially amongst the grey collar worker class, EW

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Providing immediate access to funds that need to be deployed for "unforeseen or emergency expenses, EWA helps workers to fulfil these short-term requirements without falling prey to loan sharks that can jeopardise their financial health. Using the on suite helpline" and financial literacy-based training incorporated in the respective EWA provider mobile application, employees can gain access to a wealth of information provided by certified financial advisors and implement simple strategies to build for a more secure future. What more, EWA is a free of cost and hassle-free technology driven on-demand salary access product that can play a pivotal role in ensuring financial inclusion for the Borrowings. Moreover, it goes a long way in assuaging an employee financial concerns and lets them devote more of their time and attention towards their job role. Organisations on their part could get deeper insights into the financial challenges faced by their employees and work towards providing additional financial wellness services that can augment the overall employee morale. Additionally, just like how a group medical insurance cover is sought after by prospective and incumbent employees, EWA could emerge as a powerful retention tool for employers and distinguish employee-centric organisations operating in the Indian economy today. Finally, with EWA services provided by some firms as a zero-cost plug and play model, organisations can easily adopt and seamlessly integrate it into their existing HRMS. Despite these benefits, barely 5 of Indian companies have any sort of internal financial wellness programs, with most shying away due to operational concerns. However, by choosing to partner with fintech firms providing EWA as a tech solution, companies can forego any additional human resource deployment on administration of such services and reap the benefits of the technology stack that such firms offer. Better employee productivity, higher job satisfaction and minimal operational expenses are just a few of the merits that EWA provides to workers and employers alike. Hence it is safe to conclude that earned wages access will pay a great role in accelerating a financially fit economy for India. In India, owning a home and making it personal is a matter of pride more than just functionality. The requirements for home renovation have seen a massive uptrend over the last decade, especially post the pandemic where everyone spent a significant amount of time at home. Indian home interior industry is already a $25+ billion market which is growing by a CAGR of 10, driven by the desire to renovate as well as new home sales which according to a survey by property consultant Knight Frank India, has grown by 40 in India eight largest residential markets in the first nine months of 2022. However, this market which includes categories like plywood, paints, plumbing & sanitary, electricals, chemicals & adhesives, hardware, etc., continues to be extremely fragmented at all levels starting with product brands, distributors, retailers, professionals, and even homeowners. Fragmentation and other issues like cash sales, non-branded products, technical nature of the produ

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One of the benefits of regular stretching is that it enhances flexibility. Being flexible has its own advantages, as it not only improves your day to day activities, but can also help delay the reduced mobility that comes with aging. Stretching 9on a regular basis can help increase your range of motion. Stretching specific tendon or muscle can improve the elasticity of muscles, which in turn helps in achieving a comfortable muscle tone. There are several benefits of regular stretching, and it should be an integral part of every workout program. It not only helps increase your flexibility, which is an important part of fitness, but it can also improve your posture, body aches, reduce stress, and much more. You can either go for static or dynamic stretching as they both are effective when it comes to the increasing range of motion. According to the studies, proprioceptive neuromuscular facilitation or PNF type of stretching is more effective for immediate results. Regular stretching can not only help heal an existing back injury but can also prevent future back pain by reducing your risk for muscle strain and strengthening your back muscles. All the people who regularly go to the gym know how helpful stretching can be. Performing dynamic stretches prior to exercise in the gym can help prepare your muscles. Not the only gym, but it can also help you improve your performance in dance or an athletic event. It is only natural that your muscles get tense when you experience physical or emotional stress. This is because the tightening of your muscles is the response of the body towards stress. All you need to do is focus on the areas of your body where you feel the stress, such as your neck, shoulders, etc. and stretch those parts of your body. Stretching specific tendon or muscle can improve the elasticity of muscles, which in turn helps in achieving a comfortable muscle tone. There are several benefits of regular stretching, and it should be an integral part of every workout program. It not only helps increase your flexibility, which is an important part of fitness, but it can also improve your posture, body aches, reduce stress, and much more. One of the benefits of regular stretching is that it enhances flexibility. Being flexible has its own advantages, as it not only improves your day to day activities, but can also help delay the reduced mobility that comes with aging. Stretching 9on a regular basis can help increase your range of motion. You can either go for static or dynamic stretching as they both are effective when it comes to the increasing range of motion. According to the studies, proprioceptive neuromuscular facilitation or PNF type of stretching is more effective for immediate results. Regular stretching can not only help heal an existing back injury but can also prevent future back pain by reducing your risk for muscle strain and strengthening your back muscles. All the people who regularly go to the gym.

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Focus on decreasing the amount of salt consumed from processed foods and get your sodium from iodized salt. Seaweed, saltwater fish and seafood are natural sources of dietary iodine. Dairy products also supply iodine in the diet at varying levels. During lactation, the breast concentrates iodine in milk so breast milk tends be a good source of iodine as long as the iodine intake of a mother is adequate. Iodine fortification is what most countries rely on to encourage adequate dietary intake. In more than seventy countries that iodize salt generally serves as the major source of iodine intake. One fourth of a teaspoon of iodized salts has about hundred micrograms of iodine. Note that the salt used in processed foods, which is the major source of salt for most Americans typically, does not contain iodine. If salt used in a processed food contains iodine, it will be listed in the ingredients list of that food. Plants grown in iodine rich soil are also good sources. However, this is not a reliable source of iodine since there is no way of knowing whether produce purchased in grocery stores is grown in iodine rich soil or not. Iodized salt usually adds less than about three hundred micrograms iodine daily to the diet. Most multivitamin mineral supplements contain 150 micrograms of iodine. With the safe upper limit of daily iodine intake for adults set at 1,100 micrograms by the IOM it is unlikely to hit an excess amount when including a multivitamin and including natural sources of dietary iodine. The trend of eating less table salt, dairy and bread has some experts concerned that iodine deficiency could be on the rise again. Eating a healthy, balanced diet that includes iodine rich foods and iodized salt is key to good health. Iodine fortification is what most countries rely on to encourage adequate dietary intake. In more than seventy countries that iodize salt generally serves as the major source of iodine intake. One fourth of a teaspoon of iodized salts has about hundred micrograms of iodine. Note that the salt used in processed foods, which is the major source of salt for most Americans typically, does not contain iodine. If salt used in a processed food contains iodine, it will be listed in the ingredients list of that food. Focus on decreasing the amount of salt consumed from processed foods and get your sodium from iodized salt. Seaweed, saltwater fish and seafood are natural sources of dietary iodine. Dairy products also supply iodine in the diet at varying levels. During lactation, the breast concentrates iodine in milk so breast milk tends be a good source of iodine as long as the iodine intake of a mother is adequate. Plants grown in iodine rich soil are also good sources. However, this is not a reliable source of iodine since there is no way of knowing whether produce purchased in grocery stores is grown in iodine rich soil or not. Iodized salt usually adds less than about three.

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India assumes the presidency of Group of Twenty (G20) amidst a daunting global environment riddled with policy challenges. A polycrisis landscape confronts G20 with headwinds from slowing global growth and trade, high inflation, aggressive monetary policy tightening and associated spillovers, geopolitical tensions, debt distress, climate change and the lingering pandemic. Amidst centrifugal forces pulling at the fabric of globalisation, the role of G20 in fostering global policy cooperation is crucial. As the third largest economy in the world in purchasing power parity (PPP) terms and the fifth largest in terms of market exchange rates, India accounts for 3.6% of G20 GDP in nominal terms and 8.2% in PPP terms. IMF projects that India GDP will grow at 6.1% in 2023, which would be the highest among G20 nations. Air pollution in India is often seen as a challenge confined to the Indo-Gang etic Plain (IGP) air shed, the seven states beginning with Punjab in the northwest to West Bengal. A report in TOI showed that it not always the case. Coastal metros, Mumbai and Chennai, recently recorded air quality index readings worse than Delhi. In general, the situation is worrisome. The World Air Quality Report this year showed that of 50 global cities with toxic air, 35 are located in India. Poor air quality is a public health problem, whose effects spill over to other areas. The Global Burden of Disease Study in 2019 estimated that 18% of deaths that year in India were attributable to air pollution. The economic cost came to 1.36% of GDP. Within India, it the poorer states across IGP which experienced the largest increase in pollution. In other words, a disproportionate burden of India abysmal air quality is borne by the more vulnerable sections of the population. It certainly not a price that needs to be paid for economic progress. World Bank cross-country data for 25 years (1990-2015) shows that China and Vietnam recorded a higher average GDP per capita growth with a smaller change in mean annual PM 2.5. Among air pollutants, it the growing incidence of PM 2.5 that is the most damaging. With a diameter of about one-thirtieth the width of human hair, it arises from many sources, including dust. Therefore, tackling air pollution in India can no longer be about localized solutions. So far, India policy approach to improving air quality has tended to be city-centric. It won work because the source of the problem is an air shed, which represents a common geographic area of pollutants. Consequently, Delhi despite a huge vehicle density sometimes has better air quality than surrounding areas. The common thread running through urban areas such as Mexico City that have managed to improve air quality is approaching the challenge as one that spills across political boundaries. Once a geographical air shed is the focus, the nature of incentives offered by public policy will change. In India, it means that Go has to play a more proactive role of coordination as air sheds span clusters of states.

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Given the health and attendant economic costs of toxic air, a solution is in the common interest of Go and all affected states. Congress pick of Sukhvinder Singh Such as the next Himachal CM nips in the bud factional fights that could have broken out in the state. Himachal has been the only bright spot for Congress in a long time. With three Himachal Congress leaders Such, Makes Agnihotri and ex-CM Virbhadra Singh wife Pretibial Singh vying for the top job, things could have easily fallen apart. But in electing Such a self-made politician who led the Congress campaign as CM and Agnihotri as deputy CM, Congress has managed to accommodate two of the three leaders. Plus, passing over Pretibial Singh was a good idea to neutralize BJP dynasty barb. That said, factionalism continues to be a big problem for Congress across states. It was the single biggest factor in the party Punjab disaster earlier this year where the tug of war between Navajo Singh Sadhu and ex-CM Charanjit Singh Channel wrecked its campaign. Similarly, the party also faces factionalism in big-ticket elections next year. In Karnataka, where Congress is well-positioned to mount a serious challenge to BJP, the party needs the two factions led by Siddaramaiah and DK Shiva Kumar to pull together. It remains to be seen if party president and Karnataka leader Mallikarjun Charge can facilitate this. In MP, Kamal Nat and Digvijaya Singh have to keep their personal interests in check, while in Rajasthan another Ashok Gimlet versus Sachem Pilot dogfight could spell deep trouble for GOP. Unlike BJP and PM Mode, the lack of a charismatic, vote-pulling central leadership in Congress means the party high command can easily discipline warring factions. But Himachal has shown keeping factionalism in check will be key to the party prospects in direct electoral contests with BJP. Perhaps this rather than the Bharat Judo Yare needs greater attention. Two images. In one frame Aim Adam Party CM candidate for Gujarat Sudan Gandhi cuts a forlorn figure. He has just been routed. In the other image his party boss Arvin Kejriwal is smiling, thanking the people of Gujarat for conferring national party status upon his chhoti is party. Kejriwal AAP may have been rejected by the electorate in Gujarat and Himachal, but he was not going to let this minor detail get in the way of telling a good story. A story of the city that was Calcutta had it that a party-goer of mature years, having over-indulged the previous evening, the next morning scanned The Paper as The Statesman was known and not finding his name in the death notices of that august publication was reassured that he was still in the land of the living. The anecdote buttressed the urban legend that your demise could not be deemed to have taken place unless duly recorded in the newspaper, which was billed as having no competitors, only contemporaries. Much more than just a daily, The Statesman was an icon of.

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Calcutta, and the grand building on Chowringhee that housed it was as much a city landmark as the Victoria Memorial. That splendid edifice still stands, but the spirit which gave it life has long been extinguished; a husk of its former self, the structure is now to become a shopping mall, putting a final nail in the coffin of an historic entity. I was privileged to play a very minor role in the saga of The Statesman, first as part of the three-member team which, led by the charismatic Desmond Doing, launched the country first youth magazine, The Junior Statesman, in 1967, and then as an assistant editor in the parent paper. Assistant editors occupied the hallowed realm on the third floor known as The Corridor. It was here that, under the magisterial tutelage of a master of English prose, Lindsay Emerson, I became an apprentice in the craft of writing the third editorial, the literary equivalent of that culinary whimsy, the perfect souffle. To the extent that I fell short in the endeavor, the fault lay not in the teacher but in the pupil. The Statesman also reproduced The Times, London, cryptic crossword to which I became addicted, setting the seal on a lifelong vocation of verbal gymnastics. The Statesman was an inert institution but a living tradition that helped shape many lives, mine included. And I reflect on the irony of fate that it did live up to its myth and announce its passing by carrying its own obituary. Ethos, Logos, Pathos, the structure of a great oral argument, has been passed down through the ages, starting with Aristotle. Ethos, the first step, is about establishing the speaker authority and status; logos, the next step, is presenting one logical argument. And pathos, the final step, is to sway the listener by appealing to their emotions. Almost 2,500 years later, we use this structure not just in oral arguments, but speeches, debates and everyday conversations. However, the Chinese Whispers of history have warped Aristotle structure to an unrecognisable form, defeating its purpose, and indeed achieving the opposite. Worst of all, Pathos, today, retains its form, but is twisted around: Rather than appealing to the listener emotions, the speaker objective is to deluge the other with a barrage of the speaker emotions, which are generally negative rage, desperation, disapproval and often not real, or greatly exaggerated. A Human Being without Emotion is not a Human Being? Human culture is like a pendulum norms and fads in one generation are countered by a later one swinging the norm to the other side, and the cycle continues. This is no different for how humans think of, express, and use emotions. Aristotle was perhaps the first advocate of the idea of balance in all things, which he described as he Golden Mean. It never favorable for society to be near any extreme. decades, and even centuries, our social constructs, particularly Western, have been rooted in the thought that women are emotional creatures, whereas.

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Men must be stoic and emotionless. Over the last 30 years, this construct has been challenged, especially with men being encouraged to express their emotions. And, It okay for a man to cry has been the war cry of woke culture. And over the last 10 years, the social pendulum has shifted to the other extreme, where the right to express one emotions has been weaponries. Especially in the West, outcomes like cancel culture and call-out culture are manifestations of this shift. Being emotional, which, today, means base emotions like anger, fear, despair, has become so fashionable today that we vet begun expressing, and not necessarily feeling, emotions on behalf of other people, as in I am angry for you. Palliatives like A human being without emotion is not a human being are casually thrown around, and the end result, is that the ideal human being in today society is a ball of rage and hysteria. Reversion to the Golden Mean While macro societies may take years to shift the pendulum back to the mean, micro pockets of intellectuals, which in today context are well-educated people in corporate society, would be the change masters of the next era. Individuals with resolve can surely beat the curve, work towards inner and outer balance, and not propagate hysteria culture. Some ways to revert to the golden mean of emotions are: firstly, be conscious of our modern-day need to be emotional. Only once were conscious, can we seek inner balance, and also help others achieve emotional regulation. Secondly, replace base, primary, negative emotions like anger, hurt, embarrassment with higher-order, positive, complex emotions like affection, confidence, thankfulness, relief, contentment, comfort and excitement. The limbic brain, to save bandwidth, prefers base emotions like anger, which are simple to execute. Complex emotions take a bit more effort, but also provide better outcomes. While this may take time and effort to replace the emotions one genuinely feels, it certainly a good first step to do this for emotions one expresses. Thirdly, moderate the intensity of emotions expressed, which would naturally moderate the effect of emotions felt, by oneself and by others, leading to productive discussions. By focusing on what we express, which is in our control, rather than on what we feel, which is a harder obstacle to cross, we create a self-fulfilling prophecy, where we begin feeling what we express. Especially in today context, less is more. An emotionally intelligent person would apply the right balance of emotional type and intensity, and distinguish between emotions felt, input, and emotions expressed, output. Fourthly, provide support to those who find it hard to fight the urge to be emotional through compassion, but also through tough love and a reality check when needed. The answer is Love For centuries, counselors whether parents, teachers, elders, spiritual guides, gurus have extolled the virtues of love as a universal healer and cure. Indeed, Understanding love, indeed, can help one balance one emotional world-view. Love is not an emotion, but the core of.

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One being we are all beings of immense energy, and this energy is nothing but love. All emotions are a form of love. For instance, happiness is when one obtains what one loves; all fear is ultimately the fear of losing love, whether for a loved one, an object, or oneself; and anger is an energy surge, in defence, when something one loves is threatened. Jealousy, or greed, stems from self-love, a vision of what one wants; and hatred arises when one feels deprived of what one loves. Human existence has been based on this principle, but a lack of understanding of this truth makes us engage in palliatives we try to solve for a particular emotion, say anger, without understanding the nature of love behind it. Addressing one anger or fear at one instance helps with that instance. But this is not a long-term solution, as one has to expend energy to address each instance, or risk getting bogged down. For a sustainable, long-term solution, To truly be at the golden mean, one must introspect, and identify the objects of one love. Then one can decide whether to: first, refocus one love in another direction. For example, loving one is a good thing, but too much leads to narcissism. One can choose to refocus some of this self-love towards love for others, or the world; loving an object, if getting out of hand, could be refocused towards sharing the object with others, or towards love of an activity, of an experience. Second, retain one love, but reframe it in a positive form. For instance, when one perceives a threat towards a person that one loves, shift one form of love from anger to tolerance, forgiveness, compassion, understanding, acceptance; and when one feels lacking in some regard, shift one form of love from jealousy and hatred, to motivation, inspiration, enthusiasm, and a drive to improve. Only by channeling one love, and balancing between its forms, can one become a Master of Emotion, and bring more positivity and change in the world. In the words of J Freedman: Emotional intelligence is a way of recognizing, understanding, and choosing how we think, feel, and act. It shapes our interactions with others and our understanding of ourselves. It defines how and what we learn; it allows us to set priorities; it determines the majority of our daily actions. Research suggests it is responsible for as much as 80% of the success in our lives. The Liberalized Remittance Scheme (LRS) was introduced by the RBI in 2004 on the recommendations of the Tara pore Committee. It was aimed at streamlining the process of sending money outside India by Indian residents, which used to be very time-consuming and cumbersome. Prior to 2004, Indian residents required approval from the RBI every-time they sent money overseas. While it was easier to send money into India, it required a lot of time, effort and documentation, if you wanted to send money out of India. Today, under LRS, you.

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Do not need regulatory approval for transactions up to $250K outside India in a financial year. On an average, remittances under LRS have grown 18% over the last 4 years, pandemic notwithstanding, and are expected to cross $24B during the current fiscal. Much of this surge can be attributed to broad trends like global trade improvements, borderless e-commerce, cross-border B2C payments and web-centered businesses. Under the LRS, Indian residents can remit money overseas for travel, education, medical care, purchase shares and property, care for relatives living abroad, make gifts, and donations. In fact, travel, education (study abroad), and maintenance of family are the three largest headers together accounting for around 75% of the remittances made under LRS. Individuals are also permitted to open, maintain, and hold foreign currency accounts with overseas banks for carrying out transactions. The RBI has now said that all scheduled small finance banks (SFBs) will be eligible for authorized dealer (AD) category-I license after completion of at least two years of operations as AD Category-II. As a Category-I authorized dealer, SFBs will be allowed to deal in all other transactions in foreign exchange like bill of exchange, cheese, letters of credit, deposits, etc. While as a Category-II Authorized dealer the bank is allowed to offer only money changing facilities. The move provides further flexibility to customers of SFBs meet their foreign exchange business requirements and avail a wide range of fore products at the same time. Advances in remittances under LRS Recently, the Reserve Bank of India (RBI) announced the successful exit of four entities from its regulatory sandbox cohort for cross-border payments. This opens the door for the innovations of these entities, which address inward outward remittance and provide block chain based solutions among others to be adopted by the financial services industry. Currently, the majority of innovations in cross-border payments are around reducing the cost of small ticket transactions, improving transaction speed and digitization of associated reporting compliance. The RBI has further played a supportive role by allowing payment service providers to get involved in the payments journey for LRS. This comes with key benefits: Proliferation of embeddable low code and no code solutions for the customer journey: Traditionally LRS payments were being done by the remitter through their bank with the process involving paperwork, being expensive and prohibitive for small value transactions. However the involvement of modern payment providers allows unboxing of LRS payments from the bank and taking them as an embeddable feature into various apps. Imagine remittance as a feature on familiar websites and apps we use regularly the app would be the customer facing interface for the collection of payments instructions, compliance documents, while the authorized dealer bank would still be carrying out the actual remittance, performing reporting and compliance checks based on the data received from the app. This is similar to a UPI-like innovation which also allows bank-to-bank transfers outside the box of a bank whi

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The counting started at 22. Twenty three twenty four the announcer went on, as the 73 year old man in a white T shirt and black tracks did pushups on a school stage in Madurai's on International Yoga Day past Saturday. At the count of 51, governor R N Ravi stood up, dusted his palms, and walked away. Purists may say push-ups are part of yoga, but then the former IPS officer had just demonstrated how yoga helps him keep fit and strong. Politicians have a gruelling routine, waking up early to meet and greet people, holding endless meetings and traveling extensively. The daily schedule itself is physical exercise, but for politicians to keep going, they need to inculcate the habit of structured workouts. Is that a tall order? Perhaps but that is precisely what governance ought to mean: not the pursuit of personal glory or the entitlements of high office, but the sober, everyday duty of serving the public good. If power is to have purpose, it must be measured not by motorcades and ribbon cuttings, but by safer roads, functioning hospitals, honest enforcement, and lives spared from preventable tragedies. And many of them are doing it in good earnest. Tamil Nadu chief minister M K Stalin walks, cycles and occasionally does weight training. When he came for The Times of India Happy Streets at Anna Nagar on Aug 23, 2022, I asked him if he wanted to walk just half the street and go back. I want to do the whole thing, he said, and went on to walk the almost 2km stretch, stopping intermittently to play basketball, badminton and table tennis. When I told him I was impressed by his fitness level, Stalin's whispered a joke: You know, when I go abroad with my son Udhayanidhi, some people who don know us wonder if we are brothers. I pulled his leg: Who the elder brother? Udhayanidhi, 47, says his busy schedule as deputy chief minister has robbed him of his gym hours, but he plays badminton. Actor politician Vijay, who has worked himself out for his first profession, may find it useful to maintain his physique for the more taxing second profession. Unlike many politicians who don play the game despite presiding over the apex bodies of those sports, PMK leader Anbumani, who is the president of Tamil Nadu Badminton Association, is a regular at the badminton court. NTK leader Seeman gym videos have gone viral, not just because of his comment I do a thousand reps of bicep curls with dumbbells when I get aggressive. Among the previous generation politicians, Vaiko, now 81, kept himself fit playing volleyball even when he spent 18 months in prison during According to Sudesh Verma, the author of Narendra Modi the Gamechanger, the 74 year old Prime Minister rarely skips his morning walk. He also finds time for yoga and meditation. Among the younger lot, Congress leader Rahul Gandhi, 55, is a black belt in the Japanese martial art of aikido. Union sports minister Kiran Rijiju is a fitness freak who posts workout videos on his social media handles. Congress leader Sachin Pilot, 47, runs marathons, and plays cricket and football. NCP MP Supriya Sule, 55, cycles and does yoga regularly. Telangana chief minister Revanth Reddy, 55, is a football enthusiast. The caricature

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Our politicians have realized the need to be in shape and flaunt it as part of image building. And that a healthy trend that should inspire people to follow suit. Increasing scientific evidence points to how physical fitness fosters a sharp mind and that something a politician cannot lose, should he remain in circulation. As for our lawmakers, if a healthy body is a prerequisite to having a healthy mind, being fit should leave them with one less excuse for bad decisions. We are often told, Live in the present moment. But what if the present moment is unpleasant? How does one survive it then? Thousands of years ago, Maharishi Patanjali, one of the most prolific minds, scientist and seer in the very first chapter of the Yog Sutras, gave a profound insight Heyam Dukham Anagatam. The purpose of yog is to stop the suffering before it arrives. This one line holds the essence of what yog truly is. It is not an escape from life. It prepares and strengthens your body, mind and spirit to remain unshaken, no matter what life brings. Maharishi Patanjali talks about the five main causes of misery. Avidya is taking the impermanent to be permanent and the permanent to be impermanent, a fundamental misunderstanding that distorts our perception of life; Asmita is identifying the Self with the intellect. When the ego masks the Higher Self, it becomes rigid and resists change, which leads to more suffering. Then comes raag, an attachment or craving for pleasant experiences. Craving for repeated pleasure keeps the mind agitated and restless, and opposite of this tendency is dwesh, which is an aversion to people or situations. It binds the mind to what is unwanted and fills it with complaints. Abhinivesh, the fifth one, is the deep rooted fear of losing one existence. Even the wisest are not free from this instinctive fear. These are not miseries in themselves. But when they give rise to emotions like anger, jealousy, fear, or frustration, they become seeds of suffering. The good news is, they can be transformed. Yog reorients these energies and brings us back to balance. Have you noticed that when you're joyful, something within you expands? And when you're sad, it contracts? Yog is becoming aware of this subtle expansion and contraction in your consciousness. It is the art of tuning into that space within us which remains untouched by success or failure, joy or sorrow. If the present moment is difficult, just accept it, digest it fully with awareness. Often, we are overwhelmed by our emotions simply because we were never taught how to handle them in schools and colleges. So, we stay stuck in resentment or sadness for days, sometimes even months. Yog helps us see beyond the surface. Every experience whether pleasant or painful has wisdom behind it. And when we look for that wisdom, we are no longer a victim of the event. This is the secret. Yog makes you self-reliant. Anger, fear and mistrust don just hurt individuals. They tear apart relationships and communities. Yog expands your awareness to include others. It helps you feel connected with people, rather than suspicious or insecure. This does mean a yogi is gullible. It simply means that you begin to act with

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UPI to the remitting individual: In the current state, UPI as a payment option for cross border remittance is used for just the domestic leg of the payment, while the cross-border leg of the transaction does change. However, this still helps payment providers aggregate payments from various users for a single bulk settlement, thus distributing the steep cross-border transaction costs as compared to using one bank to make a one-off remittance. At the same time the benefits of UPI cheap, fast and extremely user friendly are still made available to the remitter. Customized solutions for different use cases: LRS transactions can be made under many headers. And each use case might have a slightly different type of documentation or nature of payments involved. For instance, an education-related payment is very high ticket size and always accompanied by an education loan, while a payment to purchase listed stocks is about cost, speed of settlement and more complex identity verification. The applicable tax obligation under the Tax Collected at Source (TCS) is also different for different value of payments and needs to be adjusted with the payment flow. Easier and digital documentation: Digitisation has been ongoing in the banking system for some time, and the same has extended to the LRS process. One of the key ways an LRS payment is different from a domestic payment is the annual limit which needs to be checked. In addition to this, it is a foreign exchange transaction and thus needs to be reported to the RBI. The associated documentation for these checks and reporting used to be manual and physical document driven. Particularly with smaller value cross-border transactions, the lack of end-to-end digitization, documentation requirements and high fees often act as a hindrance. For instance, a $100 gift will need to go through the same amount of paperwork as a $250,000 transfer. However, of late, we are able to collect these in a digital manner, and scanned copies have been replaced by fields in an online form that can be filled by a user. 5. Easing capital account transactions into foreign assets: This was a significant outcome of the aforementioned Regulatory Sandbox. Remittances for investment in assets like listed stocks, mutual fund units and foreign debt instruments are also covered under LRS and are known as capital account transactions. These transactions, while just around 5% of the total remittances, have grown sharply by more than 300% over the last 2 years. Allowing finch service providers to facilitate remitter payments and digital documentation for such transactions will go a long way in boosting the share of LRS transactions up from 5%. Similar to the lines of policies to boost exports for valuable fore earnings, enabling Indian investors to hold foreign assets under a regulated setup is a great step in the right direction. Liberalizing outward remittance payments for individuals will allow multiple investment and consumer finance platforms to enable an integrated and digitised cross-border payments experience. Particularly with smaller value cross-border transactions, the lack of.

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End-to-end digitization, documentation requirements and high fees often act as a hindrance. With a solution addressing these, it will be interesting to see if it brings about changes to the investment preferences of Indians and an increase in global trading. Goes without saying that every Indian heart beams with pride each time we come across a discussion on the country ambition to become a five trillion dollar economy. Given the boldness of our aspiration, it is only obvious that our plan of action to ensure that all the benefits of this growth trickle down to all segments of society must also be bold. Keeping this vision in mind, the government has consistently championed and proposed schemes that focus on taking advantage of our indigenous abilities and strengths. India remains a critical market for a wide range of goods and services given the diversity of purchasing power and the needs of customers. However, not having been able to sync it with indigenous production abilities meant that the benefit of our depth and breadth as a market was being enjoyed by other players. A focused approach through interconnected campaigns like Make in India and kill India as well as plans such as the PLI scheme are making a push to boost homegrown brands. The disruption in global supply chains caused by the pandemic was a stark reminder of our over-dependence on external inputs and imports. The moment cross-border movement was restricted and travel was limited, several industries were unable to deliver on their deadlines and promises. Thus, despite the huge market potential, not enough companies could reap the same benefits until the impetus for manufacturing in India came through various government schemes. According to several estimates, the renewed push towards the Atmanirbhar Bharat Bahaman mission helped reduce dependence on imports of air conditioners. Between October and November 2020, the country is said to have reported a 65% reduction in imports of split ACs or air conditioners. With policies that support the localization of component manufacturing, which incentivize using locally produced materials can create wonders for all stakeholders. When indigenous parts are used, the costs to customers will come down eventually. In the beginning years, the costs might go up to a certain extent but as I said, eventually they will come down. This should lead to an increase in their spending and consumption thereby boosting industrial production, which would ensure that some of the financial benefits trickle down to the workers too. Relying on materials produced in the homeland not only has strong economic benefits for all the stakeholders but also helps ensure that supply chain issues are strengthened and not left to stop-gap arrangements. If one were to look at India as an air-conditioning market, we see that while there is huge potential for the market to grow, it remains under-penetrated for a range of reasons. The most significant factors are the cost of products as well as the time taken for the product to reach the markets. Both have a.

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This puts the ever-increasing community of home professionals in an exciting situation with increased opportunity, with a sub-optimal ecosystem. Depending on the size of the Professional business, they face issues of price opacity, poor customer service, credit availability, limited efficiency tools, and ad-hoc earnings, at different degrees. Due to the inherently fragmented nature of the sector, it does not have any organised community of home-building professionals like architects, interior designers, contractors, and individual skilled workers. Some of the unprecedented challenges for most professionals include: Creating an ecosystem for home interior professionals can help significantly mitigate these challenges and also bring efficiencies across this sector. Some of the core features of this ecosystem would include a one-stop-shop for all materials; pro-centric processes; easy ordering and delivery coordination; brand and category agnostics earning opportunities; digital tools; regular skill up gradation; and access to systematic credit. India has seen increasing organised plays across many sectors e.g., retail, logistics, faintish, and textiles; now is the right time to kick-start the transformation of this sector. We are hopeful that it will see increased employment, better earnings and lifestyle improvement across all involved professionals. In recent years, the telecom industry has undergone tremendous technological development. The advances in research, infrastructure, and execution by the telecom sector have facilitated high-speed internet connectivity which was 56kbps with dialup and is close to 20gbps with 5G, resulting in greater digitalization adoption rates. This advancement has led to the adoption of technologies like Big Data, AI, Cloud Computing, and IoT by various business functions and sectors, revolutionising the entire economic landscape. It is difficult to imagine how the situation would have been without the telecommunication sector evolution, support, and growth. This digitalization across sectors, has constantly evolved customer behaviour too. For instance, 87 of buyers search the internet about a product features or reviews before buying it. Customers prefer brands that make efforts to interact with them regularly through different platforms, and personalization is one of the critical bases on which a business-customer relationship is built. In fact, according to a McKinsey survey, the volume of customers that prefer personalised messaging is around 71. This implies that companies need newer ways to interact and communicate with the target customers. Significant progress has already been made by developing a 3D environment and digital avatars through which customers can interact with brands, try on products, and even pay digitally. The entire experience, as described, is the emergence of the met averse. Met averse is expected to be the next big and most relevant thing when it comes to digitalization. For the unaware, met averse refers to a collective, virtual, and open space developed by integrating virtually enhanced digital and physical reality to provide an immersive experience to customers. The usage of digital

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Telecom, and connectivity The connectivity has enhanced drastically with technological advancements in the sector, resulting in the faster speed of the internet. For instance, the advent of 5G technology will significantly facilitate advanced digital services such as the metaverse. Along with the world major economies, India aims to roll out comprehensive 5G services soon a few pilot projects are already underway, which will further improve the adoption rates of the latest processes like the metaverse. The telecom companies are ensuring that such latest technologies and an immersive experience can be offered to the customers. However, what shall be even more critical would be the availability of high-end connectivity such as 6G. The current technologies such as 5G and 4G might be enough to meet the current requirements. However, 6G will be even more crucial for connectivity and performance of networks as it is estimated to be 100 times faster than 5G. Hence, with the development of the latest infrastructure, telecom companies shall be actively working as co-creators of the metaverse. The capabilities, features, and requirements of devices must be metaverse-ready. Some major companies have announced metaverse-ready smartphone development, thereby acknowledging the future trends. The scope of the metaverse in different facets of business, starting with the customer experience and marketing, can be further elaborated by the expected size of the sector. The technology has an annual revenue potential of up to $1 trillion. With the increased role of the metaverse, the part played by the telecom industry, which will be a facilitator for the technology, shall be even more assertive. How metaverse will enhance Customer Experience CX One of the prime reasons for the success of metaverse so far can be attributed to the improved customer experience that the technology offers. As per a recent survey, by 2026, around 25 of internet users will spend at least one hour per day on metaverse. Hence, this shall be an excellent opportunity for the brands to create meaningful, personalised customer experiences. This further implies that there will soon be a need for marketing and customer interactions to be virtually active. Some companies have already created virtual worlds that can be accessed through smartphones and consoles. Customers can playfully interact with the brands, and such theme-based marketing is the future of CX. Hence, the metaverse experience will have to be integrated into handheld devices, like social media apps were integrated a few years ago. Metaverse will be common and more accessible due to the improvements in these devices, smartphones and consoles with enhanced connectivity capabilities. The role of telecom companies in restricting fraud In addition to the whole lot of advantages that the metaverse has on offer, it is critical to notice how the metaverse can be a breeding ground for scammers and fraudsters. This is where the role of telecom companies shall be critical, as the end users will need the expertise and resources of these organisations to have a secure ecosystem. Various solutions such as omnichannel firewalls and even improvin

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Common connection the reliance on external products. Others have been the Cost of Power along with the availability of steady power in many parts of the country. Now with electricity availability easing up even in small towns, AC buying, and usage will also go up. On the other hand, with the Energy Efficiency of ACs going up, the cost of using the same will come down. As for localization, having a strong system in place for procuring and producing materials locally will bring down both the element of cost and time. Further, it also insulates the industry and the economy from any shocks that may occur externally. For instance, it remains difficult to be unscathed in the face of any global recession or pandemic if all our processes are dependent on external elements. Bringing in place a robust, locally sound system will ensure that the damage of any global crisis is minimized or arrested immediately. India has a huge potential to export Air Conditioners. Many countries are seeking to import from a source in addition to China. Thailand has stepped up and become a major supplier. However, India has an opportunity. Government policy coupled with the manufacturer ambition can make India a major export hub. Major multinationals that are manufacturing in India can make it an alternate sourcing hub. Indian brands need to take the brand and make it popular worldwide. For this, the cost needs to be aligned with the best cost available across the world. The Make in India for components, and hence the final product will ensure that India is competitive in pricing when it goes out to sell. While the policies have a production-oriented focus, the indigenous push is also necessary to empower human resources. Historically, brain drain has been a challenge on the one hand while employers complain about not having an adequate skilled workforce on the other hand. A strong production chain creates avenues for employment as well as opportunities for up skilling and reselling. Not only problems related to human resource development can be solved by government schemes alone. Creating, building, and sustaining the demographic dividend is a project that must be led by the industry and government collaboratively. An increase in opportunities to employ a greater number of people is also the means through which industry contributes to nation-building and strengthening society. Given the popularity of Indians across the globe in various job roles, it is clear that they do not lack the acumen but may need some on-the-job training which need not be difficult for employers if they have solid skilling initiatives in place. A strong and locally bound supply chain has many advantages ranging from cost-effectiveness for producers to value for money and a more diverse inventory for customers. Most importantly, it sets the stage for an easy and wide expansion of the industry players as well as an improvement in the quality of life and purchasing parity of the citizens. Import substitution is the biggest obstacle in this process.

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And the government stringent push for indigenous resources is a necessary and laudatory step in this direction. Given how the electronics industry bounced back in the face of the pandemic-induced disruption, it is clear that it is time to write a new history that is led by home-grown leaders. Our ambitions are bold but so are our actions. The Supreme Court has sought the response of the Central Government to a plea filed by the National Commission for Women (NCW), seeking a uniform age of marriage for women, irrespective of their religion or personal laws while hearing the said petition. NCW in its petition had pointed out that the minimum age of marriage under various personal laws under the Constitution other than the Muslim personal law is consistent and in consonance with the other prevailing penal laws. The Commission pleaded that under the Indian Christian Marriage Act 1872, Paris Marriage and Divorce Act 1936, Special Marriage Act 1954, and Hindu Marriage Act 1955, the minimum age of marriage for a man is 21 years and for a woman 18 years. However, under the Muslim personal law in India persons who have attained puberty are eligible to get married i.e., on attaining the age of 15 years (in absence of evidence), while they are still minor, the plea brought to the notice of the bench. NCW in its petition therefore has accordingly sought an increase of marriageable age for girls to 18 years under the Muslim Personal Law to make it consistent with the prevailing laws in India. The Commission has pleaded that the minimum age for marriage for girls should be affixed to 18 for all, irrespective of religion and personal laws. Terming the Muslim personal law as arbitrary, irrational, and discriminatory, NCW expressed that the Penal provisions are age-centric and not religion-centric or personal law centric. The non-application of the provisions of the penal laws to Muslim Women under the pretext of these not applicable to the Muslim Women therefore adversely and negatively impacts the fundamental rights of women who are governed by Muslim personal law and are victims of sexual abuse and exploitation. The NCW, represented by Senior Advocate Gaeta Lutheran, Advocate Nation Saluda and Advocate Shavian Lutheran Holiya therefore submitted that these penal laws must be made applicable to minor Muslim married women below the age of 18 years who were married off before attaining the legal age. NCW also highlighted the dichotomy in law where Section 375 of the Indian Penal Code treats any act of rape against a woman below 18 years, with or without her consent, to be an offence. Under Section 375 in The Indian Penal Code, A man is said to commit rape, who has sexual intercourse with a woman under circumstances falling under any of the six following descriptions: Against her will. Without her consent. With her consent, when her consent has been obtained by putting her or any person in whom she is interested in fear of death or of.

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Hurt with her consent, when the man knows that he is not her husband, and that her consent is given because she believes that he is another man to whom she is or believes herself to be law¬fully married. With her consent, when, at the time of giving such consent, by reason of unsoundness of mind or intoxication or the administration by him personally or through another of any stupe¬fying or unwholesome substance, she is unable to understand the nature and consequences of that to which she gives consent. With or without her consent, when she is under sixteen years of age. The NCW also opined that allowing Muslims to marry at the age of puberty (around 15) is arbitrary, irrational, discriminatory and violate of penal laws. The plea said even the Protection of Children from Sexual Offences Act (POCSO) does not provide for those under 18, to consent to sex. It said the PIL was filed for enforcement of the fundamental rights of minor Muslim women to bring Islamic personal law in consonance with the penal laws applicable to other religions. Earlier, the apex court had agreed to examine the plea of the National Commission for Protection of Child Rights (NCPCR) against an order of the Punjab and Haryana High Court which said that a Muslim girl who is 15 years old is competent to enter a contract of marriage with a person of her choice under the Muslim Personal Law. The Apex Court accordingly had issued notice to the Punjab government and appointed senior advocate Rajshekhar Rae as amicus curiae to assist the court in the matter. NCW in its plea said that solemnization of a marriage of man below the age of 21 years and of a woman below the age of 18 years is a punishable offence under the Prohibition of Child Marriage Act, 2006. As such, the Muslim personal law, which permits children to get married on attaining puberty i.e., at the age of 15 years, is thus violate of the aforesaid penal provisions, NCW pleaded. The plea said that even the Protection of Children from Sexual Offences Act (POCSO) does not provide for those under 18, to consent to sex. It said the PIL was filed for enforcement of the fundamental rights of minor Muslim women to bring Islamic Personal Law in consonance with the penal laws applicable to other religions. The bench headed by Chief Justice of India DY Chandrachud has accordingly issued a notice to the Centre in this connection & directed that the response be filed within four weeks. This has probably been done taking into consideration the dichotomy in law highlighted by NCW where Section 375 of the Indian Penal Code treats any act of rape against a woman below 18 years, with or without her consent, to be an offence. Additionally, this makes the marriage of a girl below 18 years to be a punishable offence. Sexual assault against a girl child below 18 years is declared to be.

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Punishable under the Protection of Children from Sexual Offences Act. It is heartening that the apex court has taken cognizance of a matter that should ideally have been taken up long back. However it had not been given the attention it deserved by the successive governments. Hope the government of the day responds in all seriousness, initiating a move towards the emancipation of not only minor Muslim Women but Indian Women in general. The ESG risks of an investment can have a significant impact on the performance and value. Investors need to look at these risks before capital investment. ESG risks can arise from a range of sources, including environmental regulations, social and political changes, and governance issues. They can affect a company operations, reputation, and financial position. Investors can better understand the potential risks and opportunities associated with an investment, and make more informed decisions about where to allocate capital. This can help to protect the value of their investments and to ensure that they are aligned with their values and investment objectives. ESG Reporting Standards In many cases ESG risks assessment can be enforced by the LP or GP of a fund or it can also be voluntary from the companies being invested. When such reporting becomes part of investor updates, it is necessary to have some standards to evaluate such risks across the entire portfolio. There are several global standards that have been gaining traction with respect to ESG reporting. For example 1. The Global Reporting Initiative (GRI) is a widely-used framework that provides guidelines for companies to report on their sustainability performance. The GRI framework covers a wide range of sustainability issues, including environmental, social, and governance factors. 2. The Sustainability Accounting Standards Board (SASB) is a nonprofit organization that develops industry-specific standards for companies to disclose their sustainability performance. The SASB standards are focused on financial materiality, which means they aim to provide information that is relevant to investors. 3. The Task Force on Climate-related Financial Disclosures (TCFD) is a voluntary framework that provides guidance on how companies can disclose information about their exposure to climate-related risks and opportunities. The TCFD framework is focused on providing investors with consistent, comparable, and reliable information about a company approach to managing climate-related risks and opportunities. For example, an investor who is concerned about climate change may want to avoid investments in companies with high greenhouse gas emissions, and instead prioritize investments in companies that are taking action to reduce their carbon footprint. By considering ESG risks, the investor can identify investments that align with their values and that may be less vulnerable to potential ESG-related risks. What is a standard? A specific standard might lend itself better than others depending on the investor objective. GRI for example specifies 3 standards: 1. At a universal level which identifies reporting standards on the company entity identification, reporting period,

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May be different for say oil and gas mining companies versus an information technology company. At a material topic level which the company identifies and are actively spending or taking initiative like water waste management, diversity and inclusion or carbon footprint reduction. At present only a few public companies report according to some global standard and is a rarity among private companies. Based on available data from filings or annual reports it is possible to arrive at a set of metrics that can characterize the ESG related initiatives, opportunities and risks in a company. If you look at the filings metrics around financials that come under governance are more widely available than for environment and social dimensions. Corporate Social Responsibility (CSR) spends and related metrics is more widely available among both public and private companies. But the devil is in the details and the base data disclosures that can be used for evaluating ESG risks. Here a more standardized reporting covering for the hygiene factors of any reporting could go a long way in understanding ESG risks while investing. These factors include: 1. Relevance: Is the standard relevant to the industry and business model? For example, if the investee company is focused on environmental sustainability, a standard that emphasizes environmental metrics may be more relevant than one that focuses on social or governance factors. Transparency: Does the standard provide clear and transparent guidelines for reporting? A transparent standard can help to ensure that companies are reporting their performance in a consistent and comparable way, which can be useful for investors and other stakeholders. Materiality: Does the standard focus on financial materiality? A standard that emphasizes financial materiality can help to ensure that the information that is disclosed is relevant to investors, and can be used to make informed investment decisions. Acceptance: Is the standard widely accepted and used within that industry? If a standard is widely accepted, it can be easier to compare a company performance with that of peers, and to engage with investors and other stakeholders who are familiar with the standard. Evaluating ESG Risks From an evaluation of risks and their material impact investors should consider at least the following 1. Probability of adverse events: This involves estimating the likelihood of an adverse event occurring, such as a natural disaster or regulatory change that have some potential impact on a company performance. Impact of specific events: This involves analyzing the potential impact of specific events on a company performance or even continuing operations as a company in the chosen business model, such as the introduction of a carbon tax or the implementation of new regulations or laws. Stakeholder engagement: This involves engaging with stakeholders, such as customers, employees, and communities, to understand their perceptions of risk and the potential impact of ESG risks on a company reputation and performance. Conclusion Overall, considering ESG risks is an important part of the investment process, and can help investors to make more informe

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Enough to put you in a lull. Either way, you ll be dozing off to pleasant dreams before you know it. By making you more empathetic Reading makes people empathetic and aware of others emotions and energies. Because books, both fictional and non-fictional, showcase a diverse array of characters from different walks of life, reading various content widens your perspective. It makes you more receptive to lives and beliefs different from yours, thus improving your level of empathy. Empathy and the positive emotions that come with it can improve your mental health. Apart from making you a tolerant and accepting person, it can give you a brighter outlook on life and make you appreciate what you have, boosting your mental health as a ripple effect. By breaking sabotaging habits Ignorance is not bliss if you go to think about it. Because reading opens the mind to new possibilities and alternative ways of thinking, it fosters mental flexibility. To preserve and improve one mental health, one has to be open to making changes and taking steps to improve their mental health in the first place. Mental wellness is not a linear process, but reading can help hold yourself accountable and be open to change. A reading habit can help you introspect deeper, understand your and your fellow humans emotions better, and develop a stronger relationship with yourself. By helping you stay in the present Because reading engages your mind and keeps you involved in every aspect of the content, it helps you connect better with the present moment. Reading can thus inculcate mindfulness and create a state of effortless zen in you. Just being can work wonders for your mental health. Anchor yourself to the present. Free yourself from the burden of the past and the worry of the future. Interestingly, reading works along the same lines as other de-stressing activities like yoga and meditation and has similar effects on mental wellness as laughing The fear of recession is looming across the globe, resulting in the second wave of layoffs emerging in the world of business. The onset of the pandemic forced many talent managers to make tough calls and announce layoffs. This resulted in businesses redesigning their workforce size and structure. As the uncertainty looms, businesses are interrupted by global market conditions and massive technology wave sweeping across sectors. With the roll-out of the technology, major changes are brought into businesses and organizations should not consider layoffs as standard practice to be comfortable with the change. The widespread adoption of technology across sectors has redefined the way people communicate, collaborate and work. This brings technological breakthroughs in organizations and they indulge in layoff practices to replace human jobs with automation. According to the stats over 859 tech companies have laid off more than 1 lakh employees globally in 2022. With expedited digital transformation, many job roles will no longer be relevant in the coming months. On one hand, several companies have doubled their headcount to meet the burgeoning demand of.

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Every year, as wedding season sets in, countless homes across the country are preparing for ceremonies believed to be divinely timed and culturally sacred. But amidst the joy and festivity, a deeply painful truth persists many children, especially girls, will be forced into marriage under the guise of tradition and religion. This is just about one festival or one faith. Weddings surge across communities during auspicious seasons, and children from all religious backgrounds continue to be pushed into marriage. But for how long can this harmful practice be justified in the name of religion? Which religion, truly, approves of such a union? Which scripture blesses the denial of a child's education, freedom, and future? Which divine teaching says it is acceptable to hand over a child to a life of suffering, abuse, and injustice? Does Hinduism teach that maturity in marriage is essential? Does Islam advocate that a man and wife should be capable enough to bear the responsibilities that come only with age? Christianity uplifts childhood as sacred not to be burdened with adult roles and says, whoever welcomes one such child in my name welcomes me. This clearly cannot condone the abuse of children. Sikhism's commands that women be treated with dignity and respect, as the Guru Granth Sahib says: Women are not property or burden Gurus taught girls must be educated, respected, and empowered, while child marriage robs a child of all this and inflicts much more pain in her life. These are the better-known teachings across major faiths. But you, respected leaders, know many more examples where every faith, in its essence, advocates for a safe, secure world for children. Children are meant to be nurtured, protected, and loved not married off. And yet, child marriage remains a brutal reality in our society. Surely, no faith advocates this injustice. So where, then, did the message get distorted? Perhaps, decades ago, there were justifications poverty, lack of access to education, societal norms and security. But today, when knowledge is widespread, when the law is clear, policies are well in place to empower and educate children as well as women, and when the dangers of child marriage are well-documented what excuse can remain? And still, the facts are sobering. According to government data from 2019 21, 23.3% of women in India were married before the age of 18. That nearly one in every four young women a number that should shock the conscience of any nation. Despite the existence of strong laws, the problem persists. Civil society organisations are doing what they can within their capacities. Law enforcement agencies across the country are maintaining a strict vigil. Even Supreme Court of India issued guidelines to end child marriage from the country. We have collectively been able to save many children from this crime, but admittedly given the deep entrenchment of this crime across all faiths and parts of the country, we have been able to save every child. Even the ones we have saved remain vulnerable with the threat of child marriage lurking from every corner. The situation remains grim, and the task uphill. For instance, a child in Karnataka was married t

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Different states. Different faiths. But the same story girls pushed into lives of abuse, injustice, and rape. Laws alone will not end child marriage. The machinery of government, civil society, and courts can only go so far. It is only when moral leadership steps in when you, the custodian's of faith, speak up that real change can happen. It is time for us to reclaim our festivals and end this practice, because nothing about these crimes is auspicious, or approved by any faith. You have a pivotal role to play in ending child marriage in India by 2030. Faith is powerful. A message delivered from the pulpit, the temple, the dargah, the church, the gurudwara, or the monastery carries the weight of centuries. It shape's hearts. It influences minds. And it sets the tone for what a community believes is right. This is your moment. We appeal to you please take a stand. Speak up, unequivocally, against child marriage. Tell your communities that this is not what our faiths prescribe. Remind them that religion is meant to guide us toward justice and equality not to trap our children in lives they did choose. Warn them that if anyone is caught performing a child marriage; they will be punished under law. Because when you speak, society listens. When you bless, people believe. When you say, this is not our dharma, this is not our deen, this is not our path, and you give families the courage to say no. This wedding season, let your sermons, speeches, and public messages be clear: Child marriage is not a religious obligation. It is a social injustice. We are with you and we are counting on you. Because unless you stand with us and unite against child marriage, ending it would remain a Sisyphean task, when while the entire ecosystem would fight tooth and nail to save one child's in one corner of the country, another child in another corner would have been married by then. It is only when you tell the communities that child marriage violates every faith and religion will the people listen, follow and "end" this crime. Climate change may be global, but it is not gender-neutral. And the faces most affected are not the ones most heard. Floods, droughts, wildfires, storms climate disasters are growing in frequency and ferocity. But behind the statistics and satellite maps is a truth we rarely talk about: climate change is hitting women first and worst. Especially women in the Global South. The UN estimates that 80% of people displaced by climate change are women and girls. That number is random, it the brutal result of existing gender inequalities colliding with ecological catastrophe. From Bangladesh coastal villages to drought-stricken Kenya, it is women who hold communities together while the ground literally disappears beneath them. When disaster strikes, women don just flee they carry everyone when a climate disaster hits, the checklist begins: save the children, the elderly, the disabled. Secure water, food, and shelter. These responsibilities almost always fall on women. In displacement camps or makeshift shelters, women are the ones who carry the young, feed the family last, and sleep light for safety. During the 2004 Indian Ocean tsunami and the 1991 Ba

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Advance its domestic arms industry with Pakistan-China combined sustenance even as it has developed a bilateral defence corporation with Russia. As General Min Aunt Haling regularly visits Russia with a shopping wish list including fighter jets, helicopters and missiles, etc., therefore China is apprehended that it might misplace Myanmar as a dependable buyer for its weapons and equipment. Probably on behalf of China, Pakistan is considering supplying heavy machine guns, 60 mm and 81 mm mortars and M-79 grenade launchers to the military rule of Myanmar. Myanmar is also looking forward to enhancing its military cooperation with Pakistan and is considering to buy air to surface missiles from Pakistan for their JF-17 fighter aircraft. It is pertinent to mention that the JF-17 Thunder multi-role aircraft is jointly developed by the Pakistan Aeronautical Complex and China Chengdu Aerospace Corporation. Pakistan was earlier a staunch fault-finder of the Myanmar government for what it alleged was a state-supported operation against Rohingyas in western Myanmar Rakhine state. On the other hand, Myanmar blamed Pakistan for providing arms, ammunition warlike stores and extending training facilities to the terrorists and radical groups, especially the Arakan Rohingya Salvation Army. But China has played its part in bringing together Pakistan and Myanmar closer and brokering arms deals. The Stockholm International Peace Research Institute (SIPRI) report indicated that during 2019-20 the share of Chinese arms exports declined from 5.5 to 5.2 per cent. But, it is convinced that Chinese exports are being re-routed or underreported. A specific example is when a Chinese ship bound for Pakistan was intercepted in 2020 by Indian coastal authorities for carrying a steriliser, a dual-use technology, as an industrial dryer. China is trying to camouflage its activities by coaxing Pakistan to function on its behalf as far as supplying military equipment to Myanmar is concerned. This way, China avoids getting implicated in arms deal with Myanmar to blunt the surge of anti-China sentiments in a post-pandemic scenario and aftermath of the coup in Myanmar. Chinese double standard and its strategy are being exposed to the world. Various media reports indicate collusion between China and Pakistan to arm the military junta in Myanmar. The military regime of Myanmar has sustained its oppressive policies and spate of violence against the people of Myanmar. China has improved its relations with the military junta, and Pakistan has also jumped into the fray. The collusion between China and Pakistan to supply arms to Myanmar is a cause of concern for India. Thus, taking a pragmatic approach to the growing presence of our adversaries next door, India has strived to improve relations with Myanmar. Indian Foreign Secretary Vinay Kwatra made a two-day visit to Myanmar on Nov 20-21. He met with members of the military junta that presently rule the country. He discussed various issues, such as security and stability along the border, human trafficking, and infrastructure development. The relations of India and Myanmar are entrenched in common historical, ethnic, cultural and religiou

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Enough to put you in a lull. Either way, you ll be dozing off to pleasant dreams before you know it. By making you more empathetic Reading makes people empathetic and aware of others emotions and energies. Because books, both fictional and non-fictional, showcase a diverse array of characters from different walks of life, reading various content widens your perspective. It makes you more receptive to lives and beliefs different from yours, thus improving your level of empathy. Empathy and the positive emotions that come with it can improve your mental health. Apart from making you a tolerant and accepting person, it can give you a brighter outlook on life and make you appreciate what you have, boosting your mental health as a ripple effect. By breaking sabotaging habits Ignorance is not bliss if you go to think about it. Because reading opens the mind to new possibilities and alternative ways of thinking, it fosters mental flexibility. To preserve and improve one mental health, one has to be open to making changes and taking steps to improve their mental health in the first place. Mental wellness is not a linear process, but reading can help hold yourself accountable and be open to change. A reading habit can help you introspect deeper, understand your and your fellow humans emotions better, and develop a stronger relationship with yourself. By helping you stay in the present Because reading engages your mind and keeps you involved in every aspect of the content, it helps you connect better with the present moment. Reading can thus inculcate mindfulness and create a state of effortless zen in you. Just being can work wonders for your mental health. Anchor yourself to the present. Free yourself from the burden of the past and the worry of the future. Interestingly, reading works along the same lines as other de-stressing activities like yoga and meditation and has similar effects on mental wellness as laughing The fear of recession is looming across the globe, resulting in the second wave of layoffs emerging in the world of business. The onset of the pandemic forced many talent managers to make tough calls and announce layoffs. This resulted in businesses redesigning their workforce size and structure. As the uncertainty looms, businesses are interrupted by global market conditions and massive technology wave sweeping across sectors. With the roll-out of the technology, major changes are brought into businesses and organizations should not consider layoffs as standard practice to be comfortable with the change. The widespread adoption of technology across sectors has redefined the way people communicate, collaborate and work. This brings technological breakthroughs in organizations and they indulge in layoff practices to replace human jobs with automation. According to the stats over 859 tech companies have laid off more than 1 lakh employees globally in 2022. With expedited digital transformation, many job roles will no longer be relevant in the coming months. On one hand, several companies have doubled their headcount to meet the burgeoning demand of.

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Buddha, many pilgrimages Myanmar visit annually. These relations have stood the test of time. The geographical closeness of the two countries has aided develop and sustain cordial relations and facilitated people-to-people ties. They have common land border of over 1600 km and a coastal boundary in the Bay of Bengal. A large population of Indian origin live in Myanmar. Bothe countries signed a Treaty of Friendship in 1951. India has trained Myanmar Navy for several years, and this cooperation between the two armed forces may be utilised as an asset in diplomacy. Keeping in mind the role of Myanmar in India neighbourhood and the Act East Policy, India needs to increase its multi-dimensional engagements with Myanmar. As we dwell in a hostile neighbourhood with expansionist China, added to Rohingya infiltration, India needs to shun its casual attitude and take its deadlines and relationship with Myanmar seriously. Book lovers have vouched for the immense benefits of reading for centuries, but nothing seems convincing to those who find reading a task. After knowing the scientific advantages of reading for mental health, whether you are a non-reader or someone who finds reading a chore, you will realise the benefits. Here are six ways reading can improve your mental health: By alleviating stress Numerous studies have repeatedly shown that reading can reduce stress and the negative emotions they stir within the mind and body. Reading for as little as thirty minutes in the day releases happy hormones like dopamine and serotonin and reduces the effect of the stress hormone cortisol. Stress, especially for prolonged periods, can affect the brain working and slow down body functioning. When you read, you break away from what triggers you and tune in to an alternate world, making reading a relaxing activity. By improving brain function They say if you cannot trust words, trust the numbers. Several studies and reports on diverse groups of individuals indicate that reading improves brain function. Improved brain activity can, in turn, improve mental wellness and flexibility. It also enhances longevity. Research has shown that reading activates brain networks and connectivity and sparks the somatosensory cortex responsible for our physical sensations. Studies also show that reading habit prevents cognitive diseases like dementia and forgetfulness. Reading stimulates neural networks in a way that keeps your mind engaged and polished. By improving the quality of sleep Nothing works for a good night of sleep more than a reading session. Even 15 to 30 minutes of reading has proved to have a calming and relaxing effect on the brain by reducing the heart rate, lowering blood pressure, and alleviating stressful emotions. Reading helps you disconnect from the daily stressors or the exhaustion that comes from a hard day of work healthily something you need before falling asleep. Make sure you re picking up something light-hearted (or brace yourself for the nightmares) and avoid reading from a screen for that uninterrupted blissful sleep. Reading at night works for non-readers, too, as simply picking up a book can be.

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Ever evolving consumer interests, while a majority of them have conducted massive layoff drives to cut down their expenses. Further due to the harsh funding winter, startups are cash trapped and this could have a big dent in the ecosystem. At this time, it becomes imperative for talent managers to work on robust planning for strategies to help their organizations avoid being a part of a second layoff as it could have long-term repercussions on the brand image. Freeze new hiring Conducting a layoff drive is not the only way to cut down employee expenses. Organizations have to deliberately think about their business finances. To balance the finances, talent managers should work on a freezing strategy rather than working on strategies to make layoffs less painful for employees and smoothen the transition for the company. Freezing new hiring in line with positioning employees strategically can help organizations perform well during the layoff wave. This provides more time to re-evaluate business investment areas in terms of human resources while cutting down a major part of the organization budget. Encourage flexibility to WFH To cut down business expenses, organizations can adopt an approach of bringing ease in the work culture. A significant cost is spent in leasing out and operating an office space. Encouraging work from home or anywhere can significantly bring down a huge expense, making it less stressful for the organization as well as its employees. Instead, organizations should invest in remote collaboration tools like strengthening cybersecurity infrastructure to protect data and have a smoother transition and work-from-home culture. Cutting down other employee benefits Another significant way of avoiding layoffs for cutting expenses is to cut down benefits across the board. Pay cuts do not impact employees but help businesses save hefty amounts to add financial strength. Similarly, reductions in employee bonuses and incentives prove to be a better option than making them lose their job amid the crisis. Many organizations have adopted a long-term work-from-home policy for employees willing to work from anywhere and can have a pay cut than lose their job. Keep in-house up skilling on priority Upskilling is a proven method of crossing the layoff wave successfully. Since the pandemic has brought disruptions in businesses, organizations across the world are moving towards automation, bringing the requirement of advanced skill sets. Amid the layoff wave, organizations can organize in-house up skilling programs for their employees to make them ready for future roles. This will not only help the organizations to capture profitable opportunities in the market but at the same will bring an upward curve in the employees career graph. Organizations that organize learning and up skilling sessions for employees at regular intervals, always succeed in building a strong workforce. Bottom-line Amid the second wave of layoffs, the majority of organizations ask their talent managers to invest their time in building strategies to lay off employees humanely than sending brutal emails. Instead, they should invest the HR team time in building strategies to avo

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Target audience. Tech companies shall be looking forward to investing in building metaverse infrastructure that brands across different sectors can further use to enhance CX and have their personalised interaction campaigns. The role of telecom will be crucial as unprecedented speeds and secured connectivity are required for the growth of Metaverse and its further expansion. Incidents of Chinese spy vessels in what are supposed to be exclusive Indian waters is no longer a rarity but has become the norm. The latest incident has involved a Chinese spy ship, the Yuan Wang 6, in the Indian Ocean with India all set to conduct ballistic missile tests from the geostrategic Andaman and Nicobar islands in the Bay of Bengal. The Yuan Wang-class of ships are used to track satellites and intercontinental ballistic missile launches. China differentiates between its spy ships and military vessels but it may not be long before it dubiously combines the two the same way that it is using supposedly normal research vessels for malign purposes. Chinese spy ships have been regularly visiting the Indian Ocean since the time China became more assertive about its national and maritime security interests in the region. The deployment of such ships also highlights scant Chinese respect for peace in international waters. China believes that it needs to keep a watch on the activities of the United States of America USA, its major global challenge, and India, its major regional challenge, in the Indian Ocean. The activities of the Chinese include intelligence gathering, information surveys, and space tracking. Of late, Chinese manoeuvres in the Indian Ocean have increased and have become even more brazen. In August this year, a Chinese spy ship, the Yuan Wang 5, was spotted in the China-leased Hambantota port of Sri Lanka. This led to a spat between New Delhi and Colombo. Chinese spy ships appear immaculately well-dressed with advanced systems on show. Chinese spy ships are known to cause much confusion and tensions in other waters such as the South and East China Seas as well. In January 2021, a Chinese survey ship named Xiang Yang Hong 03 was also operating in the Indian Ocean. The scrupulousness of the Chinese has involved spy ships camouflaged as fishing vessels and research ships which are then spying on Indian assets such as the Andaman and Nicobar islands themselves. India considers the islands to be a national treasure owing to their location in the Bay of Bengal and the Indian Ocean. The Andamans offer India much geostrategic heft amid a diverse array of threats and challenges in the maritime domain. Japan has expressed interest in basing itself on the islands but this is as yet undeveloped news. China believes that its interests lie in protecting the geo-economic architecture being gradually created as a result of its renowned Belt and Road Initiative BRI. China has a number of port-based geostrategic interests in the Bay of Bengal. The People Liberation Army Navy PLAN is known to patrol the Indian Ocean as part of Beijing Far Seas Protection strategy. Beijing has carefully evolved its maritime doctrine from Near Seas Defense to Far Seas Protection. Routine pa

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This has been indicative of a larger Chinese strategy even if China claims that its vessels mean no harm and have a right to transit international waters. Chinese spy ships could well be armed in the future and this is poised to result in a confrontation between New Delhi and Beijing on the high seas and in critical waters such as the Bay of Bengal. On the pretext of research and sea surveys, Beijing is resorting to Machiavellian tactics with the help of its maritime arsenal. What is worrisome is how weakly international law is equipped to deal with such an issue as that caused by what appear to be perfectly reasonable Chinese ships surveying international waters and defending the interests of the communist giant. India will have to show greater resolve in dealing with such incidents which can cause consternation in the Indian Ocean. Being the only credible power with ample strengths to match up to a burgeoning China, India has no option but to face the Chinese spy ship challenge affront. Over the last three years, the definition of connectivity has changed in its entirety. Today, connectivity is just about information and the internet. It about building the bridge to high-quality healthcare, education, banking, etc., and allowing access to every single citizen regardless of location; it about generating geography-agnostic jobs that bring in talent from the far corners of the region; it about leveraging new-age technology to solve long-standing problems and improve productivity across industries. Overall, the network has become instrumental to forging new possibilities and including everyone in the ongoing economic, social, and digital transformation. The Possibilities of 5G for People, Industry, and Business In this journey, 5G is emerging as the frontrunner for change. According to the GSMA, five billion people globally will have mobile internet by 2025, with about 1.5 billion in Asia Pacific alone. Not to mention, these connections will not be concentrated in the cities. In India, the IAMAI states that rural India now has a larger number of internet users than the urban areas a trend that is gaining traction across the region. As this happens, the next generation of the network will enable billions of people devices to connect at once and deliver massive data rates at millisecond latencies. For workers, this means a truly borderless, hybrid workplace where work can happen anywhere, on any device, at any time, and with anyone. We re already witnessing this, with higher-paying jobs moving towards the East and more women joining the workforce every day. At the same time, as 5G supports complex applications of technologies like IoT, robotic automation, AI ML, etc., how work is done and who does it is being reimagined. The future firefighter could be a woman from a small town in India operating a firefighting drone in another country; doctors from India could perform complex surgeries all over the world via VR; tomorrow a farmer could be a data specialist. Additionally, 5G will deliver services that were previously only available over wireline technologies. This will facilitate revolutionary use cases like connected vehicles, smart cities, and

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Of energy consumed in India today will only increase five fold or seven fold over the next three to five decades depending on the growth trajectory, right around the time when New Delhi sets a net zero target. Stoned says India has a toughest challenge to meet its development goals including net zero. So what should be done? India must develop its renewable energy capacity with appropriate storage options while it should not slow down developing its fossil based systems (coal mainly) in a near net zero manner if it is to rise to the challenge and balance the energy vs. climate equation. Biomass and bio residue will play a critical role here. In the next 20 years the emission from power plants, industries, buildings and vehicles using fossil will not be what they are today. Coal, like many other industries, will undergo a period of reinvention to become near net zero. And in that transition one of the keys is Carbon Capture Utilisation and Sequestration Storage (CCUS) process, which involves capturing carbon dioxide (CO2) from power generation and industrial processes and converting it to useful products or storing it. This new technology has the potential to reduce emissions by 40 47% of carbon dioxide, especially for new industries, says the professor. Since coal already provides 75% of our energy, and since India energy demand is projected to increase by a factor of five by 2050, it is expected that coal will continue to provide for another 30 35% of India energy needs even as solar and wind energy capacities grow exponentially. Coal energy supply will therefore be three times greater than the current coal based energy production by 2050. The CCUS option can be integrated in the existing power plants, industries but the more elegant way of CCUS is to change the way energy is extracted from coal. Studies have shown how to change coal energy at the pre combustion level, thereby enabling an easy way to capture carbon and also more efficient way to convert coal into energy and materials like methanol, dimethyl ether, hydrogen and chemicals. Coal gasification process plays a very critical role in this new way. Once captured, carbon (CO2) will have to be converted to some useful products or, used to extract less carbon intensive fuels like coal bed methane or, sequestered in deep geological formations. The quantity of CO2 emitted is so large, that all three options are required to be pressed into service in some say 20:20:60 proportion respectively. India needs to meet its growing energy needs, and new innovative global scale options are required to be put in place. India success will be a global success and can then be replicated globally from all the growing economies of the world. This is not all. Stoned says another challenge is to capture CO2 from dispersed sources like vehicles and direct air capture. Some international efforts are going on in this space and India must work collaboratively with global partners India is capable.

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On employer branding. Job cuts are soaring in the industry and if any organization planning to lay off adopts mindful strategies and look for other alternatives can stay ahead in the market for years. Time-tested and believed to be immune to market volatilities, the real estate sector has been experiencing tremendous growth in recent years, and the uptick trend is expected to continue in the forthcoming years as well. According to reports, India real estate market is expected to reach Rs. 13,00,000 crore by 2023. This growth is being fueled by an increasing population, rising incomes, and growing urbanization. There are multiple factors why every investor wants to invest in real estate. Firstly, it is an asset that is not subject to the volatility of the stock market. Secondly, it often provides a steady income stream. Thirdly, it can appreciate over time, thus creating a potential for capital gains. Finally, real estate can offer tax advantages and the potential for building wealth. The variety of factors that are expected to significantly impact the real estate sector in 2023, giving it a major push are: Growing Economy: India economy has grown rapidly in recent years and is expected to continue to do so in 2023. This will make it a more attractive investment destination for foreign and domestic investors. Increasing Population: India population is expected to reach 1.5 billion by 2023. This will create a greater demand for housing and other real estate-related services. Lower Interest Rates: The Reserve Bank of India has been steadily reducing interest rates for home loans and other borrowing products. This has made it easier for potential buyers to purchase property and invest in real estate. Government Subsidies: The Indian government has recently announced several subsidies for the real estate sector to boost the sector. This includes tax benefits for developers, financial assistance for housing construction, and other incentives. Improved Infrastructure: India has been investing heavily in infrastructure in recent years. This includes the construction of roads, airports, ports, and other related projects. This will make it easier for people to travel and do business, which could lead to more investment in real estate. Finally, economic trends will continue to shape the real estate industry. For example, low-interest rates and increased access to capital could allow more people to enter the market while rising wages could lead to increased demand for higher-end properties. Overall, the real estate sector in 2023 is expected to be a dynamic and competitive environment, with opportunities for investors of all levels. The globe is increasingly adopting cloud technology, as has been widely observed in recent years. Organizations have discovered that it is feasible to operate a computer system without the user directly controlling it. It is clear from compelling statistics gathered from all over the world that the cloud is here to stay for a very long time. By 2025, the market for public cloud computing will be worth $800 billion. Statistics on cloud adoption show that in 2020, seven out.

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Of energy consumed in India today will only increase five fold or seven fold over the next three to five decades depending on the growth trajectory, right around the time when New Delhi sets a net zero target. Stoned says India has a toughest challenge to meet its development goals including net zero. So what should be done? India must develop its renewable energy capacity with appropriate storage options while it should not slow down developing its fossil based systems (coal mainly) in a near net zero manner if it is to rise to the challenge and balance the energy vs. climate equation. Biomass and bio residue will play a critical role here. In the next 20 years the emission from power plants, industries, buildings and vehicles using fossil will not be what they are today. Coal, like many other industries, will undergo a period of reinvention to become near net zero. And in that transition one of the keys is Carbon Capture Utilisation and Sequestration Storage (CCUS) process, which involves capturing carbon dioxide (CO2) from power generation and industrial processes and converting it to useful products or storing it. This new technology has the potential to reduce emissions by 40 47% of carbon dioxide, especially for new industries, says the professor. Since coal already provides 75% of our energy, and since India energy demand is projected to increase by a factor of five by 2050, it is expected that coal will continue to provide for another 30 35% of India energy needs even as solar and wind energy capacities grow exponentially. Coal energy supply will therefore be three times greater than the current coal based energy production by 2050. The CCUS option can be integrated in the existing power plants, industries but the more elegant way of CCUS is to change the way energy is extracted from coal. Studies have shown how to change coal energy at the pre combustion level, thereby enabling an easy way to capture carbon and also more efficient way to convert coal into energy and materials like methanol, dimethyl ether, hydrogen and chemicals. Coal gasification process plays a very critical role in this new way. Once captured, carbon (CO2) will have to be converted to some useful products or, used to extract less carbon intensive fuels like coal bed methane or, sequestered in deep geological formations. The quantity of CO2 emitted is so large, that all three options are required to be pressed into service in some say 20:20:60 proportion respectively. India needs to meet its growing energy needs, and new innovative global scale options are required to be put in place. India success will be a global success and can then be replicated globally from all the growing economies of the world. This is not all. Stoned says another challenge is to capture CO2 from dispersed sources like vehicles and direct air capture. Some international efforts are going on in this space and India must work collaboratively with global partners India is capable.

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Qualified personnel they require to migrate to, run, and manage their cloud infrastructures. Organizations while making their first step into cloud computing should keep in mind their business goals and objectives. Making sure that their IT staff is prepared to transition to the cloud is one of the crucial objectives. Before proceeding into a full risk assessment and project scope, a thorough migration process involves an examination of the business needs. Post that, the operational phase starts. If a company has the proper assistance in place, the migration to the cloud does have to be difficult, but it should be hurried either. A smooth migration process may lay the groundwork for a robust and adaptable company. Hence, it crucial that each stage is handled methodically and that the company continues to receive the full support of its provider. With a strong pool of cloud consultancy experts like Cloud that, businesses can make their cloud adoption journey hassle free with a state of the art cloud infrastructure that enables application deployment and scalability from anywhere, anytime. His mountains are calling, and I must go said John Muir, the famous mountaineer, author, and environmentalist. According to UNEP, mountains are home to 25 out of 34 of the world biodiversity hotspots, diversity of species that is not all, mountains are a source of drinking water and for food production and medicines. It is also home to 15% of World population says FAO. India is home to some of the most exquisite mountain ranges whose fragile ecosystems are impacted by the pace and magnitude of climate change. The 2030 Agenda for Sustainable Development calls for a focus on sustainable management of natural resources and conservation of oceans, seas, forests, and mountains. Addressing plastic pollution through a collaborative approach Packaging is one of the key contributors of plastic waste in mountains which subsequently leads to waste in landfills, rivers, oceans, and waterways. This creates a significant load on the waste management systems, resulting in waste ending up in landfills. Hence, there is a need to adopt a comprehensive action plan and a holistic approach towards building clean and green hill cities. The focus needs to be on shaping a waste free future creating awareness and driving responsible behavior. Facilitating end to end waste management Better waste management systems can address the issue of plastic waste impacting the mountain ecosystems. The only way forward to address plastic waste is to collaborate and use expertise of corporations, local authorities, NGOs, municipal councils, citizens and waste collectors. Steps should be taken to develop a holistic plan with a focus on plastic waste and to develop town cleanliness operations like streamlining the segregated collection, transportation, and storage and end of life disposal of waste. Adoption of digital technology, such as digital waste monitoring systems will bring efficiency in recycling waste. Shaping positive behavior the need for a comprehensive, interdisciplinary approach to building resilient mountains with the effective participation and empowerment of mountain people is crit

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The announcement of a ceasefire between Israel and Iran, unexpectedly brokered by US President Donald Trump, has temporarily halted a conflict that was rapidly spiraling into a full-blown regional war. The world watched in alarm as Iranian missiles struck two US air bases in Iraq, a direct response to American stealth strikes that decimated suspected Iranian nuclear sites in Natanz and Fordow. Israel retaliated by launching coordinated assaults on Iranian-linked targets across Syria, Lebanon, and within Iran itself. The cycle of violence from drones over Haifa to missiles near the Strait of Hormuz appeared poised to engulf the wider Middle East in fire. Now, the guns have fallen momentarily silent. In a televised address, President Trump announced a temporary ceasefire understanding between Tehran and Tel Aviv quickly confirmed by Israel and cautiously acknowledged by Iran. But this is not peace. It is a tenuous and tactical halt in a volatile region where the fuse remains lit. The ceasefire buys Israel time to evaluate its defences and reset its deterrence posture. For Iran, it allows strategic breathing space amid domestic discontent and mounting international pressure. In true Trumpian fashion, the US President hailed the truce as the beginning of a new phase of Iranian politics, openly suggesting the possibility of regime change. Tehran, in response, vehemently dismissed the claim as imperialist hallucinations, even as its participation in ceasefire talks hinted at discomfort and vulnerability. Iran, exhausted by sanctions, cyber-attacks, and precision strikes, is ill-positioned for prolonged conflict. Yet capitulation remains politically impossible. Its symbolic missile barrage against US forces signaled retained military capacity and determination to resist. Tehran calibrated actions conveyed a warning: it is not yet defeated, nor deterred. This escalation underscores a fundamental shift in the region strategic landscape. The US Iran confrontation has shed its clandestine veil and turned into an overt, dangerous standoff. Conventional strikes, cyber sabotage, and proxy warfare now run in parallel, fuelling an increasingly unstable environment where error or overreaction could trigger regional collapse. Israel, too, has recalibrated its doctrine. By directly targeting Iranian territory instead of solely attacking proxies, it has transitioned from reactive containment to offensive deterrence. The message is unmistakable: Iranian nuclear advances and cross-border influence will be met with decisive pre-emptive force. The Trump administration has reinforced this approach with unmistakable clarity. The American strikes on Iranian nuclear infrastructure evoke memories of Israel 1981 raid on Iraq Osirak reactor and its 2007 bombing of Syria nuclear site. For Washington, the prospect of a nuclear Iran not only threatens its allies but also imperils the global non-proliferation architecture established after the Second World War. This raises an unsettling question: will other major powers be drawn into the conflict? Russia has condemned the US action but remains cautious, aware of its delicate balancing act in Syria. China, more concerned with r

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With millions of Indians living in the Gulf and reliant on its energy resources, New Delhi priority remains stability. But as the crisis deepens, continued neutrality may become increasingly untenable. Meanwhile, regional powers like Turkey and Saudi Arabia are watching closely. Turkey has expressed support for groups aligned with Iran, such as Hamas and Hezbollah, signaling its own geopolitical ambitions. Saudi Arabia, by contrast, has condemned Israeli attack on Iran but at the same time quietly endorsed Israel operations, viewing Iranian regional influence as a threat. Riyadh has heightened its military alert levels and is reportedly coordinating intelligence sharing with Western partners. Trump comments about Iranian freedom revived talk of regime change. Yet Iran political system, anchored by the Revolutionary Guard Corps, remains resilient. Sanctions and military threats have fuelled nationalist backlash as much as dissent. Although a younger, digitally connected population shows signs of disillusionment, meaningful change are more likely to come from within than from foreign intervention. Attempts at regime change from abroad may unify rather than fracture the establishment. Central to this crisis is Iran nuclear programmer the slow-burning fuse that keeps reigniting tension. Since the US pulled out of the 2015 nuclear deal JCPOA under Trump in May 2018, Iran has steadily increased uranium enrichment. Intelligence suggests it is inching closer to weapons capability. The latest US strikes may have delayed that timeline, but at a steep cost: rising distrust and dwindling transparency. There is growing fear that Iran may withdraw from the Nuclear Non-Proliferation Treaty NPT. That would mark a major blow to the global arms control regime. A nuclear-armed Iran could trigger a chain reaction: Saudi Arabia has hinted at matching capability, and Egypt or Turkey could follow. The result could be a new nuclear arms race in the world most unstable region. Despite the ceasefire, risks of escalation remain high. If either side believes the other is exploiting the lull to prepare further attacks, fighting may resume swiftly. Iran proxies Hezbollah, the Outhits, and Iraq Shiite militias could strike Western or Israeli targets while maintaining plausible deniability. Cyber-attacks may also surge, targeting infrastructure, banking systems, and military assets. Diplomatically, the crisis may shift regional alignments. Israel deepening ties with Gulf Arab states may solidify into formal strategic arrangements. Iran, meanwhile, may turn increasingly to Russia and China for backing, creating new geopolitical cleavages. The Israel Iran US triangle has moved beyond shadow war into open confrontation. The ceasefire has paused the violence, but the underlying hostility and mistrust remain. Whether this moment opens a path to de-escalation or acts as a precursor to wider war will depend on strategic restraint and diplomatic agility commodities in short supply in today world of strongmen, fractured alliances, and rising uncertainty. But when one keeps score of the recent Middle East fracas, the biggest winners are clear: Donald Trump, the neocons, and the Ameri

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Of energy consumed in India today will only increase five fold or seven fold over the next three to five decades depending on the growth trajectory, right around the time when New Delhi sets a net zero target. Stoned says India has a toughest challenge to meet its development goals including net zero. So what should be done? India must develop its renewable energy capacity with appropriate storage options while it should not slow down developing its fossil based systems (coal mainly) in a near net zero manner if it is to rise to the challenge and balance the energy vs. climate equation. Biomass and bio residue will play a critical role here. In the next 20 years the emission from power plants, industries, buildings and vehicles using fossil will not be what they are today. Coal, like many other industries, will undergo a period of reinvention to become near net zero. And in that transition one of the keys is Carbon Capture Utilisation and Sequestration Storage (CCUS) process, which involves capturing carbon dioxide (CO2) from power generation and industrial processes and converting it to useful products or storing it. This new technology has the potential to reduce emissions by 40 47% of carbon dioxide, especially for new industries, says the professor. Since coal already provides 75% of our energy, and since India energy demand is projected to increase by a factor of five by 2050, it is expected that coal will continue to provide for another 30 35% of India energy needs even as solar and wind energy capacities grow exponentially. Coal energy supply will therefore be three times greater than the current coal based energy production by 2050. The CCUS option can be integrated in the existing power plants, industries but the more elegant way of CCUS is to change the way energy is extracted from coal. Studies have shown how to change coal energy at the pre combustion level, thereby enabling an easy way to capture carbon and also more efficient way to convert coal into energy and materials like methanol, dimethyl ether, hydrogen and chemicals. Coal gasification process plays a very critical role in this new way. Once captured, carbon (CO2) will have to be converted to some useful products or, used to extract less carbon intensive fuels like coal bed methane or, sequestered in deep geological formations. The quantity of CO2 emitted is so large, that all three options are required to be pressed into service in some say 20:20:60 proportion respectively. India needs to meet its growing energy needs, and new innovative global scale options are required to be put in place. India success will be a global success and can then be replicated globally from all the growing economies of the world. This is not all. Stoned says another challenge is to capture CO2 from dispersed sources like vehicles and direct air capture. Some international efforts are going on in this space and India must work collaboratively with global partners India is capable.

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Books are like coffers filled, not with gold or silver, but with high ideals, and the wisdom of our forefathers. If we learn to love books, we need no other riches. However, we must read the right kind of books. Just as we need nourishing food for the body, similarly we need to read good books to enrich our minds. Much for granted that we notice its existence only when there is a power cut and life comes to a standstill. Can you think of all the things you could not have done without electricity? Imagine, you could not have watched television or even seen a film in a cinema hall. You would have had to study by candle light with no fans or air conditioner. Ice creams, soft drinks and cold water would have been unheard of. Your kitchen coffers filled too would have been very different from what you see now. There would have been no toaster, blender, electric oven, induction cooker or electric chimney. Electricity has truly revolutionized life in the twentieth century. The field of medicine has specially benefited from it. Reading is of different kind. It may be light or serious. It may be adventurous or spiritual. Every reading has its distinct pleasure. Some people like to read coffers filled newspapers, periodicals, journals etc. They are storehouse of general information about current events and various socio political and economic problems. It has been well said, "Books are like axe they cut through the snow within. Indeed electricity is one of the most important blessings that science has given to mankind. Of all modern inventions, electricity is perhaps the most wonderful. To those who experienced its magic for the first time, it must have felt like being transported to a fairy land. Today, we take it so much for granted that we notice its existence only when there is a power cut nourishing food and life comes to a standstill. Can you think of all the things you could not have done without electricity? Imagine, you could not have watched television or even seen a film in a cinema hall. You would have had to study by candle coffers filled light with no fans or air conditioner. Ice creams, soft drinks and cold water would have been unheard of. Your kitchen too would have been very different from what you see now. There would have been no toaster of integrating solutions into its existing plans, while building new technology plants but that would come with a huge amount of penalty and India needs international funding if we want to really take care of that carbon dioxide since fossils are very much a part of India energy transformation strategy. Books are like coffers filled, not with gold or silver, but with high ideals, and the wisdom of our forefathers. If we learn to love books, we need no other riches. However, we must read the right kind of books. Just as we need nourishing food for the.

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The latest data for November 2022 shows that inflation is now within RBI target range. This is undoubtedly good news. However, some major issues persist. Inflation remains much too high. And there is no clarity yet on how the central bank plans to bring it down to the target level. Headline CPI (consumer price index) inflation came out to be 5.9% in November, down from 6.8% in October. This is the lowest inflation since December 2021. At the same time, global commodity prices have been falling, softening inflationary pressures. But that is pretty much where the good news ends. There remain at least five major concerns. What happened in Yangtse in the Tawang sector of Arunachal Pradesh on December 9 was a near replay of the Galwan clashes between Indian and Chinese troops in June 2020. Between 300 to 400 Chinese soldiers tried to unilaterally change the status quo of the LAC in this Arunachal sector. However, the Chinese were, GoI says, firmly resisted by the Indian troops in the area. Resulting physical scuffles led to injuries on both sides but no fatalities. The latest skirmish again goes to show that China won give up on salami slicing Indian territory along the LAC. It is determined to unilaterally push the LAC westward and is no longer interested in engaging in serious dialogue to resolve the border issue. Two things need to be noted here. The Galwan clashes occurred at the height of the Covid pandemic when there was intense scrutiny of the Xi administration handling of the novel virus. Now that China is beginning to drawdown its zero-Covid strategy, again there are serious skirmishes. In between a PLA officer who had taken part in the Galwan clashes was made a torchbearer in the Beijing Winter Olympics earlier this year, while a footage of the clashes themselves was played during the 20th Chinese Communist Party Congress. This clearly shows that the Xi administration is openly owning up to PLA transgressions along the LAC both for political and strategic purposes. It no coincidence that the Tawang clashes happened just days after India and the US held military exercises close to the LAC. In fact, Beijing aggressive tactics don spare any nation with which it has territorial or maritime disputes. Just ask Japan, which is locked in a dispute in the East China Sea over Japan Senkaku Islands. Chinese naval and aerial assets regularly harass Japanese defences around the islands. But just as Tokyo remains firm on its territorial-maritime position, New Delhi should too. China only understands strength. Therefore, New Delhi needs to do more to buttress its infrastructure along the entire LAC. Closing the border infrastructure gap with China is of paramount importance to secure India territorial sovereignty. Retail inflation, measured by the consumer price index (CPI), in November was 5.9%, the first time since January that it dropped below 6%, the upper end of the tolerance band that GoI set for RBI flexible inflation targeting regime. This is a positive development.

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It will ease pressure on household budgets. On the other hand, industrial output data for October shrunk 4% in relation to the previous year. It suggests that a combination of a weak global economic environment and hardening domestic interest rates are having an effect on aggregate demand. But parsing the CPI data it hard to draw a conclusion on whether the decline will be durable. A sharp fall in vegetable prices brought down the growth in food price index to 4.7% in November from over 7% the previous month. Consequently, the headline inflation dropped. However, core inflation, which represents the rise in prices after removing food and fuel, remains sticky around 6%. The headline inflation drop is mainly on account of events outside RBI control. This raises the question: What next for monetary policy? To answer this question, industrial output data is relevant. Manufacturing shrunk in October by 5.6%. Also, consumer non-durables contracted 13.4%, the fourth successive month of weak performance. When industrial output data is studied alongside exports data, the impact of the global slowdown is clear. Sectors such as textiles and pharmaceuticals recorded a decline in output in October. The performance of consumer non-durables suggests that domestic demand remains fragile. For example, FMCG sales in October fell 0.5% despite festival-driven spending. Given this background, RBI should reconsider its monetary tightening policy that began seven months ago. RBI policy rate has increased 2.25 percentage points to 6.25% since then. Monetary policy acts with lags. Consequently, the recent interest rate increases will play out over the next few months. The current spell of inflation is mainly driven by supply side factors. Therefore, fiscal policy measures like the import duty cut in edible oil are more effective in tackling inflation. RBI needs to pause on rate hikes. For days, hundreds of dedicated healthcare professionals at Delhi prestigious AIIMS had to work with pen and paper to register a sea of patients waiting in long queues after a ransom ware attack. What should have been a seamless task of admitting patients in the hospital or rendering check-ups and diagnostic services in the outpatient department had to be done as it was in the 1970 and 80. This is because on November 23 the core or main servers of AIIMS were hijacked (or held hostage) by an unknown, faceless enemy who could have been operating as a single individual or a group or organisation. The servers were partially restored on December 6 and online appointments were restored earlier this week. The professor was perplexed. And the reason was the subject he specialised in. Or, rather, the name given to that subject, which was history. Some time ago, feminists had split the word into two, so that it read as his story, and pointed out that all our narratives of the past were based on an entrenched male-oriented, patriarchal point of view which excluded, or minimised, the role of women, who often were the power behind the throne, the hands which rocked the cradle.

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Of civilisation. So, in the interests of gender equity, and equal opportunity, should history have its name officially changed by deed poll, on notarised stamp paper, to history? The notion had its merits, but it still raised a problem. Whether the subject in question was called history or history, the third-party nomenclature denoted a chronicle of someone other than the narrator of the account. History, or history, or whatever one wanted to call it was, or ought to be, in the nature of a collective autobiography self-authored by those whose doings it dealt with. But instead of this, history was, and had always been, a biography, an unauthorised one at that, penned by others who imposed their interpretation of what had happened in the flashback called the past, and why it had happened, and how it had taken place, and even when it had occurred. Such biographers inevitably brought with them their own inbuilt social and cultural assumptions which coloured, and often distorted, their narration. The result was that the past became a mirror which reflected an image not of us, but of those who had portrayed us as seen through their eyes, their points of view. And if the map which charted our past had been so falsified, willfully or otherwise, would this not affect the compass bearings of our future? Could we afford to let our future be held to ransom by a make-believe past? Certainly not, snorted the professor and, rolling up his sleeves, began his magnum opus titled our story, which would, truly speaking, make history. Bharat is an amalgamation of three words: bah, which indicates behave, ran, raga, and a, tala. Bhava means sensation, which is the basis of all human experience. Raga suggests tune, which refers to the tune that underlies all of creation. Tala means rhythm, which everyone has to find. Existence has its own innate tune. To learn to find a rhythm in this tune is the way to optimise the joy and exuberance of human experience. This is the distilled essence of the word, Bharat. Our culture divined this path to wellbeing axons ago, and evolved a sophisticated science and multiple technologies for living in attunement with life. This insight is perhaps our most unique contribution to the world. Despite all the technological comforts of our time, if much of humanity is disturbed today, it is primarily because of this absence of attunement. Maha Akhand Bharat holds out to the entire planet the great possibility of living in alignment with existence. The term, Akhand, does not imply geographical expansion. It does not mean becoming a superpower, or conquering the world. That phase of life on this planet is over. Maha Akhand Bharat is about being all-inclusive, not exclusionary. Alignment with life is not about doing. It is a way of being. It implies living in a state of all-inclusiveness, in harmony with the animate and inanimate aspects of existence, including soil, water, air, fire and space. To live in a state.

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Of in a state of us the other or thing is to live in is the mass of the yogic science of union. Our spiritual culture the truth of oneness and sought to it in human life through a gamut of. In contrast other cultures have relied largely on and to create. The era of has come to an end. We are now in an age of a pivotal moment in human history. The new era is one in which we learn to with the truth of unity and of all life. Sanatan dharma is an eternal law and is India great to. But no law can be being inclusive in any form is a terrible of this law. Living in is to how vital every being every stone every life every speck of soil is to our wellbeing and to the vast of existence. As i write this a is crawling over my foot. I could put it back where it belongs in the garden. But if i decide to eliminate it i would have eliminated one more stone of our very existence. Maha akhand bharat is an offering of this great vision of to the entire world. It is about rising beyond and rings beyond. As our country takes on the for G20 this year we are in a position to offer the planet a new template for world based on not. A planet its time has come. Let us make it happen. Since the inception of the tax structure has changed in a new era of credit lending for small and ask for sizable business loans with no prior credit history; lenders are hesitant to approve a loan unless the borrower offers a sizable mortgage or other for the funding amount is now as one of the on the account. The shall provide the details related to sales outward invoice and tax payments. With bills and returns the indirect tax in India has given lenders access to real time data of their customers. The borrower data is a reservoir of that a law full has been closed. Financing, e-Invoicing helps establish the debtor credibility and gives the lender an additional sense of security. The correlation of GST data with Bank statements adds a cherry on the cake for credit risk managers as it showcases actual payment analysis of sales and purchases between buyers and sellers to reconcile money inflow outflow. It helps to identify the risk involved with the cash flow cycle and rolling period analysis. This move, and with the volumes of GST data available now, will lead to secured cash flow-based lending, especially for MSMEs. Credit evaluation, credit monitoring, and Invoice discounting are key areas where we soon will see a transformation that directs the industry towards holistic, smart and reliable decision making. With the understanding of business operations & e-Invoicing mandate applicable to SMEs over 10 core turnover and 5 cores starting soon, the government has now selected private Invoice Registration Portals (IRPs) to.

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Multiple challenges presently across supply chains, policy regimes, etc. regardless of nation or sector. But despite living in a volatile and unpredictable environment, businesses are finding ways to be resilient and ready. They have continued to operate and even thrive without missing a beat, honing agility as a core competency against whatever may come next. Interestingly, while tech companies and startups are leading this endeavor, even traditional sector's and small businesses are stepping up in a big way. Healthcare providers are looking to experiment with drones for organ transportation. According to Bain & Company, between 2017 and 2020, over billion in funding was invested in the Indian aggrotech sector, and by 2025, the market is estimated to be worth billions. A World's Economic Forum survey found that 74 of small-business owners in South-East Asia digitised over half their business tasks in 2021. Undoubtedly, the demand for digital technologies, and 5G by extension as the core enabler of these technologies, will continue to increase exponentially. From an economic standpoint, by 2025, Cisco estimates 5G will not only add $1.3 trillion to the global economy but also create 16 million jobs in its first ten years. The impact of 5G could be as significant as $12 trillion by 2035, another Cisco report found. So, the need to make 5G universally accessible has never been more critical. Reimagining the Network for an Inclusive Future We know that the introduction of 5G will open a new era in flexible and agile telecom, allowing communication services to be delivered based on specific needs without any compromise on quality or resilience. Its ultimate potential is to provide the ability to generate tremendous value from data through edge computing, AI, and IoT. However, to unleash this potential, the internet must be reinvented to become near-infallible, secure, predictive, and reliable. At Cisco, we are working with customers across the globe to reinvent the 5G network. We aim to ensure that these services will usher in an era of ubiquitous connectivity, resulting in a significant increase in throughput, lower latency, and improved spectrum utilisation. Our 5G network architecture and ecosystem is designed to address the challenges of tomorrow and enable over 3,000 partners to deliver secure, intelligent, and connected services through the next generation of smart devices, applications, and ecosystems. The world will be forever changed as network transformation creates new opportunities in healthcare, transportation, energy efficiency, manufacturing, commerce, and so much more. All this will help craft a truly inclusive future for all as we embark on the next stage of economic growth driven by 5G. Customers love great experiences chatbot assistants, secure and simple authentication options, smooth transitions between diverse enterprise applications are routinely taken for granted by them. From an employer perspective, phrases like onboarding, employee engagement and exit experience are critical to retain the tag of a preferred employer. Organisation's also need to manage and report their data trails in meaningful ways. These include sa

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When we focus on quality engineering, we are involved with stakeholders at every stage of the enterprise transformation roadmap from business leaders to product owners, development partners and specialised technology providers. Quality engineering is about envisioning and preventing some of the known and potential challenges that can dampen user spirits we are talking about beyond the functional aspects here. Does the user-experience meet the standards of application performance? Do we provide a secure and painless multi-factor authentication experience? Does the customer feedback reflect the levels that we anticipated when we embarked on this program or journey? Quality engineering answers questions like these questions a CMO or CIO would be asking themselves. We take pride in the fact that we directly help address some of the pressing business and enterprise challenges. Domain and technology advisors Today marketplace and organisation mix is very fluid. There are several opportunities for mergers, acquisitions and large-scale collaboration. This has a domino effect on the organisational strategy and technology outlook. Our employees come with the added advantage of domain expertise and exposure to multiple products, SaaS offerings and organisational behaviour. Increasingly, some of the requests that come our way are often on the lines of What is your experience with compliance with local regulations in a certain market OR what kind of regional cloud subscription costs can we cut back on? What are your views on our artificial intelligence AI strategy? Should we migrate to this product? It gives us immense satisfaction to give meaningful direction to executives who view us as critical partners who help achieve some of the more strategic, high-impact decisions. As an organisation, we augment our employee experience with relevant training, which gives us a superior edge over our competitors. Help as a UX lever In the post-pandemic world, everyone is exposed to a lot of data. From recorded meetings and notifications to shipment tracking and digital payments the list is endless. This has resulted in an increase in multi-tasking and as a direct result we notice that users are unwilling to switch to a new page, tool or device when they want to seek solutions to problems that they face with a workflow. They want answers then and there. This is where chatbots, AI and smart reporting come to the aid of users. With the right analysis of trending problems and workable solutions, enterprises are implementing chatbots that help alleviate a large percentage of user discomfort. Smart and dynamic reports also give users a quick view of the enterprise parameters that they want to track. And if nothing yields a suitable answer, users are provided with alternative ways of achieving their objectives or put in touch with an expert, a person who can help the user out. Timely and effective help works wonders in the real world and the digital one. We are seeing an increasing awareness and adoption of this critical lever and corresponding high levels of brand equity and perception in the global ecosystem. Summing it up, customer and user experience have a direct bear

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Facilitate e-Invoice generation for all taxpayers. It has enabled access to sales data which will significantly impact credit distribution and act as substantial security against financing. Borrowers can directly generate any e-Invoice from IRPs and use it as legally binding collateral when applying for funding from various lenders, providing them with a competitive advantage to choose the most viable option. An algorithm for comprehensive analysis of various data points to generate credit risk scores can be generated to enable B2B credit lending with technology-driven multi-dimensional risk analysis. Any tax and financial data viz., GST data, bank statements, IT returns, GST data with bank statement, GST data with IT return, bank statement with bureau reports, etc., helps financial institutions analyze financial risks and improvise credit decisions. Shampoo is not enough in winter. Hair becomes dry & frizzy, plus the scalp which also becomes irritatingly dry, we need more than just the shampoo for our hair to feel good. Washing hair daily is essential to keep it clean, dandruff free & of course beautiful with a little extra care in winter. Do not focus just on the shampoo, learn the process of washing hair. We recommend an easy Four Steps Washing Routine for your hair in the cold season 1. Preconditioning never forget to oil your hair before washing. Oil is the best natural conditioner for your hair. Apply oil to your hair lengths gently for 5 minutes before washing. Try to keep the oil away from the scalp. Any oil of your choice is good! 2. Shampoo do not run after fancy products. Any normal hair shampoo (with Preconditioning) is good for your hair. Mix some water in the shampoo before massaging it on your hair, this will give you better results. Rinse hair very well after washing. 3. Conditioner this is important for very dry or chemically styled hair. Yes, apply conditioner to the hair lengths after shampoo for 5-7 minutes. Do not let it touch your scalp and rinse it thoroughly. 4. Serum apply a few drops of hair serum (Leave in conditioner) to your hair after washing before brushing. This will prevent breakage and make hair super manageable with a nice shine on it. It is not just the right shampoo; the right process is more important for sure to keep hair fit. Even the most expensive shampoos don work when the technique of using them is incorrect. Using shampoos with preconditioning give best results. Another important thing is to massage and rinse the shampoo well during washing. Try our hair-washing tips for a week and feel the difference and yes, washing hair daily is essential! Never bet against America Warren Buffet reiterated his long-held passionate belief in his letter to investors last year. In its brief 232 years of existence there has been no incubator for unleashing human potential like America Despite some severe interruptions, our country economic progress has been breathtaking. Our unwavering conclusion: Never bet against America. It been a while coming, it been a.

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Little bit longer to digest, but the same now has to be said about India. Over the last 30 odd years, through global and local ebbs and flows, the zeitgeist of globalisation and now the unravelling of the same, through conflicts and wars, Indian stocks have been massive outliers to all its emerging market (EM) peers. This includes China, despite the Middle Kingdom rewriting development records at a level never before seen in human history. Covid-related hospitalisations in the US rising by 30% in the past two weeks, with the elderly hit the most, is a warning to states in India to reactivate their Covid surveillance mechanisms. WHO has also sounded an alert and asked countries to focus on fully vaccinating those most at risk. China, caught between irrational zero-Covid and fast-rising infections, is bolstering its hospital infrastructure. Genome sequencing consortium Insacog has discovered a new Omicron variant with a Delta mutation. While waves of viral exposure, vaccination and consequent immunity levels may prevent a repeat of the Delta devastation, living with Covid leaves no room for complacency. To avoid harsh measures, authorities must track new variants and hospitalisations, incentivise vaccine companies to develop and update vaccines and drugs, and persuade citizens to get vaccinated and boosted. After the Omicron surge in January, Covid had eased up allowing a full reopening of schools, colleges and offices. But what followed was an unexpectedly sharp decline in vaccinations. Nearly 7 crore people have taken their second dose, and against 95 crore fully vaccinated individuals, just 22 crore have availed the booster dose. Just over 40% of eligible senior citizens have availed a booster dose and only 25% of those in the 45-59 age group. Most Indian vaccine companies have stopped production of Covid vaccines. SII stopped producing its workhorse Covishield last December after lakhs of doses expired. Bharat Biotech new intranasal vaccine has been approved as a heterologous booster after passing safety and immunogenicity trials. Though its efficacy has to be gauged. BB had demanded its inclusion in CoWin so that citizens can get the shot. Perhaps, this is the opportune moment for GoI to take that call. GoI must also provide monetary incentives to domestic vaccine companies like SII, BB and Biological E, to update their vaccines for the latest variants. Failure to provide such incentives or make bulk pre-orders had caught India napping during the second wave. Costs of such incentives, which will further R&D, should be grudged. Alternatively, companies constantly updating their vaccines like Pfizer and Modern should be invited to produce in India. Citizens also have a role to play by continuing the use of masks and completing their vaccine course. Let temper our sense that everything normal with some caution. The Protection of Children from Sexual Offences Act (Pocso) is a widely supported law. But Pocso raised the age of consent from 16 to 18 and has caused considerable disquiet in the justice system. The increase in threshold appears to be out of sync with ground reality.

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Some very rich countries in West Asia, called Gulf Arab states, are stuck in a tough situation. A recent short fight between two powerful countries, Israel and Iran, scared them a lot. Why? Because if the fight had turned into a big war, it could have affected the whole region, including them. Here why it tricky: Even though these Arab countries are independent, they often depend on bigger countries like the United States to protect them. For example, Qatar has a huge U.S. military base that Iran recently targeted. In total, there are 19 American bases in the region! Most of these Arab countries are Sunni Muslim kingdoms, and they are afraid of Iran, a Shia Muslim country, becoming too powerful. They are also scared that Iran could stir up fights between Sunnis and Shias within their own borders. To protect themselves from Iran, some of these Arab countries have started becoming friendly with Israel, even though they never used to talk to each other. This new friendship is partly thanks to something called the Abraham Accords, supported by the U.S. But there a problem. For a long time, Arab countries supported Palestinians, who want their own country and have been in conflict with Israel. Now that Arab leaders are becoming friends with Israel, it feels like they are abandoning the Palestinian cause. This makes many ordinary people in Arab countries angry, because they still strongly support Palestinians. On top of that, Iran supports Palestinian groups like Hamas, so now Iran looks like the hero in this situation to some people. But the Arab countries don want to host Palestinian refugees either. So what the result? Arab leaders don trust Iran, but they can fully side with Israel either, because that would upset their own people. They are stuck between two tough choices, and even with all their money, they can find an easy way out. Imagine if your school suddenly said, everyone has to show their birth certificate again to prove you really belong in this school. And they asked you to do it during the rainy season, when your roads are flooded, and getting papers is super hard. That kind of what happening in Bihar right now. Here what going on: Bihar has a big state election coming up in a few months. But now, at the end of June, the Election Commission (EC) has suddenly said, let do a fresh check of the voter list! That means officials will go house to house to make sure every voter is really eligible basically, that they are an Indian citizen and lives where they say they do. With the ceasefire between Israel and Iran appearing to hold, Arab states in the region will be breathing a sigh of relief. Had the war escalated and taken on region wide dimensions, no Arab state would have been immune. It a peculiarity of West Asia that most Arab states are not fully in control of their foreign policy dynamics, thanks to the play given to external forces. This in turn stems from their own insecurities and intra-regional rivalries. Case in point, Qatar Al Udeid airbase that Iran targeted in retaliation for US strikes on its nuclear sites is just one of 19 American bases dotting the entire region. There no denying that Sunni Arab monarchie.

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major threat in Shia Iran becoming too powerful. After all, with many of these Arab states hosting mixed populations, their biggest fear is region wide sectarian/ethnic strife, which Tehran can instigate. The latest Israel Iran skirmishes would have revived those fears. But the path chosen to counter this perceived threat complicates matters. Arab states today are open to a US sponsored détente with Israel the Abraham Accords as an insurance against Iran. But this in turn means they are willing to abandon the Palestinian cause, allowing Tehran to take the lead on this. Hamas main backer today is Iran, and no Arab state wants to host Palestinian refugees. This course also means the gulf between the Arab street and the Arab palace is widening, with Arab populations across the region still having a strong emotional connect to the Palestinian issue. But with Netanyahu clear that there cannot be a Palestinian state, Arab states can fully embrace Israel for the fear of engendering popular resentment. Therefore, Arab sheikhs have become prisoners of their own games. They don trust Iran, but can make full peace with Israel either. All the petro dollars in the world can solve that dilemma. If you want to feel homesick, don travel. Means, I am not saying, why you want to travel? Simply stay home, no. Opposite I am saying: Go, go, travel, travel. Kyon ki, everywhere we are meeting Indians. Making us think, Array, I am in India only. Plus, enjoying Western bester things too. It has been like that only for me this past fortnight. Last Saturday, I felt particularly at home. Intrigued, I had gone to see Marriage Material at the Lyric theatre in Hammersmith. It was based on award winning Brit journo Sathnam Sanghera book and centered on the Bains family Wolver Hampton corner shop. The Iqbal Khan Garret Kaur Bhatti adaptation itself sounded shop worn. My bad, coz I could keep up with the impenetrable Wolver Hampton accent? Nope. My v. Brit companion assured me that not many in the local desk audience could have understood all of it either. Ah, the audience. It certainly was the garden party throwing, yacht owning, millions owing, Mallya fide Malay layer of uppity desis. This one was like a raucous Patiala Patel gathering. The Mums still spoke with Indian accents and dressed in tacky Colaba Jan path. The younger lot dressed and spoke London. That accent is certainly not English as she is speaking (affected) in India hangover Delhi clubs; in Calcutta, which has its own Oxbridge Bong ; and by a certain gentleman whom it fits to a T. Saturday middle class Mummy Papa may have also felt more comfy in no frills Lyric than in intimidating West End icons. No Royal Box here. So non stratospheric ticket prices. But then no air conditioning on a heat wave weekend. Mercifully there were no cell phone detonations during the play. Nor even the crackle of crisps. But gent in next seat and poly sweatier kept up a steady rustle, delving noisily into his backpack, looking for some lost treasure of Tutankhamen. His Mrs. occasionally dug in too, crackling away in counterpoint. During intermission the hall filled with boisterous English vinglish exchanges and aromas. Is that a lam

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Consider the following. Recently, Tamil Nadu director general of police issued a circular to the force asking them to avoid haste in making arrests under Pocso as many cases involve relationships based on consent. Independently, some constitutional courts such as Allahabad high court expressed concern about abuse of the law when it comes to relationships between teenagers. Last week, CJI Chandrachud pointed out that the presumption of the law is that there no consent in the legal sense among those below 18, which poses difficult challenges. He suggested lawmakers address concerns about criminalisation of adolescents who engage in consensual sex. Research suggests that the increase in the threshold of consent to 18 has led to abuse of the legislation. The most recent study covered three states, West Bengal, Maharashtra and Assam. It found that 25% of Pocso listings were romantic cases. Of them, 47% involved girls between the ages of 16 and 18 where acquittals were the norm. The high incidence of cases involving adolescents between 16 and 18 is consistent with NCRB data. Anecdotal evidence suggests disquiet with this aspect of the law also pushes up pendency. Parliamentarians should revisit the decision to raise the threshold of consent to 18. A decade experience provides the rationale for it. If MPs are reluctant to take this up, this is a fit case for a PIL. Another war coming, warn experts. The enemy? Mean and microscopic. So thank the WHO: R&D-focused scientists enlisted to update a priority pathogens list by probing evidence on virus families and bacteria, including an unknown foe of pandemic potential Disease X. This, even before Covid-19 becomes Disease Ex. But don drink to our health just yet. A US-based scientist, Andrew Huff, has re-dropped a bio-bombshell, claiming SARS-CoV-2 was manmade and lab-leaked. Echoing supposed conspiracy theorists, he alleges that US health honchos supported laxly managed research on bat coronaviruses in China Wuhan Institute of Virology, effectively ceding bioweapon technology. Super bugged, rival theorists brandish the post-outbreak zoonotic hypothesis: SARS-CoV-2 birthplace was a Wuhan wet market housing crammed animals, including wildlife such as reservoir (raccoon) dogs but not, as some investigators claim, bats out of viral-loaded hell. Meantime, cynics suspect and fatalists expect cover-ups on both competing viral parentages. Either way, pandemic-related intimations of morbidity haven dissuaded us suitable hosts from consuming, poaching and trafficking animal exotica. Nor have we re-thought some gain-of-function experiments with high loss-of-control risks: virulence-enhanced pathogens giving their Faustian genetic engineers the slip. Covid-fatigued, were too busy revenge shopping. If this is immuno-compromising enough, microbiologists have unearthed 13 zombie viruses from Siberian permafrost samples, including a Pandora virus frozen for over 48,500 years. Amoeba dangled as bait, several of these resurrected bugs proved infectious despite being buried for millennia. Call it Resident Evil: Afterlife. Or: They Came From Down There. The researchers say ancient ice, thawing as Earth gets hotter, will rele

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Sleeping bugs lie. Chronic climate changers, were aware that global warming risks pathogenic swarming. But suppose we re miraculously spared ecologically triggered spillovers, and vectors are victorious. Killer-bugs could still strike as antibiotic resistance fighters, prison-lab escapees, accidental airborne tourists or intercontinental bio-terroristic missiles. Above all, mutant microbes could launch invasions of the antibody snatchers. Will symptomatic malaise over looming germ warfare make us humans a less bio-hazardous species? Nah. Calculate the (sero)positives of an ICU-ed planet. There so much money to be made from people misery when World War Z breaks out. They need guns and vaccines, don they? On a recent visit to Paris I found myself once again at the Basilica of Sacre Coeur, the Church of the Sacred Heart, which stands in starkly splendid silhouette on a hilltop in Montmartre, and is thronged by visitors of many creeds, and some, like me, of no creed at all. Montmartre is one Metro stop from Pigalle, a raffish area of strip clubs and sex shops, its proximity to Sacre Coeur a symbolic reminder that the sacred and the profane are often juxtaposed, that sinner and saint are neighbors. As though in affirmation of this inseparable unity, in the interior of the neo-Byzantine Basilica is a towering mosaic composition depicting Christ, arms outstretched, to embrace not just those who are his followers but all of humanity in a love that knows no boundaries, of religion, race, or anything else. Whenever I happen to be in Paris I make it a point to visit Sacre Coeur, drawn by the sense of inner peace and harmony that it emanates. To get to the summit of the hillock on which it stands, you have to make a steep ascent of 300 stairs. Or you can take the funicular train which gets you up there in just over a minute. In a departure from past practice, this time I took the funicular. When I reached the top after the short ride, the panoramic view of Paris spread out below was as breath-catching as ever. Inside the church, Christ aura of universal benediction was as palpable as always. But I felt a sense of shortcoming, not on the part of Sacre Coeur but of myself. It took me a while to realise what it was, and what had caused it. By taking the easy option of the funicular instead of making the arduous climb on foot, I had short-changed myself, diminished the sense of a fulfilling contentment and completion that Sacre Coeur engenders within me. The fault, if there were a fault, lay not with the shrine but with me. reflection on all places of pilgrimage, which almost invariably are of difficult physical access, perched on daunting heights or in remote seclusion. The ostensible reason for this is that it acts as a deterrent to all but the true believer and keeps at bay the novelty seeker prompted by idle curiosity. But the challenging path of the pilgrim can also be a metaphor for.

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Faith itself be it in a religion, a political ideology, a relationship with another which is akin to love in that both demand a constant renewal of commitment, a reaffirmation of conviction. Faith and love are not static but dynamic in nature in that they require the repeated enlistment of volition if they are to contain the pulse of animation and not become the deadwood of inert dogma and stale habit. As an atheist, the only faith I have is belief in the message of compassion conveyed to us by Christ, the Buddha, Mahavir, Nanak, Krishn and Muhammad. The unclimbed stairs at Sacre Coeur are a reminder to me of the effort we all must make to keep faith with whatever faith we profess. Recent election results of Gujarat, Himachal Pradesh, and Delhi MCD have turned a new chapter in Indian politics. Apart from BJP & Congress victories in Gujarat and Himachal Pradesh, the other significant outcome which attracted political pundits across the country is AAP vote share in Gujarat. The AAP bagged around 13% of the vote share in Gujarat and is now eligible for national party status from the election commission of India. This is a significant moment in Indian politics as this development will contemplate Arvind Kejriwal ambition to emerge as a political alternative. The status of a national party brings many advantages to the bucket of a political party like from the right to a reserved symbol to getting slots in Doordarshan and land entitlements for its national headquarters. However, in this piece, I attempt to explore the possible challenges for AAP to become a national political alternative after getting the status of a national party. First, the AAP has to fight against the vast organizational structure of the BJP-RSS. There were approximately 10 lakhs polling booths in India during the 2019 parliamentary election. The major challenge of AAP is to expand its organization at the lower level. Arvind Kejriwal has to build the organization from the state level to the booth level in the next few years. This is going to be a huge task for AAP as it has active state-level organizations in only two states. Also, Arvind Kejriwal has to give free hand to state-level leadership and has to give it a formal structure. I believe, the AAP is still a volunteer-led organization and without the making shift from a volunteer-based organization to a cadre-based organization, the ambition of becoming a national political alternative can be easy. Second, along with the organization-building exercise, Arvind Kejriwal has to develop leadership at the state level as well. This requires the process of decentralization within the organization. Arvind Kejriwal will have to learn from the BJP and provide space to local leaders to expand their political clouts and mass support? Can Arvind Kejriwal develop his own Yogi Adityanath, Devendra Fadanvis, and Himanata Vishwa Sharma in his camp under his leadership? Recently, when the AAP was getting momentum in Uttrakhand, the CM candidate Colonel Ajay Kothiyal Retd.

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And the state chief Deepak Bali both resigned from the party and joined the BJP. AAP has to find such potential local leaders first and secondly, he has to develop a mechanism to manage these leaders under his political clout. Third, AAP will also face some ideological challenges on road to becoming a national political alternative. The AAP has to clear its stand on issues like reservation, secularism, the uniform civil code, etc. The USP of AAP electioneering has been to mobilize voters on local issues so far now. However, this will be interesting to see how AAP changes its electioneering approach. Whether they will continue on the same template or will add something new to their electioneering agendas. Owing to this, the fourth major challenge for the AAP will be its social engineering. AAP has developed a mastery over class-based social engineering. In Delhi and Punjab, the lower middle class has emerged as a prominent vote bank for AAP. But, the AAP has to expand its root in caste politics as well. Electoral politics in the north Indian states is dominated by caste politics and the AAP has to find an entry point to form a new social equation in its favour. The road ahead for AAP looks very challenging. The AAP has to sustain its momentum and also has to expand its mass support and organizational structure. This will be interesting to see how AAP changes national politics or whether the complex national politics of the country will become a hurdle for it. Days ahead in Indian politics look very interesting. Stay tuned. Long working & commute hours, enormous amounts of caffeine, junk food, and skipping meals combined with a buffet of work stress is an immaculate ingredient to create an emotional breakdown recipe. It will eventually splinter your mental health and sabotage your chances of growth at your new job. More times than not professionals admit that they characterize themselves submissively at their workplaces, opening doors to exploitation and being overworked until broken becomes the new proclivity. But how do you break out of the pattern and set perimeters for yourself and others? There are ways to rupture this overworked, stress-ridden, fatigued routine and build a healthier heritage at the workplace instead. Here are 4 ways to set boundaries at your new job Decrypt Your Probation Span It all about analyzing your role and equating whether the job role fits your expectations or not. The first step is to carefully assess the employment terms in your appointment letter and whether they transpire to be equitable to you as an employee. Sometimes, due to being lenient or simply inattentive, we lose out on basic norms such as work-life balance or timely reviews, statutory benefits, and increment policies. One needs to learn what their expectations are and seek what is a basic fundamental right. After due diligence, proceed ahead with the role at the company. A Mentor Goes A Long Way Having someone who can help, guide, counsel, and.

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Tradition leaning on our ears as much as we do on our eyes to experience the world we live in. With only 12% of India vast population having ever heard a podcast in their life, there is immense potential for growth. The rule of thumb for any successful business is to understand what problem your business solves for in a consumer life. The value of the industry/category at large is closely tied to the value it provides. The US is the world largest podcast market with over 100 Million Monthly Active Users (MAUs) listening to podcasts, generating $1.4 B in revenue. China, which is the world second largest podcast market with over 85 million MAUs, generates $2 B in revenue. And yes, the world second largest market in terms of size is the world biggest market in terms of revenue. This fundamentally comes down to why audiences in each of these countries turn to podcasts and how those audiences are monetized. The US has been dominated by fermium podcasts supported through advertising, with subscription being introduced into the ecosystem in 2019. China on the other hand has been subscription centric from its early days (this takes many forms upfront subscription, tipping, digital gifts fans buy from their favorite podcasters). It not the mere existence of this business model that has made the market as valuable as it is, it is why its listeners turn to podcasts. Chinese audiences look to podcasts not so much for entertainment but for learning new skills, something Asian cultures have always seen value investing in. India is the one market where both these audiences exist, at scale. It is no surprise that some of the top podcasts in India are in some capacity self-development shows. Be it business podcasts, life lessons or even spirituality the one commonality between the biggest podcasts in India is they give its listeners a sense of learning something new which they did know prior to that show/episode. India is also an important market for storytelling, a look at the film and TV landscape across languages is testament to this. We have 45+ video platforms, 15+ audio platforms, and every week there are at least a few dozen new movies and shows released across India. Somehow it is still not enough and no surprises why with a vast population with varying interests, there is almost infinite scope. In a more recent trend, we are seeing unique stories from regional media being versioned for other Indian markets and finding incredible success. We have Kannada movies like Kantar which blend Indian folklore, social issues and drama in a truly unique way finding audiences outside native language speakers owing to dubbed versions (or subtitled versions for cinema purists). We are also in an era where crossover success does simply mean crossing over to Hindi speaking India as in the case of RRR which found an audience outside of India with people who have never seen any Indian movie before. We exist in the same.

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Era where Squid Games was Netflix Korea big win, it was a global moment. There is a never seen (or heard) before openness to new cultures and art not just in India but around the world. Podcasting is yet to have its watershed quid Games moment but it is very far away. There have been at least a few high-profile podcasts in recent times that have attempted to do this with cinematic audio, high profile voice actors, and multi-language releases. Interestingly though, be it Squid Games, Marcos or Game of Thrones crossover success often comes from stories that are extremely differentiated from everything that is trending. The cast might be significant pop culture icons in their own countries but it is the story that travels. When the podcast industry finds this sweet spot for crossover shows, there won be one, there will be many, and we have every reason to believe many of those stories will originate from India. And, when that moment comes, these podcasts will be India first multi-platform stories. Shows that become movies, TV shows, games or even franchises. India might be the third largest global market for podcasts but its most important milestones are ahead of it. After a two-year hiatus, people across the country are gradually moving away from Zoom weddings and the big fat Indian wedding season is making a grand comeback. Reports indicate that over 32 lakh weddings are slated to take place in India from November 2022 till February 2023. This number might be more than what is being suggested in the report. So what is special and why as an economy we should be excited about these weddings? It is the business of weddings which is the primary driver for multiple industries and categories of products. What is even more exciting is that this year, with people celebrating weddings in a bigger and grander fashion than the pre-pandemic style, there is a huge influx of wedding shoppers across multiple categories. Not only have intimate weddings, which were largely held so due to the pandemic, taken a backseat, but an entire new generation of wedding shoppers is ready to splurge and look their best this wedding season. For decades, and even centuries, Indian weddings have gained popularity for their unique extravaganza. Even within the country, different cultures and regions have their unique nuances to weddings and wedding fashion. While traditional attires are the most preferred form of dressing for the wedding day with series on average clocking 150% growth annually on e-commerce, modern bride and grooms are looking to marry ethnic designs with chic western patterns to dress up in something that defines their personality. The wedding look unlike 10 years back now has many components beyond just clothing but gets extended to specific footwear, relevant accessories and adjacent categories of beauty, makeup and fragrances. The biggest insight of changing wedding times of India also suggest that it is no more just about the bride or groom or the families but the.

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Extended entourage who play a key role in making the reel and real weddings look very similar. With an increased focus on beauty in weddings coupled with the shopping convenience of e-commerce marketplaces, brides, grooms and wedding guests can effortlessly find their makeup, hair tools, manicure and pedicure kits, perfumes etc. to create their desired look. Further, this avenue also doubles up as an ideal gifting destination with an expansive array of options from affordable to luxury spectrum. The hues have also changed, moving on from the usual red and pink to pastels and lighter embellishments including grey, beige and baby pink. Celebrity styles and tech enhancements like image search have created a new niche for online shopping. This is reflected in the search queries from customers who are searching with terms such as Alia mehndi dress, Hina Khan Lehenga, Ranveer Sherwin etc. Changing wedding shopping landscape with e-commerce today, some brides may still choose to wear the classic paithani saree or a Banaras-silk lehenga chili for their main wedding ceremony. But there are many who choose to wear an attire that suits their personal fashion style or in vogue statement pieces like a floor-length gown. Then there are some others who are looking to emulate the real-life look of their favorite celebrity bride of the season. Let not forget the whole different shopping list for pre-wedding ceremonies such as haldi, mehendi, sangeet and cocktail party. Whatever the bride, groom, their family or wedding guests may be looking for, e-commerce has opened a new avenue of opportunities and access to millions of customers who had aspirations but perhaps lacked choices. Cutting edge features including image search, video catalogues, live commerce and the link are testimony to the ease that e-commerce brings to the task of wedding shopping landscape, shaping the wedding business and thereby consumer behavior today. With a gamut of options accessible to them, consumers are buying any type of ensemble they want, from any part of the country. For example, a bride in Mumbai can easily connect with a seller in Chennai and buy herself the kanjivaram silk she desires to wear on her wedding day. Same with a bride in Bengaluru, who can go for the classic Antalkali sharer set from Delhi to mark her special ceremony? The days of hunting for the perfect wedding wear from one boutique to another seem to be passé. Having quickly adapted to the benefits of online shopping, consumers are applying multiple types of filters and criteria to choose the best outfit. These include fabric, variety, design, color, work, usual or creative design aspects, availability, ease of access and quick delivery. An advantage of shopping on e-commerce platforms is that they provide a trendy collection and operate as a one stop shop for all kinds of wedding shopping. Today, wedding shoppers prefer sequins, embroidery, bandana, goat Patti, Banaras, and Kanjivaram. Moreover, though prices have shot up post-pandemic, e-commerce players are working closely with sellers to deliver on volume, thus bringing down.

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The prices and making wedding wear affordable. As wedding shoppers have much more to buy than wedding wear, which is the reason why besides fashion, segments such as beauty, home decor, and electronics are also witnessing peak demand this season. How e-commerce is shaping weddings in the post-pandemic world keeping with the impending wedding shopping trend, e-commerce marketplaces continue to onboard a plethora of sellers and homegrown and international brands to offer customers across the country metros and Tier 2+ regions, an expansive product catalogue to best serve their nuanced shopping needs. Understanding the pulse of the new-age bride, groom and wedding guests, online marketplaces have developed storefront to exclusively cater for weddings. This includes lehengas, series, sherwanis and the like. We also see a host of new brands charting their entry into the segment, which in essence is only widening the gamut of options for wedding shoppers to choose from. As global trends continue to make waves in the country, contemporary wedding trends are also seen emerging which consequently have an impact on fashion. A match made in heaven As we go deeper into the post-pandemic wedding season, there is no denying that consumers are preparing to make the most of the great Indian wedding ceremony, with all its vivacity and finery. The new-generation bride and groom are geared up to look their best, and so are their family, friends, and guests. Meeting them on the other side of this renewed journey, are the sellers on e-commerce channels, who are adding to the splendor with their exuberant collection that too at an affordable price. From the ongoing trends and steady business uptake, this certainly looks like a match made in heaven. Increasingly many Indian Universities are offering liberal arts education in India. Even though the present-day model of liberal arts education is an American innovation, its roots however go back to the Ancient Greeks and other ancient non-Western traditions. Despite many changes over the centuries, the emphasis on formation of character and developing skills that are necessary for broader human flourishing differentiates it from training in crafts, fine arts, and vocational, theoretical, and technical education. The liberal arts educational practices place emphasis on acquiring generic transferable skills. Also the holistic understanding of the human condition, training in practical judgment, formation of new habits of being in the world, ethical orientation, skillful coping in the face of uncertainty, respect for difference, creative expression, cultivation of wonder, and life-long learning distinguish contemporary practices of liberal arts education. Liberal arts teaching and learning places equal emphasis on changing how we look at the world and acquiring domain specific knowledge. The measure of success will be tested to the extent it has changed the learner ways of being in the world. Contrary to conventional wisdom, liberal arts programmers are highly demanding; they are of a different order of difficulty than what is to be expected from conventional education programmers. Part of the difficulty comes from the f

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This year, the historical resilience of the relationship, search for ways to establish long-term engagement with Russia's sharp rise in the volume of bilateral trade, repeated references to the high-level nature of his delegation and reference to a multi-polar and re-balanced world. It was a poor night for American pollsters, who predicted a right-wing wave in US midterm elections. Low "presidential" approval ratings almost always drag down the incumbent party in the US midterms. Indeed, the Obama-Biden team suffered so painfully in their first midterms that the former called it a shellacking. This time what pumped up Republican prospects even more was inflation, with US fuel prices up 60 since Biden took office. Yet it would be very unwise of incumbents across other major economies to deduce that economy does matter. The key takeaway from the US is that when inflation is a big negative for the incumbent, a robust job market can take some of the sting away. The US unemployment rate is near a 50 year low. US voters, like voters elsewhere, may not care about the macroeconomy but plentiful jobs are as much of a personal experience as high inflation is. In India, the coming Gujarat Himachal polls may be the first test of inflation impact on voters. A Lokniti survey a month ahead of Gujarat polls has found price rise 51 to be on top of voters minds unlike in March polls in Punjab Goa 3, Uttarakhand 6 and UP 6. And in India, most low-income voters are not experiencing a robust job market. But here as in the US, the impact of inflation will depend on how other factors play out. Free food mitigates high prices, for example. Perhaps, a bigger lesson is that high-pitched rhetoric and extreme ideological positions do always play well. Exit polls indicate that the share of US voters who felt abortion rights were the most important issue was almost as large as those who flagged inflation. So, a right-wing wave fizzled out because of a court ruling that pleased the right-wing no end. The low returns from politics of polarisation are also evident via Donald Trump. His oversized role throughout the Republican candidate selection and campaign did play out to plan. In various tight races the anti-abortionists and election-deniers propped up by him bit the dust. The defeat of a celebrity who called abortion at any stage of pregnancy murder was the most notable example of this. And this sort of echoes what happened in Brazil, where the more extremist option ended up getting beaten in a close contest. Pragmatism and centrism are not dead, not by any means. The challenge in Madras high court to the Emergency era shifting of education from state list to concurrent list is a futile exercise in turning back the clock. Forty-six years have passed since the 42nd Constitution Amendment Act. In this period, the education sector has seen far too many changes, and most can be reversed. For instance, a common national medical test now allows students the ease of appearing for just one examination instead of multiple ones conducted by each state. States still enjoy flexibility to operate their own universities, schools and education syllabus. Private sector is also flourishi

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And access to quality remains a big failure. Against the National Education Policy goal of combined government expenditure on education at 6% of GDP, 3 of GDP was budgeted in 2021-22. States should be goading GoI to spend more; moving education to state list could reduce Centre urgency to boost education spending. State governments must also ask themselves why state universities and many state government schools find few takers while there is a rush to secure admissions to central universities and kendriya vidyalaya's. The obsession with controlling education is helping. Politics can wait until midterm polls are going down to the wire with the Democrats performing better than expected even as the Republicans pick up crucial seats. With the final composition of the Senate and the House yet to be determined, the fate of the Biden presidency and, by extension, of Washington policies for the world hangs in the balance. Patrick Basham, director at Democracy Institute, Washington, spoke with Rudroneel Ghosh about the impact of the election on American democracy, politics and foreign policy: A Republican red wave was expected during these polls. But the race has turned out to be a tight one. What your take on this? Although the Democrats may lose control of both Houses of Congress, they have done better than expected. Through efficient grassroots organisation and superior campaign fundraising they have maximised turnout among their supporters, which has negated much of the Republicans advantages on key issues, such as the poor economy, and President Biden unpopularity. When LK Advani rath yatra rolled through his Gandhinagar constituency, Ahmedabad was declared the experimental theatre of Hindutva. However, in its 40+ years as my town-in-law, it has proved that it is actually the experimental theatre of food. Esther David, my guide to Amdavadi culinary-shaadi, first told me of pasta-bens and an entire GenX never having tasted dal-bhat-shak. That DBS staple had been replaced by PBS, pizza-burger-smoothie. The disruptor-in-chief was CTF, a wannabe all-American soda fountain called Chills Thrills Frills. Then, during Covid every Ba also became a Sushi-bend or Mexican-masi. Game-changer CTF has retreated before the onslaught of Churros Tortilla Frenkie outlets. The now-global Induben is to khakras what TurmericRam is to bhujia, rolling out an infinite variety. But it was at an impostor in Bikaneri that I found Vit D Khakra and Oats Patra. However, for the Real Gujju experiment fest we immersed ourselves in Manek Chowk, chauffeured there by brave Farzad, unfazed by the crazed adventurism of his aunts. This daytime gold-silver trader hub turns into a halogen-blazed, crowded, raucous, frenzied food bazaar. The silver-tongued showman dispensing moke Biscuit and Fire Paan is Insta -ready with his drum of liquid nitrogen and a strip of lights better video leva matey he already a YouTube sensation. Gujarat Jamun Shots, fruit ones apart, offers Oreo and Cold Coffee shots. Also Dadagiri that hari mirch. The alley is packed with long tables a-litter with giant dosas filled with pizza toppings or even chocolate, bun pizzas topped with dosa fillings and, of course,

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The monsoon brings with it the promise of flirtations and romance, creative imagination, poetry and music, musings and reflection. The pitter-patter of falling rain and cool, caressing breeze could rouse the dormant poet in anyone capable of finer feelings. What comes to mind is Meghdoot, The Cloud Messenger, by Kalidas, a lyrical narrative of a yaksha yearning for his dear wife. Separated from his bride due to his master Kubera orders, he pleads with the cloud to carry his message of love and longing, and the resultant 120 stanzas are an outpouring from a monsoon-inspired Kalidas. As a pluviophile, who enjoys rain, clouds, and even the darkness that comes with a looming monsoon, with perhaps thunder and lightning flashes, this is the perfect season for finer thoughts, to curl up in a cozy corner facing the window and read while listening to music, and generally let one imagination run wild with passion. And Kalidas provides the perfect atmospherics, as he narrates the story of an exiled man pining for his bride, who is at home in the Himalayas. As eight months pass, the lover, emaciated, finds his gold bracelet slip down his wrist onto the floor. He asks the cloud to carry his heartfelt message to his wife, saying: Though thou are pledged to ease my darling pain, Yet I foresee delay on every hill Where jasmines blow, and where the peacock-train Cries forth with joyful tears a welcome shrill; Thy sacrifice is great, but haste thy journey still. In another verse from Ritusamhara (The Seasons), attributed to Kalidas, the poet speaks in the voice of the lonely lover pining for his lady love: To you, dear, may the cloudy time Bring all that you desire, Bring every pleasure, perfect, prime To set a bride on fire; May rain whereby life wakes and shines Where there is power of life, The unchanging friend of clinging vines Shower blessings on my wife. Rabindranath Tagore wrote that when it rained, his heart would dance with joy: My heart dances today Dances like a peacock. A heavy downpour falls on the new leaves, the garden quivers with the chirrup of crickets. The river has crossed the bank and approaches the village. My heart dances today dances like a peacock. In religious traditions, Chaturmas, between July and Oct, has special significance. Vishnu is said to rest for four months on his serpent bed in yog nidra on the milky ocean, for the cosmic order to reboot itself. This is also believed to be when during samudra manthan, churning of the ocean, Shiv swallowed and held the poison in his throat and came to be called Neelkanth, During Chaturmas many Hindu festivals are celebrated, including Janmashtami, Navratri and Deepavali. Jain monks don travel during Varsh Yog, the rainy season, to avoid hurting insects that may not be visible to the naked eye. The season is utilised for prayer and reflection, studying and discourse and they also observe the Paryushan festival. My favourite account is that of Alexander Frater, who, in his Chasing the Monsoon, says: As a romantic ideal, turbulent, impoverished India could still weave its spell, and the key to it all the colours, the moods, the scents, the subtle, mysterious light, the poetry, the heightened

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Housing Finance company with HDFC Bank Ltd (commercial banking). When senior management (now retired) of the entities start talking of the benefits of another possible merger which did not take place for whatever reason, one can understand that this much talked of merger has not yielded the necessary results. A serious question that needs to be asked is the preparation quality at entities before and after the act of merger. How was the merger planned? Was there adequate due diligence done? A basic fact for a merger's proposal is the quality of the financial statements in terms of numbers revealing the state of affairs at the company and other qualitative information. Post-merger acquisition, we have heard of so many entities (purchasers) complaining that full disclosure of facts finances litigation safety weaknesses problems with Regulators was not adequately highlighted. Remember the Ranbaxy Ltd and Twitter (now X) cases? An important question to ask at the M&A time is this activity driven by the CEO and operating business heads or by the Board of Directors or by a special committee consisting of the Board of Directors and CEO's Business Heads. Is there something like a merger study committee which reviews multiple feedback on the M&A plan, plans out the actions of the merger process, and ensures that an ideal organization structure is created planned well before actual merger implementation. The greatest possibility of success lies in a strong merger committee reporting regularly to the Board of Directors. An issue that often arises is the issue of overpayment of purchase price. When there is big build-up of possibilities and potential, the chance of overpayment is very strong. After all, everything has a value band. The price far in value over the value band will result in the failure of the M&An activity. A mistake often made is that the M&A activity is forced thru with inadequate thought with just money muscle power. Having the funds to pay the price today's is different from having a business plan to make the M&A successful. Companies often fail in this aspect. Very often one hers of tax advantage. That is a dead end street. Tax comes after profitable operations. Non-profitable operations will give no tax advantage. Sometimes, industry regulators and competition regulators put such onerous conditions for the M&A (banking, telecom, etc.) that it would be advisable not to go thru. However, in most cases the terms are accepted with disastrous consequences. Among the many reasons for failure of M&A activity is people culture. Most entities treat their employees as pieces on a chess board's. The Top Management makes the moves and the pieces are up for movement and shifting as desired. Unfortunately, humans are not chess pieces they have feelings emotions intelligence and the ability to lie low and not speak up even when they know that this action involving their area of work could create problems. Often in an M&A scenario, senior executives not happy with this event start quitting. Middle level executives become not co-operative and fail to perform at their usual efficiency. These signals are not picked up. Everyone is on an exaggerated high

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Wider areas of social sciences, natural sciences, and humanities along with their major focus. Liberal arts learners are also required to participate in a range of extracurricular activities in order to develop a holistic sense of the world, and also appreciate the wisdom and beauty of artistic forms. The development of new habits of seeing, and formation of character necessary for flourishing in an uncertain and complex world form a key basis for liberal arts pedagogy. This orientation is built on the understanding that meaningful education should have for its aim holistic change in the learner, not merely cognitive or intellectual development. Liberal arts education places equal emphasis on cultivation of new habits, orientations, modes of living, and acquisition of theoretical knowledge of particular area of specialisation. A major pedagogical emphasis of liberal arts is focused on developing new ways of seeing economic, social, cultural, psychological, political, and environmental phenomena in a different light. Such an orientation towards others and otherness requires learning to accept the irreducible complexity, ambiguity, and uncertainty that constitutes everyday experience. The learner attention is directed as much towards what is different as what remains constant. An ability to continually look out for discontinuities, flows, and processes is a critical skill in a world that is changing faster than our ability to make sense of it. Learners are given extensive opportunities to develop orientations for skillful coping and meaningful responses to unfamiliar and novel experiences throughout their educational experience. Experiential learning is the key differentiator of the liberal arts and educational process. Liberal arts education places a premium on learning by doing, whether in a classroom, community service projects, participation in performing arts, field studies, or other extracurricular activities. The concept of learning by doing acquires a broader and richer significance in the liberal arts pedagogical practices to include experiential reading of literary texts, watching a film, or viewing artistic exhibits. Learners are expected to pay attention to detail, notice differences, see aspects that are not self-evident, and respond to these experiences creatively. Even while learning scientific concepts, a liberal arts learning takes a form that provides for a richer appreciation of the phenomenon than is usual in conventional educational practices that have as their aim mere conceptual and cognitive development. Liberal arts teaching and learning practices are based on the understanding that the learners will be better prepared to cope with the irreducible uncertainties and complexities they will face at work and in life if they develop a capacity to give creative expression to their own experiences. Liberal arts educators appreciate that the contemporary social, economic, political, and technological systems are continuously being transformed by a dynamic process that cannot be adequately anticipated by our existing knowledge systems. Learners are better served by cultivating an orientation for continuous learning. The liberal

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Protests against the idiotic zero-Covid policy and the failure to subdue Taiwan to a slowing economy and the strategic grouping called Aukus (the security pact between Australia, the United Kingdom, and the United States). Chinese troops clash with our soldiers on the Arunachal Pradesh border may be a tactic to arouse jingoistic feelings so that attention could be diverted from Xi inadequacies. Like Xi, Russian President Vladimir Putin also relies heavily on nationalism to validate his despotism. Although New Delhi decision to remain neutral in the war in Ukraine was deplorable, it did endear itself to Moscow. Modi can capitalize on that advantage to play an honest broker and ensure a ceasefire. If he can do that, it would be a major feat. Further, this would help India in checking Pakistan terror sponsorship. It is a well-known fact that the West-dominated Financial Action Task Force (FATF) has gone soft on Islamabad, taking it out of the grey list. The only plausible explanation is the West annoyance at India refusal to condemn the Russian attack on Ukraine. Most importantly, India must endeavor to set norms for geopolitics that are in consonance with the universal values of individual liberty, free speech, and world peace. This may force nations like China and Russia to behave properly or at least not to misbehave much and too often. In other words, India should strive to bring liberal democracies (which are mostly Western) together with the glue of shared universal values and ideals, the ideals like Vasudhaiva kutumbakam. That may be a problem though, for sanskaris dislike the West as much as Leftists do. Hence the fantasy called the Global South. There is a difference between having a thriving social media presence and just sort of being there. In these past few years, social media has been all rage. Any identity who owns a phone or a computer these days has their social media accounts. Facebook, twitter, Integra and Interest are highly active networks. Everyone wants in on the action when it comes to social media. Nevertheless, it is not just meant for connecting with friends and family. Social media is also thriving as a market place for start-ups as well as large scale businesses. Being a social entrepreneur and a maestro in the marketing niche myself, I now have a fair idea about the strategies to be applied in various situations. Considering today business environment which is highly competitive. To lure and retain an audience, companies are investing greatly in their social media presence. Here the question popping on your mind must be that What is Social Media Presence? Well, Social media presence is the barefacedness that a brand has on numerous social media sites. It is the interrelation that an entity has with its community. The stronger your presence is, the more trust you gain from your audience. In my experience through the years, I believe that to get positive results, it is important to develop a large following and learn how to provide.

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The Global South that is otherwise under-represented in such forums. This was the articulation of the discredited doctrine of third-worlds, which sought to divide the world in mostly Marxist binaries. The United Nations explains the global North and South in its website: The division of North and out is used to refer to the social, economic and political differences that exist between developed countries (North) and developing countries (South). The terms North and South (like the East and the West) originated from geography because most of the high-income countries are located in the northern hemisphere, but the real criterion is economic. So Australia, though being in the southern hemisphere, is part of the Global North, while India, though in the northern hemisphere, is part of the Global South. Indeed it wants to champion the cause of the Global South. Jaishankar, one of the last Peruvians of any consequence, wants Prime Minister Namenda Modi to embark on this perilous journey. Perilous, because it would amount to becoming the trade union leader of poor countries, most of which are poor because of their own failings. Just like India. However, the political and thought leaders in all these countries have gained considerable skills in blaming their erstwhile colonial masters which are mostly Western nations for the problems they themselves have created in the post-imperial era. Given the widespread guilt in Western elites, especially among those who kowtow to the dogmas of contemporary liberalism, third World intellectuals are able to peddle their anti-West theories in Western countries. The problem with the North-South binary is that it is fictitious and misleading. This is not to suggest that there are no rich and poor countries; there are; but there is no real conflict between them on that count. The conflict is in the minds of intellectuals, who still subscribe to the dangerous theories of class struggle and imperialism being the highest stage of capitalism. The terms they prefer these days are neo-imperialism and neo-liberalism. The real conflict is between liberal democracies like India and the US, on the one hand, and dictatorships and rogue nations like China, Russia, and Pakistan. G20 presidency gives India an opportunity to build and nurture mechanisms which can pressure the biggest international bullies, Russia and China. For instance, New Delhi can come up with a campaign for sanctions and restrictions on the companies whose operations in China directly or indirectly assist the CCP military capabilities. Similarly, there are companies whose products and services end up tormenting Uighur Muslims in Xinjiang, Buddhist dissidents in Tibet, and protesters in Hong Kong. These companies should also be made to face consequences. Fortunately, the world is waking up to the various shenanigans of the Chinese Communist Party, be it theft of intellectual property in America, data gathering by way of apps, and the debt-trap that the CCP peddles as the Belt and Road Initiative. Equally gratifying it is to notice that Chinese President Xi Jinping is facing a number of crises, ranging from the widespread.

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Them what they really want. Instead of posting randomly, look for these specific ways that came in handy for my Integra as well to improve social media presence. Show authenticity; be human In this modern age of transparency, no audience or a potential client wants to feel like they are interacting with a programmed robot or a faceless corporation with cipher personality. What they really want is to converse with a brand that is more human and authentic. In my opinion, a way to do that is by talking to your followers like they are friends. Respond to their posts and reply to their queries. You could engage with them by talking about the brand history. Posting a few photos with real customers and employees will also help the audience to connect with the brand. Identify the target audience There are millions of social media users, but not all are your audience. As a business, you have to have a specific target audience that you have to give your complete attention to. Creating tailored content for them is more likely to grab their attention. I feel that you all be able to attract more and better followers when you understand the audience needs and what they relate to. This will attract more traffic to your page which can convert to potential clientele. Establish clear social media goals and objectives It is important to know what you are going after before you start posting. Set goals that are specific, achievable and relevant. This will give purpose to each post that you upload. Be Consistent When it comes to retaining followers, consistency is the key. Being consistent will help you gain followers and encourage them to engage with the posts. One tried and tested way to be consistent in your posts is by creating a social media posting calendar. This way you can pre-plan your content that is seasonal or festive. It will assist you to avoid repetition and last-minute content creation. Produce high quality content Being consistent at a comfortable rate will allow you to create high quality and valuable content. If you produce quality content, the right audience will be attracted. With neck-to-neck competition everywhere, your audience will only stay if you give them high-quality content. This will also improve the ranking of your page or site on Google search results. Work on visuals No matter what you post, videos and images always have a long-lasting impression on the viewer mind. Looking at short videos and images makes it effortless for people to connect and engage. If you are not certain about what to post next, go for images and videos. Strive for customer satisfaction more than gaining followers Getting more followers should be your only goal. Focus on selling less and offering more. The audience should feel that their satisfaction matters more to you than their money. You are more likely to earn loyal customers if you offer solutions. Social media is your locus to communicate with your customers.

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It is always beneficial to have highly engaging followers than to have followers that don even interact with you. This way you will increase your engagement on social media. There is no turnkey solution for improving your social media presence. Hence, these small methods and strategies will help you to improve engagement on your profile. Hiring a professional social media marketing agency as High Volume, will not only help you to overcome the above-mentioned barriers but also guide you to solidify your business in this current competitive market. As a young nation, India is accelerating quickly on the digital highway. The acceptance of switching everyday activities to digital channels can be seen from the mere fact that India accounts for the largest number of real-time payment transactions in the world 48 billion in 2021, three times its nearest challenger, China a result of the growing acceptance of UPI-based mobile payment apps and QR code payments among merchants and the increase in digital payments made during the pandemic. The rise in all types of digital channel, not just payment apps, is contributing to an explosion in data growth, the management of which is increasingly becoming more complex and challenging. This explosion of data across an increasing number of information sources from email, news feeds and social media platforms to company drives, shared drives and collaboration platforms is adding to the information overload burden for organizations and their employees. As a result, businesses are grappling with more information across multiple devices and services than they can manage and track on a daily basis. In fact, they are struggling to understand the value and risks of vast volumes of information they are gathering and the impact of the continuing information explosion. Employee productivity suffers as staff members lose valuable time searching for the right file or relevant document instead of focusing on higher-value work. This is corroborated by a recent survey by Open Text, which highlights that 58% of Indians who work say they spend one or more hours every day searching for specific work files or pieces of information just to get their job done. An overwhelming majority (88%) of Indians feel that information overload driven by factors including constant information flow 24/7, pervasive social media, or too many apps to check each day continues to contribute to their daily stress. As our work lives continue to spill into our personal lives with hybrid working, surprisingly even in 2022, just over a half of Indian employees (52%) feel they are equipped with the right digital tools to work from home. Nearly two in five (39%) respondents said they have to use eleven or more accounts, resources, tools and apps on a daily basis. Turning information into an advantage For most businesses, the challenge of trying to manage the volume and complexity of information structured and unstructured data that is pervasive and growing exponentially can be a daunting one. Just having the information is not going to be of any use to any.

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Countries are using carbon pricing to work toward multiple policy objectives. Inaddition to using direct carbon pricing as a tool to meet emissions reduction targets, governments have broader objectives. Carbon pricing is a potential source of revenue for fiscally constrained governments. With an expected contractionary fiscal environment in the coming years, raising domestic revenue with positive job and growth impacts will become increasingly important. For instance, in Mexico, 11 state governments have introduced carbon pricing, with revenue mobilization being a contributing driver. Beyond carbon pricing as a revenue stream, governments are also adopting carbon pricing alongside regulatory standards, green industrial policies, and social welfare programs to deliver structural changes. For example, the European Union Net-Zero Industry Act, introduced in 2024, complements the EU Emissions Trading System (ETS) in supporting decarbonisation in hard-to-abate industries, while in Norway, tax incentives combined with carbon pricing have resulted in electric cars accounting for nearly all new car sales. Finally, Israel has implemented a carbon tax to address the unraced carbon externality and supplementary measures to improve the efficiency of domestic industry. More frequent and severe extreme weather events are damaging infrastructure, driving up the costs of disaster recovery, and disrupting supply chains. These events divert resources from critical areas, such as health, education, and employment, disproportionately affecting low-income communities and economies. In addition Countries are using carbon pricing to work toward multiple policy objectives. Inaddition to using direct carbon pricing as a tool to meet emissions reduction targets, governments have broader objectives. Carbon pricing is a potential source of revenue for fiscally constrained governments. With an expected contractionary fiscal environment in the coming years, raising domestic revenue with positive job and growth impacts will become increasingly important. For instance, in Mexico, 11 state governments have introduced carbon pricing, with revenue mobilization being a contributing driver. Beyond carbon pricing as a revenue stream, governments are also adopting carbon pricing alongside regulatory standards, green industrial policies, and social welfare programs to deliver structural changes. For example, the European Union Net-Zero Industry Act, introduced in 2024, complements the EU Emissions Trading System (ETS) in supporting decarbonisation in hard-to-abate industries, while in Norway, tax incentives combined with carbon pricing have resulted in electric cars accounting for nearly all new car sales. Finally, Israel has implemented a carbon tax to address the unpriced carbon externality and supplementary measures to improve the efficiency of domestic industry. More frequent and severe extreme weather events are damaging infrastructure, driving up the costs of disaster recovery, and disrupting supply chains. These events divert resources from critical areas, such as health, education, and employment, disproportionately affecting low-income communities and e

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Organisation it can only be useful if the information yields the necessary insights for taking decisive actions. Information advantage can only come when an organization has the ability to bring all its information together and transform the data in business intelligence. To truly leverage data and content within their business, to facilitate collaboration in an anywhere workforce and drive faster digital transformation, businesses first must eliminate data silos and simplify information management to ensure employees can access the information they need and faster. Today, traditional on-premises enterprise content management, or ECM, has evolved to cloud-native content applications that allow anybody to access the information they need wherever they are, and in a way which ensures data is secure, protected and can be audited in the appropriate ways. With content services, isolated processes and data repository siloes are bridged and it becomes much easier to give people access to information, roll it out and configure it globally for an entire organization. The modern way of providing content services goes beyond just managing information to being more about flexibility and extracting value from the content. Extending capabilities required in a modular, iterative, and agile way, is the route to take. The key to overcoming the information overload challenge lies in automation and becoming frictionless. Allowing employees to find information quickly and easily will empower them with knowledge. Intelligent automation and integration can reduce friction and simplify processes allowing employees to thrive and unlock the information advantage. India is the world third-largest startup ecosystem, with 107+ unicorns valued at $350 billion. The recent rise of the startup ecosystem in Tier II and Tier III cities and the exponential growth of angel investors in this asset class have been key drivers. But after a breakthrough in 2021, the Indian startup ecosystem has entered a funding winter. Though the quarterly funding for tech startups peaked in Q3 last year at 14.8 billion USD, it has been dropping constantly ever since. Research firms are already predicting the funding winter to last between 12 and 24 months. It is largely attributed to global economic uncertainties and dwindling monetary transactions especially in the post pandemic times. The public market performance of some of the most awaited IPOs (Initial Public Offering) also served as an eye-opener for venture capitalists. However, despite the funding winter, there are multiple startups across industries that beat the funding winter. Investment in Sustainable Startups Will Remain Strong There is a conspicuous impact of funding winter and startups across the world. Many global ventures could not raise a lot of capital, and the same is the plight of Indian startups too. Investors have started raising challenging questions about valuations and have become wary of the situation which has subsequently resulted in small-sized yet long-term investments. The amount of cash available to Indian enterprises increased significantly in the first half of this year, though it was primarily concentrated in t

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Compared to 226 late, growth stage deal. Startups on green energy, and climate tech have to grow despite a funding slump in the to Tracing analysis, early stage VC in India up to Series A rounds increased by more than 28 percent in billion from Billion the previous year. The average size of early-stage deals increased million in from million in 2021. Investors now have intent to engage with that are developing viable models using such as block chain, Web AI, robotics, and the Internet of Things (Iota), among others. Market Still Bullish for Good Funding winter implies that the market is itself. Until recently, the focus was on with profit taking a back seat. This has changed in 2022, and it is a positive sign for the Indian startup eco system. It is a period since the eco system has become more relevant. Investors realize the current market trends with no room for hyper growth. As a result, the years are looking very promising considering rational valuation and business consolidation. Only businesses with the right credentials are funds with. It is also lucrative for who are looking for solid partners who can work with their and leverage their skills to further their business. India is the path of its startup expansion and as well as in to become a Global Hub. It makes India one of the to invest in, it would be a huge challenge for startups to and profits in the months. The scenario will be identical for investors too. There are no shortcuts when it comes to accomplishing success in business, whether it is a unicorn or not. The crucial part is to analyze if startups have the potential to generate enough revenue in the next decade to remarkable revenues for the investors. As the world marches deep into the data age where the point information is already doubling every 75 days and this rate is only becoming faster, the old teaching methods mainly focusing on information and knowledge transfer are no more relevant. Recruiters have stressed time and again the necessity of 21 century skills. Compared to 226 late, growth stage deal. Startups on green energy, and climate tech have to grow despite a funding slump in the to Tracing analysis, early stage VC in India up to Series A rounds increased by more than 28 percent in billion from Billion the previous year. The average size of early-stage deals increased million in from million in 2021. Investors now have intent to engage with that are developing viable models using such as block chain, Web AI, robotics, and the Internet of Things (Iota), among others. Market Still Bullish for Good Funding winter implies that the market is itself. Until recently, the focus was on with profit taking a back seat. This has changed in 2022, and it is a positive sign for the Indian startup eco system. It is a period since the eco system has become more relevant. Investors realize the current market trends.

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Like creativity, complex problem-solving, critical thinking, emotional intelligence, etc., when looking for new hires. Responding to this trend, the New Education Policy (NEP 2020) has clearly defined the new direction for education, education must thus, move towards less content, and more towards learning about how to think critically and solve problems, how to be creative and multi-disciplinary, and how to innovate, adapt, and absorb new material in novel and changing fields. While learning by rote can be beneficial in certain contexts, pedagogy must evolve to make education more experiential, holistic and integrated, discovery oriented, learner-centered, discussion-based, flexible, and, of course, enjoyable. With more than five million Indian students already enrolled in engineering and computer application programs, India has emerged world powerhouse of technical talent and human resource. However, the moot question is, are our higher educational institutions proving successful in imparting the right kind of practical, industry-related knowledge and skills to these students? With rapid changes in technology, society, and professional practices, continuous life-long learning is now essential to stay relevant as an engineer. Hence, the goal of engineering education has shifted from imparting technical knowledge and skills required for solving well-formulated engineering problems to developing transferable cognitive skills for conceiving, designing, developing, and managing engineering products, systems, and processes. The National Academy of Engineers (NAE) has suggested that the essence of engineering the iterative process of designing, predicting performance, building, and testing should be taught throughout the curriculum. Many new engineering and technical education regulating bodies and universities the world over are now enthusiastic about promoting project based learning (PBL). Hence, it is not surprising that a very large number of Indian universities are now, in one way or the other, claiming to practice project based learning. However, these claims are based on different interpretations of PBL. While for most educators, it means the inclusion of projects in curriculum and courses, the education research literature uses the phrase for a more transformed way of teaching where project work is the main learning engagement and vehicle even for developing conceptual foundations. What is Project Based Learning? PBL is not LBP (Learning Before Project) in the sense that the projects are not seen as the culmination of learning, but instead are seen as the process through which learning takes place. The most common pedagogies place a higher priority on teaching students to follow instructions and rules, and PBL aims to help students develop their own ideas, goals, and strategies. PBL is one of the various forms of inductive pedagogies like Socratic teaching, Inquiry learning, Problem-based learning, Case-based teaching, Discovery learning, Just-in-time teaching, etc. The inductive methods are different from the deductive methods, but both can be effective or ineffective. Effective deductive teaching starts with conceptual and factual explan

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Deduce infer concepts, rules, or principles. The tradition of inductive methods of teaching is very old. Socrates said, I cannot teach anybody anything, I can only make them think. Galileo also echoed the same thought, You cannot teach a man anything, you can only make him find for himself. The thought is repeated by Einstein as well, I do not teach my pupils; I only attempt to provide conditions in which they can learn. Adapting from the kindergarten model, MIT Media lab has developed an educational approach of lifelong kindergarten based on a set of four guiding principles for helping young people develop as creative thinkers: projects, passion, peers, and play. They believe that the best way to cultivate creativity is to support people working on projects based on their passions, in collaboration with peers, and in a playful spirit. Students are seen as builders rather than recipients of knowledge. Way Forward The effectiveness of both deductive and inductive teaching methods depends upon the quality of engagement of the participating community of teachers and students. Various studies have shown that learning activities like project work, laboratory work, discussions with other students, thinking and work-oriented lectures, and teaching peer juniors, etc., are more effective learning activities. Hence, all teachers must include one or more of such activities in their pedagogy, even if they follow a deductive approach. A well-implemented deductive approach with rigorous and enjoyable learning activities can be far more effective than a poorly implemented inductive approach with poorly planned administered learning activities, projects, learning scaffoldings, briefing debriefing sessions, guided reflections, cycles of work, etc. In order to be really effective, the inductive approaches require teachers to have far deeper expertise in the subject matter and also a much better faculty-student interaction. Many institutes have initiated PBL; however, implementation of this pedagogy on a superficial level can be counterproductive. It not only results in failure to achieve the prospective results but also creates a delusion of accomplishment among the students, which might cause hindrance to them in their professional growth. In order to properly implement PBL in their courses, faculty must first define appropriate learning outcomes and map the same with learning activities and subject matter. The subject matter should be thought of in terms of a series of interconnected questions, it helps to answer. The student projects should be planned in such a manner that students necessarily face these questions during their project stages. This will create appropriate conditions for inductive learning of concepts. Effective implementation of PBL also requires a thorough redesign of the curriculum and courses. The conventional L-T-P-based credits also need tweaking, and fortunately, the new UGC guidelines on these are conducive to such tweaking. Often the PBL courses in the new curriculum will have to be reconceptualised and designed for interdisciplinary team teaching also creating a need for a better faculty-student ratio. The claims of administering PB

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Number of very young faculty without deep expertise, are surely ill-founded, if not completely false. The regulatory and accreditation bodies also need to be more careful about such claims. A Latin phrase, fustian lent, meaning, make haste, slowly must be remembered before jumping on such a radical pedagogical shift and making such claims without proper understanding, planning, or resources. Rashness can be very dangerous when the next generation learning is at stake. Traditional education is no longer the centre of attention. The modern education industry is no longer bound by time or space. Various trends in the education sector have been deployed with varying degrees of success in the past, but the trends that have emerged in the last few years have completely altered the sector dynamics and are unquestionably here to stay for the foreseeable future. The digital transformation in the education sector has accelerated immeasurably, causing a shift toward online and cloud-based delivery platforms from primary to higher education. Detaches are the new School 2.0, and the value of this sector in India is expected to grow to USD 30 billion in the next ten years at its current rate of disruption of the traditional learning process. Mobile technology, cloud services, and virtual reality all deserve credit for opening up new avenues for accessible, immersive learning. Technologies that will upend the education sector: 1. Learning for life through subscription services Even two years ago, the state of education was very different. With the speed at which technology is developing, both educators and students are embracing subscription services as a continuous model of education. Another factor is the rise of online learning aggregators like Learn bay, which, in addition to providing traditional coaching programmers, provide accessible learning classes to students looking for convenient methods to fit education into their schedules and have made online education the norm. This is a trend that is here to stay and is designed to perfectly fit the changing needs of businesses. Books, blogs, podcasts, and videos of various types are all at our fingertips, with no restrictions. In short, as long as we use the Internet for good, it has liberated us all and removed all forms of confinement. Remote learning promotes equality, and disadvantaged children can receive an education at a lower cost. Finally, eBooks and digital resources have provided academic institutions with limitless opportunities. While traditional books may seem irreplaceable, e-books have advantages as well. PDF materials, for example, can include multimedia to visually illustrate concepts taught in a lesson. Alternatively, include useful links. This method is especially appealing to the younger generation. 2. A combination of real, AI, AR, AND VR We vet grown accustomed to absorbing information in ultra-fast, bite-sized, and attention-grabbing chunks over time. The combination of Reality, Artificial Intelligence (AI), Augmented Reality (AR), and Virtual Reality (VR) will have an impact on every aspect of human activity, including education. These tools can improve at whatever task they are g

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Without being experiential, there is no education. Education today is needs-oriented. Attempts to make it aspirational have not succeeded. We are currently obsessed with learning and its impact on earnings, relegating quality of life to the background, that is, Education contingent upon education. Over time, education has determined individual success and the success of society with respect to the quality of life. When education is confused with literacy, success and quality of life is misunderstood and naturally the priorities of individuals and societies get misplaced. Presently, education is focused on learning as evident from UNESCO four pillars of education (Learning to know, learning to do, learning to live together, and learning to be). The new education policy of India mentions empowering and enlightening without any clue as to how these will be achieved. Education is misunderstood as literacy leading to emphasis on efforts for earning livelihoods. This is a myopic view of education that falls short of ensuring a desired qualitative life which a tactful education oriented and not learning oriented policy can present for harnessing. The way education has been looked at, researched on, and put into practice has led to a belief and not conviction that money or earning leads to happiness and therefore a better quality of life. Now is the time to understand education with a fresh perspective correlating it with improving quality of life and rather not just ensuring livelihoods that the current thinking is desperately trying to achieve? We need to dissect what we mean by education now days. Mostly it is memorizing (Rote) that ensures good marks/grades in examinations. The recent education policy attempts to allow students to take up subjects of their interest and not be limited to streams like arts, science, or commerce. A good move considering exploiting possible options. An attempt has also been made to allow vocational training and some practical learning directed towards desired employment scenarios that the students are likely to be engaged in; like learning computer coding at an early stage. Talent search is also getting focus. However, the old primitive system remains. I did memorise (abs) square when I was studying 45 years back without using that once in my life, the present students will do the same. The students will waste time and energy memorizing things that they will not use even once in their lives. But things that they need to be functional in life like keeping personal accounts, interacting with the banking system, what information to look for, where to seek information, what are the various policies of the government for people, how to access those, what to do if government fails to provide as promised, whom to contact for grievance redressed etc. are still out of bounds. These they must find on their own after running from pillar to post. The requirements for a day today living are not addressed in the system. Naturally, students now will be as confused as we were when we started to face life. We have increasingly focused on learning in literacy, literacy in education and still not able to do justice. All I am trying to

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My teacher used to say, what students become is not because of teachers but despite them. After 45 years I reiterate the same. The holistic education has remained elusive as experiential education has been forgotten. We keep on saying India used to be great. There were great achievements like inventing Zero, pioneering in the distillation of Zinc, producing iron pillars that do not rust even in a saline climate etc. Everything great happened in the past. Now, our students go abroad for quality education. We only take pride in saying that our ancient education system was par excellence that was systematically destroyed by foreign powers without which they could not have ruled us for so long. India education system was great. Always in the past tense! Everyone refers to the Gurukul system India had without any clue as to what was happening in these gurukuls! What happened in these gurukuls that produced geniuses? The moment we hear of gurukuls we think only scriptures were taught. Let us explore some basics that were practiced in these Gurukuls. Nothing was taught that was not experienced. Nothing was understood without experience and nothing was told without experience. This equally applied to the teacher and the taught. A teacher was not allowed to teach Hugo (Geography) without experiencing Hugo meaning earth is round. The teacher was not allowed to talk about geography till he/she experienced earth was round. Naturally, the student had to keep quite till he experienced that earth was round. This experiential learning led them to find the distance between earth and sun. Ahashra Yolanda par bhang in Hanuman Challis. That too, without any advanced equipment like telescopes. Because nothing was told without experience, pupil kept quiet. Silence was practiced. One was not allowed to talk until he experienced. But now the virtue is talking without any substance let alone truth. We see advertisements saying pure coconut oil that has at least 40% paraffin or cashew biscuits that have -03% cashews in it. The person who asked then was a luminary because everyone knew he has experienced that. But today he who talks the most is most devoid of experience; he talks basis some reading or just throws out information that is unreliably and undeniably borrowed. These are mostly utter lies at least to him or her. No matter the consequence, telling a lie was forbidden. There have been visitors to India who have witnessed and accounted that one could have told a lie and escaped death but he chooses to tell the truth and preferred to die. Imagine the Romeos of today being romantic without telling a lie. Extremely challenging, is it? Obviously cheating others without telling lies was very difficult. Therefore, cheating was forbidden. All learning was experiential. A prince who was in the gurukul was not taught what hunger is, he experienced it. No student was allowed to beg alms from more than 7 houses. If someone did not get anything from these 7 houses, he would come back empty-handed. Any day when students come back without alms, they would go hungry. Whatever they got was divided between all.

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Sometimes science news feels like science fiction. The mobile's phone was a star in Star Treklong before it became one in real life. Drones were in Dune, space station in Arthur C Clarke writing. Brain-computer interface is something scientists have been working on for decades. Yes, most of what it promises remains in sci-fi realm. But Elon Musk Company Neuralink putting its first wireless device in a human brain does mark a tech advance that is as significant as exciting. What exactly is new? Like all scientific advancements this one is very much built on its predecessors. In 2021 for example, Australian ALS patient Philip O'Keefe used a neural interface to put out a social media update: hello, world! Short tweet. Monumental progress. Where Neuralink scores is in junking cumbersome equipment. Who benefits today? Initial users will be those who have lost the use of their limbs, Musk tweeted. This describes volunteer bases across most brain-computer interface experiments. For this category of patients, taking control of their phone or computer, and thereby almost any device, just by thinking, would be transformative. Who could benefit "tomorrow? If one category of potential patients will depend" on their brain to bypass diseased bodies, a second will be those suffering brain diseases. Idea is that processes like deep-brain stimulation could help fight Alzheimer and Parkinson, even depression and addiction. Finally, a third category could use neural interfaces to amplify abilities such as memory and concentration. Is tomorrow very far? Clinical experiments have so far not gone beyond a few dozen Earthlings. Irrespective of what its most passionate proselytisers claim, this technology is nowhere close to becoming accessible like cardiac pacemakers or artificial knees. However, the Neuralink event underlines that we do need to start talking about how it will be shared and regulated. Will it get funded? Musk involvement has of course put the experimental science of controlling computers with the mind in the limelight. One aspect of this is that from low Earth orbit satellites to EVs, he has a reputation for deploying extraordinary resources and delivering. But a rising tide lifts all boats. Other companies and researchers in the field may also now find fund-raising smoother sailing. Also think: a radical expansion of human brain capacity could throw a spanner in AI stories. The review identifies building a skilled workforce as a challenge going forward. This aspect represents one of the low points of India economic performance. GOI jobs data shows a marked worsening in quality of employment. Since the pre-pandemic phase, 2018-19, there been a shift of workers back to agriculture. The least productive sector of economy is now supporting a larger share of the workforce. Two critical reforms that were rolled out last decade were GST and bankruptcy code. However, India can no longer afford to put off reforms to improve the productivity of factors of production such as land and labour. Changes in these areas are prerequisites to improve Indian industry competitiveness. Moreover, these reforms will also pull a larger proportion of the workforce out of a

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To becoming the third largest economy but it also steering a global agenda to facilitate sustainable and inclusive development for all. We all strive for all-round development in every sphere of life. And the path of development may be physical, psychic, or spiritual. We also want happiness in our lives. This panoramic world is limited and, hence, when we run after material pleasures, name and fame, one day realisation dawns that limited material pleasures cannot quench our unlimited thirst. Mental development, in other words, broadening our mental pabulum, is only possible through spiritual practices, such as meditation. According to Shri Anandamurti, one has to move subjectively through objective adjustment. We cannot ignore this material world and, hence, should strive for scientific innovations to make life comfortable, and the fruit of scientific development should permeate to all. We need to build a society where everybody gets ample opportunity to develop oneself in all strata of existence physical, mental and spiritual and also balance these three strata. In this journey, morality will be the base; sadhana, meditation, the means; and life divine, the goal. Moral principles means practice of yam and niyam in everyday life. Spirituality is not a utopian idea. It can be practised in day-to-day life but needs sincerity. We have to develop a social order wherein basic necessities of life food, clothing, shelter, education and medicine are guaranteed to everyone. We need to follow Bhagavat Dharma, which has four pillars vistar, expansion; rasa, flow; seva, self-less service; and tadstiti, Self-realisation. This world is a thought projection of Cosmic Entity and all are progeny of Supreme Father. As a guardian of creation, we have an extra responsibility to take care of plant and animal kingdoms. So, we must plan in such a way that our development becomes sustainable in nature. When our love transcends boundaries of humanism and includes all animate and inanimate objects, we land in the world of Neohumanism. Neohumanism is elixir for sustainable development of humanity in all strata of existence physical, mental and spiritual. According to Anandamurtiji, Neohumanism is humanism of past, humanism of present, and humanism newly explained of future. Explaining humanity and humanism in a new light will widen the path of human progress and will make it easier to tread. Neohumanism will help us realise that we humans, as thoughtful and intelligent beings in this created universe, have to accept greater responsibility of taking care of universe, responsibility for entire universe rests on us. Spirituality is an internal journey devoid of all types of narrow sentiments like geo-sentiment, socio-sentiment, and religious sentiments. For spiritualists, only ism is universalism. Everything in this world is an expression of Supreme Father. Our journey is from crude to subtle and in this blissful journey every one of us has equal birth right. Endeavour to merge the unit mind with cosmic mind is true yog. Yog is for our all-round development and, hence, should be practised with utmost sincerity. It is our moral responsibility to bring society on the path o

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Jaipal Singh Munda was a remarkable man. A skilled orator, an Oxford graduate, Olympian and gold medalist in hockey, Munda was a passionate advocate for tribal rights in the Indian Constituent Assembly. The atmosphere in the Assembly was hostile to tribal. Ambedkar, adopting the borrowed language of eugenics, had earlier said of tribal: Thirteen million people living in the midst of civilisation are still in a savage state, and are leading the life of hereditary criminals! He was opposed to any reservation for tribal persons in legislatures because he felt that they had not developed any political sense to make best use of their political opportunities. The Chhapra hooch tragedy in which nearly 40 people have lost their lives is yet another grim reminder of Bihar CM Nitish Kumar folly in not recognising the terrible costs of his prohibition policy. Far from being chastened, he has made it a prestige issue. Nitish statement that those who drink will die is downright insensitive to the victims; more so given that he is the architect of this law. Support is waning within his JD U and ally RJD has been skeptical ever since Nitish implemented it in 2016 as a mahagathbandhan poll promise. The political disquiet is hardly surprising. At multiple levels the policy has taken a toll on the state. First, there are the recurring hooch tragedies. And second, the revenue loss to the exchequer. Before prohibition, the government earned Rest 4,000 core annually from liquor. Even assuming this figure stayed flat, that a big hole of nearly Rest 30,000 core in revenues over seven years for Go poorest state. Ironically, neighbors like Bengal and Jharkhand have reported excise fillips after 2016, suggesting that how liquor is flowing into the state. Even Bihar hospitality industry has lost out. Not surprisingly, a parallel economy is flourishing. Unlike the middle class who get IMFL from other states, the poor can access only unsafely produced country liquor. For most cops, all this is a cash cow. The Patna high court is also part of collateral damage thousands of bail applications filed by those arrested under the prohibition law swamped the HC. By 2009, women voters had gravitated to Nitish Kumar given his efforts to improve law and order and facilitate girls access to education. Faced with BJP centrally sponsored schemes tailored for women after 2014, prohibition was Nitish desperate attempt to preserve JD U base among women. But if post-poll studies of the 2020 assembly elections are any indication, this voter segment has gravitated to BJP. Rather than prohibition, Nitish would do better selling Bihar success in expanding tap water connections, which is considered the country best performer on this score. There a keen tussle between JD U and BJP to claim credit here, which makes all the noise surrounding prohibition unhelpful to JD U cause. Prohibition does stop people from drinking and it is economically and socially damaging. When will Nitish realise this? Despite losing a hotly contested semi-final to France, Morocco amazing.

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Run in the Qatar World Cup has been the story of the tournament. Few had expected the Atlas Lions to earn a spot in the knockout stage, let alone the final four. But the North African side proved to be giant killers, defeating far more fancied teams like Belgium, Spain and Portugal. In doing so, it not only became the first African team to make it to the semi-final of the World Cup, but also united fans across Africa and the Arab world in jubilation. Scenes of Moroccan players like Soriano Buffalo and Ashraf Hakim celebrating their wins with their mothers became instant social media hits, sparking new hopes and dreams in Morocco and the Maghreb. And therein lies the beauty of the World Cup. Throughout the illustrious history of the tournament, there have been underrated teams and players who may not have won the coveted trophy but ended up winning the hearts of football fans the world over. Who could forget Roger Mila corner flag dance as he scored to take Cameroon to the quarter-finals then a first for an African team in Italy 1990? Or then debutant Croatia amazing run to a third-place finish in France 1998? South Korea fantastic run to the semi-final in World Cup 2002 became part of Korean folklore. Alongside, a sensational Senegal created the upset of that tournament by defeating defending champions France, and themselves making a praiseworthy run to the quarter-finals. In Qatar too, Saudi Arabia besting powerhouse Argentina in the group stage was one of the big upsets of the tournament. Thus, while France versus Argentina will be a blockbuster finale this Sunday, the tournament owes as much to the teams that kept things interesting, provided cliff-hangers and surprises, and made us once again collectively fall in love with the beautiful game. During the first two decades of the 21st century, Google, Amazon, Meta, Apple and Microsoft have been at the forefront of a massive explosion in innovation and value creation. They, along with Chinese firms Alabama and Ten cent dominate the global sphere in digital advertising, commerce, messaging, cloud infrastructure, social media and mobile operating systems amongst others. India took a unique path In contrast, India has adopted an unprecedented and a powerful new approach in policy governance through the adoption of digital public infrastructure DPI. This has enabled India to digitally leapfrog with the public sector playing a key role in defining the regulatory guardrails, and the private sector innovating and competing in the marketplace. In my childhood city of Calcutta there were very few rich people, a lot of poor people, and some people, like my family, who were not-rich, not-poor, being in the middle of the two and forming a middle class before the term middle class was invented. Poor people lived in shanty towns called bastes, or slept on pavements. In-between people lived in rented homes like ours which was on the fifth floor of a five-story building, no lift. Rich people lived in large mansions.

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Forms of education or remote learning. Nano Learning This lesson explains a brand new Etch idea. Students may access an immediate source of knowledge through ultra bite sized classes exactly when and where they need them, thanks to this transformational technology trend. Since Nano learning seamlessly satisfies society need for means of imparting information and skill in today hustles, its popularity will certainly continue to expand in the future. Students may now submit projects and projects online, share thoughts with classmates, and receive feedback as a result of the technological revolution. Personalized learning the days when parents did particularly mind one instructor being allocated to at least 50 students is long gone. As classrooms become more varied and complicated and as technology becomes more readily available, individualized education is becoming the new standard. Outside of the prescribed curriculum, technology tools can assist teachers in providing students with varied learning experiences. This teacher centered approach was common for many years. But with the advent of online learning environments and applications, education took on a new dimension. The modern teacher functions more as a coach, an example to follow, and a moderator of the educational process. 5. Gasification The phrase edutainment has been circulating in the industry for some time and successfully announcing its existence. Playing educational games while studying introduces an immersive method of information acquisition that keeps students interested in their studies and promotes greater multimodal participation. The fact for the forthcoming future of education is that keeping pace with innovation is now a need, not an option, in order to adapt to the growing technology trends. These trends will surely gain popularity in the future, since learning competency is becoming not only fast and modular, but also addicting. Cyber security has been a concern for top state end tech, but it appears that they are short on funds. When we consider technology interactive nature, its influence on education becomes even more significant. Learners can read text, view images, and watch videos all at the same time. As a result, youngsters have a strong desire to explore new boundaries. Collaboration and communication are also encouraged through digital learning tools. Students may now exchange links, videos, and lecture notes on a single platform. Furthermore, they choose contemporary education since learning by doing and researching is the most effective technique to understand. Nobody can deny that technology is an unavoidable component of a high quality education system. Provided you use apps responsibly, it is a powerful tool that enhances learning in many ways. Detach platforms may open numerous doors and encourage critical thinking. Number of very young faculty without deep expertise, are surely ill-founded, if not completely false. The regulatory and accreditation bodies also need to be more careful about such claims. A Latin phrase, fustian lent, meaning, make haste, slowly must be remembered before jumping on such a radical pedagogical shift and making such claims wi

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Which they owned, and which had air-conditioning, an extravagance otherwise available only in upscale restaurants, banks and other commercial enterprises. In the Kolkata of today, as in the rest of India, much of that has changed. The country can now claim to be the fifth largest economy in the world, having overtaken its erstwhile ruler, Britain, to occupy that position. The urban poor, and there are still a lot of them, continue to live in slums, or on pavements. The middle class, which is now officially called the middle class, lives in self-owned homes, many of which are air conditioned. But the biggest change that has taken place is in the class once categorised as rich, which reportedly has been sub-divided into several categories, according to a recent survey conducted by an organisation called People Research on India Consumer Economy PRICE. What PRICE the wealth of the nation? More than one it would seem. The yardstick of affluence now apparently registers different levels, or layers, of opulence. Right on top of the pyramid of plenitude are what are called the upper-rich, 2.7 lakh of whom live in Mumbai, and 1.8 lakh in Delhi. Treading on their well-heeled heels are the her-rich, followed by the clear-richf, who are a rung, or half a rung, above the near-rich. PRICE does say how it categories these varying levels of healthiness. Do the super-rich boast a gold-plated Rolls, while the poor sheer-rich gnash their teeth and make do with a mere silver-plated model? Nor does it take into account those who, Malaya-like, having fled the country might be called the flee-rich, and could claim to be truly Priceless. As we grow anxious, we also become defensive, losing humility which is the basic tenet of spiritualism. As ego shoots up, the capability to absorb declines. New ideas, thoughts and alternatives become strange as seeking ceases. The other name of spiritualism is seeking the enormous thirst to know. Knowing is possible only when there is space to collect. To become defensive is a natural tendency of the mind. Even when we are wrong, we want others to say that we are right. But we need to emancipate from this narrow confinement. By casting our idea as a small mole in the backdrop of a huge canvas of the universe, we can realise its limitedness and develop respect for alternatives. Even when the opponent is offensive, the benefit of the doubt principle can work effectively. Through practice, humility becomes a part of existence; even after thousands of provocations, one does not get agitated. The path of devotion, as Sri Ramakrishna says, is easiest and convenient, and its essence is humility. Even when someone demolishes our ideas and beliefs, we are not supposed to retort. The best approach is to leave the place instead of entering any altercation. Even polite interjections may not work many times; why to waste energy, then? Being generous in forgiving is the best practice. However, it does not mean that you continue to.

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Mingle with someone who tries to harm you. Maintaining a safe distance in every respect is the most desirable approach. Silence creates the opportunity to communicate with oneself. We acquire depth through such communications and it is this depth that enriches humility; through humility we mature and get closer to our own existence. be extra careful that whatever we do or say does not take us too far from our pursuits. If it does, then returning to the original seeking may get longer as adjustments will be time consuming. The path of devotion which recommends complete surrender with humility tries to encompass every action as a part of spiritual pursuits. In this process, the doer does not allow the ego to dominate. And at the same time, full attention is paid to attain perfection, because the action we do in the material world is considered as service to the universal spirit. At the mental plane, we can offer ourselves in the form of a lamp, a flower, and water-drops to the super consciousness. We can dedicate the work that we do in the material world in the same vein. This process helps attain higher levels in the path of spiritualism but without being conscious of any sense of achievement. We realise the transitoriness of everything including our body, and at the same time, take the opportunity of our existence and make its best use. When the objective is to be creative, it can never be defeated because the universal spirit itself is an epitome of all creativity. As the individual objective converges with the larger and all-encompassing one, there has to be perfection, progress and enlightenment. Therefore, some attributes like humility need to be nurtured as they hold the key to the realisation of the ultimate. Pregnancy is one of the most profound physical changes a woman will ever go through. Practically every aspect of a woman body undergoes some sort of transformation during pregnancy and with pregnancy comes pregnancy cravings. Many women have strange food cravings, while some might grow to dislike certain foods that they always enjoyed before getting pregnant.. Every woman pregnancy cravings can vary depending on a variety of factors. More often than not pregnancy is linked to increased sweet food cravings and an overall higher than necessary food intake. Some nutritionists think that pregnancy cravings are a cultural construct designed to let pregnant women eat anything they want guilt-free. While unrestricted eating may sound like heaven on earth, it has negative effects on both mother and unborn child. The overall increased intake of food, especially foods containing sugar can result in gestational diabetes and is a common term that concerns pregnant women and their families. Thankfully, gestational diabetes can be often controlled by dietary changes and regular exercise. Let discuss gestational diabetes, how it handled, and what you can do to help manage it with the correct diet and exercise. What is Gestational Diabetes? The World Health Organization WHO describes gestational diabetes or gestational diabetes.

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As a condition of any degree of glucose intolerance that begins or is first noticed during pregnancy. It can be challenging to diagnose this illness because it frequently has no symptoms and goes away six weeks after birth. A mother body goes through a lot of hormonal changes during pregnancy which leads to insulin resistance and causes gestational diabetes. Additionally, these hormones act as a signal to encourage the transmission of nutrients from the mother body to the fetus, which explains why pregnant women seek foods with a lot of sugar. Why Gestational Diabetes needs to be managed? Consuming a lot of sugary foods or carbohydrates can have an impact on the development of the fetus. The excess sugar passes through the placenta and raises the fetus blood sugar levels. The baby will enlarge as a result of having to secrete more insulin, a hormone that controls the body sugar levels. As a result, there may be additional complications with the delivery procedure. What Diet Plan Is the Best for Gestational Diabetes? Since each pregnant woman nutritional requirements are unique, there is no common recommended diet for gestational diabetes. Most women only need to modify their daily eating habits to fulfill their own and their unborn child nutritional demands and to regulate their blood sugar levels. If you have gestational diabetes, you all need to modify your diet to, During your pregnancy, protein is vital for your baby growth. Lean meat, poultry, seafood, eggs, beans, tofu, and dairy products with reduced fat are all excellent sources. Consult your doctor before beginning a daily prenatal vitamin regimen. If you don obtain all the nutrients you and your baby need from your food, this can help to guarantee that you do. In courtroom trials, the job of the defence and the prosecution, is to lay out both sides of the case to deliver a fair trial. Yet, in real life, it is often the more powerful who tell their side of the story, which then becomes the dominant narrative. A dominant narrative is rather peculiar in that most people are likely to believe it, simply because they have heard it more often. Heads nod in agreement, and before you know it, the dominant narrative comes to be taken as the truth. aching back the narrative is usually about weaker, more oppressed groups telling their side of the story and building a counter-narrative. The intention is usually to clear their name, to reclaim their good reputation or, simply, to change the prevailing point of view. In recent years, Black Lives Matter has a been a powerful retelling of the narrative in a way that has sparked a well-defined and executed counter narrative to the one that criminalizes black youth in America, simply because of the color of their skin. More than telling the untold side to a story, aching back the narrative means really owning the story, acknowledging its shortcomings, challenging belief systems with dignity and fortitude, calling for change, and organizing to.

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Communicate across a variety of fore, including in the mass media. When it well done, the emerging counter-narrative finds strands of commonality in previous movements that have done the same, causing its ranks to swell. The LGBTQ movement found resonance within the Feminist movement, for instance. When it well done, the counter-narrative can no longer be ignored: it can even take center stage. aching back the narrative is an amazingly powerful idea, especially when those with less power in the situation realize that there is something they can do about it, after all. They learn to ask: who likes to tell or repeat the dominant narrative? Why does it suit them? The answers provide a positive focus to their energies, and lets creativity bloom. Luckily, platforms such as Facebook, Twitter and LinkedIn are still free for use, and, as long as internet freedoms are respected, they can allow for all sides of a story to be told. A quick video from a disaster zone can travel around the world in an instant, and is probably just as effective than a three-hour speech demanding relief in parliament. When we discuss aching back the narrative with youth from difficult backgrounds, the resulting fire in their eyes is something that I pray is never snuffed out. Some youth get it right away, and opt to write songs or poetry in retaliation for the injustices they have faced, join rallies or distribute literature to those willing to listen. They can be angry, but their anger is well-directed, and the fact that they have a cause works well. They must also deal with compassion-fatigue though, especially if they think that, despite everything, they are unable to change things. We teach that celebrating their wins, changing tactics, finding friends and inspiration, as well as taking a break can all work wonders to keep the counter-narrative alive. What is it, again, that we hold to be utterly true? Why? How many of us decide to sit on the fence because we do not like the new narrative? How many of us, experience so much discomfort in letting in another point of view, that we promote the status-quo even more vehemently than before? How many of us are brave enough to change our mores, and what we vet always been led to believe? I have always been acutely aware, that almost none of us can separate ourselves from the complex web that is life, and thus be blameless for perpetuating some form of oppression. Our emotions range from anger and frustration to minimizing problems or simply wearing blinkers to them all. Supporting a balanced narrative and investigating the truth is sometimes the very least we can do in our daily lives to help. When someone tells a story that resonates, don sit on it. Bring it into your next conversation. Change comes one conversation at a time. The last few decades have seen the automotive industry focusing on vehicle weight, as it has a direct impact on the.

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Driving dynamics, agility, safety, fuel consumption and price of the vehicle. The automotive industry is on the constant look out for ways to make the vehicle lighter, thereby boosting the fuel economy of modern vehicles, while maintaining their safety and performance. Logically it takes less energy to accelerate a lighter car than a heavy one, but a heavier vehicle would obviously be more stable and robust than a lighter one, which has a direct impact on the passengers safety. Several materials are used to make the vehicle lighter like lightweight steel, conventional aluminum, and magnesium alloys. The automobile industry has been successful and reducing the weight of ICE vehicles, and the recent spike of electric vehicles demands and even greater commitment to electric light weighting, and there is an increased push to identify new and innovative materials, while retaining strength, durability and stability. How is light weighting for electric vehicles different compared to IC? Electrification poses additional challenges since the batteries or added electrical components make them heavier than the conventional ICE vehicles. Research suggests that reducing the weight by just 10% for electric cars can improve the battery and vehicle performance by at least 6%. Additionally, for electric vehicles, a 10% weight reduction typically equals a 13.7% increase in range. While the objective of light weighting is similar in both ICE and EV, the differences in the product architecture affect the scope and approach for light weighting in EV. BEVs have a fundamentally different architecture than ICE vehicles, with large battery packs as the dominant feature rather than a large engine bay. What factors affect the weight of electric vehicles differently? Now let us look at the factors that make light weighting for electric vehicles more challenging as compared to for IC vehicles. Distance per charge Primarily in electric vehicles one of the biggest criteria that the consumer looks at is the driving distance in a single charge, and this directly affects the consumers willingness to drive an electric vehicle. Simply put, the competition and electric vehicle market is becoming more and more intense, and the father of vehicle can drive on a single charge the better. The weight of the vehicle has a direct impact on how far it can be driven. Battery Weight According to the Material Technologies Shaping the Future of Electric Vehicles research by Frost & Sullivan, a typical powertrain electric motor is 125% heavier than a combustion engine. As a result, the battery is one of the fattiest parts of an electric vehicle. The average weight of a lithium ion battery is 400 to 600 kg and material suppliers are looking at new ways to lighten the vehicles structures particularly around the battery and closer while at the same time maintaining safety and structural integrity. Carbon footprint Another key aspect that has gained a lot of emphasis in the last few years globally is the carbon emission and the sustainability of the manufacturing processes involved in the production of these materials and vehicles emission.

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To understand why US President Donald Trump does think twice before causing upheaval, like attempting to bar Harvard University from admitting foreign students or arm twisting Apple into not manufacturing iPhones in India, one has to understand his worldview. In his piece in the Financial Times on April 18, historian-philosopher Yuval Noah Harir does just that, saying that Trump understanding of how the world works is diametrically opposite to the liberal order. Liberals believe that cooperation between countries is a win-win strategy, Hariri says. They also believe that people may live in different countries and cultures but have shared experiences and interests, which form the basis for universal values, global organisations and international laws. By contrast, Trump sees winners and losers in all human transactions and, therefore, views the movement of ideas, goods and people with suspicion. He sees the world as a mosaic of fortresses where countries feel safe behind high walls. Hariri says such an ordering of the world would collapse because smaller countries would be overrun by bigger, more powerful ones. Also, all countries would have to invest heavily in defence, eating into welfare expenditure. Finally, Trump would like weaker countries to be subservient to stronger ones, but the history of the Vietnam War and other such conflicts has shown that the strong don always prevail. There is, however, one key aspect that Hariri missed out on why this mosaic of fortresses does work. The economic and military powerhouses of the West the US and much of Western Europe are fast becoming countries of old men (and women). They are seeing declining birth rates and longer life expectancy, which, in the next few years, will create a growing shortage of young working-age people who can keep their economic wheels turning. Populists may have come to power in many Western countries by pushing an anti-migrant agenda. But if they start running out of young people, they will have no option but to let migrants in to ensure that their economies don implode. Projections of the United Nations population division and the World Economic Forum Future of Jobs Report 2025, give a clear picture of where populations are dipping and what jobs will be available in different parts of the world in the next 15 to 25 years. By UN estimates, Central and Southern Asia are expected to become the most populous regions in the world by 2037 even as the population of Eastern and South-Eastern Asia could start declining by the mid-2030s. If the projections are correct, Southeast Asia and Africa will also see growing populations. Between 2022 and 2050, the population of sub-Saharan Africa is expected to almost double, surpassing 2 billion inhabitants by the late 2040s, and is projected to account for more than half of the growth of the world population between 2022 and 2050, the UN projections say. These regions with high population growth rates will, simultaneously, see comparatively slower job creation. The World Bank said in its jobs and growth overview in March that developing countries will see 1.2 billion young people reach working age over the next decade but will be able to c

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Without immediate action, millions of young people could be left behind, deprived of opportunity and hope with wider impacts for social stability and economic growth. The answer may lie in preparing the youth of countries like India and those in other parts of Asia and African to fill that hole in the West created by missing young workers. According to the UN numbers, Europe and Northern America are projected to reach peak population size and begin experiencing population decline in the late 2030s. That is barely a decade away. The Future of Work Report 2025, which surveyed more than 1,000 employers representing more than 14 million workers across 22 industry clusters and 55 economies, echoed these numbers. Some 40% of its respondents believe that shifting demographics would shape how and where people will find work in the next few years. In higher-income nations, aging populations are increasing dependency ratios, potentially putting greater pressure on a smaller pool of working-age individuals and raising concerns about long-term labour availability, it says. In contrast, lower-income economies may benefit from a demographic dividend. These demographic shifts have a direct impact on global labour supply. According to the WEF report, employers facing the effects of an aging population are more pessimistic about talent availability and expect facing bigger challenges in attracting talent. It is, of course, difficult to predict how this labour shortage in one corner of the world, and a spike in another corner, will play out in the next few years; how Western countries that see a cultural threat in growing migrant populations will reconcile and welcome back the same people they are pushing away now. But the possibility of the developed world looking for skilled manpower in the future is high. If projections by the UN and others are correct, the drawbridges will come down. And, if countries like India play their cards right, their youth would be the first to storm these fortresses. chalk art, painting, and classical music appreciation are increasingly the preserve of people stuck in a hose were the days time warp. The spaces they once occupied in middle-class life are now filled with the hypnotic glow of smartphones and the curated dopamine rush engendered by social media. This loss is deeper than mere rose-tinted nostalgia. Hobbies, at their best, anchor us to time. They reintroduce the value of patience and help cultivate deep attention. They also refine our aesthetic temperament, what the ancients used to call rasa-bodha. In essence, they are un-monetizable joys, for you cannot cale a stamp collection or leverage your knowledge of the difference between the Indian bulbul and Indian pitta. Perhaps this is one of the reasons for their fading away. For the post-liberalisation generations raised on the urgency of cracking competitive exams and continuously upgrading skill-sets, hobbies came to be seen as frivolous distractions unless they impressed the job interviewer or led to a CV boost. Parents, too, changed. Where once a child who practised the violin after school was indulged as creative, today he or she is nudged toward robotics classes or

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Norms have tightened globally, and environmentalists are keeping an eagle eye on the carbon footprint in the manufacturing and running of the vehicle. Research shows lightweight materials are often energy and carbon intensive. Some examples with early estimates on their Emphasis on light weighing oat the design stage the aim of lightweight design is to build structures with a minimal use of materials and an optimized utilization of the material strength. The optimum light weighting is achieved through an implementation of all light weighting strategies that combine light weighting design with numerically optimized structures and advanced lightweight materials, where both the materials and structures are fabricated with effective manufacturing methods. In addition to weight reduction, a robust design also has to satisfy safety, stiffness, NVH noise, vibration and harshness and durability performance, as well as manufacturing constraints. Companies like DEP have helped automakers reduce their vehicle weight by up to 15% without affecting the performance of the vehicle. Accomplishing this at the design stage through simulation is a huge advantage to the product development cycle of an automaker. Material Research An increasing demand for lightweight materials led to an expansion of research towards novel solutions with strategies for achieving light weighting goals through structural engineering, including metal-matrix composites, laminates, sandwich structures, and bionic-inspired archetypes. The ultimate light weighting goal can be accomplished, through an application of lightweight materials and by combining their unique features with other strategies. Studies show that for the same weight, the optimum designs achieved by the multi-material topology optimization method were much stiffer than those achieved by the standard single-material topology optimization. Adopting a circular economy In contrast to the linear economy, with its predisposition towards wasting valuable resources, the concept of the circular economy offers opportunities for a more productive use of materials through recirculating their larger share through reuse and recycling, thus reducing waste in production and extending the lifetimes of products, and through associated policies. The purpose of moving towards a circular economy is to slow down the depletion of scarce natural resources, reduce environmental damage from an extraction of raw materials, and reduce pollution caused by their processing, use, and end-of-life EOL recycling of materials. Recirculating materials drastically increases their abatement potential and cuts CO2 emissions, since producing secondary materials through recycling results in far lower emissions than producing primary materials. The more that can be done to reduce the weight of electric vehicles, the faster they will find consumer acceptance in today marketplace. Electric vehicle light-weighting can be a major contributor to reduced cost, improved range, increased performance, and more efficient assembly of the current and upcoming generations of EVs. A cut-throat competitive environment characterises tier 1 cities and metropolitan areas; theref

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As a treasure house of opportunities. Making a huge leap particularly post-pandemic, tier 1 cities have demonstrated a number of benefits such as lower operational costs, less competitive brands, a greater variety of options, improved infrastructure, and the availability of a talent pool, making it an appealing option for existing and new start-ups. Tier 2 cities especially post-Covid-19 pandemic contributed nearly 66% of total online consumer demand in India. Despite the abundance of opportunities, many tech brands struggle to penetrate deeper into tier 2 markets since companies fail to understand some basic parameters of these cities. Here are three mistakes to avoid when developing a tier 2 marketing strategy: Not specifically addressing customers and their demands. As the tier 2 market in India has different consumer behavior and demand than the metropolitans, companies planning to enter tier 2 markets must evaluate the diverse customer preferences that vary from location to location, to be able to offer personalized products solutions. Not adhering to trending demands can create a downward spiral for profits leads, loss of reputation, and even the loss of loyal customers. In order to win the hearts of a large customer base in these cities, companies also need to meet high-quality standards comparable with metropolitan cities at a low cost. Making investments and campaigning without a plan. A large proportion of tier 2 cities consumers purchase products or services or adopt early-stage technology for the first time. So to succeed in the tier 2 market, companies need to market-specific products, implement operational and marketing strategies, and demonstrate unique business models. Building consumer trust and perception of the brand necessitates continuous effort, as well as the proper distribution and communication channels. Furthermore, brands should be aware of their profitability, market growth rate, and competitors in order to upgrade and invest when necessary. Failing to break down the language barrier. As tier 2 cities have a multifaceted range of cultures and languages, investing in local content and customer service are critical. While English language content occupies major markets around the nation, demand for vernacular content has also simultaneously soared. Developing a vernacular voice through online and offline channels can assist niche brands in eliminating not only the communication gap but also several other barriers that exist between the brand and the target audience. In this regard, regional actors and social media content producers can help to break the glass ceiling. Conclusion Companies that engage in poor marketing strategies frequently face negative consequences, many of which are difficult to overcome and may result in the company underperformance. The good news is that even the most detrimental marketing practices can be rectified without jeopardising the brand, only if the company acts swiftly on time. In our fast-paced city lives, it is hard to delineate the many touch points through which technology interlinks our day-to-day life. Both inside the home and outside, we function with technology aiding us in mor

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Finance Commission work is set to get started following "yesterday announcement of its members. Commission terms of reference were set out in December along with the appointment of economist Arvind Panigarola as its chairman. Federalism lynchpin As an institutional" arrangement, finance commissions are at the heart of India federal architecture. Mandated by the Constitution, FCs is primarily meant to recommend a division of resources between GOI and states. In the process, they also set out how the resources that flow to states from GOI are to be distributed among them. GOI budget arithmetic is influenced by an FC recommendation. This makes FCs more important in resource transfers, even if it is budgets that hog attention. Expenditures incurred by states as a percentage of GDP are greater than that of GOI. However, for administrative efficiency, GOI is empowered to raise most of the taxes. It leads to vertical asymmetry in India federal system. Separately, states are very "different in terms of financial needs and capabilities. Addressing these two asymmetries smoothly determines how harmonious a federal system is. Limited Torr FCs function according to terms of reference" (Torr) they are given. 16th FC has a limited Torr compared to its predecessor. 15th FC was given three terms that determined the incentive structure underpinning grants given to states. That level of detailing is missing in Torso for this FC. It not unusual for FCs to be given Torso halfway through their functioning. Therefore, there a possibility the current Tora will be expanded. Data gaps, delimitation fears 16th FC will function against the backdrop of inadequate data and political anxiety among southern states about the possibility of delimitation of parliamentary seats. A delay in conducting 2021 Census deprives this FC of valuable data, particularly a recent baseline for population projections. While delimitation is unrelated to an FC remit, politics around it is unlikely to leave 16th FC untouched. It will require deft handling as FCs are far too important to be ensnared in political cross-currents. FCs make their recommendations after extensive consultation with both GOI and states. FC functioning over the next 21 months before the October 2025 deadline will make it a real-time experiment in federalism. It critical that its effort is seen as being even-handed. Punjab & Haryana HC, which immediately heard AAP allegation of vote tampering by presiding officer during counting process of Chandigarh mayoral election, has given UT municipality and administration, in charge of conducting the mayoral poll, three weeks to respond. By Indian judiciary clock, that like an early date. Don drag this Arvind Kejriwal has held INDIA would have won had 8 votes not been declared invalid. Losing parties raising a storm is routine, but widely shared doubts on any poll process is damaging. So, given questions on the mayoral polls integrity, three weeks is perhaps too long a wait. Official recording of counting process was surely done. That can be made available for perusal almost immediately. Urban local body (ULB) and even mayoral polls are turning contentious. Chandigarh controversia

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And voters; India multipolar party system has taken shape basis election-process integrity. No system is fool proof corrective measures are taken when malpractices come to light. This time should be no different. Counting of 30 paper ballots took no time, settling the dispute should not take months. Maybe I'm biased, but surely not alone in saying that no one deserved Padma Bhushan more than Usha Uthup. The news was so Like a Wow! Indeed, like her soar from nightclub singer to the high octaves of sarkari recognition. No, not like her voice. That does climb, it plummets deep down below from where her gut is. And, 54 years on, still gets your heart, pulse and feet a-thumping from the very first throaty, smoky note. Correction: even before she goes into her self-deprecating pre-patter about why she taken to wearing long sari blouses, because those photographers always choose that unflattering angle. All she has to do is step on stage in her trademark Conjeevaram, and a roar rises and shakes the rafters. Yes, like her voice. So let me tell you why I love Usha. Coz, she been there from my teenaged stomps at Trinca, and will be till my replaced knees give way. she stayed with her style sartorial and singing neither of which sprang from a brand manager paisa-pocked brain. Coz, she the only person who gets the audience dancing at a litfest or anywhere. If Usha there, she all agree to belt it out. And elevate the evening. Or salvage it, like when the lead guy of the billed act at a Cal club was too stoned to hold a note. Rashtrapati Bhavan prim Durbar Hall? Humana. But somewhere on the side-lines? Ji, hanh. Coz, she the most generous person I know. From bearing no rancour for Bollywood not finding her sexy enough to lustily naming her friends in the audience to showering me with saris and up cycling my kids too with her signature silk. All she wants in return is burn pao from Bombay, a reminder of growing up in police quarters of Byculla. Elvis or Freddie can leave the building, Usha all rock you. Election 2024 is quickly approaching and all the political parties must have prepared their strategies to deceive the public in numerous different ways. But, it not solely their faults as we prople are ready to be bought off and duped to the greatest extent possible. It the prime responsibility of every citizen of India to choose the leaders consciously, wisely because we are giving our next 5 years in their hands. Let pick and choose the right and best options. For 2024 election, we have a clear picture available to us, and that what has been initiated and accomplished so far. Let take a 15 years analysis. India 15 years back and India now. I think, we will get a very clear picture. Let resist being blindfolded or influenced by any political party. It is our duty as responsible Indian citizens to entrust our nation to capable leadership. Of course, there have been a lot of improvements during the last 10 years. Numerous long-standing problems have been resolved, and numerous social programs have been put into place. Some projects and schemes have left a mark on our thoughts, including Beti Bachao, Beti Padhao, the Swachha Bharat mission, the Make in India c

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With the expansion of the British Empire the game began to be played in foreign countries like India Australia and New Zealand etc. In the nineteenth century the first international match was organized by the ICC Cricket Club between two teams of ten members each. As the game of cricket was born in Britain the game was started in India by residents of England. In the early days cricket was played only in India by the King and the people of England but after independence it was played by everyone. The first cricket institution of India was the Calcutta Cricket Club. Our life starts with sports, it is essential to keep our brain and body healthy. In our country India almost every sport is played but the most popular of these is cricket which is liked by the age of group of young children to older men. Whenever there is a big cricket match the match is seen by thousands of people on big TV screens with full joy. Cricket games are played mainly in Asian and European and African and Australian countries. Cricket started in the country of Great Britain. The first cricket match was played on eighteenth June seventeen forty four between Kent and London. A professor founded the Indian Cricket Club under the name of Presidency Cottage Cricket Club. Our country has won the World Cup in nineteen eighty three and two thousand eleven. The game of cricket is played between two teams of eleven players. Each team also has four extra players tie replace with the hurt player whenever needed. There are two judges of the game to decide the game that is known as the umpire. And there are a total of three umpires. The third one is observing or watching the match outside of the field who makes the decision by watching the video under special circumstances. Urban populations, the core objective of smart cities is to make lives more livable, workable, and sustainable. The future of smart city initiatives is built on bedrock of strong partnerships and agile processes. Success for the same requires new partnerships across the urban ecosystem including public agencies and citizens together with digital and technology specialties. With every step forward in collaboration, we get closer to achieving the vision of a holistically developed smart living world. Our life starts with sports, it is essential to keep our brain and body healthy. In our country India almost every sport is played but the most popular of these is cricket which is liked by the age of group of young children to older men. Whenever there is a big cricket match the match is seen by thousands of people on big TV screens with full joy. Cricket games are played mainly in Asian and European and African and Australian countries. Cricket started in the country of Great Britain. The first cricket match was played on eighteenth June seventeen forty four between Kent and London. With the expansion of the British.

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With the expansion of the British Empire the game began to be played in foreign countries like India Australia and New Zealand etc. In the nineteenth century the first international match was organized by the ICC Cricket Club between two teams of ten members each. As the game of cricket was born in Britain the game was started in India by residents of England. In the early days cricket was played only in India by the King and the people of England but after independence it was played by everyone. The first cricket institution of India was the Calcutta Cricket Club. Our life starts with sports, it is essential to keep our brain and body healthy. In our country India almost every sport is played but the most popular of these is cricket which is liked by the age of group of young children to older men. Whenever there is a big cricket match the match is seen by thousands of people on big TV screens with full joy. Cricket games are played mainly in Asian and European and African and Australian countries. Cricket started in the country of Great Britain. The first cricket match was played on eighteenth June seventeen forty four between Kent and London. A professor founded the Indian Cricket Club under the name of Presidency Cottage Cricket Club. Our country has won the World Cup in nineteen eighty three and two thousand eleven. The game of cricket is played between two teams of eleven players. Each team also has four extra players tie replace with the hurt player whenever needed. There are two judges of the game to decide the game that is known as the umpire. And there are a total of three umpires. The third one is observing or watching the match outside of the field who makes the decision by watching the video under special circumstances. Urban populations, the core objective of smart cities is to make lives more livable, workable, and sustainable. The future of smart city initiatives is built on bedrock of strong partnerships and agile processes. Success for the same requires new partnerships across the urban ecosystem including public agencies and citizens together with digital and technology specialties. With every step forward in collaboration, we get closer to achieving the vision of a holistically developed smart living world. Our life starts with sports, it is essential to keep our brain and body healthy. In our country India almost every sport is played but the most popular of these is cricket which is liked by the age of group of young children to older men. Whenever there is a big cricket match the match is seen by thousands of people on big TV screens with full joy. Cricket games are played mainly in Asian and European and African and Australian countries. Cricket started in the country of Great Britain. The first cricket match was played on eighteenth June seventeen forty four between Kent and London. With the expansion of the British.

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The current BJP government is at an eight-year mark. Last week, BJP won a record victory in Gujarat. BJP did lose Himachal Pradesh to Congress. The Gujarat win, however, counts far more in terms of its impact on national politics. Gujarat sends 26 Lok Sabha MPs, while Himachal only sends four. Also, in Himachal, BJP lost by a vote share of less than 1%. In Gujarat, BJP decimated Congress 52% vs 27% vote share. New to Gujarat, AAP did rather well too, scoring 13% of the vote. BJP however, dominated. This, at the eight-year mark for the national government. A political war of words has very, very predictably broken out over Amitabh Bachchan comments at a Kolkata film festival inauguration. The veteran actor drew attention to how moral policing and checks on freedom of expression hamstring India entertainment industry today. A look back at how hurt-sentiment brigades have targeted most big releases this year establishes the factuality of Bachchan statements. As this is neither a new phenomenon nor unique to any particular ideological dispensation, all political posturing against it is hypocritical to the point of absurdity. It is beyond this posturing that the stakes are real and high. After a two-year slump and thanks in large part to southern surprises, 2022 will have a cheery box office report. Like every other entertainment industry, India opportunities are more global than before and so is the competition obviously. The public sphere that now includes a raucous social media is also more Bareli than ever. This means that outrage against some title, some song, some dialogue will only rise and rise. This is freedom of expression. This is fine. Governments have an altogether different role helping India economic and soft power grow alongside the industry. In 2018, the Supreme Court had hauled up four states for crippling the exhibition of Padma vat after it had already been certified by the censor board. This is what MP home minister Narottam Mishra, demanding changes in the upcoming Pathaan, must be reminded today. Even as the film is accused of disrespecting Hindu sentiments for featuring a saffron-coloured bikini, on the other side the MP Ulema Board is calling for its ban for hurting Muslim sentiments. Governments have to safeguard the industry from being ground up between sundry opinions. Protect ease of doing business and audiences freedom to choose. The increase in undergraduate medical seats from 53,000 in 2014 to 96,000 in 2022 and postgraduate seats from 31,000 seats to 63,000 raises hopes that India problem of too few doctors in rural areas and backward states can be fixed. India 9 active doctors per 10,000 population trail China (22), US (26) and UK (30) but at our current pace of adding nearly 1 lakh doctors a year, these deficits will be wiped out in 10-20 years. More importantly, with thousands of new doctors, the public health system must grow massively to absorb them into its ranks. Between 2011 and 2021, government medical seats have increased faster, from.

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Seats, while private seats went from 22,000 to 44,000. Graduates from government colleges have bonds mandating rural service for 1-2 years. But offering government jobs at attractive salaries can keep them invested and correct the skew of graduating doctors preferring cities. Migration of medical graduates from south to north could help. All southern states have over 10 UG seats per 10,000 populations because they invested early in medical education. Corresponding numbers in UP and Bengal are 4, Bihar and Jharkhand 2. But UP, along with Tamil Nadu, has the most medical seats and Bihar is among the states recording highest increase in private medical seats. Go is prioritising new medical colleges in underserved areas. These are positive trends. However, while quantity gets addressed thus, ensuring quality medical education could prove tougher. The last few weeks have been good for Indians with investments in the stock market. Soaring indices, driven by local money, imparted a sense of security in a turbulent world. Thursday, however, jolted everyone thanks to the US Federal Reserve, the world most influential central bank whose balance sheet size is more than two times India GDP. The BSE Sensex crashed almost 900 points, or 1.4%, after a Fed monetary policy meeting as traders perceived it to be unexpectedly aggressive about interest rates. The Fed matters to everyone because what it does at home ripples out across borders. David Beck worth podcast Macro Musings last month caught up with economist Ethan Ilzetzki to understand how the Fed actions affect the rest of the world. He describes the US interest rate as the main player in town. So now that we are down to two teams, I can wait for the Fifer World Cup 2022 to be done and dusted this weekend so my couch potato friends will stop assaulting me with banal social media posts such as WHATTA GOAL!!! and Ronaldo, you beauty!! and A bicycle kick! etc. Like, seriously, what great insight can I glean from such posts? I had love to read incisive commentary and observations about the beautiful game I know only a little bit about. Welcome to social media punditry But five-word exclamatory points or even a 15-word description of a goal or a disputed penalty in the middle of the game? How do y all manage that?? Like, are you watching the game or riding social media? Or is someone else tapping out the messages you dictate? Because the one time I get up to fetch a snack or drink, a goal seems to happen in that instant. And when I sit with eyes glued to the TV, all I see is interminable sideways passing or back passing like they are afraid to move forward. The cervix is a part of the uterus. It is a very rigid, firm, unyielding, one-inch-long structure that permits access to the uterine cavity. Its integrity is vital for sustaining pregnancy. However, during childbirth when the mother-to-be goes into labor, the cervix undertakes a magical transformation. It starts dilating.

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And losing its distinctiveness. This gradual merging of the cervix with the body of the uterus is called as effacement. The birth of the baby is possible only when the cervix is fully dilated and effaced. The baby can be delivered smoothly only by total obliteration of this otherwise tough, unyielding, sentinel resistance. The ability to efface itself is the hallmark of femininity. Femininity is a principle. It is not just a gender, which restricted to the physical form. The mother is specially endowed with the ability to put her child interests and welfare above her own self. She can efface herself, her identity, her ego for a larger cause. Effacement is not a sign of weakness. It the hallmark of her innate strength. The woman principle is one that encompasses the ability to yield, accept, adapt, care, nurture, and to bear. It a virtue that a combination of resilience, patience, strength, perseverance, commitment and dedication to a cause that way beyond a very myopic self-cent redness. A cause that ensures survival and sustenance of the offspring. Principle is about domination, aggression, subjugation, more programmed to facilitate the role of a provider. A hunter-gatherer who has to move on. The male principle cannot enjoy the luxury of patience. This principle is essentially dynamic and aggressive. These two principles are apparently antagonistic to one another. There is, however, no hierarchy amongst these two principles. They are complementary to each other. In Chinese philosophy, yin and yang, dark-bright, describe how apparently opposite or contrary principles may actually be complementary, interconnected and interdependent in the natural world. They might in fact not only sustain, but perhaps stimulate each other, truly a very complex interrelation. The feminine principle under provocation can unleash aggression and intimidation that can at times even eclipse the masculine principle. There is an oft quoted example of how a young mother almost single-handedly lifted an approaching car that threatened to run over her child in the pram. The feminine principle is entrusted with the responsibility of giving birth and nurturing the newborn and is, therefore, genuinely far more potent. This principle empowers the woman with an instinctive intelligence and strength, as also with the unique ability to efface. The feminine principle remains connected to the offspring, an invisible umbilical cord, due to the vulnerability of the offspring. It remains vital till the offspring becomes self-reliant. Severing the cord is mandatory for the male principle, as it has the onus of inculcating survival skills and capabilities in the next generation. But the feminine principle finds it harder to efface itself for one last time to deliver the now independent offspring from its shackles. The feminine ideology underlines its identity by its ability to lose it. Therein lies the strength and salvation of this divinity. The world is getting urbanised at a rampant pace, with the global urban population estimated to grow by 65 million annually. Several countries worldwide have adopted EVs, including the US, China, South Korea, and Europe. India EV.

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Market is projected to grow to $206 billion by 2030, with investments of over US $180 billion needed for vehicle production and charging infrastructure to meet the country EV ambition. The stakeholders like technology providers, manufacturers, customers, and central, state and local governments have a vital role in the transition to e-mobility. However, cities have a predominant role in its success. Indian cities will also have to play an essential role in meeting their nationally determined contributions (NDCs). In 2018, EVs in India accounted for less than 1% of total vehicle sales, including 0.4 million electric two-wheelers. This is due to several challenges the Indian cities face in transitioning to e-mobility, as listed below Charging infrastructure In 2016, India had less than 500 EV charging stations across Delhi, Mumbai, Bengaluru, and Kolkata, which increased to 993 by the end of July 2020. It is estimated that by 2030, Delhi will need around 300,000 high-speed charging stations. This need will arise from a 30% penetration of EVs into a car population of approximately 10 million with an investment of around US $1.5 billion. Placing a sufficient number of stations in the right place is crucial. Additionally, high-speed chargers require investments and the expansion of power grids to prevent disruptions. E-Waste management Managing, dumping and monitoring EV batteries at the end of their life cycle will require an expansion in the recycling industry. At present, most of the e-waste gets dumped in landfills, which is a hazardous way of dealing with such refuse. Policy changes are needed to cover EV batteries or risk its cities becoming dumping grounds for EV waste. Even though these challenges need to be addressed, the potential for growth in the commercial EV segment is immense. India has taken initiatives to push for increased EV adoption and use, these being EV30@30 Campaign The EV30@30 Campaign is a Clean Energy Ministerial initiative. The initiative aims for EV sales share to reach 30 percent by 2030. The Campaign sees potential and supports the market for electric passenger cars, light commercial vans, buses, and trucks and focuses on the charging infrastructure needed to supply sufficient power to the vehicles deployed. India participation in the Campaign is a part of its efforts to meet its climate commitments. By 2030, India expects nearly 70% of all commercial cars, 30% of private cars, 40% of buses, and 80% of two-wheeler and three-wheeler to be electric. National Electric Mobility Mission Plan (NEMMP) 2020 The NEMMP 2020 outlines the roadmap for faster adoption and manufacturing of EVs in India. The Department of Heavy Industry created the Faster Adoption and Manufacturing Electric Vehicles in India or FAME India in 2015. The goal was to promote the development and substantial growth of electric and hybrid vehicle technologies. Comprehensive Mobility Plans (CMPs) Many cities have also prepared CMPs independently or with assistance from the central government of India. Cities are a crucial link in the sustainable mobility journey as they are where the vehicles ply since the ultimate implementation.

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Liberals all over the world say they love democracy, but they also take the lead in questioning the actions and claims of democracies, be it India, Israel, or the United States. Operation Sindoor was a stupendous military success, as our armed forces hit Pakistan airbases, forcing its quarrelsome generals to beg for peace. And yet, after the cessation of hostilities, Pakistan military and political leaders convinced their people that they had emerged victorious, and celebrated the victory! This, after a sound thrashing by our soldiers! The international media, dominated by liberals, presented the conflict not as a triumph of the Indian military but as a truce after an inconclusive conflict. The conflict, of course, was presented as a series of skirmishes in which both sides inflicted damage on each other, completely ignoring the fact that we had succeeded in making Pakistan defenceless by hitting their airbases and destroying their air defence mechanisms. Bothsidesism came to the rescue of the battered and bruised generals in Rawalpindi. Ditto in Iran. Some Iranians believe that they emerged victorious in the war against Israel and the US. Waving flags of Iran and Hezbollah and carrying posters of Supreme Leader Khamenei, they celebrated the victory over Israel in the downtown Enghelab (Revolution) Square in Tehran on June 24. But what really happened? After the barbaric attack by Hamas on the Jewish state on October 7, 2023, Tel Aviv started a multi-front war resulting in the decapitation of the leaderships of jihadists outfits Hamas and Hezbollah, heavy losses to the Youths, the toppling of the Assad regime in Syria, and very serious damage to Iran nuclear programme. Under Prime Minister Benjamin Netanyahu resolute leadership, and with huge support from the US, Israelis were fighting on several battle fronts not long ago; now, they just have to deal with Hamas in Gaza. It a big feat. US President Donald Trump achievement is equally impressive. He succeeded in bringing peace to the Middle East without entering into a forever war that the Americans, especially his MAGA (Make America Great Again) base, fear and loathe. In fact, the meticulous strikes on Iran nuclear facilities catalyzed a ceasefire in the region. He also steered clear of the neocon fascination with regime change in other countries; this was also in tune with MAGA isolationist predilections. He said this in so many words. I had like to see everything calm down as quickly as possible, he told reporters aboard Air Force One. Regime change takes chaos, and ideally we don want to see so much chaos. And what is the mainstream international media doing? Prominent channel fake news, in Trump words cited two people to report that Iran stockpile of enriched uranium was not destroyed, with one of them saying that the centrifuges are largely intact. A news agency also had a similar news report. The US President and the top functionaries of his administration have been forced to respond to every doubt about the supposed shortcomings of the military operation, the decisions they made, the actions they took, and so on. Similarly, Israel is wrongly accused all the time of every possible crime

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On the other hand, terror outfits like Hamas and Hezbollah are often presented as freedom fighters; they find support even on American campuses. It is not very often that questions are asked about the criminal intentions of rulers in Muslim countries. For instance, why on earth does Iran need nuclear energy? It holds the third or fourth largest, and around one-tenth of the world, proven oil reserves, so why should it even try to make nuclear energy? And even if it does so, why should uranium enrichment reach 60 per cent when 3 to 5 per cent is adequate to create nuclear fuel? In fact, until a few years ago, when the issue of uranium enrichment by Iran was raised, questions were asked about the authenticity of the claim. Is it happening? Political commentators would ask. A British journalist, Peter Oborne, even wrote a book in 2013 with the self-explanatory title, A Dangerous Delusion: Why the Iranian Nuclear Threat is a Myth. Even after the International Atomic Energy Agency (IAEA) warned in its latest quarterly report in late May that Iran had amassed enough uranium enriched up to 60 per cent purity just short of weapons grade 90 per cent Kelsey Davenport, director for non-proliferation policy at the US-based Arms Control Association, told the BBC that Israel prime minister did not present any clear or compelling evidence that Iran was on the brink of weaponizing. In other words, Netanyahu should have waited for a nuclear strike by Iran. The moral of the story is clear: democracies should always provide compelling evidence of the wickedness of evil regimes. Performativity lists on Good reads. Even music, formerly a slow courtship between the listener and the raga, is now consumed through remixes of Bhopal and alkanes. And to be honest, I have been guilty of this too. There was but a gentle rebellion in pursuing hobbies. They resisted the fallacy of outcomes. You did not indulge in amateur astronomy to become a better executive, nor did you read old editions of Reader Digest to improve your CGPA. You did it because something in you stirred when you did that activity. But our modern, digital culture demands metrics: followers, shares, views, virility. Leisure, simply, has been devoured by hustle. The decline of hobbies is also intertwined with India shrinking public commons. Parks are either decrepit or commercialised. Local libraries, once havens for readers, are in disrepair. Hobby clubs and societies all staples of the genteel consensus which informed Indian middle-class society are dwindling. In Delhi Lodhi Garden or Bengaluru Lalbagh, you will still find hobbyists gathering quietly, but their numbers pale in comparison to the influencers posing for curated photo shoots. The urban commons is now, simply, an arena for performance, a check-in location on Instagram. Hobbies allowed for the democratisation of expertise. You did not need elite credentials to cultivate knowledge in entomology, or to become a respected chronicler of the history of food. In fact, some of India most respected niche historians and conservationists began not as professionals, but as hobbyists. For instance, the venerable Valmiki Thapar, who passed away recently, star

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